



5 Hooper Ln, Petitcodiac

# LOCAL NEWS & VIEWS

Promoting Local Business & People in  
Our Surrounding Communities.

December Issue, 2018

Volume 9 #08

MONTHLY BULLETIN

I would like to take this opportunity to Thank All of our contributors, advertisers and readers to the Local News & Views and for supporting our Monthly Bulletin.

*Wishing you a  
Merry Christmas and  
Happy New Year  
from the Staff of the  
Local News & Views*



The Petitcodiac Fire Department in conjunction with the Village of Petitcodiac is proud to present the annual Santa Claus Festival of Light Parade. This year's event will be held on Friday, December 7th at 7 pm.

The Fire Department will be collecting non perishable food items for SPOT during the parade.

Do not forget to write your letters to Santa as they will be collecting along the parade route as well!!

The parade route will begin on Renfrew Street at the Baptist Church heading South on Old Post Road, West on Main

Street, South on Spring, East on Railway, North on Old Post Road and ending back at the Baptist Church.

Santa will be at the Fire Hall following the parade to greet children and hand out treats. Photos with Santa will be taken by Janna Lee Photography with all donations being made to the Lorna Hicks Youth Cultral Centre. There will also be hot chocolate to warm those cold hands.

If interest in placing a float or group in the Parade please contact Natalie Griffin by calling 756-0289 or email [Petitcodiac.rec@gmail.com](mailto:Petitcodiac.rec@gmail.com).

## Breakfast with Santa

Come join us for a special holiday breakfast on Saturday, December 8th at the Petitcodiac Legion from 8-11 am. The breakfast will include Pancakes, Egg and Sausage. All children under the age of 12 are FREE and \$7 for anyone age 12 and older!

Santa will visit from 9-10 am with photos being taken by Janna Lounsbury by donation with all proceeds going to the Lorna Hicks Youth Cultural Center.

For more information please feel free to contact Natalie Griffin @ 756-0289 or email [petitcodiac.rec@gmail.com](mailto:petitcodiac.rec@gmail.com)



The Village of Petitcodiac along with the Petitcodiac & District Figure Skating Club is pleased to present Skate with Santa on Sunday, December 16, 2018.

Everyone is welcome to join in some family-friendly activities and public skate at the Petitcodiac Arena from 1pm - 2:30pm. Enjoy hot chocolate and treats at the Kiwanis Canteen, 50/50 and much more!!

LN&V Now Online at our website: [www.Maritimemotorsporthalloffame.com](http://www.Maritimemotorsporthalloffame.com)

Deadline for January Issue - December 20, 2018 - Phone 506-756-2110



*Support your  
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Check out our  
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on page 17*

## Our Museum Showcases The History Of Maritime Motorsports

Located at 5 Hooper Ln  
Petitcodiac, NB



### Our Winter Hours

**Monday to Friday  
10:00 am to 5:00 pm  
Closed Saturday,  
Sunday and Holidays**

## Happy Holidays, Fundy Royal!

As we celebrate the holidays with friends and family, I hope that you find time to help those most vulnerable in our communities.

**Alaina Lockhart**  
Member of Parliament for Fundy Royal

(506) 832-4200 fundyroyal.ca  
alaina.lockhart@parl.gc.ca



## From the Editor



For all the "Global Warming" we have had our winter supply of snow in October and November. But, maybe, we will have an early spring.

Was so glad that the weather turned out good for our thirteenth annual Induction. It was a sold out crowd at the Best Western in Truro. The 2019 Induction will be held in Moncton.

Don't forget to join the crowd on December 7 for the Petitcodiac Christmas Parade and the Light ceremony.

For anyone traveling for the Christmas Holidays please travel with care, and enjoy your time with your family and friends.

The Maritime Motorsports Hall Of Fame building will be closed from December 25 until January 2nd for the holidays, unless by appointment.

The 2019 scheduling of events will be announced in the January issue.

Little note: Stranger - "What? You want a quarter just to direct me to the bank? Isn't that pretty high pay?"

Little Boy - "No, sir. Not for a bank director."

Wishing you all a Very Merry Christmas and Happy New Year from the Staff and Members of the Maritime Motorsports Hall Of Fame Inc.

Your Editor,  
Winona McLean



## LOCAL NEWS & VIEWS

### MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
  - The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
  - It is also a venue for business to advertise their products and services each month.
  - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
  - Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.
- The office is in the Maritime Motorsports Hall of Fame located at :  
5 Hooper Lane, Petitcodiac, NB E4Z 0B4  
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Petitcodiac Community Calendar 2018							
D e c e m b e r	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 -Church Services -Fired Up @ Baptist Church - Advent @ Baptist Church -Public Skate	3 -Air Cadets -Pilates -Taking Time for Me - Seniors Meeting -Senior High Youth Group -Open Skate	4 -Drop-in Play Group -A.K.A Dance Studio -Geri-fitness -Discovery Kids -Middle School Youth Group	5 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Open Skate -A Christmas Carol @ St. Andrew's	6 -Jam Night @ Library -Legion Branch Meetings -Foot Clinic @ Legion -FRC Play Group -A.K.A Dance Studio -Computer Course @ Legion - Adult & Open Skate	7 - Santa Claus Parade -Card Crafting @ Library -Darts @ Legion -Chase the Ace @ Legion	1 -Book Making Craft @ Library - Vendor/Craft Sale @ Legion 8 -Breakfast w/ Santa @ Legion -Christmas Open House
	9 -Church Services -Fired Up @ Baptist Church - Christmas Musical @ Baptist Church -Lessons & Carols Service, Church's Corner -White Gift Sunday and Advent Communion Service @ St. James - Crib @ Legion -Public Skate	10 -Air Cadets -Pilates -Taking Time for Me - Merry Makers -Senior High Youth Group -Open Skate	11 -Drop-in Play Group -A.K.A Dance Studio -Women's Institute -Geri-fitness -Kiwanis -Discovery Kids -Middle School Youth Group	12 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Village Council -Open Skate	13 -Book Club @ Library -Foot Clinic @ Legion -FRC Play Group -A.K.A Dance Studio -Computer Course @ Legion - Adult & Open Skate	14 -Darts @ Legion -Chase the Ace @ Legion -Jam Session	15 
	16 -Church Services -Fired Up @ Baptist Church - Christmas Cantata @ Baptist Church -Memory Tree Service @ St. James -Public Skate -Skate w/ Santa	17 -Air Cadets -Pilates -Taking Time for Me -Open Skate	18 -Drop-in Play Group -A.K.A Dance Studio -ATV Club -Geri-fitness -Nativity Lunch @ St. Andrew's	19 -Library Storytime -Pilates -Dominoes @ Legion -SJA Junior & Youth -Open Skate	20 -A.K.A Dance Studio -Foot Clinic @ Legion -Petitcodiac Sportsman Club -FRC Play Group - TLC Club -Computer Course @ Legion - Adult & Open Skate	21 -Darts @ Legion -Chase the Ace @ Legion -Jam Session	22 -Open House for New Facility @ Baptist Church
	23 -Church Services -Fired Up @ Baptist Church - Facility Dedication @ Baptist Church -Public Skate	24 Christmas Eve -Christmas Eve Services 	25 Christmas Day -Christmas Services 	26 Boxing Day 	27 -A.K.A Dance Studio -FRC Play Group -Codiac Classics - Adult & Open Skate	28 -Darts @ Legion -Chase the Ace @ Legion	29 -LEGO Club @ Library
	30 -Church Services -Public Skate	31 New Year's Eve - Dance @ Legion 	Jan. 1, 2019 - New Year's Day Levee @ Legion	<b>Maritime Motorsports Hall of Fame</b> Open Monday-Saturday, 10am-5pm		<b>War Museum</b> Tours by Appointment. Please call 756.7461 or Cathy at 756-2068 for more info. Chairlift facility available.	

**A.K.A. Dance Studio** - Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052.

**Air Cadets** - 639 F.P. MacLaren Squadron Air Cadets meet Mon. at 6 pm @ Legion. For info, please contact - C/O Jason Forester - 850.9276 or Phillip Candy - 433-6450.

**Arena - Public Skating**  
Mon. & Wed., 1:00 - 2:30 pm open skate  
Thursday 12:30 - 1:30 pm adult skate  
Thursday 1:30 - 2:30 pm open skate  
Sunday 1:00 - 2:30 pm public skate (Sunday only: \$3 adults, \$2 students, 6 & under free. Family rate \$7).

**Breakfast with Santa** - Saturday, Dec. 8 at Legion from 8-11 am. Pancakes, Egg and Sausage. Children under 12 are FREE and \$7 for 12 and older! 9-10 am photos by Janna Lounsbury by donation, proceeds to Youth Center. For info contact Natalie Griffin @ 756-0289, email: petitcodiac.rec@gmail.com

**Christmas Open House** - Sat., Dec. 8. 27 Church Street. 9 am - 1 pm.

#### Church Services

- **Petitcodiac Baptist** - Morning Worship @ 10:00 am. "SS JAM" (preschool - Grade 5) at 10:00 am. Nursery available.  
- **Petitcodiac Mennonite** - Worship Service 11:00 am.  
- **St. Andrew's Anglican** - Sunday Service/School at 9:00 am.  
- **St. James United** - Service at 11:15 am.

#### Codiac Classics

- Meeting Last Thursday of the month, Legion @ 7 pm.

**Discovery Kids** - K-5. Tuesdays, 6:30 - 7:30 pm at Baptist. Done Dec. 11.

**Drop-in Play Group** - Tuesdays at St. Andrew's church, 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Becky 512-0516 for info.

**Geri -Fitness** - Tues. mornings, 10 - 11 am at Maritime Motorsports Hall of Fame. Call Natalie 756-0289 for more info. Last Class December 18 - Resumes January 8, 2019

**Jam Session** - 2nd & 3rd Fri. night at the Maritime Motorsports Hall of Fame, 7-10 pm. Contact Elva Greer for info: 756-3926.

#### Kiwanis

- Tues., Dec. 11. New members welcome. Call Dan Pollock 756-1084 for more information.

**Legion** - 18 Kay St, Petitcodiac. 756-3383

- **Sat., Dec. 1** - Christmas Vendor/Craft Sale, 9 am - 1 pm.

- **Thurs., Dec. 6** - Meetings. Executive, 7 pm. General, 8 pm.

- **Monday, Dec. 3** - Seniors Meeting, 2 pm. Supper 4:30 pm.

- **Sunday, Dec. 9** - Money Crib starting

at 1:30 pm. Registration at 1 pm. Soup, sandwiches, tea and coffee available. There is a registration fee. Also bring a partner.

- **Monday, Dec. 10** - Merry Makers 2 (Last until Jan. 14) - 10 am to 2 pm; cards, bingo, etc; light lunch at noon \$6

- **Wednesdays - Dominoes**. 7 pm.

- **Fridays - Darts for Meat**, 7:30 pm. Blind Doubles. \$2 per.

- **Fridays - Chase the Ace** - Dec. 7, 14, 21, & 28 Tickets sold 6:30 to 8 pm. Draw at 8:15 p.m. 50/50 draw. Live music. Every month 10% to charity: Dec. PRS Breakfast Program.

- **Thurs., Dec. 13 & 20** - DD's Foot Care Clinic. Call for Appointment, Donna Durepos at 389-1046 or Cell 733-8199.

- Mon., Dec. 31 - New Year's Eve Dance; Start 9 pm. Tickets available at Bar; DJ - Jody Stewart; Door prize; More information to follow on the Legion web site.

- **Tues., Jan. 1, 2019** - New Year's Levee at 1 pm. Listen to some great music; 50/50 draw; drinks on special & snacks.

-Legion Noon Meals.  
Wednesdays. \$10.00.

Dec. 5 - Roast Beef  
Dec. 12 - Roast Turkey (last dinner until Jan. 16)  
- FACEBOOK: Royal Canadian Legion Branch # 41, "like" it.  
- Hall Rental: If you wish to rent the hall for a wedding reception, birthday or any other function, call the Legion  
- Attention: If any Legion member knows of another member ill or in hospital, please call us at 756.3383 & leave message.

#### Library (756-3144)

-Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5, Thurs. 1-5 & 6-8.  
- Storytime (Ages 0-5) Wednesdays from 10:30 - 11 am  
- Make a Story: Book Making Activity for Children - Sat., Dec. 1 from 2:30 - 4 pm. Ages 0 - 8. Children are invited to come and create their own books! All materials supplied by library.  
- Jam Night - Thurs., Dec. 6 from 6:30 - 8 pm.  
- Christmas Card Crafting - Friday, Dec. 7 from 2-3 pm. An intergenerational Christmas card workshop. All ages are welcome and encouraged!  
- Adult Book Club - Thurs., Dec. 13 from 6:30-8 pm.  
- LEGO Construction Club - Sat., Dec. 29, 2:30 - 4:00 pm

#### Petitcodiac Baptist Church

Dec. 2 - "Celebrating the Season" advent celebration @ 6 pm  
Dec. 9 - "We Three Spies" Christmas musical presented by the Petty Puppeteers @ 10 am  
Dec. 16 - "Come and See, Go and Tell" - Christmas Cantata  
Two presentations 10 am and 6:30 pm  
Dec. 22 - "Open House" - Community invited to tour new facility addition from 1-4 pm  
Dec. 23 - Morning Worship Service and dedication of new facility addition @ 10 am  
Dec. 24 - Christmas Eve Service @ 6:30 pm

Petitcodiac FRC Play Group - Thursdays - Baptist Church 9:30-11:30 am. More info contact Melanie @ 384-7874

#### Petitcodiac Santa Claus Festival of Lights Parade 2018

Friday, December 7 at 7 pm. Santa will be at Fire Hall after to greet children and hand out treats. Photos with Santa by Janna Lee Photography - all donations to the Lorna Hicks Youth Cultral Centre. Hot chocolate available. For more info to register please contact Natalie Griffin @ 756-0289 or email petitcodiac. rec@gmail.com

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

#### Petty Trailblazers ATV Club

-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

#### St. Andrew's Anglican Church

- Dec. 5 - A Christmas Carol - 7pm  
- Dec. 9 - Lessons & Carols Service, Church's Corner - 11am (no service at St. Andrew's that day).  
- Dec. 18 - "Nativity" Lunch - nativity displays and lunch - 11:30am  
- Dec. 24 - Christmas Eve Service - 4pm  
- Dec. 25 - Christmas Day Service - 11am

#### Saint James United Church

- Dec. 9 - White Gift Sunday and Advent Communion  
Service - 11:15 am  
- Dec. 16 - Memory Tree Service - 2:00 pm  
- Dec. 24 - Shared Pastoral Charge Christmas Eve service at Salisbury United Church at 7:00 pm

#### St. John Ambulance

-SJA Junior/Youth group meets every Wed. at 6:30-8 pm in basement of the Petitcodiac Legion. Contact Diane at 372-5639 for more information

Skate with Santa - Sun., Dec. 16, 1 - 2:30 pm @ Arena. All welcome to join in family-friendly activities. Hot chocolate and treats at the Kiwanis Canteen, 50/50 and much more!!

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

TLC Thursday Ladies Crafts - Ladies craft/colouring. 3rd Thurs. night of the month, 7-9pm, St. Andrews Anglican.

Village Council - Meetings open to public. If you wish to address council, make a formal written request to office 48 hours prior. This Month: Dec. 12 @ noon.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Blanche at 756-2011 for more info.

Youth Group - Senior High (Gr. 9 - 12) - Mon., 7:00-8:30 pm @ Baptist Church. Done on 10th, - Middle School (Gr. 6 - 8) - Tues, 7:45 - 9:00 pm @ Baptist Church. Done on 11th.



### *A Thank You From The Heart*

On November 11th 2018 the Petitcodiac War Museum celebrated the 20th Anniversary of the opening of the Museum.

Following the lunch at Legion Branch 41, Catherine Drury, Director of the War Museum read the following.

"I would like to ask every Legion Member to please stand.

The Petitcodiac War Museum would like to take this opportunity to thank Legion Branch 41, who 20 years ago saw the need to provide the Veterans of Petitcodiac and surrounding areas a place to display and share their memories.

A place to honor their Service and sacrifice, a place to preserve the past, and a place to share those memories and artifacts with those who choose to visit the War Museum and learn about the Community in the War years.

The War Museum evolved from military artifacts to include items being used by and of importance to the people living, working, attending school or visiting the Village and surrounding

areas during those years, from before the First World War to today's Men and Women currently serving in Canada's Military Forces.

Thank you Petitcodiac Legion Branch 41 for all of your support over the last 20 years. Everything from providing the chair lift to assisting the War Museum in employing students in the summer months.

The War Museum has grown from, at the start 300 artifacts to over 6000 artifacts. And this number continues to grow.

Thank you for allowing the War Museum a place to honor the Memories entrusted to the care of the Museum, and the foresight 20 years ago to provide a needed place to do so. Your continuing support is a tribute to all who served and continue to serve. Please join me in a round of applause and appreciation for their support and service to the community of Petitcodiac."

Catherine Drury  
Director,  
Petitcodiac War Museum

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Editorial & Advertising deadline: December 20, 2018

## Sudoku

			6			5	8	
8			5				1	6
	3		1					
				1		6		9
3		8				1		4
2		9		3				
					4		6	
6	2			1				7
	9	4			2			

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Answers on page 16



# ELGIN NEWS!

December 2018 newsletter for N&V

December - already you ask!! Shall we look back over the past year or look ahead with anticipation for a new year to come? Let's do both!

2018 was a good year for the Elgin WI with some new endeavours. The Elgin Eats program facilitated by Samantha Christensen was very popular with new approaches to food skills, season availability, preservation and food safety. Good job Samantha!

The Elgin Eco Association summer youth camp was well attended by area kids enjoying the outdoor activities and building friendships.

Many from near and far gathered for Elgin Day in August. Special guests, Bill and Eleanor Goggin were on hand to chat with people about "Elgin Yesteryear".

And, the annual Turkey supper was a successful fundraiser for The Hall.

So...THANK YOU to all who participated, planned and attended events and programs. Small communities like ours appreciate your support and cooperation.

As we approach a new year let's make a conscious effort to help rural communities thrive and be valued in our province. We have beauty all around us in the people, the scenery and the way of life.

MERRY CHRISTMAS & HAPPY NEW YEAR



**Merry  
Christmas**

**Petitcodiac  
Super Variety**

Wishing you every happiness at  
this festive holiday season and  
throughout the coming New Year.



*A Goal is a dream with a deadline*

On November 1 the Elgin Eco Association held its last meeting of 2018. Due to the busy holiday season we will not have a meeting in December.

Looking back at this past year we can say it was another successful year. Our Area and Community benefits from our efforts of showcasing the region. The building of mountain bike trails continues throughout the year. Besides the volunteers our summer student is also an avid trail builder. He was a great asset to our Association. This year the EEA employed two people.

A few people have shown interest in getting together to see how we can better promote the Elgin Eco Association. Many people even in the EEA are unaware of the opportunity to rent kayaks, or snowshoes. There is a public garden and a vegetable garden plus short walking trail. A Mapleton Acadian Forest preserve that offers a great hiking trail. Now we have fat bikes {bikes with oversized wheels} for rent. And the many wonderful mountain bike trails. This is aside from the programs we offer. We have a winter fest, Elgin day, Summer camp, The Elgin Mountain Bike race. We would like to start offering something like day tours to bring in funds for the EEA and bring employment to our region. If you are interested in a day tour you can contact us at our new website [eeanb.com](http://eeanb.com). Or contact us by email at [elgineco@hotmail.com](mailto:elgineco@hotmail.com). This region has a lot of beautiful places people would love to visit. If you have an interest in volunteering and becoming a member we love to hear from you. As was mentioned at our meeting ,we don't want to see volunteer burnout. If everybody is willing to spare a few hours here and there we can continue to grow. Or maybe you would like to become part of the executive team or sit on a committee. Throughout the years many of our current members feel that being part of a volunteer association is a great opportunity to develop skills that are of great value to them. We are always interested in entertaining new ideas our members bring forward. The only thing that brings real change to the world is citizens actions. And looking at the above mentioned accomplishments,...that was all citizens actions. Thank you very much for being volunteers.

We wish everybody a wonderful Holiday season with lots of great get togethers

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The Doctor Game  
W. Gifford-Jones M.D.

### What can a Psychiatrist Tell Us About Vitamin D?

Winter's coming, so how much vitamin D do we need? How much time do you have to spend in the sunlight to obtain adequate amounts? How does obesity affect the dosage? How many diseases can be prevented by adequate amounts of this vitamin? And what can a psychiatrist tell us about this vital vitamin?

Years ago I reported that Dr. Catharine Gordon, a professor of pediatrics at The Harvard Medical School, tested the vitamin D levels of teenagers 11 to 18 years of age. She found that 14 percent of these adolescents were deficient in vitamin D. Today about 30 percent of adults are low in D.

Dr. Glenn Braunstein, Professor of Medicine at the University of California, said her research was a wake-up call. It showed it's not only the house bound, or the elderly in nursing homes, that are getting insufficient sunlight.

In the 19th century, large numbers of children suffered from rickets due to a lack of sunlight. To resolve this problem children with rickets were taken for long voyages on what was called "Boston's Floating Hospital" to expose them to the health benefits of sunshine.

Today we know that adequate amounts of vitamin D are needed in the bowel to absorb calcium and keep bones strong. Vitamin D also acts on bone cells to release calcium and maintain normal blood levels of this important mineral. Can a lack of vitamin D protect against infection? You would expect to get this answer from an infectious disease expert, not a psychiatrist. But Dr. John Campbell, a U.S. psychiatrist, noted that when the 2005 flu epidemic struck the Hospital for the Criminally Insane, the infection spared those patients who were taking vitamin D!

Another researcher, Dr. Mitsuyoshi Urasima, Professor of Epidemiology, in Japan, reports in the American Journal of Nutrition, that patients given 1,200 IU of D were less likely to develop influenza than those not receiving it.

Dr. Jo Ann Manson, Professor of Medicine at The Harvard Medical School, reports strong evidence that high blood levels of vitamin D protect against colon cancer. To get still another opinion I interviewed Dr. Andrew Saul, Editor-In-Chief of the Orthomolecular News Service, a world authority on vitamins. Saul says that colon cancer is clearly related to vitamin D deficiency. He adds that inadequate vitamin D levels are also associated with ovarian cancer. And that research by the National Library of Medicine reveals there are 300 papers on how vitamin D helps to fight prostate and breast cancer.

Dr. Michael Holick, at Boston University, an authority on vitamin D, believes vitamin D's greatest strength is its role

in fighting cancer. He says studies show that people living in higher latitudes who get less sun exposure have an increased risk of dying from almost all types of cancer, particularly breast, colon, prostate and skin cancer.

Since we're approaching winter, I asked Dr. Saul about Seasonal Affective Disorder, a condition when people feel "psychologically down" during the winter months. Saul says that vitamin D acts as a mood stabilizer. He recommends vitamin D to fight this disorder.

In the book Saul authored with Dr. Abram Hoffer, "Orthomolecular Medicine For Everyone" he reports that a lack of vitamin D is also associated with psoriasis which can be treated with topical vitamin D. And that a deficiency of D is also linked to diabetes, heart failure and hypertension.

But don't most of us receive enough vitamin D from the sun? We get some, but not as much as you think. It depends on where you live. For instance, if you live at a latitude above 35 degrees north which includes Boston, Philadelphia and all of Canada, vitamin D production from sunlight ceases from October to the end of February. Due to the angle of the sun's rays you could stand outside naked all day and not receive enough sunshine to produce vitamin D!

What is the right dosage? The answer is not easy as there is some debate. Obese people need more vitamin D as fat holds onto it making it less available to the body. Dr. Saul claims 10,000 IU daily are safe. Others suggest a dosage of between 1,000, to 3,000 IU daily. So check with your own doctor.

Online docgiff.com For Comments info@docgiff.com



**Christmas Bazaar**  
**FREE ADMISSION**  
Donations of canned goods  
for SPOT appreciated  
**Saturday, December 1, 2018**  
Saturday 10:00a.m. to 4:00p.m.  
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Rural Rides a Member of  
WA Transpo



### Thank You Volunteers!

WA Transpo held a Driver Recognition dinner on October 29 at the Moncton Lions Senior Center to thank our wonderful and highly dedicated volunteer drivers and board members. I have said it many times before and I will say it again, "we have some of the best volunteers in the world!" Rural Rides is part of the volunteer driving network, WA Transpo, that matches volunteer drivers with people who need transportation. Rural Rides recruits and screens volunteer drivers who use their own vehicles to pick up clients and take them to appointments or wherever they need to go and then returns them to their home when they are done. Drivers are reimbursed \$.35/km.

As the volunteer driving service expanded in June 2018 to include all of Westmorland and Albert counties through the WA Transpo collaborative, more fantastic volunteers donated their time to cover an ever-increasing need. Our drivers go above and beyond to help their neighbors in need. For example, our record for the longest trip thus far was a total of 36 hours as a client needed to be taken to Halifax for surgery and brought back home the next day. Our driver stayed with the client in Halifax overnight to make sure he was ok. Our

record for most kilometers driven in a month is just shy of 2000. We have drivers who have been faithfully giving their time since we began and drivers who faithfully commit to meeting a regular ongoing need as part of their weekly routine building a friendship with the clients they help. Our drivers are reliable, kind, generous with their time and always willing to help.

There are not enough words to adequately thank our fabulous volunteers. Our service would not exist without them. They make a real, practical and emotional difference in the lives of those we help and for that, I am deeply thankful for each and every one of them. Thank you volunteers! If you or someone you know is struggling to find transportation, they can register for free as a client by calling 215-2100 or visiting our website at ruralridesnb.com.

If you would like to join the ranks of the most wonderful volunteers in the world, we always welcome new drivers. If you would like to volunteer, please call 215-2100

Wishing you all a Merry Christmas and a Happy New Year!

Kelly Taylor, Manager, Rural Rides

### The Petitediac Royal Canadian Legion Branch #41

Hosted another very successful diamond ring dinner on October 13, 2018. This was the 27th time this event has been hosted and attended. With increasing interest in the event, all 150 tickets sold out on the first day they were offered to the public. Each year the previous year ticket holders have a month to purchase their tickets before they are offered to the general public. The waiting list held over 40 names and the "general tickets" were snapped up very quickly. The popularity of this event is due to the efforts of the diamond ring committee who work tirelessly from June until the final night in October. The committee this year included: Charlene McCully (President of the Petitediac Legion), Diana McKnight, Bonnie Macaulay, Susan Kaye, Cathy Drury, Libby Stackhouse, Phillis Taylor, Freda O'Brien, Barb Harper, Joan MacAlpine-Stiles, and Marilyn Pollock, MC and Chair of the event. The event was beautifully decorated by Tanya Brown who always does an extraordinary job of making the tables so elegant. The gathering was entertained by Cheryl Hopper who again provided us with songs to sing along with or just enjoy the music by itself. This year saw almost \$17,000 worth of prizes awarded to the ladies.....most of the prizes donated by generous suppliers, solicited by the team mentioned above. The final 10 winners all received gifts valued from

\$200 up to \$2,400. The ultimate prize, a trinity ring appraised at \$2,400 and donated by Jagoe Jewellers, was won by Debbie Smith who was a first-time ticket holder. We would like to thank all our donors and ticket holders who support this event each year. The Legion will use this money to provide support to veterans, scholarships to our youth, as well as support for the Air Cadet program. Plans are already underway for our 2019 event which will see our 2018 ticket holders be able to purchase tickets from August 19, 2019-September 21, 2019. Please mark these dates on your calendar so you don't miss getting your ticket. A final word about our 2019 dinner which we have determined will be October 19, 2019. You MUST have paid for your ticket by September 21, 2019----THERE WILL BE NO HOLDS FOR 2018 TICKET HOLDERS AFTER SEPTEMBER 21. We have started our waiting list and at this point there are 20 names on the list. If you would like your name added, please call the Legion at 756-3383....you will be called in the order that your name appears on the list. You will then have three days to pick up your ticket. Tickets to the general public will be available September 23 until October 16 (or until sold out, whichever comes first). This event has become so successful because of the support of sponsors, the hard work of the committee, and the support of you, our ticketholders.

### Havelock RCL #86

4684 Rte. 880 Havelock, 534-8285

2nd Monday of each month - Regular meeting at 8:00 pm

2nd Saturday of each month - December 8th Breakfast consisting of eggs, bacon or ham, toast, home fries, juice, tea or coffee or pancakes, sausage and baked beans, juice, tea or coffee from 7:30 - 10 am only \$ 8 for adults and children under 10 \$5. November BREAKFAST winner was Reid Cruickshank!! We will be doing a draw for a free Breakfast for the following month!!

Tuesday - House Crib 7:30 pm. everyone is welcome!

Wednesday - Seniors Day 11:00 am - 2 pm, games & light lunch (\$5/person).

-House League Darts - 8 pm. For more information call Mary 534-2410.

Thursday - Bingo @ 7 pm all welcome!!

-200 cards @ 7 pm only \$5 to play everyone is welcome for more information call Linda 534-2283.

Friday - Darts for meat @ 8:00 pm (\$2 a round) everyone is welcome!

Sunday December 9th KITCHEN PARTY starting at 2 pm with the following musicians:

Tom Burgess	Hazel Bulman	Carol Ross
Kenny Campbell	Gary Fairweather	Dave Agnew
Vesta Goddard	Darryl Belding	Riley Black
Claudette Dryden	Elva Greer	Mort Mills
Lee Alward	Liz Kristiansen	and friends

We are selling tickets on an amazing CHRISTMAS BASKET (valued at over \$200) tickets can be bought from any members or by stopping into the legion any evening from Tuesday -Friday.

**JANUARY 1st, 2019-NEW YEAR'S LEVEE!!!!**—Featuring J & L COUNTRY (old country and old rock) starting at 2 pm till 6 pm, only \$5 at the door. We will have free snacks, finger food, tea and coffee. Come join us to welcome in the New Year!!!

Just a reminder that Legion dues are due now!!

Our Legion hall is available for rent (anniversaries, birthdays, showers, reunions etc.) Call Heather McLong 534-2237, Betty Maxwell 233-1372 or Eddie Vaughan 756-0707.

Like us on facebook at Havelock Legion Members And Friends, Branch #86





## Let's Eat Out With Family Traditions

"Mom, why do we have to do the same thing every year? Why can't we do traditions at Christmas?" This was a question my 9 year old daughter once asked me. She has her own family now and they have begun their own family traditions (and she can explain the difference to them)!

What are your family food traditions or what were they when you were a child? I polled family and friends and this is what I got:

\* Mocha cakes, speckled squares and Yankee Swap with family

\* 4 different kinds of pie and Dad would always take a sliver of each one

\* Brown sugar fudge to eat while decorating the tree

\* Homemade bits and bites, a sweet tray with at least 10 different sweets

\* Fighting over the Peanut Butter Balls from the above sweet tray

\* Seeing the sunporch windows all fogged up because of all the baking

\* Mom would put the turkey in the oven before she went to bed and my brother and I would wake up at 3 am to that wonderful smell and open all our gifts.

\* Mom always made divinity fudge.

\* Having a goose for Christmas dinner, I can still recall their slaughter

\* Having a feast after midnight mass including tortiere and plum pudding

\* Roast of pork cooked in the same pan as the turkey, adding moisture

\* Great Canadian Bagels and cream cheese on Christmas morning; hanging tinsel on the tree one strand at a time

\* Chicken Bones, Barley Toys, homemade brownies

\* Opening our stocking containing an orange, an apple, a small brown paper bag of mixed nuts and one stick of Juicy Fruit gum

\* Spaghetti on Christmas Eve

\* Bowling and treats on New Year's Eve, seafood casserole on New Year's Day and my brother always got KFC because it was his birthday

\* Taking turns opening presents from youngest to oldest

\* As a little boy going to my grandparents on the farm. Dad and his brothers and any relatives that came would have a very wee glass of alcohol that was saved just for Christmas, and everybody would make faces as they gulped it down.

\* Have maple syrup pie and Memere saying "If you eat too much you're going to be sick."

How a yearly holiday can evoke such strong memories tells me that these traditions are worth passing on. Have a blessed Christmas time with your loved ones and with others you are sharing it with.

Even as we reminisce, conversations are started and memories are shared.

"God bless us every one!"  
from A Christmas Carol



## Poinsettia Plant

Poinsettia plants remain one of the most popular holiday plants. Hybridizers have expanded the range of colors from the familiar red to pastel yellow and vibrant bi-colors. Because poinsettias have been forced into bloom, they need some extra care, to keep them in bloom throughout the holidays. Poinsettias are a tropical plant and will appreciate as much direct sunlight as you can provide.

**Light** - Place it near a sunny window. South, east or west facing windows is preferable to a north-facing window. **Heat** - To keep the poinsettia in bloom as long as possible, maintain a temperature of 65 - 75 degrees F. during the day. Dropping the temperature to about 60 degrees F. at night will not hurt the plant. However, cold drafts or allowing the leaves to touch a cold window can injure the leaves and cause premature leaf drop.

**Water** - Water the plant whenever the surface feels dry to the touch. Water until it drains out the bottom, but do not let the plant sit in water. Wilting is another common cause of leaf drop. A wilted plant can be revived and salvaged, but it will take another season to improve its appearance.

**After Christmas Care:** January - March: Keep watering the poinsettia whenever the surface is dry.

Though they have a bad rap, poinsettia plants are only mildly toxic to cats and dogs. ... While poinsettias are commonly "hyped" as poisonous plants, they rarely are, and the poisoning is greatly exaggerated. When ingested, mild signs of vomiting, drooling, or rarely, diarrhoea may be seen.



## What's Cooking? In Winona's Kitchen

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Quick and easy for Christmas company

For 12 individual pizzas  
6 English muffins

Combine a small can tomato paste

½ teaspoon Oregano

½ teaspoon salt

¼ teaspoon onion salt

Spread over each half of muffin

Add your choice of meat;

Pepperoni, cooked bacon,

cooked sausage

Sliced or shredded

Mozzarella cheese

Bake in 400 degree F. oven,

about 10 minutes,

or until cheese has melted and heated through.



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*May your  
Christmas  
be filled with  
cherished  
memories!*

*Remember your local food banks!*

**David Keirstead - Funeral Director**

## Loving Christmas

By Gloria Scribner

It's nearly Christmas! You can see it in the softly falling snow, hear it in the shopping mall's music and taste it almost daily in those staff dinners, church dinners, Christmas parties, and complimentary taste-testers in every super-market aisle. You can feel it in the happy anticipation in children's eyes at Toyland, and even catch a glimpse of it in trepidation at check-out counters, and on 'worry-lined' foreheads of busy moms and dads working over-time.

The upcoming event inspires no longer just a Christmas pageant, a decorated tree with gifts beneath it, and stockings hung expectantly. Today we catch the first glimpse of the greatest day of the year somewhere off in the distance as early as July and with each approaching day the polestar appears closer and closer, just as a distant twinkle in the offing looms nearer, and faster and faster until a great glowing wonder hangs over us and the wonder turns from awesome to fearsome. Great question marks infiltrate our senses as What?, Why?, and How?, then Why not?, become the stuff Christmas is made of.

The stores roll out mile upon mile of Christmas lights, spotlights, mini-lights, flashing lights competing with fantastic street lights, so many that along with the car lights of busy shoppers they actually obliterate starlight. To find the moon on the crest of the new fallen snow one would almost have to trek to the remotest regions of barren countryside.

If it sounds as though I dislike Christmas, let me correct you. I love Christmas! It's just that I hate so much Christmas! What once was a long awaited family celebration with turkey, dressing and apple pie has suddenly become just a finale to many many duplicated competitions in cuisine. We eat ourselves silly almost every day from the onset of December as churches, clubs, work-places, and relatives all try to juggle their schedules for the pleasure of adding inches to our waistline. What's left to anticipate?

I remember when I eagerly approached the mailbox in expectation of Christmas cards from distant places and now the computer displays "Happy Holidays" from every corner of the globe. I recall the once a year ritual of bringing home the Christmas tree; the horses, the sled, and the crazy kids jumping on and off all the way to the woods and back. I remember the unpacking of yesterday's treasures that brought back memories of other Christmases as we hung nostalgia on the limbs of December.

Now people put a tree in every room in the house, artificial master pieces, pre-lit and completely devoid of scent. Hence, candles are lit to add aroma as we bask in the glow of electric wall fireplaces. After Christmas the

decorations head for the curbside and the "non-mess" is gone for another year. The raucous joy and laughter of Christmas morning is now a still, silent celebration as family members finger their video games, muted music (via earphones), and connect by texting with kin.

Whatever happened to skating on ponds, hockey on the roads, coasting on the hills, packages wrapped in ribbon, and carols sung in school auditoriums as well as churches. Give me crackling embers and the scent of pine, real stockings hung instead of phony felt, moms who wore aprons as the women-folk gather at the kitchen sink to wash and dry and laugh and talk as they cleaned up the reminders of God's bounty once again, where cousins joined in snowball fights and dads had the day off work and also exceptional patience on this holiest of days. And wouldn't it be nice just once more to find an orange in the toe of your stocking and actually consider it a treasure?

But, as I pen this I'm reminded that there's still a Christmas Spirit. I believe I saw it tonight as I watched the little children practice their parts for the church play. I saw it in their eyes and its giddy child-fashion echoed its excitement across the church basement. I looked into the future (concert night) and saw 20 little children, dressed in their Sunday best, suddenly become transformed into little angels with no 'tom-foolery', not a hint of foolishness, just pride in the fact that parents and grandparents were taking the time to attend and applaud, with cameras in hand, relishing their sons and daughters participation no matter how small the part.

Christmas isn't found merely in gift buying or extravagant feasts. It's shared in knowing that someone loves you. It's feeling the magic of that first Christmas in plastic wings, tinsel halo and cardboard donkeys. It's the doll in the manger, the bath-robed shepherds and a very special couple with wonder in their eyes. It's the reminder of the greatest gift ever given to mankind over 2000 years ago. Merry Christmas everyone!







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### Some Christmas Facts

"A Christmas Carol" is a novella by Charles Dickens, published on December 19, 1843. The first edition sold out by Christmas Eve. By the end of 1844 thirteen editions of the novella had been released. Most critics reviewed the novella favorably. A Christmas Carol has never been out of print and has been translated into several languages; the story has been adapted many times for film, stage, opera and other media.

The first **Christmas Seals** originated in 1903 when a benevolent postmaster named Einar Holboell in Copenhagen, Denmark was inspired to create the stamps to help children with tuberculosis (TB). In 1907 the idea crossed the Atlantic to the United States. By 1908, the campaign had reached Canada. Interested people in Toronto and Hamilton began Christmas Seal campaigns to build and support sanatoria, as TB hospitals were called back then. Today, Christmas Seals are an essential fundraiser for The Lung Association nation-wide. The money raised is used to support world-class research, programs and services. Celebrating its 100th anniversary in 2008, the venerable Christmas Seal

continues to help all Canadians to breathe easier.

The **Empty Stocking Fund** came from a humble beginning back in 1912. The story goes like this: it was a few nights before Christmas when a reporter for the old Saint John Evening Standard (now the Telegraph Journal) -- Harry (Dutch) Ervin - saw two poor children looking at a department store's toy display from the street. When he returned to the newsroom, he passed the hat and collected \$30 to buy Christmas gifts for Saint John's needy children. Soon, word spread of Harry's crusade and by Christmas Eve, the pot had grown to \$700. Today, the Telegraph-Journal's Empty Stocking Fund is one of the oldest newspaper-sponsored Christmas appeals in Canada.




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*May the peace and joy that Christmas brings....  
always be with you and your family  
Merry Christmas*



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## Merry Christmas

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Christmas Season, and a  
Prosperous New Year.



**Hon. Ross Wetmore**  
**Minister of Agriculture,  
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### The Petitcodiac Valley Golf and Country Club Winner

The Petitcodiac Valley Golf and Country Club finalized their second Chase the Ace program on October 29. The club housed many hopefuls as the Ace was going to be drawn on that night. Twenty-two cards were drawn before, on the 23rd try, Mark St. Pierre's name came out and the Ace of Clubs was drawn. Mark received \$5,232 for that lucky card.....and the other 22 shared the 20% that would normally go to the "loser" of the night. Since our sales

were over \$3,600 that last night, each person received \$32.

>  
> Our two Chase the Ace projects have seen two individuals take home over \$8,300 while on a nightly basis we had 27 winners averaging over \$200 a night. In addition, we had 29 happy winners on our 50/50 draw who averaged over \$100 per night. But the piece de resistance from our perspective was the monies put back into our community. On our

first draw, the Petitcodiac Boys and Girls Club were provided with a total of \$2,504.50 while our last draw saw the Petitcodiac Fire Rescue take home a cheque for \$4,500. We are very proud of our (and YOUR) efforts to provide such a financial contribution to these worthy organizations.

>  
> Thank you to all who supported our Chase the Ace initiative. We have not made a decision as to whether we will

conduct another one (or two) next year but we will advise in March or April if we do. Wishing all of you a very happy and restful holiday season

>  
> Marilyn Pollock, Past President



Pictured above is PVGCC Chase the Ace winner, Mark St. Pierre, with Marilyn Pollock, Past President and Coordinator of PVGCC Chase the Ace



The above picture of our President Daryl McCully presenting a cheque to Petitcodiac Fire and Rescue



## Salisbury Beautification Program - Third Annual Tree Dedication Event

Our third annual Tree Dedication Event was held on Sunday, October 14th. . A large crowd gathered to commemorate the five memorial trees that were planted as part of our annual tree campaign. Thank you to families who purchased trees and to Councillor Beverly Best and Rev. Danny Compton for participating in the ceremony. The gift of a tree is a lasting tribute to remember or honour special people in our lives. It is the gift that keeps on giving ...today and for generations to come.



Two linden trees were planted in memory of Doreen (Eagles) Burnham RN and Elaine (Eagles) Kerr RN.

Salisbury Beautification Program



A red maple tree was planted in memory of Earl, Doug and Danny Chapman.



The above picture - a golden maple tree was planted in memory of Mutt and Marjorie DeForest.



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# Salisbury Happenings



## Village of Salisbury News

### SEASONS GREETINGS!

The Mayor, Council, and Staff of the Village of Salisbury wish you a joyous holiday season and health, happiness, and prosperity throughout the coming New Year.

### CHRISTMAS DECORATING CONTEST

The Village of Salisbury will be holding a Christmas Decorating Contest again this season. Local households can register by phoning (372-3230) or emailing the Village Office ([vilsalisbury@nb.aibn.com](mailto:vilsalisbury@nb.aibn.com)) before 4:30pm on Wednesday, December 5th. Judging will take place on Saturday, December 8th between 6:00-8:00pm, and winners will be announced on December 10th at the Village Council meeting being held that evening. Rules are available at the Village Office or online at [www.salisburynb.ca](http://www.salisburynb.ca). Winners will receive prize money that they can keep or donate to their choice of a Salisbury charity or organization. Three prizes will be awarded (\$100 for 1st, \$75 for 2nd, and \$50 for 3rd).

### HOLIDAY OFFICE HOURS

The office will be closed at noon on December 24th and will reopen on December 27th at 8:30am for the Christmas holidays; and will close at noon on December 31st for New Year's Eve and will reopen on January 2nd following the New Year's Day holiday.

### WINTER PARKING

Just a reminder that for the purpose of snow-removal, no person shall stand or park a vehicle on any highway or street within the Village of Salisbury between the hours of 1:00am and 7:00am from the first day of November in any year until the first day of April in the following year.

### BE 72-HOURS READY!

Winter weather has arrived, and it's important that all of us be prepared in the event of storms that result in power outages. In partnership with the New Brunswick Emergency Measures Organization, the Village of Salisbury urges its residents to be 72-hours ready; that is, be prepared to manage on our own for at least 72 hours while NB Power works to restore service. Have an emergency plan and a storm kit covering the needs of your family (including pets!). The Village of Salisbury diligently monitors weather conditions, keeping in close communication with NB EMO in preparation to respond in times of emergency. With the environment changing, it should be noted that storms are increasing in intensity, if not frequency, further underscoring the importance of being 72-hours ready!

### CHRISTMAS TREE DISPOSAL

Residents who wish to drop-off their Christmas tree can do so at the following site: Village of Salisbury Wastewater Treatment Facility, 47 Government Road (in designated area). Tree bags, tinsel, ornaments, nails, tree skirts, string, stands, etc., must be removed before disposal. Christmas wreaths will NOT be accepted.

### HAZARDOUS WASTE

Southeast ECO360's Mobile Eco-Depot will be in Salisbury for two days in early January - on Wednesday, January 2nd and Thursday, January 3rd from noon-8:00pm both days. They will be set up in the parking lot of the Salisbury Baptist Church at 3128 Main Street. For more information, visit them online at [www.eco360.ca](http://www.eco360.ca).



## Upcoming Events

### Christmas Tree Lighting at Highland Park!

Join us at our 2nd annual tree lighting ceremony on **December 2 at Highland Park from 6-7 pm**. Some of the Men in Black group will be leading us in Christmas songs. We will provide hot chocolate and hot apple cider. Please remember to bring a reusable mug to help us reduce waste!!

### Children's Christmas Craft Party

**Monday Dec 10 from 6-8**-sing the kids up for a fun night of Christmas Crafts at the Salisbury Lions Club! The cost is \$6/child and parents must stay with their children. Various craft tables will be set up including a Gingerbread House for each child to decorate and take home! The night will be an open house style where you can come and do your crafts and leave at your leisure. Spaces are limited and available first come, first served so please call 372-3280 or email [parks.leisure@salisburynb.ca](mailto:parks.leisure@salisburynb.ca) by December 7.



Canadian Mental Health Association-Let's Talk Series-Anxiety-Dec 10 from 7-8 at Salisbury Parks & Leisure Office 62 Douglas St. Everyone is welcome to attend this session on Anxiety offered by Denise Miller, Community Education Coordinator with CMHA of NB.



We bring you exciting new changes to our venue in 2019! In addition to our health and wellness theme we are adding a "buy local" theme! This will allow local home-based businesses, farmers and crafters to be vendors at our expo. If you or someone you know would be interested in attending as a vendor, please get in touch with Holly or Donna at 372-3280 or [parks.leisure@salisburynb.ca](mailto:parks.leisure@salisburynb.ca). The cost per table is \$40 but sign up before December 19 and save \$5 on your registration! There is no charge for non-profit organizations promoting health & wellness. Kiosk tables are available on a first come first served basis so please register asap to reserve your spot!

### Save the Date:

**Salisbury Naturalist Club meeting-January 8 at 7 pm** at the Salisbury Parks & Leisure Office-62 Douglas Street. Come and learn about the Bird Studies Canada Marsh Monitoring Program being led by club member Bill Winsor. Everyone welcome!

**Salisbury Expo-January 19, 2019** from 10-3 at JMA High School

**Salisbury Winter Carnival**-February 9-16, 2019

con't on pg. 22



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*Merry Christmas*

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Sunday - Closed



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**Please Drive Safe this Holiday Season**



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## Maritime Motorsports Hall of Fame



### Inductee Corner

#### 2018 Induction Ceremony

The 13th annual Maritime Motorsports Hall Of Fame Induction Ceremony held November 17th was a huge success, with a sold out crowd, at the Best Western Glengarry Hotel in Truro, Nova Scotia. With attendees from Nova Scotia, Prince Edward Island, New Brunswick, Ontario and California, USA. The Induction brought in ten new inductees, bringing the total to over 130 that have been inducted since the first induction in 2006.

##### From New Brunswick

Gerard Clow (Moncton) Competitor, Drag Racing

Robert 'Bob' Duncan (Rothesay) Competitor, Stock Car

James MacKinnon (Moncton, residing in Dartmouth, NS) Competitor, Motorcycle

##### From Nova Scotia

Mitchell 'Mitch' Cooke (Truro) - Competitor/Promoter, Motocross

Danny Fahie (residing in Orange, California) - Competitor/Builder, Motocross/Supercross

Mike Kaplan (Dartmouth) - Competitor, Drag Racing / Track Announcer

George Koszkulics (New Glasgow) - Competitor/Builder, Stock Car

Stanley Miller (Kennetcook) - Builder, Stock Car

Atlantic Canada Chapter of the Studebaker Drivers Club, Inc. (Cooks Brook) - Club

##### From Prince Edward Island

Debbie Livingston-Martin & Paul MacKenzie (Charlottetown) Jr. Drag Racing, Promoter

To reach the decision of Inductees, thirty nominations were considered by the MMHF Induction Committee. The committee would like to thank everyone who submitted a nomination.

#### The 2018 Inductees



Back Row: left to right - Stan Miller, Dan Fahie, Michell Cooke, James MacKinnon, Gerard Clow  
Front Row: left to right - George Koszkulics, Debi Livingstone - Martin, Mike Kaplan, Bob Duncan, Bill Jarvis (representing the Atlantic Canada Chapter of the Studebaker Drivers Club Inc),

#### MUST DIET

It's fun I know,  
When we mix in the dough.  
Samples we must try,  
Or we think we'll surly die!  
At tasting we're a pro,  
We just simply can't say no!  
To Diet isn't fun  
Because food we'd have to shun.  
But Diet we must,  
In me you'll have to trust.  
Let's think of it as a game  
And soon they'll have to ask our name!  
By Winona McLean, written November 2, 1992

#### From the Desk of Your MLA

Hon. Ross Wetmore, Gagetown - Petitcodiac

On Friday, November 2nd, the Liberal government lost a confidence vote in the legislature causing Brian Gallant to resign as Premier. Our Lieutenant Governor then asked Blaine Higgs if he was confident he could form a government and receive the confidence of the house.

Blaine Higgs said 'yes' and one week later, on Friday, November 9th, he was sworn in as the 34th Premier of New Brunswick.

Also on that day, I was honoured to be sworn in as Minister of Agriculture, Aquaculture and Fisheries as part of New Brunswick's first minority government in almost a century. I am humbled by the support and encouragement I have been receiving since becoming Minister.

The ongoing challenges faced by New Brunswick farmers and fishers are welldocumented. From financial to labour shortages to global pressures, I hope that our government will be responsible for bringing solutions to these challenges. I also hope we can prevent future challenges like carbon tax through a strong and united voice with our producers.

These three sectors account for over two billion dollars in economic activity within our province and sustain thousands of fishing and farming families.

My learning curve promises to be a steep one, but thanks to living in one of the big farming areas of the province, I will be able to call upon the wisdom of our agricultural community.

In our riding of Gagetown-Petitcodiac, we have the largest dairy farm and largest hog producer in our province along with beef and poultry producers, apple orchards and mixed-farming. We are very proud of our agricultural heritage and not shy to show it off each year.

Our annual Queens County Fair highlights agricultural awareness for visitors from far and wide. It was a privilege to host Premier Higgs at this year's fair and I am sure we will invite him back next year.

Despite the challenges facing our province and our riding, we have reasons to be optimistic. I feel the Petitcodiac area will be well served with my cabinet colleagues Sherry Wilson and Mike Holland, and we are truly fortunate to have Minister Mary Wilson as our neighbour on the Gagetown side of the riding. It will be a privilege to work alongside these dedicated people to make life better for the people of our great province.

As the MLA for our riding, I will continue to press for a new Petitcodiac area health centre and for the return of our Gagetown ferry; and to work on your other issues as you bring them forward to me.

Over the next few weeks as you prepare for the Christmas season, please keep the lonely and less fortunate in your thoughts and do what you can to ease their burden.

I remain ever grateful for the opportunity to serve.

#### Sudoku (page5) Answers

9	4	1	6	2	7	5	8	3
8	7	2	5	4	3	9	1	6
5	3	6	1	8	9	7	4	2
4	5	7	2	1	8	6	3	9
3	6	8	9	7	5	1	2	4
2	1	9	4	3	6	8	7	5
7	8	5	3	9	4	2	6	1
6	2	3	8	5	1	4	9	7
1	9	4	7	6	2	3	5	8



## Business Directory

*Support your Local Communities - Shop Local*

Call 756-2110 to book your space in our new Business Directory

0 - 30 words - \$17.50 + HST

Next Issue -December1, 2018 / Deadline November 23, 2018

### Petitcodiac

#### Auto Supplies

 **Auto Supplies**  
188 Old Post Road  
Petitcodiac, NB E4Z 4P1  
Phone - 756-3347  
**Hours**  
Monday - Friday - 8am - 5:30pm  
Saturday - 8am - 12pm

#### Auto Body & Towing

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Complete Auto Body Repair  
Complete Collision Repair  
**James Hamilton** Roadside Assistance  
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(506) 756-4675  
Petitcodiac, N.B. Accident Recovery

#### Autobody

**Bob's Paint Shop**  
1811 Route 885, Havelock, NB  
(506)756-0135  
\*Corrosion / Collision Repair  
\*Insurance Claims Welcome  
\*Autobody Paint & Repair  
Erin Goddard - Proprietor

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 Sales, Installation  
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Wood & Pellet Stoves  
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#### Convenience Store

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All under ONE roof  
    
Greco Pizza - 756-8033

#### Electrician

 **Luke Lymburner**  
Residential - Commercial  
Petitcodiac, NB  
**Phone: 756-4144**  
lymburnerelectrical@gmail.com

#### Excavation

**T&D Excavating**  
356 Springhill Rd - Havelock, NB E4Z 5T3  
Septic Systems - Excavating - Dozing  
Sandstone - Gravel - Trucking - Topsoil  
Snow Removal  
Dana - 871-3024 Tyler - 756-0108

#### Grocery Store

 **FOODLAND**  
33 Main St., Petitcodiac, NB  
Phone - 756-3321  
**Hours**  
Monday- Friday: 8am - 8pm  
Sat.-8am - 6pm / Sun.-11am - 6pm

#### Home Care Solutions

 Christine Noseworthy  
Human Resources Coordinator  
Client Service Coordinator  
506.857.9992 x20304 / 1.866.227.3890  
cnoseworthy@bayshore.ca  
www.bayshore.ca

#### Insurance

**Gary Lounsbury, BBA, CIP**  
Agent  
  
Phone: 756-1102 / Cell: 756-0685  
gary.lounsbury@semutual.nb.ca  
www.semutual.nb.ca

#### Machine Shop

**MBR Mechanical Contractors Inc.**  
121 Fawcett Hill Rd., Petitcodiac, NB  
Email: ejardine@mbr-group.ca  
\*Machine Shop Service  
\*Industrial & Farm Equipment Repair  
\*Millwrighting \*On Site Service  
Evan Jardine: 756-2930 / Cell: 858-3990

#### Real Estate

 **Chris Constantine**  
506-866-3291  
chris@homeguide.ca  
www.HomesGuide.ca

#### Special Care Home

**Country Care**  
Special Care Home  
67 Steeves Rd, Interval  
Homelike Atmosphere & 24 Hour Care  
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381-8178  
Hauling Material  
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### Salisbury

#### Auto Supplies

 **Universal Accessories Ltd.**  
3092 Main St., Salisbury, NB  
Phone 372-5398  
**Hours**  
Monday - Friday: 8am - 5:30pm  
Saturday: 8am - 12pm

#### Building Supplies

 **Home hardware building centre**  
55 Horsman St, Salisbury, NB  
Phone: 372-5222  
**Hours:**  
Mon. - Wed: 7:30am - 6pm  
Thurs. - Fri: 7:30 - 7pm / Sat.: 8am - 5pm

#### Consignment Store

 3154 Main Street  
Salisbury, NB  
Phone: 506-215-0238  
Entrance behind Salisbury Pharmacy  
**Family Clothing**  
**Hours**  
Mon. - Thurs. - 10am - 5pm  
Fri. - 10am - 5pm / Sat. - 10am - 4pm

#### Drug Store

 **Guardian**  
Salisbury Pharmacy Ltd  
3034 Main Street  
Salisbury, NB  
(506)372-4760  
Mon-Fri 9am-5pm Sat 9am-5pm  
Sun 12-5pm Holidays Closed

#### Funeral Homes

 **Salisbury Funeral Home**  
Salisbury West, NB  
Phone: 372-4800  
Petitcodiac, NB  
Phone: 756-3361  
David Keirstead - Funeral Director  
www.keirsteads.ca

#### Sussex

#### Meat Shop

**The Country Butcher**  
147 Rte 890, Smiths Creek, NB  
(506)432-1815  
\*Custom Butchery Services - Domestic & Wild  
\*Retail Store Featuring Store Made Products  
-Smoked Pork Chops / Bacon  
-Sausages, Steaks, Roasts, Hamburger  
-Jerky - Cured/Smoked Dog Treats

#### Poultry

 **COUNTRY POULTRY**  
For All Your Poultry Processing Needs  
Phone: (506)433-5200 1200 Route 890  
Newtown, NB

#### Grocery Store

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**Hours:**  
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Sunday: 10am - 6pm / Holidays: 12 - 6pm

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**Services**  
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Windows, doors, patios & more...  
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Fully Insured



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Cars / Trucks / Drones / Planes  
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3134 Main St., Salisbury, NB  
Phone: 372-9990 www.freedomhobbies.ca

#### Pet Grooming

 **Kristal Clean Pet Grooming**  
1-506-233-PETS (7387)  
 **Kristal Budd Lounsbury**  
26 O'Neal Rd, Second North River, NB E4J 3Z3  
Caring Beyond Cleaning

#### Real Estate

**CENTURY 21**  
**A & T Countryside Realty Inc.**  
506.387.2121  
 **Katie Taylor** 506.229.1984  
 **Wendy Ogilvie** 506.961.7045

*I would like to thank all of our sponsors that make this paper such a success.*

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Let the classifieds help you list apt for rent, sell your items, or announce your special occasions.

Cost: \$5 for 20 words or less & \$15 for over 20 words.

Please drop off information at 5 Hooper Lane, Petitediac (the Maritime Motorsports Hall Of Fame building) during our business hours: Monday to Friday 10 a.m. to 5 p.m. For more information please call 756-2110

## UP COMING EVENTS

**Five Points Baptist Church**  
5597 Route 895 Colpitts Settlement, NB E4J 3A2

### Gospel Jam Session

Join us on the 3rd Sunday each month at 6:30pm  
for an evening of uplifting Gospel Music from  
Local Singers and Musicians

Contact Ross 534-2461 for more information



Havelock Baptist Church  
Petty Puppeteers Musical  
December 12th at 6:30pm  
Free Will Offering

Anglican Church Women  
Kay Street, Salisbury  
Annual Bake Sale & Auction  
Thursday, November 29 at 7:00pm

Maritime Motorsports Hall of Fame  
Christmas Bazaar  
December 1, 2018  
10am - 4pm  
Crafts, Jewelry, knitting, Home baking,  
quilts, Pottery, Soaps, Clothing, Linens  
and much more

## UP COMING EVENTS

Hon. Ross Wetmore  
Minister of Agriculture, Aquaculture  
and Fisheries  
Gagetown - Petitediac  
Will be at the Maritime Motorsports  
Hall of Fame every Monday starting at  
10am

**GAMES DAY** Meet on Wed. at 1:00pm  
At the Maritime Motorsports  
Hall Of Fame  
5 Hooper Lane  
A NEW NAME  
"Vintage Jubilee Group"  
With a new venue

Post your classified with us! \$5.00  
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over 20 words. Picture & under 20  
words \$15.00 Picture & over 20 words  
\$20.00 Obituaries \$35.00

## FOR SALE



### Meadowview Garden Homes

Down size into a home you will love!

Now under construction, one semi-detached unit will be available in Spring of 2019.

Conveniently located on Meadow View Drive in Petitediac, these 1200 sq. ft. one level layouts have an spacious open concept living/ dining area with a large bright kitchen c/w an island. There are 2 bedrooms and one full and one half bath. Design includes a garage and a rear -side covered porch area. Purchaser can select finishes. Units are priced from \$167,000 (includes hst and vendor rebate). Call Dale or Heather Keith for more information. Phone 534-2286.

## THANK YOU

Thank You  
We would like to thank our family  
for the wonderful Anniversary Party.  
Thanks to all who came to celebrate  
with us; the many cards; gifts, etc.  
It was very much appreciated and  
enjoyed.  
Thank again  
Terry & Heather Smith

### Weekly 50/50 Draw

Tri-County Boys and Girls Club  
Gold Rush. Only a Toonie!  
Remember your number and play it  
weekly. Help support the Boys and Girls  
Clubs of Petitediac and Salisbury  
For more info check us out on facebook  
@ Tri-County Gold Rush

Post your classified with us! \$5.00  
for under 20 words or \$10.00 for  
over 20 words. Picture & under 20  
words \$15.00 Picture & over 20 words  
\$20.00 Obituaries \$35.00

## CHRISTMAS OPEN HOUSE

**Saturday, December 8**  
**10:00 am to 6:00 pm**

*Cards Because*

148 King Street, Petitediac, N.B.

Christmas and all-occasion cards,

hasty notes,

PLUS a limited selection

of giftware.

Refreshments

Cozy Ambiance

Door Prize

*Everyone Welcome*

## Salisbury Legion

Business Hours

Sunday & Monday- Closed

Tuesday - Thursday- 5pm-10pm

Friday & Saturday- 12 noon - 10pm

On Sunday December 2nd the jolly ole guy in the red suit will be making an appearance for the Annual Children's Christmas Party!!!! There will be face painting, bouncy castle, hot dogs and pop, just a few of the events for the day. The best part...IT'S FREE!!!! It starts at 1pm and goes til 4pm. Bring your child and meet the ole guy and let your child play away the afternoon with all the other children there!!! Hope to see you there !!!

Christmas Merry Makers will be held on December 3rd from 9am-2pm. Pot Luck, games, gifts, and of course the Jolly Ole guy in the red suit!!!! Come out for a good time and great friends!!!! This will be the last one for the year. Don't miss it!!!!



On behalf of the Salisbury Legion we would like to wish every one a very Merry Christmas and a Happy New Year! May 2019 bring you Joy, Health and Happiness! We would also like to Thank everyone for their support this year. We greatly appreciate it!!!!



## ADULT EDUCATION

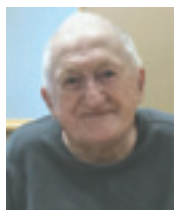
**Salisbury Adult Learning Center**  
372-5025  
or  
South East Regional  
Adult Learning Board  
857-9912  
**FREE GED & PRE-GED PROGRAM**

Do not have your High School diploma and need it for work or college? Then contact the Salisbury Adult Learning Center as we offer full and part time GED training (continuous intake). There is no cost to attend, and the program is Employment Insurance, Social Development and Post Secondary Education Training and Labour approved and funded.

## Memorial

IN MEMORY  
Remembering a wonderful sister  
Linda (MacPhee) Morris  
Who passed away December 22, 2014  
Loved dearly, remembered always  
Roger, Bonna, Rhonda, Scott  
and their Families

## OBITUARIES

Adam Otto Steeves

Adam Otto Steeves, formerly of Steeves Settlement, NB passed away on Saturday, November 10, 2018 at the Jordan LifeCare Centre. Born in Steeves

Settlement, he was the son of the late Nathaniel and Ina (Bannister) Steeves. Adam was a retired employee of Canada Cement Lafarge, and a Deacon of the Steeves Settlement United Baptist Church.

Survived and sadly missed by his two daughters, Dianna (The late Victor Armes) of Fawcett Hill, and Betty (Dale Ward) of Salisbury; three sons, Billy (Marie) of Caissie Cape, Robert (Debbie) of Fawcett Hill, and Andrew of Ontario; nine grandchildren, Bonnie, Sheldon, Stacey, Susan, Robbie, Trevor, Tyler, Ashley and Shannon; several great-grandchildren; one sister, Erma Thorburn; and many nieces and nephews.

Besides his parents, Adam was predeceased by his wife, Ruth; two grandsons, Todd Buchanan and Kevin Haevens; four sisters, Byrd, Violet, Hazel and Arleen; and six brothers, Seymour, Reginald, Dawson, Murl, Ralph and George.

Resting at Salisbury Funeral Home,

## OBITUARIES

3350 Route 106 (372-4800) from where visiting will be held on Tuesday, November 13, 2018 from 6 - 9 pm. Service will take place in the funeral home chapel on Wednesday, November 14, 2018 at 1 pm with Pastor Lloyd O'Blens officiating. Interment to follow at Steeves Settlement Cemetery. If desired, donations to the Friends of the Jordan LifeCare Centre would be appreciated by the family.  
[www.keirsteads.ca](http://www.keirsteads.ca)

Jennie Bernice Sleeper

Jennie Bernice Sleeper, 91 of Lewis Mountain passed away Wednesday, October 24, 2018 at her residence. Born at Dobsons Corner, she was the daughter of the late Leonard and Greta (Geldart)

Hoar. Jennie was a homemaker, a former member of the Women's Institute and had been a very active member of the Lewis Mountain Baptist Church. She liked to quilt, knit and she had quite a green thumb and loved gardening and her flowers. Anyone who was sick or needed help Jennie made sure they were well taken care of and her cure for anything that ailed you was eggs. She loved to feed people and had the best cooking in North America.

Jennie is survived and sadly missed by her children Helen Breau (Laurie), Steeves Mountain, Harold (Sylvia), Lewis Mountain and Leonard (Joanne), Lewis Mountain; brother-in-law Tom McNeil; sisters-in-law Kay Hoar and Marg Hoar; grandchildren Nicholas (Jill), Michael (Clare), Melissa, Susanne, Bradley (Holly), Vanessa and Logan (Jaclyn); great grandchildren Alica, Morgan, Amelia, Charlotte and Leo and several nieces and nephews. Predeceased by her husband Bradley; brothers Robert, infant Willard, Hughie, Allison and Frank and sister Eleanor.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be from 12 noon until the time of service on Sunday, October 28 at 1 pm with Rev. Vincent Burgess officiating. The family invites everyone to dress plaid shirt casual. Interment at Lewis Mountain Cemetery.

If desired, donations to the Lewis Mountain Baptist Church or cemetery or a charity of choice would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

## OBITUARIES

Orval Freeman Lewis

Orval Freeman Lewis, 72 of Montegale passed away Monday, October 22, 2018 at the Moncton Hospital.

Born in Moncton, he

was the son of Freeman and Stella (Dobson) Lewis. Orval spent his early working years with NB-Tel, and went on to become co-founder/owner of UAP Salisbury. He eventually retired as a self-employed carpenter. Orval enjoyed hunting and spending time with his friends and lending a helping hand.

He is survived and sadly missed by his parents, Freeman and Stella; brother, Reid Lewis, several cousins and many good friends.

A service to celebrate his life will be held on Thursday, October 25, 2018 at 2 pm from the Salisbury Funeral Home Chapel (372-4800) with Pastor Rob Hunt officiating. Interment at the Montegale Cemetery.

If desired, memorials to the Montegale Cemetery Fund would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

Deborah Gail Smith

Deborah (Deb) Gail Smith, 64, of Petitcodiac passed away Thursday, November 15, 2018 at her home with her family by her side.

Born in

Moncton, she

was the daughter of the late Harold and Louise (Bulmer) Flanders. Deb was a homemaker, a former volunteer with S.P.O.T. and Moncton Victim Services. She was a very proud Nanny and spending time with her grandchildren brought her much joy. Deb had a love for animals, especially her three dogs and she enjoyed the outdoors and four wheeling with her girlfriends.

She is survived and sadly missed by her husband of 45 years Douglas; children Kami Smith (Jerry) and Ben (Megan); cherished grandchildren Dalton, Matthew, Reese and Morgan; brothers and sisters-in-law Brian Smith (Vera), Barb Melvin (Gary) and Sheila Surret (Larry); siblings Carolyn Flanders and David Flanders and several nieces

## OBITUARIES

and nephews. Besides her parents Deb was predeceased by her father and mother-in-law Harris and Phyllis Smith.

Resting at St. Andrews Anglican Church, Petitcodiac, visiting will be Tuesday, November 20 from 6 to 8 pm and from where the funeral will be held Wednesday, November 21 at 2 pm with Rev. Chris Hayes officiating. Arrangements are in the care of Salisbury Funeral Home (372-4800).

If desired, memorials to the Moncton SPCA or a charity of choice would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

Stuart Maurice Lewis

Stuart Maurice Lewis, 83 of the Jordan LifeCare Centre, The Glades and formerly of Middlesex passed away Sunday, October 21, 2018 at his residence.

Born in Middlesex, he was the son of the late Lloyd and Elizabeth (McCormick) Lewis. Stuart was a retired School bus driver with the former School District 16 and he was also a farmer and auto body repair man. Stuart enjoyed working on his woodlot and gardening.

He is survived and sadly missed by his beloved wife Marguerite (Snider); children Elizabeth MacCallum (late Lester), Dale (Krista), Randy (Maxine), Allen (Cindy) and Lisa Lewis (Peter); stepchildren Eric Magarvey (Pam), Norma Geldart (Mike), Brian Bernard (Bonnie) and Nancy Jinson (Mickey); brothers Arnold (Myrna) and Francis (late Sandra); sister-in-law Jeanette Lewis and several grandchildren, great grandchildren and nieces and nephews. Predeceased by his brother Lloyd (Jr.).

There will be a private family graveside service at the Middlesex Cemetery. Arrangements are in the care of Salisbury Funeral Home (372-4800).

The family would like to express sincere appreciation to the staff at the Jordan LifeCare Centre for the wonderful care Stuart received.

If desired, memorials to Friends of the Jordan LifeCare Centre Foundation or the Middlesex Cemetery would be appreciated by the family.

[www.keirsteads.ca](http://www.keirsteads.ca)

## Church Services

**St. Andrew's Anglican** - Sunday Service at 9:00 am. Sunday School at 9:00am

**Petitcodiac Baptist** - Morning Worship at 10:00am. "SS JAM" (preschool - Grade 5) at 10:00 am. Nursery available for infants

**St. John's Anglican Church, Salisbury,** each Sunday at 11 am with Sunday School also at 11 am

**Petitcodiac-Salisbury Pastoral Charge**  
United Church of Canada  
Salisbury United - 9:30am  
Saint James United (Petitcodiac) 11:15am

**Petitcodiac Lighthouse Assembly Services:** Worship Sundays - 10:30am  
**Location:** Maritime Motorsports Hall of Fame, 5 Hooper Lane, Petitcodiac, NB  
Pastor C.G. Fenwick  
Ph: 506-433-6972

**Petitcodiac Mennonite** - Worship Service 11:00 am.

**Havelock Baptist Church**  
2046 Route 885  
Church and Sunday School  
each Sunday at 11am  
Mondays - Bible Study at 10am  
Wednesday evenings - Prayer meeting at 7:30pm  
**ALL WELCOME!**

**First North River Baptist Church**  
573 Blakney Road, Fawcett Hill, NB  
Sunday Morning Worship - 11:00am  
Sunday School - 9:45am  
For more information 756-8580

**Steeves Settlement Baptist Church,** Independent  
250 Steeves Settlement Rd.  
Pastor Paul Fosmark  
Services every Sunday  
Sunday School for all ages - 9:45am  
Morning Worship Service - 11:00am  
Washroom facilities available  
All Welcome!  
For more information call 534-2714

**Bring a can of soup for Christmas Boxes**  
Thursday, Dec. 6 at 11:00am - 1:00pm  
Soup is on! at Havelock Baptist Church  
Ann Williams in Christmas concert  
Soup, Sandwich, Dessert  
suggested price \$3.00  
All Welcome  
call Shirley 756-2894 for inform.

## Special Christmas Programs

A Carols and Candles Service will be held at New Canaan Baptist Church, Rte 112 on Sunday, December 9th at 7 PM. (storm date is Dec. 16th)

If you like to sing traditional Christmas carols, please come out and join us. Brenda Killam will be accompanying on the piano. A time of light refreshment will follow.

Everyone is welcome.

### Petitcodiac Baptist Church

**Dec. 2** - "Celebrating the Season" advent celebration @ 6 pm

**Dec. 9** - "We Three Kings" Christmas musical presented by the Petty Puppeteers @ 10 am

**Dec. 16** - "Come and See, Go and Tell" - Christmas Cantata

Two presentations 10 am and 6:30 pm  
**Dec. 22** - "Open House" - Community invited to tour new facility addition from 1-4 pm

**Dec. 23** - Morning Worship Service and dedication of new facility addition @ 10 am

**Dec. 24** - Christmas Eve Service @ 6:30 pm

### St. Andrew's Anglican Church

- **Dec. 5** - A Christmas Carol - 7pm

- **Dec. 9** - Lessons & Carols Service, Church's Corner - 11am (no service at St. Andrew's that day).

- **Dec. 18** - "Nativity" Lunch - nativity displays and lunch - 11:30am

- **Dec. 24** - Christmas Eve Service - 4pm

- **Dec. 25** - Christmas Day Service - 11am

### Saint James United Church

- **Dec. 9** - White Gift Sunday and Advent Communion  
Service - 11:15 am

- **Dec. 16** - Memory Tree Service - 2:00 pm

- **Dec. 24** - Shared Pastoral Charge Christmas Eve service at Salisbury United Church at 7:00 pm

Christmas Eve Service  
Portage Vale Baptist Church  
1123 Portage Vale Road  
Portage Vale, NB  
6:30 pm  
Rev Peter Sherwood  
Everyone Welcome

### Christmas Music

with  
Judy & the Boys  
at Hillgorve United Baptist Church  
Hillgrove, NB  
on Dec. 16 @ 7pm  
Refreshments to follow  
All Welcome

## GINGERBREAD HOUSES

The gingerbread house became popular in Germany after the Brothers Grimm published their fairy tale collection which included "Hansel and Gretel" in the 19th century. Early German settlers brought the gingerbread house, a tradition, to the Americas.

Gingerbread houses never caught on in Britain as they did in North America, but they do exist in other parts of Europe.

In December 2001, bakers in Torun, Poland, attempted to beat the Guinness Book of World Records for the largest-ever gingerbread house. It was made in Szczecin, Poland, with 4,000 loaves of brick-shaped gingerbread measuring 11 1/2 feet high. It took a week to create and used 6,000 eggs, a ton of flour, and 550 pounds of shortening. However, they lost to an American team.

An early European recipe for gingerbread consisted of ground almonds, stale breadcrumbs, rosewater, sugar and, naturally, ginger. The paste was pressed into wooden moulds. These carved works of art served as a sort of storyboard that told the news of the day, bearing the likeness of new kings, emperors, and queens, or religious symbols. The finished cookie might be decorated with edible gold paint (for those who could afford it) or flat white icing to bring out the details in relief.

In the 16th century, the English replaced the breadcrumbs with flour, and added eggs and sweeteners, resulting in a lighter product.

The first gingerbread man is credited to Queen Elizabeth I, who knocked the socks off visiting dignitaries by presenting them with one baked in their own likeness. Gingerbread tied with a ribbon was popular at fairs and, when exchanged, became a token of love.

On a more practical note, before refrigeration was a twinkle in someone's eye, aromatic crumbled gingerbread was added to recipes to mask the odour of decaying meat.



## December

By Gloria Scribner

There's a row of silver icicles hanging 'neath the eaves  
And snow is bending branches on a row of Christmas trees  
The yard is full of 'little kitten' footprints in the snow  
And diamonds cover 'everything the sun can reach' you know  
A snowman stands with silly grin at ten degrees below  
A scarf of red, hat on his head, and a yellow carrot nose  
A wreath adorns the door, some holly with a scarlet bow  
Announcing Christmas to the world, as if we didn't know  
The chimney wafts across the air the scent of fire-side  
And as its curling smoke descends it bids me step inside  
The coffees on and the radio plays "Winter Wonderland"  
A window frames a perfect painting left by God's own hand  
And I can almost hear the sound of distant "Silver Bells"  
As time stands still, December's here. God lives and all is well.

## Salisbury Baptist Church-December Events

Dec. 1 Annual MADE WITH JOY Christmas Craft & Bake Sale, 9am-2pm, fundraiser for the Jr. Choir

Dec. 1 @ 6:00 pm Jr. Choir, The Secret of Snowflake County & Cookie Social

Dec. 2 @ 11:00 am Jr. Choir, The Secret of Snowflake County

Dec. 9 @ 11:00 am SBC BEST Christmas Concert

Dec. 9 @ 7:00 pm "Christmas in the Country" a musical evening featuring Judy & The Boys and Daughters & Dads

Dec. 15 @ 7:00 pm Choir Cantata, THE KING IS HERE

Dec. 16 @ 11:00 am Choir Cantata, THE KING IS HERE

Dec. 24 @ 6:30 pm a Family Friendly Christmas Eve Service



## A Gardener's Christmas List



By Mark and Ben Cullen  
Mark Cullen is an expert  
gardener, author,  
broadcaster, tree  
advocate and holds the

Order of Canada. His son Ben is a fourth-generation urban gardener and graduate of University of Guelph and Dalhousie University in Halifax. Follow them at markcullen.com, @markcullengardening, on Facebook and bi-weekly on Global TV's National Morning Show.

Gardeners tend to be a contented lot, which can make them hard to buy for this time of year.

Ask any gardener what they want for Christmas or their birthday, and they would likely have something to say about the weather. You can't do anything about that, but we do have some ideas from our own Christmas lists which can help you navigate this season of giving.

-The last shovel they will ever need. We are often reluctant to treat ourselves to the "best" and end up with an inferior tool which will require replacement down the line. A shovel is something that every gardener will use, where "entry price point" can be around \$12. For premium quality, the "last shovel you will ever buy" is stainless steel with a hardwood handle. Stainless steel holds an edge, looks great, dirt falls off it and it will never rust. The hardwood handle can stand up to heavy digging and has a nice texture in the hand. There are a few options on the market, but you shouldn't have to pay more than \$60 for a good one. We prefer the long-handled version of a shovel or flat mouthed spade: better leverage.

-Gardeners value experiences - do them a favour by putting something to look forward to on their calendar. Tickets to Canada Blooms, Canada's largest and best annual flower and garden festival, March (9th-18th). It is always an inspiring collection of 17 feature gardens and so much more. \$20 tickets online at [www.canadablooms.com](http://www.canadablooms.com).

-Update the seed starting operation. For many gardeners, seed starting is the most technical task they will undertake in a season. Some keep their lights going all winter for fresh winter crops of herbs, wheatgrass or even tomatoes. The typical setup is fluorescent tubes, trays and heat mats, but the technology has improved in recent years. The latest and greatest are LED growing lights, which draw much less power and last longer than the old fluorescents. Unlike fluorescent bulbs, which decline in the quality of light they produce over the course of their useful life, LED's offer a consistent quality of light right until the end. Kits start at about \$120.

-Rose pruning gloves are useful for more than just pruning roses, though they are perfect for that with their

thorn-proof gauntlet to protect your forearms. Winter is also the best time of year to prune prickly raspberries and thorny bushes such as hawthorn. A good pair are about \$30.

-Raised beds. A raised bed allows gardeners to control soil quality, moisture and light. Depending on how high you build them, they can be made more accessible to the gardener and less accessible to pests such as slugs, snails, and pathway weeds. There are various kits available from the hardware store, or - if you're handy - make the gift extra special by finding plans online and making it yourself.

-A better means of journaling. The garden teaches us constantly from season to season, year to year. The best way to reflect on these lessons is by writing them down, which is why Canadian gardening writers Donna Balzer and Chelsie Anderson came up with the Three-Year Gardener's Gratitude Journal. Balzer and Anderson have done a masterful job of creating a journal which inspires gratitude through the garden, with prompts and inspiration dotted throughout. Available at local book stores and online at (<https://donnabalzer.com/garden-journal/>).

-Our new book! That's right - our first book together, and we think it's worth recommending. *Escape to Reality: How the world is changing gardening, and gardening is changing the world* is a collection of essays where we reflect on our collective gardening experience and look at key trends taking shape. Gardeners have incredibly active minds and imaginations that really come to life during the winter months, when we dream of the gardening season. We think we've written the perfect book for gardeners in this state of mind. Available at Home Hardware, local bookstores, and Chapters.

The garden has taught the gardener on your list the value of gratitude - and now you can give them one more thing to be grateful for: a gift from you.



## Comedy at Large

by Laurie Blanchard Salisbury, NB  
Designer of Artistic mailing envelopes 372-5353

Let's talk Christmas, with this quotation from a British author...My mother-in-law has come around seven years in a row at Christmas time. This year I'm planning to make changes. I'm gonna let her in!

Calling a spade a spade doesn't always do justice. There are times when it's best to hide ugly truths. Here is a prime example. Going back to the late 1800's, the troublesome 30 year old son of a well to do British family, was banished to Canada along with a small allowance, hoping that he would rid himself of his life of crime. Unfortunately, he did not improve and eventually became an alcoholic and habitual thief. After many run-ins with the law, he ended his days at the end of a rope in a British Columbia town. The judge who had sentenced him to hang, saw no reason in bringing more shame to his family but felt it to be his duty to inform them of his demise. He sent a letter that read....I regret, dear sir and madame, to inform you of the passing of your son. He was participating in a public event when the platform on which he was standing, quite suddenly gave way.

Church Signs: Noah was a brave man to sail a boat with 2 termites.

God didn't create anything without a purpose but mosquitoes come close.  
What happens in Vegas if forgiven here.

**PEOPLE WHO LAUGH A LOT LIVE LONGER**



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Do you know what is going on in our schools?  
Are you interested in the laws and policies being passed by the government?  
Would you like to be involved in an organization that cares about your community? Get to know your neighbours? And enjoy social activities?  
If so, why not join the local Women's Institute in your area.  
The Women's Institute Groups in the Petitcodiac District are:

### Petitcodiac Women's Institute

President - Blanche Price 756-2011  
Secretary - Wendy Middleton 756-8067

### Corn Hill Women's Institute

President - Patsy Henneberry - 750-1267  
Secretary - Jane Van Waldow - 756-8038

### Elgin Women's Institute

President - Hazelanna Carter - 756-2531  
Secretary - Elsie Steeves - 756-8260

### Havelock Women's Institute

President - Donna Keith - 534-2967  
Secretary - Helen Clark - 534-2932

### Annabele Gay Women's Institute

President - Noreen Cooper - 756-8327  
Secretary - Donna MacLeod - 372-5543

### Lower Ridge Women's Institute

Secretary - Dixie Melvin - 534-2455

Con't from page 14

# Salisbury Happenings



## Salisbury Public Library Events-December 2018

**Learn Cursive Writing** - Saturday December 1st at 10:30 am. Learn cursive to create your very own signature and impress your friends with your stellar handwriting skills. Ages 7-12. Contact the library at 372-3240 to register. Space is limited.

**Holiday Pajama Story Time** - Wednesday December 5th at 6:00 pm. Families are invited to attend for festive stories and snacks. Registration required - call the library at 372-3240.

**Block Builders** - Saturday December 8th from 2:00 - 4:00 pm. Bring your friends and family to the library and build with LEGO®.

**Teen DIY Gift Making** - Wednesday December 12th from 2:30-4:30 pm. Bath scrubs, button makers, ornaments and more. Come make a gift for that special someone.

**The Booklovers Reading Club** for adults will discuss *Ru and Mān* by Kim Thúy on December 12th at 6:15pm. New members welcome!

**Story Time** -Thursdays at 10:30 am on December 6, 13, 20. Stories, songs, and literacy-building activities aimed at ages 2-5. Younger and older children are welcome to join in.

These programs are offered free of charge. For more information, call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.

Library Open Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm. The library will be closed December 25-26.



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## St. Jude's Catholic Church Community Spirit Committee

Invites you for an evening of Christmas Caroling!

Sunday December 16

5:30-6:30

Meet in the Anglican Church parking lot on Fredericton Rd. Carolers will be walking to the Senior's complexes. Music sheets will be provided. Everyone is welcome to come and join in the old-fashioned Christmas Tradition of caroling and bringing joy to some of our senior residents!!

St. Jude's Christmas Eve service: December 24 at 6:30 pm

## Salisbury Naturalist Club-Christmas Bird Count-December 15, 2018

The Salisbury count area is a 24 km (15mile) diameter count circle that takes in Montegale, Steeves Settlement, Petitcodiac, The Glades, Middlesex, Colpitts Settlement, Coverdale Road (short distance) Salisbury, Upper Mountain Road, and everything in between.

Five dedicated group of the Salisbury Naturalist's Club go out from early morning until dusk to count the species and numbers seen throughout the day.

The Christmas Bird Count as we know it today began on Christmas Day, 1900. Prior to that hunters engaged in a holiday tradition called the Christmas "Side Hunt." They would choose sides and go afield with their guns and whoever brought in the biggest pile of feathered and furred quarry won.

Ornithologist Frank Chapman proposed a new holiday tradition. By that time conservation was in its beginning stages. Thanks to the inspiration of Chapman 27 dedicated birders and 25 Christmas Bird Counts were held that day.

The data collected over the last 12 decades allow Audubon researchers, conservation biologists, wildlife agencies and other interested individuals to study the long-term health and status of bird populations across North America.

The decline in land birds over the past 50 years has been dramatic. Overall the decline is in the area of 40%.

Citizen Science (Christmas Bird Count) is crucial.

Why Christmas. By this time of year all the land birds have migrated to their wintering grounds across NA and SA. This gives researchers and conservationists an opportunity to get an annual

"bird's-eye view" of trends and changes in population numbers and distribution.

### How you can help:

- Join a group for all or part of the day to be an extra pair of eyes spotting birds, you will be with an experienced birder and it may prove to be a very interesting and informative day.
- Folks who have feeders in their front or back yards, PLEASE keep them full.
- If you prefer to do your own count of yard birds we will supply the forms.
- IF NOT, and you have a feeder in your back yard that is not visible from the street, PLEASE give us permission to enter your yard.

Please contact Connie Colpitts at 372-9362 or foxpac@nbnet.nb.ca

If you would like to:

- Join a group
- Do your own Christmas feeder bird count (Forms can be sent by e-mail)
- OR Give permission for observers to enter your yard

The Cardinal is expanding its range showing up in significant numbers in NB. It mainly eats seeds so sunflower seeds are a good choice to attract them.



## Salisbury Lions Club Events for December

The Salisbury Lions Club holds their regular meetings the second and fourth Thursday of each month.

**Bingo** is held on the Tuesday of each week, starting at 7 PM, so come out and try your luck.

**The monthly Salisbury Pancake Breakfast** is held on the third Saturday of each month and costs \$8 for adults and 6 years to 10 years pay \$3.

Please remember all proceeds of fund raising go into Community Projects.



## CALLING ALL CHRISTMAS ELVES

You can donate:  
New Toys  
New Clothing  
Canadian Tire Money  
FoodStocking Stuffers

Helping Hands/Food Bank is open on Tuesday and Wednesday at  
64 Douglas Street  
From 10:00am & Thursday Nights from 6:30 - 8:30pm starting  
November 22nd.

Turkeys can be dropped off at the Dairy Depot anytime  
Salisbury Baptist Church from 8:30am - 12:30 Monday-Friday

Call 372-9787

*Salisbury Helping Hands Needs Your  
Support*



### Please note:

Salisbury Helping Hands will be closed from Dec 21 to Jan 7.  
It will reopen on January 8, 2019 at 10 am

# Merry Christmas

## Cornhill Community Hall

Baby Shower

Family Reunion



Wedding Shower

Games Night

**\$60 per day**

### Includes:

Clean bright, newly painted location  
Full kitchen and access the kitchen contents onsite  
Tables & Chairs

Renter must clean up after use or cleaner can be arranged at an addition cost  
Address: 1205 Baseline Road, Cornhill NB  
Contact: Donna to Book - (506) 756-3635

3149 Main St., Salisbury  
Ph: 372-5989

**Christmas Hours**

- Closing Christmas Eve at 5:00 p.m.
- Closed Christmas Day & Boxing Day.
- Closed New Years Day.

All orders must be placed by 4pm  
on Christmas Eve

Season's Greetings To All

**Home hardware building centre**

55 Horsman Street Salisbury, NB 372-5222

*Warm and friendly wishes  
for a Merry Christmas and  
a Bright and Happy New Year*

**Store Hours**  
Mon-Wed 7:30 am - 6pm — Thu & Fri 7:30 am - 7pm & Sat 8:00 am - 5 pm

**\$5<sup>00</sup>**

Two Cheeseburger with a drink

**DQ**

**Offer expires :** Dec. 31<sup>st</sup>, 2018  
**Offer only valid at:**  
CHAMPLAIN ST., ELMWOOD DR.,  
SALISBURY, RIVERVIEW,  
MOUNTAIN RD., SHEDIAC, AMHERST NS  
One coupon per person, per visit.  
Not valid with other coupons or  
special offers. Coupons must be  
presented at time of purchase.  
Taxes extra. NO SUBSTITUTIONS.

**2 Can Dine  
for \$9<sup>99</sup>**

Two Cheeseburger Combos

**DQ**

**Offer expires :** Dec. 31<sup>st</sup>, 2018  
**Offer only valid at:**  
CHAMPLAIN ST., ELMWOOD DR.,  
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One coupon per person, per visit.  
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Taxes extra. NO SUBSTITUTIONS.

**99¢  
Blizzard® Treat**

with the purchase of a Blizzard® Treat  
of equal or greater value.

**DQ**

**Offer expires :** Dec. 31<sup>st</sup>, 2018  
**Offer only valid at:**  
CHAMPLAIN ST., ELMWOOD DR.,  
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