NB NS PEI
MARITIME Motorsports HALL OF FAME
5 Hooper Ln, Petitcodiac

LOCAL NEWS & VIEWS

Promoting Local Business & People in Our Surrounding Communities.

February Issue, 2015
Volume 5 #10.
MONTHLY BULLETIN

SALISBURY ELECTRONICS & COMPUTERS
3134 Main St. Salisbury
372-9990
Fuses to Batteries,
Cables to Ink,
R/C Toys to Laptops,
Computers to Toner,
Wireless Routers to Mice,
Printers to Monitors,
Wall Plates to Cell Boosters,
We Sell It ALL
Specials & Info @
www.makeitlast.ca

WINTER Carnival

See page 6 for Petitcodiac
See page 19 for Salisbury

History of Spot and Grand Opening of New Building Pictures.

History of SPOT (Support People of Today) 1986 – 2015
Prepared by Shirley Murphy

Definition of SPOT group: informal group of concerned citizens, committed to caring and sharing with others.

Our first Christmas we were off to visit seniors, shut-ins and do some carol singing. We had 2 bundles of apples, 2 cases of oranges and candy canes. We packed a box for a needy family December 22. We delivered fruit baskets, bought teddy bears for two young people who were ill. Already local groups wanted to help.

1987 – We kept raising money through dances, fudge sales, suppers. We registered 2 bursaries of $100.00 each for Bursaries Industrial Art Students at PRHS. At the end of November a special meeting was called – Community Volunteer Action Group or CVA wanted to partner and operate a clothing and food depot. In December Hollis Steeves guest speaker at our meeting (local MLA) had Wade's Shell Station for us to lease.

1988 – April the lease was signed and we were in business. Lots of maintenance needed to be done; we received a grant of $7500.00 from the government. In June we opened for clothing only. Volunteers from churches and schools did food drives. Deep freezers started arriving all used as well as a washer and drier were donated.

Old Location
Maple St.

New Location
5 Mill Rd.

The Grand opening was February 10, 1989. The facility was dedicated by Rev. Jazen / Master of Ceremonies was Rankin Smith. There were 80 people in attendance. We were opened Wednesday, Thursday, Friday and Saturday. We now had a cookbook project on board (100).

In April 1990 the basement was being prepared to house men's wear also 179 families had been served with food by this time.

In 1995 the department of Social Services brought a set of guidelines. As of 1994 sales were $1700.00. By 1996 we had a new furnace installed, new roof Labor Day weekend – all volunteers, gravel for the driveway and we put up outside lights.

By 1997 the food bank had helped 513 families and the grant was now $12,000.00. At this time there were talks that the government wanted to sell the building. In January of 2002 we acquired legal counsel to discuss the sale of SPOT.

February 2005 was devastating to say the least when we arrived at SPOT in the morning and someone had broken in and stole food. How could that have happened and

Continued Story and pictures on page 9

LN&V Now Online at our website : **www.maritimemotorsporthalloffame.com Ph:756-2110**
Also like our page on facebook Maritime Motorsports Hall of Fame

Acadia TOYOTA SCION
LAST CHANCE
to purchase a new 2014 Camry!
2014 CAMRY
RATES AS LOW AS 0.9%* FOR UP TO 84 MONTHS
OR REBATES UP TO $3,200*
*see dealer for full details
Dani Wheaton
Product Advisor
22 Baig Blvd., Moncton Hwy 15, Wheeler Exit '0' Tel: 857-8611 Toll Free: 1-800-961-4555

"Here For You"
Rob Moore, MP
Fundy Royal
832-4200
Toll Free 1-866-433-4677
www.robmooremp.com

HIL
3070 Main Street, Unit 2
Salisbury, N.B. E4J 2L6
Hamilton Insurance Ltd.
Auto • Home • Commercial
Representing more Insurance Companies
Call for your Personal and /or Business Quote today
Trevor Hamilton
Katherine MacLeod
Debbie Smith
Carter Embree
Scott Embree
Bus: (506) 372-5394
Fax: (506) 372-4002

Salisbury Funeral Home & Crematorium
3350 Rte 106
Salisbury West, NB E4J 3K3
Tel: 506-372-4800
David Keirstead – Funeral Director
Havelock Funeral Chapel
1961 Route 885
Havelock, NB E4Z 5M8
Tel: 506-534-2600
www.keirsteads.ca
Pre-planning in your home or ours.
Call for an appointment.

FEBURARY! Happy Valentine's Day!
How are your New Year's resolutions doing, or have you forgotten already?
We have been busy making plans for the Hall of Fame for this year. Our first event is the 4-wheeler draw on March 27, being held at the Petitcodiac Legion. Of course first prize is the Hunda 4-wheeler, 2nd is $1000.00 and 3rd is $500.
Then girls don't forget the Diamond Ring Dinner on April 18th. It is a great time and someone will go home with a new ring.
We don't make it a habit to print round the world, every day, news, but with the hit on "Freedom of Speech", there is one thing I want to say, think before you speak or write, because you can't hit the delete button after it is said or printed. Think about whom you are going to hurt, it might even be yourself.
Guy's I know you think there is lots of time before that first car show of the season, but really there isn't.
The Petty AutoFest is only 4 months away, on Saturday May 30th. Bring your vehicles but, maybe make it a swap meet as well. You probably have parts you don't need, and there are parts you want, or tools.
Now Guys, don't forget Valentines' Day, it don't have to be expensive, just thoughtful.

Your Editor
Winona McLean

Events Happening at the Maritime Motorsports Hall Of Fame 2015

10th Annual 4-Wheeler Draw to be held March 27 at the Petitcodiac Legion. Tickets will be on sale at the Hall
Ticket are 1 for $100 and 3 for $200
Call the Hall for more details (506) 756-2110

The 4th Diamond Ring Dinner this year will be Saturday, April 18th 2015.
More details to come in following papers
Tickets will be $50 per person.

Acadia TOYOTA SCION

NO PAYMENTS FOR 90 DAYS!*

Check out our indoor showroom!

Jim Musseau, Kevin Collette, Trevor Woods, Jen Cusack, Justin LeBlanc, Dani Wheaton

Tel: 857-8611
Toll Free: 1-800-961-7718
acadiatoyota.autotrader.ca

TOYOTA Certified USED VEHICLES
LOVE IT OR RETURN IT!*

50 Baig Blvd., Moncton

2011 Toyota COROLLA S
Must see this sporty Corolla S and priced to sell!
92K km
$11,493
$107/bi-wkly*

2014 Toyota CAMRY LE
Remaining factory warranty on this Certified Toyota!
43K km
$18,769
$138/bi-wkly*

2012 Toyota CAMRY
$19,494 63K km
$148/bi-wkly*

2011 Toyota SIENNA
$15,999 99K km
$147/bi-wkly*

2011 Toyota CAMRY LE
$13,990 79K km
$129/bi-wkly*

2012 Chevrolet Malibu
$10,726 51K km
$89/bi-wkly*

2011 Toyota COROLLA CE
$11,592 77K km
$108/bi-wkly*

2011 Toyota RAV4
$17,988 66K km
$165/bi-wkly*

2010 Toyota RAV4
$17,974
$192/bi-wkly*

2011 Toyota CAMRY LE
$14,464 72K km
$134/bi-wkly*

2010 Toyota RAV4
$18,479 61K km
$197/bi-wkly*

2010 Ford Fusion
$10,735 71K km
$117/bi-wkly*

2011 Toyota COROLLA CE
$12,443 31K km
$116/bi-wkly*

2009 Chevrolet Impala
$7,891 64K km
$88/bi-wkly*

*$0 deposit, oac, 72-mths financing for 2011 and newer models, taxes included; 60-mths financing for 2010 and older models, taxes included
*see dealer for full details

LOCAL NEWS & VIEWS

MONTHLY BULLETIN

• Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
• The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
• It is also a venue for business to advertise their products and services each month.
• It is intended to assist all the local Service Clubs in their endeavor to support their communities.
• Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.

The office is in the Maritime Motorsports Hall of Fame located at :
5 Hooper Lane, Petitcodiac, NB E4Z 0B4
Phone: 756-2110, Fax 756-2094
Email: **maritimemotorsports@gmail.com**

Editor.....Winona McLean
Layout/Ad Design.....Jennifer Hebert
Sales.....Angela Nicholson

March Deadlines:
Editorial..... Feb 20
Advertising.....Feb 19

If you are reading this, so are your potential customers!

Contact us for details. 506-756-2110

Event-Filled Year Ahead for Elgin Women's Institute

Seated around the dining room table at President Hazelanna Carter's home, eleven W.I. members discussed their plans for the coming year. Events to take note of: International Women's Day on Saturday, March 7th where we always welcome visitors from Elgin and surrounding areas and provide lunch. There was talk of a "perogie making session" and lunch to be held in spring (to be announced) -- a new and exciting venture -- but before that, another cooking class for children ages 5 to 14, jointly sponsored by the Elgin Eco Association and Women's Institute.

As always, healthful and delicious food is a mainstay at Institute events. This emphasis on nutrition is underscored by funding from the provincial "Healthy Eating" initiative and aims to familiarize young and old alike with the best choices and methods in food preparation. Plans are underway to buy new kitchen utensils for this very project.

Later in the year, Elgin W.I. will hold its always popular Country Auction and Music Night in May, our toe-tapping, get-a-bargain fundraiser. And of course, our Turkey Supper on the last Saturday of September remains a fall staple for those who love a hearty down-home meal at The Hall.

In the meantime, Zaheera Denath leads Yoga on Tuesday nights at 7 p.m. Plans are underway to open the top floor of The Hall in spring as a Community Library with books for all ages with particular emphasis on children's reading.

If you have ideas for other activities or would like to join us at meetings, please phone 756-2531 or get in touch with one of our members.

Why Organizations Hold Meetings By: Moranda van Geest

You might wonder sometimes why organizations hold meeting. First thing coming to your mind is probably, to annoy its members.

Nothing could be further from the truth. The members that attend these meetings are holding their boards of directors accountable.
You have probably heard in the past of money disappearing or unaccounted for or mandates not being taken seriously by the elected Board Members.
Meetings also provide accountability the insurance expects from the organizations they insure.
When people turn out for meetings it makes the board feel valued and that they do matter.
Meetings are also important as they are used to gage what has been done and what is to be done; to bounce off ideas, receive feedback, get to know the other members, receive approval for future programs or purchases as well as set who is to do what job.
It is the same work to prepare a meeting for a few people to show up as for everyone to.
Small grassroots organizations face more difficulty retaining momentum. They are not supported by a larger body to encourage them or receive constant feedback from higher-up. This support fuels organizations to stay the course.
It is important to be present when ideas are being discussed. Rather than disagreeing after plans have been implemented.
Meetings are invaluable to the well being of businesses, organizations and communities. Without them we would be lost and do without many of the programs we currently take for granted.
Below are some reasons for holding a meeting that were found on the internet
1- Meeting your colleagues face to face
2- Brain storming
3- Allowing the manager to keep up within a single meeting rather than with one meeting per employee
4- Avoiding duplicate efforts by different employees
5- Scheduling the future
6- Resuming and tracking past efforts
7- To avoid isolation of some employees
8- To encourage speaking in public openly
9- To reduce smaller meetings between 2 employees
10- To praise somebody in public
11- To admonish somebody in public
12- To fulfill power plays and political aspirations
13- To get a good overall picture of the climate of a project
14- To reinforce sense of loyalty to the organization
15- To establish common procedures among all participants
16- To address common grievances

Petitcodiac Community Calendar 2015

February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 -Church Services -Public Skate	**2** -Senior's Club -Merry Makers 2 Pilates -Taking Time for Me -Air Cadets -Figure Skating -Public Skate	**3** -Geri-fitness -Kickboxing -Badminton & Volleyball @ PRS -Kids Cove -Youth Group -A.K.A Dance Studio	**4** -Library Storytime -Pilates -SJA Junior &Youth -Legion Noon Meal -Cubs & Scouts -Can Skate/Learn to Skate -Public Skate -Figure Skating	**5** -Drop-in Play Group -Kickboxing -Public Skate -A.K.A Dance Studio -Yoga	**6** -Figure Skating 	**7** -Valentine's Day Craft @ Library -Wii @ the Library
8 -Church Services -Public Skate	**9** -Pilates -Taking Time for Me -Air Cadets -Figure Skating -Public Skate	**10** -Geri-fitness -Kickboxing -Women's Institute -Foot Clinic -Badminton & Volleyball @ PRS -Kiwanis -Kids Cove -Youth Group -A.K.A Dance Studio -Live Well! Health Session @ Legion	**11** -Library Storytime -Pilates -SJA Junior &Youth -Legion Noon Meal -Cubs & Scouts -Can Skate/Learn to Skate -Village Council -Public Skate - Figure Skating	**12** -Book Club @ Library -Drop-in Play Group -Kickboxing -Foot Clinic -Public Skate -A.K.A Dance Studio -Yoga	**13** -Heritage Week Show-and-Tell @ Library -Jam Session -Figure Skating	**14 Valentine's Day** -Valentine Dance WCAF Fundraiser @ Legion
15 -Church Services -SJA Adult Meeting -Public Skate	**16** -Merry Makers 2 -Pilates -Taking Time for Me -Air Cadets -Figure Skating -Public Skate	**17** -Geri-fitness -Kickboxing -Badminton & Volleyball @ PRS -Kids Cove -Youth Group -A.K.A Dance Studio -St. Andrew's Church Pancake Supper @ Legion	**18** -Library Storytime -Pilates -SJA Junior &Youth -Legion Noon Meal -Cubs & Scouts -ATV Club -Can Skate/Learn to Skate -Public Skate -Figure Skating	**19** -Drop-in Play Group -Kickboxing -Public Skate -Petitcodiac Sportsman Club -A.K.A Dance Studio -Yoga	**20** -Jam Session -Figure Skating	**21** -Movie @ Library -Family Fun Day @ PRS
22 -Church Services -Public Skate	**23** -Pilates -Taking Time for Me -Air Cadets -Public Skate -Figure Skating -Codiac Classics	**24** -Geri-fitness -Kickboxing -Badminton & Volleyball @ PRS -Kids Cove -Youth Group -A.K.A Dance Studio -Kiwanis Valentine Dinner @ Legion	**25** -Library Storytime -Pilates -SJA Junior &Youth -Legion Noon Meal -Cubs & Scouts -Can Skate/Learn to Skate -Village Council -Public Skate -Figure Skating	**26** -Creative Writing Corner @ Library Drop-in Play Group -Kickboxing -Public Skate -A.K.A Dance Studio -Yoga	**27** -Figure Skating	**28** -LEGO Club @ Library -Winter Carnival

War Museum - Tours by Appointment. See back for details.

Maritime Motorsports Hall of Fame
Winter Hours: Open Monday - Friday10am-5pm.
Closed Sat. & Sun. (Open by Appointment)

Air Cadets
639 F.P.MacLaren Squadron Air Cadets meet every Monday at 6 pm at Legion. New members welcome.

A.K.A. Dance Studio -Kodiac Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052

Arena
-**Public Skating** every Sun., Mon., Wed., and Thurs. from 1:00 pm - 2:30 pm. Sunday $3 for adults and $2 for students.
-**Adult only skate** every Thurs. from 12:30-1:30 pm.
-**Figure Skating** Mon. 3-6, Wed. 3-7. Fri. 3-6.
-**Can Skate** at 6 pm and Learn to Skate at 6:15 pm. Both every Weds.

Badminton & Volleyball - PRS Gym. 7:30-9 pm. Tues. $2.

Church Services
-**Petitcodiac Baptist** - Sunday school at 9:30 am, morning worship 10:50 am.
-**Petitcodiac Mennonite** - Sunday School 9:45 am and Worship Service 11:00 am.
-**St. Andrew's Anglican** - Sunday Service at 9:00 am
-**St. James United** - Sunday School & service at 11 am.

Codiac Classics
Car enthusiasts meet last Monday of the month at Kiwanis building @7 pm. New members welcome.

Cubs & Scouts - Wednesdays, 6:30 pm at Anglican Church

Drop-in Play Group - Thurs. at St. Andrew's Anglican church from 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Christine 756-2296 for info.

Family Fun Day - Feb. 21 at PRS Gym from 1-4 pm. Hosted by Petitcodiac Baptist Church. Bouncy Castle, carnival games, cotton candy, etc. Free admission. All invited

Foot Clinic: Petitcodiac Drugmart. Feb. 10 & 12 from 9:00 to 4:15. By appt. (756-3391). $35.

Geri -Fitness - (50 +) Tuesday mornings from 10:00 - 11:00 am at the Kiwanis building. All welcome. Please call Tanya at 756-2198 for details.

Jam Session - Fri., Feb. 13 & 20 at Kiwanis. 7-10 pm.

Kick Boxing - Boys & Girls Club on Tues & Thurs at 7:30 pm. $10/month or $2/evening. More info at 534-2250.

Kids Cove - Baptist Church. Tuesdays, 6:15 - 7:15 pm. Children K-5. Games, crafts, and drama.

Kiwanis
-Tues., Feb. 10 & 24. New members welcome. Call Clinton at 372-4144 for more information.
- Kiwanis Club $80.00 per day for use of room in centre. $20.00 extra for kitchen. Call Donna 756-9085 for details.

Legion - 18 Kay St, Petitcodiac. 756-3383
- Mon., Feb. 2 & 16 - Merry Makers 2
- Sat., Feb. 14 - Valentine Dance WCAF Fundraiser
- Tues., Feb. 17 - St. Andrew's Church Pancake Supper
- Tues., Feb. 24 - Kiwanis Valentine Dinner
- Legion Noon Meals
  - Feb. 4 - Pork Chops & Sauerkraut
  - Feb. 11 - Chicken Legs
  - Feb. 18 - Hamburg Patties & Onions
  - Feb. 25 - Cod Fish

Hall Rental: No charge if fundraiser. Other function: $141.50

Petitcodiac Continued on pg 7

TREE-mail

Submitted by Dayna Lymburner

For the last couple of years my husband has delivered several loads of Christmas trees to a retail outlet in Lansdale, Pennsylvania. This year he loaded on a Saturday morning and the truck and load sat in our yard for 2 days before he was able to head out.

In the meantime, our granddaughters (3&6) had come to visit. Conversation rolled around to what Grandpa had on his truck and where they were going. After explaining where they came from and how far they would travel so that other little boys and girls could have a real Christmas tree, I remembered a story I had been told as a child. A child had written a letter about Christmas without their mother, having lost her in a tragic accident, and attached it to a tree that was being shipped from a local farm. I don't remember details but I believe the family were blessed with many gifts as the tree had been purchased by some very generous people.

This was around the time that the tree was being shipped to Boston as a gift from the people of Halifax, so it was the perfect time to share the children's story, 'Love from Katie', by Paddy Muir.

Our oldest granddaughter Alexis, in grade 1 in Havelock, was very intrigued. We talked about pen pals and I asked her if she would like to make a letter to attach to a tree on Grandpa's truck. Maybe some one would see it and write back to her. She sat at our computer and typed her letter, asking about spelling and if her sentences were good ones, until she was happy with her creation. When she left here, the plan was for Grandpa to fasten her letter to one of the trees before he delivered them. (Grandma made 5 or 6 copies of the letter and attached them to 5 or 6 trees! *boosting the probability.)

Weeks passed with no letters in her mailbox. Christmas and New Year's came and went. Yesterday afternoon (Jan.3rd) I got a phone call from a very excited little girl. She had received a big brown envelope with 15 letters inside!!!!

A Girl Scout Troop in Lansdale had the task of decorating 3 trees in the Public Park. While decorating, they found Alexis' letter and decided to answer. They are 9 and 10 year old girls and in grades 3 & 4, a little older than Alexis but she was able to read all of their letters.

Now Alexis is excited to get back to school and share the experience with her friends here in NB.

She does plan to reply to the Troop. The leader gave her address so Alexis could send any letters to her.
SO EXCITED FOR HER !!!!

Local News and Views Garden Column

By Mark Cullen
Credit line: "Mark Cullen appears on Canada AM every Wednesday morning at 8:40. He is spokesperson for Home Hardware Lawn and Garden. Sign up for his free monthly newsletter at \www.markcullen.com."

Fight the Winter Blues

Reduced light levels and long cold days can take their toll on us. Resist the temptation to close the curtains and hibernate until spring. There are many 'gardening' activities to keep you busy.

The #1 question I hear this time of year: "How do I look after an amaryllis when it is finished blooming?

Once your Amaryllis has finished blooming it requires some attention. Cut the flower stalk back to about 2" in height. Allow the leaves to continue to grow and water when the soil feels dry. This will allow the leaves to produce energy which the bulb will store for future blooms. In the spring you can plant your Amaryllis (and the pot) in your garden. Find a location with partial shade and water during periods of drought. Fertilize regularly with a high phosphate liquid plant fertilizer. In late September bring the pot indoors and cut back the foliage. Dry the bulb for 2 weeks at 65 degrees F and then store for about 10 weeks in a cool, dry, dark place. At the end of this storage period you will need to repot your Amaryllis bulb in fresh potting mix and start the cycle again.

Look after your feathered friends. Watching birds in your backyard is a great form of entertainment year round. As the snow piles up outside don't forget to fill your bird feeder on a regular basis. Remember that birds also need a supply of fresh water throughout the winter. A bird bath heater can be installed to prevent the water from freezing. It is worth purchasing a quality bird seed mix. You will attract lots of birds and enjoy hours of entertainment outside your window. Be sure to use fresh food and keep your feeder clean. Watch for ice build-up and clear snow away from ports.

Every year at this time I start dreaming about getting my hands dirty in the garden. This got me thinking about the early spring that we can enjoy – virtually anywhere in Canada – by way of the spring flowering trees and shrubs that be cut and forced into premature blossom indoors. Chances are pretty good that you have some forsythia, crabapples, purple leaf sand cherry or pussy willow in your own yard. Many of these shrubs or small trees should be pruned anyway, as a matter of forcing some new, dense growth on the 'mother plant' that will tidy up its' look and encourage more blossoms next season.

Here is what you do:

1. On a sunny day, when the temperature is above freezing, cut a half inch thick branch and remove the bark from the bottom 2 inches (5 cm). You can just strip it off with the sharp blade of your pruners. FYI – use sharp, clean pruners.
2. Young stems tend to produce better colour as this is where the flower buds occur in greatest quantity. Cut from last years' growth, best that you can.
3. Cut the stem as close to the main stem of the tree/shrub as possible.
4. Place stems in warm water and store in a cool, dark room for five or six days. Change the water every 2 or 3 days. Tip: the deeper the container of water the better.
5. After the 'cooling off' period in the dark cellar, bring the stems up into a sunny location indoors and mist daily with tepid water.
6. Within 14 to 21 days you will have a beautiful spring bouquet that you can move anywhere around the house.

Plants that produce great looking indoor blossoms this time of year include: Forsythia, Flowering quince, crab apples, purple sand cherry, pussy willow, saucer magnolia, witch hazel, flowering almond and apple.

2015 Winter Carnival

Saturday, February 28th
10am and 2pm.

We'll have skating, sliding, snowshoeing, a BBQ (donations accepted), snow games, maple candy, bonfire and (pending ...sleigh rides). Keep and eye out for Flyers to be posted

PUBLIC SKATING PETITCODIAC ARENA

Monday 1:00 – 2:30 pm open skate
Wednesday 1:00 – 2:30 pm open skate
Thursday 12:30 – 1:30 pm adult skate
Thursday 1:30 – 2:30 pm open skate
Sunday 1:00 – 2:30 pm open skate
For More Information call:
756-3126 or 756-3140

R. STEVENS MECHANICALS
687 Salisbury Back Rd
Colpitts Settlement E4J 1K6
Ph: 372-4333

- N.B Inspection
- Tires
- Complete Automotive Repair
- Computer Diagnostics

Petitcodiac Continued from pg 4

Library (756-3144)
Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8. Closed Sundays & Mondays.
-**Storytime** (Ages 2-5) Wednesdays from 10:30-11 am.

-**Valentine's Day Craft** (Ages 5-10) - Sat., Feb. 7. 10:30-11 am. Craft TBA.
- **Wii @ the Library** - Sat., Feb. 7. 2:30-4:00 pm.
-**Adult Book Club** - Thurs., Feb. 12 from 6:30-8 pm.
-**Heritage Week Show-And-Tell** - Fri., Feb. 13. 2-3 pm. One of our most popular annual events! Come see Petitcodiac historical photos and documents. Bring your own to share as well! Refreshments will be served.
-**Mid-Month Movie Matinee** (Ages 6-12)- Sat., Feb. 21 from 2:30-4:30 pm. Movie TBA.
-**Creative Writing Corner** (Ages 18+) - Thurs., Feb. 26 from 6:30-8:00 pm.
-**LEGO Construction Club** - Sat., Feb. 28. 2:30-4 pm

Live Well! Bien Vivre! Health Session - Health Coach Claude Vautour will lead the group through the process of setting S.M.A.R.T. (Specific, Measurable, Attainable, Relevant, Timely) goals. Free. Tues., Feb. 10, 6:30 - 8 pm @ Legion. Contact Holly (372-3280) or parks.leisure@salisburynb.ca to register.

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

Petty Trailblazers ATV Club -Meets 3rd Wednesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

Saint John Ambulance (at Kiwanis)
-**SJA Junior group** meets every Wed. at 6:30-7:30
-**SJA Youth group** meets every Wed. at 6:30-8:30 pm
-**Adult meetings** 3rd Sunday of the month at 1:30 pm

Seniors Club - 2 pm. 1st Monday of the month @ Kiwanis.

Taking Time for Me Weight Group meets every Monday night at the Petitcodiac Baptist Church with weigh in at 6:00 and meeting at 6:30. Please use side door off parking lot. For more info call Shirley Murphy at 756-2894.

Village Council - Meetings are open to public. If you wish to address council, you must make a formal written request to the office 48 hours prior. This Month: Feb. 11 at noon and Feb. 25 at 7:00 pm.

War Museum - Tours by appointment. Please call Cathy at 756-2068 for more info. Free admission.

Winter Carnival - Saturday, Feb. 28. 10 am - 2 pm. At the end of Maple St. Events include ice skating, snowshoeing, BBQ, winter games, maple sugar on snow, and prizes.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Jean at 756-2985 for more info.

Yoga - Thursday nights from 7 - 8:30 pm at St. James United Church. Contact Heather Mann at 756-3385 or tlmann@xplornet.com for more info.

Youth Group - Tuesdays, 7:30 pm @ Baptist Church. Middle School and High School.

The Kangaroo's Courtship

"Oh will you be my wallaby?"
Asked Mr. Kangaroo.
"For we could find so very many
Jumping things to do.
I have a pocket two feet wide
And deep inside,
My dear, you'd ride---
Oh, come and be my bouncing bride,
My Valentine, my side-by-side
I am in love with you."

Roses are Red

Roses are Red
Violets are Blue
Carnations are Sweet
And so are you.

And so are they
That send you this
And when we meet
We'll have a kiss.
Author Unknown

What's Cooking? In Winona's Kitchen

WHATS COOKING
Valentine Cake Idea

Make a White or Chocolate Cake Mix as directed on package
Or your own recipe
If you don't have a heart shaped pan, you may bake in a square or round and after cooking cut in sharp of heart.
Easy way is to cut out a paper heart and lay it on the cake and cut around it.
When cold and just before serving top with a whipped topping, then on that put cherry pie filling.
Decorate with chocolate curls.

KEVIN A. MURRAY
Logging & Construction
Petitcodiac NB

Excavating, Bulldozing, backhoe, loader, float trucking: Gravel, Sandstone, Topsoil, Fill, Crushed Rock, Land Clearing, Wood Processing, Softwood & Hardwood, Septic Systems, Snow Removal, Sand and Salt

540 Route 905
Forest Glen, NB E4Z 6C8

Ph:/Fax 756-2421
Cell 866-3960 or 866-4572

SCOTTY'S LAUNDROMAT
5 Maple St. Petitcodiac
756-8551
Coin-operated
Open 24 hours a day.
7 days a week!
Proprietors
Ray & Jeanie Jorgenson

LOCAL NEWS & VIEWS
Subscription Form $35

Your Name: _____
Telephone: _____

WHERE PAPER TO BE SENT:

Name: _____
Address: _____
City: _____
Postal Code: _____

Great gift idea. Ph:756-2110

The Doctor Game
W. Gifford-Jones M.D.

An Experiment that should get everyone's Attention

Why would any sane person drink 10 cokes a day for one month? I recently asked George Prior, a Los Angeles resident and father of two children, this question. His straight-forward answer, "I want to increase the awareness of my children and the public about the dangers of sugar". But how is Prior proving that all these colas are bad for your health?

His experiment got my attention because I've stressed for years that soft drinks are a devil in disguise. The thing that bothered me was seeing obese children guzzling cans of liquid candy.

Years ago I was having dinner with a former Minister of Health. During our conversation I mentioned that a 10 ounce cola drink contains eight teaspoons of sugar. He replied, "Oh, is it that much?" It appeared to me this news went through both his ears without making any impression. Even though he was responsible for the health of this nation.

To be fair, calories of any kind, taken to excess, can cause obesity. But there's no easier way to gain weight than to consume sugar-laden drinks. Moreover, the majority of people have no idea of the over-abundance of calories in soft drinks.

The human body does not register the number of calories we drink compared to the ones we eat. For example, it's easy to drink a cola and still feel hungry. It's not easy to eat a couple of apples and not feel full. Solid foods that have more bulk decrease the hunger reflex.

Several studies show how this works. In one study people were asked to eat 450 calories of jelly beans a day for four weeks. Then, for the next four weeks, they were told to consume 450 calories of pop every day.

On the days they ate jelly beans they compensated by eating 450 fewer calories of other foods. But on the days they drank pop, they ate 450 calories more than usual as the pop contained silent calories. It's these excess calories that eventually result in obesity.

Prior points out that 10 cans of cola seem like a lot of sugar. But that 50 percent of all Americans consume the same amount every day when you consider the other drinks taken during the day, such as fruit juice, coffee and sport drinks. That's nearly a whopping half pound of sugar! Certainly a red light would flash if you noticed a friend adding eight teaspoons of sugar to a glass of water, or to their coffee.

I can only see this problem getting worse. In 1950, soda pop bottles contained six and a half ounces. But North American appetite for soft drinks has dramatically increased over the years. A drink is no longer a drink. Now you have choices of small, medium, large and an extra-large, which contains 620 calories. And when your movie theatre offers free refills, do I need to say more?

So what has happened to Prior? He gained 23 pounds, his body fat increased 65 percent, blood pressure went from 129/77 to 143/96 and his belly protruded.

Fortunately, he's not going to push his luck with a longer experiment as the result would be predictable. He would add his name to the number of obese people who develop Type 2 diabetes, and of those 50 percent die of a heart attack.

It's encouraging to see lay people like George Prior sending a sound message, adding his voice to the obesity problem. But you can't blame colas for everything. North Americans have to cut back on all calories to beat this unprecedented epidemic.

The hard truth is that the war on obesity and Type 2 diabetes is being lost. The reasons are obvious. There are too many temptations to resist, over-sized meals, lack of exercise, etc. etc. The only winners are health conscious consumers who have the will to say no to all things that we know cause obesity. And who are not afraid to step on the world's most important medical device, the scale. It tells the truth.

See the web site www.docgiff.com For comments info @ docgiff.com

Petitcodiac

Family Fun Day - Feb. 21 at PRS Gym from 1-4 pm. Hosted by Petitcodiac Baptist Church. Bouncy Castle,

Salisbury

Saturday Feb 21—**Family Carnival Day** at Highland Park. See page 19 for more details

KINGS COUNTY COMPUTER REPAIR

Data Backup & Transfer
Wireless Networks
Virus & Spyware Removal
Reload Operating Systems
Hardware Upgrades
Printing & Faxing Services

Commercial & Residential Sales & Service!
www.kccomputer.ca
Phone: 433-5522
12 Lowell St. Sussex, NB

From Kevin & Staff

History of Spot and Grand opening of New Building Pictures continued from front page

who would do such a horrible thing?
The sadness turned to joy due to the abundance of companies, churches, clubs and private donors giving food, cash and a new alarm system. By 2006 we started looking for a bigger place. In 2013 was the year we moved into the new SPOT on 5 Mill Road. It was just what the doctor had ordered. Sherry Wilson (MLA at that time) convinced NB government and David Alward to give us the old Department of Natural Resources building. It was just big enough, perfect you could say.
Volunteers worked their hearts out scrubbing walls, windows and even doing the painting to make sure that everything was just so. Shelves were built and the food bank looked beautiful. We were opened to the public on October 7, 2013. SPOT burned to the ground Sunday evening October 13, 2013 (Thanksgiving). It was a horrible tragedy. Come that Tuesday following Thanksgiving we were often at our old location receiving in kind gifts and donations. They came at the front, back and even the side door, it was overwhelming at times. We had insurance on our new building so that was great news.

The girls had received enough food to open the food bank on Wednesday, October 16, 2013 which was amazing. The in kind donation came from far and wide and included freezers, fridges, money, food and even the Village Crew who helped us in any way they could.

We now know through everyone's help that whatever happens "We Will Rise Above It!" Our plan then after many meetings was to build a new building at 5 Mill Road. A building committee – Murray Bunnett, Laurie Stewart, John Brubacher and Shirley Murphy worked all fall of 2013 and spring of 2014, to bring this project forward to today's sod turning. We have been so blessed by the out pouring of generosity and support of so many businesses and individuals was beyond our wildest expectations for this project. From the staff, board of directors and associates to each and everyone, who has played a part up to today and the days ahead – "THANK YOU" so much, from the bottom of our hearts.

SPOT is opened to the public and we would love to see you come and check out our new facility. It's a great place to not only purchase gently used clothing, but also household goods and books as well.

Spot is open on Saturday, but subject to change, please call to make sure they are open.
Also Drop off for items is around back at shipping and receiving.

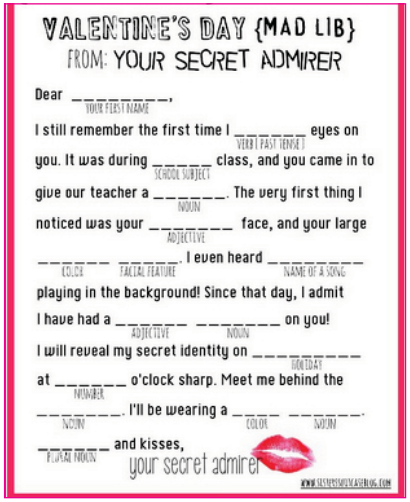
Sod-turning

Floor layout

Cake cutting

New Food Bank Area

Ribbon Cutting Ceremony



Great Canadian DOLLAR STORE
3070 Main St, Salisbury NB Store # 720
Phone: (506) 372-9449 * Fax: (506) 372-5828

Happy Valentine's Day
Shop Early for good Selection.

Great Selection of Valentine Cards, Chocolates and Candies for yout special someone!

Our St. Pat's Merchandise is now available as well.

Hours:
Mon, Tue, Wed ... 9am to 6pm & Thur - Fri 9am to 9pm
Sat 9am to 6pm Sunday 12pm to 5pm

Happy Valentines Day

Australia
During the Australian gold rush period, miners who were suddenly in possession of money from the new-found wealth of the Ballarat Mines were willing to pay a princely sum for elaborate valentines and merchants in the country would ship orders amounting to thousands of pounds at a time. The most extravagent valentines were made of a satin cushion, perfumed and decorated in an ornate manner with flowers and colored shells. Some might even be adorned with a taxidermied humming bird or bird of paradise. This treasure, contained within a neatly decorated box, was highly valued, being both fashionable and extremely expensive.

America
In the United States of America, there have been many varieties of cards given over the course of the years, some of which have often been rude or even quite cruel in their humor. In the times of the Civil War, cards were flagged with rich colors accompanied by patriotic and/or political motifs. Early American valentine cards were especially lithographed and hand-colored, beautiful and distinctive in design, produced with intricate lace paper and decorated with such ornaments as beads, sea shells, cones, berries and all manner of seeds. Cards were also available decorated with seaweed or moss, in addition to dried and/or artificial flowers, all of which were attached to a string which was pulled and could then be suspended, thereby creating a three-dimensional picture. Many early American cards were imported from abroad, given the poor quality of American paper at the time which was not particularly suitable for embossing. Today, American children usually exchange valentines with their friends and there may even be a classroom party.

Britain
The poets of Britain have probably penned the majority of the best-loved romantic verses associated with Saint Valentine. Different regions of the nation celebrate their own customs to honor this day, although the sending of cards and gifts of flowers and chocolates is standard procedure throughout the entire country. One uniform custom is the singing of special songs by children, who then receive gifts of candy, fruit or money. In some areas, valentine buns are baked with caraway seeds, plums or raisins.

Canada
As a tradition, children in Canada exchange Valentine's Day gifts with their friends. In several schools, classroom Valentine's Day Parties are organized where children put all the valentines in a decorated box. Later, teacher or a child distributes the cards. Kids are encouraged to prepare handmade valentine. Many children also gift fancy Valentines Day card to parents and teachers. Songs, skits, plays and concerts are also organized by schools and societies to celebrate Valentine's Day. Students in senior school hold Valentine's Day dance parties to cherish the joyful festival.

Denmark
The Danish valentine card is known as a "lover's card." Older versions of this greeting came in the form of a transparency which, when held up to the light, depicted the image of a lover handing his beloved a gift. One custom in Denmark is for people to send pressed white flowers called Snowdrops to their friends. Danish men may also send a form of valentine known as a gaekkebrev (or "joking letter"). The sender of this gaekkebrev pens a rhyme but does not sign his name. Instead, he signs the message with dots...one dot for each letter in his name. If the lady who receives the card guesses the name of the sender, then she is rewarded with an Easter Egg later in the year.

France
In France, a custom known as "drawing for" once occurred. Unmarried individuals, both young and not so young, would go into houses facing each other and begin calling out across from one window to another, pairing-off with the chosen partner. If the young man failed to be particularly enthralled with his valentine, he would desert her. As a result, a bonfire would be lit later where the ladies could burn images of the ungrateful sweetheart and verbally abuse him in a loud tone as the effigy burned. This ritual was eventually abandoned since it left much room for nastiness, ridicule or even outright malice and the French government finally handed-down a decree officially banning the custom. Elegant French greetings cards known as cartes d'amities, which contained tender messages, were given not totally as a Valentine but chiefly as a result of a fashion which was popular in England at the time.

Germany
In Germany, it has become customary for the young man of a courting couple to present his beloved with flowers on February 14. Valentine gifts in Germany are usually in the shape of love tokens, complete with endearing messages. However, these are not distributed solely on Valentine's Day, but on any occasion. Even early German baptismal certificates or marriage certificates were considered at one time to have been valentines, but were more likely simply decorative and pictorial documents which contained lovely verses.

Italy
In Italy, Valentine's Day was once celebrated as a Spring Festival, held in the open air, where young people would gather in tree arbors or ornamental gardens to listen to music and the reading of poetry. However, over the course of the years, this custom steadily ceased and has not now been celebrated for centuries. In Turin, it was formerly the custom for betrothed couples to announce their engagements on February 14. For several days ahead of time, the stores would be decorated and filled with all manner of bon-bons.

Japan
In Japan, Valentine's Day is celebrated on two different dates...February 14 and March 14. On the first date, the female gives a gift to the male and on the second date...known as White Day and supposedly introduced by a marshmallow company in the 1960s... the male has to return the gift he received on February 14. Thus, strictly speaking, a Japanese female has the luxury of actually choosing her own gift. Chocolate is the most popular gift in Japan. However, since most Japanese females believe that store-bought chocolate is not a gift of true love, they tend to make the confection with their own hands.

Scotland
In Scotland, Valentine's Day is celebrated with a festival. At this festival, there is an equal number of unmarried males and females, each of whom write their name (or a made-up name) on a piece of paper which is then folded and placed into a hat...one hat for the ladies and one for the men. The females then draw a name from the hat containing the men's names and vice versa. Of course, it is highly likely that the two drawn names will not match, in which event, it is usually expected that the male partner with the female who selected his name. This rite having been completed, the company split up into couples and gifts are given to the ladies. The females would then pin the name of their partner over their hearts or on their sleeves. A dance often follows and, at the end of the festival, it is not unusual for marriages to take place. According to another Scottish custom, the first young man or woman encountered by chance on the street or elsewhere will become that individual's valentine. Valentine's Day gifts in Scotland are frequently given by both parties in the form of a love-token or true-love-knot.

Taiwan
Valentine's Day is celebrated in Taiwan on February 14, but there is also a special Valentine's Day on July 7 of the lunar calendar, based on an ancient Chinese folktale (**). Both dates are equally as important. Many men purchase expensive bouquets of roses and other flowers for their sweethearts on these days. According to Taiwan tradition, the color and number of the roses holds much significance. For example, one red rose means "an only love," eleven roses means "a favorite," ninety-nine roses means "forever," and one hundred eight roses means "marry me."

HONEY 'N SPICE
BAKERY & COFFEE STOP
48 MAIN ST. PETITCODIAC N.B. TEL: 506-756-2848
QUALITY OLD FASHION HOME BAKING
Valentines Day
HOURS
MONDAY TO FRIDAY 9 TO 5 and SATURDAY 9 TO 3

HOWATT'S
Valufoods
Your family of Independent Grocers
33 Main St., Petitcodiac, NB
Ph: 756-3321 Fax: 756-1198
Happy Valentine's Day

The Ridge Restaurant
4577 Route 880, Havelock NB Tel: 534-1197

JOIN US FOR AN EVENING OF MUSIC WITH STEVE SEARS & FRIENDS

Saturday, Feb.14th 2015
Valentines Dinner

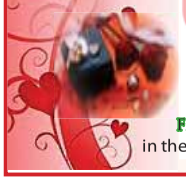
Dinner starts at 6 and music till 9 or later
Valentines gifts and door prize
Limited reserved seating only

Hours: Sun-Thur: 8 am - 7 pm
Fri-Sat 8am - 8 pm

Salisbury Flowers and Treasures
3163 Main St., Salisbury
Ph: 372-1128

Lovely assortment of Fresh Cut Flowers, Foliage and Flowering Plants.
Drop in and see some of our arrangements
Also, you will enjoy our unique display pieces as well as a beautiful selection of Distinctive Jewelry.

Remember your SweetHeart
We have the Flowers & Treasures she wants.



FREE FLOWER DELIVERY
in the Village with min. of $20 order

Everyday People

Submitted by Sheila Boissonneault

There are some well-known people who were born with a huge handicap such as; Helen Keller, world famous speaker, Stevie Wonder, singer songwriter and multi- instrumentalist, James Thurber, comedian and cartoonist and Ray Charles, pianist and musician - just to mention a few. Yes, these people are blind and against these odds they became important people in their fields of endeavor.

This month I want to tell you about Shelby Murray a young woman who lives in the Salisbury area. When I heard her play "Rolling down the River", a Credence Clearwater Revival piece on her accordion with the same gusto this "rock and roll" band plays it, I said to myself – this girl has talent. Shelby Murray is blind.

Shelby was blind at birth, her family sent her for laser surgery in Halifax and would have sent her to the United States but that didn't work out. They had to accept it, Shelby is blind

At four years old she started to attend pre-school at the "Boys and Girls Club" in Salisbury; she moved onto Kindergarten at the Salisbury Elementary School and at grade five she attended Middle School, then grade nine at Salisbury High School.

I asked her what it was like for a little girl born blind. She told me that she didn't feel she was treated the same as seeing people, sometimes she would become fearful and be upset and be told to get over it. Shelby said she would never say that to someone in the same position. In Grade 2 there was a time, upon hearing a teacher yelling at a student, she felt so bad that when she entered her home that day she broke down and cried, her mother questioned her but she didn't want to tell her the reason why she was so upset, her mom thought she might be sick and took her to the doctor for a check-up.

Shelby attended The School for The Blind in Halifax and found it very hard being away from home, even though she stayed with a relative a few nights and her mother and family often took her down and brought her back. Then Jennifer, a lady who was very nice to her, drove her down and dropped her off, sometimes they would spend time together. but often she had to stay in the residence where she was so homesick at night, it got better in grade 7. In Grade 7 she found math very difficult, the text books were sometimes 20 volumes or more. Sometimes she would have homework infractions. She said she failed a few times. In Grade 9 she stayed for two weeks, going home for the weekend. Grade 11 she stayed a couple of weeks separately and two weeks in May. In Grade 12 she spent half of the final semester there doing co-operative education. The first week of the co-operative education program she was supposed to leave for Halifax on Sunday but the Topical storm Hannah was threatening, so the driver from Miller's Bus Service from Windsor picker her up the following Monday morning.

Classes were going quite well until one afternoon during an orientation mobility class while using her cane her right hand began to cramp and she had to switch to her left hand, she began to cry and she didn't know why, she thought she was over the homesickness. Then she couldn't breathe and began to grasp for air. She didn't know what was wrong. She went to the nurse and was told that it was a panic attack. As she went through Grade 12 the attacks happened more frequently. She said if it hadn't been for that she might have went on to college or university.

I asked her about music and when she discovered that she had a talent. She said one day she got up at the piano and started playing songs that she heard. From there she was given lessons from Ivan and Vivian Hicks. She liked the accordion a lot and began to listen to people who played, she had the opportunity to hear a fellow play and borrowed his accordion and it became a passion from then on.

She said that there are people you immediately connect with because of music, for example a group called "Gospel Echo's" who played at her church. She enjoyed accompanying them on the piano after their concerts; when they left to return to Ontario they took a portion of her heart with them.

Shelby says she is content in Salisbury, sometimes she gets a ride to Walmart in Moncton; after shopping they leave the car in the parking lot and catch the city bus and go for a half hour tour. Shelby likes the sound of the motor in the city bus. Sounds are her life. When she got into my truck she enjoyed hearing the motor start and the ticking of the directional flasher, each vehicle will have a different sound for Shelby.

She said that she often asks herself why she didn't go to church sooner. She was in her 20's when she did. She went to the Journey Church for a while then she went to Salisbury Baptist, She enjoys attending that church and feels at home there. She was baptized June 2, 2013. The church and the whole spiritual life have brought happiness in her life. It's good to find a place where you belong, where you fit.

Shelby thinks about all that is going on in the world today, the Ebola outbreak frightens her because she had a brother who came down with H1N1 and was very sick. She remembers her mother going to the hospital; he had a very high fever. She went with her uncle to see him; it was a very scary time, she is thankful that he got better. Shelby tells us to hang in there and have faith, especially to those who are suffering. She remembers hearing another group of "The Gospel Echo's"; they mentioned "The trail of Tears" and she says that it is hard to imagine Jesus dying like he did. We have to keep the faith and sometimes that is hard so we must pray and ask the Lord to help us.

Shelby plays her accordion at Gigs and Jamboree's and she plays in church also she enjoys the women's fellowship at her church.

I leave you with a quote from Helen Keller --"When we do the best we can, we never know what miracle is wrought in our life, or in the life of another.' Keep on making music Shelby Murray!

RRSPs
EXPLAINED

RRSPs are a type of savings that can help you accumulate wealth for retirement.

The contributions you make can reduce your taxes

+ Your money is sheltered from tax while it grows

= RRSPs are a powerful tool for saving

RRSP contribution deadline is March 2, 2015

Let's put this knowledge to work, I can help.

Carla Ayles CHS BA
506-857-3663 ext 2232
carla.ayles@sunlife.com
www.sunlife.ca/carla.ayles
1133 St. George Blvd
Suite 400
Moncton, NB E1E 4E1

Mutual funds offered by
Sun Life Financial Investment Services (Canada) Inc.
Sun Life Assurance Company of Canada is
a member of the Sun Life Financial group of companies.
© Sun Life Assurance Company of Canada, 2015.

Sun Life Financial
Life's brighter under the sun

RICK'S RANT

As I'm planning a trip to Florida this spring, I made a stop at CAA (they have a new location on the other side of Mapleton Road now) to see the girls there about a map or two.....yes, a paper map. I do have a GPS in my truck, but, guess what, you still can't beat a BIG paper map to see the BIG picture of where it is you are going! Now don't get me wrong.....that little electronic gizzmo is definitely an asset. It shows you pictures of the intersections and exits; it knows where restaurants, gas stations, Walmarts and every other commercial business is located.....all info which comes in handy from time to time. But a map shows you all sorts of other things....not in a hurry, make a side trip to somewhere else along the way....plan "B" or "C" we always call it!

Miss a turn with a GPS and all you hear is "Make a legal U-turn, make a legal U-turn!" With a paper map you can see where you are, and figure out an easy route to get you back on track....as in plan "B" above.....and you're happily on your way. But what is the history of these colorful, folded road maps? That incidentially hardly ever fold up again once opened!
In the 1940's and '50s when the NorthAmerican public was purchasing more and more vehicles, and travel was an enjoyable past time, gasoline companies realized they had a great promotional item to advertise their company products. The little wire map stand could be found on the front counter of every service station....'Free Maps" it boasted. Often not just local maps, but regional and provincial maps. Brightly colored and proudly showing the company logo, special products, and pictures of favourite destinations.....

The postwar years of the late 1940's, '50s, and '60s were the height of the free map giveaways as this was the period of road and highway expansion in North America. With new roads being built at a fervid pace, it was important to know all about the new routes and exits being created. It was this printed map that showed you the way. After unfolding the map to find the shortest route to your destination, and marking it with a pen, the folding it back up in the proper order was the challenge. So it often just got stuffed in the glove box. A new one was picked up for "free" the next time you stopped for gas. After a while, the glove box got cleaned out, and several "well folded" maps were tossed.....

So now for the rest of the story.....Guess what has become a "collectible" today? Those silly free maps that sat on the counter in every gas station in Canada have now disappeared. When you do find one at a fleamarket or antique shop, a nice, nearly new one, not worn on the folds and without tears and pen marks showing a route, will now cost you!!!!! But they are fun to look at and see place names that are long gone, roads that are no longer used, and blank spaces where there are now roads.... Best of all, road maps don't take up a lot of space, and can easily be stored in a filing cabinet or drawer.

Searching for old road maps is a relatively easy pursuit, and it can be enjoyable. Every one you find doesn't need to be a perfect $30-$50 specimen. There are still lots of "slightly worn or gently used" ones out there for under $10. Often tucked away in a box under a table, or piled with othe paper "stuff" at a swapmeet or fleamarket. Gulf, Irving, Esso, Texaco, Shell, Fina, Red Indian, BA and on and on.... there were many different companies, and all brought out new maps every year. If you want to start collecting, there are any number of "routes" you could follow....particular brands, specific years or locations, or ??????? But, perhaps the most treasured aspect of collecting old maps is their smell; it's amazing the amount of wonderful memories that will come flooding back to you at the first whiff of their musty scent as you gently unfold their paper form..... a GPS will never come close....

RODDER-RICK .....

Salisbury Winter Carnival

will run the week of February 15 with the majority of events taking place from the 19th-21st. More information on page 19

CLASSIFIED

Let the classified's help you list your apt for rent, items for sale, or announce up coming events and special occasions.
Cost: $5.00 for 20 words or less & $15 for over 20 words.
For more information call or e-mail the Maritime Motorsports Hall Of Fame at 756-2110 or maritimemotorsports@gmail.com

ADULT EDUCATION

Salisbury Adult Learning Center
372-5025
or
South East Regional
Adult Learning Board
857-9912
FREE GED & PRE-GED PROGRAM

Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

For Rent

at Spring Acres Apts
2 bedroom Apartment
Within Amenities of Health Center and Stores. Wheelchair Accessible
More Information call 756-2550

Anniversary

FOR Sale

1956 Oldsmobile
Super 88. Good condition $7500.00 or best offer. Ph: 756-8982

Garage tools and equipment for sale.
Ph 756-8982

Post your Items for sale with us
$5 for 20 words or less

Thank You

I would like to thank Fran Jones and committee for organizing all the local churches to put on a beautiful evening of music benefit, Another Moment of Christmas at the Petitcodiac Baptist Church on January 11, 2015, in my honor. The evening was so amazing, no words I can say can express my thanks. Thank you to each and every one who took part in any way and thank you to everyone who attended. God Bless, Elva Greer

BIRTHDAYS

Happy 95th Birthday to Eleanor (Smith) McFee!
Open House February 1, 2015
2:00pm to 4:00pm at the Petitcodiac Baptist Church.
Best Wishes Only

UP COMING EVENTS

GAMES DAY
Being held every Wednesday at the Maritime Motorsports Hall Of Fame, 5 Hooper Ln, Petitcodiac.

Every Sunday
Second Elgin United Baptist Church
986 Prosser Brook Road
Sunday Service 11:00 am

Gagetown-Petitcodiac Liberal Association will meet Monday, February 2, 2015 at 7:00 pm in the Coles Island Lions Club

2014-2015 Executive

President: Barak Stevens
1st Vice President: Bob McLean
2nd Vice President: Rhonda Lawrence
3rd Vice President: Wayne Belyea
4th Vice President:Cody Perry
Secretary: Tammy Orchard
Treasurer: David Mitchell
Past President: Marty Forsythe

The Parish of Salisbury & Havelock will hold their Annual Shrove Tuesday Pancake Supper at the Petitcodiac Legion on February 17th, 4:30 – 6:30 pm.
Menu- Pancakes, maple syrup, brown bread, Home baked beans a & Layer Cakes.
Beverages will be served. Adults $8.00,
Children under 12 yrs. $4.00
Family rates $20.00

UP COMING EVENTS

Winter Carnival Saturday, February 28th
10am and 2pm.

We'll have skating,
sliding, snowshoeing, a BBQ (donations accepted), snow games,
maple candy, bonfire and
(pending ...sleigh rides).
Keep and eye out for
Flyers to be posted

MEMORIAL

Place your memorial here
$5 for 20 words or less

OBITUARIES

Fullerton, Eric Samuel "Sam" … It is with great sadness that the family announces the sudden passing of Sam at his home on January 4, 2015. Born in Long Reach, he was a son of the late George and Vesta (nee Downing) Fullerton, and the husband of the late Viola (nee Toole) Fullerton.
Sam was a special man that devoted a great deal of time to helping others. It was not uncommon that he would buy an order of groceries and drop them off to family, friends, or acquaintances that were in need. Although he spoke very little of this part of his life, these gestures were a testament to his kind soul and caring nature. Sam was also a travelling man, and served as a communication link for family and friends, far and wide. Even at 86, Sam was always on the go visiting wherever there was promise of a friendly face and good conversation.
Sam is survived by his daughters: Gail Fullerton of Moncton, Sandra Fullerton of Allison, and Susan Sweetman (Kevin) of Moncton; his sons: Eric Fullerton of Moncton and Brian Fullerton of British Columbia; his grandchildren: Rebecca Fullerton, Meagan Blacquiere, Kaitlin Blacquiere, and Sarah Sweetman; his sisters: Muriel (John) Anderson of Thornbury, ON, Carol Myers of Saint John, Audrey Fullerton of Toronto, ON, and Francis Brosnahan of New Hampshire, USA; his brothers: Ken Fullerton of Saint John and Shirley Fullerton of Long Reach; as well as by several nieces, nephews, extended family and friends. In addition to his parents and wife, Sam was predeceased by his brother Raymond.

Arrangements have been entrusted to the professional care of Armstrong's Funeral Home, 33 Russell St, Petitcodiac, NB, (506)756-3361. In keeping with Sam's wishes, no funeral service was held, however everyone was invited to a celebration of Sam's life which was held on Saturday January 10, 2015 from 12-4 pm at Armstrong's Funeral Home. Interment in Kelly's Cross Cemetery, PE, will held at a later date. Donations to a Living Memorial would be appreciated by the family. Online condolences are available at: ww.armstrongsfh.com

OBITUARIES

Evelyn Louise Killam, 97, of Petitcodiac passed away peacefully, Monday, January 12, 2015 at the Moncton Hospital.
Born in Monteagle, she was the daughter of the late Elton and Rosie (Lewis) Eagles. Evelyn was a homemaker and a member of the the Salisbury Baptist Church, the Wheaton Settlement Baptist WMS and the Elgin Seniors Group. Together with her late husband Byron, they operated Killam's Grocery in River Glade. Evelyn loved fishing, bowling and quilting but especially time spent with her family and enjoyed each day.
She is survived and sadly missed by her children Kenneth (Carla) of Shediac, Marie Weston (Ken) of Moncton, Louise Mollins (Allen) of Petitcodiac, Marilyn Russell (Jim) of River Glade and Shirley Lorette (Brian) of Riverview; daughter-in-law Alice Killam of Eugene, Oregan; fifteen grandchildren; twenty-six great grandchildren; one great great grandson and several nieces and nephews. Evelyn is the last surviving member of her family. Predeceased by husbands Byron Killam and Talmage Demille; son Floyd Killam and brothers Harley, Lyman, Harrison, Arnold, Bennett, Russell, Elton and Aaron Eagles; granddaughter Tanya Russell and great grandson Matthew Lewis.
Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Thursday, January 15 from 7 - 9 pm and from where the funeral will be held in the chapel Friday, January 16 at 2 pm with Pastor Jim Eagles officiating. Interment at a later date at the Wheaton Settlement Cemetery.
If desired, donations to the Elgin Seniors Group or a charity of choice would be appreciated by the family.
www.keirstead.ca

Lottie Shirley LeFurgey, of Silver Fox Special Care Home, Salisbury passed away Monday, December 22, 2014 at the Moncton Hospital in her 70th year.
Born in Humphrey's, she was the daughter of the late Isaac and Dorothy (Horsman) LeFurgey. Lottie enjoyed her weekly Bingo outings at the Salisbury Lions and she always had a smile for everyone.
She is survived by her son George LeFurgey, ON; sister-in-law Diane LeFurgey, ON; special close cousin, with whom she had resided, Carolyn Williams (Alyre), Salisbury and several cousins, nieces and nephews. Predeceased by her brother George Horsman.
The funeral will be held at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) on Saturday, December 27 at 11 am officiated by Rev. Danny Compton. Interment at Pine Hill Cemetery at a later date.
If desired, donations to the SPCA or Heart and Stroke Foundation would be appreciated by her family.
www.keirsteads.ca

OBITUARIES

Freda Arlene Colpitts, 89, of Autumn Lee Retirement Home, Moncton and formerly of Fawcett Hill, passed away peacefully, following a brief illness Tuesday, December 23, 2014 at the Moncton Hospital.
Born in Elgin, she was the daughter of the late Harris W. and Flora Bishop. Freda was a homemaker and a longtime member of the First North River Baptist Church. She was a Dominion Life Member of the Women's Missionary Society and secretary/treasurer for several years, and also taught Sunday School and sang in the choir for many years. She was a member and past president of the former Fawcett Hill- Intervale Women's Institute for a number of years and a member of the Petitcodiac Senior Citizens Club.
Survived and sadly missed by her son Gordon Douglas (Lana), Moncton; step-daughter Ruth Williamson, Riverview; grandchildren Dwight Perry (Deanne), Natalie MacGlashing (Paul), Scott Douglas (Renee), Shana Douglas and Erin Martin (Chris); step grandchildren Gerald, Wayne and Brian Williamson and Pamela Jardine and several great grandchildren, nieces and nephews. Freda was the last surviving member of her family. Predeceased by her first husband Irving Douglas, second husband Ralph Colpitts; daughter Margaret Rice; sons-in-law Ralph Perry and Ron Rice; stepson Robert Colpitts and her nine siblings.
Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Saturday, December 27 from 1 pm until the time of service at 2 pm in the funeral home chapel. Interment at First North River Baptist Cemetery.
If desired, donations to the First North River Baptist Church or First North River WMS would be appreciated by the family.
www.keirsteads.ca

William "Bill" Robert Woodman of Petitcodiac, passed away peacefully at the Moncton City Hospital on January 12, 2015 at the age of 63. Born on August 11, 1951 in Salisbury,NB, Bill was a son of Robert and Margaret (nee Gaynor) Woodman, and the loving husband of Carol (nee Smith) Woodman.
Bill drove truck for over 30 years and retired in 1998. He developed a hobby for the internet and was a DJ on an online radio station. He also loved animals, and would frequently rescue and bring home new additions to the family to keep them warm and fed.
Besides his wife Carol, Bill is survived by his daughter Roseanna; his mother Margaret; his sisters: Barbara, Stella, Shirley and Linda Woodman; his brothers: Stewart, Rodney and Ronald Woodman; as well as several nieces, nephews and extended family. Bill was predeceased by his father Robert Woodman.
Arrangements have been entrusted to the professional care of Armstrong's Funeral Home, 33 Russell Street, Petitcodiac, (506)756-3361. As per Bill's wishes there will be no public visitation. A Celebration of Life was held on Friday, January 16, 2015 at the Petitcodiac Mennonite Church at 2:00 pm. Interment took place at Fairhaven Memorial Garden. As per the families request, due to severe allergies, in lieu of flowers, donations to the Canadian Cancer Society, Friends of the Moncton Hospital or a charity of the donor's choice would be appreciated by the family. On-line condolences are available at www.armstrongsfh.com.

OBITUARIES

Margaret Kate Marshall, 98, of Moncton and formerly of Salisbury, passed away at her residence Friday, December 19, 2014.
Born in Hindville, AB she was the daughter of the late George and Zelma (Watson) Haines. Margaret was a homemaker, a member of the Salisbury Baptist Church and WMS and the Monday Morning Merry Makers and Golden Age Club.
She is survived and missed by her sons Robert (Rhoda), Dartmouth, Don (Patricia), Salisbury, William (Clara), Riverview, John (Glenna), Salisbury; daughter-in-law Marlene Marshall; twelve grandchildren, eleven great grandchildren, two great great grandchildren; sisters Edna Sharp, Edmonton, AB, Velda Patterson, Erma, AB; brother Andrew Haines, Hindville, AB and several nieces and nephews. Predeceased by husband Alfred (1996); sister Lola Brown; brothers William and Frederick and son Stewart.
Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Monday, December 22 from 2 - 4 pm and from where the funeral will be held in the chapel Tuesday, December 23 at 2 pm with Rev. Tim MacKinnon officiating. Interment will be at Pine Hill Cemetery at a later date.
If desired, donations to Friends of the Moncton Hospital or charity of choice would be appreciated by the family.
www.keirsteads.ca

Larry Roger Gallant, 65, of Colpitts Settlement, passed away Wednesday, January 14, 2015 at the Dr. Georges L. Dumont Hospital.
Born in Moncton, he was the son of the Victoria (Burtt) and the late Hector Gallant. Larry was a self employed woodsworker and truck driver, a member of the Nixon Baptist Church and proud member of the 2nd Canadian Army Veterans Motorcycle Unit Dunkirk. He enjoyed fishing, biking and especially time spent with family and friends.
He is survived and sadly missed by his mother Victoria Gallant; his wife of 42 years Maxine (Richardson); children Jennifer L. Gallant, L. Troy Gallant (Denise) and Tracy D. Gogan (Ben); grandchildren Abigael, Gabrielle, Dylan and Sophie; sisters Judy Doucette (Earl) and Wendy McLean (Todd Allen) and brother Terry (Joanne); mother-in-law Helen Richardson and several nieces and nephews. Besides his father he was predeceased by his brother Roderick.
Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Saturday, January 17 from 6 - 9 pm and from where the funeral will be held in the chapel Sunday, January 18 at 3 pm with Pastor Paul Leger officiating. Interment at Nixon Cemetery at a later date.
If desired, donations to the Nixon Baptist Church or Nixon Cemetery or the 2nd Canadian Army Veterans Motorcycle Unit Dunkirk would be appreciated by the family.
www.keirsteads.ca

OBITUARIES

Doris June Gogan, 87, of Salisbury passed away Tuesday December 30, 2014 at the Jordan Lifecare Center.
Born in Saint John she was a daughter of the late Henry and Daisy (Sears) Gogan.
Survived by her sister Marjory Russell (James) of Musquash ; her brother Leonard Gogan (Theresa) of Salisbury; half brothers Sterling Trites Jr. and Lawrence Trites of Salisbury and several nieces and nephews including a special niece Heather Gogan who was her caregiver for many years. Predeceased by her parents, her step-father Sterling Trites Sr., sister Beulah Levy; brothers Clarence, Allan and Erroll Gogan and step brother Donald Trites.
Resting at the Salisbury Funeral Home, 3350 Salisbury Road (372-4800) where the family will receive relatives and friends Saturday January 3 from 2-4 p.m . A Graveside service will be held at a later date at Pinehill Cemetery.
The family would like to thank Dr. R. Morton and the caring Nurses and staff at the Jordan Lifecare Center. If desired memorials to the Friends of the Jordan Lifecare Foundation would be appreciated by the family.
www.keirsteads.ca

Harold Arthur Hall ,80, of Salisbury passed away Friday January 9, 2015 at the Moncton Hospital following a sudden illness. Born in New Carlisle PQ he was a son of the late Warren and Irene (Tingley) Hall. Harry retired as a Master Warrant Officer with the Canadian Air Force as a Avionics Tech and a Superintendant of Personel for over 30 years. A member of Saint John's Anglican Church in Salisbury, he had served as a Past Warden and was an active member of the Salisbury Lions Club and Branch 31, Royal Canadian Legion, Salisbury where he had helped in numerous capacities. He was a former volunteer at the Jordan Lifecare Center and was a member of the Salisbury Golden Age Club.
Survived and sadly missed by his beloved wife of 38 years Carol; step children Deborah MacDonald (Blair) of Moncton, Daniel Arsenault (Cindy) and Kevin Arsenault (Faye) of Rexton; grandchildren Andrew MacDonald, Carrie Thomas, Kyle, Hilary, Carlin, Joey and Jenna Arsenault; great grandchildren Brayden and Marissa Thomas, Aubrey and Addison MacDonald. Survived also by a sister Helen Sawyer (Garnet) and brother John (Anne) of New Carlisle PQ and by nieces nephews and cousins.
Resting at the Salisbury Funeral Home , 3350 Salisbury Road with visiting Monday January 12 from 2-4 and 7-9 p.m. and from where the funeral will be held in the chapel Tuesday at 1 p.m. with Rev. Chris Hayes officiating. Interment at Fairhaven Cemetery, Moncton. If desired memorials to Saint John's Anglican Church Fund or the Friends of the Jordan Lifecare Foundation would be greatly appreciated by the family.
www.keirsteads.ca

OBITUARIES

Nora Marion MacLeod, 77, of Petitcodiac passed away January 1, 2015 at the Moncton Hospital. Born at Doyles Brook, Miramichi she was a daughter of the late Silas and Margaret (Gallan) Curtis. Nora loved anything to do with being outdoors be it gardening, fishing, hunting but also cherished time spent with her family.
Survived and sadly missed by her children; Brian (Audrey) of River Glade, Colleen Allchurch (Norm) of Belleville, ON, Janice Beulieu (Charles) of Fredericton and Ronnie Murray (Tammy) of Oromocto ; 21 grandchildren and several great grandchildren. Survived also by a sister Elizabeth Rodd (Harold) of Truro; brothers Dorwin Curtis of Miramichi, Thomas Curtis (Elva) of Truro and by several nieces, nephews and cousins. Predeceased by her husband Roy (2005), sisters Winnifred Sprague (late Donald), Phyllis Peterson and Louise Mowbray; brother Leon Curtis and step-daughter Alice Murray-Lounsbury.
Resting at the Salisbury Funeral Home, 3350 Salisbury Road (372-4800) with visiting Monday 2-4 and 7-9 p.m. and from where the funeral will be in the Chapel Tuesday January 6 at 11 a.m. with Pastor Nancy Sprague officiating. Interment at the Kinnear Settlement Cemetery.
If desired memorials to the Heart and Stroke or Lung Foundation would be appreciated by the family.
www.keirsteads.ca

Ethel "June" Morrissey, 80, of Salisbury passed away Wednesday, January 14, 2015 at the Moncton Hospital.
Born in Moncton, she was the daughter of the late Robert and Buelah (Steeves) Mesheau. June was a homemaker and enjoyed a card game and having company over for tea.
She is survived and sadly missed by her children Donna Carson (Bruce), Mark and Dorothy Morrissey (Garth Lavallee); grandchildren Shaunda Carson (Jerry Dempsey), Joshua Carson (Chantal Doucet) and great grandson Robert Dempsey; siblings Ruth Jackson, Robert Mesheau (Shirley), Mae Steeves, Marie Colpitts, William Mesheau and Shirley Cudmore (Watson); special niece Janice Jackson (Donnie Henderson), several nieces and nephews and her pets Jake and Buddy. Predeceased by husband Wilfred (1999); brothers-in-law Vaughan Colpitts, Ivan Steeves and Alton "Booie" Jackson; sisters Dorothy Mesheau and Barbara Kitchen and sister-in-law Eileen Mesheau.
Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Friday, January 16 from 7 - 9 pm and from where the funeral will be held in the chapel Saturday, January 17 at 2 pm with Pastor Hugh Morrissey officiating. Interment at Salem Community Cemetery at a later date.
If desired, donations to a living memorial for Mark and Dorothy would be appreciated by the family.
www.keirsteads.ca

RÉSEAU DE SANTÉ Horizon HEALTH NETWORK

Jennifer Taylor RN BN
Nurse Manager Petitcodiac Health CenterHorizon Health Network (506) 756-3415
Jennifer.Taylor@HorizonNB.ca
www.HorizonNB.ca

Health coaches work one-on-one with individuals to:

- set goals for health or lifestyle changes (ie physical activity, weight loss, more nutritious diet, quit smoking, stress management)
- help create an action plan for change
- help individuals track and monitor progress
- provide guidance and motivation
- connect with available resources in your community

For additional information, go to: http://livewellbievvivre.com/

Although there is not a health coach specifically covering our community, the Moncton area coach will work one-on-one with people from our community after the scheduled workshop (see attached flyer) by:

- telephone
- Skype
- Video-conference
- In person (if the individual is willing to travel to Moncton to meet with him)

Please help us share this flyer with as many people as you can so we can make great use of this resource and help contribute to a healthier community.

Attached Flyer

Small Changes Lead to Big Results
Do You Want to Start Now?

The trick to turning resolutions into permanent lifestyle changes is to set S.M.A.R.T goals. S.M.A.R.T. stands for Specific, Measurable, Attainable, Relevant and Timely.

In this session, Live Well! Bien Vivre! Health Coach Claude Vautour will lead the group through the process of setting S.M.A.R.T. goals that they can actually keep.

The session is FREE, interactive and hands-on. It will take place

Tuesday, Feb 10, 6:30 – 8:00 pm
Petitcodiac Legion (5 Kay St., Petitcodiac)

All participants will leave the session with a customized S.M.A.R.T. goal plan of their own, and insights on how they can maintain their goal in the long term.

To register, please contact Holly at 372-3280 or parks.leisure@salisburynb.ca with your name, telephone number and email address

FONDATION POUR LA SANTÉ MEDAVIE HEALTH FOUNDATION | Canadian Diabetes Association | Association Canadienne du Diabète | New Brunswick Nouveau-Brunswick

OBITUARIES

Steeves, Marjorie Joyce, 78, of Petitcodiac, passed away at the Moncton Hospital on January 6, 2015. Born in Petitcodiac, she was a daughter of the late Clifford and Bessie (nee Ferguson) Murree. Marjorie is survived by her sons: Terrance (Lori) and Gregory (Julia), all of Petitcodiac, Christopher of Kamloops, BC, and Douglas of Toronto, ON; her sister Eleanor MacKenzie of Moncton; her grandchildren: Jamie (Christina Rose) of Mount Pearl, NF, Erica of Leduc, AB, Tracy Arsenault (Calvin) of Petitcodiac, Krista (Kalen Darrell) of Oromocto and Katelyn of Moncton; her great-grandchildren: Aidyn, Ava, and Mason; as well as by extended family members and friends. Besides her parents, Marjorie was predeceased by her husband Gerald, her son Jeffrey, and her sisters: Pauline Reeder, Gertrude Crossman, and Evelyn Carter, and her infant brother Clifford. Arrangements have been entrusted to the professional care of Armstrong's Funeral Home, 33 Russell Street, Petitcodiac, from where visitation was held on Sunday January 11, 2015 from 2-4 & 7-9 pm, and from where her funeral service was held on Monday January 12, 2015 at 2:00 pm with Rev. Keith Adams presiding. Interment will be held in the Maplewood Cemetery at a later date. Donations to the Heart & Stroke Foundation or the SPCA would be appreciated by the family. Online condolences are available at: www.armstrongsfh.com

Poems

Still Missing You

They say there is a reason
They say that time will heal
But neither time nor reason
Will change the way we feel.

For no one knows the heartache
that lies behind our smiles,
No one knows how many times
we have broken down and cried.

We want to tell you something
so there won't be any doubt,
You're so wonderful to think of
but so hard to be without.
We cannot bring the old days back,
when we were all together
The family chain is broken now,
but memories live forever.
Unknown

OBITUARIES

Edward Harlan Martin of Petitcodiac, passed away peacefully at the Moncton City Hospital on January 16, 2015 at the age of 73. Born in Elgin, Edward was a son of the late Cyril and Edith (nee Collier) Martin, and the loving husband of Carole (nee MacPhee) Martin. Edward was retired from CNR. He worked for 34 years, starting on a gang at age 18 and worked to become a leading signal communications technician in Canada. He was an adherent of St. James United Church, and a member of the 1st Elgin Baptist Church. He enjoyed snowmobiling and was an avid hockey and NASCAR fan, but his greatest joy was time spent with his family, especially his children and grandchildren. Edward took delight in giving the grandkids treats, and always made sure he had some with him. He spent many hours coaching minor hockey; he followed his grandchildren's hockey games wherever they were playing. Besides his loving wife Carole, Edward is survived by his daughter Paula Martin; his sons: Greg (Bronwen) Martin and Jason (Angela) Martin; six grandchildren: Riley, Chloe, Quincy, Jesse, Eden and Lauren; his sisters: Phyllis Linkletter of Elgin and Shirley (Ralph) Hall of Norton; his brothers: Laurence Martin and Dean (Carol) Martin of Elgin, and Kenneth (Myrna) Martin of Petitcodiac; as well as by many extended family members and friends. Besides his parents Edward was predeceased by his brother Ronald Martin, sister-in-law Shirley Martin and brother-in-law Parker Linkletter. Arrangements have been entrusted to the professional care of Armstrong's Funeral Home, 33 Russell Street, Petitcodiac, (506)756-3361, from where visitation was held on Sunday January 18, 2015 from 2-4 & 6-9 pm. The funeral service was held at the Petitcodiac Baptist Church on Monday January 19, 2015 at 11:00 am with Rev. Keith Adams presiding and Rev. James Hammond assisting. Interment will take place at Maplewood Cemetery at a later date. Donations to the ALS Society Research Department or to a charity of your choice would be appreciated by the family. On-line condolences are available at www.armstrongsfh.com.

If you or someone you know has a great human interest / feel good story please send it to the Local News and Views. E-mail is maritimemotorsports@gmail.com or drop it off at the office in Petitcodiac, 5 Hooper Lane between the hours of 10am and 5pm Monday to Friday. We are always looking for local editorial and stories from Petitcodiac, Elgin, Havelock, Salisbury, Anagance, Boundary Creek and surrounding areas.

Also if any clubs have stories on the history of your club or write ups on event functions please let us know.
From the staff of the Local News and Views

Pet Column

Introducing a New Ca to Your Household

Bringing a new cat home is an exciting time! Just imagine all the fun you can look forward to in the years ahead. Your love along with a little planning can get the experience off to a great start. On the first day, count on spending the whole day with your new cat. And help your other pets roll out the welcome mat, too.

Prepare for a healthy and happy hello. Make sure the pets you already have at home are healthy, current on vaccinations, and free of feline viruses before introducing them to your new cat. Unhealthy pets can not only pose a health risk to your new cat, their behavior can also get the relationship off to a bad start.

Caution is key when it comes to introducing your new cat to your other pets. Proceed calmly to help keep the animals calm and lower the risk of a nasty first encounter
Introduce pets one at a time in a neutral atmosphere, preferably away from a food bowl
Make sure there's a refuge for your new cat. It's best to provide your cat a separate "safe room" from the other pets where he or she has veterinarian-recommended food, water, litter, toys, scratching and climbing structures. A separate room can really help by:

Creating a separate environment for direct, private attention from you
Allowing your new cat to feel comfortable in one part of the house, while allowing other pets to continue to have the rest of the house as they get used to the sounds and smells of the new pet
Giving your new cat a confined area for up to two weeks - the length of time some cats need to get used to new surroundings

What to expect between pets. When existing pets, especially cats, and the new cat start showing a healthy curiosity toward each other, it's time to give them a chance to get a little closer.

Put the new cat in a carrier so the existing pets can smell the new cat without fear
If it takes longer than a couple of weeks for your cats to get used to each other, start feeding on each side of the door to the safe room or playing with toys under the door to entice them
During an introduction, separate pets at any sign of aggression. If hissing or fighting occurs, separate the pets by making a loud noise or using a squirt gun. Never get in the middle because once angered, even a beloved pet could redirect the aggression toward you. Contact your veterinarian for expert advice if aggression continues
Supervise closely and give individual attention. Never leave your new cat unsupervised with any of your other pets until you are certain they get along well. Take time to reassure each pet of his or her importance by spending time alone with each one daily. Keep smaller pets such as birds or hamsters safe and out of reach.

Add structure to an experience involving children. A new cat will need lots of time to settle into your home. It could take weeks. During that time, put a strict limit on playtime involving children to reduce the risk of unnecessary stress on your new pet. Sharing and assigning care responsibilities is a good idea, too, including feeding, providing water and litter box cleaning.

SOURCE: Hill's Pet Nutrition "The Guide for Lifelong Health" www.hillspet.com/

Public Service Announcement about Idiopathic Pulmonary Fibrosis

A Public Service Announcement from the New Brunswick Lung Association Regarding Idiopathic Pulmonary Fibrosis

If you have seen your doctor due to shortness of breath and frequent coughing and your doctor has confirmed that you have Idiopathic Pulmonary Fibrosis (IPF) here are some things that you should discuss with your doctor:

1. What symptoms to expect and prognosis.
2. What life style changes you might make to improve how you feel.
3. Treatment options including Esbriet medication which is now covered by the NB Drug Plan.
4. The support program (Inspiration) available to you if you choose to take Esbriet.

For further information on IPF you can contact Barbara Walls at the New Brunswick Lung Association at
1-506-455-8961 Ext. 107 (1-800-565-5864 Ext. 107) barbara.walls@nb.lung.ca
and for information on the Inspiration program
contact Wendy Bransfield, 1- 506-852-1606,
wbransfield@inspirationipf.com

Comedy at Large

by Laurie Blanchard Salisbury, NB

• Many years ago, a train in Newfoundland nick named the Newfie-Bullet was so fast that a man leaned out of the passenger car window to kiss his wife good-bye in St John's and ended up kissing a cow's butt in Port Aux Basque! Now that's fast!
• I once knew a lady with the last name of Spurr. It was rumored that she was known to make decisions on the spur of the moment. oooh!

•A comedian on TV said that when he got to his hotel room last night, he found a strange blonde in his bed. He told her he wouldn't stand for any of that nonsense and gave her exactly 12 hours to leave !

•A newfie, who wanted to re-kindle the romance, told his wife, when she got home from a shopping trip, that he had a surprise for her upstairs. When they entered the bedroom, she said....Oh my, you bought a new bed! Yes yes, he said, and it has a built in massager ! Well, she said, maybe I should slip into something a bit more comfortable! Says hubby....yes yes, my little trout, I also bought you a rocker recliner!

• When the first interlocking jigsaw puzzle was invented, it caused a national craze as the whole country went to pieces.

• When the first crossword puzzle was printed, the creator received 5 thousand dollars down and 2 thousand dollars across!

• Sign on the back of a large truck ....Pass on the right for that off-the-shoulder-look !
• Sign on a locksmith shop ....LET ME HELP YOU OUT-OR IN.
• Sign at a blood bank clinic .... Donate now. Don't let us be caught with our pints down.

People Who Laugh a lot Live Longer

Are you or someone you know looking for a space to hold:

- Meetings & Presentations
- Family Reunions
- Dances & Weddings
- Benefits
- Etc...

We have Wi-Fi

Why not check out the ***Maritime Motorsports Hall of Fame***.
We have two rooms available for rent.

For more information call 756-2110

Trent Blakney Towing & Excavating

SERVICES
• 24 Hour towing
• Wrecker & Flatbed Service
• Secure Compound
• Excavating • Backhoe • Dozer
• Top Soil •Shale • Snow Removal
• Septic Systems
• Now Pumping Septic's

24 Hour TOWING

3537 Rte 106, Salisbury, NB
372-4755
Cell: 381-1100

What's Happening Salisbury

HAPPY VALENTINES DAY

The Salisbury Lions Club will be holding an "all-you-can-eat" pancake breakfast
Date: Saturday 21 Feb 2015
Time: 7 am to 10 am
Location: Salisbury Lions Club, 63 Peter St, Salisbury
Menu consist of pancakes, sausages, pure maple syrup (ED Smith syrup avail), donuts, muffins, coffee, tea and juice.
Cost: Adults -$7; Ages 6 -10 - $3.
Pre-school - Free
All proceeds for community work
If you have any questions please contact Dale Prosser Salisbury Lions Club 372-9961

"Salisbury Golden Age Club, meets every 1st and 3rd Thursday of the month at the Salisbury Lions Club. Pot luck meal at noon, followed by speakers,events, games etc. All seniors are welcome! For more info contact Sue - 215-0212, Jay 227-0320, or Harry 372-1093,

ART EXIBITION ...Our school has the privilege of hosting two major art events in February; one is VanGO!, and the second is an Artist-in-Residency. On February 26, 2015 at 6:30pm, SMS/JMA Armstrong High School students and staff will host an opening/unveiling of the work of ten New Brunswick professional artist as well as the work of approximately 36 grade 9 and 10 students and select works from grades 5-12, as well as various art activities for those in attendance.
For more information contact Caroline Humar-Barrett at 372-3210

Evening of Music and Worship
Salisbury Baptist Church
Sunday, February 8th
6:30- 8:00 pm
Judy & the Boys,
Rebecca Killam, Shelby Murray,
Heaven Bound, Daughters & Dads

Salisbury Parks & Leisure would like to Thank everyone who presented and attended the first Salisbury Health & Wellness Expo! It was a huge success!!

ONLY150 to be sold
Tickets on Sale February 16th
@ Ben & Ed's Flower Shop
Havin' a Newfie Time
2nd Annual Event
April 25th 2015
Hosted by Ben & Ed "da Boys"
Best Newfie Cold Plate to be had
this side the of Port aux Basques
Tickets $20.00 each
Dinner, Entertainment and Dance
All proceeds will go to Salisbury Food Bank

REMINDER
Dog Tags can be purchased at the village office

Community Seniors Group Presents...
Valentine's Music & Potluck
Tots to Teens are looking forward to entertaining you
Thursday, February 12th
10:30 am- 12:30 pm
Salisbury Baptist Church
All welcome! Come & bring a potluck item to share

The Salisbury Home and School Association meets on the third Monday evening of each month at 7 pm. Meetings take place at Salisbury Elementary School.
We are currently looking for volunteers for school functions. If you have even a small amount of time to donate please let us know.
For more information please contact Lori at 372-9883

Thank you to the Parks & Leisure....**volunteers** that are working hard to keep the rink running. It is not easy to maintain this structure. Appreciation is send to all those that are out in the cold watering, clearing and preparing the ice surface. Mother nature is a tough woman to deal with! Thank you Holy for finding a great group!

St. John Ambulance Youth Group
The SJA (St. John Ambulance) Youth (11 years +) & Junior (8 - 10 years old) Groups meet **EVERY** Wednesday evening in the Kiwanis Community Centre on Railway Avenue in Petitcodiac from 6:30 pm to 8 pm for both groups. If you have any questions or would like more information please contact Diane Wilson, 372-5639. Please note there is **NO fee** to join SJA Youth but we do charge $3.00 for the Junior Programme Sash.

Have something to put in the paper email mageer@rogers.com

Small Changes Lead to Big Results
Do You Want to Start Now
The trick to turning resolutions into permanent lifestyle changes is to set S.M.A.R.T goals. S.M.A.R.T. stands for Specific, Measurable, Attainable, Relevant and Timely. In this session, Live Well! Bien Vivre! Health Coach Claude Vautour will lead the group through the process of setting S.M.A.R.T. goals that they can actually keep. The session is FREE, interactive and hands-on. It will take place Tuesday, Feb 10, 6:30 - 8:00 pm Petitcodiac Legion (5 Kay St., Petitcodiac)
All participants will leave the session with a customized S.M.A.R.T. goal plan of their own, and insights on how they can maintain their goal in the long term.
To register, please contact Holly at 372-3280 or parks.leisure@salisburynb.ca with your name, telephone number and email address

SALISBURY PUBLIC LIBRARY EVENTS

Computer Classes - Free 30-minute computer tutorials available by appointment at the library. Call to register or for more info.
LEGO at the Library - Saturday February 7th from 2:00-3:00p.m. Ages 6 and up. Bring your friends and family to build with LEGO and put your creations on display in the library.
The Booklovers Reading Club for adults will discuss *Canada* by Richard Ford on February 11th at 6:15pm. New members welcome.
Afternoon Movie - Friday February 13th. **No school today**? Join us for a movie at 2:00p.m. Free popcorn!
Valentine Fun - Saturday February 14th from 2:00-3:00p.m.
Teen Pinterest Party - Wednesday February 4th at 6:30pm. Ages 11-18. Tell us which craft from our Pinterest board you want to make at the library. Check out the options at http://pinterest.com/salisburylib/teen-projects/.
Hackmatack Club - Children in grades 4-6 are invited to read books nominated for the Hackmatack Children's Choice Book Award. The next meeting is Tuesday February 24th at 3:00pm.
Crafting Circle - Wednesday February 25th from 6:30-8:00p.m. Bring your current craft project and join fellow knitters and crafters for inspiration and tips. All skill levels are welcome.
Story Time - Fridays at 10am. A 30-minute program of stories, songs, and literacy-building activities for ages 2-5.
These programs are offered free of charge. For more information call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.
Library Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm.

Q: What travels around the world but stays in one corner?
A: A stamp.

Salisbury Food Bank is looking for volunteers in the evening twice a month 5-7:30pm. If your interested please call 372-9787

Salisbury United Church
Sunday 10:00 AM Church and Sunday School
Monday 3:30 -8:00 PM Tae Kwon Doo
7:00 PM Men in Black Practice
8:00 PM AAA Group
Tuesday 9:30 AM Quilters
6:30 PM Girl Guides
Thursday 3:30 -8:00 Tae Kwon Doo
****
Feb 1 2 :00 PM UCW
7:00 PM Salisbury Council
Feb 14 2:00 PM Colpitts Annual Meeting and Pot Luck Supper
Feb 16 4:00 - 6:30 PM Pancake Supper at Lions Club
Feb 19 7:30 PM Salisbury Annual Meeting
Feb 22 11.00 AM Soup Fest -free will offering for church repairs
Feb 26 7:30 PM Pastoral Charge Annual Meeting in Coverdale
****
PANCAKE SUPPER @ Lions Club. Adults $8.00, Children 12 and under $4.00. Family rate $20.00. Feb 16. Pancakes, homemade baked beans, sausage, beverage, gingerbread. 4:00 to 6:30 PM

St. John's Anglican Church
on Kay Street holds Church services every Sunday at 11 am with Sunday School at the same time. Bible study is held every Tues. at 7pm and the ACW meets on the second Tuesday of each month at 2pm in the Church Basement. WE will be joining with St. Andrews Anglican Church;, Petitcodiac to hold a Shrove Tuesday pancake supper on Tues. Feb. 17 at the Petitcodiac Legion at 4:30 pm.

Salisbury Happenings Continued on pg 19

News From The Maritime Motorsports Hall Of Fame

PAUL FORGRAVE
Being inducted as a Builder/ Collector of Antiques

You could say Paul has been interested in cars all his life. At age 6 he had 6 little cars and made a decision those cars were a whole lot more fun than school. He managed to skip almost the entire year of grade one playing in the neighbor's back yard until his mother found out.

Paul's family didn't have a car so when Paul was 18 he bought his own car; a 1953 Meteor Niagara.
The '60's brought the Rock & Rollers. Saturday night's found Paul along with everyone else cruising the A&W and listening to "Dave Reynolds & The Big Beat Show". Paul still likes the Beach Boys.

If he wasn't working at King & St George Street BA, Sundays he would be in the long line-up heading for the Drag Strip in Scoudouc. At times he even ran his 56 Pontiac, just for fun. It was here he met the Moncton Speed & Custom Club boys, of which he is a member.

Paul and his wife June have 3 daughters. They grew up with Dads Collectibles" that eventually took over the garage; they affectionately named it "Dads Museum".

Paul bought several antique cars over the years that he has just sold. When he got married he had a 1956 Ford Fairlane, he always wanted a Crown Victory, In September, 1988 that dream came true—he bought a peacock blue and colonial white 1956 Ford Crown Victoria, it can be seen at the Maritime Motorsports Hall Of Fame Museum. The paint was buffed and the car won many awards at car shows. Eventually the car was stripped down and rebuilt, but is still considered original.

Next was a 1965 Galaxie Ford 4-door Hardtop.

In 1990 he became the second owner of a 1954 Ford Skyliner, it needed a lot of tender love and care.

A car that he still has is a 1936 Ford Tudor Humpback; it's not original as it is powered by a 350 Chevy engine. It is a FUN car and June loves to drive it.

Paul has been busy in several clubs. He has been a member of the New Brunswick Antique Automobile Club for 38 years. He and June have done 9 tours with the Club, all over the Maritimes and beyond, sometimes towing a tent trailer behind the 36. He has spent many hours working the Sussex Flea Market.

In the late 1980's Paul, Alex Kilpatrick, Jim Reid, Stephen Parlee and the late Allan Woodworth were the founders of the Performance Ford Club of Canada, Eastern Division. A couple of years later it became what is now the Ford Country Club. Paul was President of the Ford Country Club 3 times.

Paul was one of the first to promote friendship between Car Clubs. He helped organize a Corn Boil at Campers City with all the Clubs invited. This was a new concept and the first of many multi-club activities. Today this still carries on with events like Cruise to the Bay and the Atlantic Nationals.

Paul is a member of the Canadian Service Station Memorabilia Association. He has a replica BA Service Station in his Museum. In 2009 he was written up in their national magazine, THE GARAGE DOOR NEWS with pictures of his collectibles.

Paul also has an extensive die-cast collection that includes about 600 cars & trucks, 100 tractor trailers, 30 railway pieces and several fire engines.

Salisbury Happenings Continued

Thank-you to everyone who presented and attended the first Salisbury Health & Wellness Expo! It was a huge success!!

February will be just as exciting as we are hosting a Winter Carnival!! The carnival kick-off will be an adult pond hockey tournament on Saturday February 14 from 8 am to 4 pm-just in time for an evening with your Valentine ;) We will accept 8 teams with a maximum of 6 players per team at $50 each. Players must be 19+ and funds raised will go towards the outdoor rink. Register for the Salisbury Winter Pond Hockey Classic by emailing Holly at parks.leisure@salisburynb.ca

Winter Carnival will run the week of February 15 with the majority of events taking place from the 19th-21st

Thursday Feb 19--**Spaghetti Supper Fundraiser** at the Salisbury Lion's Club from 4:30-6:30. Tickets are $12 for adults and $6 for children 12 & under. Take out will be available. All profits will go towards the Local Trail Development and Highland Park Revitalization Fund. The fundraiser will be put on by the Winter Carnival Committee and the Park & Trail Committee. Tickets will be available from committee members, at the Salisbury Village Office, Parks & Leisure office or the Salisbury Boys & Girls Club or call Holly at 372-3280.

Friday Feb 20—**Kids Carnival Day** at Salisbury Boys & Girls Club from 3-5pm with outdoor games and hot chocolate. Parents must stay with their children.

Skating Party at the Salisbury outdoor rink from 6-8pm with music and hot chocolate-weather permitting.

NB Urban Mushing Team—Dog sled rides at the Parks & Leisure building from 6-8. $10 minimum donation per person with all proceed being donated by team owner Doug Stoakley to Moncton SPCA!

Saturday Feb 21—**Family Carnival Day** at Highland Park.

7 am – 10 am Salisbury Lion's Club Pancake Breakfast
11 am Activities at Highland Park beginning with an Amazing Snowshoe Race for adults. We will have lots of outdoor activities such as snow sculptures (sculptures can be started on Friday at your own risk), snow art, maple syrup on the snow, snowball toss game, sliding, cross country skiing and snowshoeing, free hotdogs and hot chocolate, etc DO YOUR SNOWDANCE!!!

12-3 Free Sleigh rides at Highland Park!

2 pm Fiddle Doo & Potluck Supper with Ivan & Vivian Hicks at the Salisbury Lion's Club.

WE HOPE TO SEE EVERYONE OUT ENJOYING THE SALISBURY WINTER CARNIVAL EVENTS!!

Please refer to the website http://salisburynb.ca/VillageOfSalisbury/ParksAndLeisure/ and Facebook for more up to date scheduling and added events as the carnival nears. Holly can be reached by email parks.leisure@salisburynb.ca or 372-3280.

SALISBURY UNITED CHURCH PANCAKE SUPPER

Monday, February 16, 2015
Time: 4:00 - 6:30 pm
Pancakes, Homemade Baked Beans, Sausages
Rolls, Dessert and Beverage
Adults: $ 8.00
Children Under 12: $ 4.00
Family: $20.00
to be held at the
SALISBURY LIONS CLUB
Peter Street
Salisbury, NB
PLEASE COME AND JOIN US!

PREMIERE® VAN LINES
663 Malenfant Blvd, Dieppe, NB E1A 5T8
Tel: (506) 857-0050 Fax: (506) 853-5106
A Few of Our Services Available
*Ask About Our Home Staging Package
*Local & Long Distance Moves
*Storage Services
*Bilingual Services
*Office Moves
*Free Estimate
www.premierevanlines.com

Save up to $208.*

Switch to Shaw Direct for great savings, including our Digital Indulgence Atlantic package designed specifically for Atlantic residents with 380 handpicked channels we know you'll love.

Get an HD Receiver for $0*

Purchase for $99 and get a **$100 hardware credit.**

- Free basic installation*
- One free movie per month*

Digital Indulgence Atlantic

$39.99/mo.

First six months | $57.99 regular price

Exclusive offer.

SALISBURY ELECTRONICS & COMPUTERS

Visit in-store for more details.

Shaw) Direct

Salisbury Electronics & Computers 3134 Main St. Salisbury, NB E4J 2L6 (506) 372-9990

*$208 in savings is based on $100 hardware credit and $108 in programming savings ($18 savings per month for a total of 6 months). Offer available for a limited time and is subject to change without notice. Only one $100 promotional credit available per new customer. Available to qualified customers who haven't subscribed to Shaw Direct for the past 180 days. Net $0.00 HD receiver is based on a $99 purchase price less a $100 promotional credit. A valid credit card, upfront payment deposit, or approved credit score (where available) is required in order to qualify for the $100 promotional credit. Basic installation is provided at no cost for first receiver. Installation fees apply to additional hardware and range from $49.99 to $99.99. Maximum of 6 receivers per account. A multi-receiver fee (MRF) of $6.02 may apply for customers with two or more receivers. Shipping fees may apply. All Shaw Direct services are subject to our Terms of Service and Privacy Policy. Limit of one PPV/VOD coupon per customer, per month. Coupons are only available as long as account is in good standing; cannot be transferred to a new account; cannot be transferred to a new address; and are valued at $7.99, or less. Coupon will not apply to events or adult titles.

FASTER-THAN-EVER HIGH SPEED INTERNET in New Brunswick!

It's new, it's exciting!

Speed up your Connection with Xplornet LTE!

$49.99/month[1]

Introuctory offer until February 28

50 GB/month of data + speed up to 10 Mbps

SALISBURY ELECTRONICS & COMPUTERS

(506) 372-9990 / makeitlast.ca

3134 Main St. Salisbury, NB E4J 2L6

$0 Equipment Fee

$0 Activation Fee (Switch for free!)

$0 Installation Fee (basic installation included)

Stream videos and play online games faster than ever before.

Call your Xplornet local dealer today!

XPLORNET

Reliable | Rural | High Speed

1$49.99 per month applies to the Share LTE plan. Share LTE includes 50 GB per month and download speed up to 10 Mbps. $59.99 per month applies to the Stream LTE plan. Stream LTE includes 75 GB per month and download speed up to 25 Mbps. $0 Activation fee on LTE plans on a 1-year term. Offer ends February 28, 2015 and is available to new customers who agree to a 1-year term. Not to be combined with any other offer. Taxes apply. Actual speed online may vary with your technical configuration, Internet traffic, server and other factors. Traffic Management policy applies; see www.xplornet.com/traffic management. "Faster than ever" means faster than non-LTE Xplornet service. 2Based on the following assumptions: average song is 5Mb; online videos are 6 minutes long; 1 hour of video chat is 28Mb; photos are 2Mb each; 1 hour of HD video at 720p is 1.6Gb. To watch with Netflix, a Netflix streaming membership is required. Xplornet® is a trade-mark of Xplornet Communications Inc. © 2015 Xplornet Communications Inc.

Salisbury Electronics & Computers 3134 Main St. Salisbury, NB E4J 2L6 (506) 372-9990