



5 Hooper Ln, Petitcodiac

LOCAL NEWS & VIEWS

Promoting Local Business & People in
Our Surrounding Communities.

February Issue, 2019
Volume 9 #10

MONTHLY BULLETIN



SATURDAY FEB 2ND PETITCODIAC WINTER CARNIVAL 2019

Maple Street Park, Petitcodiac, NB
Come and join us for an afternoon of Winter fun! Go for a Sleigh Ride, skate on the outdoor pond, snowshoe through the trail, bring your own sled and slide down the big sliding hill or snack on maple candy. There is something for everyone!



Presented by the Village of Petitcodiac.

Con't on pg. 3

Sleigh Rides
12 pm - 3 pm

Ice Skating
All Day

Snowshoes
12 pm - 3 pm

Maple Candy
1-2 pm

BBQ & Hot Chocolate
12 pm - 2 pm
(while supplies last)

ALL DAY EVENTS
SLEIGH RIDES, SLIDING,
SNOWSHOEING,
SCAVENGER HUNT &
SNOWMAN BUILDING

Contact Natalie Griffin @
756-0289 or email
Petitcodiac.rec@gmail.com
for more information



FEBRUARY 9-16, 2019 SALISBURY WINTER CARNIVAL

We are pleased to announce that we'll have some adaptive equipment on loan from Para NB for winter carnival activities. For complete information follow our Salisbury Parks & Leisure Department facebook page, call 372-3280 or email parks.leisure@salisburynb.ca



Con't on pg. 19

Pond Hockey Tournament
@ Salisbury Outdoor Rink
Feb. 9 - 8:30am - 4pm
(teams must register)

Swedish Lantern Lit Walk
Highland Park Wetland
Trail - Feb. 10
6:30pm - 7:30pm

Salisbury Naturalist
Club - The Acadian Forest -
Nature NB Turst
Parks & Leisure Office
Feb. 12 @ 7pm

Seniors Luncheon
Salisbury Lions Club
Feb. 14
11:30am - 1:30pm
Seniors Welcome!

Family Skating Party
Salisbury Outdoor Rink
Feb. 15 from 6:30 - 8pm

Saturday, February 16
Salisbury Lion's Club
Pancake Breakfast 7-10am
FAMILY DAY @ HIGHLAND
PARK From 11am - 2pm.
Sleigh rides 10am-2pm
Sliding, snow art, snowshoeing,
maple candy, hot dogs, hot
chocolate, beavertails & more

LN&V Now Online at our website: www.Maritimemotorsporthalloffame.com

Deadline for March Issue - February 23, 2019 - Phone 506-756-2110

*Support your
Local Communities
- Shop Local -*

*Check out our
Business Directory
on page 14*

Our Museum Showcases The History Of Maritime Motorsports

Located at 5 Hooper Ln
Petitcodiac, NB



Our Winter Hours
Monday to Friday
10:00 am to 5:00 pm
Closed Saturday,
Sunday and Holidays

Supporting Fundy Royal Families

The Canada Child Benefit has helped more than 14,000 children in Fundy Royal by providing an average monthly payment of \$580.

If you have any question about the CCB or any other federal benefit, please contact the Hampton Constituency Office.

Alaina Lockhart
Member of Parliament for Fundy Royal

(506) 832-4200 fundyroyal.ca
alaina.lockhart@parl.gc.ca



February 18, 2019



MEMBERSHIP FORM

The Maritime Motorsports Hall of Fame Inc (MMHF) was incorporated in June 2005. It is a non-profit organization dedicated to the preservation and promotion of all Motor Sports in the Maritime Provinces. We need your support to enable the MMHF to continue its operation and to help contribute to its growth and we encourage you to become a member.

ANNUAL MEMBERSHIP

Membership Due January
Cost \$20.00 per year/person
Receive: Membership Number
Membership Card
Newsletter
Voting rights
Advance notification of special events
FREE admittance to the Museum with your card

OR

LIFE-TIME MEMBERSHIP

Cost \$300.00 per person
Receive: Membership Number
Membership Card
MMHF Lapel pin & cap
Newsletters
Voting rights
Advance notification of special events
FREE admission to Museum with your card

Please return with cash, cheque or money order (payable to the Maritime Motorsports Hall of Fame Inc.) 5 Hooper Lane, Petitcodiac, NB E4Z 0B4

NAME: _____ NEW MEMBER ____ RENEWAL ____
(Please Print)

CIVIC ADDRESS: _____

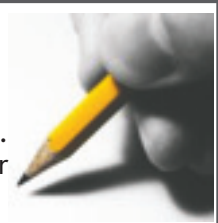
CITY: _____ MEMBER # _____

PROVINCE: _____ POSTAL CODE: _____ PHONE #: _____

E-MAIL: _____

DATE: _____ SIGN: _____

From the Editor



I am glad to see the light of day lasting until nearly six o'clock. Nice when you're coming home from work, unless it is in your eyes.

Most everyone has had all most enough winter, with all the snowstorms, ice and shoveling. But as I heard one snow plow driver say "It is money from heaven". I hope the very cold winter weather is over.

February 2nd, Ground Hogs Day will tell us how soon spring will come, soon I hope. February 5th, Chinese New Year - The Year of the Pig. The Pig is the twelfth of all zodiac animals. It is the longest Chinese holiday, technically 15 days.

February 14th, Valentine's Day - a festival of Love, celebrated every year.

February 15th National Flag of Canada Day- At the stroke of noon on February 15, 1965, Canada's red and white maple leaf flag was raised for the very first time on Parliament Hill. On the same day in 1996, National Flag of Canada Day was declared. Every year since, we celebrate our beautiful flag on February 15.

February 18th, Family Day - is not a national statutory holiday, it is observed in New Brunswick. Announced in April 2017, New Brunswick will observe Family day on the third Monday in February from 2018. This brings New Brunswick up to the national average of eight paid public holidays a year.

February 17, the 61st running of Daytona 500.

Now is the time to renew your Annual Membership for the Maritime Motorsports Hall Of Fame, if you haven't already, or join as a new member. Annual Memberships are only \$20.00 each year.

It is also time to buy your tickets on the Side-by-Side that is being drawn March 23.

Enjoy the winter festivals being put on in our communities, lots of fun!

Petitcodiac Winter Carnival February 2, Salisbury Winter Carnival February 9-16 and Elgin Winterfest February 23. See all the details elsewhere in this Bulletin.

Happy Valentine's Day to everyone!

From your editor,
Winona McLean



February 14, 2019

LOCAL NEWS & VIEWS

MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
 - The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
 - It is also a venue for business to advertise their products and services each month.
 - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
 - Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.
- The office is in the Maritime Motorsports Hall of Fame located at :
5 Hooper Lane, Petitcodiac, NB E4Z 0B4
Phone: 756-2110, Fax 756-2094
Email: maritimemotorsports@gmail.com
Editor ----- Winona McLean
Layout/Ad Design ----- Angela Nicholson
Sales ----- Angela Nicholson



Fire & Ice Kids' Dance!

Friday, February 1st
at St. Andrew's Anglican Church
(61 Church St.), Petitcodiac

Grades K-2 - 5:30-7:00pm
Grades 3-5 - 7:30-9:00pm

Admission \$2

Come dance with us!
Cash canteen available.
Every child receives a glow bracelet.

All children must be signed in and out

For more information, contact Becky Stewart (512-0586) or
Meagan Hamper (756-8565)

Proud to be a part of the Village of Petitcodiac's Winter Carnival!

Arbing Equipment Ltd.

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Cub Cadet

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Breaks up and draws
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STAGE 2
Quickly pulls snow,
ice and slush through
the machine like a
turbocharger.

STAGE 3
Throws snow up and
away from the area.

54 Aiton Road, Sussex, NB

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**Sun
Life Financial**



Pancake
Breakfast



Winter Carnival

**KIWANIS
BREAKFAST**

Petitcodiac Legion
Saturday February 2, 2019
7am - 10 am

Pancakes & Maple Syrup, Eggs, Sausage
Toast, Donuts & Tea, Coffee, Juice
Adults - \$8 Children Under 12 - \$4



The Village of Petitcodiac Recreation Department is pleased to host an evening
Glow Skate & Snowshoe on Sunday, February 17th at the Maple Street Park Outdoor
rink from 6:30 - 8:30pm.

Event is **FREE** of charge & everyone is welcome

Snowshoes and Para-Equipment will be available for use included: Ice Sledges, Sit
Ski & Snowcoach.

For more information, please contact Natalie Griffin at 756-0289 or
email petitcodiac.rec@gmail.com



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- WINDSHIELD REPLACEMENT



Petitcodiac Community Calendar 2019							
F e b r u a r y	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Maritime Motorsports Hall of Fame Open Monday- Friday 10am-5pm		War Museum Tours by Appointment. Please call 756.7461 or Cathy at 756-2068 for more info. Chairlift facility available.			1 - Children's Winter Dance @ Anglican Church -Darts @ Legion -Chase the Ace @ Legion	2 - Petitcodiac Winter Carnival 2019 - Winter Carnival Kiwanis Breakfast @ Legion
	3 -Church Services -Fired Up @ Baptist Church - S. S. JAM @ Baptist Church -Public Skate	4 -Air Cadets -Pilates -Taking Time for Me - Seniors Meeting -Open Skate -Senior High Youth Group	5 -Drop-in Play Group -A.K.A Dance Studio -Geri-fitness -Kiwanis -Discovery Kids -Middle School Youth Group - Ladies' Tea @ Baptist Church	6 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Open Skate	7 -Jam Night @ Library -Legion Branch Meetings -FRC Play Group -A.K.A Dance Studio - Adult & Open Skate	8 -Darts @ Legion -Chase the Ace @ Legion -Jam Session	9 -Valentine's Day Dance @ Legion 
	10 -Church Services -Fired Up @ Baptist Church - S. S. JAM @ Baptist Church -Public Skate - Soap Making Class @ Anglican Church	11 -Air Cadets -Pilates -Taking Time for Me - Merry Makers -Open Skate -Senior High Youth Group	12 - Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Women's Institute -Geri-fitness -Discovery Kids -Middle School Youth Group	13 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Village Council -Open Skate	14 Valentine's Day -Book Club @ Library -A.K.A Dance Studio -Foot Clinic @ Legion -FRC Play Group - Adult & Open Skate - Valentine Luncheon @ Baptist Church	15 -Heritage Week Show-And-Tell @ Library -Darts @ Legion -Chase the Ace @ Legion -Jam Session	16 - Valentine's Day Youth Dance @ Legion
	17 -Church Services -Fired Up @ Baptist Church - S. S. JAM @ Baptist Church -Public Skate - Crib @ Legion - Glow Skate & Snowshoe	18 Family Day -Air Cadets -Pilates -Taking Time for Me -Open Skate -Senior High Youth Group	19 - Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -ATV Club -Geri-fitness -Discovery Kids -Middle School Youth Group -Kiwanis	20 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Open Skate	21 - Networking for Job Success Workshop @ Library -A.K.A Dance Studio -Petitcodiac Sportsman Club -FRC Play Group - TLC Club -J.O.Y. Club @ Baptist Church - Adult & Open Skate	22 -Darts @ Legion -Chase the Ace @ Legion	23 -LEGO Club @ Library -Pancake Breakfast @ Legion - Veteran's Visitation @ Legion - Family Fun Day @ PRS
	24 -Church Services -Table Talk @ Baptist Church -Fired Up @ Baptist Church - S. S. JAM @ Baptist Church -Public Skate	25 -Air Cadets -Pilates -Taking Time for Me - Merry Makers -Open Skate -Senior High Youth Group	26 - Afterschool Creators @ Library -Drop-in Play Group -A.K.A Dance Studio -Geri-fitness -Discovery Kids -Middle School Youth Group	27 -Library Storytime -Pilates -Legion Noon Meal -Dominoes @ Legion -SJA Junior & Youth -Village Council -Open Skate	28 A.K.A Dance Studio -Foot Clinic @ Legion -FRC Play Group -Codiac Classics - Adult & Open Skate	ANNOUNCEMENT Snowshoes at the Library The public can borrow snowshoes from the Petitcodiac Public Library! Many sizes available for all ages.	

A.K.A. Dance Studio - Kodiak Room. Tues. and Thurs. from 6 - 8 pm. Contact Alanna for info: 233-3052.

Air Cadets - 639 F.P.MacLaren Air Cadets, Mon. at 6 pm @ Legion. For info contact C/O Jason Forester - 850.9276

Arena - Public Skating
Mon. & Wed., 1:00 - 2:30 pm open skate
Thursday 12:30 - 1:30 pm adult skate
Thursday 1:30 - 2:30 pm open skate
Sunday 1:00 - 2:30 pm public skate (Sunday only: \$3 adults, \$2 students, 6 & under free. Family rate \$7).

Church Services
-**Petitcodiac Baptist** - Morning Worship at 10:00 am. Nursery available.
-**Petitcodiac Mennonite** - Worship Service 11:00 am.
-**St. Andrew's Anglican** - Sunday Service/School at 9:00 am.
-**St. James United** - Service at 11:15 am.

Codiac Classics
- Meeting Last Thursday of the month, Legion @ 7 pm.

Discovery Kids - K-5. Tuesdays, 6:30 - 7:30 pm at Baptist.

Drop-in Play Group - Tuesdays at St. Andrew's church, 9:30 - 11:30, preschool children & parent/caregiver. No charge. Call Becky 512-0516 for info.

Family Fun Day - Sat., Feb. 23 at PRS Gym from 1-4 pm. Hosted by Petitcodiac Baptist Church. Bouncy Castle, carnival games, cotton candy, etc. Free admission but we would accept food donations for SPOT. All invited

Geri -Fitness (Fitness for All)- Tues. 10 - 11 am at Maritime Motorsports Hall of Fame. Until May 14. Half year membership \$15 Call Natalie 756-0289 for more info.

Glow Skate & Snowshoe - Sun., Feb. 17 @ Maple Street Park Rink, 6:30 - 8:30 pm. Free. Snowshoes available.

Jam Session - 2nd & 3rd Fri. night at Motorsports Hall of Fame, 7-10 pm. Contact Elva Greer for info: 756-3926.

Kiwanis
- **Kiwanis Breakfast** - Saturday, Feb. 2. - 7 - 10 a.m.; Pancakes, eggs, sausage, toast, tea, coffee, juice Adults \$8; Children 12 and under \$4 More info, call Rick Brown 756.2198
- **Tues., Feb. 5 & 19.** New members welcome. Call Dan Pollock 756-1084 for more information.

Legion - 18 Kay St, Petitcodiac. 756-3383
- **Thurs., Feb. 7** - Meetings. Executive, 7 pm. General, 8 pm.
- **Monday, Feb. 4** - Seniors Meeting, 2 pm. Lasagna supper 4:30 pm.
- **Monday, Feb. 11 & 25** - Merry Makers 2, 10 am to 2 pm; cards, bingo, etc; light lunch at noon , \$6
- **Wednesdays** - Dominoes. 7 pm.
- **Fridays - Darts for Meat,** 7:30 pm. Blind Doubles. \$2 per.
- **Fridays - Chase the Ace** - Feb. 1, 8, 15, 22. Tickets sold 6:30 to 8 pm. Draw

at 8:15 p.m. 50/50 draw. Live music. Every month 10% to charity: Jan., Feb., and March is Elgin Fire Dept.
- **Thurs., Feb. 14 & 28** - DD's Foot Care Clinic. Call for Appointment, Donna Durepos at 389-1046 or Cell 733-8199.
- **Saturday, Feb. 9 - Valentine's Day Dance.** DJ Jody Stewart. Cost \$5 at door. 9 pm - 1 am.
- **Saturday, Feb. 16** - Valentine's Day Youth Dance. Grade 6 - 8. Music - DJ Chuck. 7 - 10 pm. \$3.
- **Sun., Feb. 17 - Money Crib.** Registration at 1 pm; Games at 1:30 p.m. Soup & sandwiches for small price. Will be a registration fee. Bring a partner
- **Sat., Feb. 23 - Pancake Breakfast** 7 - 10 am. Adults \$8. 5-11 yrs: \$5. Children under 4 - free.
- **Sat., Feb. 23 - Veteran's visitation,** 1 pm. Please be in uniform.
- **Legion Noon Meals.** Wednesdays. \$10.00.
- Feb. 6 - Chicken legs & thighs
- Feb. 13 - Roast Pork
- Feb. 20 - Liver & Onions OR Hamburg
- Feb. 27 - Cod Fish

- FACEBOOK: Royal Canadian Legion Branch # 41."like" it.
- Hall Rental: If you wish to rent the hall for a wedding reception, birthday or any other function, call the Legion
- Attention: If any Legion member knows of another member ill or in hospital, please call us at 756.3383 & leave message.

Library (756-3144)

-Hours: Open Tues, Wed, Fri, Sat. 10-1 & 2-5,Thurs.1-5 & 6-8.
- **Storytime** (Ages 0-5) Wednesdays from 10:30 - 11 am
- **Jam Night** - Thurs., Feb. 7 from 6:30 - 8 pm.
- **Afterschool Creators** - Tuesdays from 2:30 - 4:00 pm. Starting Feb. 12. Ages 6 - 13. Our weekly after school drop-in program resumes for the winter! Circuitry, robotics, art, construction!
- Heritage Week Show-And-Tell - Fri., Feb. 15, 2-4 pm. Come see Petitcodiac historical photos and documents. Refreshments will be served.
- **Adult Book Club** - Thurs., Feb. 14 from 6:30 - 8 pm.
- **Networking Techniques** for Job Success - Thurs., Feb. 21 @ 6:30 pm. Roughly 80% of jobs aren't advertised. How can you access this job market? Free workshop. Led by Jennifer Henry of Opportunities NB. To register, contact library.
- **LEGO Construction Club** - Sat., Feb. 23, 2:30 - 4:00 pm

Petitcodiac Baptist Church

- **Table Talk** - Last Sunday of the month @ 7 pm. Ladies 18 yrs of age & up.
- **Sunday School JAM** @ 10 am Sundays. Lots of fun for kids pre-school to Grade 5.

- **Fired Up** - Ages 5-12. Sundays, 11:15 - 11:45 am. Rhythm & choreography drama using sticks. Ages 5-12.
- **J.O.Y. Club** - 60+. Just Older Youth. 3rd Thurs. of month. Noon - 1:30 pm. Games, etc. Lunch provided.
- **Ladies Tea** - Feb 5, 1:30 - 2:30 pm. Come and bring a friend for a "cuppa" tea (coffee) and other refreshments.
- **Valentine Luncheon** , Feb. 14 @ noon. Bring your special valentine ... a friend, sister, mother or your true love!

Petitcodiac FRC Play Group - Thursdays - Baptist Church 9:30-11:30 am. More info contact Melanie @ 384-7874

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www.sportsmanclub.ca

Petitcodiac Winter Carnival - Sat., Feb. 2 @ Maple Street Park. 12 - 3pm. Sleigh Rides, skating, snowshoes. Bring sled and slide down the big sliding hill or snack on maple candy.

Petty Trailblazers ATV Club -Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

St. Andrew's Anglican Church
Feb. 1 - Fire & Ice Kids' Dance - grades K - 2: 5:30-7 pm; grades 3-5: 7:30 - 9

pm. \$2 admission. Canteen available! Feb. 10 - Soap making class, 2 - 4 pm. For info, contact Heather 756-9038.

St. John Ambulance

-SJA Junior/Youth group meets every Wed. at 6:30-8 pm in basement of the Petitcodiac Legion. Contact Diane at 372-5639 for more information

Taking Time for Me Weight Group meets every Monday night at Baptist Church with weigh in at 6:00 and meeting 6:30. For more info call Shirley Murphy at 756-2894.

TLC (Thursday Ladies Crafts) - Ladies craft/colouring. 3rd Thurs. night of the month, 7:00 pm, St. Andrews Anglican.

Village Council - Meetings open to public. If you wish to address council, make a formal written request to office 48 hours prior. This Month: Feb. 13 at noon & Feb. 27, 7:00 pm.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Blanche at 756-2011 for more info.

Youth Group B.L.A.S.T.
- Senior High (Gr. 9 - 12) - Mondays, 7:00-8:30 pm @ Baptist Church.
- Middle School (Gr. 6 - 8) - Tuesdays, 7:45 - 9:00 pm @ Baptist Church.

S.P.O. T Annual meeting

Tuesday, February 5th, 2019 at 7:00pm
MEETING WILL BE HELD at the SPOT building on 5 Mill Road

ALL OUR WELCOME

SCOTTY'S LAUNDROMAT

5 Maple St. Petitcodiac
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Open 24 hours a day.
7 days a week!
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Sudoku

				1	6		9	
6		3						4
	4			2				
	8				9	7		
3			5		1			2
		4	2				6	
				7			3	
1							6	5
	9		3	6				

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Answers on page 13

ELGIN NEWS!

The following is Part Two of an article written by Mrs. Coy Goggin of the Elgin WI. The subject of her composition is "Canadianization" and was published in the Home and Country magazine of the provincial branch NBWI in January 1933. (The first and second points of her topic were written in the January issue of this paper.)

"The third point of my subject, building up fine citizenship among old and new Canadians alike. Each and every member can help to do this. Let our motto mean all it should; let us meet our fellow citizens fairly, embracing a feeling of honesty, loyalty and good will toward all men. May we never seek to lower the standard of community life, but rather to lift it to a high and higher level until it attains the highest possible Canadian standard.

The fourth point is the preserving to some extent the history of our pioneers. How much or how little do we know of the lives of Canada's famous men and women? Do we realize the hardships they endured to make Canada what it is today? These achievements, improvements in the Government as well as the growth of industries were not accomplished by the efforts of man, but by the combined efforts and close co-operation of many.

In concluding I feel that I have just touched upon this great subject. Canadianization means so much to us as citizens that many (WI) programs could be based on the subject."

ELGIN EATS

connecting community over good food

BEESWAX REUSABLE FOOD WRAPS

Saturday February 9th, 10am - 12pm
First Elgin United Baptist Church, 21 River Rd

Want to eliminate waste in your kitchen?
Join us for this hands-on Make & Take session, and find out just how easy it is to create your own eco friendly alternative to plastic wrap!

All ages welcome! A \$5 donation is recommended at the door per individual.

Find Elgin Eats on Facebook to confirm your spot or contact Samantha at elgineats@gmail.com

It is funded in part by
ment of Canada's
ins for Seniors program.

Canada

Elgin
Seniors Club

EEA
Elgin Eco Association

Elgi
Women's I

Snowmobile Safety: Ride Safe and Have Fun!

Now is the time for snowmobilers to keep snowmobile safety
Snowmobile safety is nothing new to organized snowmobiling.

Safety Rules include:

Snowmobiling and Alcohol don't mix

- don't drink and ride

When night riding slow down

- expect the unexpected

Know before you go

- always check local ice conditions

Cross all roads with care

- don't become road-kill

One is the loneliest number

- never ride alone



FEBRUARY 23

ELGIN WINTERFEST



ELGIN ECO ASSOCIATION
www.eeanb.com

506-756-2518
elgineco@hotmail.com

ELGIN WINTER FEST

Snowshoeing

Fat biking

Hot Chocolate
marshmallow
roasting

Starting at 2 p.m.

In the Elgin Eco Park

Short and long
snowshoe hike
marked



Do you know what is going on in our schools?
Are you interested in the laws and policies being passed by the government?
Would you like to be involved in an organization that cares about your community? Get to know your neighbours? And enjoy social activities?
If so, why not join the local Women's Institute in your area.
The Women's Institute Groups in the Petritcodiac District are:

Petitcodiac Women's Institute

President - Blanche Price 756-2011
Secretary - Wendy Middleton 756-8067

Corn Hill Women's Institute

President - Patsy Henneberry - 750-1267
Secretary - Jane Van Waldow - 756-8038

Elgin Women's Institute

President - Hazelanna Carter - 756-2531
Secretary - Elsie Steeves - 756-8260

Havelock Women's Institute

President - Donna Keith - 534-2967
Secretary - Helen Clark - 534-2932

Annabele Gay Women's Institute

President - Noreen Cooper - 756-8327
Secretary - Donna MacLeod - 372-5543

Lower Ridge Women's Institute

Secretary - Dixie Melvin - 534-2455

The Doctor Game
W. Gifford-Jones M.D.

Preventing Deaths from Influenza

Death from influenza is always tragic. But it is particularly so when it occurs at a young age. This year an increasing number of influenza cases is being seen in emergency centers. And, as usual, thousands of North Americans will die from this seasonal disease. But are some dying needlessly?

The Center for Disease Control and Prevention in the U.S. reports that, for the first time in 13 years, every state reports an increase in influenza caused by an aggressive virus.

Authorities stress that the best way to decrease the number of cases of influenza and deaths has always been to get a flu shot. As Dr. Shobhit Maruti, officer of Health in Edmonton, Alberta, where deaths have occurred, stresses, "It's never too late to be immunized as in 2018 this decreased the number of cases of influenza by 42 percent".

But history has shown that, although being vaccinated against influenza can prevent or decrease the severity, it is not always totally protective. So what other preventive measures are available?

I have a high respect for viral killers, as one nearly ended my career as a surgeon. In 1950, in my final year at The Harvard Medical School, I developed poliomyelitis. I was in one of the great medical centers in the U.S. But in the next 24 hours doctors could not stop my legs and abdominal muscles from being totally paralyzed.

How ironic that, if I'd been in a small town in North Carolina and treated by a family doctor, my paralysis could have been prevented. Equally ironic, none of my learned professors were aware of the doctor's huge discovery.

Dr. Frederick R. Klenner was not a trained virologist. But he was working in a ward of 60 polio patients. He decided to treat them with high doses of vitamin C for 10 days. Not one of the 60 patient developed paralysis!

This discovery was reported in the journal, "Southern Medicine and Surgery" in Feb 1948. It's appalling that it did not make headlines in the world's newspapers or other medical journals. In fact, it fell on deaf ears, and even now is still largely unknown by doctors. In addition, Klenner later proved high doses of C could cure other viral diseases such as pneumonia, encephalitis, meningitis, measles and chicken pox.

Klenner's research showed that in addition to an annual flu shot, vitamin C provides additional protection. Particularly if you've been taking 4,000 milligrams (mgs) of C daily, long before influenza strikes. This keeps immune cells full of C to immediately fight the virus. So never forget the importance of this reservoir of C as infection immediately increases the need for more C.

Klenner's message to doctors was simple. If a serious infection strikes, but the cause is unknown, doctors should prescribe large doses of C while they're pondering the diagnosis. And just as small doses of painkillers will not stop cancer pain, neither will small doses of C stop viral diseases.

Ideally, for critical viral diseases, Klenner prescribed as much as 25,000 milligrams of intravenous vitamin C daily. But this is easier said than done. He also used intramuscular injections and oral tablets. But this means swallowing large numbers of pills.

I've urged my family to never treat themselves if the flu virus strikes. But before medical attention is available, to start taking 2,000 mg of Medi-C Plus or any other powdered brand of vitamin C, every two hours until loose stools occur. It could make the difference between life and death. These brands are available in Health Food Stores.

My advice to readers is the same, and to also get a second opinion. So, go to the internet and type in "Dr. F. R. Klenner and Vitamin C". Dr. Andrew Saul, an international expert on vitamins, has an excellent article about Klenner who should have received the Nobel Prize for his research. It's tragic that many doctors remain unaware of his discoveries that could save lives. See the new website on January 23. Online, docgiff.com For Comments, info@docgiff.com



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Comedy at Large

by Laurie Blanchard Salisbury, NB
Designer of Artistic mailing envelopes 372-5353

People tend to decorate the graves of their dearly departed with a variety of mementos. Some will bring a bouquet of flowers, others may bring a small cross while a few will bring statues of a beloved pet or perhaps a statue of a deer for those who had enjoyed hunting. On one occasion, a chap who had come to the cemetery to put flowers on the grave of a close friend noticed that an elderly Chinese man was placing a bowl of soup at a nearby headstone. Unable to resist being sarcastic, he politely asked....er ...when do you think your friend will come up to eat the soup? The reply...about the same time your friend comes up to smell the flowers.

An office worker tells his chum, my manager, who frequently passes gas in the hallway outside of my office, keeps telling me that I should work on my maturity!

I was visiting my daughter last night when I asked her if I could borrow a newspaper. This is the twenty first century, she said, we don't waste money on newspapers. Here, use my I pad. I can tell you this....that fly never knew what hit him!

A man tried to assault me with milk cream and butter. How dairy!

There was a big paddle sale at the boat store. It was quite an oar deal !

If you dare to be different, here's what you do next Christmas....buy a package of Halls cough drops, put it up on the living room wall then surround it with boughs of holly. When family and friends come to visit, you can tell them that this year you decided to deck the halls with boughs of holly !! You will either be groaned at or told you need some serious counselling or both. I've been there, done that, and yes, bought the T-shirt!

PEOPLE WHO LAUGH A LOT LIVE LONGER



For the Birds



By Mark and Ben Cullen

Mark Cullen is an expert gardener, author, broadcaster, tree advocate and

Member of the Order of Canada. His son Ben is a fourth-generation urban gardener and graduate of University of Guelph and Dalhousie University in Halifax. Follow them at markcullen.com, @markcullengardening, on Facebook and bi-weekly on Global TV's National Morning Show.

When is a gardener not a birder? We can't think of an answer.

Truth is, gardeners love birds, much as sailors love wind.

Now is a good time to consider how you can attract more birds to your yard or balcony. Between us, we have 15 bird feeders around our properties and almost 50 years of birding experience. Here is a short-course on backyard birding:

1. The seed. Many birds love seeds, which is why we put out a variety of them: to attract the widest possible variety of attractive songbirds. But not all birds are attracted to the same seeds. Here is a guide to help you get the most out of your birdseed:

a. Black oil sunflower seed is the closest to a universally accepted birdseed. Cardinals and goldfinches love it.

b. Mourning doves are attracted to buckwheat and cracked corn. Avoiding cracked corn in your birdseed mix will help to minimize the population of grackles and mourning doves at your feeders.

c. Quality canary seed attracts house sparrows. Song sparrows have a stronger preference for it than house sparrows.

d. Safflower, in our experience, may be the last birdseed you will ever buy. Very few birds will eat it. But squirrels don't like it either, which is why is it often sold as "squirrel free".

e. Black-striped sunflowers seeds are preferred by most songbirds. The smaller the seed the better.

f. Thistle is the #1 choice for attracting finches. Goldfinch are brownish in colour this time of year but change to brilliant yellow in the spring.

g. Unsalted, shelled peanuts are candy for most woodpeckers and blue jays.

2. Techniques. We have discovered the following techniques for attracting birds:

a. Upside-down suet feeders. Attract woodpeckers to beat the band, but

con't on pg. 20



Need a Ride?

Do you have an appointment or need to run errands and you don't have a car or cannot drive?

Are you tired of calling all your family and friends looking for a ride?

Are you a senior and your adult children are taking time off work to take you to appointments?

Are you a senior who is uncomfortable driving in the winter or in the city but need to get somewhere anyway?

Are you going for a medical procedure you cannot drive home from?

Are you unable to drive because of medical reasons?

Are you feeling isolated and need to get out and connect with your community?

Rural Rides has been providing transportation in the Salisbury Petiscodiac area since 2014 and in Tantramar since 2017 and is part of the WA Transpo expansion covering all of Westmorland and Albert Counties. We help people living in rural areas not serviced by public transportation access affordable transportation. We have a group of volunteers who use their own vehicles to transport our clients to their appointments, grocery

store, bank or even recreational programs.

There is a small fee to use our service based on the distance a client travels.

Once you have registered as a client, you simply call 48 hours in advance of a needed ride. The dispatcher will match you with a driver in your area who is available at that time. The dispatcher will call you to confirm your ride and let you know who is driving you. The driver will arrive at your home at the appointed time and take you to your appointment, wait there or somewhere handy and return you home after your appointment is finished.

Many of our clients report making friends with our drivers and enjoying their company on route to their destinations. Our drivers are kind, caring people who want to make sure you get where you need to go.

If you or someone you know is struggling to find transportation, they can register for free as a client by calling 215-2100 or visiting our website at ruralridesnb.com.

We also always welcome new volunteer drivers to help keep the program running. Volunteers not only get the satisfaction of helping others but sometimes even make new friends. If you would like to volunteer, please call Kelly at 215-2100

Havelock RCL #86

4684 Rte. 880 Havelock, 534-8285

2nd Monday of each month - Regular meeting at 8:00 pm

2nd Saturday of each month - February 9th Valentine's Day Breakfast come and bring your Sweetheart! Our breakfast is consisting of pancakes and beans or eggs, bacon or ham, toast, home fries, juice, tea or coffee from 7:30 - 10 am only \$ 8 for adults and children under 10 \$5. January's BREAKFAST winner was Gary Corey!! We will be doing a draw for a free Breakfast for the following month!! We will also be giving out flowers for the 1st 12 Sweethearts!!!

Tuesday - House Crib 7:30 pm. everyone is welcome!

Wednesday -Seniors Day 11:00 am - 2 pm, games & light lunch (\$5/person).

-House League Darts - 8 pm. For more information call Mary 534-2410.

Thursday -Bingo @ 7 pm all welcome!!

-200 cards @ 7 pm only \$5 to play everyone is welcome for more information call Linda 534-2283.

Friday - Darts for meat @ 8:00 pm (\$2 a round) everyone is welcome!

Friday - February 15 @ 11 am Go Ahead Seniors - Offering wellness meetings for Seniors in Rural Communities!

COMING NEXT MONTH

Sunday - March 17 KITCHEN PARTY

Sunday - March 31 MONEY CRIB

Just a reminder that Legion dues are due now!!

Our Legion hall is available for rent (anniversaries, birthdays, showers, reunions etc.) Call Eddie Vaughan 756-0707, Betty Maxwell 233-1372 or Heather McLong 534-2237.

Like us on facebook at Havelock Legion Members And Friends, Branch #86



From the Desk of Your MLA

Hon. Ross Wetmore, Gagetown - Petiscodiac

My Happy New Year message may be tardy but it is every bit as sincere. I hope 2019 is a good year for you and all those you love. I also hope 2019 is a good year for our Province.

Over the last month I have been privileged to speak with many New Brunswickers about our challenges and hear their thoughts on solutions. At the recent Agricultural Alliance AGM I was reminded of the expression first credited to Will Rogers. "The farmer has to be an optimist or he wouldn't still be a farmer."

Optimism is critical when dealing with complex and chronic issues. I believe the people of our province have optimism that our PC government will deliver results. I would humbly suggest that through our actions we have given good reasons.

Since becoming government less than three months ago I am proud to present the following actions that have been taken:

Immediately upon taking office our PC government went right to work on the ambulance and paramedic issues.

Legislation has been passed to address skyrocketing Worksafe premiums.

Finance Minister Ernie Steeves brought forward a realistic capital budget and the Fiscal Transparency and Accountability Act has been strengthened.

The roll-out of early learning centres around New Brunswick will continue as well as subsidies to families who use them.

Free online training on autism for parents has been expanded.

A new electronic health record system is being implemented.

A review of our network of covered bridges and cable ferries has been launched as we develop a strategy to preserve this unique heritage transportation infrastructure.

Had I been reading this list aloud I would have paused for breath at least twice, and I am not finished:

We took immediate action to get homeless people out of the cold. I am very proud of my colleague Jeff Carr for taking the leadership on this.

We showed our respect for First Nations people and culture by introducing the eagle feather as a means of swearing oaths. Our PC government has been working to resume development of our domestic natural gas resource.

Premier Blaine Higgs is being credited nationally for reviving the discussion on the Energy East pipeline project.

Our Premier has again been recognized nationally for joining the fight against the ineffective and unfair carbon tax.

We have been busy and we will keep busy with our duties.

Honouring our past financial commitments, supplying and improving our social programs for our people and charting the path to a better tomorrow for the present and future generations of New Brunswickers.

Thank you for taking the time to read another of my monthly reports.



TICKETS ON SALE NOW!

Maritime Motorsports Hall of Fame
5 Hooper Lane, Petiscodiac, NB
Phone 756-2110

2019 Honda SXS500 Side by Side

**1 for \$100
3 for \$200**



Draw - March 23, 2019
at the Maritime Motorsports Hall of Fame
Meet and Greet 5:30pm to 6:30pm
Buffet Dinner at 6:45pm

Let's Eat Out
at K and B Takeout

The K & B Takeout is at 3147 Main Street in Salisbury. The people who work here are friendly, the place is bright with eat-in booths and the menu is large. John Boyles is the owner and it was established in 1976. The hours are daily from 11 am-10 pm except on Sunday when they open at 12 noon and close at 8pm. I ordered the Chicken Dinner Special which consisted of three pieces of chicken, lots of fries, a buttered roll and my kind of coleslaw (more vinegar than mayo). The total bill was \$12.65. Since moving to the Petitediac area 18 months ago I have heard only positive comments about K & B; that they make good chicken. So my expectations were high. I was not disappointed! When one is feeling cooped up in -17 degree weather, comfort food is the way to go. And what better comfort food than fried chicken! So I asked this question which caused some interesting conversation... What is your comfort food? My brother really put a lot of thought into this as evidenced by his list of 23 comfort foods that he emailed. So whoever you are, your comfort food is yours and yours alone. Here is the list of all the answers I received (excluding 21 from dear brother):

Grilled cheese and tomato soup	Kraft Dinner
Apple sauce	Baked beans and brown bread
Stew and dumplings	Peanut butter on toast
Any creamy chowder	Meatloaf and baked potato
Tea and something sweet	Chocolate covered almonds and cold milk
Cream of wheat	Fish and chips
Roast beef dinner	Spaghetti
Turkey pot pie	Chicken soup
Poached egg on toast	Cookies
Split pea soup	Shepherd's pie
Bacon	Pizza
Pie-key lime or coconut cream	Coffee
Anything barbecued	Lasagna
Homemade bread	Soft boiled egg cracked over shredded bread with salt and pepper (specific!)

I now have a favourite place to order chicken, one of my comfort foods. The phone number is 372-5989...keep this number handy! And have some comfort food.



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Valentines Recipe

- 4 small kisses
- 6 giant hugs
- 1 cup of kindness
- 3 cups of love
- 5 tsp of happiness
- 2+ caring hearts

Mix together and spread the love



Of Olden Days

-By Gloria Scribner

When Papa picked some violets
And they made my Mama smile
I gathered yellow dandelions
(I was just a child)
And sister bro't some buttercups
And put them in a vase
We learned a lot of lessons
From the hands of olden days

When waking heads were sleepy
But the critters needed feed
We topped up every manger
Did it well with lightning speed
"Tho' hungry, we should always
Feed 'them' first", my Daddy says
We learned a lot of lessons
In the barn of olden days

When Daddy hitched the horses up
And walked behind the plough
He made a furrow strait
And never failed to show us how
He said, "Just keep your eye fixed
on
Your goal, it always pays
We learned a lot of lessons
In the fields of olden days

The road was long and dusty
As we made our way to school
The sun had barely risen
And the winter mornings cool
But the homeward trek at eventide
Against the sunset rays
Saw us wiser now to face the world
From the school of olden days

On Sunday morning we
Were at the church upon the hill
They taught us all to have respect
To listen and be still
A Sunday morning habit
And not just on holidays
We learned a lot of lessons
In the church of olden days



What's Cooking?
In Winona's
Kitchen

A pretty and tasty dessert to serve for Valentines

FRUIT PIZZA

- Cookie Crust
- Cream
- ¼ cup softened butter
- ¼ cup white sugar
- ¼ cup brown sugar
- Beat in 1 egg
- Add ¼ cup milk
- ½ teaspoon vanilla
- In another bowl combine
- 1 ¾ cups flour
- 2 teaspoons baking powder
- ¼ teaspoon salt

Add to first mixture and mix well
Place on a greased 12-inch pizza pan
and spread evenly. Bake in 350 F. oven
about 20 minutes, Cool completely
before adding filling.

Cream Cheese Filling
Beat 1- 8 once package of cream
cheese until smooth
Add 1 ¼ cups icing-sugar
1 teaspoon lemon juice
Beat until light and fluffy
Fold in 2 cups whipped topping that
has been thawed. Spread evenly over
cooled crust. Make it pretty with your
fruit.

For glaze heat 1/3 cup of
apple jelly until liquid
Spoon over fruit to give it shine. It
prevents fruit from drying out.





Only “Words”?

By Gloria Scribner

Valentine's Day

B	N	R	G	F	K	F	G	R	I	R	D	N	E	I	R	F	F	D	N
G	T	F	I	G	F	L	I	G	W	A	S	A	I	N	T	U	V	B	O
J	Y	A	G	I	V	O	H	K	D	W	Z	E	W	M	E	O	X	G	V
A	T	K	D	N	M	W	J	M	S	E	N	T	I	M	E	N	T	A	L
T	R	A	E	H	I	E	I	Y	H	R	J	M	Y	C	E	E	F	C	T
G	A	D	S	C	W	R	O	F	E	A	S	T	V	D	A	Y	B	H	R
N	P	Z	H	W	E	S	A	O	H	I	E	N	I	T	N	E	L	A	V
G	R	N	C	R	E	T	N	C	P	E	I	C	A	R	N	A	G	D	X
R	H	Z	H	H	D	E	R	A	Q	B	S	H	N	I	M	T	C	S	T
E	D	D	P	N	O	I	T	I	D	A	R	T	M	S	G	V	R	E	F
E	O	C	O	L	W	C	D	K	H	W	M	P	H	S	E	B	S	S	X
T	C	A	R	D	P	Y	O	S	W	E	E	T	H	E	A	R	T	O	H
I	T	T	V	I	O	Y	Q	L	P	N	N	V	U	N	A	I	T	R	I
N	U	E	N	D	Y	K	S	S	A	E	E	Z	H	D	V	N	Y	O	A
G	R	K	M	C	P	D	D	O	E	T	A	I	H	N	B	C	J	M	C
E	G	O	T	F	P	U	E	T	H	L	E	W	A	I	A	U	H	A	B
S	V	P	Y	R	A	U	R	B	E	F	N	M	H	K	M	P	F	N	I
Q	O	O	Q	Q	H	U	G	F	E	I	O	J	Z	E	T	I	D	T	K
X	L	V	L	Z	O	E	P	O	P	R	N	B	R	W	B	D	Q	I	I
J	U	G	P	F	I	X	P	I	B	I	H	P	A	Z	Z	F	Q	C	I

- ADMIRER
- CARING
- DAY
- FLOWERS
- GIFT
- HEART
- MINE
- RED
- ROSES
- SWEET
- VALENTINE

- CANDY
- CHOCOLATE
- FEAST
- FOURTEENTH
- GREETING
- KINDNESS
- PARTY
- ROMAN
- SAINT
- SWEETHEART

- CARD
- CUPID
- FEBRUARY
- FRIEND
- HAPPY
- LOVE
- PINK
- ROMANTIC
- SENTIMENTAL
- TRADITION



As I sit here on a “snow” day contemplating the frozen silence beyond my kitchen window, it dawns on me that this same scenario has wrought a dramatic change to my day, not least of which was the failure to view the “blood-wolf” moon last night, the postponement of my granddaughter’s school exams today and the futility of a “last chance” meeting with my brother before he returns to his Alberta home. Life put on hold for even a day reaps circumstances so unforeseen and unavoidable that calendars, clocks and schedules suddenly take on a whole new meaning. Oh, the moon still shone somewhere behind the ominous clouds of sleet, snow and fog. I just couldn’t find it. Those impending exams are inevitable, just rescheduled. My city siblings will meet without me. A Sunday evening visit with my 95 year old mother will not happen this week, and last week’s flowers will wilt in their vase, unreplaced. However, we will talk on the phone. My brother will say his good-byes the same way, (minus the farewell hugs), words will be spoken and I’ll pray the flight be a safe one.

While words seem a poor substitute for carnations, hugs, blood-moons and such, they are nevertheless priceless in their compensation.

My February thoughts are of the 14th and of what youngsters have come to refer to as “Love Day”. How does one contribute anything to St. Valentine’s Day of any kind of lasting worth that will make a difference, however seemingly insignificant right now.

While youth today may scorn the “foolishness” or futility of this annual sentimental escapade, I doubt it will go unnoticed by hearts that pretend to “write it off” so casually. It reminds me of those silly words we utter now and then, “Oh! You shouldn’t have”, when the truth be told we’re so glad they did. Thoughtfulness in word or deed

declares, “You’re worth something to me. You are loved. I care about how you feel.” The most precious and memorable gifts are not necessarily purchased at a jewellery counter or florist.

I can’t speak for others, so won’t even try, but I have found over the years that a lot of folks need that little extra “Valentine’s Day” nudge to remind them that “Hey! Someone needs a kind word, a thoughtful gesture, a heart (preferably your own) represented by a simple expression, be it ever so crudely drawn, baked or purchased”.

I have a grade 8 valentine from the boy next door, one gushy one from my 18 year old sweetheart, many home-made ones from folks who still call me “Mom”, and one that I still display (for my own reasons) that says: “To my wonderful wife on Valentine’s Day”. I also have some dried rose-petals pressed in books and etched forever in memory from moments more precious than gold.

While gift-giving is often taken for granted as the proper or expected thing to do at certain times, I believe some are given out of obligation or even as status symbols instead of real love and tho’tfulness. I’d want to feel as though someone cared enough about me and my feelings so as to assure that the words on the card extolled a real honest message from the heart.

It warms me to see a man standing unashamedly at a card counter reading the verses or penning a loving tho’t on a florist card that is to accompany a single rose (or daisy!).

Love is as necessary to life on this planet as breath itself, not just for display, but sincerity, be it as infinitesimal as a wink, a caress, a pat on the back or a helping hand.

Years ago boys offered to carry a girl’s books. Today we hold doors open for almost anyone. Yesterday boys carved girls initials in hearts on trees. Today, Facebook bids us bare our souls as little

This Valentine's Day

DON'T GO RINGLESS ... GO TO











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emojis announce our love for all the world to see. Yesterday, love letters were shyly deposited in mailboxes. Today, tattoo parlours etch "forever" on sincere display.

Regardless of the outward symbols inspired by "Love Day" there will always be a human need for words of love, of acceptance, of understanding and hope. Is it any wonder that our planetary system was bro't into being by a creator who was referred to as "The Word", described as a "God of Love"? whoHe in one of His most memorable acts gave His beautiful statement - so timely - "I have written your name in the palms of my hands". No power on Earth was ever more sincere, eternal or loving.

Those old saints (the original word for Christians) knew their stuff: Nicholas, Valentine, Martin, Patrick, Paul and Mother Theresa would remind us that "Love is of God". Whatever you would that people would do to you - Do also to them (the golden rule).

I think I'll make some heart shaped cookies for my grand-children, and get out that old Valentine to display again, because "True love goes on and on".

The Best of Friends

The best of friends,
Can change a frown,
into a smile,
when you feel down.

The best of friends,
Will understand,
Your little trials,
And lend a hand.

The best of friends,
Will always share,
Your secret dreams,
Because they care.

The best of friends,
Worth more than gold,
Give all the love,
A heart can hold.



The History of Cupid

Cupid has long played a role in the celebrations of love and lovers. He is known as a mischievous, winged child, whose arrows would pierce the hearts of his victims causing them to fall deeply in love. In ancient Greece he was known as Eros the young son of Aphrodite, the goddess of love and beauty. To the Roman's he was Cupid, and his mother Venus

One legend tells the story of Cupid and the mortal maiden, Psyche. Venus was jealous of the beauty of Psyche, and ordered Cupid to punish the mortal. But instead, Cupid fell deeply in love with her. He took her as his wife, but as a mortal she was forbidden to look at him. Psyche was happy until her sisters convinced her to look at Cupid. Cupid punished her by departing. Their lovely castle and gardens vanished with him and Psyche found herself alone in an open field

As she wandered to find her love, she came upon the temple of Venus. Wishing to destroy her, the goddess of love gave Psyche a series of tasks, each harder and dangerous than the last. For her last task Psyche was given a little box and told to take it to the underworld. She was told to get some of the beauty of Proserpine, the wife of Pluto, and put it in the box.

During her trip she was given tips on avoiding the dangers of the realm of the dead. And also warned not to open the box. Temptation would overcome Psyche and she opened the box. But instead of finding beauty, she found deadly slumber

Cupid found her lifeless on the ground. He gathered the sleep from her body and put it back in the box. Cupid forgave her, as did Venus. The gods, moved by Psyche's love for Cupid made her a goddess.



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♥ *Happy Valentines Day* ♥

HOURS
 MONDAY TO FRIDAY 9 TO 5 and SATURDAY 9 TO 3



Hon. Ross Wetmore
Minister of Agriculture,
Aquaculture and Fisheries

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*Come join me Wednesday - February 6
Monday - February 11
Wednesday - February 20
Monday - February 25
starting at 10am at the
Maritime Motorsports Hall of Fame
5 Hooper Lane, Petitcodiac, NB*

“Our People Make a Difference”

**Maritime Motorsports Hall of Fame
Inductee Corner**

**Wade Henry MacKinnon
Competitor Stockcar Racing**

Inducted October 17, 2015
Home Province PEI
Wades favorite sport is stock car racing.
In 1976 he built his first stock car, #81 and
raced at Freetown Race track, he won the
award for Most Enthusiastic Driver of the Year.
He raced in the Dukes Division at Raceway
Park in Oysterbed, the old dirt track for 3 years
and had lots of wins and plenty of fans.
He finished 2nd, 3rd, and 1st in the points.
1986 was Most Sportsman Driver in Dukes Class.
In 1988 he moved to the modified division, where he won three more championships.
1995 was presented Raceway Parks 10th Anniversary Appreciation award Dedication to
Racing.
In 2004 he raced one year for Bill Kienney and Gary Ford.
In 2006 Wade and his brothers built a Pro Stock to run the
Maritime Pro Stock Tour.
2010 was his biggest thrill when he got to race his son Darren in the Pro Stock Tour at
Oysterbed, the two cars were painted the same, one numbered 81 the other 18.



**The perfect winter escape! Fundy National Park launches
its 2019 winter season on December 28th**

From our beautiful snow-filled highlands and frosted trees to our fun-filled ski trails, Fundy National Park transforms into a dreamy winter wonderland during the colder season, offering visitors unique opportunities to enjoy wilderness activities and to connect with nature.
Starting December 28th through early spring, Parks Canada is pleased to offer a variety of winter experiences for the entire family at Fundy National Park. These include snowshoeing in pristine wilderness trails, sliding down the hill at Headquarters on a toboggan, skiing or fat biking the well-groomed trails, or simply unplugging and relaxing in one of our cozy accommodations. New adventures await, and Fundy National Park is definitely your ideal winter destination!
Additionally, new to our winter offer this year, mountain bikers and trail users will be able to warm-up in the new four-season pavilion in the Chignecto Recreation Area. This facility features washrooms and showers, wood stoves, a food preparation counter for visitors

that would like to prepare meals as well as a large space for events. Plus, we have added a third insulated rustic cabin on the Blackhorse Trail! By developing and offering new services to visitors, Parks Canada is allowing more Canadians, including youth and newcomers, to experience the outdoors and learn about our environment and history.
Wait, there is more:
Bookings for winter accommodations including yurts, rustic cabins and oTENTiks are now open! Reservations can be made in advance by calling 1-877-RESERVE (1-877-737-3783) or through Parks Canada's online Reservationsystematwww.reservation.parksCanada.gc.ca.
Stay tuned! Fundy National Park, in collaboration with the Friends of Fundy and Outdoor Elements, will soon reveal further details about exciting activities and events that will take place in the park throughout the winter season.
For more information, please visit Fundy National Park's website

Celebrating 35 YEARS
S.P.O.T.
Support People of Today

SPOT is celebrating 35 years in 2019 of serving the residents and communities of Petitcodiac and surrounding areas.
The executives, directors and staff of SPOT would like to take this opportunity and extend a huge **THANK YOU** to the communities for the tremendous support and generosity they have shown SPOT over the past years. Whether it was by donations of clothing, household items, food, monetary, hosting special fund raising events, providing services, volunteering and so much more. We truly appreciate it and without you we wouldn't exist.

In celebration of this monumental occasion SPOT will be hosting special events in the upcoming months. Please stay tuned for details.
We look forward to your continued support and wish you and your families all the best in 2019.

THANK YOU

Things have changed in the CPAP world

So you’ve been told that your snore or you stop breathing in your sleep. You feel tired during the day. You’ve finally mentioned it to your doctor and they referred you for a sleep test. You had your sleep test, it was easier than you thought. The results came back and you know you have sleep apnea. Your doctor wants you to do a trial on a CPAP machine because it will be beneficial to your heart health and you won’t be so tired during the day. These thoughts immediately run through your head: But I can’t wear a mask at night! I’m claustrophobic! How am I supposed to sleep with one of those things? I’ve tried it before and just couldn’t wear it. I breathe through my mouth, I can’t wear a mask. Those machines are so noisy! These are all very valid and common concerns. I hear them from almost every client. By far, the most important and challenging aspect of CPAP treatment is the mask. When I say “mask”, I mean any of the devices used to attach

the user to the CPAP machine. In recent years these have become much smaller, more comfortable and user friendly. When I started working with CPAP machines, the masks were big bulky things that were so uncomfortable, only the most severe apnea sufferers could tolerate it. Now there are dozens of choices and the client must be able to try many to find the right fit. They range from nasal pillow systems that just rest against the nostrils to deliver the air pressure, to small nose masks that just cover the nose, to masks that cover the nose and mouth for those whose mouths come open at night. The materials are now hypoallergenic, very soft silicone construction, with minimal strap. This is a consumer driven field and consumers demand a mask that will

help them sleep, not keep them awake with discomfort. Machines are now quieter than ever. If you have an old machine at home that grinds and whirls while in use, you’d be shocked to hear the almost silent units that you can get now. I have had many spouses report that the new quiet machines are much better than even the quietest snoring. Even if your old machine doesn’t have a lot of “miles” on it, the old technology made for a

noisy, uncomfortable machine. Your insurance more than likely covers you for a new machine if it is 5 years old or more and for a new mask a couple of times a year. Having the best mask for your face and quietest, appropriately set machine are two of the biggest factors in having a successful CPAP experience.

Angie Cummings BSc, RRT, CRE, CTE



The Sussex Sleep Clinic is thrilled to
Welcome Amy Akerley to our Team!
If you would like to visit Amy at her new location at the
Sussex Health Centre, she would love to meet with you!
Just call her for appointment 434-7667.

Amy Akerley
BSc, RRT



SUSSEX SLEEP CLINIC
Improving your life one night at a time!

Angie Cummings
BSc, RRT, CRE, CTE
President, KV & Sussex Sleep Clinic Inc.

Proudly serving Sussex, and surrounding areas for over 5 years!

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BSc

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Published Monthly - Next Issue March 1, 2019

Editorial & Advertising deadline: February 23, 2019

DIX MILLE VILLAGES



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Saturday, February 23 - 10 am - 4 pm

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Sudoku (page5) Answers

7	2	5	4	1	6	3	9	8
6	1	3	9	5	8	2	7	4
8	4	9	7	2	3	5	1	6
2	8	1	6	4	9	7	5	3
3	7	6	5	8	1	9	4	2
9	5	4	2	3	7	8	6	1
5	6	8	1	7	2	4	3	9
1	3	7	8	9	4	6	2	5
4	9	2	3	6	5	1	8	7

Business Directory

Support your Local Communities - Shop Local

Call 756-2110 to book your space in our new Business Directory

0 - 30 words - \$17.50 + HST

Next Issue -February 1, 2019 / Deadline January 23, 2019

Petitcodiac

Auto Supplies

Auto Supplies
188 Old Post Road
Petitcodiac, NB E4Z 4P1
Phone - 756-3347
Hours
Monday - Friday - 8am - 5:30pm
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(506) 756-4675
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Phone: 756-4144
lymburnerelectrical@gmail.com

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Septic Systems - Excavating - Dozing
Sandstone - Gravel - Trucking - Topsoil
Snow Removal
Dana - 871-3024 Tyler - 756-0108

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Phone - 756-3321
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Bayshore Home Care Solutions
Christine Noseworthy
Human Resources Coordinator
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506.857.9992 x20304 / 1.866.227.3890
cnoseworthy@bayshore.ca
www.bayshore.ca

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Gary Lounsbury, BBA, CIP
Agent
SOUTH EASTERN Mutual
Phone: 756-1102 / Cell: 756-0685
gary.lounsbury@semutual.nb.ca
www.semutual.nb.ca

Machine Shop

MBR Mechanical Contractors Inc.
121 Fawcett Hill Rd., Petitcodiac, NB
Email: ejardine@mbr-group.ca
*Machine Shop Service
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Evan Jardine: 756-2930 / Cell: 858-3990

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Universal Accessories Ltd.
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Phone 372-5398
Hours
Monday - Friday: 8am - 5:30pm
Saturday: 8am - 12pm

Building Supplies

Home hardware building centre
55 Horsman St, Salisbury, NB
Phone: 372-5222
Hours:
Mon. - Wed: 7:30am - 6pm
Thurs. - Fri: 7:30 - 7pm / Sat.: 8am - 5pm

Consignment Store

Franny's CEDAR CHEST
3154 Main Street
Phone: 506-215-0238
Entrance behind Salisbury Pharmacy
Family Clothing
Hours
Mon. - Thurs. - 10am - 5pm
Fri. - 10am - 5pm / Sat. - 10am - 4pm

Drug Store

Guardian
Salisbury Pharmacy Ltd
3154 Main Street
Salisbury, NB
(506) 372-4760
Mon-Fri 9am-8pm Sat 9am-5pm
Sun 12-5pm Holidays Closed

Funeral Homes

Salisbury FUNERAL HOME & CREMATORIUM
Salisbury West, NB
Phone: 372-4800
Armstrong's FUNERAL CHAPEL
Petitcodiac, NB
Phone: 756-3361
David Keirstead - Funeral Director
www.keirsteads.ca

Grocery Store

Sandy's Independent
3070 Main St., Salisbury, NB E4J 2L6
Phone: 372-9231
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I would like to thank all of our sponsors that make this paper such a success.

CLASSIFIED

Let the classifieds help you list apt for rent, sell your items, or announce your special occasions.

Cost: \$5 for 20 words or less & \$15 for over 20 words.

Please drop off information at 5 Hooper Lane, Petitcodiac (the Maritime Motorsports Hall Of Fame building) during our business hours: Monday to Friday 10 a.m. to 5 p.m. For more information please call 756-2110

UP COMING EVENTS

UP COMING EVENTS

WANTED

THANK YOU

Five Points Baptist Church
5597 Route 895 Colpitts Settlement, NB E4J 3A2

Gospel Jam Session

Join us on the 3rd Sunday each month at 6:30pm
for an evening of uplifting Gospel Music from
Local Singers and Musicians

Contact Ross 534-2461 for more information

Hon. Ross Wetmore
Minister of Agriculture,
Aquaculture and Fisheries
Gagetown - Petitcodiac
Will be at the
Maritime Motorsports Hall of Fame on
Wednesday - February 06,
Monday - February 11,
Wednesday - February 20
Monday - February 25
starting at 10am

Anglican Parish of
Salisbury & Havelock

Annual Shrove Tuesday
Pancake Supper
March 5th, 2019
4:30-6:30pm
At the Royal Canadian Legion,
Petitcodiac
Pancakes & Baked Beans & Brown
Bread & Layer Cakes for Dessert
Adults \$10 - Children Eat Free

S.P.O. T Annual meeting

Tuesday, February 5th, 2019
at 7:00pm
MEETING WILL BE HELD at the
SPOT building on 5 Mill Road

ALL OUR WELCOME

Post your classified with us! \$5.00
for under 20 words or \$10.00 for
over 20 words. Picture & under 20
words \$15.00 Picture & over 20 words
\$20.00 Obituaries \$35.00

Annual Kiwanis Breakfast
Petitcodiac, NB
Canadian Legion Building
Saturday, February 2, 2019
7:00am - 10:00am
Pancakes with maple syrup,
sausage, eggs
Adults - \$8.00 / Children - \$4.00

SNOWFLAKE PICNIC
SALISBURY BAPTIST CHURCH
SATURDAY, FEB. 23, 2019
2:00 TO 4:00 PM
FOR
GIRLS GRADES 3 TO 7
EVENTS LEADER: JOANNA DOAK

TO REGISTER OR FOR MORE
INFORMATION
PLEASE CALL THE SBC CHURCH OFFICE
MON TO FRIDAY 8:30 AM TO 1:30 PM
Ph: 506-372-5179

REGISTRATION DEADLINE FEB. 17, 2019
(Snow date March 6, 2019)

ADULT EDUCATION

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1 Bedroom Apartment
We offer affordable housing for
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Security entrance, no smoking, no
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Please call Bev at 860-0338

BIRTHDAY WISHES



Wishing Wonderful Birthday Wishes
to a Wonderful Lady On her
99th BIRTHDAY on February 1, 2019
Eleanor Smith-McFee.
LOVE and HUGS from your FAMILY

Prior to Christmas, I was a patient at
the Moncton Hospital and express my
gratitude to all who are employed
there regardless of position. We are so
fortunate to have two great hospitals
in Moncton with Kind, compassionate
and competent staff.

To my friends and family for many
cards, remembrances, visits and calls,
I am so grateful.
Pauline Steeves
Havelock, NB

The family of the late Deborah
Leaman would like to say thank-you to
the Elgin Fire Department for hosting
Debby's memorial. Thank-you to all
who attended and participated in
the service by remembrances, music,
officiating and bringing food. Thank-
you as well for your cards, memorials,
kind thoughts and prayers

Post your classified with us! \$5.00 for
under 20 words or \$10.00 for over
20 words. Picture & under 20 words
\$15.00 Picture & over 20 words \$20.00

MEMORIAL



Dad

If I could write a story
It would be the greatest ever told
Of a kind and loving Dad
Who had a heart of gold
I could write a million pages
But still be unable to say, just how
Much I love and miss him
Every single day
I will remember all he taught me
I'm hurt but won't be sad
Because he'll send me down the
answer
And he'll always be MY DAD

MEMORIAL

In Memory of Eddie
who passed away on
February 16, 2014



Parting came with hearts broken, left us with words unspoken, deep in our hearts are many memories that will stay with us forever.
Jean, Doug Carolyn, Michael and their Family's

If you have any Church Service or any notices you would like published please contact us at 756-2110.

CHURCH SERVICES

St. Andrew's Anglican - Sunday Service at 9:00 am. Sunday School at 9:00am

Petitcodiac Baptist - Morning Worship at 10:00am. "SS JAM" (preschool - Grade 5) at 10:00 am. Nursery available for infants

St. John's Anglican Church, Salisbury, each Sunday at 11 am with Sunday School also at 11 am

Petitcodiac-Salisbury Pastoral Charge United Church of Canada
Salisbury United - 9:30am
Saint James United (Petitcodiac) 11:15am

Petitcodiac Lighthouse Assembly Services: Worship Sundays - 10:30am
Location: Maritime Motorsports Hall of Fame, 5 Hooper Lane, Petitcodiac, NB
Pastor C.G. Fenwick
Ph: 506-433-6972

Petitcodiac Mennonite - Worship Service 11:00 am.

First North River Baptist Church
573 Blakney Road, Fawcett Hill, NB
Sunday Morning Worship - 11:00am
Sunday School - 9:45am
For more information 756-8580

CHURCH SERVICES

Steeves Settlement Baptist Church, Independent
250 Steeves Settlement Rd.
Pastor Paul Fosmark
Services every Sunday
Sunday School for all ages - 9:45am
Morning Worship Service - 11:00am
Washroom facilities available
All Welcome!
For more information call 534-2714

Havelock Baptist Church
2046 Route 885
Church and Sunday School each Sunday at 11am
Mondays - Bible Study at 10am
Wednesday evenings - Prayer meeting at 7:30pm
ALL WELCOME!

OBITUARIES

Ella Harper



Ella Bessie Harper, widow of Clarence Harper, passed away peacefully at the age of 100 at the Kiwanis Nursing Home, Sussex on Thursday, January 10, 2019.

Born in Anagance where she lived her life, she was the daughter of the late Harry and Frances (Bicknell) Dunfield. Ella was a homemaker, and a member of the former Anagance United Church where she enjoyed teaching Sunday School. She was also a member of the Anagance W.I. and Senior's Club and she enjoyed knitting and quilting. She is survived by her children Anne Teixeira (Joseph) of Brampton, ON, Eleanor Adams (Roger Smith) of Moncton and Harold Harper (Thérèse) of Anagance; grandchildren Ramon, Shane, Heidi, Sonya and Tyler; several great grandchildren and nieces and nephews. Besides her husband Clarence she is predeceased by brothers Robert, Donald and Everett Dunfield.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Sunday, January 20 from 2 to 4 pm and from where the funeral will be held in the chapel on Monday, January 21 at 11 am with Rev. Stephen Brown officiating. Interment at Anagance Cemetery at a later date.

If desired, donations to the Anagance Cemetery or the Canadian Cancer Society would be appreciated by the family.

www.keirsteads.ca



OBITUARIES

Olive Steeves



Olive M. Steeves, 78, of The Glades, passed away on Saturday, December 22, 2018 at the Jordan Lifecare Centre with family by her side. Born in St. Phillip, she was the daughter of the late

Jude and Rita (Gouguen) Caissie.

Olive was a homemaker, and a member of St. Jude's Catholic Church. She enjoyed bingo, knitting, crocheting, and her daily walk. She was very kind and loving, with a heart of gold and would allow anybody into her home. She especially enjoyed time with her family. She would never go anywhere until she fixed her hair.

Olive is survived and sadly missed by her daughters, Rose Tingley (Eugene Constantine) of Salisbury West, June Caissie of Moncton; step-children, Ronald Steeves (Claudette) of Salisbury, Donna Ferrera (Bill) of Massachusetts; nine grandchildren; several great-grandchildren; twin great-great-grandsons; sisters, Leah Bernard (Cyril) of Montreal, Faye Gould of Moncton; brother, Cyril Caissie of Riley Brook, and many nieces and nephews.

Besides her parents, Olive was predeceased by her first husband and father of their children, Willard Steeves; partner, Guerny Wheaton; step-son, Ralph Steeves of Ontario, and brothers, Joe Caissie and Henry Caissie.

Special thank you to the staff of the Jordan Lifecare Centre for the compassionate care Olive received.

Arrangements are in the care of Salisbury Funeral Home and Crematorium (372-4800) from where visitation will take place on Thursday, December 27, 2018 from 9:30 to 11:30 am immediately followed by a Memorial Service in the chapel at 11:30 am with Rev. Phil Mulligan officiating. Interment in Pinehill Cemetery.

If desired, memorials to Alzheimer's Society, Canadian Cancer Society, Friends of the Jordan Lifecare Centre or charity of the donor's choice would be appreciated by the family.

www.keirsteads.ca



OBITUARIES

Barbara Brooks



Barbara Ann Brooks, 72, of Riverview, passed away on Friday, January 4, 2019 at the Moncton City Hospital. Born in Halifax, NS, she was the daughter of the late George and Helen (Veinot) Warren.

Barb worked with the Federal Government for many years in the DSS Super Annuation Department. She was a member of the local bowling leagues, and loved her four Corgis.

Barb is survived and sadly missed by her partner Michael MacDonald; son Doug Stoakley (Susan MacIsaac); daughters Carol Murphy and Emma Kathleen Chisholm; several grandchildren; sisters Linda Corbett (Billy), Heather Heinz and Bev Englund; many nieces and nephews.

Besides her parents, Barb was predeceased by her husband, David Brooks; sister Joan Oaks.

There will be no services by Barb's request. Arrangements are in the care of Salisbury Funeral Home and Crematorium (372-4800).

Private interment in Salem Community Cemetery, Havelock, at a later date.

If desired, donations to the Canadian Cancer Society would be appreciated. www.keirsteads.ca

Robin Thorne



Robin Roy Thorne, 55 of Havelock passed away Saturday, December 29, 2018 at the Moncton Hospital.

Born in Sussex, he was the son of Stuart Thorne and Mary (McCormac) Thorne.

Rob was a truck mechanic with Burgess Contracting. He enjoyed hunting, camping, fourwheeling and spending time at the camp. He especially loved spending time with his family. Rob was very proud of his children and grandchildren, supporting them and attending their many sporting events, and they could always make him laugh!

Rob is survived and sadly missed by his mother Mary and father Stuart (Jean); his beloved wife Amy (Lounsbury); his children Devin Thorne (Alicen) of Steeves Settlement, Chelsea Hatt (Scott) of Havelock and Cody Thorne (Jessica) of Penobsquis; daughter-in-law Heidi Thorne of Petitcodiac; siblings Kathy Reeder (Jim) of Riverview, Donald Thorne (Susan) of Havelock and Lisa Lewis (Brad) of Petitcodiac; cherished grandchildren Alexis, Lauren and Blake Thorne, Gavin, Aislynn and Bryson

OBITUARIES

Hatt, Rowan and Landon Thorne and Easton and Scarlett Thorne; mother-in-law Mary Trites; grandmother-in-law Beatrice Brown and several nieces and nephews. He was predeceased by his son Chad Thorne and his father-in-law Norval (Jack) Lounsbury.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) with visiting Wednesday, January 2 from 5 to 8 pm and from where the funeral will be held Thursday, January 3 at 11 am. Interment at Wesleyan Cemetery, Havelock.

If desired, donations to the Friends of the Moncton Hospital would be appreciated by the family.

www.keirsteads.ca

Roderick Anketell

Roderick David Anketell, 88 of Wheaton Settlement passed away Friday, January 11, 2019 at the Moncton Hospital.

Born at O'Neils, Indian Mountain, he was the son of the late Roderick and Georgina (Horsman) Anketell. Roderick worked in Telecommunication at CNR until retirement and was a past member of the Royal Canadian Legion Branch #31, Salisbury. He enjoyed his hobbies, travelling and loved working with his sawmill and planer.

He is survived and sadly missed by his wife Miriam (Cochrane); daughters Barbara Thorne of Cambridge Narrows and Phyllis Edgar (Danny) of Salisbury; son David Anketell of Cambridge Narrows; sisters Beulah Parker of Stoney Creek, Eileen Dysart of Burlington, ON and Jennie Haney (Jack) of Edmonton, AB; brother Owen Anketell (Joan) of Riverview; eight grandchildren; sixteen great grandchildren and several nieces and nephews. Besides his parents he is predeceased by sisters Juanita Carter and Evelyn Cormier; grandson Bradley Thorne and son-in-law Johnny Thorne. Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) with visiting Wednesday, January 16 from 2 to 4 and 7 to 9 pm. The funeral will be held in the chapel on Thursday, January 17 at 11 am with Pastor Lloyd O'Blenes officiating. Interment at Fair Haven Memorial Gardens.

If desired, donations to the Canadian Cancer Society or Canadian Lung Association would be appreciated by the family.

www.keirsteads.ca

OBITUARIES

Kenneth Paterson

Kenneth Eldon Paterson, 75 of Canaan Forks passed away Saturday, December 29, 2018 at the Victoria General Hospital, NS.

Born in Canaan, he was the son of the late Robert and Effie (Small) Paterson. Kenneth drove truck for many years and he enjoyed hunting, four wheeling, fishing, ski-dooing and spending time at his camp.

He is survived and sadly missed by his wife Jean (Black); sons Terry (Cindy) of Alberta and Gary (Carolyn) of Apohaqui; grandchildren Brandon (Jessica), Ryan, Cody and Haley; great grandchildren Sadie and Macie; brother Donald (Mildred) of Canaan; sisters Barbara Wood of Petitcodiac and Theresa Kincade of Codys and several nieces and nephews. Predeceased by brothers Wallace and Junior and sisters Mabel and Stella.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) visiting will be Friday, January 4, 10 am until time of service at 11 am with Pastor Dave McPherson officiating.

If desired, donations to the Heart and Stroke Foundation would be appreciated by the family.

www.keirsteads.ca

Richard Dean "Ricky-Dean"

Richard Thomas Dean "Ricky-Dean", 52, passed away unexpectedly on Friday, January 4, 2019 at his home in Second North River. Born in Toronto,

ON, he was the son of Joan Dean (nee Wilson) and James Dean.

Ricky's passion in life was trucking. He owned Rick Dean Trucking and he loved his toys, including his backhoe and snowmobile. He enjoyed hunting and was rarely seen without a beer in his hand. Ricky was always good for a laugh and some trouble.

In addition to his parents, Ricky is survived and sadly missed by his daughter, Delaney; son, Cole; sister, Doreen; niece, Jessica; nephew, Alex; and mother of his children, Lisa Dean. Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) with visiting Monday, January 7, 2019 from 2 - 4 and 6 - 8 pm and from where the funeral will be held Tuesday, January 8 at 11 am with Rev. Kevin Carr officiating.

If desired, donations made to a Living Memorial for Ricky's children would be appreciated.

www.keirsteads.ca

OBITUARIES

Gordon Colpitts

Gordon Eric Colpitts, 83 of Salisbury and formerly of Colpitts Settlement passed away Friday, December 28, 2018 at the Moncton

Hospital.

Born in Colpitts Settlement, he was the son of the late Sanford and Mabel (Leeman) Colpitts. Gordon was a graduate of the former Salisbury Regional High School, a member of the former Colpitts United Church and a retired Engineering Clerk with CNR. He enjoyed the outdoors, hunting and especially time spent with his grandchildren. Gordon loved a good joke and Albert County excursions.

He is survived and sadly missed by his beloved wife of 58 years Joan (Lowerison); daughter Patti Lee Coates (Terry) and daughter-in-law Connie Campbell; grandchildren Tera, Jenna, Jake and Eric; two great grandchildren Madison and Jace; sisters Irene Horton of Moncton, Joan Colpitts of Fredericton and Marilyn Grewe of London, ON and several nieces and nephews. Predeceased by his son Boyd and sisters Ruth Hopper and Lila McKeil.

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) with visiting Tuesday, January 1 from 6 to 8 pm and from where the funeral will be held Wednesday, January 2 at 11 am with Rev. Dan Compton officiating. Interment at Colpitts Community Cemetery.

If desired, donations to the Helping Hands Food Bank, Salisbury or a charity of choice would be appreciated by the family.

www.keirsteads.ca

James Cowan

James A. Cowan, 85 passed away at Kenneth E. Spencer Memorial Home Friday, December 28, 2018 with family at his side.

It is fitting this Christmas season, when we remember the excitement of those who first laid eyes on Jesus that Dad has walked into that same extraordinary joy. Seeing Jesus face to face. Imagine. Born in Saint John, NB, May 17, 1933 to Robert Murray and Mary Addy Cowan, Dad started loving Jesus when he was just a boy. Blessed to marry Dorothy Lena (Jones) in 1955, together they pastored Baptist churches, and mentored pastors in NS and NB. He was happy to be

OBITUARIES

actively involved in various ministries, whether a year as President of the Atlantic United Baptist Convention or on their Overseas Mission Board (now CBM). Dad had a great capacity for teaching, reading and/or preparing reports, and attending committee meetings, but I think his first love was Christian camping.

Whether wrestling Camp Jordan from dream to reality, evening Vespers under the pine tree at his beloved Camp Wildwood, hiking to Crooked Creek, or sleepless at "Frosty" in Stoney Creek, Dad eagerly got on board. Understanding that Christian camping experiences changed lives, Dad was willingly involved from under-brushing to directing in our Baptist church camps.

Left behind with lots of memories are his sister Mary Cowan of Moncton, children Paul (Donna) of New Minas, NS, Beth Power (Dan) of Salisbury, NB, Barb Parker (Paul) of Stoney Creek, NB and David (Tara) of Rothesay, NB.

Grandchildren Jonathan Power (Alison), and their children Annabel, Juliana and Gordon; Matthew Power (Emily) and their children Rebekah and Andrew; Nathan Cowan (Becky) and their children Hannah, Kaitlyn and Heather; Joshua Cowan (Kristi) and their children Micah and Isaac; Stephanie O'Connor (Dan) and their children Nathaniel, Abigail and Hannah; Jeffrey Cowan (Karina); Justin Cowan (Ashley) and their baby James.

He carries our hugs and kisses to those who've gone before, his Dad (1971), and Mom (1993), sister Ruth (1999), his darling Dorothy (2012), and our sweetie pie Madeline Joy Power (2014).

Dad signed my very first autograph book by writing out the words of Proverbs 3:5&6. The best advice a Dad can give his children. Thank you Dad. We love you. See you later! Beth

Resting at Salisbury Funeral Home, 3350 Route 106 (372-4800) with visiting Sunday, December 30 from 2 to 5 pm. The funeral will be held at the Salisbury Baptist Church Monday, December 31 at 1 pm with Pastor Robert Weaver officiating. Interment at Pine Hill Cemetery.

If desired, donations to a charity of choice would be appreciated by the family.

www.keirsteads.ca



Salisbury Happenings



Village of Salisbury News

NOTICE TO DOG OWNERS

Jessica MacDonald is our 2019 Animal Control Officer for the Village of Salisbury. Just a reminder that dog registration tags must be purchased before March 31st of each year. Dog tags can be purchased from Jessica, at the Village Office, and at the Silver Fox Veterinary Medical Centre.

SPRING & FALL SPECIAL PICK-UP

Spring Special Pick-Up Day is scheduled for **Monday, May 6, 2019**.
Fall Special Pick-Up Day is scheduled for **Monday, September 30, 2019**.

Any items residents wish to have picked up must be placed at roadside. Please be sure to have items at the curb early, as pick-up can commence anytime after 5:00am.

- Appliances/Furniture,
- Lumber and yard waste must be bundled and tied in 4ft. lengths,
- Tires (Limit of 2 per household),
- x **NOT ACCEPTED** - Batteries, paint products, chemicals, propane tanks, and other hazardous materials.

MOBILE ECO-DEPOT (HOUSEHOLD HAZARDOUS WASTE)

Southeast ECO360's "Mobile Eco-Depot" will be at the Salisbury Baptist Church, 3128 Main Street on:

Wednesday, May 29 & Thursday, May 30 from noon-8:00pm both days,
Wednesday, August 28 & Thursday, August 29 from noon-8:00pm both days,
* Tentative early-January 2020 dates to be announced
(check schedule at www.eco360.ca)

Bring your household hazardous waste for safe disposal. These are products such as solvents, pesticides, and chemicals. Along with hazardous waste, the Mobile Eco-Depot will also accept some bulk items that are brought to their mobile units at the Salisbury Baptist Church parking lot. For more information, visit them online at www.eco360.ca.



SALISBURY PUBLIC LIBRARY

FEBRUARY EVENTS

Library Open Hours: Tuesdays, Thursdays, Fridays, Saturdays 10am-12pm & 1-5pm, and Wednesdays 1-5pm & 6-8pm.

The **Booklovers Reading Club** for adults will discuss *The English Spy* by Daniel Silva on February 13th at 6:15pm. New members welcome!

Crafting Circle - Fridays in February from 10:30 -12:00 pm. Bring your current craft project and join fellow knitters and crafters for inspiration and tips. All skill levels are welcome.

Block Builders -Tuesday February 19th from 2:00 - 4:00 pm. Bring your friends and family to the library and build with LEGO®.

Teen Book Club will meet on Friday February 22nd at 3:00 pm.

Networking for Job Success workshop on Wednesday February 27th at 6:30 pm. Roughly 80% of vacant jobs aren't advertised. So, how can you access the hidden job market? Learn helpful strategies in this workshop led by expert Jennifer Henry from Opportunities NB. Everyone is welcome to attend this free workshop. Please register by calling the library at 506-372-3240

Story Time -Thursdays at 10:30 am. Stories, songs, and literacy-building activities aimed at ages 2-5. Younger and older children are welcome to join in. These programs are offered free of charge. For more information, call the library at 372-3240. The library is located at 3215 Main Street in Salisbury.



Salisbury winter Carnival Week

February 9 - 16, 2019

February 9 @ 8:30-4pm -Salisbury Winter Class Pond Hockey Tournament (19+) 8am-4pm Max 6 teams of 4-6 (\$30/team sign up by Feb 1)

February 10 @ 6:30-7:30 pm -Swedish Lantern Lit Trail Walk at Highland Park Wetland Trail. Come by and take a stroll around the 1 km lit trail. Stop at the firepit for some hot chocolate.

February 12 Coffee Filter Snowflake Craft from 2 - 4pm. Drop in to design and paint snowflakes at the library. The whole family is invited.

At 7 pm - Salisbury Naturalist Club Presentation-The Acadian Forest-Come and listen to a presentation by Cheyanne Currie from Nature NB Trust. Everyone is welcome at the Salisbury Parks & Leisure office, 62 Douglas St.

February 14 @ 11:30am -1:30pm -Seniors Luncheon hosted by Salisbury Parks & Leisure at the Salisbury Lions Club. Please come out and enjoy a light lunch and musical entertainment.

February 15 @ 6:30pm -8pm -Family Skating Party at the outdoor rink. Come and enjoy some evening skating under the lights with music playing. Warm up by the fire pit with some hot chocolate! We will also have some sledges from Para NB for people to use and try.

February 16 @ 11 am - 2 pm at Highland Park. Sleighrides at the wetland trail from 10-2. Start the day off right with the Salisbury Lion's Club Pancake Breakfast from 7-10 am. Bring your friends and family to Highland Park for winter activities and lots of fun! Some things to do will be sliding (bring your own sleighs), we will have a "sit ski" and "snow coach" available from Para NB, snowshoeing (we'll have some for ppl to try), Turkey Poker Race starting at 11 am, Spray paint snow art, roast marshmallows at the fire pit, free hotdogs & hot chocolate, freshly made maple candy on the snow and a free fresh warm "Beavertail" per person. Activity planning is still in progress, so don't miss out on this fun day outside!



March 17 @ 11:30-1:30-St. Patrick's Day Dinner-Your choice of Irish Beef Stew or Seafood Chowder, Rolls, and a Dessert. There will be a homemade Mac 'N Cheese option for kids. Tickets will be available in early February at Parks & Leisure or the Village Office or from one of our staff or volunteers.

Canadian Mental Health Association "Let's Talk" Series is hosting a session on Positive Attitude at the Salisbury Parks & Leisure Office 62 Douglas St on Feb 19 from 7-8. Everyone welcome!



SPL ACTIVITIES

Fitness Classes-Mondays & Fridays 10-11 at SBC-\$55/10-week session (Jan 14-Mar 25 and Apr 1-June 17) or \$4 drop in fee

HIIT class with Malcolm-Mondays & Wednesdays 6:15-7 pm at SES, \$3 drop in fee

SPL Salisbury Fitness Center group sessions-Tuesdays & Thursdays 6-7 am at Salisbury Fitness Center-contact Salisbury Chiropractic and Rehab for a membership

Pickleball-Mondays at JMA 6-9:30; Tuesdays at SBC 3:30-4:30; Wednesdays at SBC 11-12:30 \$2 drop in fee

Salisbury Lions Club Monthly News



Pancake breakfasts are held every third Saturday of the month.

Bingo is held every Tuesday of the week.

Lions hold their regular meetings In the Lions Building in Salisbury the second and fourth Thursday of the month.



The Salisbury Lions Club recently donated \$500 to the Petitcodiac and Salisbury Minor Hockey League. The cheque was presented to President Mark Chambers, and presented by past President Dwight Mann and Membership Director Don Purdy.



The Lions had a table at the recent Salisbury Expo. Seated at the table are Lions Lynda Bos and David Rolls.



JMA Armstrong High School Salisbury Middle School

Helping in the community!! In December the students and staff donated \$1300 to Helping Hands along with 67 hams and turkeys! Our students came in 2nd in the Province in Chatter High and 7th in Canada. A big shout out to parents and classes with Mrs. Bland, Mr. Lemay and Mr. Spencer who helped lead the way. As a result, they raised \$1000.00 for school. Briana Goodine competed in the Work Safe NB Youth Competition and won \$1000.00 for herself and the school. Congratulations Briana!

Salisbury Legion

Business Hours

Sunday & Monday- Closed

Tuesday - Thursday- 5pm-10pm

Friday & Saturday- 12 noon - 10pm _

Friday Night Suppers at the Legion

5pm - 6pm

Eat in or take out

Adults - \$12, ages 6 - 12 \$6, 0 - 5 Free

All suppers come with Tea or Coffee

Need a Venue for your Wedding!!!! We have back drops, linen table clothes, satin chair covers and an arch that we rent!!! Book your Wedding, Anniversary, Birthday and Retirement Party with us!!!! You will be surprised at our reasonable our prices are!!!!!! Also have one of our cooks cater to you party!! For more information call 372-4730. Tell your friends!!!!

Going to have a small meeting and don't need much room??? Call us!!! Our Memorial Room can be rented!! Holds up to 20 people. For more information call 372-4730.

We have "FREE" Shuffle Board and Pool during Business Hours. Grab some of your Friends and come and have a great time!!!!!!

We have Darts for Meats every Saturday Night. Starts at 8pm. So bring your friends and come and join us for an evening of fun!!!

Merry Makers is back!!!! If you are 50+ come and join us on the 1st and the 3rd Monday of every month for a morning of fun and laughter!!! It is from 9am-2pm. Play cards, games, crib and Bingo. We serve a hot bowl of soup with a roll and dessert all for the low price of \$6. You just can't beat that!!!! All Seniors are WELCOME! So grab your friends, come and meet friends and have a great time!!!!

Anyone who is interested in Volunteering, your help would be appreciated! You can help out at all the events that go on, Friday night suppers, & Merry Makers. For more information call 372-4730

Are you or someone you know looking for a space to hold:

- Meetings & Presentations
- Family Reunions
- Benefits
- Etc...



Why not check out the **Maritime Motorsports Hall of Fame**.

We have two rooms available for rent.

For more information call 756-2110

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Groundhog Day in Canada

Many Canadians take the time to observe Groundhog Day on February 2 each year, which is also Candlemas. Groundhog Day in Canada focuses on the concept of a groundhog coming out of its home in mid-winter to “predict” if spring is on its way in the northern hemisphere.



Thousands of years ago when animalism and nature worship were prevalent, people in the area of Europe now known as Germany believed that the badger had the power to predict the coming of spring. They watched the badger to know when to plant their crops.

This tradition was brought over to North America, predominantly in Pennsylvania in the United States, where it was the groundhog, not the badger, which makes these “predictions”. According to folklore, if the groundhog will sees its shadow on February 2 it will return to its burrow, indicating that there will be six more weeks of winter. If it does not see its shadow, then spring is on the way.

The Groundhog Day concept became popular in Canada in 1956 when Wiarton Willie became a household name for his early February “weather predictions”. Wiarton’s Groundhog Day festival grew as Willie’s fame increased. It became one of the largest winter festivals in Bruce County, Canada. The original Wiarton Willie was an albino groundhog that was around 22 years old when it died during the winter of 1998-99. Other groundhogs have replaced the original groundhog as the new Wiarton Willie.

There are also other groundhogs in different parts of Canada. For example, Schubencadie Sam in Nova Scotia, is reportedly the first groundhog in the country to stick its head out on Groundhog Day. Other groundhogs include: Gary the Groundhog in Ontario, Brandon Bob in Manitoba and Balzac Billy in Alberta.



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27068

con’t from pg. 7

For the Birds

discourage most grackles. They travel in herds like flying baboons, raiding bird feeders as they go. Grackles do not like to feed upside down.

b.The best way to offer shelled peanuts to birds is with a peanut feeder. Similarly, a finch feeder provides best access to finch food.

3. Cats. Bird Studies Canada reports that about 100 million birds die each year in Canada due to cats. Consider leaving yours indoors during the day, when birds are most active.

4. Clean is good. Cleaning your bird feeders on a regular basis helps to minimize disease. When birds congregate around bird feeders there is a greater propensity for the spreading of disease.

5. Squirrels are the “elephant in the room”. They love birdseed. You won’t be able to “get rid of them” but you can minimize their consumption of bird food by following these tips:

a. Place your feeders at least 7 meters away from tree limbs or the eave of your house.

b. Use a squirrel baffle. When they

have figured out how to mount that, spray it with oil to make it slippery. Their attempts to climb it will amuse you.

c. Provide their own source of squirrel food. A corn-husk squirrel wheel is great entertainment. Available at hardware stores and birding shops.

6. Birds Studies Canada is a national charity built on the contributions of thousands of supporters and Citizen Scientists. Their scientists identify significant population changes and direct conservation planning. Consider joining their Project NestWatch. This program is aimed at getting people across Canada involved in collecting data on nesting birds. This information is used to follow the health of bird populations through long-term monitoring of nesting activity. The data also provide valuable information on changes in the environment, as birds are good indicators of the condition of the habitat they live in. <https://birdscanada.org/>



(photo credit: Todd Hagedorn)