



LOCAL NEWS & VIEWS

Promoting Local Business & People in
Our Surrounding Communities.

August Issue, 2015

Volume 6 #4.

MONTHLY BULLETIN

Soccer is clearly the largest sport in the world. It is the most played sport in New Brunswick and continues to grow in popularity. Brooke Fredericks, who lives in Salisbury, started playing at the age of two and now plays for the Salisbury Middle School team. She was voted the offensive MVP two years in a row but her enthusiasm for soccer continues to grow. Brooke has attended the Regional Development program for two years and this year, 2015, is the third summer playing at the competitive level - she is on the Codiac First Touch

Salisbury Has Another "Winner"



Brooke Fredericks (centre) with her mother Erin and her sister Taylor accept a donation from Lion Stirling Constantine and Lion Ivan Foster of the Salisbury Lions Club. Brooke has been invited to play on the Provincial U13 Soccer team and will be competing in Atlantics in Newfoundland. She has locally, already won MVP status in more than one year and is recognized for her positive attitude, behaviour and personal responsibility. The donation will help to offset some of the travel costs involved as she pursues this higher level of the sport.

U13 Premier team. In February, Brooke was asked to try out for the provincial U13 team. One weekend each month she traveled (usually to Fredericton) to train with about 40 girls who were also invited to trying out. The players selected for the team were informed in May and Brooke was thrilled to know that she had made it - the Provincial Team! Brooke is travelling to Newfoundland Labrador with her team to represent the Province of New Brunswick in July. The coach has impressed upon the players that this program is about developing them as respectful, responsible athletes on and off the field - so much more than just the technical skill.

Not surprisingly, travel to represent the province at this level is costly. Even though she has the support of Soccer New Brunswick and is regarded as a great ambassador for soccer both on and off the field Brooke and her family, just as all the other players, must raise about \$2000 for her expenses. Team members are involved in many fund raisers and the Salisbury Lions club felt that Brooke is an individual worthy of support. After meeting her for the first time, the Club president, King Lion Ross Alexander describes her as "---well spoken, pleasant, confident and happy." Win or lose on the field, Salisbury has another "winner" among its youth.

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From The Editor

HAVE A GREAT NEW BRUNSWICK DAY!!

Our summer holidays are coming to an end.

All the preparation for the Westmorland County Agricultural Fair

(Aug. 2 – 8), Salisbury Community Days (Aug. 13 – 16) and Elgin Day (Aug. 16) will all be put to good use this month. Thank you to all the people who have and will volunteer their time for these great festivities.

Sunday, August 9th is FREE ADMISSION from 12pm – 5pm at the Maritime Motorsports Hall Of Fame.

This is the month to get the children outfitted for another year at school. Enjoy what time you have left before school starts.

This is the month for some of the BIG races: Petty Raceway – Aug. 2 the Caleb Dunn Memorial, Aug 21,22 River Glade International; Scotia Speedworld – Aug. 8 the CAT 250; Riverside Speedway – Aug. 14, 15 NASCAR Canadian Series.

It will soon be harvest time for the gardeners. You didn't have to carry water this summer as the rain kept you garden well watered. We need to be thankful for the rain as we didn't suffer with the fires that they had out West. Enjoy the rest of the summer!

Your Editor,

Winona McLean



Ross Wetmore
MLA Gagetown – Petitcodiac
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INTERESTING EGG FACTS

Can't remember if an egg is fresh or hard boiled? Just spin the egg. If it wobbles, it's raw. If it spins easily, it's hard boiled. A fresh egg will sink in water, a stale one will float.

Eggs contain all the essential protein, minerals and vitamins, except Vitamin C. But egg yolks are one of few foods that naturally contain Vitamin D. Eggs also contain choline, which is necessary for healthy cell membranes in the body. Choline stimulates brain development and function and helps preserving memory. Eggs also are good for your eyes because they contain lutein which helps prevent age-related cataracts and muscular degeneration. In fact, eggs contain more lutein than spinach and other green vegetables.

Eggs - good for you! The color of the egg shell is not related to quality, nutrients, flavor, or cooking characteristics. White shelled eggs are produced by hens with white feathers and white ear lobes. Brown shelled eggs are produced by hens with red feathers and red ear lobes. Brown egg layers usually are slightly larger and require more food, thus brown eggs usually cost more than white eggs. An egg shell has as many as 17,000 pores over its surface.

A whole egg is about 3 tablespoons worth of liquid, the egg yolk measures about 1

tablespoon of liquid. Older hens tend to lay bigger eggs but double-yolked eggs are produced by younger hens whose egg production cycles are not yet synchronized. There are about 70 calories in an uncooked egg and 77 calories in a cooked egg.

China produces the most eggs, at about 160 billion per year. In the US, about 280 million hens produce more than 65 billion eggs per year. A hen can lay about 250 eggs per year.

Chicken are descendants of the red jungle fowl (*Gallus gallus spadiceus*) that lives in Asia. The chicken is one of the first domestic animals, appearing in China around 1400 BC. There are some 150 chicken species and hundreds of chicken breeds.

What was first, the chicken or the egg? Short answer: the chicken is the egg's way of creating another egg.

According to the bible, the chicken came first. Genesis 1:20-22: So God created the great creatures of the sea and every living and moving thing with which the water teems, according to their kinds, and every winged bird according to its kind. And God saw that it was good. God blessed them and said, "Be fruitful and increase in number and fill the water in the seas, and let the birds increase on the earth."



A Celebration of Community ... ELGIN DAY Sunday, August 16th, 2 to 4 p.m.

Elgin Eco Park

* Pull up a lawn chair and listen to music by Bryan Crandall and Friends.

* Barbecue and soft drinks, compliments of the Elgin Eco Association

* Playground and Heritage Flower Garden

* New this year -- BUBBLE SOCCER -- For a \$5.00 participation fee, kids or adults get to play with several giant soccer bubbles. But wait! There's a person inside. Could be you!

Come see for yourself, and join a Soccer Bubble Team.

W.I. Hall Open House

* Newly renovated kitchen

* SUNDAES on SUNDAY compliments of Elgin Women's Institute

* "Local Kids Dig Gardening" display -- Photos, produce, kids!

* Taste of Blueberry: Tea Sampler using local berries

* Mrs. Potato Competition -- Mr. Potato Head's Significant Other -- One potato per entry. Carve, accessorize and otherwise gussy up your best Russet or Norland. Vote for your favourite!

* Wildflower arrangement competition

* Best arrangement using recycled container.

All entries to be pre-registered. Phone 756-8453 or 756-2531.

Entries must be at The Hall by 10 a.m. on Sunday, August 16th.

For more information call 756 2518

Elgin Women's Institute Pink Tea Had Great Food and Hats Galore!

No mad hatters at this one ... As tea parties go, the W.I.'s Pink Tea on July 23rd was an event to remember for all the right reasons.

Just ask the thirty-eight women who attended. Almost everyone added a hat to their wardrobe for the occasion: a colourful swirl of floppy-brimmed beauties, garden flowers arranged by Gail Crandall and Linda Jonah, sandwiches and sweets with icing-inscribed cake by Winona Maclean. President Hazelanna Carter aka Nellie McClung assisted by Karen Davidson (Irene Parlbay) orchestrated this tribute to Nellie's original prairie Pink Teas held in the early 20th century well before women were recognized as "persons."

Newcomers Leanne Carter and sons, and Colleen Ridgeway were welcomed as Elgin's latest residents and our kitchen designer, Vickie Cormier, was thanked for her work in planning the new kitchen. The kitchen in its supporting role may have stolen the show -- quietly efficient, so organized. Though some details are not quite finished, it's a happy place to be as the Elgin branch plans for its next big event: Elgin Day Open House 2 to 4 p.m. on Sunday, August 16th. Look for complimentary SUNDAES again this year, floral displays and recognition of our youngsters and their gardening triumphs -- kids, photos, produce -- we'll have them all. For more information, phone 756-2531 or 756-8453.



LOCAL NEWS & VIEWS

MONTHLY BULLETIN


- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
 - The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
 - It is also a venue for business to advertise their products and services each month.
 - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
 - Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.
- The office is in the Maritime Motorsports Hall of Fame located at :
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Layout/Ad Design.....Jennifer Hebert
Sales.....Angela Nicholson

September Deadlines:

Editorial..... Aug 21
Advertising..... Aug 20

Petitcodiac Community Calendar 2015

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST	Maritime Motorsports Hall of Fame Open Monday-Saturday 10am-5pm		War Museum Open Mon. to Fri. 10 am - 12 and 1 - 4 pm. See back for details.		WESTMORLAND COUNTY FAIR AUGUST 2 - 8 "WE ARE COUNTRY STRONG!"		1 -Farmers Market - Corn Hill Nursery Seminar -Public Swim @ Pool -Family Swim @ Pool -Aquatots @ Pool
	2 -Church Services -Gymkhana Horseshow -Gospel Night	3 NB Day  -Senior's Club -Taking Time for Me -Public Swim @ Pool -Family Swim @ Pool -Exhibit Drop Off	4 -Explorers' Guild @ Library -A.K.A Dance Studio -Public Swim @ Pool -Adult Swim @ Pool -Queen Pageant	5 -Library Storytime -Movie @ Library -Pilates -SJA Junior & Youth -Walking Club -Public Swim @ Pool -Family Swim @ Pool -Seniors' Day @ Legion -Exhibit Hall open -WCAF official opening - Lumberjack Competition - Holstein Futurity - Showstage Music	6 -Crittter Creations @ Library -Wild Wii @ Library -Drop-in Play Group -A.K.A Dance Studio -Public Swim @ Pool -Adult Swim @ Pool -Beef cattle Display -Draft Horse Hitch -Children's Day -Exhibit Hall -Soap Box Derby - Showstage Music -Hinchey Amusements -Executive Meeting @ Legion	7 -Tea and Tales @ Library -LEGO @ Library -Public Swim @ Pool -Beef Cattle -Tractor Display -Draft Horse Shows -Fur & Feather Show -Exhibit Hall -MacLeod Horsemanship -Pig Scramble -Double Horse Pull -Hinchey Amusements	8 -Farmers Market -Public Swim @ Pool -Family Swim @ Pool -Aquatots @ Pool -Breakfast @ Kodiac -Draft Horse Shows & Competitions -WCAF Parade -Exhibit Hall -MacLeod Horsemanship -Showstage Music -Cadet Supper -Pig Scramble -ATV Pull -Fireworks -Hinchey Amusements -Air Cadets Turkey Dinner @ Legion
	9 -Church Services	10 -Library Zoo @ Library -Pilates -Taking Time for Me -Public Swim @ Pool -Family Swim @ Pool	11 -Explorers' Guild @ Library -Foot Clinic -A.K.A Dance Studio -Public Swim @ Pool -Adult Swim @ Pool	12 -Library Storytime -Movie @ Library -Pilates -SJA Junior & Youth -Public Swim @ Pool -Family Swim @ Pool	13 -Crittter Creations @ Library -Wild Wii @ Library -Book Club @ Library -Foot Clinic -Drop-in Play Group -A.K.A Dance Studio -Public Swim @ Pool -Adult Swim @ Pool	14 -LEGO @ Library -Public Swim @ Pool	15 -Farmers Market - Corn Hill Nursery Seminar - Artists in the Garden @ Corn Hill Nursery -Public Swim @ Pool -Family Swim @ Pool -Aquatots @ Pool
	16 -Church Services -SJA Adult Meeting - Artists in the Garden @ Corn Hill Nursery	17 -Library Zoo @ Library -Pilates -Taking Time for Me -Public Swim @ Pool -Family Swim @ Pool	18 -Explorers' Guild @ Library -ATV Club -A.K.A Dance Studio -Public Swim @ Pool -Adult Swim @ Pool	19 -Library Storytime -Movie @ Library -Pilates -SJA Junior & Youth -Public Swim @ Pool -Family Swim @ Pool	20 -Summer Reading Club Closing Party -Drop-in Play Group -Petitcodiac Sportsman Club -A.K.A Dance Studio -Public Swim @ Pool -Adult Swim @ Pool	21 -LEGO @ Library -Public Swim @ Pool	22 -Farmers Market
	23 -Church Services	24 -Pilates -Taking Time for Me	25 -A.K.A Dance Studio	26 -Library Storytime -Pilates -SJA Junior & Youth -Village Council	27 -Creative Writing Corner @ Library -Drop-in Play Group -A.K.A Dance Studio	28 -LEGO @ Library	29 -Farmers Market
	30 -Church Services	31 -Pilates -Taking Time for Me -Codiac Classics					

A.K.A. Dance Studio -Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052

Church Services

-Petitcodiac Baptist - Morning worship 10:00 am.
-Petitcodiac Mennonite - Sunday School 9:45 am and
Worship Service 11:00 am.
-St. Andrew's Anglican - Sunday Service at 9:00 am, Sunday school at 9:00 am.
-St. James United - Sunday School & service at 11 am.

Codiac Classics - Last Mon. of the month, Kiwanis @7 pm.

Corn Hill Nursery

Seminars 10 am - 12. 756-3635 to register.
- Aug. 1 - Ornamental Grasses Seminar
- Aug. 15 - Building with Stone Seminar
- Aug. 15 & 16 - Artists in the Garden

Drop-in Play Group - Thurs. at St. Andrew's Anglican church from 9:30 - 11:30,

preschool children & parent/caregiver. No charge. Call Christine 756-2296 for info.

Foot Clinic: Petitcodiac Drugmart. Aug. 11 & 13 from 9:00 to 4:15. By appt. (756-3391). \$35.

Legion - 18 Kay St, Petitcodiac. 756-3383
- Seniors' Day - Wed., Aug. 5, Doors open 1 pm. 2 - 5 pm. Roast Chicken Dinner. \$14. Music by Ivan & Vivian Hicks.
- Legion Executive Meeting - Thurs., Aug. 6
- Air Cadets Turkey Dinner - Sat., Aug. 8. 4-6 pm. \$10 in advance; \$12 - at the door; 12 and under \$7; Under 2 free.
- Hall Rental: No charge if fundraiser. Other function: \$141.50

Library (756-3144)
Summer Hours: Mon., Tues, Wed, Fri. 10-1 & 2-5, Thurs. 1- 5 & 6-8
Summer Reading Club fun until Aug. 20. Activities every day! This year's theme: Animals!
- **Library Zoo** (Messy Mondays) - Mon-

days from 10:30-11:30 am. Messy crafts and games.

- **Petitcodiac Explorers Guild** - Games and stories. Tuesdays from 10:30 - 11:30 am.
- **Storytime** (Ages 2-5) Wednesdays from 10:30-11 am.
- **Mid-Week Movie Matinee** (Ages 5-12) - Wednesdays from 2:30-4:30 pm. Movie TBA.
- **Crittter Creations** - Thurs. from 3:30-4:30 pm. Animal crafts.
- **Wild Wii** - Thurs. from 6:30-7:30 pm. Wii at the library.
- **LEGO Construction Club** (Ages 6 +) - Fri., 2:30-4:30 pm.
- **Tea and Tales** - Friday, Aug. 7, 2:00 - 4:00 pm. A Tea and Social at the library during the Fair.. Drop in with your memorabilia and memories. Light refreshments will be served. Also live music entertainment from local talents!
- **Adult Book Club** - Thurs., Aug. 13 from 6:30-8 pm.
- **Summer Reading Club** Closing Party-- Thursday, Aug. 20, 2:30-4:00 pm. Snacks, fun games, and certificates!

- **Creative Writing Corner** (Ages 18+) - Thurs., Aug. 27 from 6:30-8:00 pm.

Petitcodiac Farmers Market - 31 Main Street.
Saturdays from 9:00 am-1:00 pm. Lots of great vendors—homemade products, local meat and produce!

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

Petty Trailblazers ATV Club
-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

Petitcodiac Continued from pg 4

Pool Schedule Call 756-3127 for info and prices

-**Public Swim** Mon-Fri 2:00 - 3:30 pm,
Sat 12:00 - 2:00

-**Evening** - Mon-Thurs 6:30 - 7:30 pm

-**Family Swim** Mon & Wed 5:30 - 6:30pm

Sat 11:00 am - 12:00 pm

-**Adult Swim** Tues & Thurs 5:30 - 6:30 pm

-**Aquatics** Sat (Depending on Interest)

-Visit www.villageofpetitcodiac.com for detailed schedule.

-**Last day of Pool is Friday, August 21.**

Saint John Ambulance (at Kiwanis)

-**SJA Junior** group meets every Wed. at 6:30-7:30

-**SJA Youth** group meets every Wed. at 6:30-8:30 pm

-**Adult meetings** 3rd Sunday of the month at 1:30 pm

Seniors Club - 2 pm. 1st Monday of the month @ Kiwanis.

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

Village Council - Meetings open to public.

If you wish to address council, you must make a formal written request to office 48 hours prior. This Month: Wed., Aug. 26 @ 7 pm

War Museum - Open June 29 to Aug. 21, 2015 - Mon. to Fri. - 10 a.m. to 12 and 1 - 4 p.m. Facebook for any changes in hours. Call Cathy at 756.2068. Chairlift facility available

VILLAGE NOTICE—Please bring ALL old/used batteries to Petitcodiac redemption centre.



Elgin Eco Association



Summer camp is going very well in Elgin. Lots of outdoor fun for the kids even with the some what dismal weather



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- Benefits
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What's Cooking? In Winona's Kitchen

YUMMY CAKE

In a bowl mix
1cup white sugar
½ cup cooking oil
1 can tomato soup
1/3 cup maple syrup
In another bowl mix
1 ½ cups flour
2 teaspoons cinnamon
1 teaspoon soda
½ teaspoon ground cloves
¼ teaspoon salt
Next combine flour mixture and sugar mixture
Lastly add
½ cup raisins
½ cup chocolate chips
Stir well together and pour into wax paper lined 8x8 baking dish.
Cook at 350 degrees F. until toothpick comes out clean. Let cool. Turn on plate and remove the wax paper.
This cake is very moist, could be used as squares or dessert with whipped cream or ice-cream



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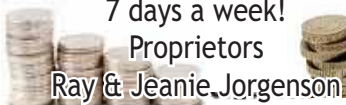
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MOTORSPORTS SCHEDULE

Stockcar-

Petty International Raceway

Aug. 2 – 3rd Annual Caleb Dunn Memorial Race

NB Short Track Challenge & Regular Racing

August 21/22 – Annual River Glade International

Speedway 660

Aug 8 – 4 Cylinder , regular racing

Aug 15 – Sportsman 150, regular racing

Aug 22 – Fan Appreciation, regular racing

Aug 29 – Night of Champions, Regular racing

Riverside International Speedway

Aug 15 – NASCAR Canadian Tire Series

Scotia Speedworld

Aug 7 – Sportsman 100, Regular racing

Aug 8 – Atlantic Cat 250

Aug 14 – Thunder & Lightning Twin 50's

Au 21 – Regular Racing

Aug 28 – Kiddie Rides, Regular Racing

Oyster Bed Speedway

Aug 1 – Parts For Trucks Pro Stock

Aug 8 – Full Card

Aug 15 – Mini Stock 25, Late Model 50, Full Card

Aug 22 – Street Stock 50, Full Card

Aug 29 – Outlaw 25, Full Card

Centre for Speed

July 31/Aug 1,2 – Parlee Beach Music Festival

Aug 15 – Street Wars, Draft Wars, Car Wars + more

Aug 29 – Car Wars, Blind Race + more

Drag Racing

Aug 1/2 – Miramichi Dragway

Aug 8/9 – Miramichi Dragway

Aug 15/16 Raceway Park, PEI

Aug 22/23 Greenfield Dragway

Aug 22/23 Miramichi Dragway

Aug 29/30 Cape Breton Dragway

River Glade Motocross

Races & Special Events

Aug 1 – Atlantic Motocross Series Champions

Aug 2 – CMRC Pro Motocross Nationals Practice & Riding Times

Aug 12,19,26

Learn to Ride

Aug 18,25

MARITIME CLASSIC CAR EVENTS

New Brunswick

Aug. 2 – Memramcook Show & Shine

Aug 7-9 – VanClub annual van-in, Scoudouc

Aug 8 – Westmoreland Agriculture Fair Parade, Petitcodiac

Aug 14-16 NB Antique Auto Club Auto & Flea Market, Sussex

Aug 15/16 Exit 474 Automotive Swap Meet, Scouduc

Aug 16 Annual Classic Chassis Car Show, Shediac River

Aug 22 Annual Mustang Club Car Show, Moncton

Aug 22 Bob Murdoch Memorial Classic Show & Shine, Jemseg

Aug 23 Cruise to Shediac, Shediac

Nova Scotia

Aug. 1 – Tatamaquouche Auto Show

Aug. 2 – Mopar Show and Shine – Bridgewater

Aug. 2 – Porters Lake Pub Show & Shine

Aug. 8/9 – Tommy Horne Memorial Show & Shine, Marion Bridge

Aug. 9 – Canadian Tire Show & Shine, Amherst

Aug. 9 – Eastern Passage Summer Carnival Car Show

Aug. 9 – South Shore in Motion Show & Shine, Bridgewater

Aug. 14/15 – Hot August Nights, Sydney

Aug. 15 – Cape Breton Mustang Club Show, Sydney

Aug. 15 – Cruisin the 500, Dartmouth

Aug. 15 – Maitland Volunteer Fire Dept Car Show

Aug. 15/16 – Rockabilly Weekend, Canning

Aug. 16 – Pembroke Days Show & Shine, Yarmouth

Aug. 16 – River Hebert Classic Car Show & Shine

Aug. 22 – Atlantic Region Car Club Show & Shine, Centerville

Aug. 22 – Kynock Resources Antique Car Show, Hammonds Plains

Aug. 23 – Dartmouth Dodge Mopar Show

Aug. 30 – CAMix Auto Show, Dartmouth

Prince Edward Island

Aug 1/2 – Dunstaffnage Summer Slam

Show N Shine – Dunstaffnage

Aug 23 – Evangeline Dream Machines Car Club Show & Shine, Abrams Village

Aug 29 – Cymbria Lions Club, Rustico



The Doctor Game

W. Gifford-Jones M.D.

Do I Need Cataract Surgery?

Do I get a lot of E-mail? Yes, tons of it. Do I get letters? Practically never, particularly those without a return address. So I was surprised by a recent one. All I know is the writer lives in Lethbridge, Alberta, and is elderly. She has written that she wants to be an informed patient, so is asking for my stand on cataract surgery.

“Ms. X” simply believed she needed reading glasses, but was told by an optometrist that she required cataract surgery. She remarks, “I hesitated, so he sent me to an ophthalmologist for a second opinion. He also agreed that surgery was needed, suggested I simply sign on the dotted line, then called, “Next patient, please”.

But the writer asked for a copy of what she had just signed, read the fine print (interestingly, she could read the fine print!) and now has second and third thoughts about the dangers involved.

According to the National Eye Institute, by age 80 half of North Americans either have a cataract, or have had cataract surgery to replace a foggy lens. The lens allows light to pass through the eye to focus on the back part of the eye, the retina, which then sends images to the brain.

Aging is the main cause of cataracts. Diabetes and glaucoma increase the risk. So does exposure to strong sunlight such as living closer to the equator. High altitude also plays a role as the people of Tibet have the highest rate of cataracts in the world..

Many people don't know they have a cataract in its early stage. And since cataracts normally grow slowly, some people can live for years without significant effect on vision.

But when symptoms first occur, the lens has become tinted, making it difficult to identify blues and purples. For instance, you may think you are wearing a pair of black socks, only to be told by friends that you're actually wearing purple ones. Others complain of the glare of headlights, sunlight

too bright, or a halo around lights.

This patient in question believed she only needed reading glasses and this may be the case. But if a cataract is present, interfering with her daily activities such as reading, driving or watching T.V., then cataract surgery is the only effective treatment for her.

Some patients worry that delaying cataract surgery will result in long-term damage to the eye or make the operation more difficult. But this is not the case, so there is rarely any hurry to rush into surgery. Besides, some people never need an operation and can be helped by new glasses or better lighting.

The writer is correct in wondering about the risks, however. As with any surgery there's always the risk of infection or bleeding problems. For instance, surgeons may ask you to temporarily discontinue any medication that may cause bleeding during surgery.

Cataract surgery also increases the risk of retinal detachment, a potentially serious complication that can cause loss of vision. One sign of this problem is a sudden increase in “floaters” or cobweb structures that appear in the vision.

Ms. X can be reassured that if an operation is truly required, the risk of complication is small and the majority of patients have better vision.

There's no sure way to prevent cataracts. But decreasing exposure to sunlight by wearing sunglasses, eating fruits and vegetables is believed helpful. And be sure to wear protective glasses for tennis and other sports to prevent traumatic cataracts.

Does the use of vitamins help? Some researchers believe vitamin C is a protective agent in vision. The cornea and lens of the eye have the highest concentration of vitamin C in the body. In one study, those with low blood levels of C had 11 times greater risk of developing a cataract. In another study, those who took vitamin E reduced cataract risk by 50 to 70 percent. This is why I take natural vitamin E and high doses of C daily.

At 91 I have had no cataract surgery.

So I hope Ms. X is now an informed patient and realizes that the development of a cataract need not be a rush to surgery. Rather, surgery is done only when quality of life is affected..



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WESTMORLAND COUNTY AGRICULTURAL FAIR:

- Sun., Aug. 2 : - 9 am- Gymkhana Horseshow
 - 7 pm - Gospel Night – Freewill offering
- Mon., Aug. 3: - 4 - 8 pm - Exhibit drop off
- Tues., Aug. 4: - 7:30 pm - Queen Pageant, in the arena
- Wed., Aug. 5: - 1– 5 pm - Seniors' Day @ Legion
 - 12-8 pm - Exhibit Hall open
 - 6:30 pm - WCAF official opening
 - 7:00 pm - Lumberjack Competition
 - Downeast Holstein Futurity
 - Music – Outside Showstage
- Thurs., Aug. 6: - 9 am - Beef Cattle Display
 - Draft Horse Hitch Classes
 - 10-12 - Children's Day – Arena
 - 12-8 pm - Exhibit Hall
 - 6:00 pm - Soap Box Derby – Queen St
 - 6:45 pm - Draft Horse Show Hitch Classes
 - 7:00 pm - Music – Outside Show Stage
- Fri., Aug. 7: - 8:30 am - Beef Cattle – Livestock Arena
 -Antique Tractor Display – Arena
 -Draft Horse Show – Line Classes
 - 11:00 am - Livestock Arena - Fur & Feather show & Display
 - 12-8 pm - Exhibit Hall
 - 12:45 pm - Draft Horse Hitch Classes
 - 2-4 pm - Tea and Tales Community Social @ the Petitcodiac Public Library
 - 3:30 pm - MacLeod Natural Horsemanship
 - 5-5:30 pm - Pig Scramble Registration (yr. 8-10)
 - 5:30 pm - MacLeod Natural Horsemanship
 - 6:00 pm - Pig Scramble
 - 7:00 pm - Double Horse Pull
- Sat., Aug. 8: - 7:30 am - Country Breakfast - Kodiak Room
 - 9:00 am - Draft Horse Jr. Driving Competition
 - Fur & Feather Show & Display
 - 10:30 am - Draft Horse Show – Farm Team
 - 1:00 pm - PARADE – “We are Country Strong”
 - 2-5 pm - Exhibit Hall Open
 - 2:30 pm- Draft Horse Show – Championship
 - 3:00 pm - MacLeod Natural Horsemanship
 - 3:30 pm - Draft Horse Show – 6-in-Hand Hitches
 - 6-in-Hand Driving Competition
 - Overall Teamster of Show
 - 3-5 pm - Music - Outside Show Stage
 - 4-6 pm - Cadet Supper – WCAF Activity Center
 - 5-5:30 pm-Pig Scramble Registration (yr. 11-13)
 - 5:30 pm - MacLeod Natural Horsemanship
 - 6:00 pm - Pig Scramble (11-13).
 - 7:00 pm - ATV Pull
 - Music - Outside Showstage
 - DUSK - Fireworks – by Hinchey & WCAF

Hinchey Amusements open daily Thursday to Saturday

10th Annual Induction Ceremony

Very important this year is our 10th Annual Induction Ceremony. The event is being held at the Holiday Inn Halifax Harbourview Hotel, 101 Wyse Rd., Dartmouth, NS, on Saturday, October 17th. We are encouraging all the past Inductees to come and help celebrate this great event. It is so hard to believe that we are already holding our tenth induction. Anyone is welcome to buy tickets for the event.

Ticket price for the Induction Dinner and ceremony is \$80.00 per person; there are a limited number (275) of tickets available so order early to avoid disappointment. Dress for this important occasion is formal. (Suit & Tie).

About Parking: Parking is complimentary on the bridge side of the hotel and along the back. Note- Parking in the Metropolitan Place parking lot is NOT complimentary and is NOT hotel parking.

Order of Ceremony: Meet & Greet 5:00 P.M. - Dinner 6:00 P.M. - Induction 7:30 P.M. There will be a silent auction plus a live auction of an Inductee autographed checker flag that will go to the highest bidder.

A block of rooms have been set aside for the Maritime Motorsports Hall of Fame at the Hotel, price is \$99.00 plus tax, but you need to make reservations by September 25th to take advantage of this. The Code # is ZM6, telephone number is 1-888-434-0440, or local 902-646-5430, e-mail reservations@hiharbourview.com

The Inductees for 2015 are:

NORMAN KEIRSTEAD - Competitor Drag Racing ,NB
 STEVEN PATRIQUIN - Motorcycle, NB
 RICHARD WOOD - Competitor Rally & Solo/Builder, NB
 GEORGE SHEPPARD – Competitor Sports Car, NS
 PATRICK & LINDA NEAL– Competitor Drag Racing/Bikes, NS
 STANLEY DICKS – Stockcar competitor/Promoter, NS
 MIKE MacKENZIE – Stockcar Competitor, NS
 CLASSIC CHEVY CLUB of NOVA SCOTIA – Club, NS
 BARRIE POOLE – Drag Racing Competitor, PEI
 WADE MacKINNON– Competitor Stockcar Racing, PEI

Note: A onetime offer to all past Inductees to purchase a Maritime Motorsports Hall of Fame Inductee Ring, as this is our 10th Annual Induction. The purchase price is \$139.00 plus tax (Sterling Silver) at INGLIS Jewelers. Phone number is 506-386-9955, ask for Jon Joudrey.



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&
Salisbury Community Days
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Weekly 50/50 Draw
Tri-County Boys and Girls Club Gold Rush
Only a Toonie
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Help support the Boys and Girls Clubs of Havelock,
Petitcodiac and Salisbury
For more info check us out on facebook @ Tri-County Gold Rush

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6 x 591ml

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Guardian Brand Water

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Hours:

Mon-Fri 9:00am to 8:00pm

Saturday 9:00am to 4:00pm & Sunday Closed

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Abandoned Cat Rescue is a charitable organization who rescues cats and kittens. All of our pets, including Fanny (left), are spayed/neutered, have their first vaccination, have been treated for parasites, fleas and ticks, and have been tested for feline leukemia.

We ask for a minimum donation of \$90.

Please call Kim at 215-0059 to adopt Fanny or any of our other cats/kittens looking for their forever homes!



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If you or someone you know has a great human interest / feel good story please send it to the Local News and Views. E-mail is:

maritimemotorsports@gmail.com or drop it off at the office in Petitcodiac, 5 Hooper Lane between the hours of 10am and 5pm Monday to Friday. We are always looking for local editorial and stories from Petitcodiac, Elgin, Havelock, Salisbury, Anagance, Boundary Creek and surrounding areas.

Also if any clubs have stories on the history of your club or write ups on event functions please let us know.
From the staff of the Local News and Views

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We believe a funeral should be just what you need it to be to find meaning today and hope for tomorrow.

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The Village of Petitcodiac received \$20,000 that replaced all incandescent lighting at the Petitcodiac Arena with LED technology and \$25,000 will be used for upgrades at the community pool to improve the quality of water for the public. In addition, the Village has allocated nearly \$60,000 for road re-surfacing and curb and sidewalk replacements. The announcement was made on July 22nd by MP Rob Moore, who was joined by Mayor Gerry Gogan and Council members of the Village of Petitcodiac along with MLA Ross Wetmore. The money comes from the Government of Canada through the federal Gas Tax Fund. Since 2006, the Village of Petitcodiac has benefited from more than \$800,000 through the federal Gas Tax Fund to support local infrastructure projects that benefit residents each and every day



Princess Louise Park Show Centre to Expand

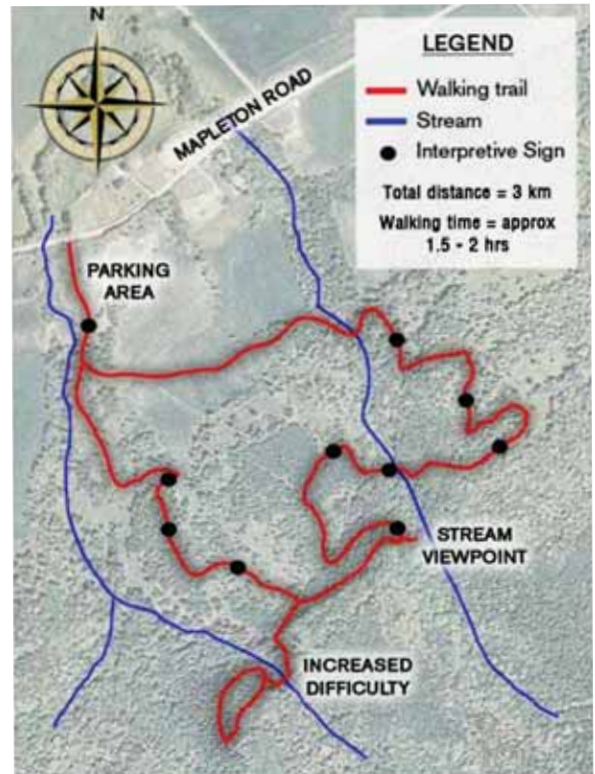
The Princess Louise Park Show Centre will undergo an expansion and infrastructure improvements worth almost \$400,000.00 to increase its capacity to host events, bringing increased economic benefits to Sussex and the surrounding area. The announcement was made June 26th 2015 by the Honourable Rob Moore, Regional Minister for New Brunswick, Minister of State (Atlantic Canada Opportunities Agency) and Member of Parliament for Fundy-Royal and Princess Louise Park Show Centre officials. This co-funded project involves the expansion of the show centre's infrastructure, including a new multi-purpose livestock building with portable stalls, and an outside show ring. The new facilities will help the Show Centre meet a growing demand to host a variety of events and exhibitions.

The Princess Louise Park Show Centre is Eastern Canada's premier agricultural exhibition centre.

Established in 1999, the Princess Louise Park Show Centre Inc. is a non-profit, agricultural exhibition facility that promotes animal showmanship, recreation and culture. It organizes numerous equine shows, and other special events for education, instruction and pleasure. Between 2000, the year the Show Centre opened, and 2005, the number of events hosted more than doubled. By 2007, the Show Centre had contributed over \$10 million to the economy of Sussex and surrounding area.



MAPLETON ACADIAN FOREST TRAIL



It has been decided to do trail clean up day on August the 8th.

If you volunteer to help keep this trail a fabulous trail please come the Mapleton Acadian trail at 9 a.m August 8 if you can.

There we will start with loppers, chainsaws and whipper snippers. Please bring if you have any of these.

Your participation is greatly needed
The EEA



Summer Special

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Contact Trina Perkins
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Everyday People

Submitted by Sheila Boissonneault



"Pizza makes me think that anything is possible." (Henry Rollins)

After reading David & Kathryn Kitchen's story you may agree with that statement. Both were raised in Salisbury; both graduated J.M.A. Armstrong High School in the late 80's, and both their families are in the area. They attended Chatham community college and took Youth Care Worker, which deals with counselling troubled youth. Then returned to Salisbury both agreeing that this was the place to settle down, they grew up here, so their kids could grow up here too. Primarily, Kathy took a job as a support worker in Moncton in that field, and Dave worked as a part-time pizza delivery driver and full-time as a courier driver in Moncton, until he began working with teens at the Boys & Girls Club. They were both working a lot and getting no further ahead. After starting a family they decided that as much as they enjoyed working with youth, it was time for a change.

Dave suggested, to the man he delivered pizza for in Moncton, that he open a pizza restaurant in Salisbury, and Dave could run it for him. His boss at the time was afraid of the size of the town, the small amount of the people, and the Big Stop not far away. He was a city guy – he turned it down. Therefore, Dave and his wife began to discuss the possibility of doing it themselves. They themselves were not sure if the idea would work but it has proven to be very successful. In the fourth month after opening they had already reached their first year's low end projection. Dave said that it started out 'crazy busy' right from the first day! Their busy pace of business caused them to have to invest in a brand new oven twice the size of the one they had started with, shortly after opening, so now people wouldn't have to wait hours for their food. Coming to the end of their three year contract the question was - would they buy and take over the original building, they had been renting space in?... or buy the piece of land next to them with the intention of building their own building? It became obvious that they should invest in the future, brought the piece of land, and after a year they built The Pizza Mill, in its current location.

Dave says that he didn't have any training in business, management, cooking or the running of a restaurant. They just learned as they went... that's called "the school of life". They have always followed the motto with their staff of "don't serve it if you wouldn't love to eat it". They stay involved in various aspects of the community from speaking to groups in the community and school, and being involved in goofy things from pizza eating contests

to being hit with pies to raise money for the school. It works because they are a part of Salisbury, it is their town. There is something special about owning a "Ma & Pa", family owned and operated shop where everyone knows you and the family and staff working behind the counter. Sometimes you may even see Dave's dad standing behind the counter, a man who has been a volunteer fireman on the Salisbury Department for 25 years-- and was rewarded his Service Metal on Canada Day.

The Pizza Mill has also been recognized in national competitions on three separate occasions. Two years they placed first provincially and second across Canada in an online competition for Canada's Favorite Pizzeria. This year they received the national Pizza With a Purpose Award sponsored by The Canadian Pizza Magazine and their main supplier Saputo. This award is an annual nationwide competition that rewards community involvement and how you try to make a difference for others. The three page magazine article told of all they do: past fundraising and aid for local and international causes, and their own charity fund run through Charity Pizza Cards. These \$10 dollar coupons are an idea they came up with a few years back. They are sold each year before Christmas and can be given as small gifts to teachers, the paperboy or tucked into a Christmas card. The business does not make any money on this project, they cover their costs and the remainder goes to their charity fund.

They also give a large prize each year at the JMA graduation. The Gaspereau Award was named after a group of local students saved the lives of hundreds of fish. It was spring just after a heavy rain, the river had swelled and then receded just as quickly leaving the Gaspereau, a type of fish, stranded in pools. These young people went back to the school, got whatever would work to get the fish out of the pools and back into the river, and went to work. This annual award is the sum of \$1,000 and is awarded on character, what the graduate has done up to this point in their teenage years and is based on the principle of youth trying to help in the world around them.

The Kitchens live in Salisbury with their two daughters. Kennedy, their oldest who just graduated this year, has been working in the Pizza Mill since she was eight, she started sorting and cleaning the pop cans. At 14 she was old enough to work in the kitchen and put on the payroll. She is involved in the community, runs a children's musical drama camp each summer in the village, and begins university in the fall. Their youngest daughter Emmy born with various medical issues including a rare condition known as Dandy Walker Syndrome. She is doing phenomenal and is a vibrant young girl who loves to sing, dance and act. She is being trained to take over the pop can responsibility at the restaurant.

This little restaurant that could have continued to feed hungry locals and even have customers come in from out of town specifically because they have heard it is worth the trip. They remain busy with their staff of nine serving this hungry little town that eats

a lot of pizza, garlic fingers, donairs and salads and calzones. After my interview he treated my friend and I to pizza, it was excellent!

SEPTEMBER 8th,
2015

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Hours:

Mon, Tue, Wed ... 9:00 am to 6:00 pm ...Thur, Fri...9:00 am to 9:00 pm
Sat...9:00 am to 6:00 pm...Sunday...12:00 pm to 5:00 pm



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Monday-Friday 8am - 9pm
Saturday 8am - 8pm & Sunday 12pm - 6pm

**HAPPY CANADA DAY
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Main Street, Salisbury, NB 372-9323



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*Our Best Wishes to the Directors, Volunteers
and Participants in the
Westmorland County Agricultural Fair*

Store Hours

Mon-Wed 7:30 am - 6pm
Thu & Fri 7:30 am - 7pm and Saturday 8:00 am - 5 pm

Thursday, August 13th

10am-3pm Seniors Day @ Legion - Open to all seniors. Soup & sandwiches, games and fun. (FREE)

4-6pm Abandoned Cat Rescue SPAYghetti Dinner @ Salisbury Lions Club (63 Peter Street) - Spaghetti Dinner, Salad, Roll, Dessert, and Beverage. There will also be a silent auction. (\$10-Adults/\$5-Age 12 and under) All proceeds for the Abandoned Cat Rescue. Take Out Available. For more information or to purchase tickets, please call Ellen @ 372-5058 or Deidre @ 386-7630

Friday, August 14th

9am-2pm Enter Exhibits-Salisbury Community Days Exhibit Show @ Fire Hall - Who has the cutest pet photo? Who has the best flowers? Who is the better cook? Who is more crafty? There is a category for everyone and children's and senior's sections. Pick up your entry form at the Village Office or www.salisburynb.ca. Something for everyone. (No entry fee)

10-11am Story Time @ Salisbury Public Library - Felt stories, Puppet Show, and Crafts. (FREE)

10am-2pm Kids & Family Day @ Boys & Girls Club - BBQ, Games, & Fun (FREE) There will be water games, so come prepared to get wet. For information call 372-5873. This is a joint effort of the Lions and the Boys & Girls Club.

12pm Deadline for Colouring Contest @ Village Office - Pick up a colouring contest picture at the Village Office or on line at www.salisburynb.ca Two categories, one for children (0-13) and one for adults. Submissions must be received prior to 12pm. All entries will be displayed and prizes will be presented on Sunday during the BBQ.

2pm Deadline for Poster Contest @ Fire Hall - Make a poster with this year's theme. You can draw, paint, or use pictures from a magazine. Posters should be no

smaller than 8 1/2 x 11 and no larger than poster board. Be sure to drop off your poster at the Exhibit Hall before 2pm for judging. Entries will be displayed at the Exhibit Show.

4pm Sing Like a Star Kids Karaoke @ Salisbury Public Library - Come sing your heart out!! (FREE)

4:30-6:30pm Salisbury United Church Supper @ Salisbury Legion (Wheelchair Accessible/Air Conditioned) - Home Baked Beans, Ham, Potato Salad, Rolls, Coleslaw, and your choice of a variety of delicious cakes. (\$10-Adult/\$5-Age 10 and under) Eat In or Take Out. Tickets available in advance or at the door. Call Lois @ 372-4357 or David @ 372-5922 or Bev @ 756-2615 (Only available from August 10th-13th) As done in the past, takeout orders can be delivered to seniors or others (in the Salisbury area) unable to attend.

6-8pm Open Exhibits @ Fire Hall - Come see who won!! (FREE)

6-6:30pm Enter Chili Challenge* - Who will earn the bragging rights for the best chili in the coming year? Entry fee is free. Rules available at the Village Office. (This is a joint effort of the Salisbury Community Days Committee and the Salisbury St. John Ambulance)

6:30-7:00pm Chili Challenge Judging - Come test the chili and see if your pick is the pick of the judges!

6:30-8:30pm Geocaching 101 @ Municipal Building Upstairs Kitchen - Bring your phone, GPS, and questions. There will be five special geocaches published Saturday morning at 11am on www.geocaching.com Find all five to receive your collectable on Sunday at the BBQ.

7:00pm Summer Theatre Day Camp Presentation of Disney's "The Lion King" @ JMA Theatre (back entrance) - The Performing Hearts Summer Theatre Day Camp concludes their week long camp with

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- Heads & Crank Shafts Service



Best Wishes to the Salisbury Community Days

Days Schedule

a public presentation of Disney's "The Lion King" for parents, friends and the general public. Admission is free but donations are greatly appreciated – Seating is limited.

7-8pm Lawn Tractor Races* - Come put your mower to the test and see who's lawn tractor is best! Rules and regulations are available at the Village Office. Please call or stop in at the Village Office to register.

7:30-9pm Outdoor Kitchen Party with The Little Sisters, Kevin Chase, and Hone the Craft*

BBQ* Fundraiser for Highland Park Revitalization Project and Local Trail Development

8-12pm Casino Night @ Legion - Play from 8-10:30pm. Auction starts at 10:30pm.

Saturday, August 15th

7-10am Lions Pancake Breakfast @ Lions Club - All you can eat pancakes and sausages. Come get fuelled up for the day's events. (\$7-Adults, \$3-Children 6-10, Free-Preschool)

8am-12pm Village Wide Yard Sales - We encourage anyone holding a yard sale to contact us prior to Friday, August 16th with your information so that we can create a village wide yard sale map to be made available at the Village Office.

9am 2nd Annual Children's Bike Rally - Salisbury Parks & Leisure will be holding its 2nd Annual Children's Bike Rally. For more information contact Holly @ 372-3280

10am-4pm Lego Sam's Lego Train Show @ Upstairs at the Village Office - Come see Lego Sam's Lego Train Show. (FREE) Lego sets will be available for purchase. If you would like to display a Lego model that you have built, please bring it to Sam at the Village Office on Friday from 11 am to 3 pm to be put on display on Saturday.

11am Parade Line up @ Elementary School Parking Lot - All entries wishing to be judged must register and be lined up before 11:00 am.

12pm Parade (Regular Parade Route) Please note, for safety reasons, through traffic on Main Street and River Road will be stopped for the length of the parade. (Rain or Shine) - Parade Organizers request that candy NOT be thrown from floats, in order to avoid possible injury to children that are gathering goodies. Individuals may walk beside the float and hand out treats. The committee encourages musical entrants. All rules for motorized vehicles should be abided by. There will be no tolerance for reckless driving.

(Directly After Parade) **Dance Demo*** - Come see what Maddi's Dance Class has learned this summer!

1-4pm Market & Food Court* - Local businesses, groups, organizations, or individuals are welcome to run their own stands to sell their products. (Baking, Crafts, Vegetables, BBQ...) Limited space available so please contact the Village Office to book your spot. (FREE)

Remote Control Demo @ Soccer Field Provided by Freedom Hobbies - Planes, Drones, Cars and Helicopters. Weather Permitting

Dress Your Pet Contest* - Register to win prizes for the best dressed pet. Sponsored by Petz International. Registration begins after the parade - Judging begins @ 2:00 pm.

Face Painting* (FREE)
Fun Inflatable's* (FREE)
Kids & Animals Talk* Provided by The Birds Nest - Parental Supervision is Required (FREE)

Community Days Continued on page 17



3149 Main St., Salisbury
Ph: 372-5989

Wishing the Best of Luck to the Volunteers of Salisbury Community Days

Hours:

Monday - Friday..... 11:00 am to 10:00 pm
Saturday..... 11:00 am to 10:00 pm
Sunday..... Noon to 8:00 pm

WE WILL BE CLOSED August 10,11,12

We will open on August 13th at 11:00am

Congratulations and Good Luck to the organizers and participants of the 2015 Salisbury Community Days!



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Hours:

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All the Best to Fair Participants
Salisbury Community Days & Westmorland County Fair



Enjoy the Festivities!

CLASSIFIED

Let the classified's help you list your apt for rent, items for sale, or announce up coming events and special occasions.

Cost: \$5.00 for 20 words or less & \$15 for over 20 words.

For more information call or e-mail the Maritime Motorsports Hall Of Fame at 756-2110 or maritimemotorsports@gmail.com

ADULT EDUCATION

Salisbury Adult Learning Center
372-5025
or
South East Regional
Adult Learning Board
857-9912
FREE GED & PRE-GED PROGRAM

Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

For Rent

Place your rental here
\$5 for 20 words or less

FOR Sale

1956 Oldsmobile
Super 88. Good condition \$6500.00 or best offer. Ph: 756-8982

Garage tools and equipment for sale.
Ph 756-8982

FOR SALE! 2 cemetery lots in the Garden Apostles at Fairhaven Memorial
\$1000.00 each call 756-8223

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Saturdays 8:30 until noon

Employment

EMPLOYEES NEEDED

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UP COMING EVENTS

Every Sunday
Second Elgin United Baptist Church
986 Prosser Brook Road
Sunday Service 11:00 am

Lewis Reunion

Relatives of Late Harry and Pearl are invited to the 29th reunion, Saturday, August 8th, 2pm with potluck at 4:30. 126 Lewis Rd. Colpitts Settlement, rain or shine. For info call 372-4651

Garage Sale

Every Fine Weekend
4537 Route 106, Petitcodiac
More Items Added Every Week!

You are invited to help yourself to the many books, but are asked to please make a donation in the bottle marked - "Saint James United Church"

Doll Museum also open

Goshen Baptist Church

175th Anniversary Service
August 9, 2015 3:00 p.m.

Speaker: Rev. Donald MacDougall
Special Music: Robbie and Bill Pickett
All are Welcome to our Celebration!
Refreshments following the service
For more information, call 756-8397 or 756-1116

Offering will be used for maintenance of the church
THANK YOU!!

The number of people caring for aging friends and family is growing exponentially and it is a very stressful role to take on. The Canadian Mental Health Association in partnership with the Healthy Active Living for the 50 Plus Program is forming a self help/support group in Petitcodiac for the surrounding areas. So often in the rural areas people become isolated and feel like there is no where to turn. We meet the third Tuesday of every month at the Kiwanis building in Petitcodiac at 6:30 p.m.. You can register by calling Gwen McKnight at 432-2101. Please leave a message with your name, phone number and email. Take a little time for yourself and we hope to see you there. There is no charge for this group but a small donation for use of the space would be appreciated.

UP COMING EVENTS

The Elgin Seniors meet once a month on the third Thursday at 2 pm. After a shot meeting we enjoy special speakers, craft projects, games and fellowship. Lots of laughs and a great pot luck supper!!!!

On July 16th we enjoyed a BBQ, lots of salads and good food and fun by the Pollit River. Hosted by John and Kellie Hodgins. GREAT JOB John! Beautiful spot! already booked for next year.

August meeting Terry Goggin will be sharing a "Little Project" with us Come out and see what she has to share??

We are looking still for new members lets keep this Club and building alive! Hope to see some new faces on August 20th at 2pm.

Need a drive gives us a call.
President Mona Carter
756-8245

The Lewis Mountain Cemetery Committee is doing it again!

Doing what? Planning a delicious BBQ which will include hamburgers, pea meal bacon burgers, sausages, hot dogs, corn-cob, pop and water.
Enjoy the silent auction, home baked goods and much more.

Where? Lewis Mountain Church yard.
When? Saturday, September 12th at 11am through afternoon.

Why? To raise money to keep the cemetery groomed and beautiful.

We look forward to seeing you (with lawn chair) as you meet and greet friends and neighbours and enjoy local musicians. Kids bring your kites and hope for a breeze. See Ya!

Anniversary

Church Hill United Church

150th Anniversary Service August 16th at 2:30pm with Reverend Keith Adams as speaker and special music Cornerstone
Everyone Welcome

Goshen Baptist Church
175th Anniversary Service
August 9, 2015 3:00 p.m.
Speaker: Rev. Donald MacDougall
Special Music: Robbie and Bill Pickett
All are Welcome to our Celebration!

Refreshments following the service
For more information, call 756-8397 or 856-1116
Offering will be used for maintenance of the church

BIRTHDAYS

HAPPY 95th BIRTHDAY!



Evelyn Robinson

Come & celebrate with us
Monday, August 3
2pm - 4pm
at Kodiak Place
54 Railway Ave
Petitcodiac, NB

Best Wishes Only!



Place your Birthday announcements here.

Wanted

Salisbury Cross Guard looking for room & board in Salisbury 5 days a week Monday to Friday starting in September. \$500.00
please call Carol at 372-9080
Wishing to pay \$500.00

Thank You

Thank you to all who came to celebrate my 80th Birthday, which made it a memorable occasion. Thanks for cards & gifts an extra special Thank you to my family who made it all possible.
Mary Good

MEMORIAL

In Loving Memory of Husband,
Father and Grampy.

Earle (Bill) Harper August 2, 2002

We Can't see you but we know your
with us. We miss you and never
forget you.

Love Always

Wife Barbara, Allen, Shelia and
family.

OBITUARIES



Harold A. Crandall, 92, formerly of the Lions Villa, Salisbury passed away at the Moncton Hospital, Wednesday, July 1, 2015.

Born in Mapleton, he was the son of the late Percy and Maude

(Steeves) Crandall. He worked until retirement for Co-op Atlantic, attended the Five Points Baptist Church, and was a member of the Royal Canadian Legion Salisbury and the Royal Canadian Army 1940 - 1944.

Survived by his daughter Jean Alward, Mapleton and son Donald, Texas; many grandchildren, great grandchildren and great great grandchildren; step-daughters Wreatha McNamara (Bernie), Salisbury, Thelma Furda, Brampton, ON, Clara Anderson (Walter Steeves), Salisbury, Prudy Fenton (Bob), Lutes Mountain; daughters-in-law Ann and Janice and step-sons Walter Kenny (Julie), Lower Coverdale and James Kenny (Diane), Riverview; sisters Adelaide Gaudet, Petitcodiac and Kathleen Duffy, Hopewell Hill; brothers Gordon Crandall (Florence), Elgin, Richard Crandall (Joan), Riverview and Leroy Crandall (Joyanne), ON; sister-in-law Alice Crandall and several nieces and nephews. Predeceased by his wife Evelyn; special friend Helen Miller; daughter Roselyn; sons Sherman and Hanford; son-in-law Bill Alward; step-son Mark Kenny; grandson Rodney Harrison; granddaughter Kimberly Finck; brother Henry Crandall and sisters Dorothy Harris and Laura Gregg.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Friday, July 3 from 6 - 9 pm with a Legion Memorial Service at 5:45 pm. The service will be held in the funeral home chapel Saturday, July 4 at 11 am with Rev. Bill Parks officiating, assisted by Rev. David Hawkesworth. Interment at Fair Haven Memorial Gardens.

If desired donations, in lieu of flowers, to the Five Points Baptist Church would be appreciated by the family.

www.keirsteads.ca

OBITUARIES



Joyce Iva Prosser, 84, of Salisbury passed away Wednesday, July 8, 2015 with her family by her side at the Dr. Georges L. Dumont Hospital.

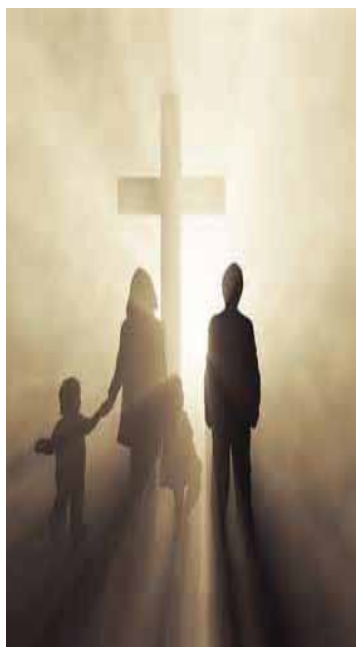
Born in Salisbury, she was the daughter of the late Kenneth and Mary (Bleakney)

Campbell. She worked as a labourer in her early working years at Swift's. She was a member of the Salisbury Baptist Church and a former member of TOPS Salisbury. Joyce loved horses and was still riding in her 80th year, and she loved family gatherings and especially time spent with her grandchildren and great grandchildren.

Survived and sadly missed by children Lynn Coates, Riverview, Lori Steeves (Terry), Petitcodiac and Richard Prosser (Susan Thompson), Prosser Brook; grandchildren John Coates (Lynn), Jamie Steeves (Christina), Tracy Arsenault (Calvin), Erik Prosser and Megan Prosser; great grandchildren Josh, Justin, Aidyn and Mason; sisters Leveta Westcott, Havelock, ON and Grace Grills, Belleville, ON; brothers John Campbell, Sussex and Jerry Campbell, River Glade and several nieces and nephews. Predeceased by husband John H. Prosser (1980); sisters Marguerite Aylward, Evelyn Smith, Geraldine Cormier, Madeline Johnson and Jean Gourley and brother Robert Campbell.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Sunday, July 12 from 7 to 9 pm. There will be a graveside service Monday, July 13 at Pine Hill Cemetery.

If desired, donations to the Pine Hill Cemetery, Alzheimer Society or charity of choice would be appreciated by the family. www.keirsteads.ca



OBITUARIES



CARSON, Ellen Margaret
Passed away peacefully in her sleep at the Elisabeth Bruyere Hospital in Ottawa on Thursday, July 2, 2015. She was the beloved partner

of over 40 years to Lorne Finley. Ellen is survived by many cousins. Ellen is predeceased by her parents Herbert and Gertrude Carson and by her sister G. Ann Devlin. Vignettes of Ellen: Growing up on a mixed farm on Butternut Ridge near Havelock NB, surrounded by cattle, horses, pigs, chickens, dogs and tons of cats; graduating with Honours in mathematics from Mount Allison University; working on the Census at Statistics Canada in the good old days of the long form; meeting her husband on a senior management course; running the Equal Opportunities for Women program for the federal government; splitting wood on their hobby farm near Mt. St Patrick, Ontario; playing music by ear on her upright grand piano; re-finishing furniture; sneaking through neighbours' back yards in the middle of the night looking for her old cat, Jason; Ellen roars by with the accelerator on the floor, the un-muffled engine of the old '66 Porsche rattling the windows of the control tower at the Mosport racetrack - an eight year old boy yelling WOW!"; spending weeks at a time in New Brunswick caring for her 97 year old mother; contributing generously to numerous charities.

A memorial reception will be held at the Havelock Funeral Parlour, 19 Cross Street, In Havelock, NB (506 534 2600) on Saturday, August 22, from 2:00- 4:00 p.m. At Ellen's request, there will be no service or speeches. Interment at the family plot, Greenhill Cemetery Havelock. In lieu of flowers, please consider a donation in Ellen's name to the Heart and Stroke Foundation. Condolences, tributes or donations may be made at... www.keirsteads.ca



OBITUARIES



Heaven gained an angel on Sunday July 19, 2015 when **Reese Kathryn Bursey** passed away in the arms of her loving parents, Whitney Beers and Matthew Bursey, at the IWK Health Centre. Reese was born at the Saint

John Regional Hospital on June 30, 2015, and though her stay with us was brief, the love we shared with her would fill an eternity. Besides her Mom and Dad, Reese will be sadly missed by her paternal grandparents, Greg & Kathy Bursey of Saint John; her maternal grandparents: Karen Mosher of Riverview, and Jared & Nathalie Beers of Churchill; her aunts and uncles: Stacie & Clay Tremblay of Saint John, and Brooke Beers & Kyle Both of Moncton. Arrangements have been entrusted to the professional care of Armstrong's Funeral Home, Petitcodiac (506-756-3361). A private family funeral service will be held at a later date. In lieu of flowers, donations to the HLH Centre of Excellence (C/O Cincinnati Children's Hospital Medical Center P.O. Box 5202 Cincinnati, OH 45201-5202) or to a charity of your choice would be appreciated by the family. Online condolences are available at: www.armstrongsfh.com, www.sussexfh.com, or www.brenansfh.com

Thank You

Thank You

The family of Paula Ferne Armstrong would like to take this opportunity to thank all the family, friends, neighbors and people of their community for the tremendous support shown to them during this difficult time. Thank you to Rev. David Woodworth, Rev. Gordon Cook and the Petitcodiac Baptist Church for their service; to Anne Williams for her gift of music; to the Pallbearers and Honorary Pallbearers, Paula would have been so pleased; to Rick Bell, Trina Perkins and Jeffrey Boyd for their assistance; and to Terry & Tina Rogers, Billy-Joe Smith and Matthew Pickett of Armstrong's Funeral Home for their care and guidance.

In lieu of sending individual thank you cards to the overwhelming amount of people who provided food, condolences, donations and support, the family will be making a donation to the Maplewood Cemetery in Paula's memory.

Sincerely,
Ferne, Scott, Brenda & Graham



The Honourable Rob Moore, Regional Minister for New Brunswick, Minister of State (Atlantic Canada Opportunities Agency) and Member of Parliament for Fundy Royal, announced \$97,085 in federal funding for wastewater infrastructure upgrades in Petitedcodiac at the Maritime Motorsports Hall of Fame on Monday June 29th, 2015. Minister Moore was joined by Gerald Gogan, Mayor of the Village of Petitedcodiac, Gagetown-Petitedcodiac MLA Ross Wetmore and Government MLA Bernard LeBlanc. The project involves replacing an existing sanitary sewer force main under the Petitedcodiac River. The existing cast iron pipe was installed in 1965 and is past its useful service life. Putting this new force main in place will help protect the surrounding environment from potential contamination and contribute to making water treatment systems in the area more efficient.



Funding for wastewater infrastructure upgrades in Alma was announced July 21st in Alma. MP Rob Moore was joined by Mayor Kirstin Short and MLA Brian Keirstead at the announcement. The project involves expanding Alma's aerated lagoon wastewater treatment plant. With the completion of the Fundy Trail parkway in the next few years, tourist traffic is expected to increase significantly in the area, resulting in additional pressure on the wastewater treatment plant. This work will contribute to more efficient wastewater services for residents and allow the Village to meet existing and future wastewater needs. For the Alma project, the Government of Canada will contribute up to one third of the total eligible project costs of \$349,591, to a maximum of \$116,530, under the New Building Canada Fund's Provincial-Territorial Infrastructure Component—Small Communities Fund.



CANAAN, NB June 29, 2015- Seniors in the Canaan area have received financial support for renovations to the Canaan Community Hall. Honourable Rob Moore, Regional Minister for New Brunswick, Minister of State (Atlantic Canada Opportunities Agency) and Member of Parliament for Fundy Royal was joined at the announcement by Gagetown-Petitedcodiac MLA Ross Wetmore and Lisa Black President of the Canaan Rec. Council as well as members of the Board and the community. The Canaan Community Hall received over \$24,000 that was used for renovations and upgrades from the New Horizons for Seniors Program (NHSP). The project involved the installation of a ramp, new heating and cooling system as well as a new steel roof. The repairs enabled them to continue to offer ongoing social activities such as card games, bingo, dances and suppers.



The Royal Canadian Legion Branch 31 is receiving nearly \$32,000 from The Canadian Government through the Enabling Accessibility Fund to improve accessibility for Canadians with disabilities. MP Rob Moore, who was joined by MLA Brian Keirstead and MLA Sherry Wilson, announced the funding support in Salisbury at the Legion on July 16th. The proposed project consists of renovating existing steps, widening doorways, installing a ramp, canopy and an automated door opener.

Community Days

Schedule

East Coast Summer

2pm Minute to Win it - East Coast Style
- Teams compete in a variety of challenges that must be completed in 60 seconds! You've got a MINUTE TO WIN IT! Every second counts, can you beat the clock? First eight teams of two to register (Ages 8 and over)

4:30-6:30pm Lobster Roll Supper @ Lions Club - Lobster Roll, Potato Salad, Coleslaw, and Dessert \$15. Fundraiser for Highland Park Revitalization Project and Local Trail Development. Advanced ticket sales, limited tickets at door. For more information please contact the Parks & Leisure Department@ 372-3280.

Sunday, August 16th

9:00am 3 on 3 Basketball Tournament - \$5 a player. To register please call Parks and Leisure Dept. 372-3280 or email parks.leisure@salisburynb.ca

Community Days Road Race - 1 km Youth Race (\$15) and 5km race (\$25). Includes t-shirt and participant medal. To register call Parks and Leisure Dept. 372-3280 or email parks.leisure@salisburynb.ca

Noon Music by 'Judy & The Boys' & BBQ @ Municipal Building - Come and enjoy music, food, and fun (FREE)

6:30pm Dessert Night with 'For the Cross' @ Salisbury Baptist Church - Enjoy a FREE evening of Gospel Music with 'For the Cross' and all-you-can-eat desserts! Donations for the SBC Stage Renovations Project will be much appreciated! All Welcome.

***** PLEASE NOTE

All events followed by * will take place near the Salisbury Municipal Building, 56 Douglas Street. THERE WILL BE NO PARKING/NO THROUGH TRAFFIC ON DOUGLAS ST. FROM 1PM-5PM. After 1pm, there will be FREE parking at the Salisbury Elementary School. Saturday afternoon's event schedule is based upon the parade finishing at 1pm. Because of this, times are subject to change according to the length of the parade.



Petitcodiac Cribbage League

We finished our season with a delicious hot & cold buffet served by our Legion. Money prizes were passed out for regular season playoffs.

Regulas Season

John Prince & Jackie Miller
Gerry Proser & Peggy Ashley
Debbie Tingley & Gary MacPhee
Kim Chambers & Mike McCully
Norm Miller & Jeanie Jorgensen
Marilyn McCordie & Brad Ryder
Victoria Gallant & Dot Morrissey
Susan Chambers & Dore MacPhee
Marilyn Pollock & Maurice Chambers
Marge Douthwright & Connie Arthurs

Playoffs

Bob & Charlene McCully
Les Russell & Ginny Lewis
Vince O'Brien & Dave Mann
Harry Ogilvie Memorial was won by Marge Douthwright & Barb Slattery
The Legion was presented with a \$125.00 Cheque. Finished the evening with 40 people playing switch-a-partner crib.

Crib meeting September 14th for next season at the Petitcodiac Legion 7:30 pm
Everyone welcome.

Marge Douthwright & Barb Slattery won Harry Ogilvie Memorial Tournament



Dora MacPhee - most 24's - 5



Bob & Charlene McCully 1st in Play offs



1st Place Regular Season
John Prince & Jackie Miller



Presentation of Cheque to Legion



1966 TOP TWELVE IN LANE'S BAKERIES POINTS AT RIVER GLADE SPEEDWAY

- 1st – Wentworth Marshall – 249
- 2nd – Caleb Dunn – 207
- 3rd – Herman Berry Sr. – 177
- 4th – Gerald Wheaton – 156
- 5th – Ray Carson – 148
- 6th – Humbert Beckett – 133
- 7th – Darryl McCallum – 98
- Donnie Beers – 98
- 9th – Ivan Prosser – 96
- 10th – Paul Lewis – 91
- 11th – Ross Wilson – 88
- 12th – Jim MacPherson – 86

Pictured back row L-R – Paul Lewis, Ross Wilson, Darryl McCallum, Humbert Beckett, Ray Carson
Front row L – R – Ivan Prosser, Herman Berry Sr., Wentworth Marshall, Gerald Wheaton
Missing from picture – Caleb Dunn, Donnie Beers, Jim MacPherson

2015 Rely for Life

Photos provided by Janna Lee Photography



New Corporate Sponsor joins Air Show Atlantic

Summerside, Prince Edward Island (July 27, 2015) - Spring Valley Building Centre LTD in Kensington, PEI has partnered with Air Show Atlantic. The Castle retailer will be sponsoring the performances of Gary Ward - extreme aerobatic pilot from Lincolnton, Georgia, USA.

Ward is a familiar site in Atlantic Canada having performed before with Team Chaos and in solo performances. His all-composite MX2 aerobatic plane is colourful and powerful - and will be racing the Shockwave jet truck during the Air Show. Air Show Executive Director, Colin Stephenson, says, "Performers range in cost from eight to twenty thousand dollars US. Having a partner like Spring Valley come on with us helps the Show provide world-class acts and keep ticket prices low so more people can enjoy the Show."

Spring Valley will be providing materials to complete the site set-up at Summerside Airport in Slemon Park where the Show is being held for the third time in five years.

"We, Spring Valley Building Centre, are extremely thrilled about becoming a corporate sponsor for the Air Show Atlantic. We want to thank the organizers for this opportunity to not only support an extraordinary show but to also have an active role during the event. We know that events like Air Show Atlantic are just another great addition to our growing province and we are proud to be involved."

The Show site and community have been very welcoming and will enjoy an economic impact of over two million dollars felt throughout the Island. Air Show organizers are looking forward to more partnerships

from the corporate community to make the Show at least a break-even proposition. Stephenson says that, "Exposure to our ten thousand loyal fans is a great way of expanding a company's advertising and of being a good corporate citizen. Vector Aerospace are on-board as our presenting sponsor to show community support and encourage events on the Island in general. It's a celebration of the quality of life on PEI and being a part of it is about more than advertising."

Air Show Atlantic - presented by Vector Aerospace - will take place in Summerside on August 22 and 23. Gates open at 9:00 am and flying will complete by late afternoon. The static aircraft, army and ground displays will include a kids zone this year and provide a full day of entertainment. Tickets are on sale now at the Slemon Park Convenience Store and online at airshowatlantic.ca.



Pet Column

Hot Weather Tips

Take these simple precautions, provided by ASPCA experts, to help prevent your pet from overheating. And if you suspect your pet is suffering from heat stroke, get help from your veterinarian immediately.

Made in the Shade

Pets can get dehydrated quickly, so give them plenty of fresh, clean water when it's hot outdoors. Make sure your pets have a shady place to get out of the sun, be careful to not over-exercise them, and keep them indoors when it's extremely hot.

Know the Warning Signs

Symptoms of overheating in pets include excessive panting or difficulty breathing, increased heart and respiratory rate, drooling, mild weakness, stupor or even collapse. They can also include seizures, bloody diarrhea and vomit along with an elevated body temperature of over 104 degrees. Animals with flat faces, like Pugs and Persian cats, are more susceptible to heat stroke since they cannot pant as effectively. These pets, along with the elderly, the overweight, and those with heart or lung diseases, should be kept cool in air-conditioned rooms as much as possible.

No Parking!

Never leave your animals alone in a parked vehicle. "On a hot day, a parked car can become a furnace in no time-even with the windows open-which could lead to fatal

heat stroke," says Dr. Louise Murray, Vice President of the ASPCA Animal Hospital. Also, leaving pets unattended in cars in extreme weather is illegal in several states.

Make a Safe Splash

Do not leave pets unsupervised around a pool-not all dogs are good swimmers. Introduce your pets to water gradually and make sure they wear flotation devices when on boats. Rinse your dog off after swimming to remove chlorine or salt from his fur, and try to keep your dog from drinking pool water, which contains chlorine and other chemicals that could cause stomach upset.

Summer Style

Feel free to trim longer hair on your dog, but never shave your dog: The layers of dogs' coats protect them from overheating and sunburn. Brushing cats more often than usual can prevent problems caused by excessive heat. And be sure that any sunscreen or insect repellent product you use on your pets is labeled specifically for use on animals.

Street Smarts

When the temperature is very high, don't let your dog linger on hot asphalt. Being so close to the ground, your pooch's body can heat up quickly, and sensitive paw pads can burn. Keep walks during these times to a minimum.

For more info please visit the website: www.aspc.org/pet-care/hot-weather-tips

YOU COULD WIN

Honda 3000 Watt Gas Generator with Electric Start and build in inverter..

Only a few weeks left to get your tickets!

Draw Date October 17, 2015

Call 756-2110 for more information or stop by the Maritime Motorsports Hall of Fame from 10am to 5pm to get your tickets.



Don't be left in the cold this winter!

Tickets: 1 for \$5 or 3 for \$10

LOCAL NEWS & VIEWS

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Great gift idea. Ph:756-2110



News From The Maritime Motorsports Hall Of Fame

CECIL VANCE and HARRY POOLE

Being inducted as Builders/Stockcar Racing 2012

Cecil Vance and Harry Poole have been involved with racing in the Maritimes for over 35 years.

A 1988 newspaper reported that heavy equipment was busy working towards completion of a new car-racing track along the west side of Highway 102 near the Halifax International Airport. The project, which will cost about \$1 million, is being developed by Scotia Speedworld Ltd. of Dartmouth.

When Scotia SpeedWorld opened May 27th, 1988 it was the climax to a dream for Cecil and Harry. They have been holding weekly racing ever since.

The 1.5 million dollar, one half kilometer paved track has 10 degree banking in the corners and is 50 feet wide. It also features an area for truck pulls and other special events.

The grandstand seating for 5000 spectators has back rests and there are modern food service facilities. There is parking for 2000 vehicles, modern lighting, a two-story tower with press box, announcer's booth and various offices. It was one of Canada's top facilities.

The track brought back stock car racing to the Halifax area after an eight-year absence. The regular weekly show was held on Friday nights.

Scotia SpeedWorld started with street stock and sportsman divisions, with MASCAR tour as specials. Over the years divisions have been added: Bandolero's, Lightning, Trucks, Legends and Thunder. The Street stock is now known as Hobby Stock.

Besides the weekly racing series specials include Pro Stock Tour, Atlantic Cat 250, USHRA Monster Jam Trucks and the Mari-

time League of Legends Tour. The ACT and PASS tour have also raced there.

The Dartmouth District Shrine Club conducts 50/50 draws with proceeds going to the Shriner's Burn Hospital and the IWK Hospital Remedial seating Programs.

2012 marked the 25th Anniversary of Scotia SpeedWorld.

Scotia SpeedWorld has come a long way, but one thing that hasn't changed is the weekly racing.

In 2001 the race course was re-shaped to reflect the current D-shaped oval- enhancing the level of competition for the racers and entertainment for the fans.

Cecil Vance and Harry Poole, the facility owners and their management have consistently provided fan-friendly improvements, with new grandstand seating to seat 5000 spectators and a 1000 seating in the pit area as well as improvements to the SkyBox in 2008, and new washrooms and improved accessibility for 2009.

Back-in-the Day, in a ten-lap feature in support of Rainbow Haven the Scotia Speed-World partners raced and raised \$29,930 in pledges and \$3000 in donations. The winner was Jack Osmond, Cecil Vance second and Harry Poole came in 3rd.

Stories have it that Cecil practiced his racing on the highway.

Since the day Scotia SpeedWorld opened it has offered exciting motor sports entertainment for the entire family.

Cecil and Harry have sponsored race cars and helped keep racing going in the Maritimes.

RIVERSIDE INTERNATIONAL SPEEDWAY

August 14 & 15 NASCAR Weekend featuring the NASCAR Canadian Tire Series in the NASCAR 300 on August 15. This is the only Canadian NASCAR race east of Quebec. August 14 will feature the Napa Sportsman

INDUCTEE OBITUARIES

Adelard Cormier

CORMIER, ADELARD

It is with great sadness that the family of Adelard Laurie Joseph Cormier announces the death of their father. The death occurred at the Moncton Hospital on Saturday, July 25, 2015. Adelard was born on June 4, 1931 in Middle Sackville, NB. He was the son of the late Walter and Norma Cormier.

Adelard was a quiet, gentle man and was well known in the racing circuit; he was a stock car builder and racer for many years. Car number 53 was his claim to fame. He was inducted into the Maritime Hall of Fame in 2007.

Adelard and his wife Audrey owned and operated Auto Service Repair on St. George Street in Moncton for 40 years.

Adelard will be sadly missed and lovingly remembered by his family and friends. He is survived by his sons, David Adelard, Moncton and Laurie (Kelly), Riverview; daughters Darlene (Michael Galbraith) Jackson, Moncton and Stacey (Larry) Jones, Dieppe; foster child, Peggy Walton; sisters Loretta Cormier and Jeannine Melanson; grandchildren, Trevor (Gillian) Jackson, Michelle (Froukje) Jackson, Chantelle Cormier, Melissa Jones; great-grandchildren Gracie, Cooper and Saskia; step-grandchildren Jason, Bertha and Crystal; step-great-grandchildren Cameron, Mollie, Bailey, Selena, Isaiah and Rowan. He will be missed by over thirty Tingley nephews and nieces and by special nephew Jeffrey Melanson and nieces Kathy Borger and Nancy Cormier. He was predeceased in April by his loving wife of 63 years, Audrey (Tingley); his brothers-in-law, Leon Melanson and Edgar Cormier; Audrey's parents, several siblings and their spouses, a niece and nephews.

Arrangements are under the care and supervision of Jones Funeral Home, 70 Bridge St., Sackville, NB (506-364-1300) from where visitation will take place on Tuesday, July 28, 2015 from 6 to 8 pm. The funeral service will be held from the funeral home on Wednesday, July 29, 2015 at 2 pm, Father Allison Carroll officiating. Adelard and his beloved wife Audrey will be laid to rest together in the Sackville Cemetery immediately following the service.

In lieu of flowers, donations to the Canadian Diabetes Association or a charity of one's choice would be appreciated.

Condolences may be sent to the family by visiting Adelard's online memorial at www.jonesfuneralhome.ca or through the funeral home Facebook page.



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Garden Column



By Mark Cullen

Credit line: "Mark Cullen appears on Canada AM every Wednesday morning at 8:40. He is the Lawn & Garden Expert for Home Hardware. Sign up for his free monthly newsletter at www.markcullen.com."

My Favourite 5 Veggies to Grow at Home

My vegetable garden is loaded with fresh produce for many months each season. My list of favourite vegetables includes some obvious choices, but my reason for choosing them is not always so obvious.

1. Tomatoes

My recipe for the best possible tomato crop:

1. **Size matters:** if you're buying your plants from the garden centre, buy the shorter ones. The stockier the better and look for dark green foliage.

2. **Prepare the soil:** dig a hole, about 3 shovels full. Fill the hole with triple mix or vegetable soil.

3. **Plant: deeply.** Bury the plant up to the second set of real leaves. Push the soil firmly around the main stem to ensure good contact between the soil and the plant. The stem at the bottom of the plant, which is now submerged in soil, will develop roots that will help to anchor it.

4. **Water preferably with a compost-tea solution:** this works well if you have a composter and a rain barrel. Simply take an old pillow case and half fill it with compost. Drop it into your rain barrel and leave it there for 24-48 hours. The water will be infused with nutrients from the compost.

5. **Water deeply:** in the morning, and at the soil level. Wet leaves are very susceptible to blight.

6. **Stake:** getting your tomatoes off the ground will double your crop. It is best to do this in mid-June using a spiral stake. Staking your tomatoes helps to increase air circulation (drier leaves).

7. **Fertilize:** tomatoes are heavy feeders. Throughout the season, you will need to fertilize them either with the compost-tea water or a tomato fertilizer.

8. **Bordo mixture:** to be used as a blight prevention tactic. Bordo is a natural product, with copper as an active ingredient. This is important! Start applications early in the summer and repeat every 10 days to 2 weeks to avoid blight in August.

9. **Harvest often.** The more often that you pick your ripe tomatoes the more tomatoes the plant will produce. True for all 'fruiting' plants including beans.

Favourite tomatoes: Big Boy [big!], Sweet One Million [small, cherry type] Brandywine [Heritage] and San Marzano [paste/cooking]



2. Peppers

Peppers are members of the tomato family (solanaceae family, meaning 'sun loving'). They love heat, whether it is a hot pepper you wish to grow or not.

Grow peppers as you would tomatoes: you can follow my recipe above for details.

Space the plant 60 cm apart, there is no need to stake them or apply Bordo as they are not susceptible to blight, as tomatoes are.

Peppers ripen more slowly than tomatoes but when they do start to produce they keep on going until frost. I usually pick my first pepper in early August. Favourite variety: California Wonder

3. Snap Beans

Snap beans are easy to grow in small gardens as they 'bush up' into compact plants that produce a generous quantity of beans for the table. One plant will 'crop' for up to 2 weeks. Sow successive crops, one every 10 days to 2 weeks, beginning as soon as the soil is nice and warm (about 18°C) until late July.

Favourite snap beans: Prevail green, Dusky green, Slender wax yellow and Gold Rush yellow.

4. Carrots

I ask you, "Why would you not grow carrots?" They are easy to grow, take up little space in the garden and generally only demand one very important thing: a deep, loose, well-drained soil (and sun, of course). Make sure that you add generous quantities of sand to your soil before planting: at least 50 cm deep. Otherwise your carrots will bend and split and end up looking like they belong in the circus.

When you sow carrot seeds be sure to mix them into a small container of dry sand, they are easier to spread evenly that way. Sow seeds about 3 cm apart for best performance. Favourite carrots: Bilbo hybrid and Juno hybrid [Canadian!]

5. Radishes and Beets

I put these two veggies in the same category as they grow so similarly. They are root crops, are easy to grow (virtually every seed that you sow will produce a plant) and they mature quickly, though none more quickly than radishes. Get the kids involved when you sow radishes as kids are generally the impatient members of the species. From sowing to harvest is seldom more than 30 days (beets 45 to 60 days). As with all root crops make sure that the soil is well drained. Radishes and beets are best sown in successive crops about 10 days apart, beginning in late April through to late June. Favourites: Radish - Easter Egg, Beets - Kestrel hybrid

Comedy at Large

by Laurie Blanchard Salisbury, NB

• When a door to door salesman rang the bell at a house, the door was opened by a ten year old boy smoking a large cigar and flicking the ashes on the carpet. Er, ah, are your parents home asked the salesman? Taking another puff off the cigar the boy exhaled a large cloud of smoke and said what do you think?

• Divorces and separations are quite common in Hollywood. For instance, a 12 year old boy is on his 5th father and 3rd mother. He claims that he never talks back or argues with his dad. Why should he, he hardly knows him!

• For all you golfers out there, a golfer on the PGA tour is named Boo Weekly. Could he possibly be associated with the Ghost Busters and if so, one would assume that he may Boo Monthly!

Signs that you have grown up and matured....

- your house plants are alive and growing well and you can't smoke any of them
- you hear your favorite song in an elevator
- you keep more food than beer in your fridge
- six am is when you get up, not go to bed!
- a four dollar bottle of wine is no longer considered to be "pretty good stuff"

• Thought for the day - You know you have too many irons in the fire when you are busier than a centipede at a tap dancing competition!



People Who Laugh a lot Live Longer

A Rare Insect

By: Laurie Blanchard, Salisbury

In the early hours of June 19th, about 2 o'clock in the morning, I just happened to step into the porch at our back door and on the

window was an insect which I had never seen before. It was pale green in color and had an enormous wing span. We went on the internet later that day and discovered it was a Luna Moth, also known as Giant Silkworm Moth. They have a wingspan of 4 1/2 inches and fly mostly late at night in the spring and early summer. They are considered to be an endangered species due to pollution and loss of habitat. They have a relatively short life span of no more than 4 to 5 days and are not a common sight as they tend to live in secluded areas with low human presence.



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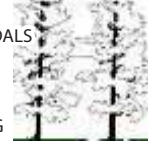
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HOURS

Mon-Fri 8:00am to 5:00pm
Saturday 9:00am to 12:00pm

FOR SALE

CEDAR DECKING--LUMBER, CEDAR LATTICE--SPINDALS
HEMLOCK-TAMARACK LUMBER--BEAMS
SLABWOOD BY THE BUNDLE.
TONGUE & GROOVE CEDAR
CAMP FIREWOOD AND KINDLING BY THE BAG



What is Happening in Salisbury ?

Salisbury Youth Weight in at 2800 Pounds

From July 11th to July 18th youth from all over the Atlantic Provinces have been in Moncton and Saint John for a youth mission tour called Tidal Impact. During the week these youth have been working in various aspects of community service. On Wednesday July 15th the youth had taken part in a food drive for local food banks. Two churches from Salisbury, Salisbury Baptist Church with their visiting youth groups Springhill Baptist Church and Northern Cross Community Church from Labrador, and also Five Points United Baptist Church and their visiting youth group Grace Memorial Baptist Church from Fredericton. These groups in preparation walked around the community distributing flyers letting people know that they would be around later that week to collect food. On Wednesday the youth walked around the community collecting donation people had left for them. That evening Salisbury Baptist Church and their visiting churches had collected a total of 1900 pounds of food, and Five Points United Baptist Church had collected a total of 900 pounds of food for a grand total of 2800 pounds of food and \$230 raised between the two groups donated to Salisbury Helping Hands Food Bank. We the youth would like to thank the community for its continued support of Salisbury Helping Hands.



It takes a Village To Raise a Child and OUR village has raised some really good ones God Bless !

Salisbury United Church

Pastor Sim Rushton DLM, 372-4746

Sunday sermons available at sim65rushblogspot.ca

Sunday worship 10:00 AM

Friday August 14 @ 10:30 AM service @ Jordan Life Care Centre

ANNUAL COMMUNITY DAYS CHURCH SUPPER Friday Aug 14 at SALISBURY LEGION

4:00 PM to 6: PM

Wheel chair accessible, air conditioning,
same floor washrooms

Adults \$10.00 Children under 12 \$6.00

Menu: Ham, potato salad, baked beans, coleslaw, rolls

Dessert: various layer cakes
Hot or cold drink.

Advance tickets Aug 10 - 13.

David Steeves 372-5922

Lois Budd 372-4357

Bev Robinson 756-2615

SALISBURY COMMUNITY MARKET

Open each Saturday 8:30 AM to 12:00 PM
Table rental \$15.00 or \$10.00 to bring your own.
call Patsy 372-9183.

AT THE MARKET

Aug 22 YARD SALE from 8:30 am to 2 PM
BBQ from 10 AM to 2 PM

If raining yard sale and BBQ move to basement

SALISBURY PUBLIC LIBRARY EVENTS

Reading Tails - Monday-Thursday from 2:00 - 3:00 pm until August 19th. Read stories, play games, and make crafts. Ages 5 and up.

Games Galore - Mondays mornings from 10:30-11:30 am until August 17th. Fun and exciting group games and board games! Ages 4 and up.

Family Story Time - A program of stories, puppet shows, and crafts takes place every Friday at 10:00 am all summer.

LEGO at the Library - August 5th and 19th between 6:00-7:00 p.m. August 13th from 10:30-11:30 am. Bring your friends and family to the library and build with LEGO.

Fun Friday Tea Party - August 7th at 2:00 pm

Sensory Play for ages 2-5. August 6th and 20th from 10:30-11:30 am.

Presto & Balthazar Puppet Magic Show - Summer Reading Club Closing

Celebration Thursday August 20th at 2:00 p.m.

Teen Night - Wednesdays at 6:30 pm. We'll choose between craft projects and gaming nights for ages 11-18 each Wednesday night. Check in to see what we have planned each week.

These programs are offered free of charge. For more information call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.
Library Summer Hours: Mondays, Tuesdays, Thursdays, and Fridays, 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm. Closed August 3.

Lions Swimming Pool

Lessons run Mon to Fri 0800 to 1400hrs

Open Swim 1430 to 2000hrs

Mon to Fri and 1200 to 2000hrs Sat and Sun

Our pool season ends in Sept - coincides with School starting.

The Salisbury Lions Club

will be holding an "all-you-can-eat" pancake breakfast

Date: Saturday 15 August 2015

Time: 7 am to 10 am

Location: Salisbury Lions Club, 63 Peter St, Salisbury

Menu consist of pancakes, sausages, pure maple syrup (ED Smith syrup avail), donuts, muffins, coffee, tea and juice.

Cost: Adults - \$7; Ages 6 - 10 - \$3; Pre-school - Free

All proceeds for community work

Big Hearted Little Person

We wish we got your name.. a little girl 3 or 4 years old accompanied by her mom and dad enter the Food Bank in Salisbury carrying a box of groceries. It was busy and they left so quickly. This little girl had a just celebrated her birthday and instead of presents she asked people to bring food for the less fortunate people in our area. She wanted to help the poor people is how she said it. This gesture of kindness has been the talk of the food bank and letting the community know that another special little person is growing up in our community.



School Supplies Needed... If you would like to donate school supplies please drop them off at the Village office or the Salisbury Food Bank. Helping Hands will be accepting cash donations for clothing and sneakers. Any donations made over \$20.00 will be issued a tax receipt make cheques made out to Salisbury Helping Hands Inc.

Have something you would like put in the paper email mageer@rogers.com

Salisbury Baptist Church

Morning Worship - Sundays at 10:00 am, Sermon Series "The 7" The Churches of Revelation

Sunday August 23 - Guest Speaker Cal Maskery from Harvest House.

Come found more about this important mission in Moncton.

Music Night: August 16th at 6:30 there will be an evening of great music by **For The Cross** and delicious desserts! Admission is free but donations for the SBC Stage renovation project would be greatly appreciated!

St. John's Anglican Church, Kaye Street,

Salisbury will hold services on Aug. 16 and 23 at 10 am and on the 30th at 11 am. Services for the first two Sundays in August will be held at St. Andrews Church Petitcodiac at 10 am. On Saturday Aug. 15 there will be a yard sale in the basement of St. John's Church, Kaye Street commencing at 8am. Sunday School will restart in September as well at

ACW meetings on the second Tues. Sept 8 at 2pm

Salisbury Golden Age Club

suspended for the summer months.
Meetings will resume, starting on September 3, 2015.

OPEN HOUSE

SJA Youth group
9 SEPT 2015
6:30 - 8 PM
Kiwanis Community Centre
Railway Ave, Petitcodiac
Free Registration,

Salisbury Parks & Leisure has been very busy this summer! Baseball and soccer are going great with hundreds of kids and parents at the ball parks and soccer fields throughout the week!! We hosted a Nature NB Day Camp that was full of adventure for those who participated! Malcolm Stewart is running a new tennis program! Summer student Jill, is running morning camps 3 days per week. Call ahead to sign up. Danielle and Clint are doing batting practices on Friday mornings from 10-11:30!! Please see below for more details of our exciting summer!!! You can see some baseball action Monday-Thursday!!

MONDAY: 10 am FITNESS CLASS @ Salisbury Baptist Church Gym \$3 per morning. Free childcare provided!!

8-9 pm Adult Swim at the Lion's Pool \$4/evening

TUESDAY: 9 am Walking Club at Lion's Villa-everyone welcome

9-12 Morning camp with Jill (ages 4-11; \$15/morning or \$40/week)

6-6:45 Soccer ages 2-5

WEDNESDAY: 9:30 Summer Lawn Games at Lion's Villa-all seniors welcome (in coordination with Helping Hands)

9-12 Morning Camp

10 ****NEW**** Group Bike Ride-everyone welcome. Leaving Parks &

Leisure at 10

6:30 pm Evening Group Bike Ride meet at Parks & Leisure

THURSDAY: 9-12 Morning Camp

6-7 Soccer ages 6-12

FRIDAY: 9 am Walking Club at Lion's Villa

10 FITNESS CLASS @ SBC gym free childcare

**** PARKS & LEISURE COMMUNITY DAYS EVENTS**** Mark your calendars!!

Friday August 14-BBQ at Village Office

Saturday August 15-9 am youth bike rally at Highland Park-call to register

FLOAT-if your child participated in any events and wants to be on the float-call us!

CONCESSION STANDS-kettle corn, cotton candy, sno cones

LOBSTER ROLL DINNER @ Salisbury Lion's Club-lobster roll, potato salad, coleslaw, strawberry shortcake. 4:30-6:30 \$15 call for tickets.

Sunday August 16-9 am Community Days Run/Walk 1 km youth \$15 and 5 km ages 12 + \$25. Price includes event t-shirt and participant medal

9 am 3-on-3 Basketball tournament ages 16+

FOR MORE INFO CALL 372-3280 OR EMAIL parks.leisure@salisburynb.ca



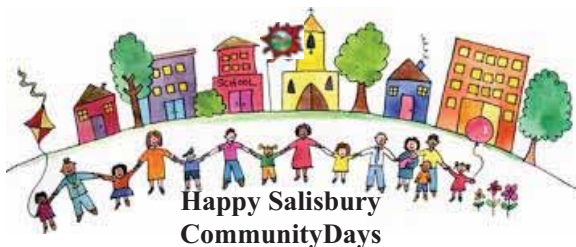
Spay-ghetti Dinner

Salisbury Lions Club Thursday, August 13th from 4 – 6pm

Spaghetti with Meat Sauce, Caesar Salad, Roll,

Angel Food Cake with Lemon Curd & Beverages

Cost \$10 adults / \$5 Children under 12



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