



5 Hooper Ln, Petitcodiac

# LOCAL NEWS & VIEWS

Promoting Local Business & People in Our Surrounding Communities.

January Issue, 2016

Volume 6 #9

MONTHLY BULLETIN

## JMA Armstrong Senior Girls Basket

The JMA Armstrong Senior Girls Basketball team is off to a wonderful start this season. With a record of 11 wins and 2 losses. With one of those losses being by 2 points in the first game of the season against Caledonia. This past weekend we hosted our first tournament in 4 years due to the last three being cancelled by winter storms. The tournament involved 6 teams. (JMA, Caledonia, Stanley, Petitcodiac, Mathieu Martin and L'Odyssee) JMA and Caledonia each finished first in their respective divisions and played in the championship. Prior to this JMA defeated Petitcodiac by a score of 60-28 and then Mathieu Martin by a score of 82-16. In the final JMA took a 13 point lead into half time. However, Caledonia did not go down without a fight. By the end of the game JMA came out on top by only a 6 point margin. The final score being 43-37. In the game against Petitcodiac, Paytra Waibel earned the Hustle Award and Brittany Goddard was selected as Player of the Game. In game versus Mathieu Martin, Devon Landry received the Hustle Award and Michelle Babineau took home the Player of the Game. After the championship game the JMA players received the following awards. Hustle Award – Jessie Brown, Player of the Game – Melissa Smith, Sportsmanship Award – Allyson Williamson, Tournament All-Star – Michelle Babineau and Tournament MVP – Sam Arthurs. JMA also were the champions of the Petitcodiac Invitational held on the weekend of Nov. 20, 21. It was a 4 team round robin with JMA winning all 3 games to take home



1st place. In their first game JMA played Hampton winning by a score of 65 – 11, with Sam Arthurs being awarded Player of the Game. In the second game JMA defeated Petitcodiac by a score of 61 – 29, with Brittany Weir getting the Player of the Game. In the 3rd game JMA defeated Miramichi by a score 62 – 29. Jessie Brown was a Tournament All-star and Brittany Weir was the Tournament MVP. The head coach of the team is Frank Brubacher and the assistant coach is his wife Donna Brubacher with the manager being Lucille Colpitts. Mr. Brubacher has been coaching at JMA since 1989 only with the tremendous support of his wife and family. What makes this year a little different than

all the other years is the tremendous amount of support that is given by the parents of the 16 girls on the team. The coaches feel that there is a unique bond or cohesiveness that permeates the entire team. It is like having one giant family. The coaches feel like they have been adopted by 16 teenage girls and their parents. It is a wonderful feeling when everyone is in your corner and has your best interests at heart. Even when the team travels they are never alone. There is always a good sized contingent that travels and supports the team every game. The team is also very well supported by the school and the community. Everyone has had a great time so far, and looks forward to remainder of the 2015-16 basketball season. Go Cougars!

### 2015-16 JMA Armstrong Cougars

- Allyson Williamson 12
- Brittney Goddard 12
- Jessie Brown 12
- Michelle Babineau 12
- Devon Landry 11
- Emily Rogers 11
- Alex Poirier 10
- Brittany Weir 10
- Melissa Smith 10
- Paytra Waibel 10
- Sam Arthurs 10
- Maggie Vienneau 10
- Trinity Babbirk 9
- Leah Melanson 9
- Sam Williamson 9
- Alyssa Harrison 9

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May this New Year give you courage to triumph over your vices and embrace the virtues.

*Happy New Year*



**ALAINA LOCKHART M.P**

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*Hope you have a great new year  
 Let the celebration begin.  
 Cheers to 2016. May all your  
 dreams come true..!*

**Ross Wetmore**  
 MLA Gagetown – Petitcodiac  
 1-877-632-2083

*From the Editor*



From the Editor

2016!  
 I haven't got used to writing 2015 yet, where does the time go? Santa has come and gone, time to get back into a regular routine. New Years resolution to lose those pounds put on over the Christmas feasts, there is a solution, there is a Biggest Loser program starting January 7 at the Maritime Motorsports Hall Of Fame. January is the month to renew your Maritime Motorsports Hall Of Fame membership, or to become a new member. You can go on the web site [www.maritimemotorsporthalloffame.com](http://www.maritimemotorsporthalloffame.com) for a membership form or call the office at 756-2110.

Tickets are available on the side-by-side to be drawn March 26. If you are lucky enough to be off to Florida for the winter, have a great trip. Wishing all my readers a Very Happy New Year!!

Your editor,  
 Winona McLean



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 A heart can know  
 Happy New Year!*

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**Kevin and Staff would like  
 to thank you for your  
 patronage in 2015.**

**Have a safe and  
 Happy New Year**



**Everyday People**

Submitted by Sheila Boissonneault  
**Part 2**

We continue the story of Mary Crisp, and her part in the life of Douglas Sentell. Doug paid a visit to the house that was once the orphanage. "The address for the original Mary Crisp Home is 31 Reeder Rd." The owners allowed him to go upstairs to the room he slept in, memories returning as he climbed the winding stairs to the bedroom in the back. He remembered the window that was only about two feet off the floor and how the small children, having been put to bed, would climb out as soon as they were alone. They would lay down looking out that window watching the older children at play in the driveway; until they were discovered and put back into their beds. There were two bug beds in the room, sleeping three up and three down, and two cribs. When it got dark and they were all in bed the older supervising kids would put mouse traps all around the floor, assured that would keep them in their beds. Doug was told that he was born in 1937, they don't know what happened to his biological father but apparently his mother wanted to marry again and her future husband didn't want the children. Doug feels his mother had to be cold hearted



**Doug & Leslie**

to do something like that. Apparently there were four or five of them that were put in the orphanage. Doug was two weeks old. He is interested in finding his siblings; he went through the Moncton hospital records to no avail. It seems that he may have been francophone with the last name Richard and they changed his name to Brown. The people who visited the home would fuss over the small children; when asked his name he sometimes answered Douglas Peter Richard and right away he would be corrected. Most of the time there was no paper trail when the children were brought to Miss Crisp, unless the family helped with their support. It was said that a priest was to come and take them, but being there were no papers would they take the right ones? Apparently the older girls stopped them from taking him by hiding him in a closet. Maybe the girls enjoyed playing mother so they ensured that no one would take him. He had a flash of memory at his visit to the house. Upon seeing the stairway he remembered that there was a room on the lower level right next to the stairway as you start up the stairs. He knew there was a

bedroom there, the memory that he had was when he was about two and a half years old; he was laying in the middle of the bed his head on the pillow with two girls on each side of him tickling him to death confirming to him that these girls enjoyed using the little ones as play toys.

Also during his nostalgic visit he looked into the living room, he remembered where the Christmas tree stood; over in the corner by a fireplace. The children received lots of books for presents, one time he had 19; he kept the books for years, even though he wasn't a book reader.

There was another boy the same age as he, Leslie; Doug remembers a day that they got into trouble. Every day Clyde Jones and his team of horses would come out on Reeder Road and Leslie and he would play chicken with the team, standing in the road until the horse's noses nearly touched them, then they would run back into the driveway. One day after running back to the driveway they looked back and there was the team of horses following them. Well Aunt Mary gave them both a good switching. He sat on the back step crying his eyes out when

someone came out and passed him a piece of fresh bread and jam, that was the first piece bread with jam he remembers having. He used to sit and play outside the pantry window playing,

smelling the bread just waiting for dinner. Mostly the sweet stuff was given to the older children, sometimes the little ones got an empty juice bottle then they would put water in it, swish it around and enjoy a somewhat sweet drink.

True to her word Florence returned, now married to Rainsford McDonald, ready to adopt one of the children. She decided to adopt Leslie because she knew that Douglas would be adopted seeing that everyone made a fuss over him. Doug was adopted by Cliff and Phyllis Sentell, but they had problems keeping him home. Many times he would go up to the orphanage and his mother would have to go get him and bring him back to his new home. She noticed arriving back he would go right to the piano. She promised him that if he would stay with them she would teach him to play the piano. She brought him his first toy, a little Scottie dog and he still has it although there is not a hair on it. Then he stayed with his new family, but every day he would go up to play with the children. Later they moved to the old Sentell farm, he wondered if it was because his dad worked on the railroad.

His mother made him a cake on his birthday and invited the children from the home, Les, Kenny, and John McDonald and others; his mother wrapped coins in paper and hid them in the cake, that was his sixth birthday. Later on they moved back to their original house.

Doug says there are only five of the original children living to date, a Cathy who lives in Ontario, a loan manager for a bank, Art Carothers in Ontario, Elizabeth Hooper in Moncton and Leslie and himself.

Doug hopes that someday someone will upon hearing his story will remember something of the days he was in the Mary Crisp Home. Maybe somewhere he has family.

Doug said, "I know who I am but I don't know who I was."

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# LOCAL NEWS & VIEWS

## MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
- The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
- It is also a venue for business to advertise their products and services each month.
  - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
- Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.  
 The office is in the Maritime Motorsports Hall of Fame located at :  
 5 Hooper Lane, Petitcodiac, NB E4Z 0B4  
 Phone: 756-2110, Fax 756-2094  
 Email: [maritimemotorsports@gmail.com](mailto:maritimemotorsports@gmail.com)

### February Deadlines:

Editorial.....Jan 23  
 Advertising.....Jan 23



### ELGIN WOMEN'S INSTITUTE

The lovely country home of Winona and Ernie MacLean was the picturesque setting for the annual Christmas Party of the Elgin Women's Institute. Our elegantly dressed hostess welcomed us to her beautifully decorated home complete with festive touches everywhere we looked. Winona's always cheery helper, Karen Davidson, greeted us at the door with punch. Members and guests enjoyed a delicious potluck supper of a wide variety of casseroles, salads and desserts. After a time of tea and tarts, our entertainment committee, Moranda VanGeest and Zaheera Denath instructed us in a couple of hilarious games followed by a snowman craft. Great job girls! We shared in a swap gift exchange where everyone was delighted with the gift they had chosen. Finally the special evening had come to an end. The President, Hazelanna Carter, reflected on the past year and expressed excitement for the year to come. She thanked each member for their faithfulness and each guest for their interest in WI events and projects. If you are someone who is looking to get involved with a women's group where we share in learning, fun and community projects, please let us know. Come to our January meeting on Thursday, January 21, 2016 at the

Senior's building in Elgin. Attending a couple of meetings to learn about WI would be helpful in deciding if our group is what you are looking for. All ages are welcome. Our membership includes a wide variety of ages, backgrounds and interests. Friendship is always a big part of what makes our group successful. See you in January. Contact Hazelanna at 756-2531 or Karen at 756-8453.



## SCOTTY'S LAUNDROMAT

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### The Elgin Eco Association

The Elgin Eco Association held a potluck supper on its regular meeting date in December. The supper was enjoyed by young and old. A slide show of past events was presented. Many slides of the summer camp and Elgin day were enjoyed.

On Saturday several youngsters enjoyed a craft and jam cooking morning. It was a lot of fun and definitely worth a repeat. It was free and the children took home Apple Caramel jam, 3 beeswax candles and a painted rock with a Christmas scene on it.

The EEA will continue to put on programs for youth as long as

volunteers remain available. If you have children that enjoy outdoor activities like hiking, snowshoeing, summer camp, crafts or cooking please consider signing up for the EEA. We also have a \$500 bursary for a graduating student each year. People can donate money towards this fund if they like.

Also some trees are available for plaque placement for the sum of \$100.




In conjunction with The Active Community workgroup we will organize a winter event. Further information will be available on a later date. Keep an eye on this paper.

Our next EEA meeting will be held on January 7 at 7 p.m. in the Seniors Hall  
 HAPPY NEW YEAR TO ALL

THE ELGIN ECO ASSOCIATION



Petitcodiac Community Calendar 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Maritime Motorsports Hall of Fame</b> Open Monday- Friday 10am-5pm Winter Hours					<b>War Museum</b> Tours by Appointment. See back for details.	
<b>1 New Year's Day</b> -New Year's Day Levee @ Legion 						<b>2</b>
<b>3</b> -Church Services -Open Skate -Firemen's Bingo @ Legion	<b>4</b> -Air Cadets -Senior's Club -Pilates -Taking Time for Me -Walking Club -Open Skate	<b>5</b> -Geri-fitness -Kickboxing -A.K.A Dance Studio -Kiwanis -Youth Group -Children's Choir -Discovery Kids	<b>6</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Open Skate -Fit Camp @ PRS -Baby Massage Program	<b>7</b> - Legion Branch Meetings -Drop-in Play Group -A.K.A Dance Studio -Open Skate -Adult Skate	<b>8</b> -Jam Session -Walking Club -FUN-damental Play Group	<b>9</b>
<b>10</b> -Church Services -Open Skate -Firemen's Bingo @ Legion -"One More Moment of Christmas" @ Baptist Church -Healthy Strides Community Walk/Run	<b>11</b> -Air Cadets -Pilates -Taking Time for Me -Merry Makers 2 -Walking Club -Open Skate -Fit Camp @ Arena	<b>12</b> -Geri-fitness -Kickboxing -Women's Institute -A.K.A Dance Studio -Youth Group -Children's Choir -Discovery Kids	<b>13</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Open Skate -Village Council -Fit Camp @ PRS -Baby Massage Program	<b>14</b> -Book Club @ Library -Drop-in Play Group -A.K.A Dance Studio -Open Skate -Adult Skate	<b>15</b> -Jam Session -Walking Club -FUN-damental Play Group	<b>16</b> -Movie @ Library 
<b>17</b> -Church Services -SJA Adult Meeting -Open Skate -Firemen's Bingo @ Legion	<b>18</b> -Air Cadets -Pilates -Taking Time for Me -Walking Club -Open Skate -Fit Camp @ Arena	<b>19</b> -Geri-fitness -Kickboxing -ATV Club -A.K.A Dance Studio -Kiwanis -Youth Group -Children's Choir -Discovery Kids	<b>20</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Open Skate -Fit Camp @ PRS -Baby Massage Program	<b>21</b> -Drop-in Play Group -Petitcodiac Sportsman Club -A.K.A Dance Studio -Open Skate -Adult Skate -Foot Clinic @ Legion	<b>22</b> -Walking Club -FUN-damental Play Group	<b>23</b> -Full Moon Snowshoe @ Maple Ave. Park 
<b>24</b> -Church Services -Open Skate -Firemen's Bingo @ Legion	<b>25</b> -Air Cadets -Pilates -Taking Time for Me -Merry Makers 2 -Codiatic Classics -Walking Club -Open Skate -Fit Camp @ Arena	<b>26</b> -Geri-fitness -Kickboxing -A.K.A Dance Studio -Youth Group -Children's Choir -Discovery Kids	<b>27</b> -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Village Council -Open Skate -Fit Camp @ PRS -Baby Massage Program	<b>28</b> -Creative Writing Corner @ Library -Drop-in Play Group -A.K.A Dance Studio -Open Skate -Adult Skate	<b>29</b> -Walking Club -FUN-damental Play Group	<b>30</b> -LEGO @ Library
<b>31</b> -Church Services -Open Skate -Firemen's Bingo @ Legion						

January

**A.K.A. Dance Studio** -Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052

**Air Cadets** - 639 F.P.MacLaren Squadron Air Cadets meet Mon. at 6 pm at Legion. New members welcome.

**Arena**  
 Mon. Wed., Sun., 1:00 -2:30 pm open skate  
 Thursday 12:30 - 1:30 pm adult skate  
 Thursday 1:30 - 2:30 pm open skate

**Baby Massage Program** - Talk With Me Early Language Services. Wednesdays, 11-12:30 for 5 weeks (Jan. 6 - Feb. 3). Upstairs at the Village Office, 63 Main St. No charge. More info/register call Natalie Griffin at 756-0289 or Petitcodiac.rec@gmail.com.

**Children's Choir** - Ages. 5-12. Tues, 7:15 pm at Baptist Church.

**Church Services**  
 • Petitcodiac Baptist - Morning worship

10:50 am. Sunday School 9:30 am. Classes all ages.

- Petitcodiac Mennonite - Sunday School 9:45 am and Worship Service 11:00 am.
- St. Andrew's Anglican - Sunday Service at 9:00 am, Sunday school at 9:00 am.
- St. James United - Sunday School & service at 11 am.

**Codiatic Classics** - Last Mon. of the month, Kiwanis at 7 pm.

**Discovery Kids** - K-5. Tuesdays, 6:15 pm at Baptist Church.

**Drop-in Play Group** - Thurs. at St. Andrew's Anglican church from 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Christine 756-2296 for info.

**Fit Camp** - Jan. 6 - Mar. 30. 13 weeks. 2 nights. 2 locations. Mondays 7 - 8 pm at Kodiak Room, Petitcodiac Arena. Cost \$25. Weds., 7 - 8 pm at PRS Cafeteria. Cost \$30. Both nights for \$50. Group training, full body workout, exercise modifications for all

levels. More info/register call Natalie Griffin at 756-0289 or Petitcodiac.rec@gmail.com.

**Full Moon Snowshoe** - Sat., Jan. 23, 7 - 9 pm. Maple Ave. Park in Petitcodiac. Hosted by Mark Hazen. Guided tour of park trails. Snowshoes available to borrow. Info/register call Natalie Griffin at 756-0289 or Petitcodiac.rec@gmail.com.

**FUN-damental Play Group** - For 0 - 5 years. Games and activities focusing on fundamental movement skills. Fridays Jan. 8 - Feb. 5. 9:30 - 11:30 am @ Kiwanis. \$2 per family .

**Geri-Fitness** - (50+) Tuesday mornings from 10:00 - 11:00 am at the Kiwanis building. All welcome. Please call Tanya at 756-2198 for details.

**Healthy Strides Community Walk/Run** - Sunday. Jan. 10th  
 Kick start the New Year with Healthy Strides Active Community Group by joining

us for a community Walk or Run throughout the village at 2 pm starting at Village Office. No experience needed.

**Jam Session** - 2nd and 3rd Fri. night each month at Kiwanis from 7 - 10 pm. Contact Elva Greer for more info: 756-3926.

**Kick Boxing** - Boys & Girls Club on Tues at 7:30 pm. \$2/evening. More info at 534-2250.

**Kiwanis**  
 • Tues., Jan. 5 & 19, 6:30pm. New members welcome. Call Clinton at 372-4144 for more information. • Kiwanis Club requesting donation of \$80.00 per day for use of room in centre. \$20.00 extra for use of kitchen. Call Donna at 756-9085 for details.

**Legion** - 18 Kay St, Petitcodiac. 756-3383  
 • Fri., Jan. 1 - New Year's Day Levee - 1 - 5 p.m. Marshall's Hill providing music;

Petitcodiac Continued from pg 5

refreshments and snacks; Donation at the Door; 50/50 draw; tickets on a \$100 bill

- Sun., Jan. 3, 10, 17, 24, 31 Petitcodiac Firemen's Bingo - Fundraiser for Off Road Rescue Equipment; doors open at 6 p.m.; starts at 7 p.m. For more information, contact Chairman, Gary Jones - 871.0620
- Thurs., Jan. 7 - Meetings. Executive, 7 pm & General, 8 pm. installation of officers, weather permitting.
- Thurs., Jan. 21 - Foot Care Clinic at the Legion. 9 a.m. to 5 p.m. For Appointment call 433-5252 Press "0"
- Walking Club - Monday, Wednesday, and Friday, 9 - 10 am.
- Wednesdays - Dominoes - 7 pm.
- Merry Makers 2 - Jan. 11 & 25. 10 am - 2 pm. Cards, bingo, etc. with a light lunch at noon for \$6.
- **Legion Noon Meals. \$8.00.**
  - Jan. 6 - Roast Pork
  - Jan. 13 - Meat Balls or Liver
  - Jan. 20 - Chicken Breasts
  - Jan. 27 - Cod Fish
- Hall Rental: No charge if fundraiser. Other function: \$141.25

#### Library (756-3144)

- Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8. Closed Sun and Mon. Closed Jan. 1 & 2.
- Storytime (Ages 2-5) Wednesdays from 10:30-11 am.
- Adult Book Club - Thurs., Jan. 14 from 6:30-8 pm.
- Mid-Month Movie Matinee (Ages 6-12)- Sat., Jan. 16 from 2:30-4:30 pm. Movie TBA.
- Creative Writing Corner (Ages 18+) - Thurs., Jan. 28. 6:30-8:00 pm.
- LEGO Construction Club (Ages 6+) - Sat., Jan. 30. 2:30-4:30 pm.

**"One More Moment of Christmas"** - Christmas music on Sunday, January 10 at 6:30 pm at the Petitcodiac Baptist Church. Freewill offering. Storm Date: Jan. 17.

**Petitcodiac Sportsman Club** - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

#### Petty Trailblazers ATV Club

• Meets 3rd Tuesday @ the Legion building at 7:00 pm.

- **Pilates** - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

#### Saint John Ambulance (at Kiwanis)

- SJA Junior group meets every Wed. at 6:30-7:30
- SJA Youth group meets every Wed. at 6:30-8:30 pm
- Adult meetings 3rd Sunday of the month at 1:30 pm

**Seniors Club** - 2 pm. 1st Monday of the month at Kiwanis.

**Taking Time for Me Weight Group** meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

**Village Council** - Meetings open to public. If you wish to address council, you must make a formal written request to office 48 hours prior. This Month: Jan. 13 at noon and Jan. 27 at 7:00 pm.

**War Museum** - Tours by appointment. Please call Cathy at 756-2068 for more info. Chairlift facility available.

**Women's Institute** - Meets second Tuesday of the month at 1:00 pm. Call Jean at 756-2985 for more info.

**Youth Group** - Tuesdays, 7:30 pm at Baptist Church. Middle School and High School.

## BLAST TO THE PAST

### with Hood Mascots & Radiator Caps

{{ MAGNIFICENT MASCOTS }}

In years gone by, hood mascots, commonly referred to as hood ornaments, graced the engine bonnets of many automobiles. From their first appearance in 1913 on the Rolls Royce silver cloud which featured the flying lady to the ubiquitous Pontiac Chieftan mascot. Some mascots were attached to the radiator cap rather than on the hood and came as standard equipment where as custom made ornaments could be purchased in the automotive aftermarket. They were manufactured from different alloys such as white metal, aluminum, chrome plated steel and some were even offered with gold plating at a premium price. A few came with a light that lit when the headlights were turned on. Humber, Packard, Buick, Oldsmobile and Pontiac featured mascots with lights. There were mascots that were artfully designed to highlight the luxury status of some very expensive motor cars. They spoke the words .... LOOK AT ME . I AM KING OF THE ROAD !!

In the following issues of this paper, we will feature more Magnificent Mascots.



### What's Cooking? In Winona's Kitchen

#### LEFTOVER TURKEY CASSEROLE

Layer 3 cups of cooked turkey in casserole dish.  
Add 1 can cream of chicken soup OR your gravy.  
On top of this put ½ chopped green pepper and ½ chopped onion. Some leftover vegetables.  
Next mix 1 package Stove Top Dressing according to package directions and put on top of casserole,  
Sprinkle with grated cheese.  
Bake at 350 degrees F. for ½ hour.



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## Local News and Views

### Garden column

By Mark Cullen

Credit line: "Mark Cullen appears on Canada AM every Wednesday morning at 8:40. He is the Lawn and Garden expert for Home Hardware. Sign up for his free monthly newsletter at [www.markcullen.com](http://www.markcullen.com)."

#### Dear Garden: I will change.

The experience of gardening is much deeper than a trip to the gym or flying a kite. A garden is our single greatest opportunity to connect with the natural world around us. Make no mistake; we are a part of a larger whole. As David Suzuki likes to remind us, we are animals, even though we live much of our lives in denial of this fact.

This is the start of a new year. The timing is perfect for a little reflection and for a deeper conversation with the garden that I live with. Come spring there is scarcely the time to contemplate what it means to cultivate, sow, plant, nurture, and harvest. All I want to do is get the heck out there and turn off the rest of the world.

With this in mind, I have made some promises to myself and, by extension, to my garden. Here is my position on the subject for 2016:

#### I will Listen More.

When I go into the garden, I defer the control of my environment to passing traffic, a train moving in the distance and oh yes – birdsong, wind passing through tree tops and, if I am really lucky, the buzz of a honey bee or hummingbird finding something of interest in a nearby flower.

This year I am going to be more attentive to such things. I will take more time to absorb the music of nature. I will turn off my cell phone. I will leave the power equipment in the shed whenever I possibly can in favour of a rake, a hoe, a walk-behind-reel-type lawn mower, and the myriad other hand tools that can "do the job" with a modicum of greater physical effort and time.

#### I will Observe More.

The fish in my pond rise up to the water's surface when I pass: a trained

response to the approach of the man with the food nuggets. When my Koi and gold fish arrive to say 'hello' I will take a little more time to marvel at their colours and notice their amazing movement.

There was the tiniest of bird nests in one of my dwarf apple trees this past summer. I only noticed it when I drove past it on the ride on lawn mower and it brushed against my shoulder. It belonged to a finch, mother-in-waiting who was more than attentive.

Next year I will get off the ride-on mower and spend more time wandering through my apple orchard without any specific purpose, other than just doing it.

#### I will Share More.

This New Years I am taking the time to look around me. Who can benefit from my garden? As my vegetable garden grows and matures throughout the season I bring the excess produce to my buddy Ted for him to sell at his deli. I don't charge him for it. He sells some of it right off of the shelf and the money is turned over to the local food bank.

This year I will ask Ted to make a list of the veggies that are of most use to him and I will plan the garden after his wishes, instead of planting what I like to grow.

And finally I plan on sharing more with readers. I believe that sharing my experience can encourage readers to overcome fears of failure, to pick up a trowel and give it a try. To get your knees dirty and feel good about it. To experience the experience of gardening in a fuller way. Then, perhaps, all of us will have made progress in 2016. And our connection to the real world around us will be that much better.



## The Doctor Game W. Gifford-Jones M.D.

### How to Reverse Pre-Disease

Samuel Johnson once remarked, "Nothing sharpens the wit so much as the knowledge you're going to be hanged in the morning." So if a doctor says, "Your blood sugar is borderline for diabetes" or "your bones are getting fragile", he's giving you a pre-disease warning. But does it ring the bell of trouble ahead unless you do something about it?

Dr. H. Gilbert Welch, Professor of Medicine at the Dartmouth Institute for Health Policy and Clinical Practice, is also the author of "Less Medicine, More Health."

Welch says we should keep in mind that, "Virtually everyone, as they get older, develops some sort of pre-disease". The outward appearance of wrinkles and graying hair are for all to see. But kidneys, hearts and all the other hidden organs also age. So Welch warns there's a tendency for doctors to over-prescribe pre-diseases that can be corrected by other means.

According to a report in Consumer Reports on Health, about 37 percent of adults in North America have pre-hypertension. Studies show that if you're overweight, smoke, drink too much alcohol, rarely exercise and have a family history of hypertension, you're more likely to develop borderline BP and finally hypertension.

So what should you do about it? First, make sure you have bone-fide increased BP. Some people on medication show "white coat hypertension" due simply to being in a doctor's office, or having just consumed caffeine. To prevent a lifetime of medication, test your BP in a pharmacy, or buy a blood pressure cuff to take readings at home.

Today, there is no convincing evidence that treating pre-hypertension by drugs prevents the development of high blood pressure. But studies show that dropping nine pounds will lower blood pressure 4.5 points.

Health authorities also stress that it's important to exercise moderately three to four times a week. It also helps to consume no more than 1,500 milligrams of sodium daily, a little more than half a teaspoon, and to limit alcoholic drinks to two a day for men, and one for women. And to follow a diet rich in fruits, vegetables, whole grains, low fat dairy products, fish, skin-less poultry and lean meats.

Pre-diabetes is now a major problem and

affects 38 percent of North Americans. It's present when the average blood sugar over a period of three months, or a fasting blood sugar, is higher than normal.

One would think that this diagnosis would get people's attention. But according to the Centers for Disease Control and Prevention, up to 30 percent don't make lifestyle changes and eventually develop Type 2 diabetes.

This is a huge mistake. Calorie reduction and exercise can decrease the risk of Type 2 diabetes by 59 percent over a three year period. Reversing this trend also means a decreased risk of heart attack, stroke, kidney failure, blindness, foot damage and possibly Alzheimer's Disease.

Let's end with some good news. It's estimated that in North America 45 million people have osteoporosis. But, according to a study in the New England Journal of Medicine, most of the time osteopenia is best treated with diet high in calcium along with 800 IU of vitamin D, and weight-bearing exercise such as walking. Authorities say the evidence that osteoporosis drugs help during this stage is inconsistent.

Dr. Marvin Lipman, medical advisor on Consumer Reports, states that about 30 percent of older adults are reported to be suffering from advanced chronic kidney disease and have received needless drug treatment. In effect, doctors should realize that kidneys age, but it's a slow process, and not to over-treat.

Others over 65 are often taking thyroid medication to treat an underactive thyroid. But unless there are symptoms such as dry skin, fatigue, severe constipation and weight gain they may not need it.

Knowing you have a pre-disease is a great benefit. It provides time to get serious about one's health and prevent a full-blown disease with all its complications. Prevention will always be better than cure, particularly when it's possible to treat pre-disease by lifestyle changes.

Isn't this better than facing a lifetime on prescription drugs?

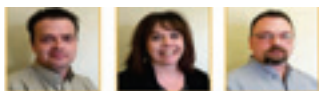
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### Grocery Store Back In Petitcodiac.



< Picture to left: Staff and Management of the New Foodland Store with some familiar and new faces.



roughly 8ft section of gluten free products

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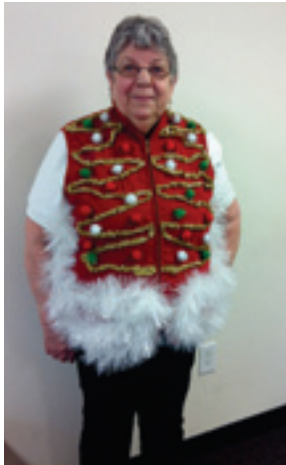
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Winner Lillian Lewis for having the ugliest sweater



Nancy Brace of Country Care Special Care Home host a games day every Wednesday at the Maritime Motorsports Hall of Fame. Pictures here is the group who partakes this is from the "Ugly Christmas Sweater" party



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Lion Clive Hobson, Belinda Renton of the JDRF Family Support Group, Lion Royce Girvan and King Lion Ross Alexander as the Salisbury Lions Club make a presentation to help their group support family's with type 1 Diabetes.

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Management and Staff would like to thank you for your patronage in 2015 and look forward to serving you in the new year.



May the new year bring you health, happiness and prosperity. May each and everyday of the New Year bring you lots of happiness and love.  
 Happy New Year 2016

**Hours (effective Dec 27/2016)**

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**GUEST SPEAKER- MARK BLACK**  
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 AFRICAN DRUMMING WITH CHRIS MERSEREAU AGES 9-12 AND 13 & UP  
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 2016**

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Provided to Local News and Views from Janna Lounsbury

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Committee Members  
Megan Smith, Janet  
Bannister and Josie and  
Hayden  
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mittee,



Golf- Captain  
Doug Rogers with  
Petitcodiac Golf  
Course President  
Marilyn Pollack For  
the Junior Program  
Petitcodiac Golf  
Club Youth  
Program



Youth House- Fire-  
fighter Adam Rourke  
with Christina  
McCully  
Youth House



Church- Deputy  
Chief Peter Saunders  
with Mackenzie Hiltz  
Petitcodiac Baptist  
Church Youth  
Ministry



With the new year right around the corner (and with it resolutions)

**2016 Biggest Loser** at the  
Maritime Motorsports Hall of Fame  
5 Hooper Lane, in Petitcodiac.

Initial weight in will be January 7, 2016.

Program will consist of 10 weeks with last weigh in on March 17, 2016.

Cost will be \$30.00 per participant plus a \$10 fee for penalties (if you do not use your \$10 penalty money you get this back at end of program). Weigh in will be every Thursday from 10:00am to 5pm and from 6:30pm to 7:00 pm. (or we can try to make arrangements)

Prize money from registration will go as followed: 1st prize 70%.

2nd prize 20% and 3rd prize 10%.

Money from penalties will be another prize.

For more information please call Jennifer at 756-2110 or 588-7619 ( will be out of office Dec 24 to Jan 4) or email at [jenniferhebert3@gmail.com](mailto:jenniferhebert3@gmail.com).

Happy to announce that we have joined forces with Healthy Strides - for this Biggest Loser Challenge to help keep us motivated and active throughout the program.

**Event List for January**

**Community Walk/Run** - Sunday January 10th

- Kick start the New Year with Healthy Strides Active Community Group by join us for a community Walk or Run throughout the Village of Petitcodiac on Sunday January 10th at 2 pm. No experience needed, just your two feet and a heart beat! Route to be determined.

**Full Moon Snowshoe** - Saturday January 23rd

- Come join us for a guided tour of the Maple Avenue Trails. Bring your own snowshoes or borrow a pair from us at no cost! Please dress warmly, head lamp and whistle recommend. Stay afterwards to warm up around the bonfire and enjoy some hot chocolate!



Being healthier doesn't have to mean overhauling your entire lifestyle. Sometimes all it takes is a few simple changes.

# CLASSIFIED

Let the classifieds help you list apt for rent, sell your items, or announce your special occasions.

Cost: \$5 for 20 words or less & \$15 for over 20 words.

Please drop off information at 5 Hooper Lane, Petitcodiac (the Maritime Motorsports Hall Of Fame building) during our business hours: Monday to Friday 10 a.m. to 5 p.m. For more information please call 756-2110

## ADULT EDUCATION

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372-5025  
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Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

## FOR Sale

1956 Oldsmobile  
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Garage tools and equipment for sale.  
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Good idea for Christmas a Unique one of a kind image from a Kodak ektachrome slide put on canvas in a professionally framed 16" by 20". Close up of a tree covered by moss. Has appearance of a painting. Very beautiful to hang in your house. An absolute head turner! Asking \$ 75.00 obo. 372-5353

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## Birthdays

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## UP COMING EVENTS

### GAMES DAY

Being held every Wednesday at the Maritime Motorsports Hall Of Fame, Last day for Christmas break is Dec 16th and will resume January 6, 2016

Every Sunday  
Second Elgin United Baptist Church  
986 Prosser Brook Road  
Sunday Service 11:00 am

Steeves Settlement Baptist Church  
- Jan. 10 & 24 - Sunday Afternoon  
Service at 3:00pm

One More Moment of Christmas  
Sunday, January 10, 2016 at 6:30pm

Petitcodiac Baptist Church  
Several churches in the Greater Petitcodiac area will present Christmas music and offer up prayers for the New Year at the Petitcodiac Baptist Church on Sunday, January 10, 2016 at 6:30pm. (storm date January 17, 2016 – same time and location)

The offering will go to support a Syrian Refugee family, which some of the local churches will be sponsoring.

Come, bring a friend, and enjoy one more unhurried time of celebrating the Reason for the Season.

For more information, contact Fran Jones at 756-2240.

Weekly 50/50 Draw  
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## Thank You

Kimberley Ann Soucoup 1960-2015

The family of Kimberley Soucoup would like to thank everyone for the love and support shown to us during the loss of our loved one. Thank you to all who offered condolences through cards, calls, flowers, memorial donations to the Friends of the Moncton Hospital and your presence at the funeral service.

Kim, you will be missed forever, but you know you will live in our hearts forever.

## Thank You

Cyril and Marilyn Beaman wish to thank their family and friends for attending their 50th Wedding Anniversary. Thanks for the gifts, cards and phone calls.

Special thanks to the organizers, musicians, decorators, and to those who provided and prepared the lunch.

You made our Special Day Extra Special

## Public Service Announcement

A family law workshop on the topic "Doing Your Own Divorce" is being offered in Moncton on January 27th from 6:30-8:30pm, at the Moncton Public Library, 644 Main Street. The presenter is Sheila Cameron, local lawyer.

This family law workshop is part of a monthly series called Navigating the Family Justice System. It is an initiative of Public Legal Education and Information Service of New Brunswick (PLEIS-NB).

The workshop is intended to help individuals who are handling their own family law matters to better understand how to complete and file forms and follow proper court procedures for an uncontested divorce.

Pre-registration is required. To register, complete the on-line registration form or call the toll free Family Law Information Line at: 1-888-236-2444 or 506-453-5369.

There is a \$20 fee to help offset the cost of the participant's guide, forms and information package.

Are you or someone you know looking for a space to hold:

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## OBITUARIES



**Stillman Leonard Kierstead**, 82, of Country Care Home, Intervale passed away Friday, December 4, 2015 at his residence.

Born in Havelock, he was the son of the late Ottie and Eva (Carson) Kierstead. Stillman had a great passion for the outdoors. He enjoyed

hunting, fishing and going for drives and he especially loved his ice cream and lemon pie.

Survived by his four children Connie Lockhart of Havelock, Sharon (Randy) Shannon of St. John, Daniel (Darlene) of Saskatoon and Daisy (Andrew) Totten of Salisbury and wife Theresa Wilson; sisters Louise (Albert) Black of Coles Island and Luella Beck of Petiotcodiac; brother Vergil Kierstead of Sussex; sister-in-law Nancy Kierstead of Coles Island; ten grandchildren; one great grandchild; several nieces and nephews. Stillman was predeceased by his brother Eugene, his sister Bernice Alward and infant sisters Sadie and Vivian, his brothers-in-law Charles and Leslie.

Special thanks to Nancy and all the staff of the Country Care Home for their exceptional care, along with special thanks to the waitresses at the Salisbury Big Stop who always made him feel so special.

Resting at the Salisbury Funeral Home, 3350 Salisbury Road (372-4800) with visiting Wednesday, December 9 from 7 to 9pm and from where the service will be held on Thursday, December 10 at 1pm with Rev. Bill Parks officiating. Interment will be at the Salem Community Cemetery.

If desired, donations to the Heart and Stroke Foundation, Canadian Cancer Society or a charity of choice would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

## OBITUARIES



**Mary Jane Beck**, 88, of Salisbury passed away Tuesday, November 24, 2015 at the Moncton Hospital.

Born in Kent Junction, Kent County, she was the daughter of the late Benjamin and Nioma (Whalen) Wylie.

Survived by her children Twila Jones, Bernie Beck, Marlene Christie (Steven) and Nicholas Beck (France); eight grandchildren; sixteen great grandchildren; brothers Gordon Wylie (Theresa), Carl Wylie (Ann), Clarence Wylie (Jessie) and James Wylie (Sandra); sisters Margaret Leitch, Annie Whalen and Elva Strain (Gary) and several nieces and nephews. Predeceased by husband Alvin and brothers Mack, Martin, Ben, Joseph Wylie and sisters Nioma and Stella.

The funeral will be held at the Salisbury Funeral Home, 3350 Salisbury Road (372-4800) on Saturday, November 28 at 11 am with Rev. Tim MacKinnon officiating. Interment at Fair Haven Memorial Gardens.

In lieu of flowers, donations to the Canadian Cancer Society or a charity of choice would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)



**Brian Leonard Adair**, 63, of The Glades passed away Wednesday, November 18, 2015 at Port au Basque, NL following a sudden illness.

Born in Sussex, he was a son of Leona Hopper and the late Ronald Adair. Brian

worked for David Brown Trucking, and he was a past member of the Royal Canadian Legion Havelock Branch #86, and their Dart League and Cribbage Teams. He enjoyed spending time with his grandchildren.

Survived and sadly missed by his wife Joan (Brown); daughter Angie, Cassidy Lake; sons Troy, Saint John, Anthony (Tony) (Angela), Dieppe, Terry John (Melissa), The Glades and Jason (Ellen), Salisbury; thirteen grandchildren; brother Murray Adair; sister Verna; step-brothers and step-sisters and several nieces and nephews.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Monday, November 23 from 7 to 9 pm. There is no service by request. Interment at Fair Haven Memorial Gardens.

If desired, donations to a Living Memorial for the Family would be appreciated.

[www.keirsteads.ca](http://www.keirsteads.ca)

## OBITUARIES



**Deborah (Debbie) Charlene Bannister**, 56, of Upper Covedale passed away at home Sunday, November 22, 2015 surrounded by her loving family.

Born on Smith Road, River Glade, she was the daughter of Robert and Thelma (Smith) Plume. She

was a graduate of Gordon Grayden Memorial Secondary School, Mississauga, ON. Debbie worked alongside her husband in their family business Woodman's Welding, Petiotcodiac. She was an avid sports person playing competitive baseball and hockey and in later years recreational ball and hockey. In recent years she gave a lot of her time to achieving her fourth degree black belt in Taekwondo, then going on to become an instructor, teaching many of the local area children. Debbie loved to spend leisure time with her family at their cottage in Caissie Cape.

Survived and sadly missed by her parents Robert (Bob) and Thelma, Salisbury; husband of thirty-four years Kevin; son Matthew (Kyra Paddock), Beckwith Road; sister Donna Halliday (Dennis), River Glade; brother Danny (Jackie), River Glade; mother-in-law Carol Bannister (late Allan), Moncton; brothers-in-law Wayne (Charlene) and Quentin; sisters-in-law Diane Geddes (Larry) and Karen Congram (Ben); nieces and nephews Michael, Kristal, Nick, Stephanie, Amy, Brad, Patrick, Amanda, Wesley, Angie, Melissa, Scott, Robert, Stephanie, Alyssa, Adam, Lisa, Shawn, Andrew, Katherine, Nick, Emma-leigh, Real, Aimee, Gary and several great nieces and nephews.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Tuesday, November 24, 7 to 9 pm and Wednesday, November 25, 2 to 4 and 7 to 9 pm, and from where the funeral will be held Thursday, November 26 at 11 am with Rev. Tim MacKinnon officiating, assisted by Pastor Dennis Smith. Interment at Fair Haven Cemetery.

If desired, donations to the Canadian Cancer Society or charity of choice would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

## OBITUARIES



**Raymond Herbert Patterson**, 72, of Petiotcodiac and recently Jordan Life Care Center, passed away Wednesday, November 18, 2015 at the Moncton Hospital. Born in Manhurst, he was the son of the late Roy and Irene (Thorne) Patterson.

As a young man Raymond left home and went to Oakville, ON where he worked for the Ford Motor Co. and it was there that he met and married his beloved Anne Patterson. They returned to Intervale where they settled and raised their family and Raymond worked for a short time at Cement Cartage. He then went to work as the Manager of the Works Department in the Village of Petiotcodiac where he served faithfully for over 25 years until his illness forced retirement. Throughout his tenure as manager he was respected by the village residents and those who worked for him and was always ready to lend a cheerful helping hand. He also served his community as a volunteer with the fire department and in leisure time enjoyed fishing, hunting, working in his garage and spending time with his grandkids and a special young lady, Zhana, a survivor of the Chernobyl Nuclear Disaster, she became part of his family and truly the apple of his eye.

Survived and sadly missed by his wife of 49 years Ann; children Leeann Maye (Trevor) of Petiotcodiac, Gregory of Uganda and Gavin (Hong) of Vietnam; cherished grandchildren Dylan, Macee, Raymond James and Zhana; sisters Linda Marshall of ON, Lois Patterson of Moncton; sister-in-law Dianne Patterson of Petiotcodiac and several nieces and nephews. Predeceased by brother Bob and sister Betty Rhyno.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) with visiting Sunday, November 22 from 2 to 4 and 7 to 9 pm. The funeral will be held at the Petiotcodiac Baptist Church Monday, November 23 at 1 pm with Rev. Chris VanBuskirk officiating. Interment at Maplewood Cemetery.

If desired, donations to the Heart & Stroke Foundation, Canadian Cancer Society or Friends of the Jordan Life Care Foundation would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

## MEMORIAL

Place your memorial here  
\$5 for 20 words or less





News From The  
Maritime Motorsports Hall Of Fame

**LUXOR SHRINERS MINI KAR UNIT**

Inducted November 17, 2012  
As a Club

Their Motto "Having fun, and helping Kids".  
The Mini Kar Unit began in 1977, with ten Shriner members. based out of Moncton. They purchased their own miniature Model "T" style cars.  
The Unit paraded through the Maritimes, Ontario and USA.  
They now have 20 members in Moncton area, Annagance, Miramichi, Bathurst and Campbellton.  
In the early '90's the Unit purchased the vehicles from the original members and maintained them for the next several years.  
In 2003 new fiberglass bodied "vintage" micro cars, Honda powered were designed and built by a Shriner in Moncton, purchased with help of local businesses.  
Once a year they perform in Competitions, where they also learn more maneuvers.  
The Unit members attend over 20 special events each summer.  
They assisted in contributing over \$100,000, to date, to help the Luxor Shriners transport "kids" to Free care at the Shriners Hospitals.  
"We drive so kids can walk"



**Shriners**  
**Having Fun**  
**& Helping Kids**

LUXOR MINI KAR UNIT  
MONCTON, NB.

Comedy at Large

by Laurie Blanchard Salisbury, NB

• A cat died and went to Heaven. St Peter said, you've been a good cat all these years. Anything you want is yours! The cat replied, well, all of my life I lived on a farm and slept on wooden floors. I would love to have a fluffy pillow to sleep on. Instantly, the cat was given a very large plush pillow! A few days later, six mice died and when they got to Heaven, St. Peter told them they had been good mice during their life time. What would you all like to have? Well, said one mouse, we've had to run all our lives trying to get away from cats, dogs and even people with brooms. We would all love to have little roller skates. Instantly, all of them had rollers on their tiny feet and away they went happily. About a week later, St. Peter was checking on the cat to see if he was content. The cat replied, oh it's wonderful to have a nice pillow to curl up on. I've never been so happy and those little meals on wheels you supplied me are just delicious!

• Comedian Rodney Dangerfield says ... my wife wanted to get plastic surgery so I cut up all of her credit cards!

SIGNS OF THE TIMES

- Sign at the dry cleaners - Drop your pants here!
- Sign on a diaper service van - Let us lighten your load!
- Chimney Sweepers sign - We kick ash!
- Sign at a bakery shop - While you sleep, we loaf!
- Sign on a plumbers van - A good flush beats a full house!



Here's a little limerick seen on a tombstone in Arizona  
HERE LIES WILL SMITH  
AND SOMETHING VERY RARISH  
HE WAS BORN, BRED AND HANGED  
ALL IN THE SAME PARISH

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# Salisbury Welcomes "2016"



## CHRISTMAS DECORATING CONTEST

The Village of Salisbury held a Christmas Decorating Contest on December 12<sup>th</sup>. A big thank you to all those who entered the contests and decorated their homes or businesses this holiday season. Business winners received a donation to their choice of a local charity or organization. Congratulations to McTavy's General Store for winning 1st, Hair Care by Sharon for winning 2nd, and Salisbury Home Hardware for winning 3rd. Household winners received a donation to their choice of a local charity or organization or to keeping it. Congratulations to Rebecca Delarge for winning 1st, Gary & Sharon Ward for winning 2nd, and Bruce & Marlene Matheson for winning 3rd.

## WINTER PARKING

Just a reminder that for the purpose of snow removal no person shall stand or park a vehicle on any highway within the Village of Salisbury between the hours of 1:00 a.m. and 7:00 a.m., from the first day of November in any year until the first day of April in the following year.

## CHRISTMAS TREE DISPOSAL

Natural Christmas trees will be collected by Village staff from **January 4 to 15, 2016**.

Tree bags, tinsel, ornaments, nails, tree skirts, string, stands, etc., must be removed before placing the tree at the curb. Christmas wreaths will not be collected as part of the tree disposal program. Trees should be clear of snow and ice and easily accessible for collection.

Residents who wish to drop-off their Christmas tree can do so at the following site from **December 29, 2015 to January 15, 2016**;

**Village of Salisbury Wastewater Treatment Facility, 47 Government Road (In Designated Area)**

Christmas trees are shredded for the production of compost.



## DOG TAGS

Just a reminder that dog tags are to be purchased before March 31<sup>st</sup> each year. **A \$15.00 penalty will be added to the regular registration fee for tags not bought by March 31<sup>st</sup> and a \$50.00 penalty will be added to the regular registration fee for tags not bought by June 30<sup>th</sup>.**

Registration fees are:

- \$10.00 spayed or neutered dogs,

- \$30.00 un-spayed or un-neutered dogs.

Every owner of a dog(s) over the age of three (3) months, shall have such dog(s) vaccinated against distemper and canine parvo virus and must repeat this process every two (2) years thereafter.

Every owner of a dog(s) over the age of four (4) months, shall have such dog(s) vaccinated against rabies and every three (3) years thereafter.

An official receipt from a licensed veterinarian hospital with the breed, color, name of dog showing on receipt and also the veterinarian hospital tag number is required. **NO ONE WILL BE ISSUED A REGISTRATION TAG WITHOUT THE OFFICIAL RECEIPT.**

**Jessica MacDonald** will be our 2016 Animal Control Officers for the Village of Salisbury. She has been authorized by the Village Council to sell dog tags door to door. Dog tags are also available at the Village Office and at the Salisbury Veterinary Clinic. Please direct any complaints or inquiries to Jessica at 378-3627.

# HAPPY NEW YEAR SALISBURY

## Salisbury Health & Wellness Expo-Saturday, January 9, 2016 from 10 am-3 pm.

We expect over 30 vendors from the Health & Wellness community. There will be something for everyone and no admission fee!! There will be various information sessions to sign up for including: EFT Tapping, fitness classes, Kripalu Yoga class, Zumba class, Scouts Canada, children's story dance, diabetes prevention, prostate cancer info, etc. Special sessions requiring pre-registration by December 31 include: Adult cooking class with Chef Mark Biddiscombe \$20 fee (max 25), Kids cooking class with Lily Adams & Brenda Lewis ages 5-8 no fee (max 10), and African Drumming with Chris Mersereau ages 9-12 & 13-99. We are looking forward to another great expo!! Classes may be full but call if interested.. can't hurt.

## Salisbury Lions Club

### Working for the Community With the Community

**Bring in a nonperishable food donation and get \$1.00 off breakfast - all food donations are for the local food bank.**

The Salisbury Lions Club will be holding an "all-you-can-eat" pancake breakfast

Date: Saturday 16 January 2015

Time: 7 am to 10 am

Location: Salisbury Lions Club, 63 Peter St, Salisbury

Menu consist of pancakes, sausages, pure maple syrup (ED Smith syrup avail), donuts, muffins, coffee, tea and juice.

Cost: Adults - \$7; Ages 6 - 10 - \$3; Pre-school - Fee

## Salisbury Home and School

has great options available for school clothing. JMA, Salisbury Middle and Salisbury Elementary Clothing and items available. For more info give Lori a call at 372-9883 or 866-5531

## St. John's Anglican Church,

Salisbury holds services every Sunday at 11am with Sunday School offered at the same time. Bible study is every Tues. at 7pm and the ACW meets on the second Tues. of each month at 2pm.



## SMS SHARKS CARING

SMS student council (left to right) Anna Ehrhardt 5/6 VP, Alyssa Wilson Secretary, Kathryn Doucette 7/8 VP, Lucy Kidney Treasurer and Mattigan MacLean President spent 6 weeks organizing, planning, executing fundraisers and motivating their classmates to support the Helping Hands Christmas Program. The girls worked during lunches after school and at home to make the events fun and interactive. Each year these kids amaze us with their enthusiasm to help the local kids have a Christmas to remember. SMS has been a big part of the program for 5 years and each year they do better than the one before. THANK YOU ! (teacher advisor Mr. Carter)

## Salisbury Baptist Church

Sunday January 3 at 11:00 am -  
Connie Thurber from the Pregnancy Resource Center of Moncton  
Sunday January 24 at 11:00 am - Teen Challenge  
All other Church activities have resumed and running at regular times.

## Salisbury United Church

Pastor Sim Rushton DLM 372-4746  
Information Line 372-5112  
Sunday Worship at 10:00 AM

Jan 3/16 Men in Black will be singing  
Jan 10/16 UCW meet at 2 PM  
Jan 31/16 Soup fest after service  
Good Will offering.

## I am NOT a Writer or English Scholar please read and Accept my Thanks

I am writing this letter to say thank-you to everyone who has helped Salisbury Helping Hands Christmas Program for the past 21 years. Yes we have been helping our less fortunate children that attend our schools that long. We reach out to those families in need and help our children have a great Christmas. Since the beginning we have had the same mind-set that all children deserve to have a Christmas to Remember. We focus on having a warm coat and boots then a few gifts and stocking stuffers. We then work to have a turkey dinner and groceries to help while the children are home for the holidays. Children love to eat and no parents wants to say those words "don't eat that we need to have food for next week". We have managed to collect a record 53 turkeys in less than 48 hours.

But none of our work could be done without the community we live in. I have been so proud to live here and having the chance to meet each and everyone of you. The local businesses that have stepped up and been big supporters, groups and organizations collecting and offering help in so many ways.

I fear naming them all and forgetting just one over the past years. The churches and congregations have been a vital part of filling the childrens' wish lists by taking a tag from the tree. Then with all the individuals that called and asked if there was anything they could do. Collection of Canadian tire cash has helped purchase items of outdoor enjoyment for the kids like hockey sticks, skates, sliders and boots.

I also appreciated my Elf's that shopped for me and picked things up at last minute. Our schools have been a big part of fund-raising and collecting non-perishables. The elementary school has been collecting food at there Christmas concert for the past 9 years. Salisbury Elementary has done fund-raising for the past 5 years and JMA Armstrong has been filling stockings and raising funds for stuffers. I have been amazed at past graduates that have come home each Christmas from university or college and offered to deliver gifts and food baskets. Students that are now grown and living adults lives throughout Canada offering to help with donations to get particular presents. We have seniors that have gathered to wrap presents and share wonderful treats and tea. To that person who made me aware that there are seniors in the Jordan Senior Care not receiving anything or anyone visiting at the holiday season, we started sending wee boxes of chocolates to each senior. This also enabled those that do have a visitor give a treat maybe to a grandchild that visits. Youth going door to door to gather non-perishables to help fill Christmas Boxes. We as a community have made so many differences. I have over the years received letters of thanks from the the children we have helped and they remember the Christmas as a special one and they offer help for another child. I have never held a child accountable for their household and the life they live. Most parents try their best and love their children and just can not get ahead. I am so grateful to our community in many ways. God Bless and thank you for the past 21 years. R.MacGee

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