



Remembrance Day November 11, 2018

# FALL BACK

Day Light Savings time ends November 4, 2018

## Special 20th Anniversary Display for Remebrance Day

The Petitcodiac War Museum will be open Nov.11th, 2018 from 10:30 a.m. until 1:00 p.m. with over 5000 artifacts on display.

This year marks two special anniversary dates for the Petitcodiac War Museum. The 100th Anniversary of the end of World War I, 1914 -1918, and the 20th Anniversary of the Petitcodiac War Museum, 1998- 2018.

To mark this occasion, the War Museum is presenting a special display of a nurses uniform from 1918 and a Canadian Military medical uniform from 2018.

The uniform from 1918 is from a local woman who served as a nursing sister in WWI, in France, Belgium and England. Her name was Ina Lockhart and her home was in Petitcodiac. Her training took place at Harvard University.

Ina's experiences in WWI are very well documented in her numerous diaries, sketch books and letters. She had a brother, Frank, who was killed in WWI, as well as several very close friends, including Edith Cavell, who was also a nursing sister executed as a spy in 1915. Ina's return after the War was one of mixed emotions, happiness at returning home, but grief over the loss

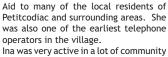


of her brother and so many young men who she had looked after in hospitals overseas.

After Ina's return she taught First

serving in the Canadian Military. Thank you for your service Sergeant Tabatha Morris, and thank you for allowing the Petitcodiac War Museum to use your uniform as part of the 20th anniversary display.

Include in the display is an "invalid" wheel chair from approximately 1918 and a current wheel chair.



Ina was very active in a lot of community organizations, her church and became a Life Member of Petitcodiac Legion Branch 41. Her memories, poetry and pictures presented in the Museum allow us a unique view of this time period.

The Museum is also very honored to



have as part of the display a uniform from 2018 from a member of the Canadian Military who served in Afghanistan and Iraq as a Medic, and who is still



con't on pg. 2

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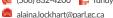
# Our Winter Hours Monday to Friday 10:00 am to 5:00 pm

Closed Saturday, Sunday and Holidays

# Lest We Forget

Remembering the courage and sacrifice of our Veterans.

#### Alaina Lockhart Member of Parliament for Fundy Royal





### **LOCAL NEWS & VIEWS**

#### MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
- The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
- It is also a venue for business to advertise their products and services each month.
  It is intended to assist all the local Service Clubs in their endeavor to
- It is intended to assist all the local Service Clubs in their endeavor to support their communities.
- Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.

The office is in the Maritime Motorsports Hall of Fame located at:

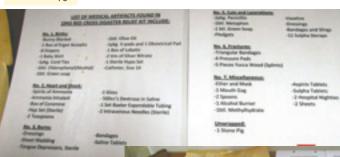
5 Hooper Lane, Petitcodiac, NB E4Z 0B4 Phone: 756-2110, Fax 756-2094

Email: maritimemotorsports@gmail.com

Editor ----- Winona McLean Layout/Ad Design ---- Angela Nicholson Sales ----- Angela Nicholson

#### con't from pg. 1

#### The Petitcodiac War Musuem



1943 Red Cross Disaster Relief Kit



# From the Editor

Am I the only one that can't believe that we are at November 2018 already?

Personally I am hoping we don't get snow until the middle of December, as there are so many things going on at this time of year; shopping, plays, parties, etc.

It is time change month, set your clocks one hour back on November 4th at 2:00AM. Looking forward to that extra hour of sleep.

The big thing for November is the Remembrance Day. Let us not forget what so many men and women sacrificed for our freedoms. Take time to honor those who have dedicated their lives for our freedom.

The Maritime Motorsports big event is November 17th, that is our 13th annual Induction Ceremony, in Truro, NS. There are still tickets available.

Did you know that November is "Huntington's" awareness month? The Huntington Society of Canada is an organization searching to find new treatments and ultimately a cure for the disease, also to improve the quality of life for the people who have it and their families. Huntington is a hereditary disease. Make Halloween a Happy one!

From your editor, Winona McLean







The large Union Jack Flag is from the community of Elgin and was hand sewn by the ladies of Elgin. It was used in the Victory parade at the end of WWI.... 1918 ... the War to end all Wars... and flown to welcome the men and boys of Elgin and surrounding areas back home. The story of this artifact is it is made of dyed sugar and flour sacks.



Gloria J. Scribner

While going thro' some memorabilia of my mother's I came across 3 ration cards from World War II. Living in London during the "Blitz" meant many inconveniences, including having had the windows of her home blown out when a house across the street took a direct hit. It meant rationed food of every kind, of which sugar, eggs and tea were real treasures and frugally used. Living in a flat below that of her elderly 'in-laws' parents; mother was pregnant and already had a 2 year old, and her husband was flying for the Royal Navy. Rationing was taken in stride and one can imagine the inconvenience of tea shortage to a London home. Imagine how we'd cope without our coffee.

My mother, when discussing rationing however, treasures the memory of the old English 'Grand-Dad' sneaking down the stairs one day with an egg custard for her and telling her, "you need this more than Gran and I do". Because she was expecting, he delivered it with loving trepidation and orders not to tell Gran he was giving away those precious

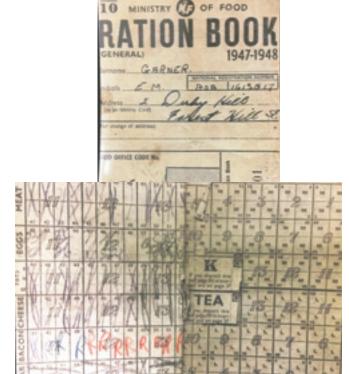
War-time with its fears, challenges and unknown "tomorrows that may never come" inspired its own brand of generosity as the English people resigned to "keep on keeping on" and did just that. A ritual that endured even through the traumas of body-lined streets, make-shift hospitals and ancient masonry tumbling all around was the tea-time, where 'Brits' happened to pause to contemplate, weep with one another, or inspire courage. The arm around the shoulders of another was accompanied by a cup of tea.

In today's illustrious gourmet world of coffee shops, imported teas and every competitive palate-teaser imaginable we seldom pause long enough to taste a simple, friendly cup of tea served in a china cup at 4:00 p.m. on any given day, just because it's 'tea-time'. My own grandmother taught me years ago that to make a proper cup of tea you used 1 spoonful of loose tea for each cup of boiled water and 1 spoonful for the pot. Steep it and then put the milk in the cup first. I prefer my cup of tea with a slice of home-made bread and molasses.

Speaking of tea, I remember my old grand-father making the tea after he became a widower. My husband and I were awakened each morning to the rich aroma of a metal tea pot of orange thick tea boiling like crazy over the fire on the wood stove. We grew to love that tea as much as the old 87 year old hands that prepared it.

The first words often spoken at the gatherings of friends or neighbours were, "How do you take your tea?" When I was a youngster we had tea parties on little chairs with our dolls. Men with moustaches drank their tea from their saucers if they had no moustache cup and the more genteel of both sexes drank with their 'pinky' up.

How times change the way we do things. We rush thro' Timmy's with our cardboard cups and plastic water bottles always at hand, but seldom take the time to value the essence of a cup of tea in a china cup. Perhaps if it were rationed, like anything in scarce supply, we would once again treasure the sharing of a good cuppa' tea.







STAGE 1 Breaks up and draws

in snow, ice and slush.

STAGE 2 Quickly pulls snow, ice and slush through the machine like a turbocharger.

STAGE 3

Throws snow up and away from the area.

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# PAGE 4. LOCAL NEWS & VIEWS NOVEMBER 2018 Petitcodiae Community Calendar 2018

Petitcodiac Community Calendar 2018													
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
N	War Museum Tours by Appointment. Please call 756.7461 or Cathy at 756-2068 for more info. Chairlift facility available.		Maritime Motorsports Hall of Fame Open Monday- Friday 10am-5pm		I -Jam Night @ Library -Legion Branch Meetings -FRC Play Group -A.K.A Dance Studio -Computer Course @ Legion	-Darts @ Legion -Chase the Ace @ Legion	-Money Matters Budgeting Workshop @ Library						
ovember	-Church Services -Fired Up @ Baptist Church - Hymn Sing @ St. Andrew's - Remembrance Day Service @ St. James	-Air Cadets -Pilates -Taking Time for Me - Seniors Meeting -Senior High Youth Group	6 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Geri-fitness -Discovery Kids -Middle School Youth Group	7 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Zumba	B -Book Club @ Library -Foot Clinic @ Legion -FRC Play Group -A.K.A Dance Studio -Computer Course @ Legion -Remembrance Day Service @ PRS	-Darts @ Legion -Chase the Ace @ Legion -Jam Session - Kiwanis Trivia @ Legion	-Jenna Lyn Albert Author Reading @ Library						
	11 Remembrance Day - Remembrance Day Services -Church Services -Fired Up @ Baptist Church	-Air Cadets -Pilates -Taking Time for Me - Merry Makers	13 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Women's Institute -Geri-fitness -Kiwanis -Discovery Kids -Middle School Youth Group	-Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Village Council -Zumba	-A.K.A Dance Studio -Petitcodiac Sportsman Club -FRC Play Group - TLC Club -J.O.Y. Club @ Baptist Church -Computer Course @ Legion	-Darts @ Legion -Chase the Ace @ Legion -Jam Session	-Pre-Christmas Craft and Vendor Fair @ St. Andrew's - Christmas Bazaar/ Craft Show @ Legion						
	-Church Services -Fired Up @ Baptist Church	-Air Cadets -Pilates -Taking Time for Me -Senior High Youth Group	20 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Geri-fitness -ATV Club -Discovery Kids -Middle School Youth Group	-Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior &Youth -Zumba	-A.K. A Dance Studio -Foot Clinic @ Legion -FRC Play Group -Computer Course @ Legion	-Darts @ Legion -Chase the Ace @ Legion	24 -LEGO Club @ Library - ACW Pre- Christmas Bazaar and Soup Lunch @ St. Andrew's -Goshen Snowmobile Club Annual Dinner						
	25 -Church Services -Fired Up @ Baptist Church -Table Talk @ Baptist Church	-Air Cadets -Pilates -Taking Time for Me - Merry Makers -Senior High Youth Group	27 -Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Kiwanis -Geri-fitness -Discovery Kids -Middle School Youth Group	28 -Library Storytime -Ten Thousand Villages Presentation @ Library -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior &Youth -Village Council -Zumba	-A.K.A Dance Studio -FRC Play Group -Codiac Classics -Computer Course @ Legion	-Darts @ Legion -Chase the Ace @ Legion							

A.K.A. Dance Studio - Kodiac Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052.

<u>Air Cadets</u> - 639 F.P.MacLaren Squadron Air Cadets meet Mon. at 6 pm @ Legion. For info, please contact - C/O Jason Forester - 850.9276 or Phillip Candy -433-6450.

#### **Church Services**

- -<u>Petitcodiac Baptist</u> Morning Worship @ 10:00 am. "SS JAM" (preschool - Grade 5) at 10:00 am. Nursery available.
- -<u>Petitcodiac Mennonite</u> Worship Service 11:00 am.
- -St. Andrew's Anglican Sunday Service/School at 9:00 am.
- -<u>St. James United</u> Service at 11 am.

#### **Codiac Classics**

- Meeting Last Thursday of the month, Legion @ 7 pm.

Computer Literacy Training Thursdays, 1 - 4 pm. Nov. 1 - Dec. 20

@ Legion. Free basic computer skills
training. 3 hours per week for 8 weeks.

Laptops supplied. Contact Danny at the library (756-3144) or Natalie Griffin (756-0289).

<u>Discovery Kids</u> - K-5. Tuesdays, 6:30 - 7:30 pm at Baptist.

<u>Drop-in Play Group</u> - Tuesdays at St. Andrew's church, 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Becky 512-0516 for info.

<u>Geri -Fitness</u> - Tues. mornings, 10 -11 am at Maritime Motorsports Hall of Fame. Call Natalie 756-0289 for more info.

<u>Jam Session</u> - 2nd & 3rd Fri. night at Motorsports Hall of Fame, 7-10 pm. Contact Elva Greer for info: 756-3926.

#### <u>Kiwanis</u>

- Tues., Nov. 13 & 27. New members welcome. Call Dan Pollock 756-1084 for more information.

<u>Legion</u> - 18 Kay St, Petitcodiac. 756-3383

- Thurs., Nov. 1 Meetings. Executive, 7 pm. General, 8 pm.
- Monday, Nov. 5 Seniors Meeting, 2 pm. Supper 4:30 pm.
- <u>Thursday, Nov. 8</u> Remembrance Day Service at PRS. Be at the school at 12:15 p.m. and please wear your uniform.
- -<u>Fri., Nov. 9</u> KIWANIS TRIVIA Doors open, 6:30 PM; game starts 7:30; Max. 6 players per team; Max. 20 teams; Fee per team - \$150; 1st place - \$1200; 2nd place - \$300; 3rd place-\$150 More info, call Rick Brown -331-0205
- -Sun., Nov. 11 REMEMBRANCE DAY SERVICES Baptist Church at 10 a.m.; Service at 10:15 a.m.; March to Cenotaph 11 a.m. for laying of wreaths and crosses; Roast Beef Dinner at Legion at 12:30 p.m.; \$10 for tickets available at the door or the bar. Museum will be open from 10:30 pm.
- <u>Mondays Merry Makers 2</u>—Nov. 12 & 26 10 am to 2 pm; cards, bingo, etc; light lunch at noon \$6
- Sat., Nov. 17 Christmas Bazaar/ Craft Show, 9 am - 3 pm.; \$20 for an 8' table; Please call and leave name and phone number to reserve table.

Canteen available that day.

- Wednesdays Dominoes. 7 pm.
   Fridays Darts for Meat, 7:30 pm.
  Blind Doubles. \$2 per.
- Fridays Chase the Ace Nov. 2, 9, 16, 23, and 30 Tickets sold from 6:30 to 8 pm. Draw at 8:15 p.m. 50/50 draw. Live music. Every month 10% to different charity: October is PRS Breakfast Program.
- <u>Sunday</u>, <u>Nov. 4</u> Remembrance Day Service at St James United. Be there by 10:45 a.m. and please be in uniform.
- Thurs., Nov. 8 & 22 DD's Foot Care Clinic. Call for Appointment, Donna Durepos at 389-1046 or Cell 733-8199.
- <u>Sat.</u>, <u>Nov. 24</u> Goshen Snowmobile Club Annual Giant Cash Draw and Dinner - Doors open 5 p.m.; Roast Beef dinner 6 p.m.; Draw starts 8 p.m. More info call Adam Alward at 756.8822
- <u>Legion Noon Meals</u>. Wednesdays. \$10.00.
- Nov. 7 Turkey Pot Pie
- Nov. 14 Pork Chops and sauerkraut
- Nov. 21 Meatloaf and baked potato
- Nov. 28 Cod Fish

- FACEBOOK: Royal Canadian Legion Branch # 41."like" it.
- Hall Rental: If you wish to rent the hall for a wedding reception, birthday or any other function, call the Legion
- Attention: If a Legion member knows of another member who is ill or in hospital, please call Jackie Miller at 756.8558.

#### Library (756-3144)

- -Hours:Open Tues, Wed,Fri,Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8.
- Storytime (Ages 0-5) Wednesdays from 10:30 - 11 am
- Afterschool Creators Tuesdays from 2:30 - 4 pm.
- Jam Night Thurs., Nov. 1 from 6:30 - 8 pm.
- Adult Book Club Thurs., Nov. 8 from 6:30-8 pm.
- LEGO Construction Club Sat., Nov. 24, 2:30 - 4:00 pm
- Money Matters Workshop Sat., Nov. 3, 2:30 pm. ABC Life Literacy is hosting a free financial literacy program at the library. The Money Matters workshop will cover budgeting and spending plans. Please contact the library to register.
- Author Reading Sat., Nov. 10, 2:30 pm. Fredericton poet Jenna Lyn Albert will be reading from her debut collection of poems, Bec & Call. Other special guest readers TBA. Please join us for this very special event. Author books for sale.
- -Ten Thousand Villages Special Presentation - Wed., Nov. 28, 2:30 -3:30 pm. The library is hosting special guest speaker Linda Bunnett of the nonprofit Fair Trade Organization Ten Thousand Villages. Linda will talk about the organization's beginnings and their human rights work. We invite the public to take part in this special presentation and discussion.

#### Petitcodiac Baptist Church

- Fired Up Ages 5-12. Sundays, 11:15 - 11:45 am.
- Table Talk. Women 18+. Last Sunday of month, 7:00 pm.
- J.O.Y. Club 60+. Just Older Youth. 3rd Thurs. of month. Noon - 1:30 pm. Games, etc. Lunch provided.
- Petitcodiac FRC Play Group Thursdays - Baptist Church 9:30-11:30 am. More info contact Melanie @ 384-7874

Petitcodiac Sportsman Club - Meets on 3rd Thurs, of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www. sportsmanclub.ca

#### Petty Trailblazers ATV Club

-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

#### St. Andrew's Anglican Church

- Nov. 4th - Hymn Sing with Nick Stam

- and friends 7:00pm
- Nov. 11th Remembrance Day service - 9:00am
- Nov. 17th Pre-Christmas Craft and Vendor Fair, 9-1pm
- Nov. 24th ACW Pre-Christmas Bazaar
- 11:30 am 2 pm.

#### St. John Ambulance

-SJA Junior/Youth group meets every Wed. at 6:30-8 pm in basement of the Petitcodiac Legion. Contact Diane at 372-5639 for more information

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

TLC Thursday Ladies Crafts - Ladies craft/colouring. 3rd Thurs. night of the month, 7-9pm, St. Andrews Anglican.

Village Council - Meetings open to public. If you wish to address council, make a formal written request to office 48 hours prior. This Month: Nov. 14 at noon, Nov. 28, 7:00 pm.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Blanche at 756-2011 for more info.

Youth Group - Senior High (Grades 9 -12) - Mondays, 7:00-8:30 pm @ Baptist Church. - Middle School (Grades 6 - 8) - Tuesdays, 7:45 - 9:00 pm @ Baptist

Zumba - Wednesdays until Nov. 28. Legion. 7 - 8 p.m.; Instructor - Jackie Rousselle; Open to 14+; \$8 drop in; Contact Jackie at 871.1006 or e-mail jackierousselle@hotmail.com register



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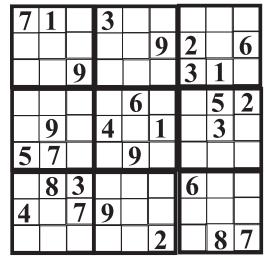
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Editorial & Advertising deadline: November 23, 2018

### Sudoku



The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Answers on page 16



#### IT TAKES A COMMUNITY!

Once again, our major fundraiser for the WI was a success because of the many who helped to make the annual TURKEY SUPPER happen. We appreciate those in our community who donated food, money and time. After a great crew on Friday night to help with preparing vegetables another group of volunteers appeared on Saturday to prepare, serve and clean up. To those who have been volunteering for many years and to those who volunteered for the first time a huge heartfelt THANK YOU. We also want to express our appreciation to those who attended many were seated in the dining room while a good number opted for take-out. Volunteers play a very, very important part in the life of any community but especially in the rural areas. This is true in Elgin and all our surrounding communities. Without volunteers many of the programs and services would not exist. Think of those who benefit from the services that are provided by organizations whose success is due to faithful volunteers. It goes without saying that those who volunteer usually feel that they are the ones who benefit the most because they have been able to make a difference. All volunteers have so much to offer with their new ideas and creativity. Consider the churches, fire departments and service clubs. Here is a fact that I read some time ago. "A small minority of Canadians do most of the volunteering - a full 73% of all volunteer hours come from only 7% of Canadians.

While activities at The Hall are winding down for the winter months, we will continue our monthly meetings at The Maple Tree Café at 7 pm on the third Thursday of each month. Our special guest at the October meeting demonstrated the art of spinning and weaving the natural fibres of sheep's wool. Our Branch will be laying a wreath at the cenotaph on Remembrance Day and we are already making plans for our Christmas party in December. Happy Autumn and Happy Volunteering.





Do you know what is going on in our schools?

Are you interested in the laws and policies being passed by the government?

Would you like to be involved in an organization that cares about your community? Get to know your neighbours? And enjoy social activities?

If so, why not join the local Women's Institute in your area.

The Women's Institute Groups in the Petitcodiac District are:

Petitcodiac Women's Institute President - Blanche Price 756-2011 Secretary - Wendy Middleton 756-8067 Corn Hill Women's Institute President - Patsy Henneberry - 750-1267 Secretary - Jane Van Waldow - 756-8038

Elgin Women's Institute
President - Hazelanna Carter - 756-2531
Secretary - Elsie Steeves - 756-8260
Havelock Women's Institute
President - Donna Keith - 534-2967
Secretary - Helen Clark - 534-2932

Annabele Gay Women's Institute
President - Noreen Cooper - 756-8327
Secretary - Donna MacLeod - 372-5543
Lower Ridge Women's Institute
Secretary - Dixie Melvin - 534-2455



The Elgin Eco Association pulled it off again. Not to boost about our accomplishments but having 164 mountain bikers show up to race in Atlantic Canada's premier race on Thanksgiving Weekend is an accomplishment. Many people in the village helped wherever they could on the day of the race. Many helped with the special award dinner. We talk about the dinner because the bikers enjoy this dinner tremendously. Scant compensation for their efforts on the long trails. Before all this can take place much work is done during the summer, trails are built, marked, cleaned checked and of course tried out. Tourist will come and pay to be able to bike on these beautiful trails. We like to thank everybody that participated to make this bike race success. Your volunteer hours have not gone unnoticed. A community that works so hard together benefits greatly. We can see it all around us. Thank you, volunteers it cannot be done without you. Eric Goggin also made a short drone video of the race available on You Tube.

We like to encourage people to walk the Mapleton Acadian Forest Trail. It is stunning. It might be less stunning by the time the News and Views lands in your mailbox. However, it is still worth hiking the trail any time of the year.

The EEA was presented with a \$2000 grant from the Fundy Ultra Circuit on October 13 during the Fundy Bike Fest for more trail building. Thank you guys! Fundy Circuit Ultra presented by Outdoor Elements



In November we will finish the maple Sugar Camp in the Nature preserve. We look forward working with our members and volunteers on a nice day. If you are interested in helping, especially if you like to work with hammer and nails please contact us.756 2518

Our next meeting will be on November 1 at 7pm in the Maple tree Cafe
If you like to become a member of the Elgin Eco Association you can find us on our
website www.eeanb.com

#### Dear Readers of the Albert Co, Riding

Dear readers of the News and Views. The election is over. The province is in turmoil. The green party did not win in Albert riding. I would like to thank everybody for participating in voting. Running in an election was an adventure few get to experience. A wild expensive ride could be another explanation. It was a great learning experience. Not everything is as it seems. If ever I get the chance again to be part of an election process, I would like to see a debate among the candidates. Never was there a chance for challenging the other candidates. This is an important part for deciding your vote.

I want to thank everybody that has supported me before and during the election. I will never forget the many kind and caring people I have met on the campaign trail. Your unwavering commitment to the place we live on.

Our earth. Without her we would not be here. We have to keep reminding ourselves that she is the only thing that can sustain us. I believe the green people understand this. Our vision is not about the next 4 years, but about the next generations. I hope you will continue your support for the Green Party and help us grow. We need you.

A special thank you to the Green team in Fredericton and in Albert Riding. You are a very special group of people who have been an amazing support throughout the campaign. I could not have done this without you. Thank You

Moranda van Geest

The Doctor Game W. Gifford-Jones M.D.

# Christmas Bazaar FREE ADMISSION

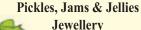
Donations of canned goods for SPOT appreciated

Saturday, December 1, 2018 Saturday 10:00a.m. to 4:00p.m

### Over 40 tables

Knitting **Christmas Cooking Handmade Sewing Items** 

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Woodworking **Cosmetics Unique Crafts And Much More** 

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The Petitcodiac Fire Department Santa will be at the Fire Hall following Parade. This year's event will be held on Friday, December 7th at 7 pm.

The Fire Department will be collecting non perishable food items for SPOT during the parade.

Santa as they will be collecting along Petitcodiac.rec@gmail.com. the parade route as well!!

The parade route will begin on Renfrew Street at the Baptist Church heading South on Old Post Road, West on Main Street, South on Spring, East on Railway, North on Old Post Road and ending back at the Baptist Church.

in conjunction with the Village of the parade to greet children and hand Petitcodiac is proud to present the out treats. Photos with Santa will be annual Santa Claus Festival of Light taken by Janna Lee Photography with all donations being made to the Lorna Hicks Youth Cultral Centre. There will also be hot chocolate to warm those cold hands.

If interest in placing a float or group in the Parade please contact Natalie Do not forget to write your letters to Griffin by calling 756-0289 or email



#### A Healthy Lifestyle Adds 12 to 14 years of Life

What results in good health and longevity? I've said for years that it's good genes, good lifestyle and good luck. But since we can't choose our parents, or know what fate holds in store for us, we must treat lifestyle with tender, loving care. Now, a report in the publication, Circulation, proves that a sound lifestyle adds 12 to 14 more years to life.

Two epidemiological studies of health professionals involved 120,000 men and women. This group was followed for 34 years. The study concluded that for people over 50 who had never smoked, exercised daily, had good dietary habits, a moderate use of alcohol, and maintained a healthy weight, ended up the winners.

The rewards are significant. For instance, a woman, aged 50, who follows these lifestyle rules can expect to live to 93 years. This compares to a woman who indulges in an unhealthy lifestyle and dies at 79. In men, the increase in longevity from a healthy lifestyle is from 76 to 88 years.

Who lives the longest also depends on where they're born. A study in the American Journal of Clinical Nutrition found that foreign born blacks, particularly those from the Caribbean and Africa, tend to eat a more healthy diet than those born in the U.S. They consumed more fruits, vegetables, omega -3 fatty acids and fiber.

In the general population, the U.S. spends more money on health care than any other country. So why are so many people in North America suffering from ill health? It is quite apparent from this report that the epidemic of obesity, type 2 diabetes and heart attack will continue to be the big killers. At the moment there is little evidence this battle is being won.

But a study that followed both staff and students at the University of Liverpool, England, shows it's not an impossible dream.

In its first experiment, female diners were randomly divided to receive either a small or large quiche for lunch. The next day, the same group were all allowed to serve themselves any portion they desired. Researchers discovered the ones who had been served the

1st Prize

smaller portion, tended to choose the smaller portion. A second experiment tested male diners and it produced the same result.

In the third experiment both sexes were included, but it was done one week later. This time diners were asked to look at various photos of portion size and asked which looked normal. Those who were previously given the smaller portions considered the smaller ones normal.

These studies showed that it is possible to shift people from what they think is a normal portion to what is actually the proper amount to eat. And that the perception of what is normal lasts at least to one week later.

For the last 40 years I've had the good fortune to be able to write many of my columns in the Finger Lakes area of upper New York State. I've enjoyed many of the local restaurants. But It's very apparent that food portions there are much larger than in Canada. This is not likely to change. But families in both countries can be persuaded to change their perception of normal portions.

It's not only how much is on the plate, but also what's on the plate. For instance, starting with breakfast there's generally too much sugar and not enough fiber. I've written facetiously that it would be safer for children to eat the cereal box than the contents that are half sugar.

So, consider adding a high fiber apple to your daily menu. After all, how many of those who enjoy an apple, ask for a second one? That's because fiber has a filling effect and decreases the hunger reflex.

Remember, a voyage of a thousand miles begins with the first step. The same philosophy applies to longevity. So, gradually incorporate one thing at a time into your lifestyle. Don't forget the importance of smaller portions, add more fruits and vegetables, buy a pedometer to check the number of steps taken each day, and to measure your progress, step on the scale every

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# Rural Rides a Member of WA Transpo



#### Access to Transportation Essential for Independence.

Do you own and drive a car or live with someone who does? Have you ever considered how your life would be different if you can no longer drive or you no longer had access to a vehicle? Ask yourself, "How do I get to doctor's appointments, the grocery store, the bank, other life needs or even to social events without a car?" Think about all the places you drive to in the run of a month and consider how great a burden it would be to have to find someone to drive you to all those places. Would you be able to continue to live where you do or would you need to move to an urban area with public transportation?

The reality is, many in our rural communities do not have access to transportation. There are many reasons this could be the case: maybe they simply cannot afford to own and operate a vehicle, maybe they are unable to drive because of physical or mental limitations, maybe they are widows whose husband always did he driving so they never got a license or maybe they have reached an age where it is no longer safe for them to be driving. Access to affordable transportation helps these residents live independently and stay in their homes and communities.

Rural Rides is part of the volunteer driving network, WA Transpo, that matches volunteer drivers with people who need transportation. Rural Rides recruits and screens volunteer drivers who use their own vehicles to pick up clients and take them to appointments or wherever they need to go and then returns them to their home when they are done. Drivers are reimbursed \$.35/km.

Volunteer driving programs springing up all over New Brunswick to help seniors and others without transportation, remain in their homes and be independent for longer because they can access life sustaining needs as well as preventative health needs. In addition to helping with practical needs, volunteer driving programs help with emotional needs by preventing isolation. Imagine is you could not leave your home for weeks on end because you simply had no way to get anywhere. For many of our clients, the chance to get out and have a friendly chat with their driver has a greater impact on their overall well-being then simply getting to their doctor does.

If you or someone you know is struggling to find transportation, they can register for free as a client by calling 215-2100 or visiting our website at ruralridesnb.

We also always welcome new volunteer drivers to help keep the program running. If you would like to volunteer, please call Kelly at 215-2100

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Rembember November 11th

### Comedy at Large

by Laurie Blanchard Salisbury, NB Designer of Artistic mailing envelopes 372-5353

Let's talk coffee! For many of us, it is a daily addiction. You just need that Java to exist. The varieties of coffees is almost mind boggling. You've got different varieties of expressos, your machos, lattes and cappuchinos which could almost pass for a slurpee. Well, listen up, there is apparently a coffee out there called kopi lawak. It has been reported that it sells for as much as 50 US dollars a kilogram! Ouch ! So, what's so special about this coffee, you ask? It actually has a lot to do with er.... ah....the way it's processed. It originates in Indonesia where there is a small tree dwelling marsupial called a paradoxusus that loves to feed on these coffee beans! Do you see the train coming yet? This marsupial eats the beans, which it later excretes fairly intact. Then, some poor blob has to poke through that animals doo-doo to gather the processed beans. With the price being so high and the way they were processed, me thinks I'll stick to my Nabob or Maxwell House. Keeping that in mind the next time you sip a coffee, you may ponder....ah, I wonder where these coffee beans have been? Could they also have traveled through a tunnel? No ifs ands or buts. Pun intended!

#### PEOPLE WHO LAUGH A LOT LIVE LONGER

#### Havelock RCL #86 4684 Rte. 880 Havelock, 534-8285

-2nd Monday of each month - Regular meeting at 8:00 pm

<u>-2nd Saturday of each month</u> - November 10th Breakfast consisting of eggs, bacon, ham or sausage, toast, home fries, juice, tea or coffee from 7:30 - 10 am only \$ 8 for adults and children under 10 \$5. We will be doing a draw for a free Breakfast for the following month!!

-Tuesday - House Crib 7:30 pm. everyone is welcome!

-Wednesday -Seniors Day 11:00 am - 2 pm, games & light lunch (\$5/person).

-House League Darts - 8 pm. For more information call Mary 534-2410.

-Thursday -Bingo @ 7 pm all welcome!!

-200 cards @ 7 pm starting on October4 only \$5 to play everyone is welcome for more information call Linda 534-2283.

<u>-Friday - Darts for meat</u> @ 8:00 pm (\$2 a round) everyone is welcome!

<u>-Sunday-November 4- Remembrance Service</u> @ New Canaan Baptist Church @ 11 am.

<u>-Sunday-November 11- Remembrance Service</u> @ Havelock Wesleyan Church @ 10 am. Parade to cenotaph at 11 am, following the laying of the wreaths all is welcome to the Memorial Hall for coffee, tea, hot chocolate and donuts. Supper at the Havelock Legion starts at 4 pm (roast beef dinner) \$10 all are welcome. The Legion will be opened all day!!

-November 17- Dinner & Dance featuring J & L Country starting at 5:30. We will be having spaghetti & meatballs or lasagna, garlic bread, ceasar salad, dessert and tea or coffee. All for only \$15. Dance only will be \$5. Take-out is also available. To order contact any member and they will gladly help you!!

November 30th - Go Ahead Seniors @ 11 am everybody welcome!

Just a reminder that Legion dues are due now!!

Our Legion hall is available for rent (anniversaries, birthdays, showers, reunions etc.)Call Heather Mclong 534-2237, Betty Maxwell 233-1372 or Eddie Vaughan 756-0707.

Like us on facebook at Havelock Legion Members And Friends, Branch #86

### PAGE 9.

### Let's Eat Out at the Timberland

Have you ever started a project and showcasing the colourful foliage. The The conversation covered aloneness, finances, housing decisions and family connections. After I hung up, I began thinking of thankfulness-my cousin and I have much to be thankful for. I tried making a list of 10 things to be thankful for...it came easy and didn't take long. On that list is "that I live in such a beautiful part of the world", especially at this time of year.

Charley and I headed out for a drive to to \$21.26 plus tax. appointments in Sussex) and we ended up at The Timberland Restaurant, owned by sisters Cathy MacIntyre and Patty Ackerman and their Mom. It has been in the family since 1975. This restaurant and motel is located at 12763 on Route 114, 7 minutes from Sussex (phone

433-2480). It had been on the main. I like it when businesses have a goal and highway and business did slow down when the four-lane was open in 1997. But it had been used by people involved in natural gas exploration; by the construction workers of the highway for the three years of construction; and the employees of Potash Corp. However, enjoying the Fundy & Atlantic Coast when all this changed, the family decided to fight back, so they converted the coffee shop into a buffet room and or simply treating yourself to a home business is booming again. This past summer a roadside sign was installed for the highway travellers showing Animal Land, and the Lumber Jack holding a hamburger. These landmarks are thanks to Winston Bronnum who also built the Giant Lobster in Shediac and the Jumbo the Elephant in St. Thomas, Ontario. We sat by the large window that was

then you are interrupted by a phone décor was dark but well lit, blue and call, or a request from a child, or a beige linens on the tables. We noticed letter in the mail, or an email that that Pump House Craft Beer is on the required immediate attention? That menu. After we ordered, Vivian, our just happened to me; an on-the- waitress, brought a basket of warm phone visit from a grieving cousin. homemade rolls. These went perfectly with the Special of the Day Beef Stewdelicious with chunks of potato, carrot, turnip, cabbage and tender beef in flavourful gravy. My compliments went to Debbie, the cook. The perfect meal for a cool autumn day! Charlie enjoyed the hot hamburg sandwich with homemade fries. We just couldn't have dessert after such a filling meal but when we go back we will. Our bill came

see the contrasts of the trees (and some For sure we will go again for the Weekend Buffet every Saturday 4:30-7:30 and Sunday 4:00-7:30. buffets include homemade Chinese/ Canadian delights. Vivian brought us a sample of the handmade chicken balls and they were very good. They also have a Sunday Brunch from 11 to 2.

> then stick to that goal. The Timberland is one of those businesses!

> "It's our goal to provide quality and value in the Hospitality Industry whether you have put in a hard day's work or are travelling in the area Experience, celebrating a special occasion





# Christmas is closer than you think.

Book your Christmas Parties now at the Maritime **Motorsports** Hall Of Fame 756-2110





#### CHERRY OATMEAL CRISP

Spread 1 can of Cherry Pie Filling into a greased 8 inch square baking dish. In a bowl combine 34 cup brown sugar ¾ cup flour 34 cup oatmeal ½ teaspoon ground cinnamon 1/4 teaspoon ground nutmeg 1/4 teaspoon salt Next cut in flour mixture ½ cup butter (I use my pastry cutter) until it resembles coarse crumbs. Sprinkle crumbs over the cherry filling Bake at 350 degrees F. until golden brown. Serve with whipped topping



or ice cream.

Are you or someone you know looking for a space to hold:

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  - · Family Reunions
    - Benefits
    - Etc...

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# From the Desk of Your ML Ross Wetmore, Gagetown - Petitcodiac

#### Post-Election Commentary

At every opportunity, I wish to express my heartfelt gratitude to the many people who supported me in the September 24th election.

My humble thanks to my family, campaign team and everyone who put signs on their lawns and supported our efforts in so many ways.

To everyone who made time to get out and vote in the election, thank you!

My fellow candidates deserve respect and gratitude also for their willingness to serve the people of Gagetown-Petitcodiac.

In the aftermath of every election, many remark "The people have spoken". Last month the people of New Brunswick spoke at the ballot box.

What is the message we should take from them?

•28 of our 49 provincial ridings cast most of their votes for a party other than the governing Liberal Party.

•22 ridings voted for our PC Party and 3 each for the Green Party and People's Alliance Party.

•The governing Liberals were rejected with a seat count of 21.

•No party won the 25 seats needed to be the majority.

The election results have placed us in a situation unseen in New Brunswick for almost one hundred years. We will not have a majority government, but rather a minority government with all the challenges and opportunities brought along with it.

Cooperation, negotiation and compromise will be necessities if we are to be successful. The kind of cooperation that looks to share, but not to chain. The kind of negotiation that results in a win only for the people of our province. The kind of compromise that doesn't alter our goal, only the pathway.

When we examine the platforms of our PC Party, the Green Party and People's Alliance, we find an encouraging number of issues that we agree upon. Health care, government accountability and transparency, financial management and poverty reduction are some important areas where we can work together to get better results for the people of New Brunswick.

It has always been our PC goal to bring forward thoughtful, intelligent legislation that should be supported by the majority of elected members of the house.

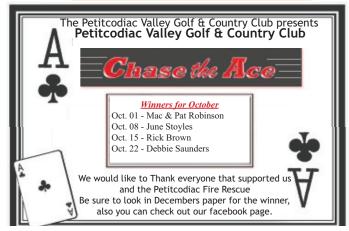
During and since his leadership campaign, PC Leader Blaine Higgs repeated that he wants to do politics differently. This election has given him the mandate to do just that; to lead a government unlike anything witnessed in a century in our New Brunswick legislature.

I am looking forward to working with my colleagues of all political stripes to reduce wait times in health care, improve results in education and to begin the daunting task of placing our province back onto solid financial footing.

As always, I welcome your input and appreciate your encouragement.









# Life's brighter under the sun



#### Carla Ayles\*, CHS™ BA

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### Senior's In Elgin

News Release

Seniors in Elgin have the opportunity to participate in projects benefiting many in their community

October 15th, 2018 Elgin, New Brunswick Employment and Social Development Canada

Seniors make significant and valuable contributions to their families, communities and society. The Government of Canada remains committed to empowering seniors across Canada so they can contribute to and share in the prosperity of the country.

The Elgin Eco Association has received financial support to conduct facility renovations to improve their seniors' programming, announced Alaina Lockhart, Member of Parliament for Fundy Royal, on behalf of the Honourable Filomena Tassi, Minister of Seniors.

The New Horizons for Seniors Program (NHSP) promotes positive aging by supporting seniors' volunteerism and encouraging seniors to play an active role in their communities. This innovative program enhances seniors' social well-being and enables them to maintain social ties and share their knowledge, skills and experience with others

The Elgin Eco Association received \$13,333 for their Elgin Eats program funded through the NHSP. The program will help many Canadians in the surround Elgin area. The Elgin Eats program gets seniors involved with the organization to mentor youth, help seniors prepare healthy meals, and socialize with their peers by creating a new meal cooking program and establish better eating habits. Seniors can attend weekly cooking classes lead by Samantha Christensen, the Program Facilitator and Coordinator for Elgin Eats.

#### Quotes

"The Government of Canada is helping seniors across the country stay engaged and active in their communities through the New Horizons for Seniors program. This program enables seniors to use their experience and energy to improve the quality of life for their neighbors, and for themselves. Our Government knows that when seniors are a meaningful part of society and play active roles in their communities, everyone benefits."

- The Honourable Filomena Tassi, Minister of Seniors

"Our seniors are such an important part of our communities and have so much to contribute. The Government of Canada is dedicated to supporting organizations who provide opportunities for Canadian seniors to get involved in community activities that meet their needs, reflect their interests, and tap their collective resources and experiences. I am so pleased that the Elgin Eco Association has received \$13K in funding under the New Horizons for Seniors Program. Thanks to this funding Elgin Eats is connecting and strengthening the community of Elgin by providing programming that started off catering to seniors, and grew into connecting senior residents with the broader community."

- Alaina Lockhart, Member of Parliament for Fundy Royal

"The mission of this project is to socialize the community members of Elgin in an intergenerational setting, all the while, increasing food skills and knowledge through sharing of traditions and recipes. The heritage enrichment and focus on from scratch cooking will be an asset to individuals both young and old."

 Samantha Christensen, Program Facilitator and Coordinator for Elgin Eats

#### Jordan Memorial Sanatorium - Days Gone By



Jordan Memorial Sanatorium, 747 Sanitorium Road "The Glades" NB c1930 Jordan Memorial Sanatorium built by James C. Jordan about 1900 and donated to New Brunswick by his widow in 1912.

In 1913, New Brunswick established its first Tuberculosis sanatorium in River Glade. Donated to the province in 1912 by Jeanette Jordan, the widow of James Jordan, the sanatorium had a staff of 80, including four doctors and 19 nurses, to care for up to 172 patients. Following the First World War, control of the facility was transferred to the Department of Soldiers' Civil Re-establishment for five years to take care of military personnel with TB. Management reverted to the province in 1923.

By 1938, the Canadian Public Health Journal reported there were 1,600 to 3,200 active TB cases in the province. In 1936 alone, 329 New Brunswickers died from the disease.

The sanatorium was a large facility, and each ward had four beds. The men stayed on one floor and the women on another. There were other buildings nearby where the doctors and nurses lived.

1948 marked the introduction of antimicrobials in treating tuberculosis in Canada. To the Canadian suffering form TB and to TB caregivers across the country, antimicrobials were a welcome sign of help, and a dream come true; but to the TB sanatorium, the end was in sight. Antimicrobial treatment—which shortened the duration of inpatient treatment—and a slow decline in the incidence of tuberculosis, led to a sudden surplus of beds in sanatoria audden surplus of beds in sanatoria 1953, the number of beds had been halved, from 18,977 to 9,722.

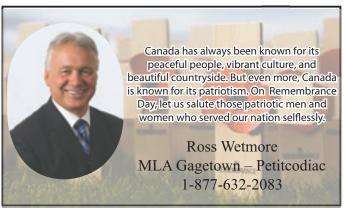
In 1965, according to the provincial archives, Jordan Memorial began caring for geriatric patients and the remaining TB patients were transferred to the Saint John Tuberculosis Hospital. The facility became the Jordan Lifecare Centre, a licensed 50-bed nursing home, in 2001. The old building was torn down shortly before the centre opened and a new facility was built on the site of the old sanatorium. The only part of the former sanatorium remaining today is a building that used to house the laundry.

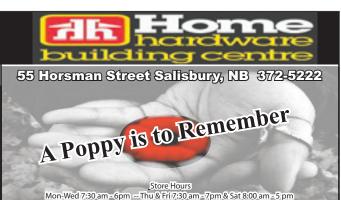
#### Winner of the Petitcodiac Royal Canadian Legion Diamond Ring Dinner



Debbie Smith (ring from Jagoes' Fine Jewelery), 2nd place - Joan Adair and 3rd place - Libby Stackhouse











The Royal Canadian Legion Branch #41 Petitcodiac

### Remembrance Day Services

Held at the Petitcodiac United Baptist Church on November 11th, 2018. Please be there by 10:00 a.m. After the service there will be a march to the cenotaph for the wreath and cross laying ceremony.

- Roast Beef Dinner at the Petitcodiac Legion at 12:30 p.m. \$10 per person.
- War Museum Open 10:30am 1pm

WREATHS & CROSSES AVAILABLE AT THE PETITCODIAC LEGION
18 KAY STREET CALL: 756-3383

## Husky - A Lasting Memorial

There is a long-standing saying -"Begin at the beginning, and go on until you come to the end - and then stop!"

So it happened that a relatively new member to the Royal Canadian Legion Branch #41, Petitcodiac proposed to membership the concept of obtaining some type of display to Honor Veterans; those serving and those who have served. The year was 2011 and Murray Henry would chair the Committee.

Shortly after August 2011, the then Minister of National Defense, Peter MacKay, sent a letter-advising units, specifically a "Husky" would be available, also providing whom to contact.

work was by Kevin Murray.

Little did we think (perhaps never) that our request at this time, 2011, would not see reality on our site until October 2017! Committee workers constantly were keeping up with government requirements - registry with Controlled Goods and Services; assigning and Police security clearance a designated officer; change in information and personnel and even a change in Federal Government; a personal visit from Ottawa Public Works Department. At the same time we concerned ourselves with financial matters and matters for dedicating our Monument.

We completed an 8-page application



A meeting of committee; September 12, 2011, attended by Dennis MacNeil (now deceased) replaced by Ralph Baker, committee member Margaret Mechefske, the MLA Wally Stiles, and Harry Wheaton of Town Works, decided to "Proceed with the pad for Husky now" since our info said delivery was "Imminent".

Contact with Military Base Sussex (who had 2 displays on their site) provided us with blue prints for the cement pad. We also acknowledge donation of space in the Park by the Village of Petitcodiac; steel reinforcing by John Bos of Salisbury Home Hardware; cement by Quality Concrete, Moncton; supervision by Town Maintenance; the construction

with Dept. of Veteran Affairs, in April of 2013, with regard to financial assistance for site and dedication costs for when the Husky arrives. Due to non-arrival by fiscal year end the application approval of \$915.00 expired.

In 2013 we also wrote to the Provincial Government, through MLA Sherry Wilson where she obtained a donation of \$1000.00 and presented it to Branch #41 for use in erection and dedication of our Husky.

Originally Husky, when ready, was to be shipped only to Base Gagetown. Moving it to our site was quoted at \$450.00 plus cost of setting it on our pad, on the steel jacks. Lapse of time and with change of personnel and our persistence



contributed to Government agreeing to deliver it right to our site at no cost to us! However cost did occur for setting it on the iacks.

Government appeared to encounter many problems with demilitarization of units for conversion to monuments. Our paper work indicates arrival immanent in 2012; Fall of 2013 (shipment spring 2014); then summer 2014; then paper work fails. May 2016 MP Alaina Lockhart advises she hears March 31, 2017 is demilitarization closing date.

She has the honor for "Best News Yet". Paperwork would still have to go to and be returned by USA State Department. Delivery to our site was October 2017. A plaque for placing on or in area of the Husky was prepared by Comrade Murray Henry and paid for by Branch #41, but seems it was to be replaced by a 2nd plaque, which has yet to be seen on site.

Letter copies are in our files over the six years, keeping the Legion officers, executive and members up to date with known information and requesting the renewing in meeting minutes their continued support of project "Husky". No confirmation was received from the

Legion of receiving this information. In light of so much time passage our Controlled Goods Certificate and our Designated Official Clearance through RCMP became date expired and had to be renewed. The Committee Chair Murray attended too and paid for each time.

After the arrival of the Husky, we were unable to obtain a firm date for the dedication service, due too the age and health of the original committee members they had to resigned, the assignment was given over to the Branch to arrange the Dedication Ceremony as set in our Dominion Command Handbook. Concluding this article we -"The Husky Committee" collectively agrees - Time passes, We change, Things change, but for us one intent never changed - To stay the course through good and bad and see the Husky on our site.

Comrade Murray Henry says, "It was a tedious but extremely rewarding experience. I know no greater "Euphoria" than on the day of the Husky arrival on our site; right beside me" - "I could actually touch it!"

The publicity and promotional value of this War Memorial will out last all of us, so all should be informed of the history and significance, especially the previous use by the Canadian Armed Forces in Afghan War.

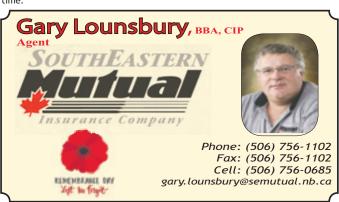
We express sincere apologies and regrets to any who assisted us or donated to us in this important exercise that were not notified of the Dedication Service on September 2, 2018. We will attempt to address these persons individually.

Committee: Murray, Margaret, Ralph









The Royal Canadian Legion Branch #31 Salisbury

Remembrance Day Services

Sunday, November 11th at 10am at the Salisbury Legion Immediately following is the Cenotaph
Service Laying of the Wreaths

Banquet - 5:30pm Contact Theresa - 372-5207 or Susan - 852-3817

To Purchase Wreaths and Crosses call June Wilson 372-5885

# Salisbury Happenings



### **Active Salisbury!!**



Check out the many opportunities to live a healthy active lifestyle in the Village of Salisbury! (All sessions are subject to change without notice due to gym cancellations and storms-always check the Parks & Leisure facebook page for updates.)

#### Fitness Classes

Mondays & Fridays at SBC gym from 10-11 am. Workouts include a variety of bootcamp, circuit, strength, flexibility, and cardio sessions. \$4 drop in fee. Mondays & Wednesdays at SES gym from 6:15-7 pm with Malcolm Stewart for a HIIT workout program. \$3 drop in fee. Bring a yoga mat.

Tuesdays & Thursdays at Salisbury Fitness Center from 6-7 am starting November 1. This is a <u>NEW SESSION</u> of SPL Early Risers Fitness Class and it is a3-month class. Sign up at Salisbury Chiropractic and Rehab at 2729 Fredericton Rd by October 31. Members of this class will receive a 15% discount. Benefits of this class will be that everyone will receive a generalized workout program, we will all meet and workout in pairs providing encouragement and motivation AND you can use your 3-month membership whenever you want providing further opportunities to stay active and fit! Looking forward to seeing a great crowd out for this.

Fridays at SES from 6:15-7:15pm with Ashley Bos-Pound Fitness. \$7 drop in fee or \$50 for 10 consecutive sessions. Bring a yoga mat. Active Seniors-Tuesdays & Thursdays at the Lion's Complex building on Horsman St from 2-2:30. A variety of light physical activity for Older Adults. Call Holly at 372-3280 for more info on signing up to this program.



<u>Pickleball</u>-\$2 drop in fee. Join our facebook page for up to date info on sessions.

Mondays at JMA gym from 6-7:45 Tuesdays at SBC from 3-4:30 Wednesdays at SBC from 11-12:30

#### Salisbury Naturalist Club

Marsh Monitoring Program-Bill Winsor, a member of the Salisbury Naturalist Club will present on Tuesday November 13 at 7 pm at the Parks & Leisure Office. Bill has been leading the naturalist club for the past 3 years in the Bird Studies Canada Marsh Monitoring Program at Salisbury's two wetlands including the Highland Park Wetland and the Government Rd Wetland. Everyone is welcome to attend.



**CANADIAN MENTAL HEALTH ASSOCIATION** partners with the Village of Salisbury to offer important sessions for our residents to attend!



#### **Local Expert Series Workshops**

Workshop #3-"Health & Nutrition" - What is the link between the two?

Thursday Nov 15 @ 7 pm Parks & Leisure Office 62 Douglas St Class limit of 15 with a \$5 fee

Facilitator-Claudette Steeves is a certified health minister certified by Hallelujah Diet. She studied under David Wolfe and is now studying to be a certified Health Coach under Jordan Rubin. Claudette has a passion for learning and sharing her knowledge. She is also a certified Praise Moves Instructor. Claudette doesn't diagnose or treat disease but believes that we have a self-healing body. She states, "We are all on a journey. Let's learn more about how we can get healthier and feel better." Hippocrates was considered the father of medicine and he stated this: "Let food by thy medicine, and medicine be thy food."

Claudette will be showing us how to make lemon ginger tea and make a healthy snack of dried fruit and nuts for us to enjoy.

Please call 372-3280 or email <a href="mailto:parks.leisure@salisburynb.ca">parks.leisure@salisburynb.ca</a> to sign up by Nov 13.

#### Workshop #4-Beeswax Food Wrap Make & Take

Wednesday Nov 21 @ 6-7

Parks & Leisure Office 62 Douglas St

Class limit of 10 with a \$7 fee (children 8+ are also welcome to sign up)

#### Facilitator-Samantha Christensen

Description-In this "make & take" class, Samantha will go over the steps to creating your own beeswax food wraps at home. These low maintenance wraps are made of melted local beeswax and 100% cotton fabric. They are a great zero waste and plastic free alternative to plastic wrap. Not to overlook, they are also reusable, will save you money and can double as a gift wrap for the upcoming holiday season. In this workshop you'll be able to make your own wrap and bring it home. Please call 372-3280 or email <a href="mailto:parks.leisure@salisburynb.ca">parks.leisure@salisburynb.ca</a> to sign up by Nov 19.

Kids Christmas Craft Party-Gingerbread House Decorating

Monday Dec 10 at Salisbury Lions Club @ 6 pm. \$6 per child. Kids will do 4-5 craft projects plus a gingerbread house to take home. Please call 372-3280 or email parks.leisure@salisburynb.ca to sign up by Dec 7. Limit of 30 kids.







Village of Petitcodiac, New Brunswick

Communities in Bloom - 2018 National & International Edition 3 Blooms
Waterfowl Trail

STRATHCONA COUNTY, Alberta, September 29th, 2018 —

The Village of Petitcodiac received a 3 Blooms rating and a special mention for Waterfowl Trail during the 2018 National/International Symposium and Awards Ceremonies in Strathcona County, Alberta. The Village of Petitcodiac participated in the Up to 1,500 (non-competitive) population category.

Over the summer, trained volunteer judges travelled to participating communities to evaluate the overall contributions of municipal council and departments; industry; businesses and the private sector - including volunteer efforts - in regards to the following criteria: Tidiness, Environmental Action, Heritage Conservation, Urban Forestry, Landscape and Floral Displays.

Following their evaluation, volunteer judges Lucy Chang and Anne-Marie Parent wrote:

"After three years of public and private consultations, Petitcodiac succeeded in establishing a nature trail named The Waterfowl Trail. A third of the trail is private property that has been granted public accessibility by the supportive landowner. The trail route is designed to showcase the abundance of wildlife along that stretch of green space.

A quick jog will take only thirty minutes but those who favour a longer slow stroll will likely encounter small mammals (e.g. weasels, voles) and large mammals (e.g. deer, red fox) and songbirds on the tree tops and hedgerows (composed mainly of native species) as well as kingfishers and swallows (maybe also beavers and muskrats) darting in and out of the rich riparian vegetation, and ducks, geese and herons wading around the water lilies floating on the water.

It is no wonder that not only the community, but visiting wildlife enthusiasts and amateur and wildlife photographers gravitate towards the natural green space that is home for so much wildlife."

Within the actual context of climate changes and environmental concerns, communities involved in the program can be proud of their efforts, which provide real and meaningful environmental solutions and benefit all of society.

For a complete list of the results and the electronic copy of the Communities in Bloom magazine, please visit www.communitiesinbloom.ca

con't on pg. 21



# Maritime Motorsports Hall of Fame Inductee Corner



Inducted October 17, 2015 Home Province PEI

Barrie began his drag race in Roseneath, PEI.

He spent many hours driving and repairing drag and stock cars. He became one of North America's best known drag racers. In 1965, in Ontario, he started his ride to fame, by preparing and driving the Ford dealership's first drag car, a 1966 Cornet Cyclone D/SA Class run-off at the Indy Nationals. In 1970 he was the first Canadian to win an N.H.R.A. MAJOR "National Event", the Pomona Winter nationals, for this he was honored by Ford of Canada as "Racer of the Year". Barrie had another honor bestowed on him as Chatham, Ontario's "Man of the Year".

Another of Barrie's talents' is his ability to build the finest performance engines on the continent.

Carrying the "Poole Prepared" sticker on a vehicle is almost a license to win.

1984 he was inducted into the Prince Edward Island Sports Hall Of Fame





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For more information call Gerry Jones - 372-4715. I also have supplies available for existing customers

Sudoku (page5) Answers

Sudoku (pages) Allswers												
7	1	6		2	5	8	4	9				
3	4	5	1	8	9	2	7	6				
8	2		7	4	6	3	1	5				
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2	8	3	5	7	4	6	9	1				
4	6	7	9	1	8	5	2	3				
9	5	1	6	3	2	4	8	7				

# To Know You Is To Remember Always Gloria J. Scribner

I will remember you in the stillness of my darkest night when the moon hides far beyond the most ominous clouds.

I will remember you when morning comes and sunbeams dart and dance as tho' they're looking for some holy glimpse of an old friend.

I will remember you when clouds burst open and the cool, sharp rain refreshes field and hedgerow, and I will lift my face t'ward heaven and feel your kiss upon my cheek all warm and silver.

I will remember you when summer's scorching heat beats down upon me and my cheeks are flushed like crimson apples as I scurry underneath a shady aspen tree. I will remember you when songbirds break the silence of another dawn and music ushers in a brand new day; of ups and downs, of heres and theres, of good and bad, of comings and goings, of you and I.

I will remember you from the vantage point of bended knees, on tiptoe-hand to heaven rejoicing, self-hugging heartache, or outstretched arms of welcome. I will remember you at tables spread with bounty or with barrenness, with heart

of overflowing or with emptiness, in my successes and my failures still I'll not forget.

I will remember you in eyes of little children; smiling, happy, innocent, in mother's tears and 'neath the furrowed brows of old men who have loved you long, and in hopeful eyes of poverty or contented contemplation.

I will remember you in the fragrance of illusive spring Mayflowers, the taste of ripe red strawberries in summer, in the silky softness of kittens and the protective prowess of our four-footed quardian.

I will remember you in footsteps in the sand, in fresh spring puddles and the spongey woodland moss that wraps itself around my feet.

I will remember you when I get up, when I lie down, when I laugh and when I cry
- OH Lord! Remember Me?! Amen

# Business Directory

#### Support your Local Communities - Shop Local

Call 756-2110 to book your space in our new Business Directory

0 - 30 words - \$17.50 + HST

Next Issue -December 1, 2018 / Deadline November 23, 2018

#### Petitcodiac

#### **Auto Supplies**

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188 Old Post Road Petitcodiac, NB E4Z 4P1 Phone - 756-3347

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#### Clear Choice Auto Body Complete Auto Body Repair Complete Collision Repair

Autobody

(506) 756-3972 (506) 756-4675 Petitcodiac, N.B.



Human Resources Coordinator Client Service Coordinator 506.857.9992 x20304 /1.866.227.3890 cnoseworthy@bayshore.ca

#### **Bob's Paint Shop** 1811 Route 885, Havelock, NB

(506)756-0135 \*Corrosion / Collision Repair \*Insurance Claims Welcome

\*Autobody Paint & Repair Erin Goddard - Proprietor

#### Chimney Sweep



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lymburnerelectrical@gmail.com

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#### 甲岛顶 Excavating

356 Springhill Rd - Havelock, NB E4Z 5T3 Septic Systems - Excavating - Dozing Sandstone - Gravel - Trucking - Topsoil Snow Removal

**Dana** - 871-3024 Tyler - 756-0108

### **Grocery Store**

#### FOODLAND

33 Main St., Petitcodiac, NB Phone - 756-3321 Hours

Mon - Fri : 8am - 8pm Sat.-8am - 6pm / Sun.-11am - 6pm

#### **Home Care Solutions**

Christine Noseworthy

#### Insurance

### Gary Lounsbury, BBA, CIP Murual

Phone: 756-1102/Cell: 756-0685 gary.lounsbury@semutual.nb.ca www.semutual.nb.ca

#### **Machine Shop**

MBR Mechanical Contractors Inc. 121 Fawcett Hill Rd., Petitcodiac, NB Email: ejardine@mbr-group.ca \*Machine Shop Service \* Industrial & Farm Equipment Repair

\*Millwrighting \*On Site Service

Evan Jardine: 756-2930 / Cell: 858-3990

#### Real Estate



Chris Constantine 506-866-3291

chris@homeguide.ca www.HomesGuide.ca

#### **Special Care Home**

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Homelike Atmosphere & 24 Hour Care

Call us and we'll help you. (506)756-8273

#### **Snow Blowing & Plowing**



#### Salisbury

#### **Auto Supplies**

#### Universal Accessories Ltd. 3092 Main St., Salisbury, NB

Phone 372-5398 Hours

Mon. - Fri.: 8am - 5:30pm Saturday: 8am - 12pm

#### **Building Supplies**

#### Home hardware building centre

55 Horsman St, Salisbury, NB Phone: 372-5222 Hours:

Mon. - Wed: 7:30am - 6pm Thurs. - Fri: 7:30 - 7pm / Sat.: 8am - 5pm

#### Consignment Store



3154 Main Street Salisbury, NB

Phone: 506-215-0238 Entrance behind Salisbury Pharmacy Family Clothing

# <u>Hours</u> Mon. - Thurs. - 10am - 5pm Fri.- 10am - 7pm / Sat. - 10am - 4pm **Drug Store**



#### **Funeral Homes**



David Keirstead - Funeral Director www.keirsteads.ca

### **Grocery Store**



3070 Main St., Salisbury, NB E4J 2L6 Phone: 372-9231 Hours:

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#### Sussex

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Please drop off information at 5 Hooper Lane, Petitcodiac (the Maritime Motorsports Hall Of Fame building) during our business hours: Monday to Friday 10 a.m. to 5 p.m. For more information please call 756-2110

#### **UP COMING EVENTS**

#### **UP COMING EVENTS**

Five Points Baptist Church 5597 Route 895 Colpitts Setlement, NB E4J 3A2

### Gospel Jam Session

Join us on the 3rd Sunday each month at 6:30pm for an evening of uplifiting Gospel Music from Local Singers and Musicians

Contact Ross 534-2461 for more information

Annual General Meeting of the Greenhill & Loyalist Cemetery meeting will be held November 13, 2018 at 7pm in the Havelock Lions Hall. Everyone Welcome!

GAMES DAY Meet on Wed. at 1:00pm At the Maritime Motorsports Hall Of Fame 5 Hooper Lane A NEW NAME "Vintage Jubilee Group" With a new venue



#### **OPEN HOUSE**



Siene Bos's Family invite friends to an OPEN HOUSE to celebrate the occasion of her 85th birthday. Sunday, December 2nd from 2pm - 3:30pm at the Common Room, 79 Horsman St, Salisbury. Cards and Best Wishes only Please Refreshments will be served



Jordan LifeCare Foundation Staff & Volunteer Appreciation -Craft and Bake Sale

November 3, 2018 from 9 AM to 3 PM at the Jordan LifeCare Centre's Ruby Hall

Baking and Crafts by the Staff & Volunteers of the Jordan Tickets available for a draw on a beautiful fall coloured Afghan Coffee - Tea - Cookies for a donation to the "Jordan Foundation Jar" See you there

# Christmas Craft Sale

#### Salisbury United Church Christmas Bazaar

76 Smith Street, Salisbury, NB Wednesday, November 7, 2018 at 7:00 pm Crafts - Homemade Candy White Elephant Table Baking - Fancy Work - UCW Book Room

> Angel Tea Room - \$7, open from 6:30 pm to 8:00 pm

Everyone Welcome!!

#### St. Andrews Anglican Church Craft and Vendor Sale

Where: 62 Church St., Petitcodiac, NB When: Saturday, November 17, 2018 Time: 9am to 1pm

#### **Vendors Attending**

TASK Crafts, Voxx, Avon, Jazz's Angles Epicure, Homemade Country Soups, Mothers Touch Crocheting, Scentsy, Home cooking and more.

#### Christmas Bazaar

Salisbury Legion November 17, 2018 For tables call June at 372-5885 or Theresa at 372-5207

Post your classified with us! \$5.00 for under 20 words or \$10.00 for over 20 words. Picture & under 20 words \$15.00 Picture & over 20 words \$20.00Obituaries \$35.00

#### **UP COMING EVENTS**

# Christmas Craft Sale

#### Havelock Home & School Craft & Vendor Sale

Where: Havelock School, Havelock, NB When: Sunday, Nov. 18, 2018 Time: 10am to 2pm

#### Vendors Attending

TASK Crafts, Voxx, Avon, Jazz's Angles, Epicure, Homemade Country Soups, Envy Earrings, Sweetlegs Petitcodiac with Kim, Scentsy, Home cooking and more. Over 30 tables of great items.

The St. James United Church Women of Petitcodiac will be holding their Annual Christmas Sale or Saturday, November 17th from 10:00 AM to 12:30 PM in the church basement. There will be home baking, crafts, fudge and a "New To You" table. Tea, coffee and muffins will be available. (22 Price Street)

St. Andrew's Anglican Church Women vill hold their Annual Christmas Bake & Craft Sale on November 24th, 2018. It will be from 11:30am - 1pm Soup Luncheon, rolls, cookies will also be served \$6.00.

Maritime Motorsports Hall of Fame Christmas Bazaar December 1, 2018 10am - 4pm

Crafts, Jewelry, knitting, Home baking, quilts, Pottery, Soaps, Clothing, Linens and much more



#### **FOR SALE**

#### For Sale

Twelve one year old brown egg laying hens. Asking \$5.00 each. Call 756-2484 (Corn Hill)

#### For Sale

52 Acres, Nixon Rd., 19 Km from causeway. Provincial snowmobile trail access. Priced to sell. Call Steve at 534-2369

Seasoned Hardwood, \$240/cord, cut, split, Delivered. Dry slabs 8' delivered. Cedar, Hemlock. Phone 756-2424

#### **FOR RENT**

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#### **ADULT EDUCATION**

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> South East Regional Adult Learning Board 857-9912

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Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

Weekly 50/50 Draw Tri-County Boys and Girls Club Gold Rush, Only a Toonie! Remember your number and play it weekly. Help support the Boys and Girls Clubs of Petitcodiac and Salisbury For more info check us out on facebook @ Tri-County Gold Rush

## **PAGE 19.**

#### THANK YOU

I want to thank everyone who came to my 100th Birthday Party on Sept. 10th at the Kiwanis Murray Nursing Home, Sussex. Thank you for all the gifts, cards, phone calls and visits.

It was so nice to see Everyone and we will do this again next year. Ella Harper

A Big Thank You to our family for organizing a party in honor of our 50th Anniversary. Thanks to all who came to celebrate with us and thank you for the cards, gifts and good wishes.

God Bless you all. Harold and Linda Constantine

Thank You to all who supported the Fundraising event that was held on Sept. 29th at the Salisbury Baptist Church for the upkeep of the Lewis Mountain Cemetery

The Monteagle Cemetery Committee would like to thank all those who came out and supported our recent Music Night Fundraiser.

Thank you for all the donations made. thank you to the Salisbury Baptist Church for all their "hardworking" volunteering staff and a special thanks to the groups - Judy and the Boys, Linda, Dale and Ryan Carr and Tom Burgess, Jeremy Lounsbury, For the Cross and Slane Hill.... We couldn't have done it without them !!!

The Family of the late Roland Joseph Garland would like to thank all who sent cards, visits and made phone calls. To my doctors and staff on the 3rd and 5th floor of the Moncton Hospital. The Pallbearers, Pastors and Staff of Fair Haven Funeral Home. rom the Garland Family

Post your classified with us! \$5.00 for under 20 words or \$10.00 for over 20 words. Picture & under 20 words \$15.00 Picture & over 20 words \$20.00Obituaries \$35.00

# SCOTTY'S Laundromat

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Coin-operated Open 24 hours a day. 7 days a week! **Proprietors** 

Ray & Jeanie Jorgenson

#### **OBITUARIES**

John "Claude" Bannister



"Claude' .John Bannister, 82 of River Glade passed away unexpectedly at his home on Friday. October 19, 2018.

Born November 1936, Claude 3,

was the son of the late Elvin and Neta (Smith) Bannister.

Claude, like his father before him, always had a solution for friends and neighbours for any of their mechanical issues andhe always had time for a sit down story and a cup of coffee. His happy times were in his garage repairing things, in the woods hunting, cutting firewood or just enjoying nature in its entirety.

His career began as a cabinet maker at Lockharts, then a self employed contractor, and Carter's Utilities followed by twenty years with the correctional department.

Claude is survived by his beloved wife Elsie (Symes); his son Darren Elvin (Phyllis); grandchildren Morgan, Zachary, Shiajan and Joshua; great grandchildren Ronin, Harlyn, Keegan, Maverick, Kayden, Makyah and Maddy; sister Maude Fawcett Colpitts and several nieces and nephews. Besides his parents he is predeceased by his sister Myrtle Lounsbury.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Monday, October 22 from 2 to 4 and 7 to 9 pm and from where the funeral will be held Tuesday, October 23 at 1 pm in the chapel with Pastor Randy Matheson officiating.

If desired donations to a charity of choice would be appreciated by the family.

www.keirsteads.ca

#### **Ethel Bannister**



Ethel Bannister, 100, of Petitcodiac, passed awav peacefully at The Kenneth E. Memorial Spencer Home on Saturday, September 22, 2018. Born Midgic, Westmorland

County, she was the daughter of the late Alberta Hicks and widow of Harold Bannister.

She was a member of the Glades Baptist Church, and a member of the Women's Missionary Society through the church. She loved knitting, crocheting cooking.

Ethelissurvivedbyherdaughter; Bernice Gray; sons, Eldon, George (Arlene) and Arthur (Marjorie) Bannister; several grandchildren, great-grandchildren

#### **OBITUARIES**

and great-great-grandchildren; sisters, Edie Corey, VernishaYabsley (George), Eva Fahie (Bernard); brothers, Charlie, Herbert (Joke Lissenberg) and Rev. John Holt (Diane); daughters-in-law, Judy, Sheila and Billie Bannister; many nieces and nephews.

Besides her mother and husband. Ethel was predeceased by her daughter, Rachel; sons, James, Joe, Clarence, and Johnny; granddaughter, Kathleen; sister, Eudora Hicks; brothers, Robert, Frank, James and Richard Holt; son-inlaw, Robert Gray.

There will be a family Graveside Service at Maplewood Cemetery on Thursday, September 27, 2018 at 2 pm with Rev. John Holt officiating. Arrangements are in the care of Salisbury Funeral Home, 3350 Route 106 (372-4800).

If desired, memorials to a charity of the donor's choice would be appreciated by the family.

www.keirsteads.ca

#### George Owen Bannister



Owen George Bannister, 66, of WheatonSettlement passed away Wednesday, October 10, 2018 at the Moncton Hospital. Born in Woodstock.

he was the son

of the late Harold and Zelma "Ethel" Bannister.

George loved to have fun, hunting, fishing, playing music (especially his gut bucket), enjoyed a cold beer, his camp. four wheeling and driving his Kubota tractor.

He is survived and sadly missed by his wife Arleen Woodworth; children Joseph (Amanda) and Nancy; stepchildren Lindsay (Kenny) and Johnathan (Christa); grandchildren Royce, Marissa, Joshua, Austin, Abby and Savanna: sister Bernice: brothers Arthur (Mariorie) and Eldon: several nieces and nephews and grand-dog Leroy. Besides his parents he is predeceased by his first wife Betty; sister Rachel andbrothers James, Joe, Clarence, and Johnny.

There will be a Celebration of Life at the family camp on Scott Road on Saturday, October 13 at 2 pm.

The family would like to thank Extra Mural nurses Sue, Lisa and Kim and Dr. Mansfield and Dr. Searle for the exceptional care of George.

Arrangements are in the care of Salisbury Funeral Home & Crematorium (372-4800).

If desired, donations to the IWK or a charity of choice would be appreciated by the family.

www.keirsteads.ca

#### **OBITUARIES**

Lois Ann Killam



In loving memory of Lois Ann Killam Lois Ann Killam of Windsor ON and formerly Petitcodiac passed awav peacefully at home with family by her side on September 21, 2018 at the age

She was predeceased by her loving husband Willard Killam and together they had built Eagle Trucking Ltd.

Beloved mother of Eugene Geldart and the late Eric Geldart, step-mother of Sherry McCully (Danny), Patsy Corey (Luke), Darrell Killam (Krista). Loving grandmother of Tiffany, Daniel, Eric, Sarah, Bradley, Brittney, Travis, and Brandon. Wonderful "Old Grammy" to Drew, Julianna and Marissa. Survived by Lori Geldart whom she had remained very close to, siblings Clark, Millie, Evelyn and Richard and by several nieces and nephews and cousins. Predeceased by siblings Clyde and Marilyn.

Lois certainly had a zest for life! She was happiest when spending time laughing with her many family members and friends, travelling with her sister Evelyn, many cottage memories, playing card games and outdoor activities such as camping and snowmobiling which was one of her favorite pass times and something she has dearly missed the past few years.

We would like to thank all of the nurses, doctors and personal support workers for the great care. Lastly we would like to Thank Melissa Yost for your dedication, compassion and love for Lois, your professional care made it possible to have her stay in the comfort of her home, we cannot thank you enough.

Resting at the Salisbury Funeral Home 3350 Rt. 106 Salisbury N.B. (506-372-4800) with visiting Friday September 28th from 6-8, followed by the funeral service on Saturday September 29 th. at 2pm. with Rev. Dan Compton officiating. A private graveside service will follow at Maplewood Cemetery at a later date.

If desired, memorials to Hospice Windsor Ont. or a charity of choice would be appreciated by the family.



#### **OBITUARIES**

Deborah Leaman



Debby passed away surrounded by her family on October 10th 2018 at the Moncton Hospital. Born on 16 March 1951 in Moncton, daughter of the late Alfred and Margaret Harrison of Etgin.

Living her life in Elgin NB, she was an active member of the community as a Sunday school teacher at the First Elgin United Baptist Church, a Girl Guide leader and Post Master.

An avid cook many family and friends will miss her amazing meals and hot and spicy nights. She was well read, enjoyed learning about new things, loved music and singing and rocked out at many concerts.

An affinity to create and explore, if she was not in the green house growing vegetables and flowers or working on her sewing machine making many beautiful garments she was traveling. As a grandmother of six, she enjoyed spending time with her grandchildren by the pool or at the pollett river swimming, making cookies and elaborate birthday cakes for them as well as spoiling them on shopping sprees.

Debby is survived by sisters; shopping partner Erla Steeves (Rick), quilting confidant Dolores Murray (John), gardening guru Tonya Harrison and several nieces and nephews.

She will be sadly missed by her husband of 50 years LeeRoy Leaman; children, Tressa (Ben), Nathan (Kara), Sarah (Gerv), Meghan (Brad); Grandchildren, Maggie, Medley, Ava, Iris, Mason and Harrison.

Grateful thanks to the wonderful doctors, nurses and health care support staff of the Moncton hospital for their over the top love and care given to Debby.

Thank you as well to the devoted Palliative Care unit and volunteers who were always there, for all of us.

Lastly, we will never forget the help, devotion and respect given us by our many relatives, friends and neighbours for their compassion.

Family and friends are invited to a memorial gathering on Saturday October 20th at the Elgin Community Centre, 2 Gowland Mtn Rd from noon till 4.

In lieu of flowers Mom would love for donations to be directed to Camp Whisong Elgin via the Girl Guides of Canada

Arrangements are in the care of Salisbury Funeral Home & Crematorium (372-4800).

www.keirsteads.ca



#### **OBITUARIES**

Edna Marie Lounsbury



Fdna Marie Lounsbury, 89, of Intervale went home to be with her Lord on Tuesday, 9, 2018 October Moncton at the Hospital. Edna was born to the late Winfred and Harriet

(Matthews) Hicks in Wheaton Mills on September 3, 1929.

After graduating from high school, Edna taught at a one room school house in Hicks Settlement for two years.

Edna and Clinton, the love of her life, were married on September 11, 1948. Together they raised a family of seven and lived on a farm in Intervale.

She was a member of the First North River Baptist Church and Women's Missionary Society. Edna enjoyed music and singing in the church choir. She also enjoyed knitting, crocheting, quilting, reading her bible and doing puzzles.

Edna and Clinton enjoyed traveling, camping and visiting with friends and family. In later years, Edna worked at Opal Inc. in Havelock. She and Clinton also helped out at Heather and Garth's Dairy Farm.

Edna was a strong, determined woman full of love and grace.

She is loved and missed by her children Esther Joy Taylor (Harry), Intervale, Susan Jane MacLeod (Phillip), Harewood, Vernon Clinton Lounsbury (Corinne), Intervale, Sandra Jean Eagles (Ron), Lac La Biche, AB, Heather Marie Morton (Garth), Ford Bank, Krista Joan Wood (Kent), Norboro, PE; son-inlaw, Walter Voutour; 18 grandchildren; 22 great grandchildren; sister Norma Bleakney, Fawcett Hill; sisters-in-law Shirley Hicks, Eleanor Joyce (Budd), Donna Gillies (Roy), Mary Trites and Irene Lounsbury; brothers-in-law Stan Lounsbury and George Lounsbury (Joan) and several nieces and nephews.

Besides her parents and husband, Clinton, Edna was predeceased by her daughter Judith Anne Voutour; great granddaughter Janessa Siebert; sister Ina Wilbur; brother Ralph Hicks and several brothers and sisters-in-law.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Friday, October 12 from 2 to 4 and 7 to 9 pm. The funeral will be held at First North River Baptist Church Saturday, October 13 at 11 am. Interment to follow at First North River Cemetery.

In lieu of flowers, memorials to the First North River Baptist Church Building Fund or a charity of choice would be appreciated by Edna's family.

www.keirsteads.ca

OBITUARIES

Brian Douglas Steeves



Steeves, Brian Douglas January 4, 1963 -October 8, 2018

It is with broken hearts and great sadness that we, the family, announce the passing of Brian

Douglas Steeves of Boundary Creek, NB on October 8, 2018 at the age of 55, with his family by his side, after his courageous battle with cancer.

Brian has been a truck driver and Owner Operator since he was 18 years old. He truly enjoyed his work and took pride in whatever he did. He enjoyed boating, rishing, riding his ATV and going to the sugar camp with his friend Lea, or just hanging out on the family farm with his beloved dog Shelby.

He is survived by his parents Reilly and Roberta (Fawcett) Steeves, his loving and devoted wife of 25 years Debra Steeves, daughter Natasha Lewis, granddaughter Jayden Lewis, and grandson Dylan Lewis; sisters, Marlene (Rick) Scott, Shirley (Jeff) O'Blenis, brother Keith (Jill) Steeves. He was the son-in-law to Alice (Late Donald) Steeves, brother-in-law to Terry (Darlene) Steeves, Donna (Danny) Bannister, and Kimberly (Roy) Geldart. He will be missed by several nieces, nephews and special friends, Lea and Vi Briggs, Brent Lutes and Billy Dowe.

Brian is predeceased by his grandparents Zenas and Dolly Steeves of Steeves Mountain, George and Mildred Fawcett of Petitcodiac.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) from where visiting will be held Wednesday, October 10, 2018 from 6-9 pm. Service will be held in the funeral home chapel on Thursday, October 11, 2018 at 1 pm with Pastor Lloyd O'Blenes officiating. Interment to follow at Steeves Mountain Cemetery. If desired, donations to Colon Cancer Research would be appreciated by the family.

The family would like to thank the Dryscol Unit, Extra Mural nursing staff, especially his favorite, Paulette, for taking such good care of him. She was truly an angel sent from God. www.keirsteads.ca

#### **OBITUARIES**

Donna Marie MacPherson



Donna Marie MacPherson, 67, of Petitcodiac passed away Wednesday, September 26 at the Moncton Hospital.

Born in Moncton she was the daughter of the late Joseph "Syl" and Florence

Arsenault. Donna was a homemaker and a member of the Royal Canadian Legion Ladies Auxiliary.

She leaves behind her daughter Crystal Thibodeau; her son Jeremy MacPherson; sister Mary Atkinson and brothers Robert Henry, Robbie Arsenault, Francis Arsenault, Dale Arsenault, Allan Arsenault, and Leo Arsenault. Besides her parents she is predeceased by her husband Andrew (2000).

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting is Saturday, September 29 from 6 to 9 pm and from where the service will be held Sunday, September 30 at 1 pm with Rev. Charlotte Youland officiating. Interment to follow at Maplewood Cemetery.

If desired, donations in Donna's memoryto the Canadian Cancer Society or a charity of choice would be appreciated by the family.

Obituary also at www.keirsteads.ca

#### Church Services

St. Jonn's Anglican Church, Salisbury, each Sunday at 11 am with Sunday School also at 11 am

Petitcodiac Baptist - Morning Worship at 10:00am. "SS JAM" (preschool - Grade 5) at 10:00 am. Nursery available for infants

Petitcodiac-Salisbury Pastoral Charge
United Church of Canada
Salisbury United - 9:30am
Saint James United (Petitcodiac) 11:15am

Petitcodiac Lighthouse Assembly Services: Worship Sundays - 10:30am Location: Maritime Motorsports Hall of Fame, 5 Hooper Lane, Petitcodiac, NB Pastor C.G. Fenwick Ph: 506-433-6972

<u>Petitcodiac Mennonite</u> - Worship Service 11:00 am.

First North River Baptist Church 573 Blakney Road, Fawcett Hill, NB Sunday Morning Worship - 11:00am Sunday School - 9:45am For more information 756-8580



#### Church Services

#### COLPITTS UNITED CHURCH

The 145th Anniversary service will be held Sunday September 30 at 3 p.m. with Rev. Danny Compton as speaker and The Men in Black providing special music. Pot luck meal to follow. Everyone welcome!

Steeves Settlement Baptist Church, Independent 250 Steeves Settlement Rd. Pastor Paul Fosmark Services every Sunday Sunday School for all ages - 9:45am Morning Worship Service - 11:00am Washroom facilities available All Welcome! For more information call 534-2714

St. Andrew's Anglican - Sunday Service at 9:00 am. Sunday School at 9:00am

Thanksgiving Service: Sun., Oct. 7th, 9:00am



By Mark and Ben Cullen Mark Cullen is an expert gardener. author, broadcaster, advocate and holds the

Order of Canada. His son Ben is a fourth-generation urban gardener and graduate of University of Guelph and Dalhousie University in Halifax. Follow them at markcullen.com, @markcullengardening, on Facebook and bi-weekly on Global TV's

Time to get serious about protecting your garden investment. This is like making a deposit in your RRSP: do it now and reap the rewards later.

Put a wrap on your garden in November and you end up with a great looking garden come spring. Let us explain:

Lawn. The most important application of the year is right now. When you apply a slow release nitrogen, high potash formula like 12-0-18 to your lawn now, you beef up the root zone of the grass plants for better performance next spring. There are no short-term benefits in this. Your lawn won't spring to life and give you great joy this fall. Instead, your lawn will be much less susceptible to snow mould, mildew and more to the point, it will bounce back with vigor come spring.

National Morning Show.

# **RRSP For Your Garden**

Clean the cutting deck of your lawn mower, spray oil on it and disconnect the spark plug. Add stabilizer in the gas tank or empty it.

Perennials. No winterizing necessary. But this is your last chance to dig and divide all mature perennials and move the divisions around your garden. Or give them away.

Fruit trees. The deeper the snow, the more susceptible young fruit trees and crabapple trees are to rabbit and mice damage. Put a plastic, spiral collar on each tree until it is about five years old or has matured to about six centimetres. in diameter measured from 20 cm above ground. A mature fruit tree has tough bark that does not interest hungry rodents.

Cedars, upright junipers and Yew hedges. Wrap in a layer of burlap to prevent wind damage from top to bottom. Secure with garden twine. Wrap a second layer of burlap to prevent sun damage, which usually occurs in late winter/early spring when the sun reflects off the snow. Mark did not wrap a new yew hedge last winter in his garden and he had to look at burnt foliage all season. We learn from our mistakes (and laziness).

Mound roses. Many roses benefit from mounding soil about 60 cm up the main canes of the plant this time of year. Fresh triple mix or garden soil insulates the green canes from the freeze/thaw cycles of the winter which can wreak havoc on hybrid teas, floribundas, grandifloras and miniature roses. Shrub roses and some of the new Pavement roses are winter hardy and do not need

coddling.

Water Deeply. Wet roots are well winterized. The extremely dry winter air sucks moisture from more than your lips, it can dehydrate the root zone of your garden plants, especially those located under the protection of your roof soffit and eave. Let your garden hose drip water around each plant until you are certain that the root zone is well hydrated. Turn off your outdoor faucets from the indoor control.

Containers. Empty containers of existing soil by removing it to your garden. If you live in an apartment or condo give the soil to a friend who has a garden. It is good stuff. Just not good enough to use again next year in a container. Replace with quality container mix in the spring. In the mean time, turn each pot up side down to avoid cracking in the cold winter or find an enclosed place to store them.

Leaves. We don't rake leaves into craft paper bags and put them out to the curb for the city to take away anymore. Now, we rake leaves onto our garden and let the worms take them down into the subsoil where they are converted into nitrogen-rich earth worm castings. If you have a lot of leaves, run your lawn mower over them at its' highest setting and rake excess mulched leaves onto the garden. If you have a big garden, steal the leaves that your old-fashioned neighbours put out for the municipality to pick up. They will never notice and if they do, they won't care.

Bring in your garden hose and any garden statuary and bird baths that might risk cracking in the frost. Done.

#### con't from pg. 15

#### Communities in Bloom

#### About Communities in Bloom

Communities in Bloom is a Canadian non-profit organization committed to fostering civic pride, environmental responsibility and beautification through community involvement and the challenge of a national program, with focus on the enhancement of green spaces. The pride, sense of community and feeling of accomplishment generated through participation are visible in communities across Canada. For more information about Communities in Bloom, visit www.communitiesinbloom.ca

Communities are evaluated using a "bloom" rating determined by the total score of the evaluation:

0 to 55 %=1 Bloom 56 to 63 %=2 Blooms 64 to 72 %=3 Blooms 73 to 81 %=4 Blooms 82 % and over=5 Blooms

There are four (4) levels of 5 Blooms exclusive to the National and International Edition:

5 Blooms: 82 to 83.9% Bronze: 84 to 86.9% Silver: 87 to 89.9% Gold

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Village of Petitcodiac Councillor Teri McMackin Tel: 506-875-1616

Email: teri.mcmackin@petitcodiac.ca Website: www.villageofpetitcodiac.com

Communities in Bloom National Office Sonia Parrino

Tel: 514-694-8871 ext. Email: bloom@cib-cef.com

Website: www.communitiesinbloom.ca



# Salisbury Happenings

#### Save the Date!

Salisbury United Church invites you to come and LISTEN TO THE MUSIC of....

THE MEN IN BLACK

Friday November 16 @ 7 pm at Salisbury United Church, 78 Smith Street, Salisbury.

A wonderful group of 14 gentlemen led by Becky Mawhinney will provide music and singing for your entertainment. This is the 3rd annual event being offered by the talented men from our surrounding area. A free will offering is appreciated and light refreshments will follow on the lower level. The church is wheelchair accessible with a main floor washroom. We WELCOME YOUR COMPANY and look forward to seeing you.

January 19, 2019-SALISBURY EXPO from 10-3 at JMA Armstrong High. Exciting new changes! In addition to our "health & wellness" theme we are hoping to attract more vendors and visitors by also having a "buy local" theme attached to the event! This will enable local crafters and businesses to attend the 3 expo and highlight and sell some local goods and services! Invitations will be going to our regular vendors in the coming weeks, however if this interests you please get in touch by calling 372-3280 or emailingparks.leisure@salisburynb.ca. We will also be offering our usual adult cooking class with Chef Kevin Robert (aka Heavy Kevy) with a class limit of 15 people for \$20 each; Kids Cooking class with Fran Bowdridgefree, class limit 15; Pound Fitness with Ashley Bos, class limit of 15.

#### Feb 9-16-Salisbury Winter Carnival



Sunday, November 11, 2018

#### Village of Salisbury News

#### **NOTICE TO HUNTERS**

Please be advised that it is an offence under Village of Salisbury By-Law No. 22 to be involved in the act of hunting within the municipal boundaries of the Village of Salisbury.

VIOLATORS WILL BE PROSECUTED.

#### BY-LAW NO. 23 - A BY-LAW TO REGULATE TRAFFIC

For the purpose of snow removal, no person shall stand or park a vehicle on any highway within the Village of Salisbury between the hours of 1:00 am and 7:00 am from the first day of November in any year until the first day of April in the following year.

#### **VILLAGE COUNCIL MEETING**

The first regular Council meeting in November will take place on Tuesday, November 13 rather than on Monday, November 12th .

#### **LIGHTING OF OPEN FIRES**

A reminder that the lighting of ANY open fire in the municipality is PROHIBITED. Any fire must be in an approved wood burning appliance as outlined in the Village of Salisbury's fire by-law (By-Law No. 48, which can be read in its entirety at www.salisburynb.ca). Salisbury Fire Rescue reserves the right to order any fires that are not in compliance to be extinguished. It should be noted that the fire by-law follows the direction of Provincial burning advisories/bans.

#### SALISBURY PUBLIC LIBRARY NOVEMBER 2018 EVENTS



#### Doing Your Taxes: What's In It For You?

Tuesday November 6 at 10:30 am.

Find out about benefit and credit payments you could get from the Canada Revenue Agency if you do your taxes every year. Contact the library at 372-3240 to register.

<u>The Booklovers Reading Clu</u>b for adults will discuss The House Without Windows by Nadia Hashimi on November 14th at 6:15pm. New members welcome!

<u>Adult Craft Night:</u> Acrylic Pouring Wednesday November 7 at 6:30 pm. Create an original painting by pouring acrylic paints on canvas and letting gravity do the work. We'll watch how-to videos and experiment together. Contact the library at 372-3240 to register. Space is limited.

#### **Learn Cursive Writing**

Saturday November 10 at 10:30 am

Learn cursive to create your very own signature and impress your friends with your stellar handwriting skills. Ages 7-12. Contact the library at 372-3240 to register.

#### **Block Builders**

Wednesday November 21st from 2:00 - 4:00 pm

Bring your friends and family to the library and build with LEGO®.

#### **Adult Crafting Circle**

Friday November 23rd from 10:30 -12:00 pm

Bring your current craft project and join fellow knitters and crafters for inspiration and tips. All skill levels are welcome.

#### **Budgeting and Spending Plans Workshop**

November 28th at 6:00 pm. This Money Matters workshop will give you basic, practical information about spending, borrowing, and saving. Put the money you have to work for you! Contact the library at 372-3240 to register.

#### Story Time

Thursdays at 10:30 am

Stories, songs, and literacy-building activities aimed at ages 2-5. Younger and older children are welcome to join in.

Teen Book Club will meet on Friday November 30th at 3:00 pm.

These programs are offered free of charge. For more information, call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.

Library Open Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm.

<u>Salisbury Golden Age Club</u> meets on the 1st and 3rd Thursday of every month. We have a pot luck meal at 12:00, followed by information sessions, entertainment, games and a brief meeting. Our November 1 meeting will be a presentation to honor our veterans and military. Our guest speaker will be Dale Prosser, a retired military veteran. Our November 15 meeting will be a Christmas decorating party, where we decorate the Lions Hall ....complete with Christmas music, spiced cider, meat pies and Christmas treats. We would love to have you join us. For more info please contact Sue Purdy at 215-0212.



November 4, 2018

#### Salisbury Legion

Business Hours Sunday & Monday- Closed Tuesday - Thursday- 5pm-10pm Friday & Saturday- 12 noon - 10pm

#### Friday Night Suppers

Adults- \$12 / Children- (6-12) \$6 / Children under 6 free

Eat in or Take out

All meals are served with Coffee, Tea, & a Roll

November 02nd- Sweet & Sour Pork, Vegetable fried rice, & an Egg Roll. Chocolate Eclair Cake for Dessert.

November 09th- Baked Ham, Mashed Potatoes, Vegetables. Ginger Bread and whipped cream for Dessert.

November 16th- Pork Loin,, Potatoes & Vegetables. Dessert

November 23rd- Turkey Dinner with all the fixings, Mashed Potatoes, dressing

with gravy, carrots & peas, assorted Pies. Homemade rolls.

November 30th- Lasagne, Ceaser Salad, & Garlic Bread. Dessert

November 11th - Come and join us as we Celebrate Remembrance Day for all our Fallen Comrades. Everyone is Welcome! Service starts at 10am. Come early for a seat, for it is usually standing room only. 11am we do a 1 minute of Silence. the 11th month...on the 11th day...on the 11 hour...WE SHALL REMEMBER THEM. They shall not grow old as we that are left grow old, Age shall no weary them, nor the years condemn. At the going down of the sun and in the morning "WE SHALL REMEMBER THEM". Then there is the laying of the wreaths. When this is all done, there will be coffee and donuts inside. There will be a VETERANS SUPPER, FREE to all Veterans, and it is" OPEN TO ALL...ALL WELCOME"!!!!! Supper will be at 5:30. The cost is \$10. The supper will be Roast Beef, with mashed potatoes, vegetables, roll, dessert and coffee and tea. Come and join us. For more information call the Legion at 372-4730

YOUTH DARTS have started up. It is every Sunday from 2:30 - 5pm. Ages 10-18 years. IT IS FREE!!!! Come and learn darts from experienced players and have fun for the afternoon with friends,. Dart are available at the Legion.

The Salisbury Legion has <u>Darts for Meat</u> every Saturday night. Starts at 7pm. Come and join your friends for a night of fun!

Merry Makers this month will be held on November 12th and November 26th. Come out and play, cards, games, meet your friends, and have a meal. The cost is \$8. After lunch play bingo and win prizes. Great way to pass your day. Starts at 9am-2pm. Ages 50+. It runs every second Monday of the month. So if you miss one, there is still one you can go to. Hope to see you all there.

#### **Up and Coming Events-**

November 17th- The Salisbury Legion will be doing its Annual Christmas Bazaar!!! Hours will be 9am-2pm. \$1 admission or a non perishable item that will be donated to the Salisbury Helping Hands Food Bank. Come out and find that treasure that you have been looking for or start your Christmas Shopping. Various venders will be there with all their treasures, crafts, baked goods, home made items, everything you need for Christmas. Kinda a one stop shop!!!! Get there early!!!!

#### JUST A HEADS UP----

On Sunday December 2nd the jolly ole guy in the red suit will be making an appearance for the Annual Children's Christmas Party!!!! There will be face painting, bouncy castle, hot dogs and pop, just a few of the events for the day. The best part...IT"S FREE!!!! It starts at 1pm and goes til 4pm. Bring your child and meet the ole guy and let your child play away the afternoon with all the other children there!!! Hope to see you there !!!

#### Salisbury Lions Club Events for November

The Salisbury Lions Club holds their regular meetings the second and fourth Thursday of each month.

<u>Bingo</u> is held on the Tuesday of each week, starting at 7 PM, so come out and try your luck.

<u>The monthly Salisbury Pancake Breakfas</u>t is held on the third Saturday of each month and costs \$8 for adults and 6 years to 10 years pay \$3.

Please remember all proceeds of fund raising go into Community Projects.

#### Salisbury Beautification Program

The Salisbury Beautification Committee would like to extend thanks to Salisbury Home Hardware and Trees Canada for the grant we received to plant eight more trees in our community. Native tree species were planted in the grassy strip along Douglas Street by the Elementary School. The trees are part of a project to attract and provide food and shelter to birds, bees and butterflies. We would also like to thank children from Salisbury Boys and Girls Club, students from Salisbury Elementary, citizens from the community, Trent Blakney, Ralph and Otto Bosfor the great job they did in assisting with the planting of the trees.





Offer expires: Dec. 31", 2018
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