



5 Hooper Ln, Petitcodiac



LOCAL NEWS & VIEWS

Promoting Local Business & People in
Our Surrounding Communities.



March Issue, 2018

Volume 8 #11.

MONTHLY BULLETIN



PDFSC Skaters that competed in Winter Skate

Cassandra competed in Star 3 and received a bronze assessment. Malin competed in Pre-Novice Women. Ali Mann Competed in Star 5 13 and over. Breanne Wesselius competed in Star 7 and Juvenile under 14. Kristin Berry competed in Gold Women (inter) and brought home a Silver metal. Farrah competed in Star 3 and received a silver assessment. Charlotte competed in Star 4 under 13.

Julia competed in Star 1 and received a Silver assessment. Charley competed in Star 1 and received a Silver assessment. Jaylin competed in Star 3 and received a silver assessment. Brooklyn competed in Star 1 and received a Silver assessment and Lily Abbott competed in Star 2 and received an Bronze assessment.

The club is now starting to work toward the 43rd Annual Ice Show, which will be held

on March 31. The theme of the show this year is "PDFSC celebrates Canada!" Show times are at 2:00pm and 7:00pm. Come and support PDFSC skaters for all there hard work this year. Hope to see you all there!



left to right: Cassandra Taylor, Malin Smith, Ali Mann, Breanne Wesselius, Kristin Berry, Farrah Shannon, and Charlotte McCully



left to right: Julia Wood, Charley Sherwood, Jaylin McNeil and Brooklyn Hall. Missing from the Picture Lily Abbott.

LN&V Now Online at our website : www.maritimemotorsporthalloffame.com

Deadline for April Issue - March 23, 2018 - Phone 506-756-2110

On the Inside

Petty Calendar	Page 4
EEA News	Page 6
Classifieds	Page 16
Obituaries	Page 17
Salisbury Happenings	Page 18

GET YOUR TICKETS NOW !

13th Annual Side by Side

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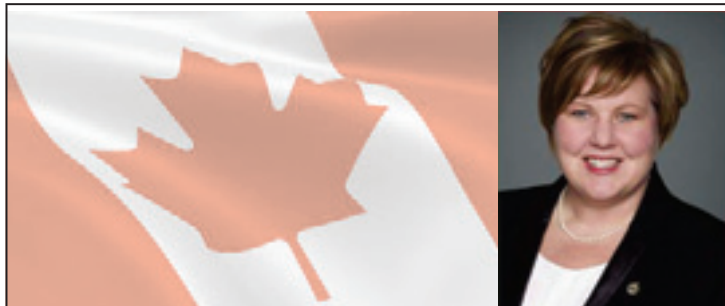
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3 for \$200

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Give low energy consumers a break

NB Power proposes a residential power bill increase of 2.33 percent each year (and 2 percent for industry) for the next six years. Add to this HST and, quite possibly, a carbon tax.

Low income residents, seniors, and those who live in poverty will be affected the most by this increase. Yet, they're the ones with the smallest carbon footprint; the ones with smaller living spaces, and who walk or use the bus instead of a car. The ones who already have a tough time maintaining a roof over their heads and keeping warm in the winter. The ones who may pay up to 20 percent more already because their housing is often poorly insulated, resulting in higher heating costs.

Energy not only impacts our wallets, but our healthcare. Research from Columbia University shows a correlation between higher energy costs and poor health outcomes, including asthma, food insecurity, heart disease, and mental health issues.

Why should industries with the highest carbon footprint pay less than those with the lowest carbon footprint? If NB Power introduced a lower power rate for the first 500 kWh, with no tax added, it would lighten burden on those in a lower income bracket. This would be incentive to lower consumption, and also ensure that higher users pay their fair share.

Tax our wants, not our needs.

Let's come up with incentives for renewable energy. European countries design buildings that create energy. We're still designing buildings that consume energy. Rather than maintaining a centrally-controlled power grid, why not invest in renewable energy where lateral energy sharing becomes the norm? Where every building has potential to produce renewable energy.

Clean energy innovations—tried and true solutions—are available around the world. These solutions contribute to the creation of new jobs, a cleaner world, and reduced poverty.

Moranda van Geest
Elgin



There is an old saying, "If March comes in like a lion it will go out like a lamb", or "If it comes in like a lamb it will go out like a lion", all I know is I will be glad when winter is over,

March is Red Cross Month so this would be a good time to make your donation to them, they have been really busy this winter and it's not over yet.

The Annual Elgin Celebration of International Women's Day will be held on Saturday, March 10, 2018, from 1:00 to 4:00 pm at the Elgin Community Centre. There will be games, special speakers, music, displays, door prizes and for sure, there will be food. There is no admission charge and ladies you are all welcome.

The clocks go forward on Sunday, March 11 at 2am.

Have some fun on Saint Patrick's Day (March 17) wearing your green.

Act Happy Week starts on the third Monday of March, so smiles all around.

We have the Side-by-Side draw and dinner March 24, being held at the Maritime Motorsports Hall of Fame at 5 Hooper Lane; you may pick up your tickets at the Hall of Fame office.

It is time to sign up for the Golf Tournament being held on May 26 at the Petitcodiac Golf Club. Put together your team of four.

Your Editor,
Winona McLean



LOCAL NEWS & VIEWS

MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
 - The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
 - It is also a venue for business to advertise their products and services each month.
 - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
 - Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.
- The office is in the Maritime Motorsports Hall of Fame located at :
5 Hooper Lane, Petitcodiac, NB E4Z 0B4
Phone: 756-2110, Fax 756-2094

Email: maritimemotorsports@gmail.com

Editor ----- Winona McLean

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DO YOU REMEMBER THE BIG DOG LOUNGE

Twenty years ago this month, Brenda Killam opened the Big Dog Lounge on the Fredericton Road in Salisbury. The first day I went there, there were two chaps sitting at a table at the front window playing chess; easy listening music played in the background. As the months went by, the Big Dog Lounge, like any new business, changed to meet the wants of its patrons, and the easy listening became western music, Octoberfest music, St. Patty's Day music, and many a 'Happy Birthday' was sung at parties for the regulars, and mile-stone anniversaries were celebrated. There was Christmas in July, Superbowl party, an annual golf tournament, and a memorial baseball game held annually,

And we had music. Fundraising became the norm for the Big Dog Lounge. Monies were raised to help Salisbury area families at Christmas time, the Salisbury School Breakfast Program, help with medical expenses for folks in need, and it became an on-going source of fundraising for the Salisbury Adult Learning Center. The Big Dog Lounge was a place where strangers soon became friends, and life-long friendships developed. But as the years went on, we lost many of those friends: Doug Hoban, Eric Duff, Jack Duff, Jenny and Russ Nichols, Lloyd and Joyce Russell, Joey Arsenault, Dougie Simpson, Vinny O'Neil, Gertie Bell, Rosie, to name just a few. It was

at Fred Davis' funeral that we spoke of funerals being the only time we ever seem to see each other, and an idea was born. Most of the Big Dog patrons were also patrons of Grady's, and when Cheryl O'Neil purchased Grady's, it too became a place of helping others, hosting large fund-raising events for folks who needed financial support during trying times, (as they still do). On Saturday, MARCH 10th, 2PM, GRADY'S, Main St. Salisbury, is hosting MEMORIES OF THE BIG DOG LOUNGE. This will be a tribute to all those who have passed on (both 'family members' of

Grady's Pub and the Big Dog Lounge), and a celebration of those who are still with us. Bring your guitars, you fiddles, banjos, whatever you play, and your voices to our open mike at this great 'last hoorah' reunion. There will be drawings all day, and a 50/50 draw with proceeds going to the Salisbury Helping Hands Food Bank. Grady's food specials for the day will be nachos and wings. See you there.



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Petitcodiac Community Calendar 2018

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M a r c h	War Museum Tours by Appointment. Please call 756-7461 or 756-2068 for more info. Chairlift facility available.		Maritime Motorsports Hall of Fame Open Monday- Friday 10am-5pm		1 - Jam Night @ Library - Legion Branch Meetings - Elgin Play Group - FRC Play Group - A.K.A Dance Studio - Open & Adult Skate - Yoga	2 - Chase the Ace @ Legion - Walking Club	3
	4 - Church Services - Open Skate	5 - Air Cadets - Senior's Club - Pilates - Taking Time for Me - Walking Club - Fit Camp - Open Skate - Zumba Fitness	6 - March Break Puzzling Morning @ Library - March Break Crafternoon @ Library - Drop-in Play Group - Kiwanis - A.K.A Dance Studio - Geri-fitness - Mother Goose	7 - Library Storytime - March Break Magnet Maker @ Library - Pilates - Legion Noon Meal - Dominoes @ Legion - SJA Junior & Youth - Walking Club - Fit Camp - Open Skate	8 - March Break STEAM Drop-in @ Library - Book Club @ Library - Elgin Play Group - FRC Play Group - A.K.A Dance Studio - Foot Clinic @ Legion - Open & Adult Skate - Yoga	9 - March Break Movie Afternoon @ Library - Jam Session - Chase the Ace @ Legion - Walking Club	10 - March Break LEGO @ Library
	11 - Church Services - Open Skate - Crib @ Legion	12 - Air Cadets - Pilates - Taking Time for Me - Merry Makers 2 - Youth Group BLAST - Walking Club - Fit Camp - Open Skate - Zumba Fitness	13 -Afterschool Creators @ Library - Drop-in Play Group - A.K.A Dance Studio - Children's Choir - Discovery Kids - Women's Institute - Geri-fitness - Mother Goose	14 - Library Storytime - Pilates - Legion Noon Meal - Dominoes @ Legion - SJA Junior & Youth - Walking Club - Village Council - Fit Camp - Open Skate	15 - A.K.A Dance Studio - Petitcodiac Sportsman Club - Elgin Play Group - FRC Play Group - Open & Adult Skate - Yoga	16 - Jam Session - Chase the Ace @ Legion - Walking Club	
	18 - Church Services - Open Skate	19 - Air Cadets - Pilates - Taking Time for Me - Youth Group BLAST - Walking Club - Fit Camp - Open Skate - Zumba Fitness	20 -Afterschool Creators @ Library - Drop-in Play Group - Kiwanis - A.K.A Dance Studio - ATV Club - Children's Choir - Discovery Kids - Geri-fitness	21 - Library Storytime - Pilates - Legion Noon Meal - Dominoes @ Legion - SJA Junior & Youth - Walking Club - Fit Camp - Open Skate	22 - A.K.A Dance Studio - Elgin Play Group - FRC Play Group - Foot Clinic @ Legion - Open & Adult Skate - Yoga	23 - Chase the Ace @ Legion - Walking Club	24
	25 - Church Services - Open Skate - Palm Sunday @ Baptist Church April 1 Easter - Easter Services - Final Open Skate of the season	26 - Air Cadets - Pilates - Taking Time for Me - Merry Makers 2 - Youth Group BLAST - Walking Club - Fit Camp - Open Skate - Zumba Fitness	27 -Afterschool Creators @ Library - Drop-in Play Group - A.K.A Dance Studio - Children's Choir - Discovery Kids - Geri-fitness	28 - Library Storytime - Pilates - Legion Noon Meal - Dominoes @ Legion - SJA Junior & Youth - Village Council - Walking Club - Fit Camp - Open Skate	29-Easter Egg Hunt @ Library - Creative Writing Corner @ Library - A.K.A Dance Studio - Elgin Play Group - FRC Play Group - Codiac Classics - Open & Adult Skate - Yoga - Maundy Thursday @ Baptist Church	30 Good Friday - Walking Club 	31 - LEGO Club @ Library - Figure Skating Ice Show @ Arena

A.K.A. Dance Studio - Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Anna for info: 233-3052.

Air Cadets - 639 F.P. MacLaren Squadron. Air Cadets meet Mon. at 6 pm @ Legion. For info, please contact - C/O Jason Forester - 850.9276 or Phillip Candy - 433-6450

Arena - Public Skating

Mon. Wed., Sun., 1:00 - 2:30 pm open skate
Thursday 12:30 - 1:30 pm adult skate
Thursday 1:30 - 2:30 pm open skate

Children's Choir - Ages. 5-12. Tuesdays, 6 - 6:30 pm @ Baptist Church. Cancelled during March Break.

Church Services

-Petitcodiac Baptist - Morning Worship @ 10:50 am. Adult Small Groups at 9:30 am. "SS JAM" (preschool - Grade 5) at 10:50 am. Nursery available for infants. Palm Sunday service March 25 @ 10:50 am. Maundy Thursday service on Thursday, March 29 @ 7 pm.

-Petitcodiac Mennonite - Worship Service 11:00 am.

-St. Andrew's Anglican - Sunday Service at 9:00 am, Sunday School, 9:00 am.

-St. James United - Service at 11 am.

Codiac Classics

- Meeting Last Thursday of the month, Legion @ 7 pm.

Discovery Kids - K-5. Tuesdays, 6:30-7:30 pm at

Baptist Church. Cancelled during March Break.

Drop-in Play Group - Tuesdays at St. Andrew's church, 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Becky 512-0516 for info.

Elgin Play Group - Thursdays, 9 - 10:30 am at Elgin Church. Ages 0 - 5. Crafts, storytime, free play. Please provide own snacks.

Figure Skating Ice Show - Saturday, March 31 @ Arena. 2:00 pm and 7:00 pm.

Fit Camp - Winter 2018. 12 Week program. Jan. 8 - Mar. 28 @ PRS Cafeteria. Mon. & Weds. 6:45 - 7:30 pm. \$60 for all 12 weeks (24 sessions). \$5 drop in. More info contact Natalie @ 756-0289 or petitcodiac.rec@gmail.com.

Geri-Fitness - Tuesday mornings from 10 - 11 am at the Maritime Motorsports Hall of Fame. Please call Natalie 756-0289 for more info.

Jam Session - 2nd & 3rd Fri. night at the Activity Building behind Arena from 7 - 10 pm. Contact Elva Greer for more info: 756-3926.

Kiwanis

- Tues., Mar. 6 & 20. New members welcome. Call Dan Pollock 756-1084 for more information.

Legion - 18 Kay St, Petitcodiac. 756-3383 - **Thurs., Mar. 1**. Meetings. Executive, 7 pm, General, 8 pm.

- **Monday, Mar 5** - Senior's Club. 2 pm. Supper 4:30 pm.

- **Sunday, Mar. 11** - Money Crib, 1:30 pm. Registration starts 11 am. Soup and sandwiches available.

- **Monday, Mar. 12 & 26** - Merry Makers 2. 10 am - 2 pm. Cards, bingo, etc.. Lunch at noon \$6.

- **Monday, Wednesday, Fridays** - Walking Club. 9 - 10 am.

- **Wednesdays** - Dominoes. 7 pm.

- **Fridays - Chase the Ace** - Mar. 2, 9, 16, 23. Tickets sold from 6:30 to 8 pm. Ticket draw at 8:15 p.m. 50/50 draw. Live music. Every month 10% of amount to different charity: Feb. 2018 was PRS Breakfast Program. March is Elgin Fire Dept.

- **Thurs., Mar. 8 & 22** - DD's Foot Care Clinic. Call for Appointment, Donna Durepos at 389-1046 or Cell 733-8199.

- **Legion Noon Meals, Wednesdays**, 10.00.

March 7 - Roast Pork and Dressing

March 14 - Corn Beef and Cabbage

March 21 - Roast Beef

March 28 - Cod Fish- Check out our FA-CEBOOK page, Royal Canadian Legion Branch # 41, Petitcodiac, NB and "like" it.

- **Hall Rental**: If you wish to rent the hall for

a wedding reception, birthday or any other function, call the Legion 756.3383.

- Attention: If a Legion member knows of another member who is ill or in hospital, please call Jackie Miller at 756.8558.

Library (756-3144)

-Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8. Closed Sun & Mon. Closed Good Friday

Special announcement—Snowshoes at library - The public will be able to borrow snowshoes from the library! Contact library for more information.

March Break Fun @ the Library

(Mar. 6 - 10)

- **March Break Puzzling Morning** (Ages 2-10) - Tues., Mar. 6. 10:30 - 12:00 pm. Drop-in to build from our huge puzzle collection. Puzzles for all ages!

- **March Break Craft-ernoon** (Ages 5-12) - Tues., Mar. 6. 3-4 pm.

- **Magnet Maker Craft** (Ages 6-12) - Weds., Mar. 7. 2:30-3pm

- **STEAM Drop-In** (Ages 6-15) - Thurs., Mar. 8. 2-4.

- **March Break Movie Afternoon** (Ages 5-12) - Fri., Mar. 9. 2:30-4:30 pm. Movie TBA.

- **March Break LEGO** - Sat., Mar. 10. 2-4 pm.

Regular Programs:

- **Storytime** (Ages 0-5) Wednesdays from 10:30-11 am.

- **Afterschool Creators** - Tuesdays from 2:30 - 4:00 pm. Ages 6 - 13. Afterschool drop-in program.

- **Jam Night** - Thursday, Mar. 1 from 6:30 - 8 pm.

- **Adult Book Club** - Thurs., Mar. 8 from 6:30-8 pm.

- **Easter Egg Hunt** (Ages 2-10) - Thurs., Mar. 29. 2:30-3:30pm

- **Creative Writing Corner** -Thurs., Mar. 29. 6:30-8 pm

- **LEGO Construction Club** - Sat., Mar. 31. 2:30 - 4:00 pm.

Petitcodiac FRC Play Group -

Thursdays - Baptist Church 9:30-11:30 am. More info contact Melanie @ 384-7874

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsman-club.ca

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Petty Trailblazers ATV Club

-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

St. John Ambulance

-SJA Junior/Youth group meets every Wed. at 6:30-8 pm in basement of the Petitcodiac Legion. Contact Diane at 372-5639 for more information

Seniors Club - Monday, Feb. 5 @ Legion. 2 pm.

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

Talk with Me, Mother Goose - Tuesdays, 9:30 (age 0-1). 11:00 (age 1-5). Until March 13.

Village Council - Meetings open to public. If you wish to address council, make a formal written request to office 48 hours prior. This Month: March 14 at noon & March 28 @ 7:00 pm.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Jean at 756-2985 for more info.

Yoga for Everyone - Thursday evening 7 - 8:30 pm. Winter 10 week session Jan. 11 - Mar. 29. \$8 per drop in. St. James United Church. To register contact Heather Mann 756-3385 or e-mail tlmann@xplornet.com

Youth Group BLAST - Mondays, 7:00-8:30 pm @ Baptist Church. Grades 6 - 12. Cancelled during March Break.

Zumba Fitness - Mondays. 7- 8 pm. Ages 14 +. \$8 drop in. Kodiak Room in Arena. Contact Jackie 871-1006 to register.



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2		6				9		
	5		7	2		4		
		4				7		
	4		6	7		8	9	
				4				
	9	2	1	5	8	4	3	
		5				2		
		8				6		
			8	1	9			

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Answers on page 15

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Editorial & Advertising deadline: March 23, 2018

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ELGIN NEWS!

Submitted by Elsie Steeves

Since International Women's Day is coming up on March 8 (note Elgin IWD event on March 10), I thought it would be a good idea to think outside the box of WI news and consider those women around us who we call friends.

Where would we be without good friends? Think about what they bring to your life. We have childhood friends....neighbour friends....school friends....work friends....book club friends....social group friends....the list goes on!

These are the women who have walked beside you, influenced and inspired you, cried with you, and laughed with you till your side hurt (and, as my little grandson would say, till your eyes leaked). We share our plans for the day with friends. We talk about the latest hair style (or colour) and the current fashion trend. And, if we care to admit it, we compare the latest recipes we saw on Facebook!! There are as many friend stories as there are women reading this article. I know you are thinking of someone right now.

Friendship is a relationship that is unique and precious.

I would like to encourage you to think about the role of the friends in your life. I would not want to think of a world without friends. So, let us thank them for allowing us to share our lives....for being inspirational and dependable....for loving us unconditionally and for making our lives so much richer because they understand and value the strength of the sisterhood of friends.

Perhaps attending the International Women's Day event in Elgin would be a great way to build on your friend relationships. Why not consider it?

To ALL the friends in our lives – long time friends and brand new friends – a collective hug and a great big THANK YOU.

"Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born." Anais Nin



International Women's Day

Saturday, March 10, 2018, 1-4 pm
Elgin Community Center, Elgin, NB
Games, speakers, music, displays, door prizes and food.
No admission (donations accepted to offset expenses)
ALL WELCOME. Come and bring a friend (or two)!

Havelock Women's Institute

The HAVELOCK WOMEN'S INSTITUTE presents a **PAINT NIGHT** on Monday, March 19th at 7 PM at the Havelock Legion. Our instructor will be Amanda Forgrave. The cost is \$40. Seats are limited. Please register with Helen at 534-2932



**ADVERTISE
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To all nature lovers

The Elgin Eco Association will hold its Winter Fest on March 17 starting at 2 pm at the Mapleton café and Elgin Eco Park.

There will be a special scavenger hunt for any age group. This will be a great activity for family. If snow is available, we will hold two snowshoe events. One long snowshoe hike and a shorter one. Snowshoes are available for use at the Maple Café. If there is no snow, we will hike the same route instead. And pancakes at the café.

The EEA continues to pursue funding for trail building and possible add bikes to our outdoor equipment. The Maple sugar camp needs volunteers to help finish the outside of the building. March is the last month to receive funding for the materials to finish the building. Every program has their deadlines convenient for the user or not. Hopefully we can pull it off and have the camp ready for summer viewing.

Organizations are much like a house. It takes a commitment from the owner to keep it in tip top shape. Organizations need committed volunteers take an active part to make the organization great. That way an entire community benefits. In Elgin we are very fortunate to have several great community organizations. It takes time and work but the rewards of being part of a vibrant community pays big dividends.

We are currently looking for a coordinator/facilitator for our Elgin Eats Project. The person needs to be between 18 and 29 years of age, has not used the youth employment program before. If you are a person that might be interested, we like to hear from you and we will add your name to the list.

The EEA is always looking for innovative ideas and volunteers. Our next meeting is March 1 at 7 pm in the senior's hall/maple tree café.

ATTENTION ALL PATIENTS OF THE PETITCODIAC HEALTH CENTRE

Practice changes are being implemented to help improve care, accessibility and timeliness.

#1. If you miss a total of three appointments you will no longer be a patient and must find a new Doctor. You must give a minimum of 24 hours notice to cancel an appointment.

#2. They will no longer fax your prescriptions to the drug store. It will be your responsibility to bring your prescriptions to the health centre and to know which medications need renewals and on what dates.

#3. If you wish to have multiple members of your family seen at one time, each member will need their own appointment. Please mention this when booking your appointment.

Thank you for your understanding.

LIST OF AFTER HOURS CLINICS

Shopper's Drug 500 - Coverdale Road - 387-7778
Lounsbury Center - Mountain Road - 854-2273
Jean Coutu - 1116 Mountain Road - 855-1125
Clinique Providence - 565 Elmwood Dr. - 383-4331
Jean Coutu - 404 St. George St. - 856-6122
Family Clinic - Superstore Moncton - Main St. - 854-8805
Jean Coutu - 1789 Mountain Rd. - 383-4497
Jean Coutu - 140 Champlain St Dieppe - 383-7709
Superstore Trinity - 854-01233
Pharmasave - 185 Acadie Ave, Dieppe - 384-1110
Telecare 811
Moncton Hospital 857-5111
George Dumont Hospital

Cornhill Women's Institute

BACK BY POPULAR DEMAND..

PAINT NIGHT - the next Cornhill

Women's Institute paint night with Amanda Foregrave will be Tuesday April 24th at 7:00pm at the Cornhill Community Hall. Cost is \$40. Spaces are limited and first come first serve. Everybody is welcome. This is what we will paint.....

Reserve your spot today!

email: spice.lady101@gmail.com



The Real Meaning of St. Patrick's Day

When you think of St. Patrick's Day, you probably think of green beer, shot glass necklaces that say "Kiss Me I'm Irish," and everybody talking about how Irish they suddenly are. That's all well and good, but I bet you don't know much about the holiday's origins, or the saint it celebrates.

St. Patrick, considered the patron saint of Ireland, was actually born in Banna Venta Berniae, a town in Roman Britain, sometime in the late 300s AD. That's right, Patrick wasn't Irish. And his name wasn't Patrick either—it was Maewyn Succat, but he didn't care for that so he chose to be known as

Patricius down the line. He actually had many monikers throughout his life: he was known by many as Magonus, by others as Succetus, and to some as Cothirhiacus. But we'll just call him Patrick since everybody else does. Has a nice ring to it...

His father, Calpornius, was a deacon in the early Christian church, but Patrick wasn't much of a believer himself. It wasn't until he was captured by Irish pirates at the age of 16 and enslaved for six years as a shepherd that he chose to convert to Christianity. While in northeastern Ireland, Patrick learned the Irish language and culture before attempting to escape back to Britain. But Patrick wasn't very good at escaping apparently, because he was captured again. This time by the French. He was held in France where he learned all about monasticism before he was released and sent home to Britain where he continued to study Christianity well into his twenties. Eventually, Patrick claimed he had a vision that told him to bring Christianity to the Irish people, who were predominantly pagan and druidic at the time, so Patrick he made his way back to Ireland and brought a big ol' bag of Christianity with him.

When Patrick arrived back in Ireland, however, he and his preaching ways were not welcomed, so he had to leave and land on some small islands off the coast. There he began to gain followers, and he eventually moved to the mainland to spread Christian ideologies across Ireland for many years to come. During this time, Patrick baptized thousands of people (some say 100,000), ordained new priests, guided women to nunhood, converted the sons of kings in the region, and aided in the formation of over 300 churches.

Folklore also tells of Patrick banishing all the snakes from Ireland, but as badass as that may sound, there were never actually any snakes on the island to begin with. Lame, I know. But Patrick may be the one responsible for popularizing the shamrock, or that three-leafed plant you'll see plastered all over the place today. According to legend, Patrick used it to teach the Irish the concept of the Christian Holy Trinity. They already had triple deities and regarded the number three highly, so Patrick's use of the shamrock may have helped him win a great deal of favor with the Irish.

These days, Patricius is known to most as Saint Patrick. Though he's not technically a canonized saint by the Catholic Church, he's well-regarded throughout the Christian world. But why the holiday? Why always

March 17? What's with the green? And why do we think of a non-Irish, non-snake charmer as a symbol of Ireland?

St. Paddy's Day started as a religious celebration in the 17th century to commemorate the life of Saint Patrick and the arrival of Christianity in Ireland. This "Feast Day" always took place on the anniversary of Patrick's death, which was believed to be March 17, 461 AD. In the early 18th century, Irish immigrants brought the tradition over to the American colonies, and it was there that Saint Patrick started to become the symbol of Irish heritage and culture that he is today. As more Irish came across the Atlantic, the Feast Day celebration slowly grew in popularity. So much so, in fact, the first ever St. Patrick's Day parade was held in Boston in 1737.

By the mid 19th century, the United States saw a massive influx of Irish immigrants hoping to escape the Great Famine. This transformed the relatively small-scale Feast Day observance into a full-blown celebration that people wanted to be a part of whether they were Irish or not. In 1903, Feast Day became a national holiday in Ireland, and over time it transformed into what is now called St. Patrick's Day. The holiday has since been celebrated all over the world in countries like the United States, Great Britain, Canada, Argentina, Australia, New Zealand, Switzerland, Russia, and even throughout Asia. As it happens, St. Paddy's Day is so popular, it's thought to be celebrated in more countries than any other national festival. What was once a fairly chill day of going to mass, watching a parade, and eating a hearty meal with family has transformed into the biggest party in the world.

If you're wondering why you're wearing green right now, there's more to it than protection from pinching fingers. It goes back to the Irish Rebellion, when Irish soldiers wore green as they fought off the British in their trademark red. Until then, the color associated with St. Patrick and Feast Day was actually blue. The song soldiers sang during the war in 1798, "The Wearing of the Green," changed all of that and made green, the color of shamrocks, Ireland's mainstay color. From then on, people wore green on St. Patrick's Day in solidarity. And when Chicago dyed their river green for the first time in 1962, the practice of wearing and decorating in green became a part of pop culture. It's now commonplace to bust out your best greens mid-March.

Okay, so why all the drinking then? It's part historical subtext, part us succumbing to advertising, and part stereotyping. Originally, St. Patrick's Day, or Feast Day, saw the lifting of Lent restrictions for the day, giving Christians a breather as they made their way to Easter. Basically, it was a day to eat and drink as much as you please in celebration, hence the traditional Irish meal of bacon and cabbage. But imbibing on whiskey and beer was not part of the equation. In fact, pubs in Ireland were forced by law to shut down for the holiday until later in the 20th century, and drinking alcohol on

The Doctor Game

W. Gifford-Jones M.D.

The Right Answers about Flu Could Save Your

"Get the shot", is the message now the flu season is here. But how effective is the vaccine? What is the chance of a mismatch? Are there serious complications? Should you get your shot at the local pharmacy? Or treat yourself with over-the-counter products? Should you rely on natural remedies? The right answers could save your life.

How Effective is the Vaccine?

Australia's flu season, during its winter and our summer, usually predicts what happens in North America. And during Australia's past winter, there were 215,280 cases.

Dr. Ralph Campbell, reporting in Orthomolecular Medicine News Service, says this increase was most likely due to a vaccine mismatch. In effect, it was the wrong vaccine for the current virus. But suppose researchers achieve a good match.

Campbell says the vaccine's effectiveness still only provides 40 and 60 percent protection. And with a mismatch, the protection can be as low as 10 percent!

So why is it so difficult to find the right vaccine for today's virus? Because the flu virus is clever. It has the ability to undergo rapid change, known as mutation, making itself resistant to the vaccine.

What Kills Most People?

Influenza can be a mild or fatal illness. But people don't normally die of influenza. Rather, death is the result of a secondary infection, such as pneumonia. This is often related to poor health and a weakened immune system, particularly in the young and elderly.

So How Do You Develop a Healthy Immune System?

Dr. Campbell says a good start is to take a daily multivitamin pill. This ensures you're not lacking in the B vitamins, zinc and selenium. He also suggests daily amounts of vitamin A 10,000 IU, and 400 to 1200 of vitamin E, and in the winter months 1,000 to 5,000 IU of vitamin D.

A report in the publication, Life Extension, says that as we age our blood and immune cells contain less vitamin C. And that stress decreases the amount of C. For example, diabetes patients and those suffering from gastritis have half the amount of C in their blood. Cancer and arthritis patients one third the amount, and following a traumatic accident or surgery, levels can drop as low as 10 percent! We are also under stress when influenza hits like a 10 ton Mack truck!

Few people realize that during an acute infection, immune cells contain as much as 100 times more vitamin C in their blood than under normal conditions. So it's important to keep a reservoir of C in the blood at all times in case it's suddenly needed. One way to do this is by taking a least 4,000 milligrams of C daily.

How Do You Treat The Severe Infection of Influenza?

Dr Campbell says that vitamin C, if started early, can prevent the worst flu symptoms, a dose of 1,000 to 3,000 milligrams with each meal. Or 1,000 milligrams an hour until loose stools occurs. But, if pneumonia develops, large amounts of intravenous vitamin C can fight both viral and bacterial infections. I often wonder how many patients die of pneumonia each year deprived of intravenous vitamin C.

What Not To Do

Dr. Campbell reports a drive by pharmaceutical companies and doctors for patients to take anti-viral drugs when flu is suspected. These can result in a slight decrease in duration of symptoms, but 10 percent of patients develop side-effects, some of which are serious. He also suggests that if you decide on a flu shot, get it from your own doctor who knows your medical history. And never make the mistake of treating yourself with over-the-counter drug store products as some cause severe liver injury. Remember

I'm not your doctor and only he or she can decide on the value of a flu shot. But I fight infection by taking 10,000 milligrams of C daily. I use Medi-C Plus, a powdered form. Several brands are available in health food stores.

Why 10,000 mgs? Because I've had a heart attack and C also fights hardening of arteries as well as infection. But for others 4000 mgs. is adequate unless the flu strikes. It's then imperative to increase the amount. Dr. Campbell is the author of the book, The Vitamin Cure for Infant and Toddler Health Problems.

Online docgiff.com. For comments info @ docgiff.com



St. Patrick's Day was greatly frowned upon until the late 1970s.

Then, a huge marketing push from Budweiser in the 80s convinced thirsty revelers that drinking beer and St. Patrick's Day were one in the same. The rest is drunk history nobody seems to remember, as it's all been replaced in our heads with quotes from Boondock Saints. Much like Cinco de Mayo, many people now use the holiday as an excuse to binge drink, which fosters negative stereotypes by incorrectly

associating the act of getting wasted with Irish culture. But, at least now you can take a swig of your Guinness in pride because you know the real story. Sláinte!





*May your Easter basket be full of
Joy, Happiness & Peace
Today & Always!
Happy Easter*

Ross Wetmore
MLA Gagetown – Petitcodiac
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**Come join me every second Monday of the month for a Coffee Break
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at the Maritime Motorsports Hall of Fame
5 Hooper Lane, Petitcodiac, NB**

“Ask Your MLA” -

Ross Wetmore, MLA Gagetown-Petitcodiac

Two weeks into last spring's provincial election in Nova Scotia, health care emerged as the number one issue, taking political parties and politics watchers somewhat by surprise.

In a CTV report two weeks into the election campaign, David Johnson, a political scientist at Cape Breton University, was quoted as saying Stephen McNeil's government was paying a price for failing to keep 2013 election promises such as ensuring all citizens have access to family physicians, and for overcrowding and long wait times.

Of all the public services that a government is tasked with providing, health care has a uniquely universal “birth to death” impact.

The potential for health to become a top election issue is ever present. Don't be surprised if it is a big issue this fall in our New Brunswick general election.

Timely access to family doctors and surgeons has been at the top of many minds since the Fraser Institute's most recent report that showed average wait times in our province are the worst in Canada and growing longer.

But the issue of ‘health’ goes beyond the access and delivery of health services. There is also the critical element of intervention, and that is where Public Health comes into the picture.

In New Brunswick, public health has just as much potential to become an election issue.

In a November 2017 CMAJ article, internationally recognized public health physician Dr. Trevor Hancock wrote: “We have seen public health downgraded within governments and health authorities through breaking up of public health units; sidelining of medical officers of health, including erosion of their independence and ability to speak out.”

While Dr. Hancock did not recognize New Brunswick specifically, his observations certainly line up with the New Brunswick experience since December of 2015, when the Gallant government fired Dr. Eilish Cleary, our Chief Medical Officer of Health.

In the two years following Dr. Cleary's dismissal the Office of the Chief Medical Officer has been torn to pieces. 70 percent of the staff has been spread out over several departments including Justice and Public Safety, Social Development and Environment. Each of these departments is currently mired in an ongoing calamity of its own-judicature act fallout, the mishandled neglected children file and Parlee Beach.

In the event of a major outbreak or catastrophic environmental issue how long will it take to bring together the necessary staff and expertise to respond? How many precious hours or days will be lost while having to draw public health expertise from several departments? This mess was created by the Gallant government despite widespread warnings from members of the public health community all across Canada. The Canadian Public Health Association raised its voice as did Public Health Physicians of Canada. Former Chief Medical Officers of Health from other provinces spoke up as did academics in public health and practicing public health physicians. Their words fell on deaf ears. The Gallant government has made the changes and the clock is ticking. Will health become an issue in this September's election? Perhaps it already is.

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OTHER AWARDS

1989 Recognized by the Halifax City Regional Library for his outstanding volunteer service.

2000 recognized by the Maritime Ship Modelers Guild for his support of their Millenium Model Boat Show

2004 Recognized by Maritime Museum of the Atlantic for his commitment and dedication as a Museum Volunteer.



Remembering Spring Cleaning

by Gloria Scribner

The walk is slippery and the lane blotched here and there with patches of ice where melted snow escaped its shrunken banks, all streaked in brown and laced with twigs of alder. Thaw and freeze, rain and breezes all contribute to the menagerie of coming spring while winter plods along wearing one rain boot and one snowshoe, for as Maggie Muggins used to say “I don't know what will happen tomorrow”!

We need the weather forecasts every day, for predictions change by the hour. It's as tho' Mother Nature can't make up her mind. Perhaps like me she's just getting forgetful in her old-age.

It's the time of year we look around us and shake our heads at those dust-webs creeping into corners and knick-knacks lose their lustre as wood smoke and (you name it) casts a dishevelled look to mirrors, shelves and window-panes.

Lady-bugs are creeping 'round the cracks and crevices of sills and door frames and our parlour walls begin to lose their welcome warmth. Our curtains hang a bit more wearily and the furniture is begging to be re-arranged. It's the time of year that

brings with it an urge to throw open windows, shake out the rugs and fill the bucket with “Spic-and-Span”. The paint brush and roller in the cellar-way beckon more each time we pass and those hardware-store flyers are flaunting eye-catching colour of this and that, and must-haves, as new “this”, and new and improved “that” tempt our frenzied wallets.

House cleaning time isn't just a man-made (or woman-made) ritual born of habit, but an instinct old as the seasons of time. It's the yearly hunger for change, the need for improvement and refreshing. It's a passion to greet the next threshold of our lives with a clean slate new and fresh as the promise of spring breeze and crocus.

So we wash, dust, scrub, paint, repair replace or re-enhance. It's a part of life's cycle not just another season. A reminder from somewhere deep inside us that shouts “Enough of this”! A time for mending fences and throwing wide the gate, of polishing the door knobs, light fixtures and bed posts.

It's a moment in time when house-wives become “domestic engineers”, “creating

con't pg. 11

Salisbury Winter Carnival Family Day

The Salisbury Winter Carnival Family Day still went ahead despite the weather. Mother Nature has not been kind this year! They made the best with what snow they had and still had lots planned. They celebrated NB's first family day as a community at Highland Park from 11-2 (They had sleigh/wagon rides on the Wetland Trail!! But first, start the morning off at the Salisbury Lions Club monthly pancake breakfast starting at 7 am!!



Mark & Charlene giving some snowshoeing tips!



MP Fundy Royal Alaina Lockhart stopped by #familydaynb celebrations!



Connie & Barbie making maple candy. Yummy!!

Christa Lee Goodine and Carissa making the amazing beavertails!



We would like to thank all of our volunteers who helped at the Winter Carnival and for everyone who came out to enjoy the activities. Special thank you to Janet's Jerky, Nigel & Janet Macleod for donating ground beef to our spaghetti supper fundraiser, Dave Keirstead for his donation to the supper, Lew Murray for selling tickets and to Michelle & Abby Landry of Moncton Propane Services for donating propane to use at our outdoor events.

Congratulations to the Salisbury Middle School Girls Basketball Team and coach Rob Campbell on earning the title of Provincial Champions!



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Let's Eat Out at the Maple Tree Café

The question was "Would you prefer money for a housekeeper, cook, gardener, or personal secretary?" There were seven of us and most of us, after weighing the pros and cons, answered that a cook would be our first choice. Food and its preparation are important to us, prompting a lively conversation.

This month similar conversations were had at the Maple Tree Café in Elgin. If you are coming in from Petitcodiac, it is on the right, across the street from the EcoPark. What a beautiful drive!

This café is run by Shirley Cole, a native of Calgary, Alberta. Now there is a switch...someone coming East from the West! She had been working at the general store in the village till it closed about a year and a half ago. So being out of a job and having bills to pay, she approached the Seniors Group and they agreed that she could use the kitchen in exchange for any upkeep needed. This building is also used by the Women's Institute during the winter months, meetings of the Elgin ECO Association, and any Teas or Socials. Snowmobilers stop in, as well as motorcyclists passing through.

Before ordering, I bought 5 DVDs and looked through their library. While we waited for our order to be filled we started a game of cribbage (they have an assortment of games on hand). There is no WIFI so people can talk face to face with no outside electronic interruptions. May sound old-fashioned but it sure was pleasant. The room was open and bright.

My cheeseburger (made with local beef) came in a homemade bun with potato chips on the side and toppings of mustard, ketchup and homemade mustard pickles. Charley ordered a Big Breakfast which included 2 eggs, 2 slices of ham, fried potatoes with onions and green peppers, and two slices of homemade toast. For dessert we each had a homemade chocolate chip cookie and a lemon square. Shirley made sure jam and drinks were on the table. You got your own coffee and tea at the counter. The total came to \$20.25 and that included taxes. And the friendliness was priceless!

The Maple Tree Café does have a Facebook page where you can find the hours (Tuesday to Saturday 8-4 and Sunday 9-4) and address. The menu is simple-soup, sandwiches, burgers, breakfast, home baking, and whatever is cooking that day. They are closed on Mondays and the phone number is 756-2160.

Friday is the busiest morning as that is when Shirley cooks her sticky buns! Be there early if you want one.

For those interested, I did win at cribbage!



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con't from pg. 8

Spring Cleaning

newness in each nook as curb-side rubbish mounts higher and the garage suddenly emits a hollow echo of "empty". But first things first- The snows must melt; The winds must blow across the flooded furrows, and as God does His own housecleaning we'll see drying garden plots and swirling eddies of old leaves (and anything else Winter held hidden under her coat all season), disappearing into the ditches and away. While housecleaning involves more than mop and pail and good intentions; It also inspires hope and newness that reguvenates over our whole being with anticipation of "soon to be" Spring. March is three weeks of winter and one of spring. It's school-break and the rattle of sap-cans. It's new fawns in the meadow, horses kicking at the barn doors, tiny buds, almost bursting on the limbs. It's hope and newness. The smell of green, The brown of muddy cars, the blue of sky and black of cloud. It's the wail of coyotes blending with the "yip" of den-pups. It's the howl of wind and flicker of sunbeam on prisms of crystal. March reminds me of the ole-time traffic cop. One moment a hand out to bid us stop. Next, fingers beckoning us forward. We can't take an eye off him for a second. Dressed in blue he lures us over ashen streets and in a blink we're soaring down the freeway, straight for a canvass of waiting green and perpetual beauty. So welcome March – but humour Spring. She's "bi-polar" so remember, while you scale that ladder and wend the brush. "This too shall Pass".

When I Think of Easter

When I think of Easter,
I think of Hot Cross Buns,
Of Chocolate eggs and holidays,
Of treasure hunts, what
fun!

But then, I start to
wonder,
Why is there all the



The Easter Bunny
Once I saw the Easter Bunney
Come Hop, hop, hop.
So I cried, "Dear Bunny,
Will you stop, stop, stop?"

I ran to the window
to say, "how do you do?"
But he shook his fluffy tail,
and siad, "Happy Easter to You."



What's Cooking? In Winona's Kitchen

DELICIOUS TORTE CAKE (Nice Easter dessert)

Cream together until fluffy
½ cup butter
½ cup white sugar
Separate 4 eggs
Put whites in clean bowl
Add yolks to sugar mixture, beat until light
Add 1 teaspoon vanilla
Mix together
1 cup flour
1 teaspoon baking powder
½ teaspoon salt
Now add the flour mixture to the sugar mixture alternately with
½ cup milk.
Prepare 2 nine inch round pans: grease and flour lightly.
Divide cake mixture evenly in pans.

NEXT

Make meringue –
Beat the 4 egg whites until stiff
Gradually add
1 cup of white sugar, beating continuously until it stands in peaks.
Spread on top of the cake batter in the pans.
Place in preheated oven of 350 degrees F. for 25 minutes or until toothpick comes out clean. Cool cake in pans.

TO FINISH CAKE

Make lemon filling-
Whip until thick
1 cup whipping cream
Then add and whip
1/3 cup icing sugar
2 tablespoons lemon juice
1 teaspoon grated lemon rind
Now place 1 layer of the cake on a plate with the meringue next to the plate, spread
Half of the filling on this layer
Now place the other layer on this with the meringue up
Spread remaining filling on this.

Enjoy!



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MOCK MAPLE SYRUP

2 cups brown sugar
1 cup water
Bring to a boil and simmer for 6 minutes
Remove from heat and add
½ teaspoon maple flavoring
Store in refrigerator



Petitcodiac Winter Carnival, February 18, 2018



Garden Column

By Mark and Ben Cullen

Tuber Time



Mark Cullen is an expert gardener, author, broadcaster, tree advocate and holds the Order of Canada. His son Ben is a fourth-generation urban

gardener and graduate of University of Guelph and Dalhousie University in Halifax. Follow them at markcullen.com, @markcullengardening, on Facebook and bi-weekly on Global TV's National Morning Show.

The gardening season is here.

Take tubers for example. More precisely dahlia and begonia tubers. If you over-wintered them in your basement or your vegetable crisper, now is the time to take them out and start them for a summer full of colour. If you didn't hold yours over from last fall, now is the time to buy them from your favourite garden retailer. We urge you to do this soon, while the selection is at its best. If you start tubers now you will end up with the longest possible season of colour. The later you start the shorter the flowering period.

Here is how to get started:

Dahlias. The large, cactus flowering dahlias are remarkable, mostly for their pie-plate size and their suitability for cutting to bring

indoors. The smaller pom-poms are just as popular but are used more as border plants. There are many varieties of dahlias in between, in a riot of colours.

Remove the mother-tuber from its winter storage and separate the long, finger-like tubers from the main stem. Each one will grow up to 10 times their original size in good soil and sunshine. A tuber about 10 to 15 cm long and 3 to 6 cm thick will produce a good-sized plant come late spring. Pot each tuber up in to a gallon size pot now. Use a quality potting mix that drains well like Pro Mix. Push the soil down around each tuber and firm it into place about 5 cm deep. No need to worry about 'which side is up', place the thick root in horizontally, you won't go wrong.



Water it well and place in a sunny window. Gallon sized pots are a bit large for most windowsills. We put ours on the floor at the sliding door at the back of the house. As the plants push through the soil, in about four to six weeks, turn them every few days to encourage even growth.

www. Tuberosus begonias are famous for their large double-sized flowers that look much like roses. Because they grow so well in part shade (not full shade) they are a great substitute for roses on the north side of your

house or under the dappled shade of trees. The hanging varieties are very showy in hanging baskets.

Placing your begonia tuber in the soil right-side-up is important. The convex side (the bulged portion) goes down while the concave or indented side faces up. Spread a quality

peat-based seed starting mix in a seed starting tray soil about 5 cm deep. Leave room at the rim of the tray for water to percolate down into the root zone of the soil. Push each tuber into the soil and give it a twist. Be firm.

Then apply a one or two cm layer of soil over the top of the tubers. Water well and let the soil become dry to the touch between watering.

Place the tray on top of your refrigerator, where the warm heat rising up the back of it will help to encourage early root development. In about four to six weeks, gently tease each tuber out of the soil and plant them, new roots, green shoots and all, into 10 cm (4") pots.

Place the potted begonias in bright sunlight until planting time in late May or early June.

Note that both dahlias and begonias are 'hot crops' that enjoy heat and wither in cold weather and cold soil. Plant them out when the soil has warmed up to about 15°C.

Do You Believe in Leprechauns?

This Poem was written by Tony Payne.

Do you believe in Leprechauns
Rainbows with pots of gold
Fairies, Piskies, Gnomes and Dwarves
Or have you just grown old

I sometimes stop and wonder
Where these ancient tales come from
Were there really once such things
And if so, then are they gone?

This world is full of strange events
You can read it throughout history
There's UFO's and flying things
It really is a mystery

But for the sake of old Saint Pat
Let's imagine for a day
That fairy tale folk they do exist
You might see one at play



An Irish Wish

If I could have one wish come true
To warm your Irish eyes
It wouldn't be for love or wealth
Or closer family ties.
Nor would it be a "frothy" pint
Or rest by quiet stream
Oh No! 'T would be more heavenly
Than anything you've seen
Nor would it be a grand old tune
To set your heart astir
Red-headed girls with youthful smiles
Nor yet the way you were
I wouldn't wish the zeal of youth
Nor rainbow's pot of gold
(No happiness could come of that)
Nor Heaven – or so I'm told
But if by wishing on a star
I could one gift bestow
'T would be to plant your Irish feet
On the green fields of Tyrone.
To spread around your Irish heart
And hold you in it's sway
A misty morn' in Ireland
And view of "Galway Bay"
I'd bid the Shamrock grace the land
And Tara's harp restrung
To infiltrate your heart, my friend
And you – forever young.
And drum and fife would come to life
With nary a tho't of war
Nor famine, cold, or EXILE
Just Ireland – once more.

G.J. Scribner

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1 for \$100
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2018 Honda SXS500 Side by Side
from Toys For Big Boys

Golf Tournament Maritime Motorsports Hall of Fame

May 26, - 12:30 Shotgun start

Registration starts 11:30am

at the Petitcodiac Golf & Country Club

86 Golf Course Rd., Petitcodiac, NB

Teams of 4 - \$400.00 per team - (deadline: May 12, 2018)
Early bird registration - \$360.00 per team (Deadline April 5, 2018)
(includes round of golf, cart and meal)



2018 Honda Side by Side
sponsored by
Toys for Big Boys,
Moncton, NB

2- holes in 1 prizes
PLUS
many more prizes



2018 Jeep
sponsored by
Norrad Chrysler Dodge Jeep
Sussex, NB

For more information call 756-2110

Petty AutoFest Maritime Motorsports Hall of Fame

5 Hooper Lane, Petitcodiac, Nb

June 3, 2018

SPECTATORS FREE

All Types of motor vehicles WELCOME!!

Setup starts at 9am

Deep Fried Turkey for lunch

Watch Local News & Views for more details



Comedy at Large

by Laurie Blanchard Salisbury, NB

Designer of artistic mailing envelopes 372-5353

Our modern day world seems to be inundated with lawsuits. It appears that everybody wants to sue and at times, for the most frivolous reasons. Take the case of the British attorney who is suing for slander. So, who is he suing for slander you ask? The big question is....what is he filing the suit against? Well, his bathroom scales! During a party at his estate, he casually stepped on his scales in the presence of some business colleagues. No harm done, you say? What actually transpired was a mechanical electronic voice that announced "loose some wait fatso!" The attorney thinks that a check for \$ 80,000.00 would assist him in dealing with the shame and embarrassment the incident caused him. What were the end results? Truth be told, the scales of justice will determine that.

Here is the story of F. E. Smith, a brilliant British turn of the century barrister with a tongue like a samurai sword. No one, not even judges dared to get in a heated exchange of words with him. He always won, except for this one instance. On this occasion, when he was teasing a judge about the size of his belly, Smith asked if he was expecting a boy or a girl? Well, commented the judge, patting his belly, if it's a boy I'll call him John. If it's a girl I'll call her Mary, but if it is as I suspect, only wind, then I'll call it F. E. Smith! I rest my case.

People Who Laugh a lot Live Longer



History of Womens Day

Introduction

International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political. International Women's Day first emerged from the activities of labour movements at the turn of the twentieth century in North America and across Europe.

Since those early years, International Women's Day has assumed a new global dimension for women in developed and developing countries alike. The growing international women's movement, which has been strengthened by four global United Nations women's conferences, has helped make the commemoration a rallying point to build support for women's rights and participation in the political and economic arenas.

Chronology

1909 The first National Woman's Day was observed in the United States on 28 February. The Socialist Party of America designated this day in honour of the 1908 garment workers' strike in New York, where women protested against working conditions.

1910 The Socialist International, meeting in Copenhagen, established a Women's Day, international in character, to honour the movement for women's rights and to build support for achieving universal suffrage for women. The proposal was greeted with unanimous approval by the conference of over 100 women from 17 countries, which included the first three women elected to the Finnish Parliament. No fixed date was selected for the observance.

1911 As a result of the Copenhagen initiative, International Women's Day was marked for the first time (19 March) in Austria, Denmark, Germany and Switzerland, where more than one million women and men attended rallies. In addition to the right to vote and to hold public office, they demanded women's rights to work, to vocational training and to an end to discrimination on the job.

1913-1914 International Women's Day also became a mechanism for protesting World War I. As part of the peace movement, Russian women observed their first International Women's Day on the last Sunday in February. Elsewhere in Europe, on or around 8 March of the following year, women held rallies either to protest the war or to express solidarity with other activists.

1917 Against the backdrop of the war, women in Russia again chose to protest and strike for "Bread and Peace" on the last Sunday in February (which fell on 8 March on the Gregorian calendar). Four days later, the Czar abdicated and the provisional Government granted women the right to vote.

1975 During International Women's Year, the United Nations began celebrating International Women's Day on 8 March.

1995 The Beijing Declaration and Platform for Action, a historic roadmap signed by

Business Directory

Support your Local Communities - Shop Local

Call 756-2110 to book your space in our new Business Directory
0 - 30 words - \$17.50 + HST

Next Issue - April 1, 2018 / Deadline - March 23, 2018

Petitcodiac

Auto Supplies

AUTO PARTS **Auto Supplies**
188 Old Post Road
Petitcodiac, NB E4Z 4P1
Phone - 756-3347
Hours
Mon. - Tues.: 8am - 5:30pm
Saturday - 8am - 12pm

Banking

CREDIT UNION
Advance Savings Credit Union
47 Main Street, Petitcodiac, NB E4Z 4L9
Phone: 756-3331 / Fax: 756-8596
www.advancesavings.ca

Banquet Room Rental

Maritime Motorsports Hall of Fame
5 Hooper Lane, Petitcodiac, NB
(506)756-2110
Are you looking for a space to hold a
Meeting, Family Reunion, Birthday,
Anniversary, then give us a call.

Grocery Store

FOODLAND
33 Main St., Petitcodiac, NB
Phone - 756-3321
Hours
Mon - Fri : 8am - 8pm
Sat.-8am - 6pm / Sun.-11am - 6pm

Living Healthy

Cynsational Living
Helping People Live Healthier & Happier Lives
Cyndi Killam
Registered Holistic Nutritionist
Reflexologist
Services Covered by most insurances
506-756-0073 CynsationalLiving.ca

Special Care Home

Country Care
Special Care Home
67 Steeves Rd, Interval
Homelike Atmosphere & 24 Hour Care
Call us and we'll help you.
(506)756-8273

Salisbury

Auto Supplies

AUTO PARTS **Universal Accessories Ltd.**
3092 Main St., Salisbury, NR
Phone 372-5398
Hours
Mon. - Fri.: 8am - 5:30pm
Saturday: 8am - 12pm

Drug Store

Guardian
Salisbury Pharmacy Ltd
2054 Main Street
Salisbury, NB
(506)372-4760
Mon-Fri 9am-5pm Sat 9am-5pm
Sun 12-5pm Holidays-Closed

Consignment Store

Freemont's CEDAR CHEST
3154 Main Street
Salisbury, NB
Phone: 506-215-0238
Entrance behind Salisbury Pharmacy
Family Clothing
Hours
Mon. - Thurs. - 10am - 5pm
Fri. - 10am - 7pm / Sat. - 10am - 4pm

Hobbies

FREEDOM HOBBIES
You Found Freedom - for all your RC needs!
Cars / Trucks / Drones / Planes
and much more - check out our website
3134 Main St., Salisbury, NB
Phone: 372-9990 www.freedomhobbies.ca



**ADVERTISE
YOUR
BUSINESS
HERE**

Sudoku (page3)

2	7	6	3	8	4	9	1	5
1	5	9	7	6	2	8	4	3
3	8	4	5	9	1	7	6	2
5	4	3	6	2	7	1	8	9
8	6	1	9	4	3	5	2	7
7	9	2	1	5	8	4	3	6
9	1	5	4	3	6	2	7	8
4	3	8	2	7	5	6	9	1
6	2	7	8	1	9	3	5	4

Church Services

Steeves Settlement Baptist Church, Independent
250 Steeves Settlement Rd.
Pastor Paul Fosmark
Services every Sunday
Sunday School for all ages - 9:45am
Morning Worship Service - 11:00am
Washroom facilities available All Welcome!
For more information call 534-2714

Petitcodiac Mennonite - Worship
Service 11:00 am.

Petitcodiac Baptist - Morning
Worship @ 10:50 am. Adult Small
Groups at 9:30 am :SS JAM" (preschool
- Grade 5) at 10:50 am.
Nursery available for infants.

St. Andrew's Anglican - Sunday
Service at 9:00 am, Sunday School,
9:00 am.

Petitcodiac Lighthouse Assembly

Services: Worship Sundays - 10:30am
Location: Maritime Motorsports Hall of
Fame, 5 Hooper Lane, Petitcodiac, NB
Pastor C.G. Fenwick
Ph: 506-433-6972

St. John's Anglican Church, Salisbury,
each Sunday at 11 am with
Sunday School also at 11 am

St. James United - Service at 11am

First North River Baptist
573 Blakney Road, Fawcett Hil, NB
Sunday Morning Worship @ 11 AM
Sunday School for all Age @ 9:45 AM
Prayer and Bible Study - Wednesday @ 7 PM
Youth Group Thursday Evenings @ 7:30 PM
For further information call 756- 8580

CLASSIFIED

Let the classified's help you list your apt for rent, items for sale, or announce up coming events and special occasions.

Cost: \$5.00 for 20 words or less & \$15 for over 20 words.

For more information call or e-mail the Maritime Motorsports Hall Of Fame at 756-2110 or maritimemotorsports@gmail.com

ADULT EDUCATION

Salisbury Adult Learning Center
372-5025
or
South East Regional
Adult Learning Board
857-9912
FREE GED & PRE-GED PROGRAM

Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

UP COMING EVENTS

Havelock Legion #86
4684 Rte. 880, Havelock - 534-8285

2nd Monday of each month - 7pm
Executive meeting. Regular meeting at 8pm

Tuesdays - 7:30pm drop in crib - \$4.00 per person.

Wednesdays - 11am - 2pm, Seniors bingo, games & light lunch - \$5.00 per person. Darts at 8pm.

Thursdays - 7pm, bingo. 200 cards open league - 7pm - \$5.00. Prize money paid each night.

Fridays - Darts for meat - 7:30pm, pay per round.

Saturdays - Chase the Ace 6pm - 8pm with draw at 8:15.

Rentals call Betty Maxwell, 534-0229 or 233-1372.

Seniors Games Day
Is held every Wednesday at the
Maritime Motorsports Hall of Fame
1pm - 4pm
Everyone Welcome!

BIRTHDAYS



The family of Paul Beaman invite you to join him as he celebrates his 80th Birthday at the Salisbury Baptist Church March 25th from 2 - 4pm. Please best wishes ONLY

Weekly 50/50 Draw
Tri-County Boys and Girls Club Gold Rush. Only a Toonie!
Remember your number and play it weekly. Help support the Boys and Girls Clubs of Petitcodiac and Salisbury
For more info check us out on facebook @ Tri-County Gold Rush

Cornhill Women's Institute

BACK BY POPULAR DEMAND- PAINT NIGHT - the next Cornhill

Women's Institute paint night with Amanda Foregrave will be Tuesday April 24th at 7:00pm at the Cornhill Community Hall. Cost is \$40. Spaces are limited and first come first serve. Everybody is welcome. This is what we will paint....

Reserve your spot today!
email: spice.lady101@gmail.com



Job Opportunities

Jordan LifeCare Centre

We are currently hiring Licensed Practical Nurses and Personal Support Workers. Qualified applicants must have a current LPN registration or a PSW certificate from an approved college. If interested please contact Steven Keith at 756-2570 or send resume to steven.keith@rogers.com

Apartment for Rent

A 2 bedroom apartment for rent to a mature individual or couple. Fully furnished. Heat, lights, cable included \$725.00 monthly.
call 756-1890

Post your classified with us!
\$5.00 for under 20 words
or \$10.00 for over 20 words.
Picture & under 20 words \$15.00
Picture & over 20 words \$20.00
Obituaries \$35.00

Havelock Women's Institute

The **HAVELOCK WOMEN'S INSTITUTE** presents a **PAINT NIGHT** on Monday, March 19th at 7 PM at the Havelock Legion. Our instructor will be Amanda Forgrave. The cost is \$40. Seats are limited. Please register with Helen at 534-2932



Hospice Greater Moncton Grief and Bereavement Support Group

Is offering a 7 week program at no charge. Thursday March 22 to May 3, 2018 7pm to 8pm at the Petitcodiac Baptist Church, Renfrew Drive, entrance on parking lot side. This is a non-denominational Support Group. All are Welcome!

For more information, please contact
Blanche Prince - 756-2011
Debby Smith at 756-8334
or Debbie Landry-Jaillet Hospice -
(506)383-2404 or
volunteer@hospicemg.ca

If you have experienced the loss of a loved one and would like to gain some tools for dealing with your grief this group is for you

OBITUARIES

Jean Berry



Jean Marie Berry, 57, of Petitcodiac passed away at the Moncton Hospital on January 26, 2018.

Born in Riverside Albert she was the daughter of Margaret (Cameron) and the late Roy Berry. Jean was

a homemaker who enjoyed making quilts, knitting, sewing, bingo and time spent with her family and her grandchildren.

She is survived by Curtis Morrissey; children Trevor Berry (Tabetha) of Petitcodiac, Tanya Harrison (Noel) of Alberta, Tressa Cormier of Petitcodiac, Troy Berry of Petitcodiac, and Tiffany Ruttle (Kyle) of Petitcodiac; brothers Todd, Scott (Sylvia); and sisters Denise LeBreton (Dan) and Joyce Estabrooks. Besides her father Roy, Jean was predeceased by brother Colin and daughter Laura.

Arrangements have been left in the care of Armstrong's Funeral Chapel, 33 Russell Street, Petitcodiac (756-3361) where a private family gathering will take place.

Memorials to a charity of the donor's choosing would be appreciated by the family.

www.keirsteads.ca

Five Points Baptist Church
5597 Route 895 Colpitts Settlement, NB E4J 3A2

Gospel Jam Session

Join us on the 3rd Sunday each month at 6:30pm
for an evening of uplifting Gospel Music from
Local Singers and Musicians

OBITUARIES

Larry Mills

Larry James Mills, 64, of Forest Glen, NB passed away unexpectedly on January 30, 2018 at the Moncton Hospital. Born in Kinnear Settlement on August 17, 1953 to the late Walter and

Mary (Almon) Mills.

After graduating from Petitcodiac Regional High School, Larry went to work for CNR extra gangs for the summer. When he left there he went to work for the T.E. Eaton Company until its closing in 1976. Larry then worked construction and went to NBCC and obtained his carpentry license. He then worked for Lounsbury Furniture Company in Petitcodiac and drove school bus part-time. For the past 18 years he has been employed with the local anglophone school district as a carpenter.

While being a member of the Royal Canadian Legion, Petitcodiac for 37 years, he served as treasurer, secondvice and first vice, also leading many dart teams to provincial tournaments. He was a former board of director of Kodiak Place.

Larry will be sadly missed by his wife Susan nee Wilson, their children Jason (Leanne) of Sussex, Jody, Larissa Wilson (Bridget) both of Petitcodiac, John Paul Rogers (Alisha) of Havelock, grandchildren, Bryson, Addison, Bentley, Autumn, Kaiya, Arrow, Harley, Baylee, brothers, Carl Mills (Pam), Fred Mills (Diane) both of Kinnear Settlement, sisters, Jean Flett (Donnie) and June Mills all of Moncton, sister-in-law Anna Mills, several nieces and nephews. He was predeceased by his parents, first wife Judy, infant daughter Janet, brothers Gerald and Ron.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800), with visitation on Friday, February 2 from 2-4 and 7-9 pm. A Funeral Service will be held in the chapel on Saturday, February 3 at 11 am with Pastor Lloyd O'Blens officiating. Interment at Maplewood Cemetery, Petitcodiac at a later date.

Memorials made to the Heart & Stroke Foundation or to the Living Memorial for the family would be appreciated.
www.keirsteads.ca



OBITUARIES

Herbert Eagles

After a brief illness, Herbert James Eagles, 83, of Colpitts Settlement went home to be with the Lord on Thursday, February 1, 2018.

Born in Salisbury he was the son of the late

John and Alma (Hicks) Eagles. After graduating from Moncton High and then the Ford Trade School in Windsor, ON, Herb went on to enjoy a career in Tool & Die making, and teaching at Moncton High as well as NBCC Moncton. In his retirement he operated Eagles Precision Machining in Salisbury. Herb enjoyed woodworking, reading and Bible Study.

Survived by his wife Joan (Daigle) and sons; Kim (Grace) of Milk River, AB, Ken (Dawn) of Salisbury, Keith (Tanya) of Salisbury and daughters; Cheryl Wortman (Peter) of Salisbury, Heather Dwyer (Dan) of Cobourg, ON, Sheila Steeves of Petitcodiac, Ruth Simmons of River Glade, stepson Kevin Daigle of Fredericton, 20 grandchildren, 11 great grandchildren and several nieces and nephews. He was predeceased by first wife Marilyn (Russell), brothers Harold and Jackie, sisters Jean Ogilvie and baby Ruth.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800), where visitation will take place Saturday, February 3rd from 5-8pm and from where the funeral will be held Sunday at 2pm. Pastor Mitch Whittington Officiating. Interment at Pinehill Cemetery in the Spring.

Memorial to the Friends of the Moncton Hospital or a charity of the donor's choice would be appreciated by the family.

www.keirsteads.ca

Hebert Sexton

Herbert Raymond Sexton, 73, of Salisbury passed away peacefully Tuesday, February 20, 2018 at the Moncton Hospital.

Born in Tilting, Fogo Island, NF, he was the son of the

late Gregory and Mary (Broaders) Sexton. Herbert was retired from A & P Foods Toronto and in retirement they moved to Salisbury. He attended St. Jude's Roman Catholic Church, was a member of the Salisbury Lions Club and for over forty years a dedicated member of AA. He enjoyed his summers at the cottage in Newfoundland fishing and winters spent in the hockey rinks cheering on his grandchildren.

He is survived and missed by his beloved wife of 54 years Nora; children Deborah Sexton (Paul) of Mississauga, ON and Leo (Laura) of Salisbury; cherished grandchildren Dalton, Conor, Leanne, and

OBITUARIES

Jackie; brothers Andre (Marilyn), Vernon, Ronald (Shirlene) and Joseph (Joanne); sisters Colleen Sexton, Ann Walsh, Rita MacDonald (John), Eleanor Virchow (Jim), Theresa Martin (Bill), Philomena Sexton and many nieces and nephews. He was predeceased by brothers Leo, Patrick and Gregory.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Thursday, February 22 from 7 to 9 pm. The funeral will be held in the chapel Friday,

February 23 at 10 am with Father Phil Mulligan officiating. Interment at St. Patrick's Parish Cemetery, Fogo Island, NF at a later date.

If desired, memorials to the Canadian Cancer Society, Parkinson Canada or Friends of the Moncton Hospital would be appreciated by the family.

www.keirsteads.ca

Marjorie Taylor

Marjorie Olive Taylor, 88, passed away Wednesday, February 21, 2018 at the Jordan LifeCare Centre.

Born in Monteaale, she was the daughter of the late Wilfred and Flora Lewis. She was a homemaker, a

member of the Second North River Baptist Church and the Second North River W.I. She enjoyed hobbies, gardening, knitting, cooking, auctions and Fred the love of her life.

She is survived and missed by her sons Eugene (Anna) of Wheaton Settlement, Martin (Cheryl) of Second North River, John (Cindy) of Salisbury, Alan (Cathy) of Monteaale; daughters Joanne Taylor of Monteaale and Susan Jones (Danny) of Second North River; nine grandchildren; two great grandchildren; two great great grandchildren; brothers Robert Lewis (Claudette) of Monteaale and Philip Lewis (Phyllis) of Monteaale; sisters Julia Henry (late William), Shirley O'Blens (late Grant) and June Robichaud (late Rob); brother-in-law Everett Hopper and several nieces and nephews. Predeceased by her husband Fred (2017), infant daughter and sister Maude Hopper.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Friday, February 23 from 6 to 9 pm. The funeral will be held at Second North River Baptist Church Saturday, February 24 at 1 pm with Keith Lewis and Pastor Robb Hunt officiating. Interment at Monteaale Cemetery at a later date.

If desired, memorials to the Second North River Baptist Church or Monteaale Cemetery would be appreciated by the family.

www.keirsteads.ca

OBITUARIES

David Irvin Robinson

David Irvin Robinson, of Petitcodiac passed away peacefully at the Moncton Hospital February 16, 2018, at the young age of 84, with family at his side.

Born in Little

Shemogue on April 4, 1933, he was the son of the late Beatrice (Thompson-Allen) and Bruce Robinson.

Irvin started his working life at The Bank of Nova Scotia Port Elgin and Albert. Moving to Toronto at the young age of 17 he went to work with Hill The Mover travelling over all of Canada and the USA, he then went on to work as V.P. with Lancaster Moving and Storage and North American Van Lines.

Irvin later founded Absolute Transportation Services and in 1993 in his retirement he sold Absolute and returned to Petitcodiac.

Predeceased by wife of 63 years, Marion (Crandall), son David, brother Stewart, sister Myrtle Hayward (late Roy), brother-in-law Sydney Cradall, sister-in-law Edith Devereaux, mother-in-law Vera Crandall and father-in-law Philip Crandall. Survived by daughters Beatrice (Alfy Meyer), Ann (late Robert Bourque), Mary-Jean (Bruce McCannell), Cindy Robinson (Carl), Gail (Mark Tully), sister Jean MacGillivray, Barrie Ontario, Wm. Crandall, sister-in-law Norma, daughter-in-law Libby and many nieces & nephews. Irvin was blessed with 18 grandchildren and several great-grandchildren.

He was a member of St. James United Church in Petitcodiac and a member of several Boards and Commissions. Was a key participant in the founding of the Jordan LifeCare Centre and served on that board for 14 years. In 2012 he was awarded Honorary Life Membership Award of the Provincial PC Party.

Resting at the Armstrong's Funeral Chapel, 33 Russell Street, Petitcodiac (756-3361), from where there will be visitation Tuesday, February 20th from 3-6pm. The funeral service will be held at the St. James United Church in Petitcodiac on Wednesday at 1pm. Interment will be in Maplewood Cemetery at a later date.

If desired, memorials to The Jordan LifeCare Centre, St. James United Church or a charity of your choice would be appreciated by the family.

www.keirsteads.ca



Salisbury Happenings



2018 BUDGET

Total Budget \$ 2,182,186 Tax Base \$ 175,604,413
 Total Revenue \$ 277,751 Tax Rate \$ 0.9858 per \$100 assessment
 Community Funding and Equalization Grant Sewer Rate \$ 305.00 per unit
 (Unconditional Grant) \$ 173,352

GENERAL OPERATING ACCOUNT

The 2018 tax rate for village residents was set at \$0.9858 per \$100 of assessed property value, an increase from the 2017 rate of \$0.98. This means a house valued at \$100,000 will pay \$985.80 in tax.

UTILITY (SEWER) OPERATING ACCOUNT

The sewer rate for 2018 remains the same at \$305.00 per unit. After March 1, interest of 2% per month will be added to all overdue accounts beginning in January.

OVERDUE SEWER ACCOUNTS

By-Law 45, Relating to the Collection of User-Charges for the Sanitary Sewerage System allows for disconnection of services on overdue accounts. Any unpaid portion of sewer charges after the due date can be subject to refusal or discontinued at any time without notice. Where a sanitary sewerage system has been discontinued, the owner of the premises shall rectify the violation to the satisfaction of the Municipality and pay a sum determined by the

Administrator/Clerk, as well as any costs associated with the reconnection of the sanitary sewer supply, before the sanitary sewerage is reconnected. This applies as well to any accounts currently outstanding. Arrangements for a payment plan with respect to delinquent accounts must be made. The complete by-law can be found on our website, www.salisburynb.ca.

DEAR DOG OWNERS.

Jessica MacDonald will be our 2018 Animal Control Officer for the Village of Salisbury and has been authorized by the Village Council to sell dog tags door-to-door. Dog tags are also available at the Village Office and at the Silver Fox Veterinary Medical Centre.

JUST FOR YOUR INFORMATION...

REGISTRATION OF DOGS

Every owner of a dog shall before March 31, each year, register that dog(s) with the Animal Control Officer or the Administration Office.

Registration fees are:

- \$10.00 spayed or neutered dogs,
- \$30.00 unspayed or unneutered dogs,

(A \$15.00 penalty will be added to the regular registration fee for tags not bought by March 31st.)

No person shall own or harbour any dog commonly known as a Pit Bull or Bull Terrier.

VACCINATIONS

Every owner of a dog(s) over the age of three (3) months shall have such dog(s) vaccinated against distemper and canine parvovirus, and must repeat this process every two (2) years thereafter.

Every owner of a dog(s) over the age of four (4) months shall have such dog(s) vaccinated against rabies, and every three (3) years thereafter.

An official receipt from a licensed veterinarian hospital with the breed, colour, and name of dog showing on receipt and also the veterinarian hospital tag number is required.

NO ONE WILL BE ISSUED A REGISTRATION TAG WITHOUT THE OFFICIAL RECEIPT.

PLEASE DIRECT ANY COMPLAINTS OR INQUIRIES TO: JESSICA MACDONALD at 378-3627

The complete by-law can be found on our website, www.salisburynb.ca

SALISBURY PUBLIC LIBRARY EVENTS

MARCH 2018

Waste Reduction Info Session hosted by Community Gems- March 3rd from 11:00am - noon. Come for a meet and greet / info session on how to reduce your waste, permaculture, and making yoghurt at home.

March Break Events:

-BINGOpalooza - Tuesday March 6 at 2:00pm. Come try your luck and win some small prizes

-Blanket Fort Pajama Stories - Wednesday March 7 from 6:30-7:30. Bring blankets and sheets to build a blanket fort in the library, and then join us for some stories and bedtime snacks.

-Family Movie - Thursday March 8 at 2:00pm. Free popcorn! Contact the library for the movie title.

-Block Builders - Friday March 9th from 2:00-4:00pm. Bring your friends and family to build with LEGO® bricks and put your creations on display in the library.

The Booklovers Reading Club for adults will discuss The Corrigan Women by M.T. Dohane on March 14th at 6:15 pm. New members welcome!

Volunteer Tax Preparation Clinics - Saturday March 17 from 10am-12pm

Volunteers can help you prepare your income tax and benefit return if you have low income and a simple tax situation. Remember to bring all your tax slips and forms with you. A short authorization form must also be signed, so the individual must be present.

Board Games Night for Adults - March 21st from 6:00-8:00 pm. Drop in and play from our selection of games or feel free to bring your own.

Rock Painting for Teens - March 22nd from 3:00-4:00 pm. Drop in and let your imagination flow while painting rocks for yourself or to hide for others to find. All materials provided. No registration required.

Story Time -Thursdays at 10:30 am. Stories, songs, and literacy-building activities aimed at ages 2-5. Younger and older children are welcome to join in.

These programs are offered free of charge. For more information call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.

Library Open Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm. Closed March 30 for Good Friday.

Salisbury Golden Age Club, meets 1st and 3rd Thursday beginning with a pot luck at 12:00 followed by a meeting and activities. March 1 meeting will feature Rebecca Thurrott -Slocum of CIBC speaking on bank, phone and internet scams and their effect on seniors. Meeting on March 15 will be St. Patrick's theme, dress in green, Irish food, Irish music, and Irish presentation. Also, bring a neighbour or friend day, and we will have a little welcome gift for each guest. Everyone 50+ is welcome.

Happy St. Patrick's Day



Just a reminder that the Highland Park Wetland Trail is **NOT** an off-leash trail! If you happen to break the by-law by having your dog off leash and are approached by a fellow trail user to put your dog on the leash, common courtesy should prevail. Other people and other dogs may not be comfortable and this becomes a safety issue.

March 11, 2018
be sure to



Seniors Technology Course-5 week course starting Wednesday March 14 from 10:30-12. Every Wednesday for 5 weeks. The course will focus on iPads and other Android tablets. Bring your own or borrow one from us! Learn functions, features, apps, email, Facebook, etc! Call Holly at 372-3280 to register for this session and provide us with a few things you'd like to learn to help us plan. There is a limit of 12 members per session.

Fitness Classes

Early Risers-6 am at SBC Tuesdays & Thursdays \$5 drop in fee. Mid-Morning-10 am at SBC Mondays & Friday's \$4 drop in fee. Pound Training with Ashley Bos - 6:30 at SES on

Monday's \$7 drop in fee.

Pickleball- 6-7:30 pm at JMA on Mondays; 3-4:30 pm at SBC on Tuesdays; and 11-12:30 pm at SBC on Wednesdays \$2 drop in for each Badminton-7:45-9:30 at JMA on Mondays \$2 drop in fee

Salisbury Naturalist Club Meeting on Tuesday March 13 at 62 Douglas St. at 7pm. Jim Wilson, one of New Brunswick's foremost birding experts will discuss the topic of Amazing Bird Migration – Each fall and spring millions of birds make an amazing journey from Canada to their southern wintering areas and back again. Ever wonder how they do it? What about the Robin that disappears at the end of summer but is back next spring, singing in the same tree? Do hummingbirds migrate to Mexico by riding on the backs of geese? Do birds fly at night, and if so, how do they see? What do they do in a hurricane? This talk details some of the incredible feats they accomplish as they are confronted by adverse weather, man-made obstacles and a host of other challenges.

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History of Womens Day

189 governments, focused on 12 critical areas of concern, and envisioned a world where each woman and girl can exercise her choices, such as participating in politics, getting an education, having an income, and living in societies free from violence and discrimination.

2014 The 58th session of the Commission on the Status of Women (CSW58) – the annual gathering of States to address critical issues related to gender equality and women's rights — focused on "Challenges and achievements in the implementation of the Millennium Development Goals for women and girls". UN entities and accredited NGOs from around the world took stock of progress and remaining challenges towards meeting the eight Millennium Development Goals (MDGs). The MDGs have played an important role in galvanizing attention on and resources for gender equality and women's empowerment. The UN and Gender Equality

The Charter of the United Nations, signed in 1945, was the first international agreement to affirm the principle of equality between women and men. Since then, the UN has helped create a historic legacy of internationally-agreed strategies, standards, programmes and goals to advance the status of women worldwide.

Over the years, the UN and its technical agencies have promoted the participation of women as equal partners with men in achieving sustainable development, peace, security, and full respect for human rights. The empowerment of women continues to be a central feature of the UN's efforts to address social, economic and political challenges across the globe.

Salisbury Legion

"NEW" Business Hours

Sunday & Monday - Closed

Tuesday - Thursday 5pm - 10pm

Friday & Saturday 12 noon - 10pm

Salisbury Legion Suppers - Fridays 5pm - 6pm

Adults - \$11.00 / Children (6 - 12) - \$5.00

Children (0 - 5) - FREE

March 2nd - Sauerkraut & Pork and Dessert

March 9th - Corned Beef and Cabbage and Dessert

March 16th - Creamed Cod Fish or Alternative and Dessert

March 23rd - Lasagne, Caesar Salad, Garlic Bread and Dessert

March 29th - Scalloped Potatoes, Ham and Baked Beans and Dessert

Up and Coming Events

Breakfast on March 3rd from 7-10am. Consisting of scrambled eggs, bacon, sausage, hash browns, toast, juice and coffee. Cost \$8. Come out and start your day off right!!! Where can you get such a YUMMY breakfast for this low price!!!! We appreciate your support.

Saturday March 10th, Randy Matheson will be at the Salisbury Legion from 1-5pm to clean your computer! It is FREE!!!! Come out and take advantage of this FREE offer!!!

Don't forget- Sunday March 11th from 2:30-5pm there is going to be Youth Darts for Children from 10-18 years old! IT IS FREE!!! Sign up and come out for an afternoon of fun and friends!! For more information call Harold at 232-3042.

Saturday March 17th the Salisbury Legion will be hosting a Merchandise Bingo at 2pm. \$5 for admission and \$2 per card. Come play Bingo for MERCHANDISE !!! No cash prizes are given. ALL WELCOME!!

Don't forget we do Weddings. We have back drops, linen tablecloths, satin chair covers and an arch that we rent! Have one of our cooks cater your Wedding, Birthday, Retirement or Anniversary Party. Come and check us out. Tell your friends.

Chase the Ace is back!!!! Every Wednesday night from 6-8pm. Ballot is drawn at 8:15pm. We have a new format. We are selling ballots. Buy a ballot any time during business hours and fill out your name and phone number. You no longer have to be there on Wednesday night. If your ballot is drawn, you win 20% of the take and someone will draw the card for you at a chance to win the jackpot!!!! Jackpot starts at \$500. Its a win-win!!! Come out and visit with friends and listen to live music!!!

We have Darts for Meat every Saturday night starting at 7pm. Come out and join us!!! ALL WELCOME!!!

We have FREE Shuffle Board and Pool every day during business hours!

There is a weight loss program every Thursday night from 6:30 - 8pm. Called Plus & Minus. For more information call Margaret Harriman at 372-5182.

For anyone who would be interested in volunteering at the Legion, we sure would appreciate it. There is Merry Makers every second Monday, the Friday night Suppers, Weddings, or any event taking place. Call 372-4730 for more information or come to our General Meetings on the second Monday of the month at 7:30pm and see what we have to offer for events.

For the month of March the Salisbury Legion has the Donation Table at the Salisbury Big Stop!!!! So the next time that you was to go out for Breakfast, Dinner and Supper or just to go out and have coffee with your friends, PLEASE ask for the Donation Table at the Big Stop!!!! Thank You for your Support!!!

March 31st starting at 2pm Shelby Murray will be having a Jam Session at the Salisbury Legion. ALL WELCOME!!!!!! Come out and join Shelby and friends! Dance, Listen or PLAY!!! The more the merrier! Admission is done by donation and there will also be a 50/50!!!! Hope to see you all there

Life's brighter under the sun



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