



5 Hooper Ln, Petitcodiac

LOCAL NEWS & VIEWS

Promoting Local Business & People in
Our Surrounding Communities.

November Issue, 2013

Volume 4 #7.

MONTHLY BULLETIN

Ben Thorne is a 12 year old grade 7 student from Petitcodiac, NB. Ben is a pretty normal 12 year old. He loves all sports, has some really good friends and is a good student! Ben was diagnosed with Type 1 diabetes 2 1/2 years ago on Friday the 13th. He will tell you it was a very unlucky day! He was 10.

He started managing his diabetes with 4 injections a day, but switched to an insulin pump about a year ago. He was actually the first kid in New Brunswick to wear an Omnipod insulin pump. It has made his life a whole lot better because he does not have to eat on a schedule and can program his pump to give him the right amounts of insulin for what he eats!

Most people, when they think of diabetes think of Type 2 which is what 90 % of people have. Type 2 is more age and lifestyle related and can often be managed by pills, diet and exercise. Ben wants people to understand that Type 1 diabetes is an autoimmune disease and not like Type 2. He cannot take pills to help it and cannot fix it with diet and exercise! Managing diabetes for Ben is a daily balancing act between food, insulin and activity but Ben doesn't let his diabetes slow him down.

Ben got involved with the Juvenile Diabetes Research Foundation (JDRF) just after he was diagnosed and last year was picked as a youth ambassador for the Telus Walk

Ben Thorne picked as a youth ambassador for the Telus Walk to Cure Diabetes.

to Cure Diabetes. Since then he has spent his time volunteering, speaking publicly and raising awareness of Type 1 diabetes. He very much wants to live to see a cure, so he works hard to raise funds for JDRF!

He has had tremendous support in our community and his team "Bens Buddies" raised \$7,400.00 towards a cure for the 2013 Telus Walk! Many of his friends and family helped to raise money and walked with him to show their support! Ben is very proud to live in Petitcodiac!



In the past year Ben has volunteered or spoken at events like the Ride to Cure diabetes, Spin and Swish, JDRF walk kickoff, Touch a Truck and Atlantic Nationals.

Story continued on page 7

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Our Museum Showcases The History Of Maritime Motorsports

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LOCAL NEWS & VIEWS

MONTHLY BULLETIN

Local News & Views Monthly Bulletin is published once a month by the Maritime MotorSports Hall of Fame Inc.

The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up in each community. It is also a venue for business to advertise their products and services each month. It is intended to assist all the local Service Clubs in their endeavor to support their communities.

Local News & Views will tell the stories of Local People as they go about their day to day activities making a positive difference in their communities.

The office is in the Maritime Motorsports Hall of Fame located at: 5 Hooper Lane, Petitcodiac, NB E4Z 0B4 Phone: 756-2110 Fax: 756-2094 Email: martinendotors@gmail.com

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Lest We Forget

Commemorate Remembrance Day on the eleventh hour of the eleventh day of the eleventh month of the year.

REMEMBRANCE



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From the Editor

From the Editor

I lost my cap and one of the drummers picked it up with his drum stick and gave it to me.

Memories. There was lots of drumming in October, the 4th Birthday Bash & Ban

Supper, great to see so many of our adver-

tisers, the Diamond Ring

Dinner at the Legion, congratulations to

Sandra Driselle at the lucky

win, what a great crowd and meal, the Fire-

men's Award Banquet, lots of

Petcoats & great loss of SPOTS is very

heavy on many hearts.

Now in November we have our biggest

event, the Induction Ceremony and

Brunch, on the 16th and 17th. Tickets are

still available at the office.

Then there was the battery radio, you had to

have a license to have it.

Then the happy time was when the war was

over and there was a big

parade in Fredericton as we marched from up

town to the Baptist Church. I

Then the happy time was when my cousin was

called to go over seas, he was

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From your Editor:

Winona McLean

**Remembrance Day**

Remembrance Day also known as Poppy Day or Armistice Day is a memorial day observed in Commonwealth countries since the end of World War I to remember the members of their armed forces who have died in the line of duty. This day, on alternative dates, are also recognized as special days for war remembrance in many non-Commonwealth countries. Remembrance Day is observed on 11 November to recall the end of hostilities formalized "at the 11th hour of the 11th month"; in accordance with the Armistice signed by representatives of Germany and the Entente between 5:12 and 5:20 that morning. ("At the 11th hour" refers to the passing of the 11th hour, or 11:00 am) World War I officially ended with the signing of the Treaty of Versailles on 28 June 1919. This day was specifically dedicated by King George V on 7 November 1919 as a day of remembrance for members of the armed forces who were killed during World War I. This was possibly done upon the suggestion of Edward George Honey to Wellesley Tudor Pole, who established two annual periods of remembrance based on events in 1917.

The day was specifically dedicated by King George V on 7 November 1919 as a day of remembrance for members of the armed forces who were killed during World War I. This was possibly done upon the suggestion of Edward George Honey to Wellesley Tudor Pole, who established two annual periods of remembrance based on events in 1917. The initial or Very First Armistice Day was held at Buckingham Palace commencing with King George V hosting a "Banquet in Honour of The President of the French Republic" during the evening hours of November 10, 1919. The First Official Armistice Day was subsequently held on the Grounds of Buckingham Palace on the Morning of November 11th 1919. This would set the trend for a day of Remembrance for decades to come.

The red remembrance poppy has become a familiar emblem of Remembrance Day due to the poem "In Flanders Fields". These poppies bloomed across some of the worst battlefields of

Flanders in World War I, their brilliant red color an appropriate symbol for the blood spilled in the war.

Few Quick Facts on Remembrance Day

* Remembrance Day commemorates Canadians who died in service to Canada from the time of the First World War to current missions. It is held every November 11.

* South African War to current missions. It is held every November 11.

* The first Remembrance Day was conducted in 1919 throughout the Commonwealth.

* Originally called Armistice Day, it commemorated the end of the First World War on Monday, November 11, 1918, at 11 a.m.: the eleventh hour of the eleventh day of the eleventh month.

* From 1923 to 1931 Armistice Day was held on the Monday of the week in which November 11 fell. Thanksgiving was also celebrated on this day.

* In 1931, MP Alan Neill introduced a bill to hold Armistice Day on a fixed day - November 11. During the bill's introduction, it was decided the word "Remembrance" would be used instead of "Armistice." The bill passed and Remembrance Day was first conducted on November 11, 1931. Thanksgiving Day was moved to October 12 that year.

* The poppy is the symbol of Remembrance Day. Replica poppies are sold by the Royal Canadian Legion to raise money for Veterans.

* In Canada, Remembrance Day is a federal statutory holiday (except in NL, NWT, ON, and QC) as it is in most other countries in the world where this day is observed on the national level.

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PAGE 6.

LOCAL NEWS & VIEWS NOVEMBER

The Doctor Game

W. Gifford-Jones M.D.

Don't Ignore This Amazing Video

So do distinguished medical journals.

I've just sent an e-mail to my children urging them to watch an amazing, informative video and telling them to never, never forget what they've seen. The video was produced in New Zealand for 60 Minutes, the TV show that demonstrates the incompetence and sheer arrogance of some physicians. A man's life was at stake and close to ending. But fortunately, his son knew more than his doctors.

Allan Smith, a 57 year old New Zealand farmer, was struck with a severe bout of the swine flu virus. He was desperately ill, unconscious and near death. His doctors wanted to remove life-support technology. But his son refused. He pleaded that his father be given large amounts of intravenous vitamin C. The doctors were recalcitrant, but agreed only after the family brought in their attorney.

The video shows X-rays of Smith's clogged lungs gradually clearing after receiving intravenous vitamin C. He gained consciousness and eventually recovered. One would have thought that Smith's escape from the jaws of death would have made an imprint on the minds of his physicians. But it never penetrated their skulls.

One doctor, interviewed by the media, argued that he prescribed drug-nutrition, when they had obviously failed. Nor could he defend the fact that the doctors were about to let Smith die.

He was unaware that in 1950 Dr. Frederick Klenner, a North Carolina doctor, proved that high doses of intravenous vitamin C could cure polio, measles, encephalitis and other viral diseases. It's tragic that this scientific fact is unknown to 99.9 percent of doctors.

For the last couple of years I've written about Med-C Plus, a powder containing high doses of vitamin C and lysine. This vitamin has shown that it can prevent, but also reverse, atherosclerosis blocking in coronary arteries and prevent heart attack and stroke.

Two-time Nobel Prize winner Linus Pauling explained years ago that animals manufacture collagen, the glue that holds us together, and a lack of it triggers heart attacks.

Now, Dr. Sydney Bush, an English researcher, has proven by arterial photographs that this combination restores blocked vessels to normal. Photos don't lie.

So what has happened with this scientific finding? It continues to collect dust while cardiologists who should know better, continue to ignore this revolutionary discovery.

PAGE 7. LOCAL NEWS & VIEWS

Ben Thorne Story Continued from front page

Youth to 'Kick Diabetes' at CFL game



To top off this year, Ben was given the opportunity to "kick diabetes". Sunlife Financial celebrating its 101st year, had a kick diabetes campaign where they would donate \$101 to JDFR for any successful field goal during any CFL game this year. They decided that the first ceremonial kick at the Touchdown Atlantic football match in Moncton this year would be a great opportunity to showcase their charity! Sunlife Financial contacted the local JDFR office to see if there was anyone who would deserve the opportunity. Their story made the cover of the Moncton Times & Transcript.

Ben made the opening kick at the CFL game between the Hamilton Tiger Cats and the Montreal Alouettes at the Molson Stadium on September 21st as part of the Sun Life Financial Kick Diabetes campaign. He said "I was pretty awesome!" just being on the sidelines and meeting everyone was very cool too!

Ben is very lucky to have had so many opportunities to spread awareness about Diabetes and is very determined to never let his disease stop him from doing everything he wants.

NB Trail Permits Now Available

Visit www.nbsnbsa.com

Print the Application form and bring to anyone of the 36 Service News Brunswick Outlets

Club #20

Get the early bird prices before Dec 15th!

Washer Toss League

Maple Street Washer Toss League had their final of the season with a tournament & a buffet of finger foods.

Thanks to all the players who competed to give us a great season & for the thank you gift. See you next summer

Ray & Jeane Duncan

Money prizes were passed out for the

1st – Sandy Duncan

2nd – Bob Decker

3rd – Claudette Dryden

4th – Fenne Armstrong

5th – Barb Lewis

6th – Darlene Wade

7th – Retta Ward

8th – Marsha MacLeod

9th – Larry Stevens

10th – Jim Sturret

NOVEMBER

Danny Pollock

The hard working kitchen volunteers Freda and Vincent OBriens, Albert and Maria Jackson, Aubrey Trues, Mille Lane, Jim Perry and Kath Adams served up a delicious meal.

Planning committee members Charlene McCullly, Sherry Perry, Phyllis Taylor, Marilyn Date Baker did a remarkable job!! Cindy Dey for selling tickets on our purple tables.

It has been said that "if everyone is moving forward together, then success takes care of itself"

The amazing support shown for this event by the volunteers, prize donors, and ticket holders assists the Legion to continue to support their community.

Please join us next year for the 23rd Annual Diamond Ring Dinner on Saturday October 18th, 2014.

All ticket holders received a prize with the top three prizes won by Kim Thorne, Janice Sasseville 20th, for 2013 ticket holders and Sandra Drisdelle winning the beautiful diamond ring.

The entertainment by the Sons of Italy, a traditional Catholic band, featuring members Georgie Kay, Crystal Jones, Alan Latty and Don Sage delighted our guests.

As MC and Chairman of the Diamond Ring Dinner Committee I appreciate the tremendous work and dedication shown by volunteers who spent countless hours planning the event, collecting prizes from our generous donors, cooking, decorating and ensuring the success of the dinner.

Servers for the dinner were Bobby McCullly, Ralph Baker, Wally Stiles, Matt Pickett, Donnie Constantine, Taft Taylor and of Guel. Please to left >

YOUT!!!!!!

Sincerely,

Joan MacAlpine -Shires, Chairman

A BIG ARTIE! THANKS TO ALL OF YOU!!!!!!

YOU!!!!!!

CHEERS

DANNY POLLOCK

2013 Diamond Ring Dinner

Petticodiac Legion

A room skillfully decorated by Tanya Brown in a traditional Celtic theme, accompanied by the folk music of Ireland and the Scottish Highlands had hands clapping and toes tapping for the 2nd Annual Diamond Ring Dinner.

Sponsored by Petticodiac Legion Branch #41 on Saturday, October 19th, this important event funds community services such as Veterans Support Services, Bursaries for students, Air Cadets and many other charities.

The popularity of this dinner has grown tremendously. The generosity of area businesses in Petticodiac, Salsbury, Hawkesbury, Sussex and Moncton, combined with individual donations have contributed to this dinner's success.

Please join us next year for the 23rd Annual Diamond Ring Dinner on Saturday October 18th, 2014.

Tickets go on sale September 8th thru September 20th, for 2013 ticket holders and on September 22nd to the general public.

A HFARTIE! THANKS TO ALL OF YOU!!!!!!

YOU!!!!!!

YOU!!!!!!

CHEERS

DANNY POLLOCK

2013 Diamond Ring Dinner

Petticodiac Legion

A room skillfully decorated by Tanya Brown in a traditional Celtic theme, accompanied by the folk music of Ireland and the Scottish Highlands had hands clapping and toes tapping for the 2nd Annual Diamond Ring Dinner.

Sponsored by Petticodiac Legion Branch #41 on Saturday, October 19th, this important event funds community services such as Veterans Support Services, Bursaries for students, Air Cadets and many other charities.

The popularity of this dinner has grown tremendously. The generosity of area businesses in Petticodiac, Salsbury, Hawkesbury, Sussex and Moncton, combined with individual donations have contributed to this dinner's success.

Please join us next year for the 23rd Annual Diamond Ring Dinner on Saturday October 18th, 2014.

Tickets go on sale September 8th thru September 20th, for 2013 ticket holders and on September 22nd to the general public.

A HFARTIE! THANKS TO ALL OF YOU!!!!!!

YOU!!!!!!

YOU!!!!!!

CHEERS

DANNY POLLOCK

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PAGE 8. LOCAL NEWS & VIEWS

NOVEMBER

PETTICODIAC VOLUNTEER FIRE DEPARTMENT

12 Members of the Petticodiac Volunteer Fire Dept. received their long service awards at a special banquet held on October 25th at the Maritime Motorsports Hall of Fame in Petiscodiac.

Provincial Service Awards were presented by Sherry Wilson M.L.A., Petticodiac Riding and

Federal Awards were presented by Fire Marshall Norman Tibodeau.

Receiving their awards were:

Tyson Lewis	15 Yr. Prov. Pin	20 Yr. Exemplary Service Medal
Brian Gaudet	25 Yr. Prov. Medal	20 Yr. Exemplary Service Medal
Peter Saunders	25 Yr. Prov. Medal	20 Yr. Exemplary Service Medal
Craig Kowlan	25 Yr. Prov. Medal	30 Yr. 1st Bar Esp Svc. Medal
Dan Paddock	25 Yr. Prov. Medal	30 Yr. 1st Bar Esp Svc. Medal
Lori Hosenman		30 Yr. 1st Bar Esp Svc. Medal
Doug Rogers		30 Yr. 1st Bar Esp Svc. Medal
Harry Wheaton		30 Yr. 1st Bar Esp Svc. Medal
Clinton Constantine		35 Yr. Prov. 1st Bar
John Morton	45 Yr. Prov. 2nd Bar	40 Yr. 2nd Bar Esp Svc. Medal
Gerald Jones	45 Yr. Prov. 2nd Bar	
Jerry Jones	45 Yr. Prov. 2nd Bar	

Mayor Grogan also presented Certificates and Service Pins form the Village to all Members.

Guest speaker was Oromocto Fire Chief Judy Price.



Below is a picture of Brian Gaudet, Maxine Rice (from Credit Union) and Murray Burnett holding a cheque in the amount of \$16,082.65 to be given to S.P.O.T.

FIRST FEMALE TO WIN A CHAMPIONSHIP



Congratulations to # 14 Alexandra O'Briens on winning rookie of the year at Petty Raceway in street stock division. Also for being the first female to win a championship in the history of Petty Raceway.

Back Row: John Morton, Dean Paddock, Doug Rogers, Tyson Lewis, Brian Gaudet, Lori

Hosman & Craig Nowlan. Front Row: Peter Saunders, Gerald Jones, Norman Thibodeau (Provincial Fire Marshall), Sherry Wilson (M.L.A. Petticodiac Riding), Gary Jones & Clinton Constantine



Russell Smith Jr. Car # 44 points 327

Mister Transmission Mini Stock

Mike Phillips car #42 points 365

C.Max Paint and Body Shop Street Stock

Alexandra O'Briens Car #14 points 289

GT Enterprise Sunbeam

John Andrews Car #10 points 390

GT Enterprise Sportman - Jones Auto

Body / Iwn 75s

Laurie Cormier

For more points and standing please visit the Petty International Raceway website www.pettyinternational-raceway.com

Above picture is Gary McDonough of Scotia Bank presenting cheques to Jim Morton from the Fire Dept. to go towards the purchase of road rescue equipment.

Thank you Janna Lounsbury for providing the pictures for the Fire Dept. Banquet.

PAGE 9. LOCAL NEWS & VIEWS

NOVEMBER

Christmas Bazaar

* Salisbury & Petticodiac & Surrounding Areas

FREE ADMISSION

November 29th & 30th
Friday & Saturday Only

HOURS OPEN FOR BUSINESS:

Friday 2:00 p.m. to 8:00 p.m. &
Saturday 10:00a.m. to 4:00 p.m.



Something for everyone
on your Christmas list!

Canteen Available

If you wish to drop off a nonperishable food item for S.P.O.T.
we will have a drop area

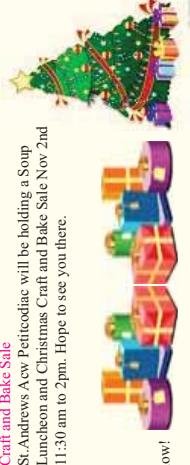
LOCATED AT

MARITIME MOTORSPORTS

HALL OF FAME

5 Hooper Ln, Petticodiac NB

Ph: 756-2110



MORE CRAFT FAIRS IN THE AREAS

Craft and Bake Sale

St. Andrews Acw Petticodiac will be holding a Soap Luncheon and Christmas Craft and Bake Sale Nov 2nd 11:30 am to 2pm. Hope to see you there.

"C" Company Country Christmas Jambooree
Hillsborough Kivians Center November 23 Admission \$10 at the door
For more information contact 756-2455. Don't Miss it, going to be a great show!



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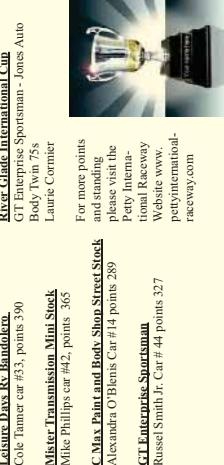
372-4760

Offering free delivery to customers in
Salisbury, River Glade, and Petticodiac

Become a fan on Facebook

Watch for our Facebook only specials!!

**COME IN AND SEE
OUR WIDE SELECTIONS**



Standing-Final

River Glade International Lacrosse

GT Enterprise Sportman - Jones Auto

Body / Iwn 75s

Laurie Cormier

For more points and

standing

please visit the

Petty Interna-

tional Raceway

Website www.

pettyinternational-
raceway.com

Leisure Days Re Bandukha.

Cole Farmer car #53, points 390

Mister Transmission Mini Stock

Mike Phillips car #42 points 365

C.Max Paint and Body Shop Street Stock

Alexandra O'Briens Car #14 points 289

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PAGE 12. LOCAL NEWS & VIEWS

NOVEMBER

Petitcodiac Regional School food collection for S.P.O.T.

The generosity in donations towards SPOT on October 17th was overwhelming. Students walked to the Petitcodiac Village Office today with your food donations this morning. It was incredible! We filled the school mini-bus plus two and a half ton trucks. In addition students contributed a \$62 monetary donation and teachers and support staff contributed \$50. This act of kindness was felt throughout the entire community.



LEWIS' YARD WORKS & SNOW BLOWING

Prior: Craig Lewis

Show Plowing or Snow Blowing

Tilling - Lawn Mowing

Very Competitive Prices!!!
Free Estimates

Phone: 756-2444

Cell: 856-0153

**War-Museum
Gets "The Boot"**
Submitted by Cathy Drury.

A lot has changed in the last few years with more space being added to the Museum and many more artifacts being brought in.

The Peitoctide War Museum will be cel-
ebrating our 15th anniversary this year on November 11th.

Letter, March 1918

Got the news this morning that of the 40 men I was sent to the line with there are only 7 left. George Windsor(?) from Hampton is still alive but has lost his arm and his foot. He is being sent back home by hospital ship soon. I can only hope when it is finally over, if fit enough, I will be taking all my pack home with me.

From a Post Card, 1919

Waiting to get back home but doing some travelling while I am here. Lucky to have made it through. Saw some nice churches in France, they must be hard to heat in the winter. Hope to be home my Easter. Lots of us waiting for our turn.

The War Museum will be open from 10:30 to 3:00 on November 11th.

January 1915

As you know by now I am coming back to Canada. Not by my choice, but because of a fellow who lives in our area. He recognized me and told my Lieutenant why I should be there. I want to stay and fight with the men here who have become my friends. I really believe we can win this scuffle and be home before summer. I will be signing up to come back just as soon as I am 18. They told me I have fought bravely. A piece of trench art, a boot carved from the wooden prop of a downed German plane from World War One. It even has the boot laces.

Diary Entry Feb. 1916

Saved a new man from getting his foot head shot off because he woke up and stood up andretched his arms up, and blowing out his breath into the cold air. Not only was he spotted by a sniper but they sent a few well placed shells our way. A few minor wounds but thankfully no one killed this time. When are they going to start training the new fellows the right way. So many of them have only been taught to march, or so it seems.

Diary Entry July 1917,

Back on the line after a week with a small

blighty (wound). I had forgotten the small

But you can still find places to go back in

time, to when a simple, hand written sign

with one word, "PUMPKINS", conveyed all the sales numero-jumbo you needed to know

to make a wonderful purchase and enjoy the "store"....

Rodder-Rick

PAGE 13. LOCAL NEWS & VIEWS

NOVEMBER

RICK'S RANT



Last month, my wife and I decided to make a little road trip to see the changing leaves and enjoy a cool, crisp fall day with a top down before winter sets in... and maybe even find that special Halloween punch! We came across an old barn with a weathered fence out front, a crude "halloween" sign which read "PUMPKINS" posted on one of the uprights. We turned into the tree-lined driveway and stopped near the barn. As I got out, I couldn't help thinking of 50 years ago when I spent my summers working on our family friend Paul's dairy farm in Cape Breton and the great old barn he had....

I got out of the Camaro and walked from the sunlight, through the large open sliding door to a wagon filled with orange globes of every size.... I stepped 50 years back in time. That barn looked and smelled exactly like the barn on Paul's farm. It was as quiet as a church. Streams of sunlight cutting through cracks in the weathered boarding illuminated the dusty hand-hewn beams that supported the hayloft. Bushel bags of sunflower seeds and empty bags were slung over a wire stretched between two beams. A few chickens scratched the floor near the bags, and a little cooed cat was curled up on the pile of sacks. The barn had the yellow scent of uncrowded, unhampered, gentle cows that would wander through, and the aroma of hay and grain stored for them for the winter....

Paul always kept at least a dozen jerseys that wandered in and out of the lower level of his barn, adding their own distinct smell as only jerseys could. It was a warm, musty aroma completely unlike the sharp smell of animals kept confined in their stalls, and this barn still had that aroma. There had been jerseys here, but not for a few years.

I noticed there were no oil stains on the floor of this barn. Neither had Paul's barn. He had never had a tractor, or gas engine, or even electricity in it... only horses, so there was never the acrid smell of gasoline or oil to mix with the soft aroma of jerseys and horses and grain and hay.

The old smooth board wagon with large, flared red wheels was parked in the doorway where wagon loads of loose hay would have been positioned for the overhead hayforks to unload. Now the hay was replaced with these fall-favorite gourds, their orange skin shining in the rays of sunlight. "Hoody..." came a soft-melodic voice behind me... "You like a pumpkin?" I said yes, talked about the good crop, its great variety of sizes, and asked the cost... "\$2 each".... The young fellow in the plaid shirt was a "man of few words". My wife chose a medium-sized nicely shaped one and paid my "woman" "Carry it out in the trunk. 'r'anks" I said, now realizing he must have thought "this guy talks a lot".

As we drove away, I couldn't help thinking how much has changed, but how much has remained the same. The radio in the car blared out an advertisement that spited out details so fast that you could hardly comprehend; seahawks and chimpas rolled by under the wheels; power poles and wires were strung across the landscape intertwined with billboards and signs trying to sell you something....

But you can still find places to go back in time, to when a simple, hand written sign with one word, "PUMPKINS", conveyed all the sales numero-jumbo you needed to know to make a wonderful purchase and enjoy the "store"....

Rodder-Rick

PAGE 13. LOCAL NEWS & VIEWS

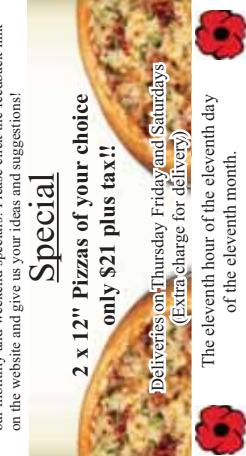
NOVEMBER

51 MAIN ST. • 756-2918



Please visit our website www.killamspizza.ca and check out our monthly and weekly specials! Please click the feedback link on the website and give us your ideas and suggestions!

Special



2 x 12" Pizzas of your choice
only \$21 plus tax!!

Deliveries on Thursday Friday and Saturday's

(Extra charge for delivery)

The eleventh hour of the eleventh day
of the eleventh month.



Special

\$100 REBATES UP TO

with the purchase of

4 selected Goodyear® or Dunlop tires.

Order by 11/30/2013

Delivery by 12/31/2013

Offer ends 12/31/2013

Goodyear® Tires

Dunlop® Tires

Michelin® Tires

Michelin® X-Ice® Tires



Above picture: Left to Right-President - Charlene McCullay, Mayor - Jerry Gogan & Campaign Chairman - Ralph Baker presented the 1st Poppy of the Poppy Campaign to the Mayor.

NOVEMBER

Everyday People

Submitted by Sheila Boissonault

True人生。It is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever the cost, but the urge to serve others at whatever the cost. (Arthur Ashe, quoted in Worth Publishing, by Bob Kelly)

This month's story is about an "Everyday hero", Wayne Gladstone, a member of the St. John's Ambulance Service in Salisbury.

He was born in Middlesex and his family moved to Salisbury. He attended the Elementary School grades 1-6, and then on to the High School, he graduated in 1962. Wayne, his wife, the sister of his friend is always around but it wasn't until High School that he noticed her, they had been several years working while they married. He started working while he was in high school. He helped to build the village swimming pool, also worked a year on the new high school, and then they moved to Ontario and he went to work for Astra Pharmaceutical. They returned to Salisbury in 1975 and he went to work for Kraft Foods for 10 years. Then he moved to Co-Op Atlantic to work in the warehouse. In late 73 Wayne joined and took the St. John's Ambulance course.

In 1974 John's Ambulance was started in Salisbury as a service to neighbours and to the villagers. At one time there were 47 members so they could pick their shifts. There had to be two members on call. In the daytime two women covered the shift. Sometimes at a scene if the St. John ambulance persons were needed someone else would drive the ambulance. Not always did what he had to do.

The ambulance was a Dodge van with a few lights, a siren, a stretcher which was a back board made of plywood and medical supplies.

The training took place at the village office during the day alongside evenings, and the members needed certain numbers of meeting during the year to be qualified as an efficient member. For some who had the time and kept a record of hours and badges earned this wasn't a problem but for the family man who worked through the week including evening shifts it was more difficult to get in all the training sessions needed. Sometimes Wayne would end up an inefficient member.

When members earned their "Serving Brothers Award" they went to Ottawa to receive these awards. St. John Ambulance were the only office wearing white, at first they were regarded as "out of place" because they didn't realize that the New Brunswick Office were the only ones doing emergency road service.

Carolyns realts going to Rideau Hall with Wayne to receive his certificate; a red carpet was laid out for them and an orchestra played as they entered the hall; she felt just as important as those receiving the awards. Of course she was for she was there for him

New Brunswick Lung Association

Recommends the Influenza Vaccine and the Pneumonia Vaccine.

Submitted by Barbara Walls, Director of Health Promotion

Influenza, commonly known as the flu, is a highly contagious infection of the airways caused by the influenza virus.

"The most effective way to protect yourself from getting influenza is to get vaccinated," states Barbara Walls, Director of Health Promotion at the New Brunswick Lung Association.

Wayne said that it took five minutes from when they got the vaccine and were out of the garage and ready to roll.

Who should be immunized?

1. All children from 6 months to 5 years of age
2. People 65 years of age and older
3. People in any age with chronic medical conditions placing them at risk of influenza-related complications
4. People capable of transmitting influenza to high-risk individuals should be immunized for influenza.

The best time to get immunized against influenza is October through to December but it is never too late to be immunized during influenza season.

"Some people think that influenza is a mild illness, but it can be a very serious illness in some people," says Barbara Walls. "While most people recover within a week or two, people over 65 years of age and children and adults with underlying chronic conditions can have more serious complications like pneumonia."

Pneumonia is an important cause of death in the elderly. Pneumococcal vaccine should be given to anyone 65 years of age and older, as well as adults and children two years and older who have high-risk medical conditions.

The New Brunswick Lung Association encourages New Brunswickers, especially those in the above categories, to get this year's influenza vaccine and to ask their doctor if they need the pneumonia vaccination.

Wayne went to many different scenes and everyone was different, some unforgivable.

Carolyn said the Wayne never talked about it, she said even if he wanted to know, just being noisy, but a couple of times seeing he was disturbed she confronted him and he shared the awful details.

One time on service they had a clergyman, Rod McCall and an undertaker, Dave Kieser. He called it wasn't that serious so they had an opportunity for a little humor, they said that they had it all covered here, they gave you the last rites and the other can bury you.

Thank you Wayne for sharing your story with us, and thank you to the many volunteers, our heroes, who in the past and in the present have served our communities.

Monday-Thursday 9am-5:30pm • Friday 9am-5pm ... Saturday 9am-5:30pm
Sunday Closed

Join our Facebook Page • Great Christmas Ideas & Gifts

Starting November 18th, 2013

9am-8pm Monday to Friday

9am-5:30pm Saturday

Noon-5pm Sunday

Sunday Closed

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NEW

Blakney's Septic Services

Now pumping out septic tanks

3537 Rte 106

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NOVEMBER

MARITIME PROVINCES HIGHER EDUCATION COMMISSION

(MPHEC) launches student photo and video contest to celebrate forth-anniversary

October 23, 2013 Students enrolled in Maritime universities are invited to enter the Maritime Provinces Higher Education Commission Student Photo and Video Contest for a chance to win one of six cash prizes. The MPHEC is launching the contest to kick-off its fortieth anniversary celebration.

"The Commission was established in 1974, and this academic year marks our fortieth anniversary working together with our public-at-large (including students), and the three Maritime governments. The Commission's primary orientation in carrying out its duties is to give first consideration to improving and maintaining the best possible service to students as lifelong learners.

Submitted by Meranda McLaughlin Maritime Provinces Higher Education Commission

education means to them, what quality represents their pathway to learning.

"We see this contest as a great opportunity for students to learn about our work and to let us know how they view their experience in the region's universities," added Dugan. The contest is open until January 31, 2014. Winners will be announced in spring 2014.

Additional details on the contest, including rules and entry forms, are available at <http://www.mphec.ca>. The MPHEC was established in 1974.

The MPHEC is an arm's length organization accountable to the minister's responsible for postsecondary education in the Maritimes. The Commission comprises 20 members representing universities, the public-at-large (including students), and the three Maritime governments. The Commission's primary orientation in carrying out its duties is to give first consideration to improving and maintaining the best possible service to students as lifelong learners.

The contest theme is "I'm a Student Experience". Participants are invited to submit a photo or 30-second video that illustrates their life as a university student, and, in particular, that demonstrates what a university

Through the 30 years they promoted several other race tracks in NB and NS. They were instrumental in many of this class and rule changes. One of their biggest thrills was bringing Dale Earnhardt and Alan Kulwicki to race at River Glade Speedway. 2000 Ernie was Inducted in the Canadian Motorsports Hall of Fame. 2004 Ernie began working with the Maritime Society of the Year. In 2004 Ernie was Inducted in the Canadian Motorsports Hall of Fame. 2004 Ernie was Inducted in the Maritime Motorsports Hall of Fame. In 2010 Ernie is still President and Winona is Managing-Director.

THE INAUGURAL JORDAN LIFE CARE CENTRE FOUNDATION INC. Golf Tournament held at Penticton Golf and Country Club on Sept 17th raised \$9,000 to support the Jordan LifeCare Centre Inc.

\$9,000.00 RAISED BY THE JORDAN LIFE CARE CENTRE FOUNDATION

Nursing home. Pictured above are (left) Flane Ramsey, Chair of the Board of Directors, Jordan LifeCare Centre and (right) Marlene Saunders, Vice Chair of the Jordan LifeCare Centre Foundation.

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**Continuation of last issue of
Patrick Last entrepreneur of the
year nomination**

This month's issue is a continuation from our previous interview with Patrick Last. Mr. Last has been nominated as entrepreneur of the year for South-Eastern New Brunswick. He is the first person in the outlying area of Salisbury, NB to receive a nomination by the CBDC.

Mr. Last is the President of Make It Last Incorporated and the owner of Salisbury Electronics & Computers. His business had relocated just over a year ago. It is now located at 3134 Main Street in the Village of Salisbury, NB.

Q: Mr. Last, have you found the transitioning of your business to be a difficult one?

A: I have found the transitioning to be quite a natural one. As the business grew, so did our need for more space. The timing was right for the move. While we have less people just browsing, we still have many loyal customers who seek us out, along with new clientele coming to us from all directions. Currently, we have brought in to our store a better selection of computers, which we also service. We feel it is important to backup our products. In preparation for the holiday season, we also now have an assortment of better quality remote control toys.

Q: In the last article we talked about how you are going to have a grand opening.

When do you anticipate this might happen?

A: We are aiming for the beginning of December. There's more stuff coming in all the

time, along with renovations happening and new staffing. It's an exciting time!

Q: You had also mentioned another aspect of Make It Last Incorporated that we were going to talk about it in this article. Can you give me some details about the other side of your business, that we are less familiar with?

A: Sure. Salisbury Electronics has a "sister business" called "EMFatik". The EMF in the name stands for electromagnetic fields. As an electronics technician, and being in the wireless and satellite communication fields, I have a deeper understanding of the effects and workings of electromagnetic fields. Many people today are concerned regarding the possible health consequences to our technologically advanced world. Some people are what we term "electrically hypersensitive". The term "sick building syndrome" is making a comeback. It used to apply only to issues around air quality and humidity, like toxic chemicals from glues and foam, and mold from high humidity and poor ventilation. Now it also applies to another invisible hazard, that of manmade EMF's. I teach people how to remediate or lesson electromagnetic fields in their environment.

Q: Can you tell us about some of the training you have done to be able to teach this?

A: I have gone through extensive training internationally in order to have the credentials of a "Building Biologist". I see a building as a living thing. There are certain requirements to make a building healthy for us to live in. I help people from the ground up. When people are considering building

a home, they may consult with me regarding placement on the land for optimal solar energy, water drainage, prevention of mold and mildew, and proper placement and shielding of wiring and electrical outlets. These are some of the services I offer.

Q: Do you also service commercially?

A: Yes. I go into workspaces and help people to create a healthier environment for themselves and for the planet.

Q: Is there anybody else that does what you do locally?

A: Currently, I am the only Building Biologist in Atlantic Canada doing construction consulting and building inspections. I am also the go to person for other Building Biologists internationally who want to have a deeper technological understanding of the electromagnetic aspect of wireless communications.

Q: This is quite different than its sister company. Do you feel that they conflict in any way?

A: I have felt that there was a conflict at various times. However, it was through my experiences in my first business that led to my deeper understanding to create EMFatik. When people come into Salisbury Electronics and they have an issue with electrical sensitivity, I can direct them to products and offer suggestions that will lessen the effects of the electromagnetic field while still allowing them to be in the 21st century. When people wish for me to install wireless technology, if the client seems open to it I may tell them that while this is convenient, it may not be the best investment in their health. I may also position things differently

than what other electronics technicians might, using my knowledge to their benefit, whether they realize this or not. Ultimately, I have to respect the choices of my clients. I provide the product and service that each customer feels is right for them.

Q: It sounds like a fascinating science. How can we learn more about this?

A: You can visit the website we have established for EMFatik at www.EMFatik.ca. You may also visit my booth at the upcoming wellness Expo in Dieppe on November 2nd and 3rd. I will be available there to speak of and demonstrate with my equipment some of what I do.

We wish to thank Mr. Last for his willingness to answer questions in this informative interview. We wish him the very best at the upcoming nomination presentation in Memramcook, NB. We will also look forward to his grand opening and all the things that Make It Last has to offer in our local area!



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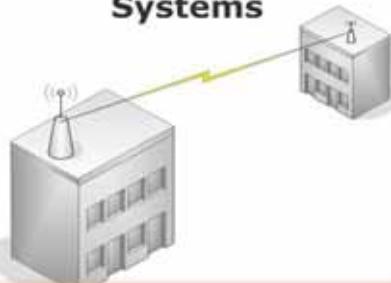
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