



5 Hooper Ln, Petitedcodiac

# LOCAL NEWS & VIEWS

Promoting Local Business & People in Our Surrounding Communities.

April Issue, 2013  
Volume 3 #12.

MONTHLY BULLETIN



## TERRA NOVA TRANSPORT LTD.

### Terra Nova Transport Celebrates 30 Years

Terra Nova Transport started as most transportation companies do - with a single truck. On April 4, 1983 Paul Jorgensen, his father Robert Jorgensen and brother-in-law Leslie Mann, purchased a company in Welsford, NB called Vallis and Powell. At the time, they ran their modest livestock company from Kensington PEI. After the purchase, the company's name was changed to Terra Nova Transport and it soon became apparent that a New Brunswick home base would be necessary in order to better service their growing Atlantic customer base.

Thirty-five King Street Petitedcodiac, NB was selected and became home to the owners and the business headquarters.

Terra Nova Transport has been many things. It began exclusively hauling livestock. It then operated in the woods, running crews to cut and harvest wood and excavators for loading. Over the years, in order to combat the seasonal nature of livestock, the trucks gradually started hauling more and more dry freight. In 1999, the switch to 100% LTL (Less Than Load) and TL (Truck

Load) was made. In January of 2002, Terra Nova purchased the assets of Leith Waite Transport in PEI. With this acquisition, the fleet doubled in size and it quickly became clear that the company needed a steady Ontario presence. Soon after, Terra Nova opened a warehouse and cross-dock facility in Brampton, ON. Five years ago, again to accommodate the changing demands of their customer base, a flat bed division was started. Four years ago, Terra Nova Transport opened a Dartmouth, NS cross-dock and warehouse facility.

In 2009, Leslie Mann made the decision to retire. At that time, Paul's wife Janice Jorgensen and son Cody Jorgensen, purchased his shares. Cody moved his young family from Calgary, AB to Riverview, NB in order to head up the operations of the Atlantic provinces.

Soon after his arrival, the owners decided to pursue a permit to begin running LCVs (Long Combination Vehicles). The company received permits from all provinces necessary to operate the road trains but due to

the residential zoning of Petitedcodiac could not obtain a full time permit. Outstanding community and council support was shown at a town meeting with the NB DOT and as such a pilot permit was eventually granted by NB DOT on a restricted hours basis.

Terra Nova Transport was at a turning point. It was apparent that a new facility was required to house the expanding Atlantic operations that included a growing LCV division. As such, the owners made the difficult decision to relocate their headquarters to the Salisbury area which could receive full permits due to proper zoning and access to the four lane. It was a top priority of management to remain in close proximity to their rural roots and the homes of their employee base. This year, Terra Nova is proud to have built and opened the 12,000 square foot facility that now houses their head office, maintenance facility and cross-docking operations. Company-wide Terra Nova has approximately 50 trucks, 110 trailers and over 60 employees spread over the five provinces it operates in.

Over the years, it has been a great challenge to operate a transport company but with the efforts and support of all of their employees, communities and families we have been able to survive the difficult times and grow during the good. Terra Nova Transport has been and continues to be, a true, family-run business and a proud member of the communities that it operates in.

In a show of appreciation for the support their surrounding communities has shown Terra Nova over the years they are hosting an open house style event complete with an old fashioned pig roast, cake, tours, presentations and a ribbon cutting.

They would like to invite all members of the Salisbury and Petitedcodiac areas to their 30th Anniversary and Grand Opening Celebration on Saturday, April 6, 2013 between 2pm and 4pm.

Come celebrate at their new facility located just north of the Salisbury Big Stop!

LN&V Now Online at our website : [www.maritimemotorsporthalloffame.com](http://www.maritimemotorsporthalloffame.com)

Also like our page on facebook [Maritime Motorsports Hall of Fame](#)

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Where does the time go??  
 We had our 8th Annual 4-wheeler draw on Friday March 22nd with a packed house. The Maritime Motorsports Hall Of Fame Inc. sends out a BIG Thank you to all that purchased tickets. This is their big fund raiser for the year. Thank you to all the volunteers that helped so generously. Of course they couldn't do this without the great sponsors that supplied prizes, thank you so much.  
 Just a reminder, the 39th annual Castrol Radical Speedsport show at the Coliseum Complex is on April 19- 21st. The following week the FREX ROD 2013 show is at the Fredericton Exhibition Center April 26 – 28th.

Speaking of Car Shows the Maritime Motorsports Hall Of Fame Petty AutoFest is being held June 1st. So here is hoping everyone is busy preparing those fancy vehicles. Just to reminder you. The Maritime Motorsports Hall Of Fame annual general meeting is being held May 5th at 1:30pm. All paid up Members have voting rights. Everyone is welcome to attend. Your ideas are welcome. Winter seems to be playing an April Fool on us this year. I am looking forward to the daffodils.

Your Editor,  
 Winona McLean

**DOUG'S RECREATION**  
 in SUSSEX is having their ANNUAL RV SHOW AND SALE  
 FRIDAY-SUNDAY April 12, 13, & 14th



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**VOLUNTEER OPPORTUNITIES**

- Race season is about to begin if you would like to make a few extra \$\$ we are looking for people to help out with the 50/50 at the Petty International Speedway.
- We also have different events through out the year and we are always looking for extra help.

If Interested in Volunteering please call or drop in to the Maritime Motorsports Hall Of Fame Ph: 756-2110

**LOCAL NEWS & VIEWS**  
 MONTHLY BULLETIN

Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.

The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community. It is also a venue for business to advertise their products and services each month. It is intended to assist all the local Service Clubs in their endeavor to support their communities.

Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities. The office is in the Maritime Motorsports Hall of Fame located at : 5 Hooper Lane, Petitcodiac, NB E4Z 0B4  
 Phone: 756-2110, Fax 756-2094  
 Email: maritimemotorsports@gmail.com

Editor.....Winona McLean  
 Layout/Ad Design.....Jennifer Hebert  
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**May Deadlines:**  
 Editorial.....Apr 24  
 Advertising.....Apr 23

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**SWEET & SOUR CHICKEN**

2 kg skinless chicken breast, cut in bit size pieces.  
 2 tbs. cooking oil, in frying pan  
 Fry chicken until slightly brown  
 Mix together-  
 1 can pineapple chunks  
 1 small red pepper  
 1 small yellow pepper  
 ¼ tsp ground ginger  
 Remove browned chicken from pan and add mixture to pan. Cook for about 1 minute.  
 To make sauce –  
 Juice from pineapple,  
 ¼ cup vinegar  
 ¼ cup ketchup  
 ½ tsp. salt  
 3 tbs. brown sugar  
 Mix and add to frying pan  
 Simmer to cook, 1-2 minutes  
 Now add the chicken back to pan to finish cooking.  
 This should serve 4.



**Microwaving Water!**

A 26-year old man decided to have a cup of coffee. He took a cup of water and put it in the microwave to heat it up (something that he had done numerous times before). I am not sure how long he set the timer for, but he wanted to bring the water to a boil. When the timer shut the oven off, he removed the cup from the oven. As he looked into the cup, he noted that the water was not boiling, but suddenly the water in the cup 'blew up' into his face. The cup remained intact until he threw it out of his hand, but all the water had flown out into his face due to the build-up of energy. His whole face is blistered and he has 1st and 2nd degree burns to his face which may leave scarring.

He also may have lost partial sight in his left eye. While at the hospital, the doctor who was attending to him stated that this is a fairly common occurrence and water (alone) should never be heated in a microwave oven. If water is heated in this manner, something should be placed in the cup

to diffuse the energy such as a wooden stir stick, tea bag, etc, (nothing metal).

**General Electric's Response:**

Thanks for contacting us; I will be happy to assist you. The e-mail that you received is correct. Microwaved water and other liquids do not always bubble when they reach boiling point. They can actually get superheated and not bubble at all. The superheated liquid will bubble up out of the cup when it is moved or when something like a spoon or tea bag is put into it.

To prevent this from happening and causing injury, do not heat any liquid for more than two minutes per cup. After heating, let the cup stand in the microwave for thirty seconds before moving it or adding anything into it.

Here is what a local high school science teacher had to say on the matter: 'Thanks for the microwave warning. I have seen this happen before. It is caused by a phenomenon known as super heating. It can occur any time water is heated and will particularly occur if the vessel that the water is heated in is new, or when heating a small amount of water (less than half a cup).

What happens is that the water heats faster than the vapor bubbles can form. If the cup is very new, then it is unlikely to have small surface scratches inside it that provide a place for the bubbles to form. As the bubbles cannot form and release some of the heat that has built up, the liquid does not boil, and the liquid continues to heat up well past its boiling point.

What then usually happens is that the liquid is bumped or jarred, which is just enough of a shock to cause the bubbles to rapidly form and expel the hot liquid. The rapid formation of bubbles is also why a carbonated beverage spews when opened after having been shaken.

If you pass this on, you could very well save someone from a lot of pain and suffering.





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**Store Hours**  
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**Sat 9am-6pm, Sun 12-5pm.**

Petitcodiac Community Calendar 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> -Seniors Club -Pilates -Taking Time for Me -Air Cadets -Public Skate -Walking Club	<b>2</b> -Geri-fitness -Kids Cove -Kickboxing -Merry Makers 2	<b>3</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Cubs & Scouts -Public Skate -Walking Club	<b>4</b> -Kickboxing -Public Skate -Drop-in Play Group -Legion Branch Meeting	<b>5</b> -Walking Club -Pee Wee Hockey Tournament	<b>6</b> -W.C.A.F. Fundraiser Auction -Pee Wee Hockey Tournament -ATV Poker Run
<b>7</b> -Church Services -Pee Wee Hockey Tournament -Crib Tournament @ Legion	<b>8</b> -Pilates -Taking Time for Me -Air Cadets -Walking Club -Merry Makers 2	<b>9</b> -Geri-fitness -Kids Cove -Kickboxing -Foot Clinic -Women's Institute -Kiwanis	<b>10</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Cubs & Scouts -Walking Club -Village Council	<b>11</b> -Book Club @ Library -Kickboxing -Legion Ladies Aux. -Drop-in Play Group -Foot Clinic	<b>12</b> -Jam Session -Walking Club -Texas Hold 'em @ Legion	<b>13</b> -Community Prayer @ Mennonite Church  -Welcome to Kindergarten @ Library
<b>14</b> -Church Services	<b>15</b> -Pilates -Taking Time for Me -Air Cadets -Walking Club	<b>16</b> -Geri-fitness -Kids Cove -Kickboxing 	<b>17</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Cubs & Scouts -Walking Club -ATV Club	<b>18</b> -Kickboxing -Drop-in Play Group -Petitcodiac Sportsman Club	<b>19</b> -Walking Club -Jam Session 	<b>20</b> -Cornhill Nursery/ Cedar Café opening & Grafting Seminar -SJA Babysitting Course @ Boys & Girls Club -Bowlathon
<b>21</b> -Church Services -SJA Adult Meeting	<b>22</b> -Pilates -Walking Club -Air Cadets -Taking Time for Me -Merry Makers 2	<b>23</b> -Kickboxing -Geri-fitness -Kids Cove -Kiwanis	<b>24</b> -Library Storytime -Pilates -Legion Noon Meal -SJA Junior & Youth -Cubs & Scouts -Walking Club -Village Council	<b>25</b> -Creative Writing Corner @ Library  -Kickboxing -Drop-in Play Group	<b>26</b> -Movie @ Library -Walking Club -Texas Hold 'em @ Legion -Dance @ Boys & Girls Club	<b>27</b> -Lego Club @ Library 
<b>28</b> -Church Services	<b>29</b> -Pilates -Walking Club -Air Cadets -Taking Time for Me -Codic Classics	<b>30</b> -Kickboxing -Geri-fitness -Kids Cove	<b>War Museum</b> - Open by appointment. Please call Cathy at 756-2068. Free admission.  <b>Maritime Motorsports Hall of Fame</b> Open Monday-Saturday 10am-5pm.			

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**Air Cadets** - 639 F.P. MacLaren Squadron Air Cadets meet Mon. at 6 pm at Legion. New members welcome.

**Arena** - Close April 7th. Public Skating Mon., Wed., and Thurs. from 1:00 pm - 2:30 pm. Last Public Skate on April 4th. -April 5-7 Pee Wee Competitive C Hockey Tournament

**Boys and Girls Club**  
**St. John Ambulance Baby-sitting Course**, April 20th. 8:30 am - 4:30 pm. Call 756-2841 to register.

**Annual Bowlathon** April 20th begins at 9 am. Call 756-2841 or 756-8810 to register a team.

**Dance**, April 26th. Ages 8 to 12. 7 - 9 pm.

**Church Services-Petitcodiac**  
**Baptist** - Sunday School 9:30 am and Morning Worship 10:50 am.-  
**Petitcodiac Mennonite** - Sunday School 9:45 am and Worship Service 11:00 am.-  
**St. Andrew's Anglican** - Sunday Service at 9:00 am -  
**St. James United** - Sunday School & service at 11 am.

**Codic Classics** - Car enthusiasts meet last Monday of the month at Kiwanis building @7 pm. New members welcome.

**Community Prayer** - April 13 @ Petitcodiac Mennonite Church. Noon- 6 pm.

**Cornhill Nursery and Cedar Café** opening for season, April 20th. Grafting Seminar - Learn how fruit and ornamental trees are propagated using this ancient art.. 10 am - 12 pm. Free but call 756-3635 to register.

**Cubs & Scouts** - Wed. evenings 6:30-8. Anglican Church.

**Drop-in Play Group** - Thurs. mornings at St. Andrew's Anglican church from 9:30 - 11:30 am for preschool children & parent/caregiver. No charge. Call Christine 756-2296 for info.

**Foot Clinic:** Petitcodiac Drugmart from 9:00 to 4:15. Apr. 9 and 11. By appt. (756-3391). \$35. At the Legion.

**Geri-Fitness** - (50+) Tuesday mornings from 10-11 am at the Kiwanis building. Call Tanya at 756-2198 for details.

**Jam Session** - Fri., Apr. 12 & 19 @ Kiwanis from 7 - 10 pm.

**Kick Boxing** - Boys & Girls Club on Tues & Thurs at 7:30 pm. \$10/month or \$2/evening. More info at 534-2250.

**Kids Cove** - Baptist Church. Tuesdays, 6:15 pm. Children K-5. Games, crafts, and drama.

**Kiwanis** - Tues.. Apr. 9th and 23rd at 6:30pm.. New members welcome. For information call Neil at 756-3347.

**Legion** 18 Kay St, Petitcodiac. 756-3383 Walking Club - Mon., Weds. & Fri. from 9 - 10 am.-  
**Merry Makers 2**. April 2nd, 8th and 22nd. 10 am - 2 pm.-  
**Legion Branch Meeting**. Thurs., Apr. 4. 8 pm. -  
**Money Crib Tournament**. Sun., Apr. 7 at 1 pm. (Registration 12:30). -  
**Ladies Auxiliary Meeting**. Thurs., Apr. 11. 8 pm.-  
**Texas Hold 'em**. Fri., Apr. 12 & 26. 7 pm.  
**Legion noon meals** - All welcome. Price \$7. Local takeout available upon request.  
Apr. 3 - Roast Beef  
Apr. 10 - Salmon  
Apr. 17 - Meatloaf  
Apr. 24 - Cod Fish-

**Hall Rental:** No charge for a fund-raiser. Wedding Reception, Birthday Celebration, or other function: \$141.50.

**Library** (756-3144) Hours: Tues, Wed, Fri, Sat 10-1 & 2-5, Thurs. 1-5 & 6-8  
**Storytime** (Ages 2-5) Wednesdays from 10:30-11 am-  
**Adult Book Club** - Thurs., Apr. 11 from 6:30-8 pm-  
**Welcome to Kindergarten** - Sat., Apr. 13 from 11 am to 1 pm. A special celebration for pre-kindergarten children and families! Stories, games, crafts, and exploration of the library. Bring Welcome to Kindergarten bag you received from your school to the library for a special family program. -  
**Creative Writing Corner** - Thurs., Apr. 25. 6:30-8 pm-  
**Movie Afternoon** (Ages 5-12) - Fri., Apr. 26. 1:30-3 pm. We'll be playing the hit movie Wreck-It Ralph -  
**LEGO Club** (Ages 6+) Sat. Apr. 27 from 2:30-4 pm

**Monday Morning Merry-Makers 2** - Apr. 2, 8 & 22 @ Legion. 10-2. Soup & Salad lunch \$6. Games/Bingo.

Petitcodiac continued on page 5

Petitcodiac Continued from pg 4

**Petitcodiac Sportsman Club** - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsman-club.ca

**Petty Trailblazers ATV Club** -Poker Run - April 6 @ Bill Muirhead's, 4396 Route 106 (Homestead Road). Registration 8-10 am. Prizes for 1st, 2nd, and 3rd place. 50/50. Potluck supper after the bike run. Members \$10, Nonmembers \$15. Contact Bill at 756-3913 for more info.-Meets 3rd Wednesday @ the Legion building at 7:00 pm.

**Pilates** - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

**Saint John Ambulance** (at Kiwanis)-**SJA Junior group** meets every Wed. at 6:30-7:30-

**SJA Youth group** meets every Wed. at 6:30-8:30 pm-

**Adult meetings** 3rd Sunday of the month at 1:30 pm

**Seniors Club** - 2 pm. 1st Monday of the month @ Kiwanis. Pot Luck.

**Taking Time for Me Weight Group** meets every Monday night at the Petitcodiac Baptist Church with weigh in at 6:00 and meeting at 6:30. Please use side door off parking lot. For more info call Shirley Murphy at 756-2894.

**Village Council** - Meetings are open to the public. If you wish to address council, you must make a formal written request to the office 48 hours prior. This month, meetings are Apr. 10th at 12:00 and Apr. 24th at 7:00 pm.

**War Museum** - Open by appointment. Call Cathy @ 756-2068. Free admission.

**Westmorland County Agricultural Fair** (W.C.A.F.) -3rd Annual Fundraiser Auction - April 6 at 7:00 pm, Kiwanis building. Any donations can be dropped off @ Kiwanis building during that day from noon to 4 pm. Call Susan MacLeod @ 534-2411 for more info.

**Women's Institute** - Meets second Tuesday of the month at 1:00 pm. Call Jean at 756-2985 for more info.

## Comedy at Large

by Laurie Blanchard  
Salisbury, NB

- What is the difference between onions and bagpipes? No one cries when the bagpipes get diced up.
- What is the difference between baseball and a politician? In baseball, when you get caught stealing, you're out !
- Did you hear of the lady that was married 4 times ? First to a millionaire, then to an actor, then to a pastor and finally to an undertaker. I guess you could say it was one for the money, two for the show, three to get ready and four to go!
- A fella came home from work and ask the better half how her day was. Not so good, she replied. Today I creamed the potatoes, the peas and the car !
- A snail crawled up to a bar at a club on New Years Eve and told the bartender he wanted a martini. The bartender replied, sorry I don't serve snails. Aw come on said the snail, it's New Years Eve ! Again, the bartender said NO ! Aw come on said the snail, I need a drink ! The bartender swept his arm across the counter and the snail went flying off in the far corner of the room. About one year later, the snail again crawled up to the counter and asked..... have you changed your mind yet ??



**People Who Laugh a lot Live Longer**

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5 Hooper Lane, Petitcodiac, NB E4N 0B4

Sunday, April 28th, 1:00 pm to 5:00 pm

WE want to see YOU looking and feeling the best for Spring & Summer.

Contact Person: Melanie Wade 756-8546

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The Doctor Game  
W. Gifford-Jones M.D.

Adrenal Exhaustion ; The  
21st Century Disease

Are you tired for no reason? Having a hard time getting out of bed? Or feel run-down and stressed all the time? If so, you may have the first symptoms of adrenal exhaustion and must learn to "adapt" before it becomes a steady habit that causes more than heartburn. As Charles Darwin, the British scientist remarked, "It's not the fittest that survive, nor the most intelligent, but those who can adapt to their environment." Or, as is often said, "It's not the work that kills, it's the worry".

The thumb-sized adrenal glands are situated on the top of both kidneys and have been called the body's primary "shock absorbers". They produce a number of hormones such as adrenaline, cortisol and DHEA. If you encounter a saber-toothed tiger, adrenaline shoots up, the heart beat quickens and you prepare for battle and survival. Today's hectic pace also keeps our adrenal glands in high gear.

Stress is the most common cause of adrenal fatigue. This can occur when a loved one dies, or overwork, physical and mental strain, chronic pain, infection, anger, sleep deprivation, chronic illness, depression and anxiety. As one wise sage remarked, "Stress is when you wake up screaming and you realize you haven't been to sleep yet!"

Patients with adrenal fatigue may complain of cold hands and feet, low back pain, sweet cravings, headaches, allergies, arthritis and allergies. Cortisol dysfunction can also lead to low blood sugar, infertility, immune problems and heart disease.

Temporary and minor stressful situations result in slightly higher levels of adrenaline and cortisol. But day after day, stress is also associated with an increase in blood pressure and excessive levels of adrenal hormones. Finally, if there's no relief from stress, adrenal hormones drop and adrenal exhaustion occurs. Adrenal fatigue is like withdrawing money from a bank account until there's none left.

As adrenal hormone levels decline, apart from weakness and fatigue, digestive distress is one of the most common symptoms. Some people complain of nausea,

constipation and diarrhea. There is also a tendency to weight gain, reduced sex drive and feeling better when stress is temporarily decreased, such as on a holiday.

So how do you fight adrenal fatigue? First, learn to "adapt" to stress. A good start is to separate the possible from the impossible. You can't tell an idiotic boss to go to hell until you win the lottery. Or, as Joseph Stalin once remarked, "One has to live with the devil until one reaches the end of the bridge."

Relaxation techniques such as yoga and meditation can be helpful. So can massage, as the hands-on approach does more than just give you a good feeling. Athletes get a good rub down to get rid of the lactic and carbonic acid produced by tense muscles. It also helps to exercise, get rid of caffeine, increase the amount of raw fruits and vegetables in the diet along with whole grains and protein.

Make sure you receive adequate amounts of minerals and vitamins. For instance, stressful situations eat up vitamin C. Studies show that, under stress, animals immediately produce 10 times their normal amount of C. Humans should also increase their intake of vitamin C to bolster their immune system. Studies also show that taking extra vitamin C pills, or Medi-C Plus, a powder that contains large amounts of C and lysine, can prevent atherosclerosis (narrowing of coronary arteries) and even reverse this process to prevent needless heart attack, the nation's number one killer.

Another natural remedy called AdrenaSense also helps to combat adrenal fatigue. It contains a number of international root herbs whose health effects have been tested over time. For instance, Siberian ginseng has been used for years in Siberia and China and known for its adaptogenic and anti-stress properties.

Other herbs such as Suma, Rhodiola, Schizandra berries and Ashwagandha help to decrease depression, stimulate the nervous system, improve memory, enhance work performance, support the immune and digestive systems and have a positive effect on thyroid and adrenal function.

The dosage of AdrenaSense is one capsule, three times a day with meals and unlike many prescription drugs is safe and well tolerated.



Submitted by Elsie Steeves

International Women's Day Celebrated In Elgin

A very well attendance was shown at the 11th year of the International Women's Day Celebration in Elgin. Karen Davidson welcomed everyone at the door with a ticket for the door prizes. The hall was filled with tables of books, movies, etc. An auction was held of many jars of goodies. Julie K Marks welcomed everyone. Bonnie Price held a "Mother Goose Get Acquainted Game." Dennise Miller of Mental Health Association was the guest speaker. She stressed the importance of getting the proper help for this illness and learn to cope with it through diet, exercise and lots of rest. Many pamphlets was on display for all to enjoy. Colleen Bannister and Donna Carty provided a great stress reliever-MUSIC. Karen Davidson held a quiz on Canadian Women. President of the Elgin W.I. thanked everyone for attending and spoke about a group of local Women who walk at the end of every month in honour of Women Of The World. Video was shown of the walks the past few months. This was a project of A.C.W.W. 11 ladies from Elgin area attend this walk. Michelle spoke about the Fundy Valley Food Markets being started up in rural areas urging folks to buy local and sell local. Linda Goggin had several pamphlets of interest to everyone on Healthy Living. Each table had beautiful decorated glass jars called "Memory Jars." Those who wished to do so could take a jar home and fill it with memories and return the jar to 2014 Celebration. Upwards of 60 ladies attended from various areas. Hats off to the very active committee who put the program together. Great Job Gals. The song "I'd Like to Teach The World To Sing" closed the days events. A lovely lunch was provided by the Elgin Women's Institute.

**Elgin W.I. Elects Officers for 2013-2014**  
 The March Meeting of the Elgin W.I. was held at the home of Hazelanna Carter. Meet-

ing opened by repeating Mary Stewarts Collect. Roll call answered by "Naming a Current Event". 10 members were present. It was noted the money made from the Auction on International Women's Day was donated to the Elgin W.I. Hall Building Fund. The group was informed about a special presentation on April 12th, 2013 at the W.I. Hall at 2:30pm. Everyone in the Community is welcome to attend. The Vesey Flower Bulb Campaign will end May 1st. May 25th auction was discussed more fully. The group is still taking pop bottles, etc for a fund raiser. Winona McLean had the program for the month. "Questions and Answers" on how important water is to our bodies and how Aspirins should be taken properly. This was a very informative program. Following is the W.I. Officers for 2013-2014.

President- Hazelanna Carter  
 1st Vice- Zaherra Denath  
 Secretary- Elsie Steeves  
 Treasure- Pauline Whittle  
 Other committees were appointed and Conventions were read. Following the adjournment a lovely lunch was enjoyed.

**EVENT**

Everyone is welcome to attend a special presentation at the Elgin Women's Institute Hall on Friday April 12th at 2:30pm. Hon Rob Moore and MLA Wayne Steeves will be present. Refreshments will be served. Bring a friend.

**EVENT**

May 25th, 2013 at 7pm the Elgin Women's Institute will hold their yearly Auction, Silent Auction and Indoor Yardsale. Please attend and bring a friend. Anyone wishing to donate articles please call 756-2531 or 756-8260 or other W.I. Members. Proceeds from the Auction go to the Renovation Fund.

[Elgin News continued on pg 8](#)

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**Everyday People**

Submitted by Sheila Boissonneault

“Whatever you do, do it with all your heart”, these are words of wisdom from the Bible and while listening to Hollis Steeves’ story these words came to my mind.

Hollis Steeves was born in Moncton in 1935; his family lived on the bottom end of St George St. next to the railroad tracks. He remembers at five years old watching the steeple go on the Cathedral.

Sometime later they moved to the country on McLaughlin Road. At 17 he went to work in the woods at the Lumber Mills. In the summer of 1952 Hollis joined the Army ready to go to Korea. He took his training as a paratrooper in Calgary. After nine months he got leave and decided to hitch-hike home for his 18th birthday. He arrived six days later after a hard trip from Calgary to New Brunswick. His former Sunday school teacher had an 18th birthday party for him.

He had wanted to go to Korea but being 17 when he joined he was too young. He took his paratrooper training in Rivers Manitoba. When the Korean War ended in 1953 he was posted to Germany and spent three and a half years there with the occupation Troupes. Being a paratrooper can be dangerous and although Hollis got through his time safely he did remember a friend who got caught up on the bottom of the airplane. The plane had to keep circling around until the CO landed on the ground so they could radio him and ask for permission to cut the man loose, permission was granted. The paratrooper’s emergency chute opened, and he landed safely.

It was in Germany Hollis met his first wife and they had four children. Returning to Canada he was promoted to instructor at the Borden Military Police School. He was in the Army for 10 years and he enjoyed his career, but was tired of moving and he was slated to go to Egypt. So because he knew people in the Ontario Police Force, he applied for the police force and was accepted. He stayed there for six years. While working as a policeman he enjoyed farming on his “Hobby Farm”. He had a desire to farm so he returned to Moncton to visit his parents; it had been five years since he had been home. While out driving with his father he discovered an old farm on Dobson Corners for sale, the old Fleming Dobson farm. He made a deal with the farmer, giving him 25 dollars asking him to hold it for

two months and he would come back and buy it. The farmer agreed. In October he put his little Hobby farm in Ontario up for sale for the same price they wanted for the farm in New Brunswick. In October 1970 they moved down. He had a few head of young cattle, but then had no money to live on. So he went to a Bank manager in Moncton and asked if he could borrow money, he told him that he had this farm with a few cattle, all paid for but no income. The manager was from P.E.I and he put 10,000 dollars in his account, telling Hollis that he had faith in him as a farmer.

Hollis built that farm up to a big modern farm with silos and stable cleaners with borrowed money from the government and paid it all off. His children grew up and moved away leaving just him and his wife on the farm. In 1986 Frank Workman knocked at his door and wanted to buy his farm, Hollis put a price on it and Frank bought it. Hollis moved next door and through the winter the new owners took over their farm.

Then people encouraged him to get into politics. In 1987 he won along with the McKenna Government and he stayed in politics eight years. In 1995 his wife died.

Hollis has nine grandchildren, one step-son, and nine great-grandchildren. In 1997 he met his wife Stella; she has three daughters and one grandchild. At 65 they began to grow strawberries, it was going good until the deer moved in on them. One spring they had 67 deer in their fields, they even ate at the cedar trees.

Hollis now raises Heritage chickens; the Chanticleer is one breed for Canadian climate, it is good for eggs and meat. He also belongs to the local Feather Club.

He said he has to be working and he worked hard all his life; to that Stella said to me, that I was lucky to have him sitting and talking with me for an hour.

Hollis said that he had four jobs and he liked them all and he was successful in them all, and he considers himself a lucky man to have married two wonderful women.

Hollis Steeves is a good example of a hard-working man; one who served his country in the military and one who served his province and community in politics.

**Athletics New Brunswick  
Athlete profile James Brace**

Submitted By Nathan Paton



James Brace, from Intervale (Peticodiac), NB is a 28 year old New Brunswicker that holds almost every provincial record wheelchair division. Brace is currently training for the 2013 Canada Games that will take place in Sherbrooke, Quebec August 11-18th.

Brace has always been an athlete, participating in hockey for most of his life. He used to put in between 10 and 15 hours a week on the ice, meaning he is no stranger to hard work. He never had a passion for track and field when he was younger. However after an accident in 2006 left him without the use of his legs it seemed to him that the only sports available were wheelchair basketball or sledge hockey. Brace had never even heard of the wheelchair division of track and field, yet received an invitation to attend an outreach program for para-athletes organized by Athletics New Brunswick at the CEPS of l’Université de Moncton in 2010. He attended, and to his surprise ANB technical director Gabriel LeBlanc was impressed with what he saw. Approaching Brace after the event, Gabe made his stance clear. “We’re keeping you” He has been racing ever since.

As the prospect of the 2013 Canada Games looms, Brace’s training has been stepped up to intense level of commitment. Aside from 2-3 weight training workouts per week, Brace spends 3-4 days per week on the track, sometimes practicing twice a day. Practices may consist of sprints, intervals, technical training or distance work. “Every day is different” Brace says. A member of Moncton based Athlétisme

Sud-est/South East Athletics track club, James gets to work with various top level track and field coaches including former National Head Coach Dr. Earl Church, Athletic’s New Brunswick High Performance coach Steve LeBlanc and the club’s head coach Peter Stuart . When asked to comment about James, Stuart, had this to say: « Despite only being involved in the sport for a few years, he is a hard working and determined athlete. He has a great attitude towards his practices that were probably developed in his other sports when he was younger. He could develop into a top level national racer. ”

This summer, James will also compete at the National Track and Field Championships that will take place in Moncton June 20 to the 23rd.

But all this hard training has been paying off in Brace’s eyes’s. When asked if he was excited about the prospect of representing New Brunswick at the Canada Games, Brace’s response was a hearty “yes”. “It’s my biggest goal this year he added”, emphasizing the importance of the event. He will likely be competing in three events; the 200m, the 400m, and the 1500m. And although the 200m is his favorite, he is most looking forward to the 1500m, as he has only raced in the longer distances twice before. While the opportunity to compete is huge, so is the pressure. Despite the pressure, Brace takes it all in stride. “I try not to over think it. I need to concentrate and simply do my work.” The athlete was also recently invited to take part in the National Training Camp from March 26- April 4th in Clermont, Florida , to work with Canada’s top athletes and coaches.

When we asked him if he had any wisdom or advice to offer someone looking to try out a new sport, he was quick to offer some encouragement. “Give it a try before saying no... hopefully you find what you’re looking for.” He continued by explaining that he had in fact found what he was looking for through sport. “I’m in the best health I ever been in, energy wise, physically, mentally and emotionally. Sport brings out a better part in anybody”.

Everyday People



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**Elgin News**  
continued  
Submitted by Elsie Steeves

Dear Members,

The Women's Institute is looking to utilise the W.I. Hall as the weather warms up for a series of either monthly or bimonthly workshops. We are interested in your input as to the type of workshops you would like to attend.

Some ideas that have already been put forth are:

- Cooking classes
- this could revolve around a specific ethnic-

- ity (like Indian food) or certain foods that you would like to try (like how to make Perogies)
- or perhaps cake baking and decorating or learning how to prepare healthy meals on a small budget
- knitting or crochet of any level
- learn how to knit or improve your skill level by learning new techniques
- workshops geared towards children
- Input is greatly needed here from parents with children
- basic first aid or wilderness first aid
- yoga classes

The purpose of these workshops is twofold. Firstly, to bring the community together

over a common interest and secondly, to generate some income to improve/upgrade the W.I. Hall.

If you have any thoughts regarding the above, please email Zaheera Denath at zeddenath@gmail.com. In addition to ideas for workshops, a day of the week that is preferable for the workshop would be an asset to planning.

Thanking you in advance for your contributions,  
Zaheera Denath



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**KING OF THE MOUNTAIN**  
14TH ANNUAL SNOWMOBILE RACES  
Poley Mountain Ski Resort Sussex, N.B.  
**Saturday, April 6<sup>th</sup>, 2013**  
**Registration: 8:30am - 10:30am**  
**Racing starts at 11:00am - \$20 per CLASS**  
ADMISSION: Adults \$10, 12 & under free with adult.  
**ORGANIZED BY: South Eastern N.B. Snowmobile Association**  
**IN CO-OPERATION WITH: Poley Mountain Ski Resort**

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**Poley Mountain Hill Climb 2013**  
Presented by South Eastern New Brunswick Snowmobile Association Club #20  
April 6 2013  
Poley Mountain, Sussex New Brunswick  
\$20 entry fee per class – KING of the hill class 100% payback – all others trophies  
Only open to 16 years of age and older [16-18 years requires parental consenting signature, on-site]  
Registration 8:30 – 10:30, racing starts at 11  
**Rules:**  
Standard safety check for belt guard, snow flap working kill switch and/or tether  
ALL PRIZE WINNERS IN DISPLACEMENT CLASSES WILL BE BORE CHECKED  
That is 500/600/700/800 – ILLEGAL ENTRIES WILL BE DISQUALIFIED  
4-Stroke will be based on MSRF rules – aftermarket turbos/NOS 900 + and king class only

- race bibs for riders, require \$10 refunded deposit with return
- rider entry includes 1 pit pass for mechanic – extra passes \$ 5.

Due to provincial legislation there cannot be a 120 class, sorry kids.  
Spectator admission is \$10  
Hope to see everyone there.  
For any more information, you can contact Earl at (506)372-4409

**P.F.D Off Road Rescue**

The Petitcodiac Volunteer Firemen's Association is undertaking a fund raising project for off road rescue equipment. This equipment will be a valuable resource as we continue to serve out community and surrounding area. There have many incidents in the recent past that have required us to call on neighbouring fire departments to assist us, and they have always been there to do so. But, now is the time for us to work towards securing our own equipment.

Several fund raising projects are now in the planning and we trust that several more projects will be suggested.

The first project will be a firemen's boot drive April 19th and 20th, at the Petitcodiac Super Variety and the Irving Mainway (Circle K).

Any individuals or organizations who would like to assist or require more information may contact any member of the Fire Dept. or Fire Chief Gerald Jones at 871-4351, or Deputy Chief Peter Saunders 871-2233.

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***Petitcodiac is Getting a Walking Trail***



**Trails provide a gateway to experience "the wonders of nature"**

The Rec Council has been working with the village to establish a walking trail along the Petitcodiac River.

It will begin beside the graveyard on Renfrew and will run along the river, behind the new wastewater lagoon, and come out on the road leading to the lagoon. It is approximately 1.5 km long and is nearly 3/4 finished. The topsoil has been removed and replaced with a base layer (sandstone), which is overlain with a type of crushed stone, which has been donated by Graymont (NB) Inc. Kevin Murray has donated a portion of his time to the project. The Village of Petitcodiac has provided funding. Also, Daryll Goddard has given permission to construct the trail along the edge of his field.

This has been a project members of the Rec Council have been working to

complete for a couple of years now. It is anticipated that the trail should be completed in another year or two, at which time we hope to focus attention on developing trails throughout the wooded area at the end of Maple Avenue (Winter Carnival site).

We hope the River Trail can be accessible throughout the entire year (with a commitment from the village), and that it will get lots of use from people within, and around the village.

**Pollett River Run 2013**

It all happens on the last Saturday of every April and it is already on people's minds. You got! It is the Annual Pollett River Run.



Each year the Elgin Fire Hall puts on a breakfast to raise money for their fire department. If you are in the area stop by and have a bite to eat the money goes to a good cause.

If you are lucky to make it to the end, after you put it. (Which usually takes a few hours with stops along the way.) The take out is where the Pollett River rushes under the Sanatorium Road Bridge. Don't worry you can't miss it, there is usually hundreds of people gathered there.

At the end of the run you will see guys mud bogging with their trucks, ATV and side by sides. The last couple years people had food like sausages, hotdogs, hamburgers for sale incase you got hungry and some time the fry truck is there.. Please be respectful and do not leave trash and garbage behind.

boat or what ever the contraption you decide to travel in gets taken by the river. It could lead to getting jammed against the rocks. Get upstream from the canoe or raft and push it to shore or pick it up down river. 2. If you tip and find yourself in

fast rocky rapids don't try to stand up. Your feet might get stuck between rocks and the current will knock you over. It is best to float down river feet first until you get to water that you can stand in easily. This is easier done when wearing a life jacket.

**Wear a life jacket!**

If you decide to take the trip down river. It could save your life. Also it would be a good idea to have a rope it will come in handy and paddles to help steer.

**Do Not Drink and Drive**

Don't drink and drive have a designated driver, arrange for someone to pick you up, or just don't drink.

What you should keep in mind.

**Bring Extra Clothes**

It is important to note that it is cold and the water is freezing. Once you are wet it does not take long to reach hyperthermia. Taking extra clothes not only helps insure you have a comfortable day but could prevent you from making a trip to the hospital with hyperthermia. Double bagged garbage bags tied at the top with extra clothing inside is simple and will do the trick.

**Fast Water Tips**

The river can be fast with class two rapids. It has a few surprises like the famous Colman rock. The rock is so named because of the many Colman canoes that it claimed. 1.Never mind the canoe, raft,



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**RICK'S RANT (April, 2013)**

Submitted by Rick Wood

Recently, I was meeting with a bunch of "car guys" and someone posed an interesting question: "If you could only own one car for the rest of your life, what would it be?" Wow! Only one? It started a lively discourse within the group..... Having personally owned over 175 vehicles, and many of them I wish I had never sold, really got me thinking.....

What's intriguing about the question is not the buzzkill of imagining you could never buy another car, it's that your answer says everything about who you are as a car guy. If your first thought was, "Hmmm, I'd need something big enough to haul the family," then you need to get your priorities straight!!! You might not be a true "car guy". Kids love the bus.....

I suspect most of you immediately answered with a particular year, make, and model of a vintage muscle car or hotrod. You're a romantic, someone who's into older cars because of nostalgia for a lost time in history or from when you were high school. That applies to most of us. We like old cars because of what they mean to us, as much as what they could do as being a source of freedom.....

Perhaps your immediate reaction was "How can I only have one car forever? The paint will get door-dinged, it'll get rained on, exposure to our winters will cause rust and damage...." You're what's known as a "chrome-oholic". Not that there's anything wrong with that, but it wouldn't take you long to die of a stress-caused heart attack.

Racers will immediately dissect the question to see how they could "bend the rules"! "He said *own* one car. So I could own a racecar while I *leased* a car to drive everyday. And he said *car* not *truck*, so my tow rig could be anything!!!!!" I commend you for your thought process, but it's not in the spirit of the rules.....

Which is why it is a particularly tough question for me, because I want to drive a cool car everyday, have pride in ownership, have something unique, something to race, something for car shows.....and

on it goes....I'm getting stressed just contemplating the situation! Most of us "car guys" have so many interests, that our one car would have to be multi-functional....be dependable, look good, handle great, have horsepower, be streetable and trackable (????), and yet keep our interest peaked forever..... I would have to have one car that could morph over the years for a wide variety of uses and situations. Is there a one car out there that I would be satisfied with? I highly doubt it!!! And that folks, is why I'm a "car guy", and so are many of you.... And hopefully we'll never have to be put in a position of owning "just one"!

----Rick, the Car Guy



**FLEA MARKET**

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 Saturday, April 20th  
 Time: 9am to 2pm

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Limited Tables  
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**Earth Day**

Earth Day is a name used for 2 similar global observances. While some people celebrate Earth Day around the time of the March Equinox, others observe the occasion on April 22 each year.

Earth Day aims to inspire awareness of and appreciation for earth's environment. It's not to be confused with Earth Hour

People unite on Earth Day to appreciate and respect earth's environment.

What do people do  
The April 22 Earth Day is usually celebrated with outdoor performances, where individuals or groups perform acts of service to earth. Typical ways of observing Earth Day include planting trees, picking up roadside trash, conducting various programs for recycling and conservation, using recyclable containers for snacks and lunches. Some people are encouraged to sign petitions to governments, calling for stronger or immediate action to stop global warming and to reverse environmental destruction. Television stations frequently air programs dealing with environmental issues.

Public Life  
Earth Day is not a public holiday and public life, with regard to transport schedules and opening hours for schools and businesses, is not affected.

Background  
The April 22 Earth Day, founded by Senator Gaylord Nelson, was first organized in 1970 to promote ecology and respect for life on the planet as well as to encourage awareness of the growing problems of air, water and soil pollution.

Some people prefer to observe Earth Day around the time of the March equinox. In 1978, American anthropologist Margaret Mead added her support for the equinox Earth Day, founded by John McConnell. She stated that the selection of the March Equinox for Earth Day made planetary observance of a shared event possible.

Symbols  
Symbols used by people to describe Earth Day include: an image or drawing of planet earth; a tree, a flower or leaves depicting growth; or the recycling symbol. Colors used for Earth Day include natural colors

such as green, brown or blue.

The "Earth Flag", which was designed by John McConnell, has been described as a "flag for all people". It features a two-sided dye printed image of the Earth from space on a dark blue field, made from recyclable, weather-resistant polyester. Margaret Mead believed that a flag that showed the earth as seen from space was appropriate.



Earth Day

BY JANE YOLENI am the Earth  
And the Earth is me.  
Each blade of grass,  
Each honey tree,  
Each bit of mud,  
And stick and stone  
Is blood and muscle,  
Skin and bone.

And just as I  
Need every bit  
Of me to make  
My body fit,

So Earth needs  
Grass and stone and tree  
And things that grow here  
Naturally.

That's why we  
Celebrate this day.  
That's why across  
The world we say:  
As long as life,  
As dear, as free,  
I am the Earth  
And the Earth is me.



Moranda Vangeest received the Queen's Diamond Jubilee from Hon. Rob Moore

"Grandchildren are the dots that connect the lines from generation to generation."



The family of Stephen Lewis was recently blessed to be able to be together, for a 5 generation picture. Lance Constantine (father) proudly holding his 2 month old daughter Solstice Constantine. Enjoying the time together are Great Great Grampie Stephen Lewis, Great Grampie Reg Lewis, Grammie Kelly (Lewis) Constantine.

<p><b>TRX 500 PGC Rubicon</b></p> <p>Reg \$9,799</p> <p><b>NOW ONLY \$9,299*</b></p> <p>Liquid cooled, Auto, 5 speed, manual shift, Canadian Trail Edition</p>	<p><b>2013 TRX 500 FMD Foreman</b></p> <p>SAVE \$500</p> <p>Reg \$8,399</p> <p><b>NOW ONLY \$7,899*</b></p> <p>4x4, EFI, Liquid cooled, 5 speed, manual shift</p>	<p><b>2012 TRX 500 FPEG Foreman</b></p> <p>SAVE \$1000</p> <p>Reg \$9,299</p> <p><b>NOW ONLY \$8,299*</b></p> <p>4x4, liquid cooled, 5 speed, electric shift, power steering</p>	<p><b>2013 TRX 420 FMD</b></p> <p>SAVE \$500</p> <p>Reg \$7,099</p> <p><b>NOW ONLY \$6,599*</b></p> <p>4x4, EFI, Liquid cooled, 5 speed, manual shift</p>
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**SPRING IS HERE**

It is that time of year when many people are thinking of selling their homes. You need to see your home like a prospective buyer; you need to look at both the inside and outside.

If you follow these simple steps, you will be helping to set the stage for a property that shows great to potential buyers.

Letting go of clutter:

You can help them envision their dream space by presenting a clean, clutter – free environment.

Remove Personal Items:

Put away family photos, souvenirs, knick – knacks and personal items. Clear out closets, basements and garages. That would be a good time to box up unworn clothes, toys and personal items for storage or charity.

Clean, Clear Surfaces:

Clear off counters, especially in kitchens and bathrooms, storing away small appliances and miscellaneous personal items. Perhaps even put out a bouquet of flowers.

Create Ease of Movement

Remove and store extra furniture to create open areas that promote easy foot traffic through your home.

Potential buyers will be looking for visual clues that your home is well cared for. How much work a house seems to require will impact the offering prices you receive, so it's worthwhile to ensure that everything is in good working order?

Bathrooms

Ensure all plumbing fixtures are clean and in good working order. Replace old, worn shower curtains and bath mats.

Doors and Windows

Have windows cleaned inside and out. Fix drafts and replace exterior doors if necessary.

Walls and Floors

A fresh coat of paint instantly transforms a space. Steam clean carpets and runners.

Atmosphere

Be mindful of the odours left behind by

pets and smokers and consider using an environmentally friendly room fragrance to neutralize unpleasant scents.

First impressions can be everything. Many people simply drive by a listing and make a decision based on your home's curb appeal. Maintaining a neat and attractive exterior to your home will show buyers that you take pride on your property.

Landscaping

Consider planting a few bushes and colourful flowers to create an eye catching display.

Front Porch

If it's spring or summer, put colourful containers of flowers at your entrance. If it's autumn, rake leaves. During winter, clear the snow and ice from your walkway. Look closely to determine if any repairs are needed. All loose cement or rotting wood should be replaced.

Now, you have sold your house, next comes the task of moving. Packing for you own move can be a headache.

The following tips will help you save time, money, and most importantly, reduce stress when preparing for your move.

Preparation

Proper moving boxes are recommended but not required. Any good strong box that can be properly closed and sealed will work fine. Do not use open-top boxes unless absolutely necessary.

Tape all boxes top and bottom with strong tape. Use a black felt marker to label your boxes. Mark the room and the box contents clearly to ease unpacking at your new home.

Do not pack unnecessary liquids! Pack all liquids in one or two boxes, and clearly label them LIQUIDS, and THIS WAY UP to avoid spillage.

Use towels and linens as packing materials for fragile items. Pack plates on edge, not flat. Mark FRAGILE boxes clearly.

2 – 4 Weeks before Moving Day

Start several weeks before your move by deciding what you are going to take. Go through your garage and your storage areas,



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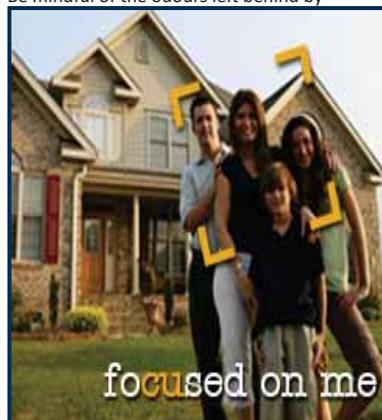


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and get rid of unnecessary junk. If you have boxes you haven't opened in years, then you probably don't really need what's inside them.

**DON'T THROW STUFF AWAY!** Have a garage sale, and then call your local charity in your area. Your unwanted goods may be just what a struggling family needs.

#### **1 – 2 Weeks Before Moving Day**

Start by packing your unimportant goods. Pack up seasonal clothing, unused sporting equipment, camping gear, etc. Dismantle swing-sets and home gyms.

Use a moving checklist to ensure all necessary address and utility changes have been made and prepared.

Arrange transportation for pets and motor vehicles.

Don't forget to collect your lent-out goods from friends and neighbours!

#### **Last Week Before Moving Day**

Pack from least-to most important. Make sure to leave hand tools and cleaning supplies for last.

- Tape long items like garden tools or hockey sticks in bundles of 5.
- Remove propane tank and charcoal from barbecue.
- Drain fuel and oil from all motorized tools. Leave fuel cap off till moving day.
- Remove curtains and blinds that will be moved.
- Have grandfather clocks and appliances serviced for moving
- Roll up and tape or tie rugs and carpets to be moved.
- Remove mirrors from dressers.
- Use mirror boxes or bulk cardboard to pack all pictures and mirrors.

#### **Day Before Moving Day**

It is not necessary to pack up your dresser drawers! Remove all loose items (change, papers, jewelry, etc.) and fill your drawers with clothing, pillows and linens. Remember that it may be necessary to put your dresser on end.

Pack necessary clothing and toiletry in suitcases.

Defrost and clean your fridges and freezers.

Pack all dishes; leave out only what you will need for the last night. It's a good idea and a nice break to go out for dinner on the last night before moving.

Disconnect computers and stereo systems. Labeling the wires with masking tape will make reconnection easier at your new home.

Water your plants. They should be moist but not wet for moving day. If you are moving long-distance, it is best to give away live plants. They do not travel well.

Ship plants in open top boxes or wardrobe containers.

Break down furniture if possible. Remove legs from tables and sofas. Remove all shelves from cabinets. Secure drawers and cabinet doors.

99% of your packing should be complete the day before you move.

#### **Moving Day**

Make sure the movers will have truck parking as close as possible to your door.

Get elevator key from your building manager if applicable.

Disassemble beds and collapse bed-frames.

Disconnect appliances which will be moved.

Pack the goods you will need FIRST, LAST. Mark these boxes OPEN FIRST.

Stuff you will need immediately includes:

- Hand Tools
- Cleaning Supplies
- Shower Curtain and Towels
- Toilet Paper and Toiletries
- Favourite Toys
- Alarm Clock
- Coffee maker
- Telephone
- Remote Controls

Make sure that the movers will have a clear path to all furniture throughout your house. Stack boxes against the walls, not on top of furniture. Make sure that any items which you will be taking yourself are clearly marked and put aside.

If possible, send pets and young children to friends or neighbours so they will not be underfoot.

Let the movers move all furniture.

Bring items to loading area (lawn or driveway) only.

Do not enter the moving van after moving has begun.

Once you arrive at your new home, unpack as necessary, and take your time. Moving is stressful. Don't burn yourself out trying to do it all in one day.

Most importantly,

**Relax and enjoy your new home!**

**To help you sell or buy a home call Chris Constantine at Royal LePage**

**And for all your moving needs call Premiere Van Lines**

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April 9 Teen Challenge night  
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April 10 Earing making Night  
6:30-7:30 pm Ages 7-13

April 16 Teen Challenge night  
6:30- 8:00 pm Ages 12-15

April 17 Canvas Painting  
6:30-7:30 pm Ages 6-12

April 23 Movie night, Parental Guidance  
6:30-8:30 pm Ages 12-15

April 24 Movie night, Rise of the Guardians  
(PG) 6:30-8:15 pm Ages 6-12

April 30 Teen Challenge night  
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PLEASE remember to call the week prior to register for the events you would like to attend due to limited spaces and supplies 372-5873 Thank You



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## UP COMING EVENTS

Havelock W.I Rummage Sale  
The annual W.I. Spring Rummage Sale will be held in Havelock  
W.I. Building from April 22 to April 26  
.Mon. - Fri. from noon to 4 p.m. each day  
and 7 to 9 p.m. each evening.  
Saturday only from 9 a.m. to noon is  
"pack a bag for a toonie day"  
Great Buys. Everyone Welcome

The Salisbury Masonic Lodge  
Baked Bean, Potato Scallop  
& Ham Supper  
Saturday April 18th, 2013  
from 4:00 pm until 6:00 pm.  
Cost is Adults \$9.00 and Children \$5.00.  
We are located at  
3132 Main Street Salisbury, NB

St. John Ambulance  
Baby sitting course  
April 20, 2013  
8:30-4:30  
Price \$45.00  
Register by April 04 Space Limited 45  
Corey Av Petitediac, NB  
Age must be 12 years by Dec.31,2013  
Please call 756-2841

3rd Annual Westmorland County  
Agricultural Fair Auction  
April 6th 7 PM Kiwanis Building  
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Donations can be dropped off day  
of auction ,noon to 4 pm  
For more info contact Susan at  
534-2411

The Glades Baptist Cemetery located on  
the Sanitorium Road is having a " Clean  
Up Day " on Saturday, April 27 & May 4  
from 9:00 am - 3:00 pm. If you have relatives  
buried here and would like to help,  
please come & join us. Don't forget to  
bring a pail, sponge or rag & soft bristle  
brush for cleaning headstones. Lunch will  
be provided.

Country Music Jamboree  
"C" Company & Guests  
Sat. April 27th 7:30 P.M.  
Hillsborough Kiwanis Center  
More info call 756-2455

## CONGRATULATIONS

Post them Here !!

## THANK YOU

Thank You

**Kierstead-** The family of the late Michael Kierstead would like to thank everyone who supported us during our difficult time. We appreciated your many acts of kindness, encouraging words, prayers, food, cards, e-mails, and generous donations.

Special thanks to 4100 ICU. To Terry and Tina and staff of Armstrong's Funeral Home for your guidance and support.

The family would like to also thank everyone for the support and generous donations and all the work that was put into the fund raiser held for the Boys and I held on Feb 23.

Your thoughtfulness and support will never be forgotten.  
Sharon, Riley and Murray Kierstead

## MEMORIAL

Douglas Bruce  
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Those we love don't go away  
They walk beside us every day which we love  
Loretta,  
Nickie, Lacey,  
Mom, Dad, Kelly, Vicky, Jarrett, Shelbey,  
Mikie, & Rocky.



Our thoughts are ever with you since you passed away  
Those who loved you dearly are thinking of you today  
In loving memory of Greg Crandall who passed away April 3rd, 2008  
Sadly missed by Family & Friends

## OBITUARIES



**Joyce Cochrane**, 77, of Second North River passed away February 26, 2013 at the Moncton Hospital with family at her side following a lengthy illness.

Born in Gander Bay, NF, she was a daughter of the late Patrick and Pearl (Thistle) Farrell. In her early working

years, Joyce joined the Royal Canadian Air Force serving in Peacekeeping as a Fighter Control Operator in Northern Quebec. Involved in her community she attended the Second North River Baptist Church, was a life member of the former Second North River W.I., a past Trustee of the former School District 16, past Chairperson of the Sponsoring Committee for the 580 Air Cadet Squadron, member of Branch 31, Royal Canadian Legion, Salisbury and attended the Monday Morning Merry Makers.

Survived and sadly missed by her children Wanda Edgar of Calgary, Deborah Cochrane of Lincoln, Bill (Dianna) of Second North River, Robert (Martine) of Oromocto, Cindy Cochran (Stephen) of Lewis Mountain, Bruce (Gail) of London On., Patricia Englehart (Albert) of Ottawa On., Lori Ritchie (Dave) Brampton On., Lesa Black (James) of Calgary; 16 cherished grandchildren ; brothers Jimmie, Pierce (Ann) and Harry (Barb) ; a sister Grace Keats; sister in law Miriam Anketell (Roderick) and by several nieces, nephews and cousins. Predeceased by her husband George (1989); son in law Wendall Edgar and grandson Logan Cochran.

Resting at the Salisbury Funeral Home, 3350 Salisbury Road (372-4800) with visiting Saturday 2-4 and 7-9 p.m. The funeral will be held from the Second North River Baptist Church on Sunday March 3 at 2 p.m. Interment at a later date at the Montegale Cemetery.

If desired memorials to the Lung Association or a charity of choice would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

**Chown, Gordon Robert "Razor"**, 51, of Moncton, and formerly of Parkindale, passed away at the Dr. Georges-L.-Dumont Hospital on March 1, 2012. Born in Moncton, he was a son of Lena Chown (nee Harrison) of Parkindale, and the late Donald Chown. Besides his mother, Gordon is survived by his sister, Sheila LeBlanc, and his brothers: Lawrence, & Philip (Lesley), all of Parkindale; his twin brother, Girvan of Sackville; and his sister Freda Chown of Ontario. He is also survived by his extended family, Sharon and Laurie, at Shar's Care in Moncton, where Gordon has lived for the last 20 years. Gordon was predeceased by his father, Donald Chown; his brother, Mark Chown; and his sister, Geraldine Chown. There will be a graveside service held in the Parkindale Cemetery at a later date. No flowers by request. Donations to the Heart & Stroke Foundation, or a charity of your choice would be appreciated by the family. Arrangements have been entrusted to the care of Armstrong's Funeral Home, 33 Russell Street, Petitediac. On-line condolences are available at: [www.armstrongsfh.com](http://www.armstrongsfh.com)

## OBITUARIES



**Bannister, Eva Bernice** (nee Weir), 88, of Prosser Brook, passed away at the Jordan Lifecare Centre on Monday March 18, 2013. Born in Turtle Creek, she was a daughter of the late John and Hattie (nee Smith) Weir. Eva was a past member of the Prosser Brook Baptist

Church, and the Prosser Brook & Parkindale Women's Institute. She is survived by her son, Gordon "Gordie" Bannister of Salisbury; her sisters: Elinor MacDonald, and Audrey Steeves; her brothers: John Weir, and Benjamin "Benny" Weir; her special niece, Esther Douthwright; as well as by many other extended family members and friends. Besides her parents, Eva was predeceased by her husband, Arnold Bannister; her sisters: Hilda Morrissey, and Charlotte Martin; and her brothers: Raymond Weir, Howard Weir, Clarence Weir, and Eric Weir. Visitation was held on Wednesday March 20, 2013 from 5-8 pm; the funeral service was held on Thursday March 21, 2013 at 2:00 pm with Pastor Leonard Geldart presiding, all in Armstrong's Funeral Home, 33 Russell Street, Petitediac. Interment will be held in the Hillside Cemetery at a later date. Donations to the Jordan Lifecare Centre or a charity of choice would be appreciated. A special thanks to all the nurses and staff at the Jordan Lifecare Centre. On-line condolences are available at: [www.armstrongsfh.com](http://www.armstrongsfh.com)



**Blake Cecil Marshall**, 91, of Elgin, passed away peacefully Sunday evening, February 24, 2013 at the Jordan Lifecare Centre. Cecil was born on Gowland Mountain, August 8, 1921. He was a son of the late Blake and Wilda (nee Harrison) Marshall. Cecil farmed at his home in Mapleton,

drove school bus, was a truck driver for T. Eaton Co., and Fawcett's Lumber Co., until his retirement. He was active in his church as a deacon and enjoyed singing in the choir. He was also active with the Blueberry Maple Fest. He will be missed by his daughter, Erna Faye Steeves (Winston) of Elgin; three grandchildren: Kevin (Yvonne) of Rothesay, Kent (April) of Elgin, and Erica Mills (Dave) of Elgin; six great-grandchildren: Jade, Cameron, Danika, Graydon, Preston, and Avelyn; his sister, Alma Steeves and his brothers: Otto and Perley (Elsie), all of Elgin; his sister-in-law, Judith (Harry) of Salisbury, as well as by many nieces and nephews. Besides his parents, he was predeceased by his wife Jean; his sister Edna; and his brothers: James, Guy, Arthur, and Harry. Cecil rested at Armstrongs Funeral Home, 33 Russell Street, Petitediac, where visitation was held on Wednesday February 27, 2013 from 6-9 pm; the funeral service was held at the First Elgin Baptist Church on Thursday February 28, 2013 at 2:00 pm with Pastor David Hawkesworth and Rev. Donald MacDougall officiating. Interment will be held in the spring at the Elgin Cemetery. Donations can be made to the Jordan Lifecare Centre or a charity of the donor's choice would be appreciated by the family. Arrangements are in the care of Armstrong's Funeral Home. On-line condolences are available at: [www.armstrongsfh.com](http://www.armstrongsfh.com)

## OBITUARIES



**Berry, E. Donna**, 72, of Petitediac, passed away at the Moncton Hospital on March 7, 2013. Born in Petitediac on September 22, 1940, she was the daughter of the late Edward and Miriam Mae (nee McCully) Shaffer. Donna retired from

Canada Post after over 30 years service, and has been involved with the St. John Ambulance for many years, receiving the "Serving Sister" medal and the "Long Service" Medal (given for more than 12 years of efficient service). She always enjoyed knitting and going to craft shows. Donna is survived by her daughter, Sue Anne (Conrad) of Petitediac; her sons: David (Pam) of Petitediac, Jeffrey (Marie) of Wellington Center, PE, Kevin (Annette) of Riverview, and Michael (Judy) of Didsbury, AB; her grandchildren: Christa (Nathaniel), Thomas (Carrie), Jason (Stephanie), David, Christopher (Chrissy), Alyssa (Jason), Tricia (Trevor), Natalie, Melissa, Rebecca, Cory, Ashley, Hailey, Nicole (Jeff) and Matthew (Crystal); her great-grandchildren: Isabelle, Marissa, Kalley, Emily, Jacob, Mya, Alison, Terry, and Kira; as well as by many extended family members and friends. Besides her parents, Donna was predeceased by her husband, Dennis Berry in 1982. Arrangements have been entrusted to the care of Armstrong's Funeral Home from where visitation was held on Saturday March 9, 2013 from 2-4 & 7-9 pm; the funeral service was held on Sunday March 10, 2013 at 2:00 pm in the Petitediac Baptist Church with Rev. David Woodworth presiding. Interment will be held in Maplewood Cemetery at a later date. Donations to the St. John Ambulance or to the Friends of the Moncton Hospital would be appreciated by the family. On-line condolences are available at: [www.armstrongsfh.com](http://www.armstrongsfh.com)



**Kimberly (Kim) Ann Riley**, 46, of Dieppe passed away at her residence Friday, March 15, 2013.

Born in New Hampshire and raised in Salisbury, she was the daughter of Rupert and Linda (Simpkin) Parsons and foster daughter of Gary and Sheila Taylor.

Kim worked for A&W and she enjoyed spending time with her family, especially her cherished grandchildren.

Kim is survived and sadly missed by her beloved husband of 24 years Tim; children Kristopher (Samantha) and Kayla Riley (Thomas) both of Colpitts Settlement and T.J. (Caitlin) of Kinnear Settlement; grandchildren Bryauna, Kloe, Jackson and Kyla; sister Karen, brother Bill and several foster siblings. Also survived by her father-in-law Clarence Riley (Papa) and sister-in-law Stephanie Gravel.

There will be a Celebration of Kim's Life at Salisbury Funeral Home & Crematorium, 3350 Salisbury Road (372-4800) Tuesday, March 19 at 11 a.m.

If desired, donations to the Cancer Society would be appreciated by the family. [www.keirsteads.ca](http://www.keirsteads.ca)

## OBITUARIES



**Ann Patricia "Pat" Scougal**, 76, of Steeves Settlement, passed away at home on March 5, 2013. Born in England, she was a daughter of the late Harry and Phyllis (nee Charlton) Scougal. Pat is survived by her sisters: Kathy Scougal of Steeves Settlement, Phyllis

(Edward) Masson of British Columbia, Linda (Colin) Armstrong of England; her brothers: Alan Scougal of England, Donald (Joan) Scougal of England, as well as by several nieces and nephews and grandnieces and grandnephews. Pat was a flying officer with the R.A.F. in her youth, and was one of the first females to qualify as an Air Traffic Controller. She began showing dogs in 1972, and began breeding Irish Wolfhounds and Borzoi in 1974, and she had a great passion for heavy horses. Upon her retirement from Air Traffic Control, Pat undertook retraining with the Provincial Veterinarians, and the Elmwood Veterinary Clinic. She was a lifetime member of the Moncton Kennel Club, and a member of the Irish Wolfhound Club of Canada. Pat is loved by Hanna, Fella, Maggie, and her bed-buddy, Suri. As per Pat's request there will be no visitation held. Arrangements have been entrusted to the care of Armstrong's Funeral Home, 33 Russell Street, Petitediac, from where the funeral service will be held on Saturday May 11, 2013 at 2:00 pm. Donations to the S.P.C.A., or to the charity of the donor's choice would be appreciated by the family. On-line condolences are available at: [www.armstrongsfh.com](http://www.armstrongsfh.com)



**Bernice Julia Hull**, 70, of Wheaton Settlement passed away at home, Wednesday, March 13, 2013.

Born in Upper Ridge she was the daughter of Evelyn Colpitts and the late Gurney Crossman. Bernice was a homemaker, she enjoyed gardening, flowers, knitting and doing crafts.

She is survived and missed by her mother Evelyn Colpitts (Gordon) of Salisbury; daughters Jennie Ward of Moncton, Debbie McLaine (Walter) of Milton, PE, and Tracy Quinn-DesRoches (Dave Cormier) of Lakeville; grandchildren Blaine Ward, Melissa Ward, Benjamin McLaine, Tara McLaine, Jamie Harding, James Quinn, and Robert DesRoches; brothers Charles Crossman (Nadine) and Richard Crossman (Sharon) both of Wheaton Settlement; special friend Francis Lirette (Frank); favourite cousin David Steeves of Salisbury and several nieces and nephews. Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visitation will be Saturday, March 16, 2-4 and 7-9 p.m. and from where the funeral will be held in the chapel Sunday, March 17 at 2 p.m. with Pastor Lloyd O'Brien officiating.

If desired, donations to the Lung Association or charity of choice would be appreciated by the family. [www.keirsteads.ca](http://www.keirsteads.ca)

## OBITUARIES



It is with great sadness that we announce the passing of **Denis Tyler** at the age of 81, born February 22nd, 1932, after a brief illness. Denis is survived by three children: Gordon Finch of Hamilton, Ontario, Marilyn Suzie Whalen (Stephen)

of Moncton, New Brunswick, and Richard Tyler (Jennifer) of Hamilton, Ontario; and his girlfriend, Jean MacEachern of Moncton, New Brunswick. He is survived by his grandchildren that he enjoyed spending time with: Justin, Tyler, Brenda, Cameron, Corey, and Ashley. He is also survived by his sister-in-law, Shirley Tyler, as well as by many nieces and nephews. Denis was very active and certainly enjoyed keeping himself in shape, being outdoors, walking, gardening, traveling, and bowling. For many, many years, his passion was playing guitar and singing to some of his favorites: Hank Snow, Merle Haggard, and Johnny Cash, just to name a few. Denis is the last surviving member of his family, predeceased by his brothers: Jack and Bob; and his sisters: Francis and Elizabeth. He was also predeceased by his wife of many years, Irene. Arrangements have been entrusted to the care of Armstrong's Funeral Home, 33 Russell Street, Petitediac, from where his funeral service was held on Monday March 4, 2013 at 2:00 pm with Rev. Keith Adams presiding. Donations to the Heart & Stroke Foundation would be appreciated by the family. On-line condolences are available at: [www.armstrongsfh.com](http://www.armstrongsfh.com)



**Florence Agnes MacDonald**, 93, of Salisbury, passed away at the Moncton Hospital, Saturday, March 2, 2013.

Born in Intervale, she was a daughter of the late Henry and Alberta (Goddard) O'Brien. Florence was a former housekeeper for various motels. She was a

member of the former Boundary Creek Baptist Church and former Boundary Creek W.I. She attended the Salisbury Pentecostal Church. She is survived and missed by her children Douglas Jones (Deborah) of Boundary Creek and Mildred Simpson of Colpitts Settlement; fourteen grandchildren; twenty-seven great grandchildren and four great great grandchildren. Also survived by sisters Ethel McNutt (Harry) of Moncton, Cora MacDougall of Jemseg, Marjorie McCarthy of Moncton and Ida Harper (Gordon) of Anagnage and brothers George O'Brien (Ruth) of Boundary Creek and Hubert O'Brien (Janette) of Toronto. Florence is predeceased by husbands Harold Jones and James MacDonald; daughters June MacCallum and Edith Gautreau; granddaughter Dawn Elizabeth Sherwood; brother Raymond O'Brien and son-in-law Douglas Simpson.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visitation will be Monday, March 4 from 7 to 9 p.m. and from where the funeral will be held in the chapel Tuesday, March 5 at 2 p.m. with Pastor Jarvis Lepper officiating.

If desired, donations to the War Amps or charity of choice would be appreciated by the family. [www.keirsteads.ca](http://www.keirsteads.ca)

# April Fool's Day

Unlike most of the other non foolish holidays, the history of April Fool's Day, sometimes called All Fool's Day, is not totally clear. It is not like Halloween, where despite an interesting history, most people just put on Halloween costumes, get candy, and leave it at that. There really wasn't a "first April Fool's Day" that can be pinpointed on the calendar. Some believe it sort of evolved simultaneously in several cultures at the same time, from celebrations involving the first day of spring.

The closest point in time that can be identified as the beginning of this tradition was in 1582, in France. Prior to that year, the new year was celebrated for eight days, beginning on March 25. The celebration culminated on April 1. With the reform of the calendar under Charles IX, the Gregorian Calendar was introduced, and New Year's Day was moved to January 1.

However, communications being what they were in the days when news traveled by foot, many people did not receive the news for several years. Others, the more obstinate crowd, refused to accept the new calendar and continued to celebrate the new year on April 1. These backward folk were labeled as "fools" by the general populace. They were subject to some ridicule, and were often sent on "fools errands" or were made the butt of other practical jokes.

This harassment evolved, over time, into a tradition of prank-playing on the first day of April. The tradition eventually spread to England and Scotland in the eighteenth century. It was later introduced to the American colonies of both the English and French. April Fool's Day thus developed into an international fun fest, so to speak, with different nationalities specializing in their own brand of humor at the expense of their friends and families.

In Scotland, for example, April Fool's Day is actually celebrated for two days. The second day is devoted to pranks involving the posterior region of the body. It is called Taily Day. The origin of the "kick me" sign can be traced to this observance.

In France and several other European countries, April 1 is often referred to as April

Fish. The prank is to stick a paper fish on the back of another person without being noticed.

Pranks performed on April Fool's Day range from the simple, (such as saying, "Your shoe's untied, or I accidentally stepped on your glasses!"), to the elaborate. Setting a roommate's alarm clock back an hour is a common gag. Whatever the prank, the trickster usually ends it by yelling to his victim, "April Fool!"

Practical jokes are a common practice on April Fool's Day. Sometimes, elaborate practical jokes are played on friends or relatives that last the entire day. The news media even gets involved. For instance, a British short film once shown on April Fool's Day was a fairly detailed documentary about "spaghetti farmers" and how they harvest their crop from the spaghetti trees. And let's not forget the IRS socks us with our online tax software deadline in April. Coincidence? You decide!

April Fool's Day is a "for-fun-only" observance. Nobody is expected to buy gifts or to take their "significant other" out to eat in a fancy restaurant. Nobody gets off work or school. It's simply a fun little holiday, but a holiday on which one must remain forever vigilant, for he may be the next April Fool!



## Maritime Motorsports Hall Of Fame 8th Annual 4-Wheeler Draw



Winner of the 4-wheeler - Riverside Speedway, NS



Motor BBQ winners



Group Photo from the event

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**News From The  
Maritime Motorsports Hall Of Fame**



widges column, he wrote "Debbie has become one of the sports most dedicated members". That July, at Onslow, she grabbed the checker flag over David Meehan and Danny Eddy. In 1982 she attended Southards Racing School in Florida, where she learned unded NASCAR driver Dick Trickle. She raced with the MASCAR tour in 1984. Debbie's racing career was shortened in a fatal crash at Riverside Speedway during a MASCAR feature race. Debbie paid the ultimate price that brought immediate changes to the safety harness rules in stockcars in Canada and Northeastern United

**DEBBIE HALLAHAN**  
Inducted November 14, 2009  
Competitor in Stockcar Racing

When Debbie was asked about her most exciting moment- her reply was "Racing... just racing!". Debbie was born to a racing family, both her Mother and Father raced stockcars. In fact her Mother was racing just before Debbie was born. The Hallahan family, was a true expression of dedication to auto racing, her Father Jim Hallahan has been involved for over 60 years. She did some racing without a motor. She began racing stock cars in 1977 at the early age of 15 years. Her first car was a pink and baby blue rotary powered Mazda #33 Mini Stock also known as Pony Class, depending where she was racing. In 1981 her car# was 19 indicating her age. At that time she was the only female racer at the Onslow Speedway and Atlantic Speedway, both in Nova Scotia. In the 1982 Onslow program in Ernie Led-

States. Over her 7 years of racing she competed at such tracks as Onslow speedway, River Glade Speedway- where she won her first race, Atlantic Speedway and Riverside Speedway. She said the other drivers treated her just like one of the boys during a race, not giving her any special breaks. She said speeding around the track is a thrilling experience. Debbie was a Corporal in the Armed Forces. She enjoyed snowmobiling and horse-back riding. Her day job was administration clerk with Canadian Armed Forces. Debbie's father accepted the plaque for her Induction into the Maritime Motorsports Hall Of Fame Inc.



**Choosing The Right House For Your Dog**



Every dog needs his own little space where he can play and sleep. It can be in the form of dog houses, dog kennels, dog

house because it can be customized and painted in various colors. But whichever type you choose, remember that there must be an adequate room for water and food inside the doghouse so that your canine will not be walking in and out of it.

There should also be sufficient space for him where he can sleep, walk around and exercise. A big dog house is always better. Ideally, it should be huge enough so that your k9 can lie down comfortably.

pens or small animal cages. Nowadays, you can find various options for a dog's shelter depending on your preference or budget. But before purchasing any product, there are several factors you need to take into consideration to ensure that what you're buying really suits your k9.

You also need to be particular about the insulation. If you reside in an area with severe temperatures, better opt for an insulated dog house to protect him against intense heat or cold. Having a house with removable roof is also beneficial to give you better access to the dog house, allowing you to clean it easily and quickly. It is also recommended that you raise the floor in setting up the shelter in order to prevent water from entering it during the rainy season and isolate it from the cold ground during winter.

The first consideration is the size of your dog and how much space he needs. If you have a small backyard, it is important that you plan what is best for the area and how you can utilize the space. Putting up a small dog house inside this structure would be a practical move.

Lastly, you must ensure that the dog house is made from sturdy materials that can withstand even the toughest weather conditions. It should be designed in such a way that your canine will be protected from the heat, cold, rain and other harsh elements. If your pet enjoys spending time in the outdoor, then a doghouse is just the perfect option!

There are tons of sizes, designs and shapes of dog houses that you can buy today. Commonly, a canine house is made of either plastic or wood materials. Some prefer the plastic type because it lasts longer and is easier to clean. Others choose wood dog



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 >Lion's Bingo >Adult Volleyball SB	3 >Geri Fitness SB	4 >Golden Age Club >Men's Ball Hockey SB	5 >Story Time >Computer Course	6 > LEGO time SL
7 <b>World Health Day</b>	8 <b>SMS</b> Scholastic Book Fair 8th - 11th	9 >Lion's Bingo >ACW meeting >Adult Volleyball SB	10 >Geri Fitness SB >Book Lovers	11 >Men's Ball Hockey SB	12 >Story Time >JMA report cards	13 >Library Kindergarten Bag Day >Book Sale SJA
14	15	16 >Lion's Bingo >Adult Volleyball SB	17 >Geri Fitness SB >Knitting Circle > <b>JMA</b> Coffee House 6:30pm	18 >Golden Age Club >Men's Ball Hockey SB <b>CLOTHING GIVE AWAY</b>	19 >Story Time	20 >Lions Breakfast >Annual Take out & Deliver Dinner <b>UCW</b>
21	22 <b>Earth Day</b>	23 >Lion's Bingo >Adult Volleyball SB	24 >Geri Fitness SB	25 >Men's Ball Hockey SB	26 Arbor Day >Story Time	27
28	29 Salisbury Recreation Annual meeting 7pm.	30 >Lion's Bingo >Adult Volleyball SB	May 13 Spring Clean up for the village	May 15 Hazardous Waste		

SJA = St. John Anglican / SB = Salisbury Baptist / SJ=Saint Catholic Jude's / SU= Salisbury United / Salisbury Library=LA

**SALISBURY COMMUNITY DAYS COMMITTEE** Salisbury Community Days 2013 will take place August 15-18, 2013. Anyone interested in helping with this year's events please contact [communitydays@salisburynb.ca](mailto:communitydays@salisburynb.ca)

### St. John Ambulance

The SJA (St. John Ambulance) Youth & Junior Groups meet EVERY Wednesday evening in the Kiwanis Community Centre on Railway Avenue in Petritcodiac. The Youth (ages 11+) meet from 6:30pm to 8:30pm and the Juniors (ages 6 - 10 years) meet from 6:30pm to 7:30pm. If you have any questions or would like more information please contact Diane Wilson, 372-5639. Please note there is NO fee to join SJA Youth but we do charge \$3.00 for the Junior programme as they get a Sash on which they sew their earned badges.

### Salisbury Lions Club

All you can eat pancake breakfast April 19 at the Club Hall. 7:30 to 10:00am/ **Bingo** at the Club Hall, every Tuesday night starting at 7pm

**Salisbury United Church Women** are now selling tickets for their **annual take-out and delivered Ham and Salad supper with fresh roll and yummy dessert**. Tickets are \$8.50 each and can be purchased by any UCW member you might know or by calling Lois Budd at 372-4357. Supper will be delivered to your home on April 20th between 3:00 and 6:00 pm.

**Contact for the Salisbury & District Recreation** is 372-3273 or Doug Duff at [salisburyreccouncil@gmail.com](mailto:salisburyreccouncil@gmail.com) or Amanda Tingley (President) @ [gtenterprises@nb.aibn.com](mailto:gtenterprises@nb.aibn.com) .. **The SDRC Inc. will be holding their annual meeting at the Village Office at 7pm. PUPPIC WELCOME ..**



### Did you know....

Village Council has been holding a Canada Day Celebration since the late 80's. Over the years with financial help from Heritage Canada we have continued and expanded the celebration into what it is today. Hope to see you on July 1st!

### St. Jude's Catholic Church

Regular Service each week at 8:30am..

### St. John's Anglican Church

holds services every Sunday at 11 am with Sunday School offered at the same time. Bible studies are held on Tues. at 7 pm with ACW following bible study on the 2nd. Tues. of each month. The ACW will be holding a book sale in the Church basement on April 13 from 9am to 4pm - Come and browse and take some books home with you!!

### Salisbury Golden Age Club

meets on the 1st and 3rd Thursdays of each month at the Salisbury Lions Club. Activities begin at 12:00pm with a potluck meal, followed by meeting and games. For more information, contact Harry Hopper 372.1093.

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**LIGHTING OF DRY GRASS AND OPEN FIRES** By-Law 40 states: - The lighting of any open fire to dispose of dry grass, brush, hay, straw, leaves, buildings, construction materials, automobile or garbage in the municipality is prohibited. - Other than in a properly constructed incinerator approved by the Department of Environment and Local Government and its successors, no person shall light a fire outside a building for the purpose of disposing of any refuse or waste material.

**SPRING SPECIAL PICK UP - VILLAGE** Spring special pick up day for the village is scheduled for Monday, May 13, 2013. Any items residents wish to have picked up must be placed at roadside. Please be sure to have items at the curb early, as pick up can commence any time after 5:00 a.m. - Appliances/Furniture, - Lumber and yard waste must be bundled and tied in 4ft. lengths, - Tires (Limit of 2 per household), **NOT ACCEPTED** - Batteries, paint products, chemicals, propane tanks, and other hazardous materials.

**HOUSEHOLD HAZARDOUS WASTE** The Mobile Household Hazardous Waste Recovery Unit will be at the Salisbury Municipal Building, 56 Douglas Street on: Wednesday, May 15, 2013 from 2:00 p.m. to 7:00 p.m. Bring your household hazardous wastes for safe disposal. These are products such as solvents, pesticides, and chemicals.

**STUDENT JOBS** Summer is fast approaching and we will soon be hiring our summer students for this year. Please drop off your resume at the Village Office. For a better chance at getting a job with ANY organization, remember to apply through the SEED Program. Applications are available at any Service New Brunswick Office.

**SALISBURY PUBLIC LIBRARY EVENTS** **Story Time** - A free 30-minute program of stories, songs, and literacy-building activities for ages 2-5. We'll read books, sing songs, interact with the flannel board, play with scarves or other toys, and colour a picture. Join us for some fun every Friday morning at 10:00 am. **LEGO at the Library** - Saturday April 6th between 2:00-3:00 p.m. Ages 6 and up. Bring your friends and family to the library and build with LEGO. **The Booklovers Reading Club** for adults will discuss The Secret Scripture by Sebastian Barry on April 10th from 6:15 - 8:00 pm. **Welcome to Kindergarten Bag Day** - Saturday April 13th from 10:30-11:30 a.m. Children starting kindergarten in the fall are invited to bring their Welcome to Kindergarten Bag to the library where we will read stories, do fun literacy-building activities, and practice with crayons, scissors, glue and play dough. Younger and older children are welcome to join in as well. We'll have extra supplies if your bag is missing

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**Mother's Day Basket Draw**  
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"THE AMAZING ROSE OF THE WEEK"

a few items! **Knitting Circle** -Wednesday April 17th from 6:30 -8:00 pm. Join fellow knitters and crafters for inspiration and tips. All skill levels are welcome. These programs are offered free of charge. For more information call the library at 372-3240. Library Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm. The library is located at 3215 Main Street in Salisbury.

**Salisbury Baptist Events:** **Get Connected/Stay Connected** A computer Seminar for the 55+ Crowd how to get set up and use the internet to your advantage. Location - Salisbury Baptist Church (old kitchen) Date - Friday April 5 Time - 6:30pm to 8pm Cost - \$10 per person for more info - Salisbury Baptist Church 372 5179 or Randy Matheson @ 872 0319  
**Clothing Give Away is April 18 from 8:30 am to 6:30 pm. Items to give away can be dropped April 16 & 17 between 8:30 am and 2:30 pm.**

**Mon.** 6:00 pm Junior Choir / 7:00 pm Senior High Youth **Tues.** 7:00 pm Adult Volleyball **Wed.**

9:30 am Geri fitness / 1:00 pm Prayer Team / 6:30 pm Live / 8:15 pm Senior Choir **Thur** 7:00 am Men's Prayer Time / 7:00 pm Men's Ball Hockey **Sunday** / 9:30 am Sunday School / 11:00 am Morning Worship / 6:30 pm JAM for grades 5 & 6

On June the 7th the students, teachers and the public will be celebrating "A Day of Caring". This will be a time for the 3 schools to plant their community garden that is being developed in the SES play ground. Share the Bounty **Community Garden** is a project that has been in development for the past year. Students will be starting plants in classrooms and at home. On June the 7th the public are invited to help the members get there garden boxes ready. It will be a great celebration with live entertainment and activities for everyone. There will be more information coming in next months news. If you have any inquires please contact the village office @ 372-3230. Sharing the Bounty is a community project! If your interested in benefitted from the gardens please call

**2013 Junior Women Champion**



You may not see her on the ice at the rink in Petitedodiac this year, but Angel is still skating and bringing home the medals to Petitedodiac. Her most recent win was on February 1st and 2nd, 2013 in Dartmouth N.S.

Angel skated at the 2013 Robert McCall Memorial Competition. She has moved up this year and skated in the Junior Women Division. Finishing with a first place standing after her short program on friday night. She skated an amazing long on saturday night securing first place. With combined totals Angel brought home the gold with more than a 12 point span to her next competitor. A huge accomplishment when in the world of skating it often comes down to points of a point.

Angel credits a lot of her success to her coach Kathy Grenier. Kathy has been her coach since she began skating at 3 years old and has developed a great love & respect for her. Also credits her coach Amy Ouelette and her choreographer Charlene Vienneau whom she relies on as well. Angel says "It may be an individual sport but it takes a good team working hard to achieve success and I think I'm working with the best!"

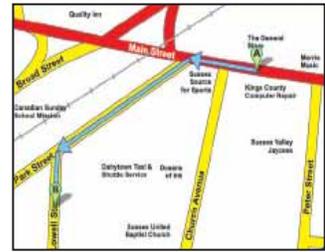
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