



5 Hooper Ln, Petitcodiac

LOCAL NEWS & VIEWS

Promoting Local Business & People in
Our Surrounding Communities.

May Issue, 2018
Volume 9 #01

MONTHLY BULLETIN



Petitcodiac Youth Bike Rodeo 2018

Saturday, May 12 at 10 AM - 1 PM

The Village of Petitcodiac is hosting a Free Bike Rodeo in partnership with the Southeast RCMP Riverview Detachment & the Maritime Motor Sports Hall of Fame. This event is for all ages is designed to teach children fundamental biking skills, road safety, and rules of the road.

In addition, the Moncton Motor Sports Club will have their Kodiak Kids Slalom Course on site. Any bicycle (2 wheels) may be used....younger riders may use "training wheels" if required. HELMETS ARE A MUST WEAR!!!! Practice runs around the course will go from 10:00 to NOON. The official recorded timed

runs will start at 12:30pm and will continue until everyone has made at least 3 passes around the course. This will be a timed solo event, with classes for males and females under 10, those 10 to 15, and anyone else over 15 years of age.

There will be draw prizes to be won and BBQ and drinks on site for purchase! If you are interested in volunteering or would like more information for this event please contact Natalie Griffin at 756-0289 or email petitcodiac.rec@gmail.com

Salisbury Fire & Rescue

Salisbury Fire & Rescue continues over 44 years of dedicated volunteer fire fighting services to the residents of Salisbury and area. The 25 men and women firefighter search dedicate over 200 hours annually, to the provision of emergency services and training to ensure they remain ready and qualified to respond.

Some citizens think that the volunteer firefighters are paid or receive a salary; this is not the case. These volunteers leave their jobs, families and dedicate much of their personal time to ensuring the safety of their neighbours, often at danger to themselves.

In addition to their emergency responses, Salisbury firefighters find time to perform visits to area schools and kindergartens to educate in fire prevention methods.

On Good Friday each year, conduct fund raising in support of the Muscular

Dystrophy Association of Canada, raising over \$2500 a couple weeks ago. Over the years the firefighters have been involved in raising funds for such items as the Jaws of Life, an ATV for off road Rescue and trailer- ½ ton



truck.

The latest fund raising venture was the introduction of an electronic weekly 50/50 draw at 3 locations in Salisbury, Guardian Drug Store, McTavy's General Store and the Shell Express, 2 years ago. This 50/50 has provided over \$20,000 to prize winners, and has raised monies

con't pg. 21

LN&V Now Online at our website: www.Maritimemotorsporthalloffame.com
Deadline for June Issue - May 23, 2018 - Phone 506-756-2110

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LOCAL NEWS & VIEWS

MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
 - The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
 - It is also a venue for business to advertise their products and services each month.
 - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
 - Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.
- The office is in the Maritime Motorsports Hall of Fame located at :
 5 Hooper Lane, Petitcodiac, NB E4Z 0B4
 Phone: 756-2110, Fax 756-2094

Email: maritimemotorsports@gmail.com

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From the Editor



May! Looking forward to some warmer weather, the leaves on the trees and the beautiful flowers. I know with this comes mowing the lawn, but that should be better than plowing snow. Happy May!

This issue of the Local News & Views is Volume 9 #1. We are pleased that we have been able to serve you for the past eight years. We thank each and everyone that has posted anything in the Local News & Views and look forward to serving you for years to come. As you know we are located on-line in our website www.maritimemotorsporthalloffame.com. This gives our advertisers a better coverage.

Our 13th annual Petty AutoFest show will be held on June 3rd, here at the Hall Of Fame. Anyone with a show vehicle is welcome to bring it to show off. That includes cars, trucks, racecars, tractors, snowmobiles, 4-wheelers, etc.

Let us remember our Mothers on May 13th.

Be sure to check the race schedules as several events are slated in the month of May.

May 21st we celebrate Victoria Day, Queen Victoria's birthday, was declared a holiday by the Legislature of the Province of Canada in 1845.

Dust off your golf clubs and join us in a tournament on May 26 at the Petitcodiac Golf Club. Check the ad for information or call the office at 756-2110.

Happy Mothers Day

Your Editor,
Winona McLean

Happy
Mother's Day



The Local News & Views is celebrating
it's 9th Anniversary

THANK YOU!

The Local News & Views has been printing the local news and happenings in the Petitcodiac, Salisbury, River Glade, Elgin, Havelock, Anagance, Corn Hill, Boundy Creek and their surrounding areas since May 2010.

It is only because of our readers and advertisers that we can claim this success.

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Angela Nicholson, Winona McLean



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Petitcodiac Community Calendar 2018

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M a y	War Museum Tours by Appointment. Please call 756-7461 or 756-2068. Check Facebook page for more info. Chairlift facility available.		1 -Afterschool Creators @ Library -Drop-in Play Group -Kiwanis -A.K.A Dance Studio -Children's Choir -Discovery Kids -Geri-fitness -Learn to Run	2 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Walking Club -Fit Camp	3 - Jam Night @ Library - Legion Branch Meetings -Elgin Play Group - FRC Play Group -A.K.A Dance Studio	4 -Chase the Ace @ Legion -Walking Club	5 -Next Step, Kindergarten! @ Library -Free Comic Book Day @ Library -Kiwanis Breakfast @ Legion
	6 -Church Services - "The Story" Cantata @ Baptist Church	7 -Air Cadets -Senior's Club -Pilates -Taking Time for Me -Youth Group BLAST -Walking Club -Fit Camp	8 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Children's Choir -Discovery Kids -Geri-fitness -Women's Institute -Learn to Run	9 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Walking Club -Village Council -Fit Camp	10 -Book Club @ Library -Elgin Play Group - FRC Play Group -A.K.A Dance Studio -Foot Clinic @ Legion	11 -Kiwanis Trivia Night @ Legion -Jam Session -Chase the Ace @ Legion -Walking Club -Spring Cleanup	12 - Music & Desserts @ Havelock Wesleyan
	13 -Church Services	14 -Air Cadets -Pilates -Taking Time for Me -Youth Group BLAST -Merry Makers 2 -Walking Club -Fit Camp	15 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -ATV Club -Kiwanis -Children's Choir -Discovery Kids -Geri-fitness -Learn to Run	16 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Walking Club -Fit Camp	17 -A.K.A Dance Studio -Petitcodiac Sportsman Club -Elgin Play Group - FRC Play Group - TLC Ladies Crafts	18 -Jam Session -Chase the Ace @ Legion -Walking Club	19 
	20 -Church Services	21 -Air Cadets -Pilates -Taking Time for Me -Walking Club -Fit Camp	22 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Discovery Kids -Kiwanis -Spring/Summer Registration -Learn to Run	23 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Walking Club -Fit Camp	24 -A.K.A Dance Studio -Elgin Play Group -FRC Play Group -Foot Clinic @ Legion	25 -Chase the Ace @ Legion -Walking Club - Sportsman Club Dinner @ Legion	26 -LEGO Club @ Library -Air Cadets Breakfast @ Legion
	27 -Church Services	28 -Air Cadets -Pilates -Taking Time for Me -Youth Group BLAST -Merry Makers 2 -Walking Club -Fit Camp -Foot Care @ Legion	29 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Kiwanis -Geri-fitness	30 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Walking Club -Village Council -Fit Camp -Hazardous Waste Drop	31 -Creative Writing Corner @ Library -A.K.A Dance Studio -Elgin Play Group -FRC Play Group -Codiac Classics -Hazardous Waste Drop	Maritime Motorsports Hall of Fame Open Monday-Saturday, 10am-5pm	

A.K.A. Dance Studio - Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052.

Air Cadets - 639 F.P. MacLaren Squadron Air Cadets meet Mon. at 6 pm @ Legion. For info, please contact - C/O Jason Forester - 850.9276 or Phillip Candy - 433-6450

Children's Choir - Ages. 5-12. Tuesdays, 6 - 6:30 pm @ Baptist Church. Last meeting May 15.

Church Services

-**Petitcodiac Baptist** - Morning Worship @ 10:50 am. Adult Small Groups at 9:30 am. "SS JAM" (preschool - Grade 5) at 10:50 am. Nursery available for infants.
-**Petitcodiac Mennonite** - Worship Service 11:00 am.

-**St. Andrew's Anglican** - Sunday Service at 9:00 am, Sunday School, 9:00 am.

-**St. James United** - Service at 11 am.

Codiac Classics

- Meeting Last Thursday of the month, Legion @ 7 pm.

Discovery Kids - K-5. Tuesdays, 6:30-7:30 pm at Baptist Church. Last meeting May 22.

Drop-in Play Group - Tuesdays at St. Andrew's church, 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Becky 512-0516 for info.

Elgin Play Group - Thursdays, 9 - 10:30 am at Elgin Church. Ages 0 - 5. Crafts, storytime, free play. Please provide own snacks.

Fit Camp - Mon. and Wed. 6:45-7:30. PRS Cafeteria \$40 for 8 weeks. Registration via Natalie Griffin 756-0289

Geri-Fitness - Tuesday mornings from 10 - 11 am at the Maritime Motorsports Hall of Fame. Please call Natalie 756-0289 for more info.

Jam Session - 2nd & 3rd Fri. night at the Activity Building behind Arena from 7 - 10 pm. Contact Elva Greer for more info: 756-3926.

Kiwanis

- Tues., May 1, 15, 29. New members welcome. Call Dan Pollock 756-1084 for more information.

Kiwanis Trivia Night - Friday, May 11 @ Legion. Doors open at 6:30 p.m. Game starts at 7:30 p.m. 6 players/team; maximum 20 teams; Fee per team - \$150; 1st place - \$1200; 2nd - \$300, 3rd - \$150; consolation prize - \$150. More information, call Rick Brown - 331.0205

Learn to Run - April 3rd to May 22. 8 week program \$30 Tuesdays 7-8pm. Registration via Natalie Griffin 756-0289

Legion - 18 Kay St, Petitcodiac. 756-3383

- **Thurs., May 3.** Meetings. Executive, 7 pm, General, 8 pm.

- **Saturday, May 5** - Kiwanis Breakfast.

7 - 10 a.m. Adults \$8 Children \$4 Pancakes with maple syrup, eggs, sausage toast, donuts, tea, coffee, and juice. Proceeds to school Breakfast Program.

- **Monday, May 7** - Senior's Club. 2 pm. Supper 4:30 pm.

- **Monday, May 14 & 28** - Merry Makers 2. 10 am - 2 pm. Cards, bingo, etc.. Lunch at noon \$6.

- **Friday, May 25** - Petitcodiac Sportsman Club Fundraiser Dinner; Doors open at 6 pm. Roast Beef dinner, 7 p.m. "Draw ticket" for \$40 and a "dinner and draw ticket" for \$60. For more information, contact Stirling Goddard - 372.5281.

- **Saturday, May 26** - Air Cadets breakfast from 7 - 10 a.m.; \$8 - 12 and up; \$4 - children 6 - 12; 5 and under - Free; Pancakes, sausage, beans, eggs, tea coffee and juice. Bake sale also. Contact Jason Forester 850.9276 for more info.

- **Mondays, Wednesdays, Fridays** - Walking Club. 9 - 10 am.

- **Wednesdays - Dominoes.** 7 pm.

- **Fridays - Chase the Ace** - May 4, 11, 18, 25. Tickets sold from 6:30 to 8 pm. Ticket draw at 8:15 p.m. 50/50 draw. Live music. Every month 10% of amount to different charity: April was War Museum. May will be The Petitcodiac Public Library.

- **Mon., May 28** - Coleman's Therapeutic Footcare, Jessica Coleman, LPN; call for an appointment, 381.5422

- **Thurs., May 10 & 24** - DD's Foot Care Clinic. Call for Appointment, Donna Durepos at 389-1046 or Cell 733-8199.

Sunday, May 27 -There is a MONEY CRIB starting at 1:30 p.m. Registration starts at 1 p.m. Soup and sandwiches will be available for a small price. There is a registration fee. Also bring a partner.

- **Legion Noon Meals.** Wednesdays. \$10.00.

- May 2 - Hamburg Patties & onions

- May 9 - Pork Chops and mushroom sauce

- May 16 - Cod Fish

- May 23 - Roast Beef

- May 30 - Cod Fish

- Check out our FACEBOOK page, Royal Canadian Legion Branch # 41, Petitcodiac, NB and "like" it.

- Hall Rental: If you wish to rent the hall for a wedding reception, birthday or any other function, call the Legion 756.3383.

- Attention: If a Legion member knows of another member who is ill or in hospital, please call Jackie Miller at 756.8558.

Library (756-3144)

-Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8. Closed Sun & Mon.

- **Storytime (Ages 0-5)** Wednesdays from 10:30-11 am.

- **Afterschool Creators** - Tuesdays from 2:30 - 4:00 pm. Ages 6 - 13. Afterschool drop-in program.

- **Jam Night** - Thursday, May 3 from 6:30 - 8 pm.

- **Free Comic Book Day** - Sat., May 5. All Day. To celebrate Free Comic Book Day, Library has free comics for children.

- **Adult Book Club** - Thurs., May 10 from 6:30-8 pm.

- **Creative Writing Corner** -Thurs., May 31, 6:30-8 pm

- **LEGO Construction Club** - Sat., May 26. 2:30 - 4:00 pm.

Music & Desserts - Havelock Wesleyan Church. May 12 @ 7:00 pm. Music by Codiac Chords - A Capella Chorus Singing in 4 Part Harmony. Donations gratefully received.

Petitcodiac Baptist Church - The Story "Cantata", a musical journey through the Bible featuring our 35 voice choir. Sunday, May 6. Two presentations 10:50 am and 6:30 pm.

Petitcodiac FRC Play Group - Thursdays - Baptist Church 9:30-11:30 am. More info contact Melanie @ 384-7874

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

Petty Trailblazers ATV Club

-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

St. John Ambulance

-SJA Junior/Youth group meets every Wed. at 6:30-8 pm in basement of the Petitcodiac Legion. Contact Diane at 372-5639 for more information

Seniors Club - Monday, May 7 @ Legion. 2 pm.

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

TLC Thursday Ladies Crafts - Ladies craft/colouring night. 3rd Thursday night every month from 7-9pm at St. Andrews Anglican. Babies welcome.

Village Council - Meetings open to public. If you wish to address council, make a formal written request to office 48 hours prior. This Month: May 9 noon, May 30, 7:00 pm.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Jean at 756-2985 for more info.

Youth Group BLAST - Mondays, 7:00-8:30 pm @ Baptist Church. Grades 6 - 12. No meeting May 21. Last meeting

Sudoku

			7			3		
						1		8
	9		5		8	7		
				1	4		2	
	2	1				5	3	
	4		3	2				
		9	2		3		8	
4		7						
		5			7			

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Answers on page 16

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Happy Mothers Day
May 13, 2018



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ELGIN NEWS!

The Elgin Women's Institute is planning for another full season of events and activities at The Hall.

The Hall will be open from May to the end of October for various family reunions, catered events, dinners, meetings, etc. The Elgin Eco Association summer camp will be held on Tuesdays for 6 weeks and the new Elgin Eats community kitchen project will be held at The Hall on various weekdays.

If you would like to book The Hall for your event, please call 756-2531. Book early.

Also, Elgin Day is scheduled for Sunday, August 12. Further information and details will be available in the coming months. In the meantime, save the date to visit Elgin and meet up with old friends and acquaintances. Along with activities at the EEA Park, The Hall will be a great meeting place for community members and those 'from away' to view displays and reminisce. Please pass the word along to anyone who you think would be interested in attending this 'homecoming' event.

The Provincial Convention of the New Brunswick Women's Institute will be held in Fredericton on May 26. Delegates attending can expect a packed day of information and networking with other WI branches around the province.

The NBWI has 600 members registered in 70 branches and 16 districts around the province of New Brunswick. Any NB woman, 18 years of age and over, can join the NBWI.

'The NBWI is dedicated to informing and educating women about issues and events of concern to them and their communities. It also has a strong homemaking and craft heritage'. (Taken from the NBWI website). <https://www.nbwi.ca>

The Elgin WI would like to encourage women of all ages to consider becoming one of our group. Talk to your friends and come check out a meeting or two. Meetings are held on the third Thursday of each month.

The May meeting will be held on May 17 at the Forest Dale Home in Riverside-Albert, NB where we will be visiting a member who now lives at the Home.

"Here's to strong women. May we know them. May we be them. May we raise them."

Go Ahead Seniors

The May schedule for go ahead seniors is:
Petitcodiac Legion on May 11th at 11am
Havelock Legion May 18th at 11am and
Elgin Seniors Center May 25th.

Also it is hearing Month! So the sessions will be based on hearing loss, care and prevention with guest speaker Audiologist Celia McDermott from Belton Sussex. Also on June 8 there will be a health fair in Petitcodiac Legion at 11 am with different booths, one offering free blood pressure testing.

Remembering Little Churches

by Gloria Scribner

Last week passers by drew near while smoke (maybe "Holy" Smoke) arose heavenward as the little Anglican church in River Glade succumbed to a controlled burn and folks witnessed once again the demise of a familiar landmark, nestled where it had stood for many years. It welcomed the faithful, hosted weddings, christenings and funerals and reminded persons young and old that "yes, God is honoured in this place". Right across the road at the Baptist church you'll see a "for sale" sign where worshippers gathered over the years to hear messages from God's word, share one another's joys and sorrows and sing Praise and Thanksgiving to their maker. Now, like so many congregations they have opted to drive to larger, more modernly constructed, wheel-chair

accessible places of worship; and of course some, as in every generation have moved away.

It is also becoming the custom in some communities, not to replace, but to supplement their service by gathering in homes (parlors or kitchens) for Bible studies and prayer meetings, called "small group" meetings. A more intimate form of gathering, much as we read of in the gospels pertaining to the "early church", upholding Christ's encouraging edict to "neglect not the assembling of ourselves together." And it works!

It's also great to have a Christian radio station at our finger-tips - To listen to music that I'm sure must encourage

can't on pg. 9

The Elgin Eco Association will be holding its AGM on May 10. Starting at 7 p.m. in the Maple Tree Cafe/Seniors Hall. Starting with registrations for Summer Adventure Camp. Members have first choice. If extra space is available we will take non members. The cost will be the same as last year. \$50 for member child and \$100 for non-member child. Children have to be between 9 and 14 years old. Registration form needs to be signed and paid on May 10.

AGM Guest Speaker Frank Johnston. He will show and speak on what has happened with the forest around us in the Elgin Area and Albert county. This should be a very informative evening. See advertisement for more info

We are looking for a great turnout. Refreshments will be served.

Last month I had the privilege to attend the Albert County Business Awards. It really shows how communities along the coastline are working together to make lives better and incorporate everything they have to offer to benefit everybody. It is unfortunate that Elgin is not connected to the coast region by biking and hiking trails. After attending the Moncton Planning Commission meeting on tourism in Riverside Albert others are looking to see such a trail happen to. We have a lot in common with this area. If we can capitalize on an unique experience in the Elgin area with our Maple sugar camp, hiking the Mapleton Acadian trail and kayaking on the Duck Unlimited Pond, this would be a bonus to Elgin. This is only covering the opportunities for the EEA. These tourist attractions have spin-offs.

As a community we all need to be on board with this. We all must become part and encourage other to take part to become successful. We have a gem, let's polish it.

Our new program "Elgin Eats will start on May 9 with a meet and greet in the Baptist Church. The program will take place in the W.I Hall during the summer. Flyers will be sent around for more info. Samantha Christensen has been hired by the EEA to facilitate and coordinate the Elgin Eats Program.

A renting document is made for rental of Kayaks and will soon be available.

A grant has been approved for a summer student again this summer.

And as soon as the weather starts to cooperate we can start some trail work.

Hope to see many at the Elgin Eco Association AGM May 10 at 7 in the Maple tree Cafe



ELGIN EATS
SENIOR MEET & GREET



Come join us
Wednesday May 9th
11:30 - 1:30pm
at the Elgin Baptist Church

Enjoy complimentary hot soup
and rolls made from scratch

Door prizes!

Discuss the future of the new
Elgin Eats program

Share your traditions and recipes
Learn new ones as a community

Rural Rides available, please
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Inquires? Contact Samantha
215-1222

The Doctor Game
W. Gifford-Jones M.D.

Exercise Can Kill You

The Earl of Darby once remarked that "Those who don't take time for wellness, will eventually have to make time for sickness." Like many doctors, I too have advised patients and readers to exercise as part of a healthy lifestyle. Now, Dr. Maureen Brogan, Associate Professor of Medicine at New York Medical College, reports that intense, repetitive, motion exercise can cause rhabdomyolysis. And in rare cases it can kill.

Brogan explains that when muscle is damaged, it dumps myoglobin, an iron and oxygen-binding muscle protein, into blood circulation. Excessive amounts of myoglobin can obstruct the kidney's filtration system and cause serious damage.

I have mentioned in previous columns that, in rare cases, prolonged use of high doses of cholesterol-lowering drugs can cause rhabdomyolysis. I have also stressed that excessive exercise has been associated with fibrosis of cardiac muscle. But I was never aware it could cause rhabdomyolysis.

According to Dr. Brogan, over-exercising triggers the problem. This can occur when you push yourself too far in cycling, running, or lifting weights.

For instance, Brogan cites the case of professional snowboarder, Amy Purdy, who in 2016 was hospitalized after participating in a CrossFit class for the first time. So why was hospitalization needed when she was well-conditioned?

The problem was she had not done pullups for several months. So the high intensity pullups during class caused her medical Waterloo.

She remarked, "It wasn't until 72 hours later that my arms would not straighten out all the way. I also had swelling of my elbows on both arms. Tests showed I had rhabdomyolysis. It shows if you push your body to failure, and keep going, you're at risk. Listen to your body as it knows best."

Other possible symptoms of rhabdomyolysis are nausea, vomiting, fever, intense shivering, confusion and fainting. And urine can be scant and dark.

When I read this report I thought about friends who routinely run several miles every week. And others who participate in long distance cycling races. Some who exercise regularly are quite surprised when told of this diagnosis. So I wondered if any might be suffering

from mild forms of rhabdomyolysis without realizing it.

We also know this condition can result from accidents that injure muscles, prolonged immobilization, drug side effects and genetic disorders.

Brogan claims that high intensity cycling has produced dozens of cases of rhabdomyolysis, particularly among "newbies", just beginning the sport, and pushing their bodies beyond capacity. One New York City hospital reports 29 cases of rhabdomyolysis during a four year period.

She adds that no one is immune to rhabdomyolysis, as there is a fine line between exercising to capacity and overexerting yourself.

So what's the message? Like many medical problems, prevention is better than cure, particularly when there's a small chance of dying. Cycling seems to be one of the major hazards. Brogan says that when she started to research this matter, 42 of the 46 cases of rhabdomyolysis involved patients attending cycling classes for the first time.

These patients are at big risk as they are often not conditioned and using untested muscles at an intense rate. But if you're a runner and decide it's time to switch to cycling, remember, you will be using a different set of muscles for the first time, which could result in rhabdomyolysis unless you gradually increase the intensity overtime.

Insufficient physical training, along with severe dehydration and/or extreme body temperatures, also increase the risk of rhabdomyolysis regardless of the type of exercise.

Always start slow. Take frequent breaks, keep well hydrated, and listen hard to what your body is telling you, as no one is immune to rhabdomyolysis. Brogan reports that 7 to 8 out of 100,000 military recruits are affected every year. Even professional athletes suffer its consequences. The mortality rate is five percent, but can be higher if kidney function fails.

Of course it's not the intention of this column to worry people about exercising, have them become couch potatoes, nor to make time for illness. Rather, the best advice is to keep moving, but stress that moderation in most aspects of life usually wins the day.

Online docgiff.com For comments
 info@docgiff.com



AGM 2018

Rural Rides would like to invite you to join us for our Annual General Meeting on May 8th at 10:00 am at the Salisbury Lions Club, 63 Peter St, Salisbury, NB.

With volunteers driving over 40,000 km in the past year and performing over 1000 rides, we have been busier than ever. We have seen constant growth in the program from the time we performed our first ride in 2014. We were granted Charitable Status in 2017. We ran a pilot project, Rural Rides Tantramar, in conjunction with Tele-drive, The Volunteer Center of Southeastern NB and WA Action. That pilot has blossomed into a very busy area of service for our volunteer drivers.

I would like to take this opportunity to thank those who have helped us along the way. First and foremost, I want to thank our volunteer drivers. They are the lifeblood of the program. They are truly the most wonderful volunteers - kind, helpful, and willing to serve.

I would also like to thank ESIC for their funding and support as well as The Village of Petitcodiac, The Village of Salisbury, The Salisbury Lions Club, The Town of Sackville, and all the private donors who have supported this program financially.

Thank you to organizations who have helped us in one way or another: WAAction, many churches in the communities we serve, seniors groups, local newsletters such as this one, The Salisbury Lions Club, PEDVAC, The Sackville Commons, Rotary clubs, The Village of Dorchester and The Village of Port Elgin.

There are still areas in Westmorland and Albert counties without access to volunteer driving programs. Join us at our AGM to find out how we will be a part of expanding service to the reminder of Westmorland and Albert and to celebrate what has been accomplished so far.

See you there!
 Kelly Taylor, Manager



Winner of the 2018 Side by Side Draw which was held March 24 at the Maritime Motorsports Hall of Fame was Brad McCabe of Little River, NB

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Let's Eat Out At The Ridge Restaurant

I had to go find my dictionary and look up "foodie". Someone asked me if I was one and I didn't know how to answer. The definition wasn't in my World Book Dictionary so on to the internet. Foodies are people who enjoy cooking and eating different kinds of food (according to the Collins Dictionary). So I am a part-time foodie; I like eating some food! Are you a foodie? This month we went to The Ridge Restaurant in Havelock at 4577, Route 880. Their phone number is 534-1197 and they do have a Facebook page. The service is friendly and prompt. I enjoy the ambiance with the wood booths and low music. I have attended a Ladies Night here and we were served the most delicious meal. There is ample parking and no steps to get in. One day I will go for breakfast! Put this place on your must-eat-here list. First check out their Specials board as you won't want to miss their Bacon Cheeseburger Platter with fresh-cut fries. And save room for dessert. The variety of the menu makes you consider the fish



and chips, large salads, onion rings, wraps, soups, sandwiches and more. This time I had the Clubhouse with real chicken and just the right amount of mayo. Charley had his favourite, the Crunchy Chicken Wrap and we shared a piece of homemade coconut cream pie (next time he can get his own!) The bill came to \$24.12 including tax. The only complaint we heard is "I can't finish all the fries on my plate because they serve such a large portion!"

One nice thing about going out for supper at this time of year is coming out of the restaurant to be greeted by the sun after a long winter.

Kelly Cosman (owner) gave me a brief history which I found very interesting. Havelock at one time was quite a booming place. The Havelock Mercantile used to be on this site and when it burned Roy Cosman bought the land. There is a picture in the restaurant of the Mercantile. There used to be an Irving on the opposite corner which had a lunch counter. In the early 90's Albert Leaman built a convenience store. Then from 2007-2011 it was Patti's Café. The Ridge Restaurant began in 2011. Do any of these memories touch a corner of your mind?

I found that food can also be a learning experience in the classroom. Finish This Sentence section of the latest Reader's Digest was a great tool in helping a 7-year old with his reading. Answer this for yourself and use it at your next family meal: The one food I will never get tired of is... The answers were broccoli, Old Dutch potato chips, seafood, chocolate, grilled cheese and tomato soup, and eggs. My answer would be pizza. The 7-year old said bacon. What is one food you would never get tired of?

Happy eating until next time when we say Let's Eat Out!



Cornhill Community Hall

1205 Baseline Road, Cornhill, N.B.



Baby Shower, Family Reunion
Wedding Shower or Games Night
\$60.00 per day

Includes: Clean bright, newly painted location

Full Kitchen and access to the kitchen contents, tables & chairs.

Renter must clean up after use or a cleaner can be arranged at an additional cost

Contact: Donna to Book - (506) 756-3535

Annual Spring Breakfast Supporting Cornhill Community Hall



Saturday, June 2, 2018
7pm - 9pm

(while quantities last_

Adults: \$8.00

Children: \$5.00

Proceeds to support the general upkeep of the Community Hall

NOTE: Women's Institute will have a sale table available with plants, baked goods and home made items

Cornhill Women's Night

Tuesday, May 29, 2018

7pm - 9pm

Location: Cornhill Community Hall

Come and socialize with neighbors.
If you have a craft or hobby, please bring it along.

13th Annual

PETTY AUTOFEST

Rain or Shine



* \$5.00 per entrant

* First 100 vehicles receive a
Dash Plaque

For info phone 506-756-2110

Set-up begins at 9:00 AM

Sunday, June 03, 2017

5 Hooper Ln, Petitcodiac NB

Spectators - FREE

Show for All types of Motor Sport Vehicle's:

Antiques, Race Cars, Muscle Cars, Street Rods, Rally Cars, Go Karts
Snowmobiles, Motorcycles, Tractors, trucks, Vans, Special Interest Vehicles,
Power Boats, Motocross, Stationary Engines....

Presented By The

Maritime Motorsports Hall of Fame

In conjunction with Moncton Speed and Custome

The Magic of Roots and Tubers



Mark Cullen is an expert gardener, author, broadcaster, tree advocate and holds the Order of

Canada. His son Ben is a fourth-generation urban gardener and graduate of University of Guelph and Dalhousie University in Halifax. Follow them at markcullen.com, @markcullengardening, on Facebook and bi-weekly on Global TV's National Morning Show.

The Magic of Roots and Tubers

You don't have to be a magician for a kid in your life to think you are. Just dig up a potato and watch their eyes widen in wonder.



Witnessing a familiar vegetable reveal itself from under the soil is one of the earliest memories many of us have in the garden, because it makes such an impression. When we grow up we forget this magic. The experience of buying potatoes at the grocery store soon conditions us to think of them as nothing more than a cheap staple for the dinner table, harvested in paper bags. We forget the thrill of digging our own. Adulthood can be too practical that way.

That's why it is important to try a new twist on your favourite vegetables. Not only does growing your own root crops yield fresher, healthier and more environmentally responsible produce, there is more variety available at your local garden retailer than in any grocer.

Here is what and how to grow to put the root vegetable and tuber magic back into your soil, and onto your plate:

A Family Favourite, Potatoes
During the 1840's, roughly two-fifths of Ireland's population was solely reliant on potatoes as a primary source of nutrients. When a potato blight swept across Europe wiping out crops, the resulting starvation, disease and emigration became known as "The Great Famine", or often, "The Irish Potato Famine". As Cullens, we count ourselves among the many Canadians

of Irish descent who ended up in Canada in the 1840's as a result of the Irish Potato Famine.

We love potatoes.

As with all things in the garden, growing potatoes starts with the proper soil preparation. They need about 50 cm (a foot and a half) of well-drained, loose soil that is rich in nutrients. Amend clay soil with compost and sharp builder's sand. Add compost to very sandy, non-fertile soils.

Start potatoes from seed-tubers, or "seed potatoes", purchased from a garden centre or hardware store. Seed potatoes differ from the potatoes in your frig as they are bred for growing, not eating. They are virus indexed and specially grown and stored to prepare

them for planting in your garden.

Chitting

If you leave potatoes in a warm room for a few weeks they begin to "chit". The knobby bits that grow from a potato produce creamy white sprouts that grow a centimeter or two, these are chits. This time of year, most potatoes purchased from a retailer have begun to chit. Cut the pieces so each has one or two sprouts per piece for large potatoes or slice the potato with more sprouts per piece for a higher quantity of smaller potatoes.

Plant potatoes as early as two weeks before the last frost date. Place the segments in a furrow about 25 to 30 cm deep. Choose the spacing based on the size of potatoes you are looking to harvest at the end of the season. To produce larger potatoes, plant 25 to 35 cm apart; for smaller potatoes space 15 to 20 cm apart.

They will begin to sprout through the surface of the soil within two weeks of planting in warm weather. As they are growing, hill up soil around the stem to keep the soil from drying out quickly.

This is an excellent time of year to grow all root crops. Consider sowing carrots, beets, onions and parsnips from seed. Planting potatoes with kids is a great idea: they grow quickly, have attractive flowers by early summer and harvesting is a treasure hunt. Pure magic.

con't from pg. 6

Remembering Little Churches

and touch hearts on a daily basis, for the music of today surpasses anything we could ever imagine. One would have to be totally frigid to not be moved to tears by the spiritually-inspired lyrics of some of these 21st century hymns.

But as I ponder on the "Old Time Religion" my memory returns to those Campus Crusades of Billy Graham, and "Just as I Am" takes me back to that devoted man of God whose recent passing leaves a vacuum in "old hearts". But technology is infiltrating our modern churches with wonders we never imagined. I'm so thankful that I can listen to the "Gaithers" and enjoy their songwriting offerings right in my living room, and pop a "George Beverly Shea" tape in my player at any time. Even sermons recorded years ago seldom hold a candle to the beautiful voices and inspiring messages of hope that come over the airwaves daily at the touch of a digital dial.

I feel my spirit soar with the heart-felt renditions of Jimmy Swaggart's "We'll Talk it Over". I laugh and rejoice with videos of Bishop Fulton J. Sheen and am enthralled by the Christian genius of Ravi Zacharias.

No one can complain today that we have no access to the gospel - The little church buildings are quickly turning to ashes, evolving into community centres, even being remodeled into homes, but the real church "alive and well" is where-ever two or three people are gathered together in His name, and as Christ himself said at Caesaria, "I will build My church, and the gates of Hell will not prevail against it".

So, whether we encounter Him in someones parlour, kitchen, at a Bible study, in a hospital or a coliseum, on a computer, at a homeless shelter, soup kitchen, prison, on a park bench, at an A.A. meeting or a "God-encounter" of the miraculous kind; be assured that "God is alive and well on Planet Earth."

Little wooden churches with their steeples, organs, and pulpits will disappear; but Christ reminds us in the gospel "Heaven and Earth will pass away, but my words will never pass away." And that's what it's really all about.

True religion according to our Lord is caring for those who can't do for themselves. Mother Theresa said, "We don't want a dying person to see 'us', but to see Jesus". So give someone a glass of water in Christ's name or buy them a Timmy's, but do it because you love as Jesus loved, not just to earn "brownie points".

Folks, Christians are the church and the church today as it has been for 2000 years is surrounded by streets with homeless, linely, lost people; with prostitutes, alcoholics, addicts, executives with lonely empty hearts, politicians, wise-men and fools and God loves every single one of them as much or more than He loves His own Son.

Our little white churches are mostly surrounded by gravestones covering dead bodies-but the Rock of Ages covers all of those who obey His most profound rule: Love the Lord your God with all your heart and your neighbour as yourself.

Love, give and as my grandson's song title advises "Talk to Me" God is always listening.

ESTATE YARD SALE

2304 Route 890, Corn Hill

Saturday, May 19th

8:30am to 3:30pm

Contents of House and Garage

House

30" Electric Range, Table/Chairs, Bedroom Set, Reclining Sofa, Washer/Dryer, Microwave, Coffee Table, TV Stand, 32" Flat Screen TV, Stereo System, Lamps, Dishes, Cutlery, Baking Supplies, **MANY MORE ITEMS.**

Garage

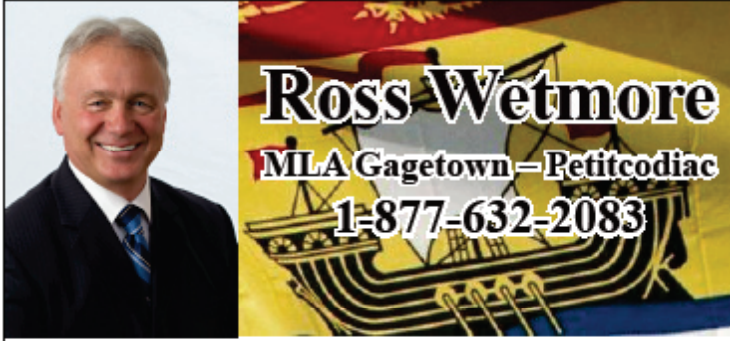
Electric Welder/Accessories, Mechanical Tools, Woodworking tools, 1992 Kawasaki 220 4-wheeler, older working lawn tractor, 2 Furrow Plough, White Fiberglass Cap for Ford Ranger, Gardening Tools, **MANY MORE ITEMS**

Miscellaneous

Homemade Cedar Chests, Toy Barn, Wine Rack, Bookcase, Beer & Wine Making Kits, Wine Bottles, Mason Jars, **MANY MORE ITEMS**

No reasonable offer refused!

CASH AND CARRY



"Our People Make the Difference"

Come join me every second Monday of the month for a Coffee Break
10am - 12pm at the Maritime Motorsports Hall of Fame
5 Hooper Lane, Petitcodiac, NB

Havelock RCL #86

4684 Rte. 880 Havelock, 534-8285

2nd Monday of each month - Regular meeting at 8:00 pm

2nd Saturday of each month - Breakfast consisting of eggs, bacon, ham or sausage, toast, home fries, juice tea or coffee from 7:30-10:00 am only \$8 for adults children under 10 \$5

Wednesday - Seniors Day 11:00 am - 2 pm, games & light lunch (\$5/person) 8 pm house league darts

Thursday - Bingo @ 7 pm & 200 cards open league \$5. Prize money paid out each night.

Friday - Chase the Ace 6 pm - 8 pm. Darts for meat 8:00 (\$2 a round)

Saturday April 28 - "Jukebox Dance" from 9 pm - 1 am only \$5 at the door

Sunday May 6 - "Kitchen Party" starting at 2 pm featuring Tom Burgess, Justin Bannister, Hazel Bulman, Darryl Belding, Claudette Dryden, Carol Ross, Ken Campbell, Debbie Sproule, Liz Kristiansen, Vesta Goddard, Glenna Mannett, Melissa Corey, David Rodgers, Willis McKinley, Louis & Glenda and friends only \$5 at the door. Our canteen and bar will be open.

Sunday May 12 - "Mother's Day Breakfast" Everybody who purchases a breakfast gets entered into a draw for a free breakfast the next month and all mother's will be given something special that morning. We will also be doing a draw for our Mother's Day Basket ...tickets are available at the Legion.

Friday May 18 - "Go Ahead Seniors" "It's hearing month! We will have a session on hearing loss care and prevention with guest speaker Audiologist Celia McDermott from Belton Sussex.

Friday May 18 - "Karaoke Dance" - starting after chase the ace until 12 am come join us upstairs to sing some of your favorite songs (no charge).

Saturday June 16 - We are hosting our 1st ever Show & Shine featuring The Sussex Asphalt Angels along with a few local cars. Starting from 1 pm - 4 pm. Everyone is welcome!

Our Legion hall is available for rent (anniversaries, birthdays, showers, reunions etc.) Call Heather McInnis 534-2237, Betty Maxwell 233-1372 or Eddie Vaughan 756-0707.

Like us on facebook at Havelock Legion Members And Friends, Branch #86

"Ask Your MLA" -

Ross Wetmore, MLA Gagetown-Petitcodiac

Who would like to sell a carbon tax to everyday New Brunswickers? Who would even care to try?

Who would like to tell a rural citizen that they need to pay 10 or 15 cents more per litre for fuel to travel because Justin Trudeau has decreed that it must be so?

Who would like to explain to a room full of residents who complained about huge NB power bills this winter that they must pay even more because paying more for electricity will stop further global damage from climate change?

Who would care to inform a family struggling to put wholesome food on the table that the cost to do so must increase 15 or 20 percent because a group of economists said in 2017 that \$4 trillion per year of carbon tax is needed to save us from global warming?

Not me, because I don't believe it!

I do believe the climate is changing and I do believe we are responsible for the pollution of our air, water and land. But I do not believe in taking more money away from people who are already taxed out.

I do not believe that giving more tax revenue to any government is what's needed to reduce our greenhouse gas emissions. We give the government plenty of money to look after roads, schools, health care and social programs and how have they been doing? Why should we expect a different result if we give money to government to reduce greenhouse gas emissions? The notion does not pass any measure of logic. If we truly want to cut our greenhouse gas emissions, it is logical that we must cut consumption.

We can burn less gas by backing out of the gas pedal just a little, it's free and only requires developing the habit.

We can turn our thermostats down a degree or two and compensate by dressing a little warmer. Again, free and requiring only a slight change in behaviour.

For folks who can afford to spend some money on the effort, regular maintenance of car engines and home furnaces will pay dividends.

We once promoted the notion that for New Brunswick homeowners and businesses, the way to cut consumption is through better building efficiency. We need to redouble our efforts on that front if we are sincere about reducing our carbon footprint as a province.

This September it seems likely that carbon tax will be one of several election issues.

I am glad that I will be representing a team that doesn't believe Justin Trudeau's carbon tax is necessary for our province to reduce our emissions.

If New Brunswickers sincerely want to cut emissions, let's try to change our own behaviour before paying an unnecessary and ineffective carbon tax.

Village of Petitcodiac recently made a donation of \$200 to the Petitcodiac Regional School's Breakfast Program. Mayor Jerry Gogan made the presentation to K-5 Principal Stephanie Prosser.



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OPEN HOUSE May 18 - 21, 2018



Doll Museum A Must See

4537 Route 106
Petitcodiac, N.B.

ONCE AGAIN !!

There will be weekend Garage Sales
starting May 19, 2018.

4537 Route 106, Petitcodiac, N.B.

**Everything in the building is for sale
except for a few select items**

Articles & Items with
Yellow Stickers

Belong to the
St. James United Church
HELP yourself - But
Please make a donation
in the bottle marked
"St. James United Church"

Many more books
have been donated
to the **"CAUSE"**

These Book's belong to the
St. James United Church
Help yourself!
BUT
Please make a **DONATION!!**

There will also be Perennial Plants for sale, including lots
of Joan's Hostas!!



Museums

OF SOUTH-EASTERN NEW BRUNSWICK

- | | |
|---|---|
| Moncton | Hillsborough |
| Resurgo Place – Moncton Museum | New Brunswick Railway Museum |
| Transportation Discovery Centre | William Henry Steeves House Museum |
| Thomas Williams House | Hopewell Cape – Albert County Museum |
| Acadian Museum | Riverside-Albert |
| La Salle Héritage NDSC | Old Bank Museum and Shipyard Park |
| Lutz Mountain Heritage Museum | Alma – Molly Kool Centre |
| Memramcook | Dorchester |
| Musée de la Société d'histoire
de Memramcook | Keillor House Museum, |
| Shediac – Pascal Poirier House | Graydon Milton Library & Genealogy Centre |
| Musée de l'ancienne Gare de Shédiac | Coach House Museum & Penitentiary Exhibit |
| Grand-Barachois | St. James Textile Museum |
| Église historique Saint-Henri-de-Barachois | Sackville |
| Grande-Digue – Pioneer's Museum | Campbell Carriage Factory Museum |
| Bouctouche – Kent Museum | Boultonhouse Heritage Centre |
| Cap-Pelé – Smokehouse Museum | Aulac |
| Petitcodiac | Fort Beausejour – Fort Cumberland |
| Petitcodiac War Museum | National Historic Site |
| Maritime Motorsports Hall of Fame | Port Elgin – Monro Heritage Museum |



www.ahnbn-apnb.ca



May 21, 2018

The Village of Petitcodiac Council would like to share their gratitude for the time and effort of Byron Berry for his work done at the Outdoor Community Rink located on Maple Street in Petitcodiac.



Photo (Left to Right)
Councillor Dennis Murphy, Byron Berry, Keeley Berry & Paislee Berry

Country Care

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67 Steeves Rd., Intervale

Happy Mother's Day

Homelike Atmosphere & 24 Hour Care
2 vacancies available

Call us and we'll help you...756-8273

Happy Mothers Day



Mother's Day. The occasion to honor the mother, the best creation of God on Earth, to shower her with all our love, care and warmth.

Since every mother is different, you'll need to determine what makes her happy.

Does she enjoy quality time with you more than gifts?

Does she prefer handmade gifts over something from the store?

Come up with a specific treat that shows how much you care about her.

Focus the day on your mother by doing one or more of these things:

Put together a collage of photos from the past.

Bring some of her favorite plants and flowers and help her with her gardening.

Have an afternoon board game marathon.

Put together a list of things you learned from her over the years.

Give her the gift of your time and let her decide what to do.

Life's brighter under the sun



Carla Ayles*, CHS™ BA

Tel: 506-854-3663
Cell: 506-863-8528
carla.ayles@sunlife.com
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Cell: (506) 756-0685
gary.lounsbury@semutual.nb.ca
www.semutual.nb.ca

Who will take Grandma?

Who will take Grandma?

Who will it be?

All of us want her,

I'm sure you'll agree.

Let's call a meeting,

Let's gather the clan.

Let's get it settled as soon

As we can.

In such a big family,

There's certainly one willing

To give her a place in the sun!

Strange how we thought,

That she'd never wear out;

But see how she walks.

It's arthritis, no doubt,

Her eyesight is faded,'

Her memory's dim;

She's apt to insist on

The silliest whim.

When people get older,

They become such a care!

But, the question is-where?

Remember the days when,

She used to be spry?

Baked her own cookies,

And made her own Pie?

Helped us with lessons,

And tended our seams,

Kissed away troubles and

Mended our dreams?

Wonderful Grandma!

We all loved her so!

Isn't it dreadful she's

No place to go?

One little corner is all

She would need.

A shoulder to cry on,

Her Bible to read,

A chair by the window;

With sun coming through,

Some pretty spring flowers,

still covered with dew,

Who'll warm her with love,

So she won't mind the cold?

Oh, who will take grandmother

Now that - she's old?

What? Nobody wants her?

Oh, yes there is one

Willing to give her a

Place in the sun,

Where she won't have to

Worry or wonder or doubt,

And she won't be our

Problem to bother about,

Pretty soon now, God

Will give her a bed,

But who'll dry our tears

When dear Grandma is dead?



Secret Garden Florist

31 Main, Petitcodiac Ph: (506)756-3692

Mothers Day weekend Hours

Monday - Saturday - 9am - 5pm

Sunday - 12 noon - 4pm

HAPPY
MOTHER'S DAY

*If Mom's were flowers,
which ones would you pick?*

Guardian



Salisbury Pharmacy Ltd.

3154 Main St., Salisbury, NB

Phone: (506) 372-4760



Happy Mothers Day

Store Hours

Monday - Friday : 9am to 8pm / Saturday: 9am to 5pm

Sunday - 12 to 5pm

Holidays - Closed

Check out our facebook page for more details

AN INSPIRATIONAL SHORT STORY FOR MOTHER'S DAY

A man stopped at a flower shop to order some flowers to be wired to his mother who lived two hundred miles away. As he got out of his car he noticed a young girl sitting on the curb sobbing. He asked her what was wrong and she replied, "I wanted to buy a red rose for my mother."

But I only have seventy-five cents, and a rose costs two dollars."

The man smiled and said, "Come on in with me. I'll buy you a rose."

He bought the little girl her rose and ordered his own mother's flowers.

As they were leaving he offered the girl a ride home.

She said, "Yes, please! You can take me to my mother."

She directed him to a cemetery, where she placed the rose on a freshly dug grave.

The man returned to the flower shop, canceled the wire order, picked up a bouquet and drove the two hundred miles to his mother's house.



5 Ways To show Your Mom You Love Her

1. Call just to say "hi"
2. Take her someplace special
3. Cook with her
4. Get (or make) her a thoughtful gift
5. Bring everyone together



What's Cooking? In Winona's Kitchen

BROCCOLI GRATIN

Prepare, wash and cut in small pieces

3 cups Broccoli, set aside.

In food processor pulse

3 slices bread

3 tablespoons oil

add shake of salt and pepper into crumbs. Set aside.

Shred 1 cup cheese. Set aside.

In saucepan make a white sauce

Heat 2 1/2 cups milk

2 tablespoons oil

In small bowl whisk

1/2 cup cold milk

1/4 cup flour

Pour into hot milk and whisk until thickened (this wont be thick)


Add the broccoli to sauce

Reduce the heat to simmer cooking the broccoli until tender, stir to prevent burning. Remove from heat and add cheese.

Place in 8x8 baking dish, top with breadcrumbs.

Bake at 400 degrees F. until crumbs are golden, about 10 minutes.





INGLIS

JEWELLERS

620 Coverdale Rd, Unit #3
Phone: (506) 386-9955

*Here's to leaving her speechless
time and time again.*

*Shop at Inglis
Jewellers*

Make it a Mother's Day To Remember

STORE HOURS:

Monday – Thursday: 9:00am to 5:30pm
Friday: 9:00am to 9:00pm
Saturday: 9:00am to 5:00pm



Franny's CEDAR CHEST

3154 Main Street, Salisbury, NB
Phone: 506-215-0238

**CONSIGNMENT
NEW & USED**

Parking & Entrance in the rear of the Salisbury Pharmacy Ltd.

Mothers Day Sale

Fri., May 11 & Sat., May 12

Ladies Dresses and Jewellery

50% OFF



Plus
Green Tags
1/2 price
all Month



Hours

Monday - Thursday - 10:00am - 5:00pm
Friday - 10:00am - 7:00pm / Saturday - 10:00am - 4:00pm



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Every Day!**

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also on facebook, link on website to our page

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BAKERY & COFFEE STOP
48 MAIN ST. PETITCODIAC N.B. TEL: 506-756-2848

QUALITY OLD FASHION HOME BAKING

Happy Mothers Day

HOURS
MONDAY TO FRIDAY 9 TO 5 and SATURDAY 9 TO 3



Corn Hill Nursery

For 36 years we have strived to be New Brunswick's premier grower of hardy nursery stock. With 150,000 hours of staff experience, we grow and sell the Maritime's largest selection of winter hardy plants. Discover our store, café and gardens at 2700 Route 890 Corn Hill, NB, 28 kms from Sussex Four Corners or 14kms from Petitcodiac.

Tel 506-756-3635 Fax 506-756-1087
For directions or more information visit us at cornhillnursery.com
Visit us on Facebook



Nursery Hours

Sunday - Thursday - 8:00am - 5:00pm
Friday & Saturday - 8:00am - 7:00pm

Cedar Café

While basking in the glow of the gardens drift into our licensed café where you will find a tempting selection of freshly made hot and cold sandwiches, soups, salads, desserts and daily specials. We offer vegetarian and gluten free items. Our wine and beer list is second to none in the area and there are always featured wines. Stay tuned for summer tastings.

NEW CAFE HOURS

Sunday -Thursday - 10:00am-4:00pm
Friday & Saturday - 10:00am-7:00pm



Landscaping

Thinking of a landscape project? We offer a complete line of landscaping services from design to installation. We specialize in quality stone work. Visit our website to see a portfolio of our work.

FIND OUT ALL YOU NEED TO KNOW
OR ORDER ONLINE AT
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Liberal

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by Laurie Blanchard Salisbury, NB

Designer of Artistic mailing envelopes 372-5353

Here's the story of a new generation yuppie who stops near a pasture in Arkansas and approaches a shepherd tending his flock of sheep. I am looking for a lamb dinner, he says to the shepherd. If I can tell you how many sheep you have out in your pasture, will you give me one of them? The shepherd didn't think that the yuppie could possibly count them all, so he agrees. The yuppie digs out a drone from the trunk of his SUV and launches it, hovering over the flock. After about five minutes he flies the drone back and tells the shepherd, you have exactly 247 sheep in your flock! I'll take that lamb over there. He picks it up and puts it in the trunk. The shepherd is taken aback by his accurate count and says ok, here's the deal, I'll tell you what your profession is if you give me back my animal. Sure, says the yuppie, why not. Now tell me what I am? The shepherd says to him....you are a business management consultant! The yuppie replies....ah, how could you possibly know that sir? Easy, replies the shepherd. You showed up even though nobody called you, you expected to get paid for an answer I already knew and to one I never asked and you know absolutely nothing about my business. Now then, open up that trunk and give me back my border collie!

Thought for the dayEvery politician has a mouth, an arrangement rather sweet. Sometimes it's filled with wisdom, however, it's often filled with feet!

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VISA

Paint Night

Waynes Warriors recently held a paint night for a fundraiser for the Sussex Relay for Life at the Maritime Motorsports Hall of Fame. It was a fun night with lots of laughs. Waynes Warriors would like to thank everyone for their continued support as we go into our 7th year relaying for a cure.





News From The
Maritime Motorsports Hall Of Fame

Golf Tournament Maritime Motorsports Hall of Fame

May 26, - 12:30 Shotgun start
Registration starts 11:30am
at the Petitcodiac Golf & Country Club
86 Golf Course Rd., Petitcodiac, NB

Teams of 4 - \$400.00 per team - (deadline: May 12, 2018)
(includes round of golf, cart and meal)
EVERYONE WELCOME TO PLAY



2018 Honda Side by Side
sponsored by
Toys for Big Boys,
Moncton, NB

2- holes in 1 prizes
PLUS
many more prizes



2018 Jeep
sponsored by
Norrad Chrysler Dodge Jeep
Sussex, NB

For more information call 756-2110

A Petitcodiac Valley Golf & Country Club presents:

Chase the Ace

Weekly draw at 8:15 every Monday night
If the Ace of Clubs is not drawn, 20% of weekly sales goes to the winner
20% of all sales goes to the Petitcodiac Boys and Girls Club
Tickets: \$2.00 each; 3 for \$5.00; 10 for \$10.00
(tickets sales restricted to those 19 years of age or older)

Tickets may be purchased at
the PVGCC Clubhouse every
day with hours as specified in
rules

Winners for April
April 09 - Jamie & Kim Carter
April 16 - Mike McCully
April 23 - Henry Fawcett

The winning ticket holder does
not have to be in attendance to
claim the prize.
The designated Ticketmaster of the
evening will draw on behalf

The full set of rules are posted at the
Petitcodiac Valley Golf & Country Club Clubhouse,
as well as on their website and Facebook page.



May 21, 2018

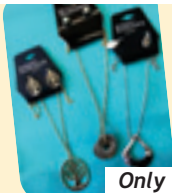
3070 Main St., Salisbury



DOLLAR STORE

27 Main St., Petitcodiac

Necklace and Earring Sets



Only \$5.00!
Why pay up to \$14.99?

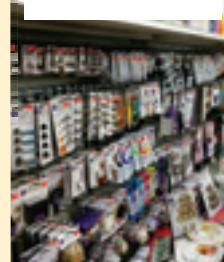
Happy Mothers Day

Summer dresses



Only \$12.50!

Bake Mom a Cake



Huge Selection of Wilton
Cake Decorating Supplies!

Greeting Cards - Just in
at our Petitcodiac Store



Gift Cards make a great
gift for Mom!



Russell Stover Chocolates, 284g



Only \$2.00!
Why Pay up to \$9.99?

"Selection may vary by store"

Motorsports Schedule

Petty International Raceway

May 18 - Opening Weekend
May 19 - Pro Stock Tour 150
June 2 - Pro All Star Series 150

Speedway 660

May 19 - Pre-Season Practice (ALL)
May 20 - Season Opener (ALL)
May 27 - Race For Hunger (ALL)
June 3 - Kids Day (ALL)

Riverside International Speedway

Thank you to the Fans, Racers, & Sponsors - Looking forward to 2018

Scotia Speedworld

May 20 - CARSTAR Weekly Racing
May 25 - Weekly Racing
May 26 - Parts for Trucks Pro Stock Tour
June 1 - Weekly Racing

Oyster Bed Speedway

May 21 - All Classes Racing, Demo Derby
June 3 - All Classes Racing

Speedway Miramichi

May 26 - Season Opener, Street Stock 100, Demo

Centre For Speed

Thank you to the Fans, Racers, & Sponsors - Looking forward to 2018

Parts For Trucks Pro Stock Tour

May 19 - Petty International Raceway
May 26 - Scotia Speedworld

Maritime Drag Racing

May 19-20 - Miramichi, High School Challenge
May 26-27 - Miramichi, 1st Point Meet
May 26-27 - Greenfield, 1st Point Meet

Maritime Classic Car Events

NEW BRUNSWICK

May 4-6 - Frex Rod Custom Car/Bike Expo, Fredericton
May 26-27 - NB Antique Auto Clubs Annual Swap Meet, Sussex
June 2 - Hoyt Car Show
June 3 - Petty AutoFest Show, Petitediac

NOVA SCOTIA

May 12 - Eastern Lodge Car Show, Eastern Passage
May 25-26 - CB Classic Cruiser Swap Meet & Craft Market, Sydney
May 26 - First Wild Blueberry Capital Show & Shine, Oxford
May 27 - Apple Blossom Valley Car Show & Legacy Room BBQ, Berwick
June 2 - Colchester Co. Show & Shine, Belmont
June 2 - Race to the Base Show and Shine, Dartmouth

PRINCE EDWARD ISLAND

May 20 - PEI Dream Machine Show N Shine, Charlottetown
May 27 - Vintage Vehicle and Street Rod Show, Charlottetown



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For more information call Gerry Jones - 372-4715. I also have supplies available for existing customers

Sudoku (page5)

5	6	8	7	4	1	3	9	2
3	7	4	6	9	2	1	5	8
1	9	2	5	3	8	7	4	6
7	5	3	8	1	4	6	2	9
8	2	1	9	7	6	5	3	4
9	4	6	3	2	5	8	7	1
6	1	9	2	5	3	4	8	7
4	3	7	1	8	9	2	6	5
2	8	5	4	6	7	9	1	3



Maritime Motorsports Hall of Fame

Stanley Dicks (Stan)

NS Stockcar Competitor/Promoter

Inducted October 17, 2018

Home Province - Nova Scotia

Stan Dicks started stockcar racing in 1969 at Midway Speedway. Over the course of his racing career he has won eight Championships starting in 1977, '84, '91, '95, '97, '99, 2000 and 2001.

He also drove in the American Canadian Tour (ACT).

Stan's final race was October, 2009 at the Shediac International Speedway the year he was 65. He placed 2nd in the Qualifier and 8th in the feature.

About promoting: Stan helped build the Sydney Speedway with Bud Greer back in 1975; 1989 the track was set for demolition.

Stan stepped up and bought the track in 1990.

He named it Island Speedway.

Stan ran the track until he sold it in 2006.

He brought in many special events and always had exciting events for the children.

Stan Dicks proven himself in his 70 years for keeping racing alive in Cape Breton, as a racer and as track owner, as well as helping his community by keeping many families employed.



Business Directory

Support your Local Communities - Shop Local

Call 756-2110 to book your space in our new Business Directory ---- 0 - 30 words - \$17.50 + HST

Next Issue - May 1, 2018 / Deadline April 23, 2018

Petitcodiac

Auto Supplies

 **Auto Supplies**
188 Old Post Road
Petitcodiac, NB E4Z 4P1
Phone - 756-3347
Hours
Mon. - Tues.: 8am - 5:30pm
Saturday - 8am - 12pm

Golf Course

 **Petitcodiac Valley Golf & Country Club**
86 Golf Course Rd, Petitcodiac, NB
Call the clubhouse to reserve your tee-time
(506) 756-8129
Check our website for any specials
www.petitcodiacvalleygolf.ca

Banking

 **Advance Savings Credit Union**
47 Main Street, Petitcodiac, NB E4Z 4L9
Phone: 756-3331 / Fax: 756-8596
www.advancesavings.ca

Grocery Store

 **FOODLAND**
33 Main St., Petitcodiac, NB
Phone - 756-3321
Hours
Mon - Fri : 8am - 8pm
Sat.-8am - 6pm / Sun.-11am - 6pm

Auto Supplies

 **Universal Accessories Ltd.**
3092 Main St., Salisbury, NB
Phone 372-5398
Hours
Mon. - Fri.: 8am - 5:30pm
Saturday: 8am - 12pm

Hobbies

 **FREEDOM HOBBIES**
You Found Freedom - for all your RC needs!
Cars / Trucks / Drones / Planes
and much more - check out our website
3134 Main St., Salisbury, NB
Phone: 372-9990 www.freedomhobbies.ca

Consignment Store

 **Family's CEDAR CHEST**
3154 Main Street
Salisbury, NB
Phone: 506-215-0238
Entrance behind Salisbury Pharmacy
Family Clothing
Hours
Mon. - Thurs. - 10am - 5pm
Fri. - 10am - 7pm / Sat. - 10am - 4pm

Grocery Store

 **Sandy's Independent**
3070 Main St., Salisbury, NB E4J 2L6
Phone: 372-9231
Hours:
Monday - Saturday: 8am - 9pm
Sunday: 10am - 6pm / Holidays: 12 - 6pm

Banquet Room Rental

Maritime Motorsports Hall of Fame
5 Hooper Lane, Petitcodiac, NB
(506) 756-2110
Are you looking for a space to hold a Meeting, Family Reunion, Birthday, Anniversary, then give us a call.

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www.semutual.nb.ca

Drug Store

 **Guardian**
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3034 Main Street
Salisbury, NB
(506) 372-4760
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Reality

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Funeral Homes

 **Salisbury West, NB**
Phone: 372-4800
 **Armstrong's Funeral Home**
Petitcodiac, NB
Phone: 756-3361
David Keirstead - Funeral Director
www.keirsteads.ca

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Homelike Atmosphere & 24 Hour Care
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Church Services

Steeves Settlement Baptist Church, Independent
250 Steeves Settlement Rd.
Pastor Paul Fosmark
Services every Sunday
Sunday School for all ages - 9:45am
Morning Worship Service - 11:00am
Washroom facilities available All Welcome!
For more information call 534-2714

Excavation

T&D Excavating
356 Springhill Rd - Havelock, NB E4Z 5T3
Septic Systems - Excavating - Dozing
Sandstone - Gravel - Trucking - Topsoil
Snow Removal
Dana - 871-3024 Tyler - 756-0108

Church Services

St. James United - Service at 11am

Petitcodiac Baptist - Morning
Worship @ 10:50 am. Adult Small
Groups at 9:30 am :SS JAM" (preschool
- Grade 5) at 10:50 am.
Nursery available for infants.

Petitcodiac Mennonite - Worship
Service 11:00 am.

St. Jonn's Anglican Church, Salisbury,
each Sunday at 11 am with
Sunday School also at 11 am

First North River Baptist
573 Blakney Road, Fawcett Hill, NB
Sunday Morning Worship @ 11 AM
Sunday School for all Age @ 9:45 AM
Prayer and Bible Study - Wednesday @ 7 PM
Youth Group Thursday Evenings @ 7:30 PM
For further information call 756- 8580

St. Andrew's Anglican - Sunday
Service at 9:00 am, Sunday School,
9:00 am.

Petitcodiac Lighthouse Assembly
Services: Worship Sundays - 10:30am
Location: Maritime Motorsports Hall of
Fame, 5 Hooper Lane, Petitcodiac, NB
Pastor C.G. Fenwick
Ph: 506-433-6972

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CLASSIFIED

Let the classifieds help you list apt for rent, sell your items, or announce your special occasions.

Cost: \$5 for 20 words or less & \$15 for over 20 words.

Please drop off information at 5 Hooper Lane, Petitcodiac (the Maritime Motorsports Hall Of Fame building) during our business hours: Monday to Friday 10 a.m. to 5 p.m. For more information please call 756-2110

UP COMING EVENTS

The Lutz Mountain Heritage Museum at 3143 Mountain Road in Moncton is hosting "Muriel's Tea" Wednesday, May 30, 2018 from 11:30 til 2:00
AND the last Wednesday of each month May through September. A variety of items from the menu: sandwiches, salads, quiche, soups and some great desserts and a variety of teas.
Please join us for a wonderful time and enjoy a fine lunch in the quaint atmosphere of our 1883 historic Museum.
For further info please call 384-7719



St. Jude's Annual Lobster/Ham Supper (Salisbury)
Saturday May 26, 2018,
4:30pm to 6:30pm
"Advance Tickets Only"
1 ½ lb. cracked Lobster or a generous portion of Ham, Potato salad, coleslaw, rolls, dessert, tea & coffee
Lobster \$22 or Ham \$10
Children under 5 eat ham free
Eat in or Take-out available
Take-out available 4:00pm to 6:00pm at the Front Door of the Church
Free Delivery in the Salisbury area from 3:00pm - 4:00pm for Seniors & Shut ins
For tickets please call Dave 856-8604 or Carm 372-5963 prior to May 24th, 2018

Middlesex Community Cemetery will hold its annual meeting Monday May 14, 2018 at 7:00 pm at Crossroads Pentecostal Church in Middlesex. We encourage all those in the community and anyone with family connections to the cemetery to attend.



Kiwanis Breakfast
Petitcodiac Legion

May 5, 2018 from 7am - 10am
Adults - \$8.00 / Children - \$4.00
Profit proceeds to be donated to the School Breakfast Program

UP COMING EVENTS

Spring Bus Tour
Saturday, May 19, 2018
Open to ladies and Gents
Visiting - Shediac, Buctouche, Rexton & Rogersville
Cost is \$50.00 per person
Pick up in Sussex, Petitcodiac, Havelock & Salisbury
(8am - Home by 5:30pm)
For more details, or to secure your seat call
Pauline 534-2719 or Donna 534-2967
Cut off **DATE** if May 1st

Trip organized by the Havelock Women's Institute and is open to **EVERYONE!**

The Lutz Mountain Heritage Museum at 3143 Mountain Road in Moncton is hosting our annual "Spring Salad Supper"
A tradition for over 35 years.
Delicious assortment of salads: potato, turkey, jellied and coleslaw.
Tea, coffee and dessert.
Saturday, May 12, 2018
Sittings at 4:30 and 6:00 pm and take-outs at 5:00 pm
\$12.00/plate.
For further info please call 384-7719



Fundraiser Event for Zoe Black

Zoe Black is 14 years old and in May of 2017 she was diagnosed with a very rare Neurdegenerative disease called Niemann-Pick Type C, also known as Childhood Alzheimers. There will be a fundraising event for Zoe at the Petitcodiac Legion on June 2nd, 2018. We will be raising funds through various activities. One of the activities will be a silent auction. Zoe is the granddaughter of Peter & Darlene Black, great granddaughter of Dorothy Black and Joyce McPhee (Marr)

UP COMING EVENTS



Events for May

Seminars are held from 10am - 12pm unless noted.

There is no charge except for the stone building seminar
May 5 - Pruning Seminar
May 12 - 13 Mothers Day Weekend
May 19 - Growing Rhodos and Azaleas Seminar

ESTATE YARD SALE

2304 Route 890, Corn Hill

Saturday, May 19th
8:30am to 3:30pm
Contents of House and Garage
See page 9 for details

Seniors Games Day

Is held every Wednesday at the Maritime Motorsports Hall of Fame
1pm - 4pm
Everyone Welcome!

UP COMING EVENTS

Weekly 50/50 Draw 
Tri-County Boys and Girls Club
Gold Rush. Only a Toonie!
Remember your number and play it weekly. Help support the Boys and Girls Clubs of Petitcodiac and Salisbury
For more info check us out on facebook @ Tri-County Gold Rush

St. Andrew's Anglican Church Women, Petitcodiac
Will be holding their Plant, Bake and Yard Sale
On Saturday, May 12th, 2018
8AM-12Noon
At St. Andrews Church Hall
61 Church St. Petitcodiac



Come have your morning coffee with Ross Wetmore on May 14 from 10am to 11:30am at the Maritime Motorsports Hall of Fame, 5 Hooper Lane, Petitcodiac

Maritime Motorsports Hall of Fame
Hosting Golf Tournament
May 26, 2018
Shotgun Start at 12:30 at the Petitcodiac Valley Golf & Country Club
Call 756-2110 for more info

EVERYONE WELCOME!

Petty AutoFest
Sunday June 3, 2018
SPECTATORS - FREE
Show for all types of Motor sport Vehicle's
Set-up begins at 9am
First 100 vehicles receive a dash Plaque
Deep Fried Turkey
for more info contact 756-2110
Everyone Welcome to entry!

Apartment for Rent

A 2 bedroom apartment for rent to a mature individual or couple. Fully furnished. Heat, lights, cable included
\$750.00 monthly.
Call 756-1890

Five Points Baptist Church
5597 Route 895 Colpitts Settlement, NB E4J 3A2

Gospel Jam Session

Join us on the 3rd Sunday each month at 6:30pm
for an evening of uplifting Gospel Music from
Local Singers and Musicians

Thank You**THANK YOU**

We cannot Thank our Friends & Family enough for the wonderful afternoon at the Petitcodiac Legion on April 8, 2018.

Your kindness towards us was greatly appreciated. Also, Thanks to Charlene & Legion staff for their help in making this event so special.
Eric & Linda Taylor.

I would like to thank all the friends and family that attended my 80th Surprise Birthday party on the 17th of March in Havelock
Ada Taylor

Job Opportunities

Looking for weekend help at a non smoking Special Care Home. Call 866-4480 for interview.

For Sale

2007 Mazda6 Sport GT
Moonroof, power seats, AC, PM, Cruise, Automatic plus manual shift.
Asking \$4995.00. Phone 756-2462

2005 Civic SI
Winter stored since new. AC, PW, PDL, PM, Cruise, Slick 5 speed, moonroof, michelins.
Asking \$7495.00, Phone 756-2462

ADULT EDUCATION

Salisbury Adult Learning Center
372-5025

or
South East Regional
Adult Learning Board
857-9912

FREE GED & PRE-GED PROGRAM

Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

Post your classified with us!
\$5.00 for under 20 words
or \$10.00 for over 20 words.
Picture & under 20 words \$15.00
Picture & over 20 words \$20.00
Obituaries \$35.00

OBITUARIES**Marilyn Beaman**

Marilyn Jean (Steeves) Beaman, 75, of The Glades, NB, passed away Sunday, April 15, 2018 at the Moncton Hospital with her family by her side. Born in Moncton, she

was the daughter of the late W. Alfred and Dorothy Jean (Preston) Steeves and beloved wife of Cyril Beaman.

Marilyn worked in the Loan Department of the Bank of Nova Scotia until she became a Mother and chose to stay home with her children. She later went to work in food service at the Jordan Life Care Centre. Marilyn enjoyed doing crafts, including sewing, and loved music, especially bluegrass. Marilyn was always a social butterfly.

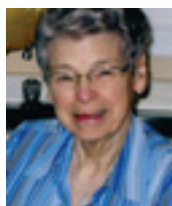
In addition to her husband, Marilyn is survived by her children Tyler and Todd (Rachelle), grandchildren Sébastien and Nicolas LeBlanc (Kelsey), sister Noreen Prosser, nieces Dianne Beaman, Pamela Wilson, Bonnie Steeves, nephews Laurie Beaman, Glen Prosser, cousins and many special friends.

Besides her parents, Marilyn was predeceased by her brother, James P. Steeves.

Resting at Salisbury Funeral Home (372-4800) where visiting will take place on Tuesday, April 17, 2018 from 7 - 9 pm. A Funeral Service will be held in the chapel on Wednesday, April 18, 2018 at 2 pm with Pastor Lloyd O'Blenes officiating. Interment will be in the Glades Baptist cemetery at a later date.

If desired, memorials to the Friends of the Moncton Hospital Palliative Care Unit or donor's choice would be appreciated by the family.

www.keirsteads.ca

Pauline Carter

Pauline Carter, 89, of The Glades, passed away at the Jordan Lifecare Centre on April 2, 2018. She was born March 4, 1929 and was the daughter of the late Bliss

and Amanda May (Leaman) Wilson and widow of the late Roy Carter.

She was an active member of the former Glades Baptist Church, life member of the Women's Missionary Society, former treasurer of The Glades Cemetery, volunteer at Jordan Lifecare Center and SPOT. In her younger years, she and Roy enjoyed round dancing with Charlie's Angels, she also enjoyed cross-stitch,

OBITUARIES

crocheting, crafts, and family get-togethers.

Survived by children Larry (Debbie), Stephen (Barb), Allison (Angela), grandchildren Kevin (Tanya) Carter, Christa (Mark) Steeves, Jenna Carter, Denise (Jim) Douthwright, great-grandchildren Sarah and Emily Rouse, Erica and Emily Carter and Jaxen and Declan Steeves, sisters-in-law Laurine Wilson and Erma Gray, several nieces and nephews.

Besides her parents and spouse, Pauline was predeceased by infant son Leslie, brothers Ranford, Austin, Leroy and Lawrence and sisters Greta Simpson, Stella Smith, Rosie Robb and Doris Robb. She was the last surviving member of her family.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Tuesday, April 3, 2018 from 6-9 pm. The funeral will be held in the chapel Wednesday, April 4, 2018 at 1 pm with Pastor Rodney Blyth officiating. Interment in The Glades Baptist Cemetery at a later date.

In Memory of Pauline, memorials can be made to the Jordan Lifecare Centre, or Alzheimer's Society.

Special thanks to the staff of the Jordan Lifecare Centre for all the wonderful care they have given our mother over the last 4 years.

www.keirsteads.ca

Ralph MacDonald

Ralph Henry MacDonald, 68, of Salisbury, NB passed away Thursday, April 19th 2018 at the Moncton Hospital with family at his side.

Born in Moncton, he was the son of the late Henry and Doreen (Greer) MacDonald. Ralph was a graduate of Salisbury Regional High School and retired from Bell Aliant with over 37 years of service.

He enjoyed life to the fullest whether it was four wheeling, spending time at his camp, hunting, going to the cottage, golfing, curling, boating or riding his motor cycle. Along the way he made some lifelong friends whom he cherished immensely.

He is survived and sadly missed by his beloved wife Muriel; children Paula MacDonald (Robert) of Dieppe and Anthony MacDonald (Jody) of Burton; step-children Kim Oakley (Bob) of Edmonton and Karen Elliott (Pat) of Salisbury; sister Mary Allen (Kenneth) of Salisbury; brothers David (Rhea) of Winnipeg, Robert (Vanessa) of Salisbury and Doug (Jen) of Quispamsis; grandchildren Anthony, Jenna, Ty, Kristen and Kathryn; great

OBITUARIES

grandchildren Avery, Jaxson and Paisley and all his nieces and nephews. He will also be sadly missed by Muriel's family. Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Sunday, April 22nd from 2 to 4 and 7 to 9 pm. The funeral service will be held in the chapel Monday, April 23rd at 11 am with Rev. Chris Hayes officiating. Interment at Fair Haven Cemetery.

The family would like to thank the Doctors and Nurses at the Moncton Hospital Oncology Unit for their wonderful and compassionate care.

If desired, memorials to the Canadian Cancer Society or the Friends of Moncton Hospital would be appreciated by the family.

www.keirsteads.ca

Nancy Dunham

Nancy Marie Dunham, 59, of Elgin, NB passed away on Tuesday, April 3, 2018 at her home. Born in Salisbury, she was the daughter of the late Roy and Hester (Jack)

Steeves and wife of Harry Dunham.

Nancy worked for Avon Valley and enjoyed gardening, drives on the four-wheeler, dancing and most especially, spending time with friends, family, and her grandchildren.

In addition to her Husband, Nancy is survived by her children Linwood (Dawn) Dunham of Miramichi, Lindsay (Randy) Dunham of Salisbury, Leanna (Marshall) Dunham of Timberlea, NS, brother Brian (Barb) Steeves of Elgin, grandchildren Isiah, Quentin and Wyatt Dunham and Autumn MacNichol.

Besides her parents, she was predeceased by her brother Danny Steeves and sister Brenda Middleton.

Resting at Armstrong's Funeral Chapel, 33 Russell St. Petitcodiac (372-4800) where visiting will be held on Thursday April 5, 2018 from 2 - 4 and 6 - 8 pm. A Celebration of Life will be held at the Elgin Community Center, 10 Gowland Mountain Rd. on Friday, April 6, 2018 from 2 - 5 pm. Interment will take place in New Elgin Cemetery at a later date.

If desired, memorials to the Elgin Fire Department would be appreciated by the family.

www.keirsteads.ca



OBITUARIES

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Robert Plume

Robert Clayton Plume, 78, of Salisbury and formerly of Havelock, passed away at the Moncton Hospital on April 9, 2018 after a long battle with lung disease.

He was born on September 8, 1939 in Kinnear Settlement to the late Arthur and Violet (Leaman) Plume.

Robert returned to Havelock from Mississauga, ON to look after his aging father in 1978. He worked at Samuel Steel Company, Fawcetts and Woodmans Welding. Robert was an avid hunter, fisherman, mechanic and really enjoyed playing cards and washers. He loved his family, music and his "taxi" service.

He is survived and sadly missed by his loving wife of 59 years Thelma (Smith); cherished family Donna Halliday (Dennis) of River Glade, Danny (Jackie) of River Glade, son-in-law Kevin Bannister (Sharon), grandchildren Kristal (Shawn), Amy, Stephanie, Patrick (Amanda), Matthew (Kyra), great grandchildren Isaiah, Maegen, Owen, Morgen, Kayla, Samantha, Tegan, Sadie, Olivia and Emmett and several nieces and nephews. Predeceased by his loving daughter Debbie, grandsons Michael and baby Dennis, brothers Russell (Hilda) and Roy (Gloria).

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting is Thursday, April 12 from 2 to 4 and 7 to 9 pm and from where the funeral will be held from the chapel Friday, April 13 at 2 pm with Pastor Dennis Smith officiating. Interment to follow at The Glades Cemetery.

If desired, memorials to the Canadian Lung Association would be appreciated by the family.

www.keirsteads.ca

Doug Prosser

Douglas Everett Prosser, 78, of Salisbury and formerly of Petitcodiac, passed away Sunday, April 08, 2018 at the Moncton Hospital with his loving

family by his side. Born November 2, 1939 in Petitcodiac he was a son of the late Garfield and Lavinia (Wilson) Prosser.

Doug retired in 2001 from the credit office at MacDonald Pontiac GMC where he worked for 25 years. He was previously employed at Eaton's for 19 years. Doug took pride in everything he did, especially his garden which he would share with family and friends. He enjoyed going to the woodlot and cutting his winter wood and also enjoyed working in his woodworking shop. Doug enjoyed everything about being outdoors; four-wheeling, walking, or piling wood.

He will be sadly missed by his loving wife Madeline (Plume) of Salisbury, cherished daughters Shelley Prosser of Moncton, Wendy Prosser of Saint John and Stacey Coates (Faron McMackin) of River Glade, one-grandson, Dylan Coates of Sussex Corner. He is also survived by his sister Doreen Rossiter (Willis) of Alma, and in-laws who were like brothers and sisters to him, many nieces, including special niece Krystal (Plume) Hunt, nephews and extended family members.

A special thank you to Dr. Ismail Sharif, Dr. Erica Brown and Dr. L. Nayak for the compassion and care over the years. Also we thank the wonderful nurses and volunteers of the Sheldon H. Rubin Oncology Clinic. We are grateful to the nurses on 4100 and 3600 units for their dedication to Doug. And to Michelle McKnight, a special thank you.

Respecting Doug's wishes there will be no funeral service or visitation. A Graveside Service for family and friends in Loyalist Cemetery, Havelock, followed by a reception, will be announced at a later date. If desired, memorials to the Friends of the Moncton Hospital's Sheldon Rubin Oncology Centre, or Loyalist Cemetery would be appreciated by the family.

www.keirsteads.ca

Goodbyes are not forever
Goodbyes are not the end
They simply mean "I'll miss you"
Until we meet again
-Author Unknown

William Todoschuk

William "Bill" Todoschuk, 83, of Wheaton Settlement, NB passed away Wednesday, April 11, 2018 at his home. Born October 2, 1934 in Vergin SK to

the late Peter and Zorria (Andrychuk) Todoschuk.

In Bill's earlier years, he was an avid Curler, was a Track & Field record holder and had a black belt in karate. He enjoyed his farm, gardening and growing strawberries.

He was in the Canadian Air Force for 25 years, retiring as Chief Warrant Officer. He served 15 years with the 32nd Service Battalion as Captain. He then worked for the Department of Transportation for 13 years, retiring as Supervisor at the River Glade Weigh Scales.

Bill was a member of many organizations, including St. Jude's Church, Salisbury Lions Club, past President of Royal Canadian Legion # 31 in Salisbury, and as a cancer survivor he volunteered for the Canadian Cancer Society.

He will be sadly missed by his loving wife Agnes Mary (Estey), four children Mike (Karen) of Amherst, NS, Billy (Andrea) of Georgetown, ON, Dianne Lewis (Scott) of Berry Mills, NB, Terry (Deborah) of Udora, ON, cherished Poppy to Tarrin, Sarah, Jessica, Becca and Jemma, brothers Ron Todson, Wally Kitzul, sisters Gloria Wilcox and Bernice Cherko sister-in-law Joan Simmons (late Don), brother-in-law, Ben Estey and several nieces and nephews.

Besides his parents, Bill was predeceased by step-mother Mary Kitzul, sisters Anne Mullen, Mary Koroluk, brothers John and Mike Todoschuk and Ollie Ludba.

Resting at Salisbury Funeral Home (372-4800) where visitation will be held on Friday, April 13, 2018 from 7 - 9 pm. The Royal Canadian Legion will conduct a tribute to a Veteran service at 6:45 p.m. Parish Prayers and Sharing of Memories taking place at 8:30 pm. Mass of Christian Remembrance will be celebrated at St. Jude's Roman Catholic Church on Saturday, April 14, 2018 at 10 am with Rev. Phil Mulligan officiating.

If desired, memorials to the Canadian Cancer Society or Heart & Stroke Foundation would be appreciated by the family.

www.keirsteads.ca

Arnold Weir

Arnold Nathan Weir, 81, of Colpitts Settlement passed away April 2, 2018 at The Moncton Hospital surrounded by his family. Born in Middlesex, he was the son of the late Robert and

Nellie (Robb) Weir, and husband of the late Phyllis Weir.

He built his own home, lived there 55 years and finished his house after his retirement.

As an entrepreneur, Arnold attended business school, and started his own business in 1975 "Arnold Weir Roofing and Siding" which his son continues to operate today. He was a member of Legion Branch #31 Salisbury and longtime member of the Dart League. After retirement, Arnold got very active, with skating downhill skiing, and biking to keep up with the kids. He always loved to socialize and was happiest surrounded by family.

Arnold is survived by daughters Paulet (Earlin), Lana, Kim (Albert), Janice (Hart), Sunday, Bonnie (Kevin) and Lisa (Michael), sons Ricky (Kathy), Jeff (Kim), 21 grandchildren, 17 great-grandchildren, two great-great-grandchildren, brothers Harold (Louise) and Brian, sisters Helen (Bob) Wright, Julia Quinlan, several nieces, nephews, and cousins.

In addition to his parents and wife, Arnold was predeceased by sons Craig and Bruce and son-in-law Gary Campbell.

The family will receive relatives and friends at the Salisbury Funeral Home, 3350 Rt 106 (372-4800) on Thursday April 5 from 2 to 4 p.m. to help them celebrate his life. It was Arnold's wish to have his body donated to the study of medical sciences at Dalhousie. Interment will take place in Middlesex Cemetery at a later date.

Memorials can be sent to Hillside Cemetery, Middlesex Cemetery or the donor's choice and would be appreciated by the family.

www.keirsteads.ca



Employment Opportunity - Village of Petitcodiac



Public Works Department Manager

Deadline - May 18, 2018

The Village of Petitcodiac is accepting resumes for a Public Works Department Manager. The Public Works Manager is responsible for the day-to-day operation and maintenance of all aspects of the village's public works including but not limited to; waste water facility management, the supervision and direction of all works department employees, department reporting, budgeting and ordering, annual budget forecasting for daily operations as well as capital projects, all aspects of snow removal, and maintenance of public works infrastructure which includes but is not limited to streets, sidewalks, lawns and parking lots. The successful candidate must have supervisory experience, knowledge of transportation equipment operation, effective interpersonal and communication skills, computer skills including Microsoft Office & email and have a valid New Brunswick driver's license Class 5.

This is a salaried position and the employee is entitled to the benefit package offered by the municipality.

For a full Job Description go to www.petitcodiac.ca

Mail, Drop or Email Resume to
 Village of Petitcodiac
 63 Main St, P.O Box 2507
 Petitcodiac, NB E4Z 6H4
vop@nbnet.nb.ca

We encourage all who are qualified and interested to apply in confidence, however, only those in consideration will be contacted.

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Salisbury Fire & Rescue

prize winners, and has raised monies to be used to purchase life saving equipment for Salisbury Fire Rescue. The initial investment to purchase the lottery equipment was \$20,000...but after a couple years the equipment is paid off and now the profits are being applied to purchasing additional lifesaving equipment.

Recently the Salisbury Volunteer Firefighters Association purchased a \$14,000 piece of equipment known as a Hurst Edraulic Ram, used in conjunction with the Jaws of Life to extricate victims from vehicle accidents; with proceeds from the 50/50 Draw. The Salisbury Volunteer Firefighters Association continues to raise funds with the 50/50 Draw, to be put toward supporting the cost of a new \$460,000 fire truck, that is currently on order and expected to be delivered in September.

It might be easy to say "just let the taxpayer pay"; the volunteer firefighters dedicate thousands of hours to their community as a way of giving back....and the fund raisers are just another way of giving back.

Salisbury Firefighters have responded to more than their share of serious emergencies; in the past 4 months alone two of the house fires they responded

to resulted in fatalities along with a fatal motor vehicle accident. In 2017 Salisbury firefighters responded to 182 emergency calls including 8 structure fires, 60 motor vehicle accidents, along with a variety of other emergency calls. This was an increase by 26% from 2016. This represents over 5000 man hours of volunteer service and training by the 25 firefighters at Salisbury Fire & Rescue.

Most people do not realize, that there are 4500 firefighters in New Brunswick...of which only 500 are paid... the remaining 4000 are volunteers... including Salisbury.

Salisbury firefighters are very proud to be part of the Southern Valley Mutual Aid Association (SVMA), which was formed in 1986. SVMA member fire departments include Salisbury, Riverview, Petitcodiac, Elgin, Havelock and Penobscis.

These 6 fire departments regularly work side by side at emergencies and provide a cost effective .

The men and women of Salisbury Fire & Rescue thank you for supporting our efforts to provide cost effective emergency services and our fund raising efforts through the 50/50 Draw and urge you to purchase your ticket... and maybe win yourself !

Salisbury Legion

Business Hours

Sunday & Monday - Closed

Tuesday - Thursday - 5pm - 10pm

Friday & Saturday - 12 noon - 10pm

Salisbury Legion Suppers - Fridays 5pm - 6pm

Adults - \$11.00 / Children (6 - 12) - \$5.00

Children (0 - 5) - FREE

Eat in or Take out!

May 01- Potato Scallop, Ham & Baked Beans, roll, dessert, coffee or tea

May 11- Roast Pork Dinner, potatoes, vegetables, roll, dessert, coffee or tea

May 18- Chicken legs, potatoes, vegetables, roll, dessert, coffee or tea

May 25- Lasagne, caesar salad, garlic bread, dessert, coffee or tea

*June 1- Roast Turkey Dinner, potatoes, vegetables, roll, dessert, coffee or tea

***The June 1st Dinner will be the last Supper until the end of September)

Up and Coming Events

Breakfast on Saturday, May 5th from 7-10am. Consisting of scrambled eggs, bacon, sausage, hash browns, toast, juice and coffee. Cost \$8. Come out and start your day off right!!! Where can you get such a YUMMY breakfast for this low price!!!! We appreciate your support.

DON'T FORGET!!!! Our 3rd Annual Diamond Ring Dinner is this month on May 19th. Don't know what to buy Mom or your wife!!!! Hers your answer. Tickets are now on sale for the Dinner. Cost \$50. Every lady gets a prize!! 1st prize is a Ruby Pendant and last prize a beautiful Diamond Ring!!!! What a WIN-Win!!!! Come anytime during business hours and get your ticket before they are a sell out!!!! The meal is a Roast Turkey Dinner and you also get a free glass of wine!!! There is also going to be a Fashion Show!!! You can not go wrong!!!! For more information call the Legion at 372-4730

Don't forget that EVERY Sunday from 2:30 - 5pm there is going to be "Youth Darts" for children from 10-18 years old. IT IS FREE!!! Come learn to play darts with experienced darts players. Darts available for use. Sign up and come out for an afternoon of fun and friends!! For more information call Harold at 232-3042.

We have "Chase the Ace" every Wednesday night from 6-8pm. Ballot is drawn at 8:15pm. We are now selling ballots. Buy a ballot any time during business hours and fill out your name and phone number and drop it in the Chase the Ace Box. You no longer have to be there on Wednesday night. If your ballot is drawn, you win 20% of the take and someone will draw the card for you at a chance to win the jackpot!!! Jackpot starts at \$500. It's a Win-Win!!! Come out and visit with friends and listen to live music!!!

We have **FREE Shuffle Board** and Pool every day during business hours!

Don't forget we do Weddings! We have back drops, linen table clothes, satin chair covers and an arch that we rent!!! It is getting close to that time so book now!!! Have one of our cooks cater to you Wedding, Retirement, Anniversary or Birthday Party!!! Come out and check us out!!! Tell your friends!!! For more information call the Legion at 372-4730.

For anyone who would be interested in volunteering at the Legion, we sure would appreciate it. There is Merry Makers every second Monday, the Friday night Suppers, Weddings, or any event taking place. Call 372-4730 for more information or come to our General Meetings on the second Monday of the month at 7:30pm and see what we have to offer for events.

Salisbury Lions Club

The Salisbury Lions Club holds their regular meetings the second and fourth Thursday of each month.



The monthly Salisbury Pancake Breakfast is held on the third Saturday of each month and costs \$8 for adults and 6 years to 10 years pay \$3.

Salisbury Lions Bingo is held on the Tuesday of each week starting at 7 PM, come out and try your luck.

This year the Annual Salisbury Roast Beef Supper will be held on April 28 from 4 to 6 PM. Adults \$15 and youth 10 years and under pay \$6. For tickets call any Lion or call 874-4335 or at the Home Hardware Store.

The Annual Lions Steak Night and 4 by 4 ATV draw will be held on Friday, May 11. Please remember all proceeds of fund raising go into Community Projects.

Salisbury Happenings

STUDENTS

The Village of Salisbury is accepting resumes for its 2018 student employees for Summer jobs. There will be positions in the Village Office, in the Works Department, and in the Parks & Leisure Department. The office job includes but is not limited to helping organize Canada Day and Community Days activities; the Works jobs include but are not limited to maintenance of parks, lawns and the wastewater lagoon; and the Parks & Leisure jobs include but are not limited to youth and senior's programs, and sports field and park maintenance. Also, there will be two new positions this Summer made possible through the new federal Green Jobs Initiative. Called Community Project Assistants, they will focus on outdoor special projects and programs with the Parks & Leisure Department. If you are a student and are interested in any of these Summer job opportunities, you are urged to apply using your provincial SEED program voucher (if applicable) and/or submit your resume directly to the Village, either in person from 8:30am to 4:30pm, Monday to Friday at the Village Office; by email at vilssalisbury@aibn.com; by fax at (506) 372-3225, or by regular mail to: Village of Salisbury, 56 Douglas Street, Salisbury, NB, E4J 3E3.

SALISBURY COMMUNITY DAYS

Salisbury Community Days 2018 will take place August 16-19, 2018. This year's theme is 'Backyard Board Game Bonanza!' There will be some new events as well as old favourites. Visit www.salisburynb.ca for more information.

SPRING SPECIAL PICK-UP

Spring Special Pick-Up Day is scheduled for Monday, May 7, 2018. Any items residents wish to have picked up must be placed at roadside. Please be sure to have items at the curb early, as pick-up can commence any time after 5:00am.

- Appliances/Furniture,
- Lumber and yard waste must be bundled and tied in 4ft. lengths,
- Tires (Limit of 2 per household),
- NOT ACCEPTED - Batteries, paint products, chemicals, propane tanks, and other hazardous materials. (NOTE: The next scheduled Hazardous Materials Drop-Off Days at the Village Office, a Southeast ECO360 program now called "Mobile Eco-Depot," will be on August 29th & 30th.)

PESTICIDE USE

Council is again asking for everyone's cooperation in reducing pesticide-use in the village by using nontoxic methods of maintaining green spaces.

SALISBURY PUBLIC LIBRARY

MAY 2018 EVENTS

Dungeons & Dragons - Wednesday May 2nd from 6:00-8:00 pm. The library is hosting a D&D campaign for teens and adults.

Block Builders - Tuesday May 8th from 2:00-4:00pm. Bring your friends and family to build with LEGO® bricks and put your creations on display in the library.

The Booklovers Reading Club for adults will discuss *A Tale of Two Cities* by Charles Dickens on May 9th at 6:15 pm. New members welcome!

Teen Anime Club - Saturday May 19th from 2:00-3:30 pm. Teens can watch anime in Japanese with English subtitles. Free snacks!

STEM Play Drop-In - Wednesday May 23rd from 2:00-4:00 pm. Come play with our collection of science, technology, engineering and math toys that help children learn basic concepts in scientific thinking, sequencing and coding, creativity, and problem solving.

Story Time - Thursdays at 10:30 am. Stories, songs, and literacy-building activities aimed at ages 2-5. Younger and older children are welcome to join in.

These programs are offered free of charge. For more information call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.

Library Open Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm.

LIGHTING OF DRY GRASS AND OPEN FIRES

A reminder that the lighting of ANY open fire to dispose of dry grass, brush, hay, straw, leaves, buildings, construction materials, automobiles or garbage in the municipality is PROHIBITED. Any fires must be in properly constructed/approved incinerators. Salisbury Fire Rescue reserves the right to order any fires that are not in compliance to be extinguished.

Salisbury Parks & Leisure News

Salisbury Spring League basketball wrapped up another awesome season!! Thanks to all the coaches, youth refs, score keepers and other volunteers! It was an awesome season with over 120 players from Ages 3 to Gr 5!! See some pics below from the Day of Champions!



Ages 3-4 Future Stars



Grade K-1 Orange Team-Gold medal



Grade 4-5-Gold medal



grade 2-3 champions

Summer Sports programs are getting underway with baseball spring training already started for Rookie-Bantam. Timbits 7U Baseball will begin Monday June 25 from 6-7. Summer soccer at JMA field will begin Wednesday June 27 at 6-7 pm for U4 & U6; 7-8 pm for U8 and 8-10; 11+ TBA-we still need a few more players so please spread the word. If you happened to miss registration, please get in touch with Holly at 372-3280. Teams are filling up quickly so we cannot confirm a place on a team. Register ASAP. We are always looking for volunteers as well.

- ART ATTACK -
A CREATIVE PROGRAM

GENERAL INFO: MON-FRI 9AM-4PM
140\$ TOTAL (100\$ FEE 40\$ FOR SUPPLIES.)

JULY 16TH-20TH : AGES 8-10
JULY 23RD-27TH : AGES 11-13
AUGUST 13TH-17TH : AGES 14+

WHAT WE PROVIDE:	WHAT YOU NEED:
- ACRYLICS	- LUNCH AND SNACKS
- WATERCOLOR	- CHANGE OF CLOTHES
- CLAY	- 1-2 ITEMS TO DYE
- PASTELS	- YOUR SMILE AND
- TIE DYE	GREAT ATTITUDE!
- PAPER MACHE	

BBO LUNCH ON LAST DAY
ART PRESENTATION WITH FAMILIES
FINAL AFTERNOON OF GAMES... AND MORE!


LOCATION: VILLAGE OF SALISBURY
56 DOUGLAS ST. SALISBURY NB E4J 3E3

Register for a new Art Program this summer. Get it touch with Holly.

SUMMER STUDENTS!! Salisbury Parks and Leisure will be hiring at least 2 summer students in May so please refer to the info from the Village of Salisbury Office get your resumes in. Looking forward to another great summer!

Thanks to everyone who came out to the first Salisbury Eco Fair on Earth Day at Salisbury Village Office!! It was a great event thanks to Community Gems-follow them on Facebook!



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Fax: (506) 372-4002

**Happy
Mother's Day**



**2 Can Dine
for \$9⁹⁹**

Two Cheeseburger Combos 

Offer expires : June 30, 2018
Offer only valid at:
CHAMPLAIN ST., ELMWOOD DR.,
SALISBURY, RIVERVIEW,
MOUNTAIN RD., SHEDIAC, AMHERST NS
One coupon per person, per visit.
Not valid with other coupons or
special offers. Coupons must be
presented at time of purchase.
Taxes extra. NO SUBSTITUTIONS.



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special offers. Coupons must be
presented at time of purchase.
Taxes extra. NO SUBSTITUTIONS.



\$5⁰⁰

Two Cheeseburger with a drink 

Offer expires : June 30, 2018
Offer only valid at:
CHAMPLAIN ST., ELMWOOD DR.,
SALISBURY, RIVERVIEW,
MOUNTAIN RD., SHEDIAC, AMHERST NS
One coupon per person, per visit.
Not valid with other coupons or
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presented at time of purchase.
Taxes extra. NO SUBSTITUTIONS.



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One coupon per person, per visit.
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special offers. Coupons must be
presented at time of purchase.
Taxes extra. NO SUBSTITUTIONS.



The Sussex Farmers Market is starting May 4, 2018
from 11am to 4pm and is looking forward to
another great season!

A number of new and exciting vendors
as well as those that have been with us for many seasons.
Come join us and meet old friends and make some new friends.
See you at the market!



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