



5 Hooper Ln, Petitediac

LOCAL NEWS & VIEWS

Promoting Local Business & People in
Our Surrounding Communities.

April Issue, 2016

Volume 6 #12

MONTHLY BULLETIN

Local Rural Fire Departments in Need of Volunteers

Petitediac Fire Chief Gerald Jones says that the fire department is dangerously low on Volunteers and he only has half the crew he needs to keep the community safe. "In the daytime" if we had a fire right now we'd probably only have about four men. One issue is that many of the firefighters, including myself are over retirement age. There are about five or six firemen including myself that are not capable of doing front-line fire fighting and I am pretty well at the end of the line. He said they need younger volunteers; two of Jones' best firefighters were laid off when PotashCorp closed its mine near Sussex, which means the young people end up moving elsewhere to look for work.



Petitediac Mayor Jerry Gogan says there are not enough young people to meet the community needs in emergency cases. "With both the number 1 and 2 highways beside us, we are sometimes called out to accidents and it could be a life-saving situation, and we don't have the people to respond. Gerald says other rural fire

stations that rely on volunteers are facing similar shortages, so they have agreed to pool their resources, responding to each other's fire calls - at least until they are able to recruit some help. Please, if anyone is interested in volunteering contact your local Fire Department.

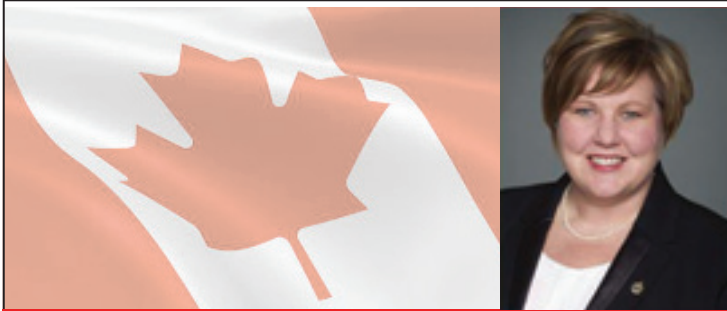


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Also like our page on facebook [Maritime Motorsports Hall of Fame](https://www.facebook.com/MaritimeMotorsportsHallOfFame)

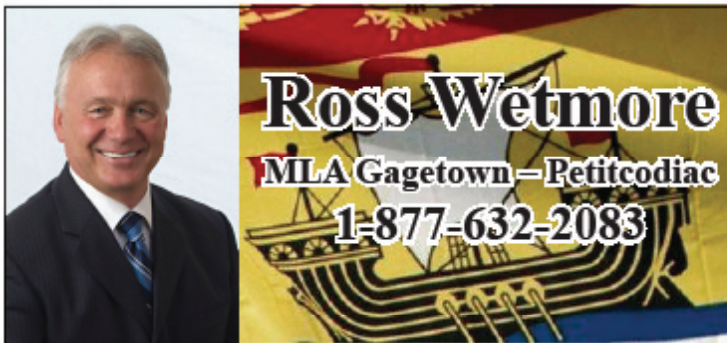
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"Our People Make the Difference"

Maritime Motorsports Hall of Fame



Side-by-Side Draw held March 26

The Maritime Motorsports Hall of Fame wants to take this opportunity to say a special Thank You to all of the people that purchased tickets and help out in any way for the draw. It was a great crowd that attended the draw. Thank you to the Royal Canadian Legion that provided the lovely meal.

The top 5 winners were:

- The 2015 Honda SXS700 (Side-by-Side) - Mike Carll - Sussex, NB
(Picture of winner will be in Mays paper)
- Second place - \$500.00 - Harry Wheaton - Petitcodiac, NB
- Third place - Inglis Jewellers Watch - Craig Phillips - Moncton, NB
- Fourth place - Toys for Big Boys, Harley Davidson Clock -
Joe Jaillet, Saint John, NB
- Fifth place - Little River Lodge getaway - Rebecca Livingston, PEI

From the Editor



"April Showers Bring May Flowers"

What a nice winter, but the spring brought the winter weather. I am looking forward to the spring flowers.

The one BIG thing going on is the Chase the Ace starting April 1st at 6:00pm until 8:00pm at the Royal Canadian Legion in Petitcodiac. You must be there to win; you must 19 years of age to play.

It is time for the 42nd Annual Radical Speedsport car show, April 15 - 17th, being held at the Coliseum Complex, Moncton. On April 23 it's the girl's night out to the Dessert Buffet & Fashion show being held at the Maritime Motorsports Hall Of Fame, 5 Hooper Lane, Petitcodiac. Only 100 tickets being sold so don't miss out, get yours now. Call 756-2110.

Be aware of April Fools Day!!!!!!

Just a thought - One little boy says "Aren't ants funny little things, they work all the time and never play". Other boy says "I don't know about that every time I go on a picnic they are always there".

Your Editor,
Winona McLean



April Fools Day sometimes called All Fools' Day, is one of the most light-hearted days of the year. Its origins are uncertain. Some see it as a celebration related to the turn of the seasons, while others believe it stems from the adoption of a new calendar.



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Petitcodiac Community Calendar 2016

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A p r i l	War Museum Tours by Appointment. Please call Cathy at 756-2068 for more info. Chairlift facility available.					1 -Walking Club -Parent-Child Mother Goose Program -FUN-damental Play Group -Chase the Ace @ Legion	2 -Next Step, Kindergarten! @ Library
	3 -Church Services -Firemen's Bingo @ Legion	4 -Air Cadets -Senior's Club -Pilates -Taking Time for Me -Merry Makers 2 -Walking Club -Fit Camp @ PRS	5 -Geri-fitness -Kickboxing -A.K.A Dance Studio -Youth Group -Children's Choir -Discovery Kids	6 -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Fit Camp @ PRS	7 -Drop-in Play Group -A.K.A Dance Studio - Legion Branch Meetings	8 -Walking Club -Parent-Child Mother Goose Program -Jam Session -FUN-damental Play Group -Chase the Ace @ Legion	9 -Next Step, Kindergarten! @ Library
	10 -Church Services -Firemen's Bingo @ Legion	11 -Air Cadets -Pilates -Taking Time for Me -Walking Club -Footcare @ Legion -Fit Camp @ PRS	12 -Geri-fitness -Kickboxing -Women's Institute -A.K.A Dance Studio -Kiwanis -Youth Group -Children's Choir -Discovery Kids	13 -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Village Council -Fit Camp @ PRS	14 -Book Club @ Library -Drop-in Play Group -A.K.A Dance Studio	15 -Walking Club -Parent-Child Mother Goose Program @ Kiwanis -Jam Session -FUN-damental Play Group -Chase the Ace @ Legion	16 -Next Step, Kindergarten! @ Library
	17 -Church Services -Firemen's Bingo @ Legion	18 -Air Cadets -Pilates -Taking Time for Me -Merry Makers 2 -Walking Club -Fit Camp @ PRS	19 -Geri-fitness -Kickboxing -A.K.A Dance Studio -Youth Group -Children's Choir -Discovery Kids -ATV Club	20 -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Fit Camp @ PRS	21 -Adult Colouring Night @ Library -Drop-in Play Group -Petitcodiac Sportsman Club -A.K.A Dance Studio -Foot Clinic @ Legion	22 -Walking Club -Parent-Child Mother Goose Program @ Kiwanis -FUN-damental Play Group -Chase the Ace @ Legion	23 -Next Step, Kindergarten! @ Library
	24 -Church Services -Firemen's Bingo @ Legion -Harry Ogilvie Memorial Crib Tournament @ Legion	25 -Air Cadets -Pilates -Taking Time for Me -Codiac Classics -Walking Club -Fit Camp @ PRS	26 -Geri-fitness -Kickboxing -A.K.A Dance Studio -Kiwanis -Youth Group -Children's Choir -Discovery Kids	27 -Library Storytime -Pilates -SJA Junior & Youth -Legion Noon Meal -Dominoes @ Legion -Walking Club -Village Council -Fit Camp @ PRS -Talk With Me, Babies' First Words	28 -Creative Writing Corner @ Library -Drop-in Play Group -A.K.A Dance Studio	29 -Walking Club -FUN-damental Play Group -Chase the Ace @ Legion -Kiwanis Trivia @ Legion	30 -Next Step, Kindergarten! @ Library -LEGO Club @ Library

A.K.A. Dance Studio - Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052

Air Cadets - 639 F.P.MacLaren Squadron Air Cadets meet Mon. at 6 pm @ Legion. New members welcome.

Children's Choir - Ages. 5-12. Tues, 7:15 pm @ Baptist Church.

Church Services

-**Petitcodiac Baptist** - Morning worship 10:50 am. Sunday School 9:30 am. Classes all ages.
-**Petitcodiac Mennonite** - Sunday School 9:45 am and Worship Service 11:00 am.
-**St. Andrew's Anglican** - Sunday Service at 9:00 am, Sunday school at 9:00 am.
-**St. James United** - Sunday School & service at 11 am.

Codiac Classics - Car enthusiasts meet last Mon. of the month, Kiwanis @ 7 pm. New members welcome.

Discovery Kids - K-5. Tuesdays, 6:15 pm at Baptist Church.

Drop-in Play Group - Thurs. at St. Andrew's Anglican church from 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Christine 756-2296 for info.

Fit Camp - Monday and Wednesday, 7-8 pm @ PRS Gym. Starts April 4 to May 30th. \$45 for both nights, \$25 for one night a week or \$5 drop in rate.

FUN-damental Play Group - For 0 - 5 years. Games and activities focusing on fundamental movement skills. Fridays. 10:30 - 11:30 am @ Kiwanis. \$2 per family.

Geri-Fitness - (50+) Tuesday mornings from 10:00 - 11:00 am at the Kiwanis building. All welcome. Please call Tanya at 756-2198 for details.

Jam Session - 2nd and 3rd Fri. night each month at Kiwanis from 7 - 10 pm.

Contact Elva Greer for more info: 756-3926.

Kick Boxing - Boys & Girls Club on Tues at 7:30 pm. \$2/evening. More info at 534-2250.

Kiwanis

- Tues., April 12 & 26, 6:30pm. New members welcome. Call Clinton at 372-4144 for more information.
- Kiwanis Club requesting donation of \$80.00 per day for use of room in centre. \$20.00 extra for use of kitchen. Call Donna at 756-9085 for details.

Legion - 8 Kay St, Petitcodiac. 756-3383
- Fri., April 1, 8, 15, 22, and 29 - **Chase the Ace**. tickets sold from 6 - 8 p.m. Ticket draw at 8:15 p.m. SHARP.
- Sun., April 3, 10, 17, and 24 - **Petitcodiac Firemen's Bingo - Fundraiser** for Off Road Equipment; doors at 6 pm; starts 7 p.m. For more info, contact Chairman, Gary Jones - 871.0620

- Thurs., April 7 - Meetings. Executive, 7 & General, 8 pm.
- **Walking Club** - Monday, Wednesday, and Friday, 9 - 10 am.
- Wednesdays - Dominoes - 7 pm.
- **Merry Makers 2** - Apr. 4 & 18. 10 am - 2 pm. Cards, bingo, etc. with a light lunch at noon for \$6.
- Mon., Apr. 11 - Coleman's Therapeutic Footcare Jessica Cokeman, LPN; call for an appointment 381.5422
- Thurs., Apr. 21 - Foot Care Clinic 9 a.m. to 5 p.m. For an Appointment call 433.5252 Press "0"
- Sun., April 24 - Harry Ogilvie Memorial Crib Tournament. Registration 12:30 p.m. Start time 1 pm. \$12/person. Double Money.
- Fri., April 29 - Kiwanis Trivia. Doors open 6:30 p.m. Game starts at 7:30 p.m. Max. of 6 players per team; Max. 18 teams; Fee per team - \$150; First Prize - \$1200; Second prize - \$300; Third prize - \$150. All proceeds go to community projects. For more information, please contact Rick Brown

Everyday People

Submitted by Sheila Boissonneault



"A strong woman believes that she is strong enough to face her journey, but a woman of strength has FAITH that it is in the journey that she will become strong..." Unknown

Doris Wood was born and brought up in Grangeville NB. For 10 years there was just Doris and her brother, then her mother lost a child and later her sister was born. Her father had a small farm of three milking cows, a couple of work horses and pigs. Doris was very young when she learned to milk the cows; her little black dog, Toby, would sit and watch them milk with his mouth open and they would squirt milk into his

mouth. Also she would feed the chickens; the rooster would often jump on her shoulders and pick at the back of her head, that rooster soon was put in the stew pot. They helped in the barn, cleaning the gutters and feeding the cows and horses their hay. She remembers one day that her mother and she went into the barn and on the nine barrels of grain they counted nine rats peering out at them, they didn't stay there very long. Traps were set to get rid of them and later on they got some cats and the problem was solved. Doris had to walk two and a half miles to school. Her schooling was interrupted when her mother took sick and she had to stay home to take care of her. Then it was interrupted again when her teacher was fired, seems she preferred to play with the children rather than teach. Doris did finish her grade eight.

Just after her 12th birthday they were burnt out. A neighbour saw lightening, it was in November, but whatever it was their grandparents, who lived on the other side of the house perished. They lived with an Aunt and Uncle for a few weeks; then a neighbour who was in the army let them live in his house for the winter. In the spring they cleaned up the pig pen and lived in it for a year, then they built a new house across from the burnt out one. They returned to farming, Doris was 14 at the time. She kept busy carrying in wood for their stove

The family attended the Baptist Church in Grangeville and her mother enjoyed listening to the preachers on the radio; Doris listened along with her. While listening to a Pentecostal preacher preaching on salvation Doris prayed the prayer of salvation. She remembers the feeling of peace that came over her and she felt God's presence.

There was a lady preacher at the Baptist church who one afternoon a week gave a Bible study for the children coming from school and Doris attended that. Then later on she attended UBBTS United Baptist Bible Training School a year after it opened. She remembers the times that they would go on a bus and do ministry on the streets.

Sometimes the girls would take a bus to Highfield Baptist Church; there was a Pentecostal church nearby that they heard called "the Holy Rollers"; they wanted to find out. Come to find out the church was quite "normal" and didn't see anything like the description they were given. Also Doris belonged to a choir that sang in New Brunswick and Nova Scotia.

It was at the Bible School that Doris met Rodrick Wood. They married and he took a job with Air Canada, they lived with her parents at first then moved

to Lakeburn. Then on to Springhill NS for six months, after which they moved to Ontario where he worked for Proctor & Gamble, and then American Motors; mostly three years at a time. Then he worked for a Taxi company in Mississauga. There were school runs and the men didn't want to do them so they would employ the women. Soon they had Doris delivering parcels, and then passengers and that's when Doris became a Taxi driver. Her first passengers were two businessmen whom she would take to the airport on the "two dollar run", upon arriving at their destination one of the men threw a 20 dollar bill on the seat and when she started to make change he grabbed the bill and they got out of the Taxi; she learned then to take the bills in her hand when she made change. She wasn't supposed to leave a parked car where she stopped but she did and ran to the building but there wasn't a sign of them

Later Doris worked for a Cosmetic company in Barrie and as she travelled back and forth she would see young Cadets hitchhiking and sometimes she would pick some up; she would play Gospel songs and witness to them. They moved to take work cleaning at a College in Kitchener, then moved on to Kingston and while working as assistant superintendents in Cooksville Doris took a couple of weeks off wwwwwto go help her daughter who was expecting her second baby. It was then Doris's husband decided to take their furniture and move out. She didn't have a clue this was going to

Everyday People continued on page 19

LOCAL NEWS & VIEWS

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Deadline April 17, 2016. We thank all applicants; only those selected for an interview will be called. No phone calls please.

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LOCAL NEWS & VIEWS

MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
 - The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
 - It is also a venue for business to advertise their products and services each month.
 - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
 - Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.
- The office is in the Maritime Motorsports Hall of Fame located at :
5 Hooper Lane, Petitcodiac, NB E4Z 0B4
Phone: 756-2110, Fax 756-2094
Email: maritimemotorsports@gmail.com

May Deadlines:

Editorial.....April 22
Advertising.....April 22

ELGIN NEWS!

International Women's Day Celebration

Held March 5th at Elgin Community Centre

One of the best ever! Do we say that every year? Surely, 2016 was one of the best attended and enjoyed International Women's Day celebrations in Elgin's fourteen-year history of staging the event. The local committee of Julie Kean Marks, Moranda vanGeest, Hazelanna Carter, Linda Goggin, Zaheera Denath, Bonny Price and Karen Davidson themed the March 5th afternoon held at the Community Centre as Spread Your Wings.

Tabletops featured delicate handmade butterflies on dried hydrangeas. Susan Briand baked a scrumptious butterfly-decorated cake. The display area introduced potential readers to a bevy of books themed coming-of-age and "spread the word" about outstanding women writers, many of them Canadian. Linda Goggin's "Nifty after Fifty" guidelines and pamphlets were there for the taking.

IWD's afternoon program outlined a variety of ways to enjoy and be informed in turn. The seventy-eight women in attendance were greeted by emcee Julie Kean Marks and soon found themselves in a friendly exchange: introducing themselves to someone new.

As guest speaker, Josie Marks spoke of her experience as an immigration

lawyer in Moncton. She detailed how the term "refugee" is defined and offered several life stories to illustrate her remarks. Josie's was an inspiring and informative address, given the current welcoming and resettlement of Syrian refugees to New Brunswick. Of course, friends and admirers welcomed Josie back; she grew up in the family home on Gowland Mountain, and is the daughter of Julie and Bruce Marks.

Following lunch provided and served by the Elgin Women's Institute, everyone settled in for a good laugh. The group skit "I'm Totally Housebroken" provided just that. Olga (Moranda vanGeest) was out to find herself a lover, and Karen's Elite Singles seemed just the ticket. But after being introduced to Wes Jet (Hazelanna Carter), Stu Pitt (Zaheera Denath) and the recycled brothers, Darryl and Darryl (Bonny Price and Linda Goggin) Olga left discouraged, and Karen took down her shingle.

One of the highlights of Saturday's program was the performance of the Codiac Chords, directed by Mary Norrad. This was the third year the Chords have attended Elgin's IWD. As always, their enthusiastic and melodic renditions of popular and traditional tunes had everyone smiling -- and in the case of "I Have a Dream," our IWD theme song -- singing, and planning to attend next year's event.

Elgin's International Women's Day Celebration -- Prelude to spring and

The months go fast with little snow this winter it seems to go even faster. It also made it difficult for many groups to have specific winter activities that involve snow. However now spring is here we've received the remainder of the snow we didn't receive in the winter. Better enjoy it!

The EEA has developed a passport to be given to members and non-members when participating in any of activities organized by the EEA. When you have at least participated in 3 of the 5 activities your passport will be entered in a draw the end of the year. You can either participate as a volunteer or take part in the activity. For more info or to acquire a passport call 756 2518. When you attend an EEA activity "DON'T FORGET YOUR PASSPORT"

It has been decided that the REGISTRATION of participation in the summer camp will take place on THE ANNUAL GENERAL MEETING MAY 5. More details in April's newsletter.

The EEA has committed to build 2 or 3 little libraries. These will be posted at various locations in the village. We hope that this will enhance the ability to distribute books and make books more accessible to everybody.

The EEA has applied for a summer student and hope to hear soon if we are approved.

The Mapleton Acadian Trail will be open for use as it has been in the past. Go enjoy this beautiful trail as often as you like. The EEA's pride and joy In April there will be another craft and cook day. Date to be announced. OUR NEXT EEA MEETING APRIL 7m at 7 p.m in the Seniors Hall.

an exceptional chance to enjoy the company and talents of new and old friends!



Elgin 2016 International Women's Day Committee.

Back row, left to right: Hazelanna Carter, Linda Goggin, Julie Kean Marks, Karen Davidson, Bonny Price.
In front: Moranda vanGeest, Zaheera Denath.

April Volunteer Month



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LITTLE HELPERS IN THE KITCHEN

Moms & Dads make room in the kitchen for your little helpers. They are never too young to start helping with the little things; setting the table, putting on the napkins, decorating cookies or even stirring. When a child assists with meal preparation it makes them feel useful and appreciated seeing other members of the family enjoying what they have done. Boys and girls can all help out; these lessons taught at home will come in handy as they go off to college and the rest of their life.

**A Heartfelt Thank you
from the Havelock
Fire Department**

We had 150 people come and raised \$2955.

The Havelock Fire Department wishes to thank the following for our successful Wagon Ride FUNdraiser on March 12th. Claude Thorne and his fine Belgian team.

Foodland Petitcodiac
Sobeys in Sussex and Moncton
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D & A Meats

The Memorial Hall Committee
Havelock Lions
Havelock Legion
Havelock Homecoming
Havelock Women's Institute
Havelock Baptist Church
Havelock Wesleyan Church
Cornhill Women's Institute
Lower Ridge Women's Institute
Plus the many individuals who gave of their time for this worthy cause. The generosity of the businesses that helped us out was heartwarming and very appreciated. Thank you all.

Petitcodiac continued from page 4

- **Legion Noon Meals.** \$10.00.
 - April 6 - Chicken Breasts
 - April 13 - Salmon
 - April 20 - Ham
 - April 27 - Cod Fish
- **Hall Rental:** If you wish to rent the hall for a wedding reception, birthday or any other function, call the Legion 756.3383.

Library (756-3144)

-Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8. Closed Sun and Mon.

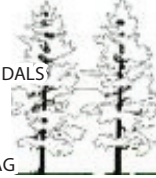
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Hours of Operation

Mon-Fri 8:00am to 5:00pm & Saturday 9:00am to 12:00pm

- Next Step, Kindergarten! -

Saturdays, April 2, 9, 16, 23, 30. 10:30 am -12 pm. Parents who have children registered for Kindergarten this fall are invited to bring their families to a special 5 week session that will explore skills such as reading readiness, letters, numbers, shapes, colours, and concepts. Contact Danny at the library to register.

-**Storytime** (Ages 2-5) Wednesdays from 10:30-11 am.

-**Adult Book Club** - Thurs., April 14 from 6:30-8 pm.

-**Adult Colouring Night** - Thurs., April 21 from 6:30-8 pm.

-**Creative Writing Corner** (18+) - Thurs., Apr. 28, 6:30-8 pm.

-**LEGO Construction Club** (Ages 6+) - Sat., Apr. 30, 2-4 pm.

Parent-Child Mother Goose Program

Learning rhymes, songs, and stories. Ages 3-5. Fri at 9:30-10:30 am at Kiwanis. Until Apr. 22. Free of charge. More info call Natalie Griffin, 756-0289 or Petitcodiac.rec@gmail.com.

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

Petty Trailblazers ATV Club

-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

Saint John Ambulance (at Kiwanis) -SJA Junior/Youth group meets every Wed. at 6:30-8 pm. Contact Diane at 372-5639 for more information

Seniors Club - 2 pm. 1st Monday of the month @ Kiwanis.

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

Talk With Me - Babies' first words (10-18 months). Wednesday April 27th, 10 am. Upstairs of the Village Office

Village Council - Meetings open to public. If you wish to address council, you must make a formal written request to office 48 hours prior. This Month: April 13 at noon, and April 27 at 7:00 pm.



**What's Cooking?
In Winona's
Kitchen**

**OATMEAL & CRANBERRY
MUFFINS**

In bowl mix dry ingredients

1 cup oatmeal

1 cup flour

¼ cup brown sugar

½ cup dried cranberries

2 teaspoons baking powder

¼ teaspoon salt

¼ teaspoon soda

In another bowl

Beat 1 egg

1 cup milk

2 tablespoons cooking oil

¼ cup molasses

Now combine the two mixtures

Mixing just enough to moisten the dry ingredients

I spray the pan with cooking spray. Bake at 400 degrees F. about 15 minutes

This makes 12 regular size muffins.



Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Jean at 756-2985 for more info.

Youth Group - Tuesdays, 7:30 pm @ Baptist Church. Middle School and High School.



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Gilding the Lily



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Pure white, hardy and beautiful by any standard, the Easter lily (*Lilium longiflorum*) is used as a symbol of the religious celebration of Easter for good reason. It represents purity, virtue, innocence, hope and life.

Care and Feeding

If you are fortunate enough to have an Easter lily in your home, here is how I recommend that you care for it:

- Keep in a bright room but out of direct sunlight, or the life of the flowers will shorten.
- Remove the yellow anthers in the fully open lily flower to prevent getting the yellow pollen on your clothing. Try washing it out and you will know why this is a good idea.
- Allow the surface of the soil to dry between watering.
- After flowering, remove the finished bloom and put the pot of leaves and stems in a bright sunny window where the sun will be absorbed and the bulb(s) under the

soil beefed up by the sugars that are produced naturally by the top portion of the plant.

- After the leaves turn yellow (about 4 to 6 weeks) remove the plant from its pot and plant outdoors, preferably in an east location, though south or north can work but only with generous mulching in fall.
- The Easter lily is only marginally hardy in zone 6 so an application of 4 or 5 cm of finely ground up bark mulch will help to insulate it over the winter and increase its chances of coming back in the spring.
- With luck the lily will get bigger and better each spring.

Grow Your Own

If the idea of growing lilies in your garden appeals to you then you may want to get into your local garden retailer soon to pick up some oriental lily bulbs to plant up in one gallon sized pots. Plant the lily bulbs about 4 to 5 cm deep in the pot and use good quality potting soil. Place the pots in a sunny window, water regularly (being careful not to leave the soil consistently soggy) and in about a month or 6 weeks plant them out into your garden in a sunny position. Oriental lilies are reliably winter hardy to zone 3 however, there is a caveat: lily beetles. Many lily growers

in recent years have been plagued with them. What the persistent Colorado potato beetle is to potatoes, the lily beetle is to lilies. The somewhat reliable control of these pests is neem oil. It is generally safe for use around children and pets but it is not registered for use as a pesticide in Canada: look for 'plant shine' at the retailer and check the active ingredients. If 'neem' is listed, you've got the best answer to the lily beetle problem that we know of. Neem is the name of a sub tropical tree that is grown in Brazil. The oil from its seed has insecticidal properties. It also makes for very shiny leaves, when applied according to directions.

Fleur de Lis

Any discussion about lilies in Canada would not be complete without acknowledging the lily that is emblematic of the province of Quebec, the Fleur de Lis. Some historians argue that the 'lis' or 'lily' is in fact a flag iris, but we don't need to go there. The actual lily used in the Quebec provincial emblem is generally thought to be the Madonna lily (*Lilium candidum*), another hugely symbolic plant. Long before the French got their hands on it the Egyptians, Greeks and Romans all used the Madonna lily as a symbol of purity, virtue, virginity



and, well, you get the idea. The Madonna lily is not easy to find at garden retailers, however it is a good garden performer to zone 4. It grows to 1 to 1 ½ meters tall and (like all lilies) prefers an open, well drained soil otherwise the bulbs are prone to rot and disease. It does not like to be disturbed, so I do not recommend digging it up to divide until the flowering performance begins to disappoint you. You should get about 5 to 7 good years out of a clump of Madonna lily bulbs before they need to be dug up and divided. Other lilies include the Asiatic lilies, which are easier to grow than the Orientals, they bloom earlier but they do not have the stunning fragrance of the Oriental lilies. Asiatic lilies do not like alkaline soil.

Nancy Brace with the help of family and friends will be hosting a

Dessert Buffet & Fashion Show

April 23, 2016

Meet, Greet and Shop 6:30 pm

Fashion Show 7:00pm & Dessert Buffet to follow

at the Maritime Motorsports Hall of Fame, 5 Hooper Lane, Petitcodiac

For tickets contact: 756-2110

Price: Advance \$12.00 At the Door \$15.00

Vendors: Mary Kay, Silpada, Stella & Dot

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WINE-O-WAREHOUSE

WINE-O-WAREHOUSE is now open for all your wine crafting needs in Petittcodiac.

At Wine-O-Warehouse you can have your wine made on-site or make it at home. It's fun, it saves money, and the RJS brand has won many awards for taste. The process of making wine in a business like Wine-O-Warehouse is great because it gives the customer an opportunity to learn a little bit more about the wine making experience, and try products that they may not have had an opportunity to try. You can make virtually all brands of wine that you can find in a liquor store. There are many whites and reds, for a full listing of all of our wines please check out our website www.wineowarehouse.com. We also carry a large variety of the very popular fruit wines that are also listed on our website.

The biggest plus about the RJS Winemaking brand is that they offer 100% guarantee on all of the products made in-store. So

if a customer comes in and wants to try something new, and for whatever reason is not satisfied with the taste, Wine-O-Warehouse will return it and



replace with a new kit.

The other plus is knowing the person that is actually helping you make your wine. We want to make those connections so



you know exactly what you are getting, exactly where it came from, and can trust the people that you made it with. It is our mission to "make good people good wine".

We are also carrying beer kits and beer making supplies for anyone who makes their own beer.

Please drop in anytime at 230 Old Post Rd in Petittcodiac and be sure to save the date for the Grand Opening on April 22nd. The RJS Winemaking representative will be on hand to answer your questions about the brand. There will be snacks and every customer will have a chance to win free Wine Kits in

a draw at the end of the day. Our hours will be Tuesday & Wednesday from 10am to 6pm, Thursday & Friday from 10am to 8pm and Saturdays from 8am to 12 noon.



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Rural Rides Claims Success

Rural Rides has been providing transportation to local residents for well over a year. President, Ross Alexander, said: "I feel we are now at a point where we can claim success but there is much more to come!"

Mr. Alexander explains that the concept started with the meeting of a small group who felt that a service was needed for local transportation since there is no public transit such as buses, shuttles or local taxis. Residents without access to cars are left isolated. There are community minded people willing to help friends, relatives and neighbours but this is not always feasible or convenient. That first meeting was called by Councillor Bob Lamb of Salisbury who described the interest including support shown by Mayor Jerry Gogan of Petitcodiac. A decision was made to create a dial-a-ride program, similar to those that exist in other areas.

The concerned group formalized itself by creating a non-profit corporation with the mission to create a volunteer driven enterprise providing affordable transportation to people in the service area. The name Rural Rides was chosen and the service area is described as the Upper Petitcodiac River Area covering Petitcodiac, Salisbury, Upper Coverdale, Havelock, River Glade, Elgin and points in between. They have driven riders much further and even took people to hospital appointments in Saint John.

Rural Rides partnered with Westmoreland Albert Social Inclusion Network and obtained a start-up grant from the Economic and Social Inclusion Corporation. To build a base of riders and drivers, the executive offered a service contract to Doug Duff for a period of three months to take on that role until they had sufficient confidence in their ability to provide the service before going

to an open competition to fill the position. With Doug's help they set up an office in the Lions Villa where Doug worked to recruit drivers and clients. This start-up turned out to be more difficult than expected but due to Doug's contacts, the service began to grow.

"We decided after the three months that we were not ready to proceed with a competition and Doug stayed with us on new contracts, supplemented with small service contracts to others for the specialized functions. Doug did a great job in this formative stage, getting Rural Rides to the point that the board of Directors decided last December that it was time to go to the long planned open competition" said Alexander.

A detailed and demanding work description was developed and advertised. Anybody within the service area having the appropriate knowledge and abilities could be considered for the position. The numerous applications received were screened down to a few promising individuals for interviews.

"Some people thought our requirements and the selection process was too demanding but we persevered and are pleased to announce that Kelly Taylor qualified for and accepted the position. Kelly started with Rural Rides on March 7" said Alexander. While Kelly became familiar with the operation, Doug stayed on to help with the transition until his most recent contract ended on March 18. The Board wants to thank Doug for his work and dedication. The photo shows President Ross saying farewell to Doug as he leaves for new duties associated with the upcoming municipal election process.

In the second photo, Bea Brown, President Elect of Rural Rides, welcomes Kelly as the incoming



Rural Rides President Ross Alexander, Thanks Doug Duff



Rural Rides President Elect Bea Brown welcomes new member manager Kelly Taylor

Manager/Administrator. By way of background, Kelly has been very active in the area as the administrative assistant at the Salisbury Baptist Church for the past 11 years. She has a passion for helping others and her skill set and experience will be a great asset to Rural Rides moving forward. Rural Rides is eager to have more volunteer drivers and riders. They are working with adjacent groups in Moncton, as well as the Tele-Drive Albert (Alma) County to provide an even greater service and their collective vision is to ensure that no person in Westmoreland Albert

is without access to affordable transportation.

For more information on how you can access transportation through Rural Rides, volunteer as a driver, join the board of directors or make a donation, please call 215-2100 or visit our website online at <http://ruralridesnb.com>

The public is invited to attend Annual General Meeting of Rural Rides on April 27 at 7:00 pm at the Salisbury Lions Club. Come and learn more and perhaps share some cake and coffee.

Havelock Royal Canadian Legion Branch 86

Fundraising Blind Auction

The item up for Auction for this fundraiser is a Dynamo converted coin operated pool table. We still have the coin door of this table that can be reinstalled. With the table there is a set of ball and a number of pool cues.

The table will need to be disassembled and picked up by the lucky winning bid.

In the envelope with your bid, be sure to enclose contact information.

This auction will be closed by the 7 of May 2016; the executive of the Legion will then review all bids and contact the winning bidder as well as post the winners name in the Sussex Herald.

Your bids maybe sent to the Legion via mail at
Royal Canadian Legion Branch 86
Attention Blind Auction
4684 Rte 880 Havelock
E4Z 5L1

or

Email CarolK@nbnet.nb.ca
Include the subject (Blind Auction)

Havelock Events

COME AND CELEBRATE THE ARRIVAL OF SPRING

APRIL 2, Saturday 11 AM-3 PM
CABIN FEVER QUILT DAY at the Lions Hall, (beside Charlie's.)

Come and try your hand at quilting with the Havelock Women's Institute.

There will be quilts on display, as well as the Havelock Historical Picture Collection. Light refreshments served, no charge.

APRIL 12, Tuesday 12:30-4 PM
ZIPPY AFTER 50! The Wellness Day at the Memorial Hall will be an afternoon of health tips and tricks, info, inspiration and fun for the 50+ crowd. Demonstrations, door prizes and light refreshments. Pre-registration is appreciated. Contact Linda Goggin 756-3956 or Helen Clarke 534-2932

APRIL 18-23 Mon.-Fri 11 AM-7 PM
Sat. 9 AM-12 PM

HAVELOCK WI SPRING RUMMAGE SALE will be held at the Lions Hall (beside Charlie's). Saturday is always "Fill A Bag For A Toonie" day. We have great buys on all our clothing and household items. Donations of clean items are always appreciated.

All proceeds go to our community and to WI work. Our items are added to daily, so visit often. There's something for everyone.



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CHASE THE ACE OF SPADES LOTTERY



**A fundraising campaign for the Petitcodiac Royal Canadian Legion #41
& the Maritime Motorsports Hall Of Fame Inc.**

Where: Being held every Friday evening at the Royal Canadian Legion # 41, 18 Kay Street, Petitcodiac, NB.

When: Starting **April 1, 2016** at **6:00pm** until **8:00pm**, ticket drawn at **8:15 sharp**, every **Friday evening** until ace of spades is drawn.

Cost: Roll Tickets will be sold for \$2.00 for one, three for \$5.00 and ten for \$10.00.

Rules: You must be 19 years of age. You must be here to win. Tickets will only be sold at the above address. Staff working the event will not be allowed to participate in the event.

How: Come to the event; buy tickets (as many as you want), lucky ticket will be drawn at **8.15 sharp (you must be there)**; holder of ticket will receive **20%** of evening's take and a chance to turn up a playing card (if it is the **Ace of Spades** the ticket holder will then receive another **20% (Jack Pot)** and the game is over, however if not the Ace of Spades the money will be held over until next week and added to that Jack Pot. 30% goes to the Legion #41 and 30% goes to the Maritime Motorsports Hall Of Fame Inc.





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Includes a visual inspection of brakes, windshield wipers, suspension parts

Auto Detail - General clean up
Exterior wash plus an interior basic clean-up



Maritime Motorsports Hall Of Fame Inc.

Hands sown queen size

"Double Nine Patch" Quilt Draw

Draw Date June 4, 2016 at the Petty Autofest
Tickets \$5.00 per ticket Or 3 for \$10.00

**Quilt on Display at the Hall Of Fame, 5
Hooper Lane, Petitcodiac**



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Wondering how you can stay "Zippy After 50!"?

...then join us on Tuesday, April 12 from 12:30 to 4:00 p.m. at the Havelock Memorial Hall, Havelock, for "Zippy After 50!" Wellness Clinic and Expo for an afternoon of inspiration, fun and information.

The event will feature booths and displays with free information on health and wellness; fitness and nutrition demonstrations and activities; glucose, cholesterol and blood pressure testing; door prize draws and light refreshments.

Guest speakers will include Gwen McKnight, Community Education Coordinator with the Canadian Mental Health Association; and Music Therapist, Dominique Gauthier.

Admission is free, but pre-registration would be appreciated. For more information or to register, call Linda Goggin at 756-3956 or Helen Clarke at 534-2932. Sponsored by the Healthy Active Living for the 50Plus Program and members of the Havelock Women's Institute.

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The Pollett River Run

It all happens on the last Saturday of every April

Join your friends as they float down the Pollett River in canoes, home made rafts, tire tubs or anything else that might float. It is about friends, fun and awaking your Albert County spirit that our long Maritime winter may have dampened.

They put in where the Pollett River runs through Elgin, New Brunswick. It is at the four corners not far from the Elgin Fire Hall. Since your at the fire hall you might as well take in Breakfast there. On this day the firemen put on a great breakfast to raise money for their fire department.

The take out of your floating devises, if you make it to the end, is where the Pollett River rushes under the Sanatorium Road Bridge. Don't worry you can't miss it, for there are hundreds of people gathered there. It usually takes about 3 hours to canoe it non stop. For most people there are many stops along the way. Breaks around a fire is popular on this run.

There are usually 150 to 300 people floating down the river. At times there are about 1000 people watching from the banks and bridges. At the end you might enjoy watching mud bogging with trucks and ATV's

It is important to note that it is cold and the water is freezing. Once you are wet it does not take long to reach hypothermia. Taking extra clothes not only helps insure you have a comfortable day but could prevent you from making a trip to the hospital with hypothermia. Double bagged garbage bags tied at the top with extra clothing inside is simple and will do the trick.

The river can be fast with class two rapids. It has a few surprises like the famous Colman rock. The rock is so named because of the many Colman canoes that it claimed.

Never mind the canoe. Don't get jamed against the rocks. Get upstream from the canoe or raft and push it to shore or pick it up down river.

If you tip and find yourself in fast rocky rapids don't try to stand up. Your feet might get stuck between rocks and the current will knock you over. It is best to float down river feet first dragging your ass along the rocks until you get to water that you can stand in. This is easier done when wearing a life jacket.

Wear a life jacket.

DON'T DRINK AND DRIVE! there are many police on patrol. Also remember that there are many ditches and trees to hit in Albert County.



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UP COMING EVENTS

ATTENTION ALL DEER HUNTERS

AT THE APRIL 21ST MEETING OF THE PETITCODIAC SPORTSMAN'S CLUB JOE KENNEDY, PROVINCIAL DEER BIOLOGIST, DNR WILL BE THE FEATURED SPEAKER AND WILL BE DISCUSSING THE SITUATION WITH DEER IN NB AND PARTICULARLY IN SOUTHEASTERN NEW BRUNSWICK
MEETING BEGINS AT 7:30 PM
EVERYONE IS WELCOME
FOR MORE INFORMATION VISIT THE PSC WEBSITE AT WWW.SPORTSMANCLUB.CA

GAMES DAY

Being held every Wednesday at the Maritime Motorsports Hall Of Fame, Last day for Christmas break is Dec 16th and will resume January 6, 2016

UP COMING EVENTS

Every Sunday
Second Elgin United Baptist Church
986 Prosser Brook Road
Sunday Service 11:00 am

Steeves Settlement Baptist Church
April 3 & 24
Sunday afternoon service at 3:00 pm
All Welcome!

Taking registration for Basic Art drawing. If interested please call Mary after 6:30 pm
756-9057

Weekly 50/50 Draw
Tri-County Boys and Girls Club
Gold Rush. Only a Toonie!
Remember your number and play it weekly. Help support the Boys and Girls Clubs of Havelock, Petitedcodiac and Salisbury
For more info check us out on facebook @ Tri-County Gold Rush

UP COMING EVENTS

Craft and Vendor Sale
Fundraiser for Playground at Petitedcodiac Anglican Church
Saturday, April 30, 2016
9am to 2pm
Anglican Church - Church Street, Petitedcodiac

Some vendors that will be attending are - Scentsy, Younique, Allison Lewis Leggings, Gourmay Carmel Apples, Arbonne, Norwex, Epicure, homemade crafts and baking and more
Canteen will be available
Weather permitting - yardsale outside

Birthdays

80th Birthday Celebration



Arnold Weir

May 1st at 2 - 4 pm
Salisbury Lions's Club, Peter St., Salisbury
Everyone Welcome, Best Wishes Only

Open House

Come celebrate Ernie McLean's
80th Birthday - April 24 @ 2 pm - 4 pm
at 485 Pleasant Vale Rd, Elgin, NB.
Phone 756-8982

Job Opportunity

Lawn Mowing Contract Village of Petitedcodiac 2016

The village of Petitedcodiac is now accepting quotes for Lawn Mowing and Trimming of village property for the 2016 season. Complete list of locations can be obtained by contacting the works department at 756-0236 or the village office at 756-3140. Must have own equipment and insurance.

Deadline is April 15, 2015

Havelock Events

Regular Schedule for Havelock Legion

2nd Monday of each month - 7pm
Executive Meeting , 8pm Regular Meeting
Tuesday - Crib League at 7pm
Wednesday - Seniors Day - 11am
light lunch and games \$7
everyone welcome
Dart League - 8pm
Thursday - Bingo - 7pm
Cards "200" 7:00 pm
everyone welcome not a league
\$5 per person
Friday Night -- Darts for Meat
April 8th & 22nd - 8pm
Everyone Welcome \$10

Special Events

Saturday April 16th - Supper - 5:30 to 7:00
Lasagna, Spaghetti, Ceasar Salad, Garlic Bread, Tea & Coffee and dessert
\$10 per person
Call Carol 534-0016 or Kim 756-0245 for advance tickets or tickets at door

Sunday April 17th Harry Burgess Memorial Crib Tournament \$5 per person to play open to members and non-members 19yrs and over, register at Noon play at 1pm.
1st, 2nd, 3rd, and high hand will be paid prize money More information call Raymond 534-1107

Thank You

I wish to thank everyone for attending my 85th Birthday Celebration and for all the good wishes, cards and gifts.

Ernest Seely

UP COMING EVENTS

Chase the Ace of Spades Lottery
Starts April 1, 2016,
Petitedcodiac Royal Legion
6:00pm - 8:00pm
Draw at 8:15 sharp
Have to be there to win

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Fundraiser



"The Petitedcodiac Volunteer Fire Department host Bingo Nights every Sunday at the Petitedcodiac Legion.

Min. amount to play is \$10, we also have 50/50, Toonie ball and winner take all. Doors open at 6, game starts at 7pm. All funds raised go to help our off road rescue campaign."

UP COMING EVENTS

Westmorland County Fair Fundraiser Auction

April 16, 2016 at 7 pm
Will be held at the Activities Center Fairgrounds, Petitedcodiac, NB
Donations Welcome

OBITUARIES

Earl Loyd Branscombe



85, of Forest Dale Nursing Home in Riverside Albert passed away at his home on February 25, 2016. Born in Corn Hill, he was a son of the late Hilleard and Margaret (nee Coates)

Branscombe. Earl is survived by his daughters: Carol Leblanc of Moncton and Judy Branscombe (Luke) of Ontario; his sons: Gary Branscombe (Rose) of Moncton, Larry Branscombe and Brian Branscombe (Shannon) all of Ontario; his sisters: Grace Branscombe of Saint John and Lottie Forsyth (Arnold) of Corn Hill, Evelyn Colpitts (Gordon) of Salisbury, Pauline Murray of Port Elgin, Luetta Smith (Jerry) of Riverview Margaret Van Til of Ontario; his brothers: Everett Branscombe (Grace) and Ivan Branscombe (Debbie) all of Corn Hill; 18 grandchildren, many great-grandchildren; as well as by many extended family members and friends. Besides his parents, Earl was predeceased by his wife Evelyn Branscombe (nee Nelson); his daughter Wanita Brace; his sisters: Myrtle Church, Gladys Church, and Florence Branscombe; and his brother Arnold Branscombe. Arrangements were entrusted to the professional care of Armstrong's Funeral Home, 33 Russell Street, Petitcodiac (506-756-3361). Visitation was held on Monday February 29, 2016 from 2-4 & 6-8 pm; the funeral service was held on Tuesday March 1, 2016 at 11:00 am with Pastor Lawrence Earl presiding, all at the Hillgrove Baptist Church. Interment will be held in the Steeves Settlement Church Cemetery at a later date. Donations to the Alzheimers Society would be appreciated by the family. Online condolences are available at: www.armstrongsfh.com

OBITUARIES

Everett Murray Folkins



85, of Elgin and formerly of Saint John, passed away at the Moncton Hospital, surrounded by family, on March 11, 2016. Born in Millstream, NB,

he was a son of the late Samuel and Annie (nee Steen) Folkins. Everett worked for many years as a carpenter and plumber; he was still doing carpentry well into his 80's. One of his favorite pastimes was harness racing, spending many hours watching at the track or on the television.

Everett is survived by his sons: Murray Folkins of Calgary, AB, Jeffrey Folkins (Nicole) of Hampton, NB, and Douglas Folkins (Katie) of London, ON; his daughters: Terry Goggin (Milton) of Elgin, and Vickie Campbell (Darrell) of Hampton, NB; his brother Garfield Folkins of Lloydminster, SK; his uncle Murray Steen of Snider Mountain, NB; his special grandson Doug; many grandchildren, great-grandchildren, & great-great-grandchildren; as well as by many extended family members and friends. Besides his parents, Everett was predeceased by his wife, Myrtle Folkins (nee Riley); and his brother Joseph Folkins. Arrangements were entrusted to the professional care of Armstrong's Funeral Home, 33 Russell Street, Petitcodiac, NB. There will be a graveside service in the Hampton Rural Cemetery later this year. We would like to say thank-you to all the staff at 4600 at the Moncton Hospital for the compassionate care for our Dad and Grampy, and to Tony Lapointe for helping us through this difficult time. Donations to Friends of the Moncton Hospital would be appreciated by the family. Online condolences are available at: www.armstrongsfh.com

OBITUARIES

Gordon Colpitts



90, of Salisbury went peacefully home to be with his Lord on March 14, 2016, at the Chalmers Hospital Fredericton after a long and courageous battle with cancer. Born April 1, 1925,

he was the son of the late Edward Walton and Clara (Rogers) Colpitts. Doc was a WWII Veteran serving in the Royal Canadian Navy. He worked at CNR for many years as a mechanic, a member of the Salisbury United Church and a Lifetime member of the Salisbury Lions Club where you would find him washing dishes for the pancake breakfasts. He was a son, brother, faithful husband, Dad, Grampy, Great-Grampy, friend, uncle, pie maker, bowler and Mr. Fix-it who touched many lives with his caring and gentle spirit. Doc had a wonderful servant heart for his family, friends and community. His commitment, reliability, and never-give-up attitude was evidenced by how he lived his life. Even after his diagnosis of cancer he continued to care for his wife. Survived by his wife Evelyn (Crossman); children Barbara (Jim) Neill of Hampton, Bruce (Anna Marie) and Benson (Pamela) of Fredericton, Beverly (Yvon) Bernard of Salisbury; step-children Charles (Nadine) Crossman and Richard (Sharon) Crossman of Wheaton Settlement; grandchildren Jonathan, Meaghan, Christy, Donnie, Adriane, Alexander, Candace, Alana, Ashlee, Isaac, Nathan and Joshua; great-grandchildren Casey, Teddy, James, Tegan and Claire; brother Jamie (Edris) Colpitts of Moncton and several nieces and nephews. Predeceased by his first wife Eleanor (Good); grandsons Jeremy and Justin; brothers Louis and Bill; sisters Greta, Iva, Eva and Dora and step-daughter Bernice Hull.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Thursday, March 17 from 3 to 5 and 7 to 9 pm. A tribute to a veteran service will be held Thursday at 7 pm. The funeral will be held Friday, March 18 at 11 am in the funeral home chapel with Rev. Sim Rushton officiating. Interment at Fair Haven Cemetery.

OBITUARIES

William Lawrence Arthur Wade



89, of Petitcodiac passed away Friday, March 11, 2016 at the Moncton Hospital. Born in Petitcodiac, he was the son of the late Leverett and Maude (Ogilvie)

Wade. Bill owned and operated Wade's Service Station & Restaurant and he was a member of the Royal Canadian Legion Branch #31. He liked to work on small engines such as lawnmowers and chainsaws, and in his early years he enjoyed hunting.

He is survived and sadly missed by his children Bob Brewer (Sandra) of Burtts Corner, Larry Wade (Darlene) of Petitcodiac, Darlene Brown (John) of Petitcodiac and Diane Dorey (Bob) of Windsor, ON; close and special friend Inez Beney of St. Stephen; grandchildren Trevor Wade, Rene Wade, Travis McCully and Brittany McCully; eleven great grandchildren; brother Gerald Wade (Donna) of Miramichi; the mother of his children Alta and several nieces and nephews. Predeceased by sisters Zora Hunt (Howard) & Hazel McAuley (Bill) and brothers Fred (Florence), Donald (Marge) and Ivan (Jenny).

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Monday, March 14 from 7 - 9 pm with a Legion service at 6:45, and from where the funeral will be held Tuesday, March 15 at 1 pm with Rev. Chris Hayes officiating. Interment at Maplewood Cemetery at a later date. In memory of Bill, donations to a charity of choice would be appreciated by the family.

www.keirsteads.ca



Maritime Motorsports Hall Of Fame Inductee Corner

GORDON ARMSTRONG

Inducted November 17, 2012
Antique



"The Father of the New Brunswick Antique Auto Club"

Gordon was the founder of the NB Antique Auto Club, we founded in Harvey Station, NB on September 18, 1966. He was a Maritime pioneer in the collection and restoration of antique auto's. He was recognized in NB, NS, PEI and Maine as one of the leading authorities on vintage vehicles.

The first car he drove was 1912 Reo. Gordon experimented with auto's making alterations and improvements to existing cars. In 1927 he built a snow- boggan similar to present day snowmobiles. In 1929 a Model A Ford chassis was converted into a snowmobile complete with tracks. In 1930 Gordon started restoring cars that continued for 47+ years. He restored at least 15 vehicles. In 1929 he started his own road building business which ran for 45 years. He was recognized as an authority on asphalt paving in NB and NS, and he ended his working career as a consultant. Retiring in 1981.



Comedy at Large

by Laurie Blanchard Salisbury, NB

The operations manager at a downtown office building in Chicago walked into one of the break rooms and said to an office worker Wayne, we've just cleaned out your desk. Here are your belongings and your hat and coat. You've been traded to the Certabrand Corporation for a roll top desk and a computer keyboard to be named at a latter date!

A lady was being interviewed at a local ranch for the position of "stable hand". When asked if she had ever worked with animals, she replied that she was once a waitress at a sports bar. She was hired.

A couple of newlyweds were opening a large variety of gifts at their wedding reception which was attended by over 100 people. After having opened many of the gifts they suddenly realized that they had received 6 toasters. Then the bride opened another gift and lo and behold, it contained 2 loaves of bread. She exclaimedoh look honey, just what we needed !!

Sponge bath: A bath taken in your neighbor's tub using their soap, shampoo and towels.

Re-treat: What you do when your grandson drops his ice cream cone on your shoe.



People Who Laugh a lot Live Longer

Child Hunger: How a Pharmaceutical Company Will End It

The Doctor Game - W. Gifford-Jones M.D.

What has "Plant a seed and Watch it grow" have to do with a medical column? In one word, plenty! One of today's medical disasters is that many children in this country are hungry and poor. Finally, a major pharmaceutical company has come up with a novel idea to eliminate this shameful social condition. According to the World Health Organization, malnutrition is the greatest threat to public health.

Canada, unlike many of its G8 counterparts, has no national child nutrition program. So, one in seven children live in poverty and hunger with increased risk of a variety of health problems.

In the U.S., The Department of Agriculture says 9 out of 10 Americans are deficient in potassium, 8 out of 10 in vitamin E, 7 out of 10 in calcium, and 50 percent in vitamin A, C and magnesium.

Studies show that fruits and vegetables contain fewer nutrients than 50 years ago. Potatoes, which I die for, have lost 100 % of vitamin A, 57% of vitamin C and iron, and 28 % of calcium.

You don't require an MBA

degree in agriculture to conclude that mineral deficient soil grows mineral deficient foods. A sick soil means sick plants, sick animals and sick people.

So how is Natural Factors of Vancouver, Canada's prime natural remedy manufacturer, attempting to solve this dilemma? It plans to create a healthier generation of children, ones that connect to the land by planting seeds and watching them grow.

A typical example is Natural Factors sponsorship of Vancouver's Sutherland Secondary School market garden. The garden created on school grounds uses organic practices and intensive planting techniques to maximize productivity of the space. Studies show that children thrive when outside interacting with nature, watching their seeds grow.

Today, with so many concerned about the warming of our planet, such gardens will increase green space, reduce heat, and decrease carbon emissions. And provide opportunity for children to eat more local vegetables and fruit along with physical activity.

My congratulations go Roland Gahler, President of Natural Factors, for giving this tragedy the attention

it deserves. I sadly admit I'm a guilty party. For 40 years I've reported that obese children usually become obese adults. This leads to the epidemic of Type 2 diabetes and its disastrous complications, eventually triggering the epidemic of coronary attack.

So it's good to be reminded that the other extreme, inadequate nutrition is also a medical time-bomb. Malnourished children, short of vitamins and minerals may be small in stature, suffer from fatigue, bleeding gums, anemia, aching bones and joints, night blindness, skin troubles, and are more susceptible to infection.

Natural Factors wants to establish community gardens for children across the country, for them to plant seeds and watch them grow. The company will pay for seeds and all administrative costs related to the garden. Ideally, gardens should be established on school properties, but not necessarily.

In my teens I planted potato and tomato seeds in the back lawn of our home and carefully provided them with water. I remember the excitement of seeing the tomatoes grow and digging up potatoes. It

produced a proud feeling of being part of their growth along with the pleasure of eating my favourite foods.

I was too busy to return to growing vegetables when I finally opened a surgical practice in Toronto, but now my mind wanders back to a small elementary school in Chippawa, Ontario, attended by all my children.

Maybe you've guessed what I'm thinking. I'd like to see if a garden can be established at the school. If readers share my view that poor nutrition of our children should be past history, and want to become involved, see the web site www.seewhatgrows.org

This project will have another effect. I recall the story of an inner city child being asked, "Where does milk come from?" He replied, "The corner store." What a shame he had never seen a cow or planted a seed and watched it grow.



OBITUARIES

Ronald S Copp

On Monday, February 15, 2016 Ronald S. Copp, 1943-2016, of the Jordan Lifecare Centre and formerly of Salisbury West, passed away at his residence. Born in East Chester, NS he was the son of the late Clifford & Della (Woodworth) Copp.

Ron fought Diabetes for most of life. He was a retired Diesel mechanic with CNR. He attended Wheaton Settlement Baptist Church, with Pastor Lloyd O'Brien as his pastor. Ron enjoyed fishing, hunting and time spent at his camp with his family and canine companions.

He is survived and sadly missed by his loving wife, Laura E. Killam; daughters Marianne S. Copp of Salisbury, Janet L. Copp of Moncton; Grandsons Brandon and Jessie; Step-Daughters Elizabeth (Wilfred) Kristiansen and Nina Turner (Danny); Step-Sons Blair and Danny Killam; Brother Reid of Hillsborough; Several Step Grandchildren, nieces and nephews. He was predeceased by his Soul Mate Brenda Riley.

There is no visiting by request. A graveside service will take place at Five Points Cemetery in the spring. Arrangements are in the hands of the Salisbury Funeral Home (372-4800). If desired donations to Cystic Fibrosis of Canada, MADD or the SPCA would be appreciated by the family.

Thank you to the Staff and Nurses at the Jordan for all the wonderful care he received while he was a patient there, also Dr. Morton for everything he did.

From his Loving Wife and Family.



OBITUARIES

Oran Peter Smith



85, of Smith Branch Road, Colpitts Settlement passed away Wednesday, March 16, 2016 at the Moncton Hospital.

Born at The Glades, he was the son of the late William and Tina (Harrison) Smith. Oran was the retired owner-operator of Smith's Well Drilling. He enjoyed hunting, fishing, telling stories, and loved spending time with his grandchildren.

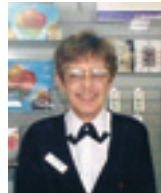
Survived by his daughters Peggy Smith (Reg), Barbie Smith and Darlene Smith all of The Glades, Charlotte Smith (Curtis), Moncton and Beverly Parlee (Mark), Miramichi; son Jackie (Beverly), Vancouver; sisters Peachy Marr (late Milton), Gagetown, Dorothy Jean Black (late Chester), River Glade; grandsons Marty, Matthew, Kristopher, Nicholas, James, Jeremy, Angus, Jessie, Damon, Gage; great grandchildren Dylan, Morgan, Archer, Natalya, Lucas and Allie and several cousins, nieces and nephews. Predeceased by wife Helen (Steeves); sisters Edna Stewart, Ella Smith, Bertha Lewis; brothers Tim, Bill, Seward, Lloyd, Carl, Everett, Lewis and five infant siblings.

Resting at Salisbury Funeral Home, 3350 Salisbury Road (372-4800) visiting will be Friday, March 18 from 6 - 9 pm and from where a Celebration of Life Service will be held Saturday, March 19 at 1 pm with Rev. Danny Compton officiating. Interment at The Glades Cemetery at a later date.

In memory of Oran, donations to the NB Lung Association or a charity of choice would be appreciated by the family.

OBITUARIES

Grace L Carson



74, of Havelock passed away Saturday, March 12, 2016 at the Moncton Hospital.

Born in Amherst, NS, she was the daughter of the late Ralph and Roberta (Hicks)

Northrup. She was the postmistress at the Havelock Post Office and Grace was an avid bingo player and former member of the Order of the Eastern Star.

She is survived by her sons Scott of Havelock and Jeffrey (Tammy) of Moncton; grandchildren Alley and Ryan Leaman; brothers Ronald Northrup (Diane) of Bathurst, Ralph Northrup (Dorothy) of B.C., Robert Northrup (Eva) of Moncton; sister Elizabeth Speilman of Calgary and several nieces and nephews. Predeceased by brother Richard Northrup and sister-in-law Karla.

There is no visitation by request. There will be a graveside service in the spring at the Havelock Wesleyan Cemetery. Arrangements are in the care of Salisbury Funeral Home & Crematorium (372-4800). Special thank you to the owner and staff of the Silver Fox Nursing Home.

If desired, donations to the Canadian Cancer Society or a charity of choice would be appreciated by the family. www.keirsteads.ca



Volunteers are the roots of strong communities. Just like roots are essential for trees to bloom, volunteers are essential for communities to boom. Thanks to volunteers, our communities grow strong and resilient. Even the tiniest volunteer effort leaves a profound and lasting trace in a community, much like tree rings that appear over time.

April 10 to April 16, 2016 is National Volunteer Week (NVW), a time to celebrate and thank Canada's 12.7 million volunteers.

Sincere words that highlight the impact of a volunteer's contributions or simple personalized tokens are meaningful and appreciated.

The "Volunteers are the roots of strong communities" campaign will celebrate volunteers across Canada



Our Museum Showcases

The History Of Maritime Motorsports

Located at 5 Hooper Ln
Petitcodiac, NB

Hours

Monday to Friday
10:00 am to 5:00 pm
Closed Saturday-Sunday

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Appointments
on Saturdays/
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756-2110



Salisbury is Spring'n



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snow

SPRING SPECIAL PICK UP

Spring special pick up day is scheduled for **Monday, May 9, 2016.**

Any items residents wish to have picked up must be placed at roadside. Please be sure to have items at the curb early, as pick up can commence any time after 5:00 a.m.

- Appliances/Furniture,
- Lumber and yard waste must be bundled and tied in 4ft. lengths,
- Tires (Limit of 2 per household),

NOT ACCEPTED - Batteries, paint products, chemicals, propane tanks, and other hazardous materials.

HOUSEHOLD HAZARDOUS WASTE

The Mobile Household Hazardous Waste Recovery Unit will be at the Salisbury Municipal Building, 56 Douglas Street on: **Thursday, May 12, 2016 from 2:00 p.m. to 7:00 p.m.**

Bring your household hazardous wastes for safe disposal. These are products such as solvents, pesticides, and chemicals

PESTICIDE USE

Council are again asking for everyone's cooperation in reducing pesticide use in the village by using nontoxic methods of maintaining green spaces.

LIGHTING OF DRY GRASS AND OPEN FIRES

By-Law 40 states:

- The lighting of any open fire to dispose of dry grass, brush, hay, straw, leaves, buildings, construction materials, automobile or garbage in the municipality is prohibited.
- Other than in a properly constructed incinerator approved by the Department of Environment and Local Government and its successors, no person shall light a fire outside a building for the purpose of disposing of any refuse or waste material.
- No person shall set a fire that is likely to cause inconvenience or discomfort to others.
- No person shall burn on the pavement or road allowance, which would interfere with traffic.
- The Fire Chief or his designate reserves the right to order any open-air fires to be extinguished.
- This By-Law does not apply in relation to live or training fires conducted by the Village of Salisbury Fire Department.

SALISBURY PUBLIC LIBRARY

Next Step, Kindergarten! - A 5-week play-based school readiness program for pre-kindergartners and their parents. We'll have fun learning about numbers, letters, shapes and colours, emotions, and opposites. Every Tuesday at 10:30 a.m. from April 5 to May 3rd, 2016. Please contact the library to register.

Story Time - Fridays at 10am. A 30-minute program of stories, songs, and literacy-building activities for ages 2-5.

LEGO Drop-In - Saturday April 2nd between 2:00-3:00 p.m. Bring your friends and family to build with LEGO and put your creations on display in the library.

Volunteer Tax Preparation Clinics

Volunteers can help you prepare your income tax and benefit return if you have low income and a simple tax situation. Remember to bring all your tax slips and forms with you. A short authorization form must also be signed, so the individual must be present. Clinics will take place Saturday April 9 from 1-3pm and Saturday April 23 from 10am-12

Teen Anime Club - Saturday April 16th at 2:00 pm. For teen fans of Japanese animation. Watch anime in Japanese with English subtitles.

Crafting Circle - Wednesday April 20th from 6:30 -8:00pm. Bring your current craft project and join fellow knitters and crafters for inspiration and tips. All skill levels are welcome.

These programs are offered free of charge. For more information call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.
Library Hours: open Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm.

Volunteering is serving a cause greater than oneself. It is a way of giving back to the community for the many blessings and courtesies that we have received. It means taking the time to help someone who cannot help themselves, and it means providing for those who need just a little boost to get started climbing the ladder of success. It means a few minutes of our time but to those struggling or wanting to be better, it can mean absolutely everything"author unknown

Chase The ACE at the Salisbury Legion 3317 Rte 106 Salisbury NB 372-4730
WEDNESDAYS 7 PM-9 PM
STARTING MARCH 23, 2016 CHASE THE ACE!!!

SUPPORT YOUR LOCAL ROYAL CANADIAN LEGION FOR WEEKLY DRAWS!!
PROCEEDS FOR THE SALISBURY LEGION AND YOUTH PROGRAMS!!

Purchase tickets every Wednesday from 7 pm-9pm
Royal Canadian Legion Branch #31
\$5/ticket; \$10/3 tickets; \$20/7 tickets
Ticket draw at 9:15 (ticket holder must be present)



GUARANTEED STARTING JACKPOT OF \$500!!

LADIES DIAMOND RING DINNER

SATURDAY MAY 7, 2016 @ 6 PM
Doors open at 5pm
Dinner will be served at 6pm Draws start at 7pm
(Tickets limited to 125)
\$50/ticket

Everyone is guaranteed a prize!!
Live DJ, 50/50 draw and cash bar!!

Enjoy an evening out with the girls!!
Legion 372-4730
Ada 372-5726
Theresa 372-5207

3317 Rte 106
Salisbury NB
372-4730

Salisbury United Church

Sim Rushton DLM
Manse 372-4746 Church 372-5112
Regular Services 10:00 AM Sundays
Jordan Life Care Service Friday the 8th @10:30
UCW meeting changed to April 10 Sunday at 2 PM

SATURDAY APRIL 30

UCW Take out Ham & Salad Supper
Includes Ham, Potato Salad, Cole slaw, dinner roll and cake dessert. Delivered to your door for \$10.00 per meal. For tickets call
JOANNE MACCALLUM 372-9271 OR JANET COLPITTS 386-2425. OR LOIS Budd 372-4357.

Salisbury Baptist Church

Sundays- Sunday School 9:30am
Church Service 11:00am
JAM (Grade 5 & 6) 6:30pm
Mondays- Junior Choir 6:00pm
Senior High 7:00pm
Wednesday- Off Your Rockers Exercise for Seniors 9:30am
Thursday- Men's Prayer Time 7:00am
T3 Grades K-4 6:30
Saturday Junior High 6:30 pm

Coming up this month:

April 14- Community Seniors Group with Petz International as guest speaker
April 21- Community Clothing Give Away

Salisbury Helping Hands

Board of Directors for 2016 elected in at the annual meeting are Tammy Constantine, David Miller, Debbie Brown, Fran Bowdrige, Walter Sherwood. Board members
Bonnie Miller, Dianne Williams, Lois Budd, Jim Nicole, Joyce Deveau, Marilyn Hickey
Bruce Cunningham, Dianne Wilson, Linda Steeves, Nicole, Michelle & Sandra Babineau, Marilyn Henry.

Salisbury Parks & Leisure

Day of Champions for **Salisbury Co-Ed Basketball Spring League**
-Saturday, April 9 at JMA
Schedule: TBA (check facebook updates)
Anyone willing to volunteer or donate prizes please call Holly @ 372-3280



SUMMER PROGRAMMING REGISTRATION @

Salisbury Parks & Leisure
April 15 from 6:30-8
April 16 from 10-12
May 6 from 6:30-8
May 7 from 10-12 (late fees after this date)
Register for soccer, baseball, mini-camp (Tues/Wed/Thurs mornings from 9-12) and Salisbury Boys & Girls Club Torch Sports & Summer Programs.

SALISBURY FLYERS

MINOR BASEBALL ASSOCIATION:

Rally Cap-ages 4-7 Initiation program providing coaches and players a positive learning environment while gaining the FUNDamentals of baseball and earning coloured Caps

Rookie-ages 8-9 Mosquito-ages 10-11
Pee Wee-ages 12-13 Bantam-ages 14-15

In the 2015 season, SFMBA had 7 recreational teams and 2 provincial teams. We are also accepting new coaches and umpires at all levels as well and will provide the opportunity for coaches and umpires to become certified as needed. We are always looking for volunteers to help with the busy summer programs! Please call Holly if you are willing to volunteer! 372-3280 or email parks.leisure@salisburynb.ca



Choose the Right Carbs to Help Control Your Diabetes Risk

You already know to avoid added sugars, but now the evidence is mounting that another type of carbohydrate may also be implicated in weight gain and diabetes risk - starch. That's tricky, because identifying high-starch foods requires doing a little arithmetic on the Nutrition Facts label. But the health rewards may be worth breaking out the calculator.

A large study published last year spotlighted the role of starches in promoting weight gain, with potatoes the number-one culprit. Now another large observational study has linked higher starch consumption to greater risk of type 2 diabetes in women. But higher intakes of fiber were associated with lower diabetes risk, emphasizing the importance of making smart carbohydrate choices in your diet.

The new study, published in the American Journal of Clinical Nutrition, looked at data on 70,025 women participating in the long-running Nurses' Health Study who reported on their diets every four years.

During 24 years of follow-up, 6,934 women developed type 2 diabetes.

Overall carbohydrate intake was

not associated with diabetes risk one way or the other. But after accounting for other attributes of diet, different types of carbs were significantly associated with greater or lesser risk of developing diabetes.

Higher ratios of carbohydrate to fiber and especially starch to fiber were most strongly linked to increased diabetes risk. These measures generally reflect a diet high in processed and refined grain products (such as white rice, crackers, many ready-to-eat breakfast cereals, and bread and pasta that's not made from whole grains) and greater intakes of starchy foods such as white potatoes and corn, along with a low intake of dietary fiber.

It makes sense that fiber could reduce diabetes risk, because eating foods high in fiber improves post meal insulin and blood-sugar responses. Fiber slows sugar absorption and helps you feel full, in turn reducing hunger and subsequent calorie intake. Fiber, the researchers noted, might also help fight diabetes because it's high in vitamins and minerals.

The American Heart Association advises using the ratio of total carbohydrates to fiber as a quick

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gauge of a food's carbohydrate quality. You should aim to consume no more than 10 grams of carbohydrates per 1 gram of fiber. A food with 14 grams of total carbs and 2 grams of dietary fiber, for instance, would be a good choice at 7:1. In this new study, nearly 85% of participants had an overall dietary carbohydrate-to-fiber ratio above the desirable 10:1.

Reprinted with permission from the Magazine of the Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy and the Jean Mayer USDA Human Nutrition Research Center on Aging Winter 2015.

http://www.nutritionletter.tufts.edu/issues/12_3/current-articles/Choose-the-Right-Carbs-to-Help

Everyday People continued from page 13

suspected he was seeing other women. He has regretted this since then, They had a cottage in Eugenia Ont. where her daughter and husband were staying so Doris went and stayed with them, later she went to Collingwood to stay with her sons and went to work as a Red Cross Homemaker. She returned to NB, stayed a while with her son in Grangeville, and then moved in with her mother-in-law for two years. Doris and her son then brought the house in Pettitcodiac and Doris's mother-in-law moved in with them, she died two days before her 97th birthday. Later on her son married and moved to Ontario. Doris enjoys reading, going to church, attending Bible studies, Musicals and like functions in the local churches. Life hasn't always been easy for Doris when her husband left she only had \$150 in the bank, but she trusted in the Lord and He always provided.



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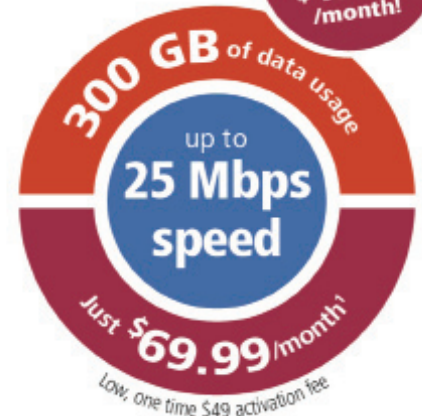
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