



### 211 NB Now Accessible Across The Province

News Release Social Development 15 October 2020

FREDERICTON (GNB) - 211 NB, a free, bilingual, confidential resource to help New Brunswickers navigate the network of community, social, non-clinical health and government services was launched today by the provincial government in partnership with the federal government and the United Way.

"I am thrilled to see 211 arrive in our province after being successful in jurisdictions across Canada," said Social Development Minister Bruce Fitch. "This much-needed service will equip New Brunswickers with information on the support available in their communities."

New Brunswickers can call 2-1-1 and trained staff will work to connect callers with services for both everyday

will help fill the gap of navigating social and community services and resources across New Brunswick - from basic



needs like housing and food access to support for youth, seniors, mental health and more," said Debbie McInnis, CEO of United Way Greater Moncton and Southeastern New Brunswick. "As a new, provincial service 211 NB will be able to reach all of our communities and give them the support they need. We are thrilled to be a partner and are proud to champion this vital service."

The service is now fully active, providing information and referral services 24 hours a day, everyday.

"Extensive exploratory work had previously been carried out by the Economic and Social Inclusion Corporation to develop and implement 211 in New Brunswick, but the COVID-19 pandemic highlighted the urgency for action," said Fitch. "This project will fill in the gaps identified during the first wave and help equip us to deal with the second wave."

4563 Route 880, Havelock, NB needs and times of crisis. Store Hours: "211 NB is a much-needed service and Monday - Saturday: 6am-10pm,

> LN&V Now Online at our website: www.maritimemotorsporthalloffame.com Deadline for December Issue - November 23, 2020 - Phone 506-756-2110



Sunday: 8am-10pm

Phone: 506-534-2417

Home of the Maritime Motorsports Hall of Fame Car and Motorsports Museum

**Tourist Information Center** 









#### **Hours**

**Monday - Friday** 10am - 5pm

Saturday & Sunday **CLOSED** 

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## From the Editor

All and all October's weather was pretty good, some rain to help our wells.

The garden's are cleaned out and the preserves made. I did more than I had planned, the apples just wouldn't stop.

I dehyderated some things, this was my first time.

Our clocks had to go back an hour on November first.

November 11 is going to be different this year, You will have to check to see what they are doing for Rememberance Day in your area.

Brought my ponsettas up first of November, now I hope they will turn red for Christmas.

All my plants that I brought in for the winter are looking good. Got my spring bulbs planted, now hoping that the squarls don't find them.

The Museum is open for visitors from Monday to Friday, with hours 10:00am - 4:30pm for the winter months, so if you are looking for something to do come over and have a tour. All the Covid rules apply.

i heard on the TV that we should get our Christmas mail out early this year, to avoid a back log.

I hope everyone followed the rules for Hallaween.

Please stay safe, From your editor Winona McLean



## **LOCAL NEWS & VIEWS**

#### MONTHLY BULLETIN

- Local News & Views Monthly Bulletin is published once a month by the Maritime Motorsports Hall of Fame Inc.
- The purpose of the Local News & Views is to inform the general public what is happening in the Hall of Fame, as well as what is coming up with in each community.
- It is also a venue for business to advertise their products and services each month.
  - It is intended to assist all the local Service Clubs in their endeavor to support their communities.
- Local News & Views will tell the stories of Local people as they go about their day to day activities making a positive difference in their communities.

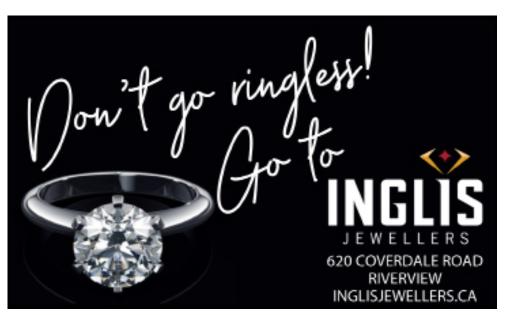
The office is in the Maritime Motorsports Hall of Fame located at:

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MOVING

Cherryvale Rd, Canaan Forks, Waterfront to Canaan River

## \* Free market analysis \*

Havelock RCL #86 4684 Rte. 880 Havelock, 534-8285

Due to the covid-19 pandemic we have made a few changes in our building so please be assured that we are following the New Brunswick guidelines. Our goal is to keep everyone safe.

2nd Monday of each month (November 9th) - Regular meeting at 8 pm

<u>Saturday, October 31</u> from 1-3pm and Saturday, October 7 from 2-4 pm-the Legion will be open for anyone who would like to purchase a poppy - pay for a wreath - or pay for their membership.

<u>HOLIDAY VENDOR SALE FUNDRAISER</u>- the Havelock Legion is holding a vendor sale on November 7th from 9 am - 2 pm. Some of the Vendors we have coming are Scentsy, Epicure, Kevin's Country Homemade Soap, Fudge by Sammy Jo, Crafts and Homemade items, Baked Goods, J.R. Custom Welding and Fabrication Metal Art. Please come support your local Legion and also support these local vendors!!

<u>2nd Sunday of each month</u> - November 8 starting at 2 pm is our KITCHEN PARTY Donation at the door....50/50.... Come join us for a great afternoon of great music!

<u>Wednesday November 11th</u> - REMEMBRANCE DAY Due to covid19 there will be no church service, however our Padre will have a small service at the cenotaph. We are asking for everyone to be at the cenotaph for 10:45 am and for everyone to please wear their mask and to maintain the 6 ft social distancing. Following the cenotaph service there will be tea, coffee, hot chocolate and donuts at the Memorial Hall. The Havelock Legion will be open for anyone wishing to pay for their wreaths/crosses or to pay their memberships.

There will be no 200 CARDS starting this fall until further notice!

<u>2nd Saturday of each month - November 14th BREAKFAST</u>! Our breakfast is consisting of bacon, sausage, 2 eggs with toast, pancakes, home fries, juice, tea or coffee from 7:30 - 10 am only \$8 for adults and children under 10 only \$5. Octobers BREAKFAST winner was \$tu Lutes congratulations \$tu!!!

<u>Wednesday - HOUSE LEAGUE DARTS</u> at 8:00 pm. Everyone is welcome and if you are interested in playing please come and play! For more information call Travis McLong @ 229-4480

<u>Memberships</u> - If you would like to renew your membership or become a new member now is the time by doing so the legion can continue to provide support to Veterans and their families, remember the Fallen, and support our communities!!! If you would like to renew or join please come to the Legion on Oct 31 from 1-3 pm or November 7 from 2-4 pm or you can renew on line at Legion.ca/member or by calling Teresa at 756-0429 and I will meet you.

To stay up today on what is going on at the Havelock Legion please go to facebook at Havelock Legion Members And Friends, Branch #86

## RAYMOND MURPHY MEMORIAL AWARD

"There is no one who loves his community more than Gerald Gogan.

Without a doubt, this man has had a hand in nearly all good things to come out of the Village of Petitcodiac in his time.

His pride in our community is contagious."



communauté plus que Gerald Gogan.

« Il n'y a personne qui aime sa

PRIX COMMÉMORATIF

RAYMOND MURPHY

Sans aucun doute, cet homme a participé à presque toutes les bonnes choses qui sont sorties du village de Petitcodiac en son temps

Sa fierté pour notre communauté est contagieuse. »

Gerald (Jerry) Gogan, Petitcodiac

UNITE • REPRESENT • CONNECT • INFORM

#UMNB2020

UNIR • DÉFENDRE • RELIER • INFORMER

The Community of Petitcodiac would like to Congratulate Mayor Gerald Gogan on being recognized as this years recipient of the Raymond Murphy Memorial Award honouring deep love for community and dedication to volunteer service.

#### Former 639 F. P. MacLaren Air Cadet

Brittany Gaudet has been named to the position of Chief Flight Instructor at MAG Aerospace in Sudbury, Ontario. Brittany started her flying career at the Moncton Flight College. Brittany is the daughter of Brian and Sharon Gaudet of Petitcodiac, N.B.

We are proud of you.



Petitcodiac Community Calendar 2020												
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
	-Church Services -Sunday School JAM	-Pilates -Air Cadets	-A.K.A Dance Studio -Discovery Kids - Youth Group - Fitness for All	-Pilates -A.K.A Dance Studio -Legion Noon Meal -Nifty Knitters @ Baptist Church	5 -Legion Branch Meeting -A.K.A Dance Studio	-Chase the Ace @ Legion	7					
N o	-Church Services -Sunday School JAM	-Pilates -Air Cadets -Merry Makers	-A.K.A Dance Studio -Women's Institute -Discovery Kids - Youth Group -Fitness for All -Village Council	-Pilates -A.K.A Dance Studio	-A.K.A Dance Studio -Foot Clinic @ Legion	-Chase the Ace @ Legion	14					
V e m	-Church Services -Sunday School JAM	-Pilates -Air Cadets	-A.K.A Dance Studio -ATV Club -Discovery Kids - Youth Group - Fitness for All	-Pilates -A.K.A Dance Studio -Legion Noon Meal -Nifty Knitters @ Baptist Church	-A.K.A Dance Studio -Petitcodiac Sportsman Club -Foot Clinic @ Legion	-Chase the Ace @ Legion	- Anglican Church Bake Sale & Bazaar					
be	-Church Services -Sunday School JAM	-Air Cadets -Pilates -Merry Makers	-A.K.A Dance Studio -Discovery Kids - Youth Group - Fitness for All	-Pilates -A.K.A Dance Studio -Legion Noon Meal -Nifty Knitters @ Baptist Church -Village Council	-A.K.A Dance Studio -Codiac Classics	-Chase the Ace @ Legion	28					
r	-Church Services -Sunday School JAM	-Air Cadets -Pilates		Tours by Appointm Please call 756.746 Cathy at 756-2068 more info.	War Museum urs by Appointment. ase call 756.7461 or thy at 756-2068 for more info. irlift facility available.		Maritime Motorsports Hall of Fame Open Monday-Friday, 10am-4:30pm					

**NOTICE: GIVEN COVID-19** RESTRICTIONS, PLEASE CONTACT ORGANIZATIONS FOR MORE INFO/ **POSSIBLE CHANGES** 

A.K.A. Dance Studio - 85 Renfrew (Little Steps Daycare).

- Tues. 3-5 pm (intermediate) 6 -6:55 pm (Ages 2-4), 7 - 8 pm (Ages 7-9), 8 - 9 pm (Senior troupe)
- Wed., .3-4 pm (Theatre), 4 5 pm (Acro) 5 - 6 pm (mini troupe), 6 - 7 pm (Boys Hip-hop)
- Thurs., 3-5 pm (intermediate), 6-7 pm (Ages 5-6), 7-8:15 pm (ages 10-12) Contact Alanna for info: 233-3052.

Air Cadets - 639 F.P.MacLaren Air Cadets, Mon. at 6 pm @ Legion. Young people from age 12 to 18 are welcome to join. For info contact C/O Jason Forester - 850.9276

#### **Church Services**

-Petitcodiac Baptist - Morning Worship at 9:30 & 11 am. Health protocols observed. Nursery not available at this Executive, 7 pm. / General, 8 pm. time

- Petitcodiac Mennonite Worship Service 11:00 am.
- Sunday Andrew's Anglican Service/School, 9:00 am.

#### **Codiac Classics**

Meeting Last Thursday of the month, Legion @ 7 pm.

Discovery Kids - K-5. Tuesdays, 6:30 -7:30 pm at Baptist Church.

Fitness for All - Low impact exercise class. Tuesday 10 am @ Maritime Motorsport Hall of Fame \$2 drop in or \$15 for session October 6 to December 15. Contact Natalie @ 756-0289 for more information

#### <u>Kiwanis</u>

Call Dan Pollock 756-1084 for more information.

Legion - 18 Kay St, Petitcodiac. 756-3383

-Thurs., Nov. 5 - Branch Meetings.

- Fridays Chase the Ace Nov. 6, 13, 20, 27. Tickets sold 6:30 to 8 pm. Draw at 8:15 p.m. 50/50 draw. Live music. Every month 10% to charity. There will be sign-in sheets for everyone to sign and physical distancing will be practised.
- Thurs., Nov. 12 & 19 DD's Foot Care Clinic. Call for Appointment, Donna Durepos at 389-1046.
- Mon., Nov. 9 & 23 Merry Makers 2 10 am to 2 pm. Light lunch at Noon - \$6 Sign-in sheet for tracking purposes.
- Legion Noon Meals. \$12.00. Some eatin seats available or take-out - delivery within the Village or Pick-up
  - Nov. 4 Roast Beef
  - Nov. 11 NO DINNER
  - Nov. 18 Chicken thighs
  - Nov. 25 Cod Fish

NOVEMBER 11, REMEMBRANCE DAY 2020 - Due to COVID restrictions, Remembrance traditional Ceremony changed with Public Health concerns, and the health of our ageing Veteran Population in mind. Instead of church service at Petitcodiac Baptist

Church, Mini Ceremony and service at

Cenotaph. Streamed via Face Book Live either on the Petitcodiac Happenings (https://www.facebook.com/ groups/1686268338289299), or on the Legion FB Page (https://www.facebook. com/rcl41petitcodiac) Tentatively scheduled approx 10:30 AM on Nov. 11. No laying of the wreaths by the public, all be pre positioned prior to ceremony. If you purchase a wreath in memory of a Veteran and or Loved one, we will have at Cenotaph already in place, and we will name wreaths purchased in Loving Memory of. Wreaths will remain at the Cenotaph until November 12 if you wish to collect your Wreath or cross to lay at the grave side. Remembrance Day Meal cancelled for this year. Poppy Campaign set to commence on October 30; unfortunately, it will be a passive campaign. No manned stations. If you would like a Poppy in Remembrance, there will be many trays throughout the Village, - Village Offices, Post Office, Convenience, Irving/Circle Needs K, Tim Hortons, Foodland, & Dollar Store. If you would like to purchase a Remembrance Day items or make a

donation to the Poppy Champaign you can do so by contacting the Legion.

- FACEBOOK: Royal Canadian Legion Branch # 41."like" it.
- Hall Rental: If you wish to rent the hall for a wedding reception, birthday or any other function, call the Legion.
- Attention: If any Legion member knows of another member ill or in hospital, please call us at 756.3383 & leave message.

#### <u>Library (756-3144)</u>

Open Hours: Mon: 2-4 / 5-7

Tues: 11-1 / 2-5 Wed: 10-1 / 2-5 Thu: 2-4 / 5-7 Fri: 11-1 / 2-5

Please visit our website and Facebook page for information and updates on our services.

All New Brunswick public libraries are now open, but your visit to the library will look a little different. Please read our COVID-19 FAQ to learn more:

https://www2.gnb.ca/content/gnb/ en/departments/nbpl/covid-19\_faqs.

#### **Petitcodiac Baptist Church**

- Sunday Worship 9:30 and 11 am. Health protocols observed. Nursery not available at this time
- Sunday School JAM @ 11 am Sundays.
- Nifty Knitters, Wednesdays. 10 am.
- Health protocols will be observed at all events and to check our website (www. petitcodiacbaptist.ca) to preregister for children/youth events or to call the

office (756-2295) for more details."

Petitcodiac Sportsman Club - Meets on 3rd Thurs. of the month at 7:30 pm. New members welcome. Club house is located at 1030 Sanatorium Road. www. sportsmanclub.ca

#### Petty Trailblazers ATV Club

-Meets 3rd Tuesday @ the Legion building at 7:00 pm.

Pilates - Mon. at 5:30 pm, Wed. at 6 pm at 800 Route 885 (Havelock Rd.). Private consultations available Mon. Wed. and Fri. Call Lee at 756-9008 for details.

St. Andrew's Anglican Bake Sale & Bazaar, Saturday, November 21, 9 - 11

Village Council - Meetings open to public. If you wish to address council, make a formal written request to office 48 hours prior. This Month: Nov. 10 @ noon (Rescheduled due to Remembrance Day) & Nov. 25 @ 7:00 pm.

Women's Institute - Meets second Tuesday of the month at 1:00 pm. Call Blanche at 756-2011 for more info.

#### Youth Group B.L.A.S.T.

- Senior High & Middle School- Tuesdays, 7:45 - 9:00 pm @ Baptist Church.



#### Daylight-saving time ends

Turn your clock back one hour before going to bed on on Oct. 31st.

It's also time to change the batteries in your smoke detectors.

## R. STEVENS MECHANICALS

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Lest We Forget



#### Southeast Eco360's "Mobile Eco-Depot"

November 4-5, 2020

7 Wheaton Rd., Petitcodiac - noon to 8 pm

You may drop off the following items:

Appliances (limit of 1 of each type per client) Fridge, stove, freezer, dishwasher, wall oven, water cooler, microwave, water heater, humidifier, dehumidifier, washer, dryer, BBQ, etc.

Electronic Waste - TVs, computer monitors, hard drives, DVD players, gaming consoles, and anything else that plugs in or requires batteries

Furniture - Couch, chair, mattress, box spring, dresser, table & chair

Small Household Machinery (must be emptied of gas and oil) Snow blower, lawn mower, whipper snipper, chain saw, etc

Construction, Demolition and Renovation Waste Construction debris such as gypsum board, wood, wood deck, windows, doors, shingles, heat pump, water pump, etc. Household Hazardous Waste Batteries, cooking oil, aerosols, paint, light bulbs, fertilizers, chemicals, CFL bulbs, propane tanks, etc.

Car and truck tires (max of 20" diameter, limit 8 per customer)

Brush/Branches and yard waste Ashes Glass Cardboard and paper Cooking oil Metal

\*\*<u>No</u>car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste. Limit ½ ton truck and Utility Trailer Load

\*Please note that  ${\color{red} {\rm NO}}$  commercial loads will be accepted. This service is offered for residential waste only.

For more info call 877-1040.





## A History, Mystery and Giggle Walk

A History, Mystery and Giggle Walk is is still under discussion. scheduled for Oct. 31st, 2020 from 1:00 p.m. to 3:00 p.m. in Petitcodiac.

Pre registration is required to attend!

Residences along the route have been asked to participate with some Hallowe'en decorations and or a picture of a black cat, visible from the street for the children to count.

The route would begin at (1) Saint Andrew's Anglican Church, then follow Church Street to the location of the former (2) Primary School, a pause across the street from Fawcetts Rest Home, to the (3) United Church, then past the (4) Funeral Home to the area of the (5) "Bottomless" pond at the corner of Academy and Old Post Road. Then the walk would proceed to the (6) Kodiak Place and Dr Mellish Buildings, with a brief stop across the street from these buildings. Then follow Railway Ave. to Main Street to the (7) Petitcodiac Fire Department parking lot for another short pause. Following a route down Main Street, on the east side next to (8) Veteran's Park with another stop at this location. After a brief retelling of the Village and area History regarding some of the past businesses and interesting folklore, the walk would continue to the area of the (9) Cemetary on Renfrew Street, ending at this location. A possible stop in the parking lot area of the (10) Dollar Store

Several of the stops along the walk have already been approached and several other organisations and businesses will be approached with the request to decorate for Hallowe'en, volunteer and or possibly donate treats for the children. Children and adults will be encouraged to dress up for the event.

The Community will be informed of this event on the Petitcodiac Happenings site, in the local News and Views, on the community calendar and with posters in various locations.

Pre registration is required to attend! Masks are strongly suggested for all, and all attending will be strongly encouraged to Physical Distance. There will be volunteers, hopefully in costume; Historical or Hallowe'en, at every stop and along the route to ensure safety of all those attending and safe crossing of all streets.

Please contact Cathy Drury at 756 2068 for further information. If not to late for this month, we had to wait for restrictions to be relaxed.



The Elgin Women's Institute would like to share a little "prayer" that has been part of our organization for a very long time. It is meant to be repeated in unison at the beginning of each monthly meeting. It is commonly named "Mary Stewart's Collect" adopted as a "Collect for Club Women" and used by groups all over the world. Mary Stewart wrote the poem in 1904 (she was 29 at the time) while she was a principal at a high school in Colorado and continued with work in education, social work and civic service.

#### MARY STEWART'S COLLECT

Keep us, O Lord, from pettiness; let us be large in thought, in word, in deed. Let us be done with fault-finding and leave off self-seeking. May be put away all pretence and meet each other face to face with self-pity and without prejudice.

May we never be hasty in judgement and always generous. Let us take time for all things; make us grow calm, serene, gentle. Teach us to put into action our better impulses, straightforward and unafraid. Grant that we may realize that it is the little things that create differences, that in the big things of life we are one.

And may we strive to touch and know the great human heart common to us all, and O Lord God let us not forget to be kind. -Mary Stewart



## The Hillside Cemetery Needs Your Help

The Hillside cemetery dates back to We know families have deep connections 1855. It is a sprawling property, sitting high on a beautiful "hillside", a final resting place of loved ones and many generations of long time residents of the area.

In past years, we depended primarily on church offerings from the Hillside Anniversary Services to pay for the annual upkeep and mowing of the cemetery. Since the Church has closed due to declining membership and significant building deterioration problems, we now depend on the financial support of remaining lot owners, family members and friends. However, we are not receiving sufficient donations to cover the expenses for upkeep of the cemetery.

The cemetery belongs to the community. It is the Families' responsibility to keep up the cemetery and we need to do it collectively. Work at the cemetery is being done, and we are grateful to Arnold and Rita Geldart for their ongoing dedication to see that the cemetery grounds are maintained properly. It takes a lot of work. For that to continue, your donations are required

to this cemetery and care about its ongoing care and maintenance. We want to sincerely thank those of you who have continued to send in donations for the upkeep of the cemetery and for choosing the Hillside Cemetery for memorial donations to be sent.

Now is the time to show your appreciation for all the work that is done to look after the grounds. Please consider making an annual donation to help maintain the cemetery, to honor your family and friends. Much needed donations ensure the continuing existence of our cemetery and help finance its maintenance and upkeep Small donations from a score of people would make a considerable difference. The Hillside Cemetery Deserves our ongoing care and attention. Thank you for your support.

Donations can be sent to: Hillside Cemetery Fund c/o Anna Steeves 3-5 MacDonald Road Salisbury, NB E4J 2J5



This year is certainly a different experience when you are part of an organization. Lots of worries about funding and projects. The Elgin Eco Association feel incredibly lucky to have been able to hold our annual bike race. With some minor and some major changes it all came together. Our board and many other volunteers were eager to see the bike race happen, and all put in hours of their time to do whatever was needed to hold a bike race this year. We welcomed the largest number of racers yet.195 racers registered online. I was told this was the only mountain bike race n New Brunswick. Because of the lack of races held during the pandemic we attracted many more high calibre racers. One comment on Facebook: I have raced all over Europe and in North America, but Elgin was tops. Many new racers participated. We were happy that the W.I was willing to do a takeout lasagna supper that was well received. It was an enjoyable and beautiful day. We are all looking forward to next year.





A couple days later we were host to a small group of Nature enthusiast. One Nature Trust volunteers had won a prize and opted for a day in the Mapleton Nature Preserve. That walk was four and a half hours long. The group took many pictures and checked cameras. Some much-needed maintenance was done also. The trail no longer has two different colours. It is blue sign one way. More blue signs went up and hopefully they stand out more. There are some trees that we hope to clean up soon. As I mentioned we are depended on our volunteers and we do the best we can to keep the trail clean of trees. Please notify us if you come across any.





Toastmaster, what is That???

Toastmasters is for people that would like to find their voice.

It is for those that aspire to tell their story.

Those that would enjoy telling stories to others.

People that would like to learn more about having a proper meeting.

For Everybody that likes to meet new people and learn a thing or two.

It is for all people that would like to improve their speaking skills, at their own

All this can be done from the comfort of your home.

Yes during the pandemic toastmasters (It is an international club available all over the world} meetings are held via zoom.

There is such a club in your neighbourhood. It is the Sussex toastmasters club. You can join a meeting three times as a guest before you must decide to become a member.

Via zoom you can join wherever you live. It is fun, enjoyable and educational. If you would like to join us as a guest. Please contact sarahbealenz@hotmail.com she will sent you the information you need to participate.

#### When you ask?

Every 2 weeks, our next meeting will be on November 10th, starting 7pm on zoom and it will last for one hour.

Come and try it . You must be 18 years of age.

Moranda Van Geest, President, Sussex Club



### Working Together to Overcome Poverty

Poverty is not something that can be fixed overnight but it is something we can all work together to minimize the impact and effects of. There are many families and seniors living in poverty in our province. A good number of them live in rural areas where the impact of poverty is increased because of an inability to access resources that are often centralized in cities like hospitals, specialists, government programs and agencies and other essential life needs. Over the years, it has become evident to many that we can have lots of fantastic resources in place to help people but if they cannot get there to access them, they are of no use. Even in urban areas, transportation can be an issue. While there may be buses, for some, they may be physically unable to walk to a bus stop and if they also cannot afford a taxi, they are in the same situation as someone who lives 50km from the city who does not have a vehicle or cannot drive. That is where Urban/Rural rides comes in. We utilize volunteer drivers with their own vehicles to pick up people at their home anywhere in Westmorland and Albert Counties, take them to their appointments and then drop them back at their home when finished.

COVID 19 has brought on new challenges for transportation and safety protocols developed in conjunction with Public Health are in place for each possible phase of restriction. The safety of our volunteers and our clients is top priority. Delivery of food and medications has also been added as a service. There are many who are either self-isolating

or who simply do not feel comfortable going out to the store or pharmacy, but still need help accessing life needs.

WE NEED YOU - Our volunteer base has been greatly diminished as many of our volunteers are unable to assist during this time. Volunteers can live anywhere in Westmorland and Albert Counties including but not limited to - Salisbury, Petitcodiac. Moncton, Riverview, Dieppe, Hillsborough, Alma, Riverside Memramcook, Dorchester. Albert, Sackville, Port Elgin, Cap Pele, Grand Barachois, Shediac and all points in between.

Drivers are reimbursed \$.41/km. Volunteering as a driver is a great way to meet and help neighbors in the community. Drivers are provided with personal protective equipment to use when transporting clients and doing deliveries.

If you or someone you know has a few hours a month or more and want to be part of a team working together to overcome the effects of poverty, please call 215-2100 or email r.r.ruralrides@ gmail.com for more information. Drivers need to be over the age of 21, have a valid driver's license, have a reliable automobile, carry \$2 million liability (we will reimburse the extra charge up to \$80 per year), sign an oath of confidentiality, clear a police record check, driver's abstract and provide two references.

Kelly Taylor Executive Manager, Urban/Rural Rides

### **News from the Petitcodiac District** Women's Institute

Debbie Wesselius of Wheaton Settlement is now our new treasurer. She took over from Betty Dunflied, Cornhill. Thank you Betty for your service and helping us out of a tricky situation.

Also, we are selling tickets on a quilt. It is an embroidered old fashioned lady, done in black, white and cream and is named Annabelle Gay.

Price of tickets are \$2.00 each or 3/\$5.00. Tickets on this guilt can be obtained from Noreen Cooper at 756-8327 or Debbie Wesselius at 372-9717.

Photos of this quilt can be seen on Annabelle Gay Women's Institute site on Facebook.

Please note previously sold tickets will be honoured. The draw for the quilt will be done at the yard sale, we hope to have in May 2021



## Historical Tid - Bits Back in the Day of Evan Steeves



Evans Steeves of Elgin and submitted by Idella Lazar

At the store you took your own container for molasses and vinegar. Margarine was unknown and everyone used butter. Yeast cakes were used instead of the yeast we have today. They were flat, hard and about one third of an inch thick. They were in a box and would keep for some time.

There were blacksmith shops. blacksmith, besides shoeing horses, made things from iron by heating and pounding into the desired shapes. He could put shoes on sled runners, for instance. Instead of paying a certain tax, the farmers did statute labor: that is, work on the road without pay. Men paid a poll tax. Road graders were hauled by two or three teams. A man stood on the grader and turned iron wheels to tilt the blade. Later they had motors and rubber tires on graders.

Farm families killed a pig for themselves and pickled it in a barrel for winter Turkey was a delicacy. We meat. couldn't afford one for Christmas. We would have our own chickens, hatched at home, and fattened in pens. We had a gramophone and it had to be wound by hand. I remember the old Edison gramophone with cylinder records.

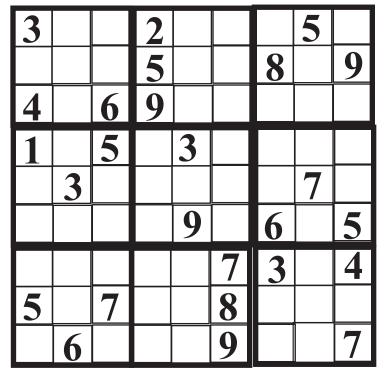
There was no bathroom in our house. In the spare room, or guest room, there

Written by the late Mrs. were a commode and bureau, or dresser. The commode had rungs to hang towels and face cloths, a basin and large pitcher and soap dish. They were made of thick glass, ironstone or porcelain In the morning before the guests got up, Mother would place a large pitcher of hot water on the floor just outside their bedroom door. A guest did not wash downstairs where we did.

> Our cereal was almost always oatmeal I don't remember tasting corn flakes when I was a child. Medicines on the shelf were Burdock Blood Bitters, Lydia E. .Pinkham's Vegetable Compound, Carter's Little Liver Pills, castor oil, castoria, aspirin and somebody's pink

The songs told a story, usually a sad one I remember one my mother played and sang, "Poor Little Joe". I would cry, then ask her to sing it again. I remember the words yet. A poem I remember was "The Little Dog Under the Wagon". It told the story of the farmer and his wife going to the city with their wagon loaded with things to sell. Their dog "Spot" wanted to go but they thought it would be better if it staved home and kept the cattle out of the corn. The dog went with them but they didn't know it - it sneaked along under the wagon. Coming home, a robber jumped from behind a tree. "Your money or your life!", he threatened. The little dog under the wagon defended them and so they were very glad "Spot" had gone with them!"

## Sudoku



The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

Answers on page 20





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\*Mutual funds distributed by Sun Life Financial InvestmentServices (Canada) Inc. Sun Life Assurance Company of Canada is a member of the Sun Life Financial group of compar © Sun Life Assurance Company of Canada, 2020.



## 40th Anniversary of around-the-World Garry Sowerby and Ken Langley

CBC films mini-documentary at Maritime Motorsports Hall of Fame and Museum

This fall marks the 40th anniversary of the around-the-world drive that Garry Sowerby, of Moncton, New Brunswick, and Ken Langley, of Sydney, Nova Scotia, did in a 1980 Volvo DL Wagon. That drive resulted in a Guinness World Record for Garry and

Red Cloud, as the Volvo was dubbed, is on display at the Maritime Motorsports Hall of Fame and Museum.

Garry Sowerby, the only driver on that 43,030-kilometre global trek, thanks to a Guinness one-driver rule, is a 2012 Maritime Motorsports Hall of Fame Inductee.

On September 6, 1980, Garry Sowerby, Ken Langley and Red Cloud departed from the base of Toronto's CN Tower and headed west. They returned on November 19, 1980, breaking an existing Guinness World Record for fastest circumnavigation of the world by

They took almost a month off the existing

record, driving through 23 countries in 74 days, one hour, and 11 minutes.

Since September 6, 2020, Garry has been reliving the trip through weekly reports on EastCoastTester.com. Find all the weekly reports at this link: https://www. eastcoasttester.com/category/testersabroad/

The CBC network throughout Atlantic Canada will air the mini-documentary on its channels and outlets, such as CBC Television, CBC documentary Channel, CBC gem (streaming service) and CBC Radio channels. Theminidoc will then be offered to the national networks and programming services across Canada and around the world.

At this time, there is no set broadcast date but please stay tuned for updates from: EastCoastTester.com (Website)

@eastcoasttesterrr (Instagram) @eastcoasttester (Facebook)





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- Meetings & Presentations
  - Family Reunions
  - **Birthday Parties** 
    - Showers



Why not check out the *Maritime Motorsports Hall of Fame*. We have two rooms available for rent. For more information call 756-2110

## The Petitcodiac Community Hub The Vault

The Petitcodiac Community Hub know as The Vault is a family owned and operated business, Donald Bowser, proprietor and Varvara Pakhomenko, co-owner.

It is located at 31 Main Street, Petitcodiac, in the historic former Scotia Bank building in downtown Petitcodiac, the Vault offers the chance to work, learn and relax in the heart of New Brunswick.

Beyond their co-working spaces they offer the opportunity to meet in the middle of the 3 major cities of the province and host a public event in their unique premises.

Co-working started as a fringe trend that was expected to fade as fast as it emerged. Several years later, the popularity of co-working has continued to grow rapidly.

It is estimated that by 2022, co-working spaces will be the workplace of choice for about 5.1 million people.

In case you are wondering what co-working spaces are, they are membership-based workplaces where the members work together in a shared, communal setting.

You can think of it as going to work in a coffee shop, only that co-working spaces are more professional.

The growing popularity of co-working spaces is as a result of the culture and experience that is associated with these spaces.

The Petitcodiac Community Hub - The Vault has a number of options to suit your needs.

 $\underline{\text{Dedicated Desk}}$  - you can have your own office space with a dedicated desk.

 $\underline{\text{Hot Desk}}$  - Have a workspace at a common table in the main room.

Meeting Space - there are rooms to fit your meeting needs from 4 - 12 people.

<u>Coffee Corner</u> - A cozy place to sip your favourite hot beverage.

Below are some reasons why people thrive in co-working spaces.

#### **SENSE OF COMMUNITY**

Most co-working spaces feel more like a close-knit community than a workplace.

Each co-working space has its own unique culture and vibe and an atmosphere of friendliness.

This connection with others is one of the major reasons why people join coworking spaces.

The sense of community does not just happen. It is something that is carefully and deliberately crafted by the space managers.

Most co-working spaces also hold regular events where members can interact, learn from each other and build friendships and relationships.

Their hours are Monday - Friday: 8am - 6pm for co-working

The Petitcodiac Community Hub will also host Community events like public education and information sessions after 7pm and also on weekends.

To find out more about the co-working spaces you can contact Donald at 506-756-8105 or visit their website - www.pettyhub.ca.

A new additions to the Village of Petitcodiac.

"Your office away from home"

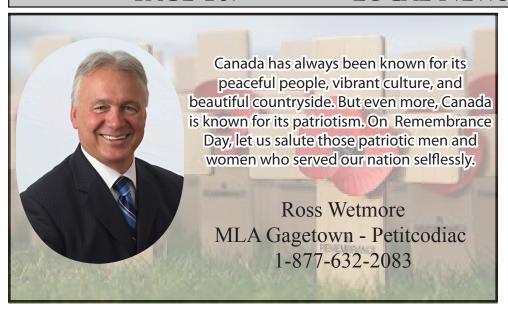




Picture of the Bank when it was a bank



Pictures of the inside with tables and desks.









## One Du

Many who have driven past or walked past the Royal Canadian Legion Building on Kay Street in Petitcodiac have noticed the beautiful Murals done by Fred Harrison.

A section of the mural depicts a white rectangle with part of the inscription on it saying

"In Remembrance of Holland 5 - 5 - 45. " Very fitting as 2020 is the 75th Anniversary of the end of World War Two. For those of you who have never visited the Museum, this is the story behind that artifact.

A man from Petitcodiac, who joined the Army when he was 24 during World War Two, brought this item home with him after the War ended. His time in the army included service in England, North Africa, Sicily, Italy, France, Germany and Holland.

For many years he refused to talk about his memories of that time as so many of the Veterans like him did. Only after frequent questions from one of his children did he finally begin to talk about the friendships he had made and being a farmer, about the land, animals and farms he saw. He talked about the death of his British fiancee in a bombing raid in London. He talked about the lifelong friendships he made with

"His Boys", the men who served with him who were in many cases only 3 or 4 years younger than he was, and because he was one of the older ones they called him "Pops".

He served with the Royal Canadian Engineers, serving as a sniper and was

too humble to acknowledge the many "Thank yous" he received over the years from those men he served with. He often said it was his job to protect the boys and he wanted no thanks for doing his duty.

He was among those referred to as the D Day Dodgers, men who were fighting in Italy at the time of the D Day Invasion. After the Allied victory in Italy he was transferred to the fighting in France, after a brief stay in hospital in England for treatment of shrapnel wounds.

As the months passed and the fighting continued, he found himself in Holland. It was during this time that his memories were mostly of the condition of the citizens of that country.

He would recall the house to house fighting that took place, but would always refer to the people that were starving, the men, women and children that had been left with nothing. The people who were eating grass roots, tulip bulbs and anything else they could find in order to survive.

This is the place in the world that he found himself as word of the end of the War started to spread. Many of the men did not believe it possible that all of the horrors they had seen and continued to experience could be over. It was the truth and on May 5th 1945, the War ended.

The rebuilding would begin soon after, and as part of the recovery of Holland, the Canadian and Allied troops worked to bring a country back to life. They



This mural painted by Fred Harrison is on the side of the Petitcodiac Royal Canadian Legion Branch #41



## tch Tile

rebuilt bridges, windmills to drain seawater from the land and helped to reopen factories and businesses that had been left, in many cases with explosives set to detonate when the workers returned. It was as a thank you to the men who had given the people of Holland their lives back that some of the first factories started to produce momentos; souvenirs for the men and women who were helping them to become a Nation again.

One of those souvenirs was a rectangular tile with "In Remembrance Of Holland 5-5-45" on it. Many of the Canadian men who received this little tile had no idea what it was to be used for. When they asked they were told that in Holland as well as other European countries tiles like these were placed behind the stoves in homes, fastened on the wall. They would get warm throughout the day and slowly release the heat into the room at night when the fire died down. They could also be used as tiles around fireplaces.

The workers in the factories where the tiles were made saw that the soldiers really did not have a use for them, so production of them was stopped and the tiles were replaced with ashtrays and other souvenir items.

One of the tiles had been given to the soldier who brought it back to Canada; back home. He kept it well protected and it was a very loved reminder for him of the people who he and his "boys" had helped.

The tile he brought back was given to him as a personal thank you from a little girl that he had given some chocolate to. She would become a lifelong friend who travelled from Holland to visit him several times over the years.

In his later years, as illness started to rob him of many of his memories, he would still refer to the little "Dutch" tile around Remembrance Day and wonder if it was still safe and wonder if his friend, the little girl had enough to eat.

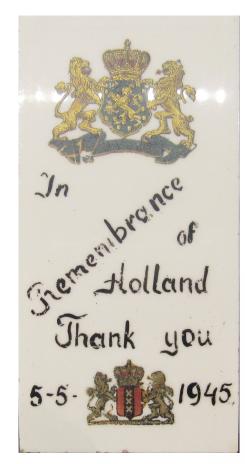
75 years later it is on loan to the

Petitcodiac and Area Community and War Museum and beautifully portrayed on the outside of the Royal Canadian Legion building in Petitcodiac.

Dad, I thank you for sharing your memories with your family. We Thank You for your service and we Remember you every day and on November 11th we honour you.

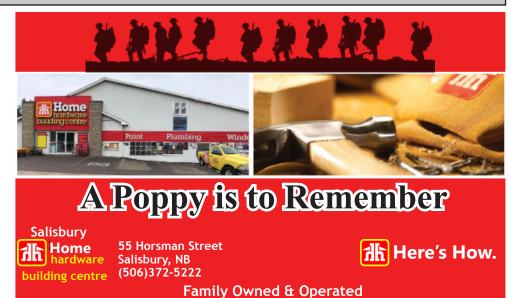
Cathy Drury Museum Director

75th Anniversary 5-5 45
Respecting ALL Veterans



1945 Holland Plaque - Presented to Canadian Soldiers from Holland in Gratitude for the Liberation of Holland / 1945 Plaque Hollande - P Reynolds

This Plaque is displayed at the Petitcodiac War Museum











www.semutual.nb.ca

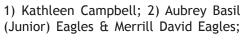
Left We Forget

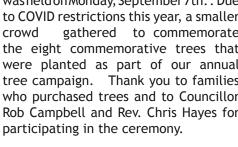
## Salisbury Seautification

## Tree Dedication Event Held September 7, 2020

Our fifth annual Tree Dedication Event 3) Evan & Ruth (Wortman) O'Blenes; washeldon Monday, September 7th. . Due to COVID restrictions this year, a smaller crowd gathered to commemorate the eight commemorative trees that were planted as part of our annual tree campaign. Thank you to families who purchased trees and to Councillor Rob Campbell and Rev. Chris Hayes for

This year trees were planted in memory











4) Allison M Lewis; 5) Gary L. Keating & Josie M McLean; 6) Eugene & Tina Gaynes; 7) Art, James & Jeremy Robinson. A commemorative family tree was also gifted to Ashley, Alex, Blake and Ian Stewart, Jacob, Audrey and Emma Cochran.

The gift of a tree is a lasting tribute to remember or honour special people in our lives. It is the gift that keeps on giving ...today and for generations to come.









#### From the Desk of Your MLA Ross Wetmore Gagetown - Petitcodiac

From October 19th - 24th we celebrated Small Business Week in New Brunswick.

In the middle of the week, October 21st, Marg and I celebrated our 48th anniversary. We spent over 30 of those years together as small businesspeople, part of more than 26,000 small businesses operating in our province, employing more than 200,000 people.

We have known the joy over the years as customers became friends and friends became family. We have spent sleepless nights during times of challenge, worrying over the well-being of employees, the community, or meeting payroll and remittances and what seems at times like a non-stop tsunami of bills to pay.

We have felt the sense of responsibility that comes from being part of an extended community family that works together, celebrates together and mourns together.

Our experience over the years has taught us firsthand that small businesses aren't just the lifeblood and backbone of our provincial and local economies, they

From October 19th - 24th we celebrated are the soul of those economies, too.

It was encouraging to read the CBC NB report from October 2nd which detailed the positive impact felt by our area small businesspeople upon the return of the Gagetown ferry.

Farmers and local restaurants, bed and breakfasts and other tourism-reliant businesses all benefitted. Derek Plead well, Deputy-Mayor of Gagetown was quoted saying: "I don't know how many times people can say this in 2020, that they have across-the-board increases, but it's been across-the-board increases," Wilf Hiscock, who led the save-the-ferry committee, said having the ferry back has revived the whole area.

The new reality of COVID and the after-effects of a summer drought make for uncertain times ahead for our communities and for our friends, neighbours and families running small businesses. The importance of shopping local whenever possible has never been greater.

Thank you as always for your support and encouragement. Please visit with me on Facebook and keep doing everything possible to slow the spread of COVID.

#### Wear a Poppy

ace a flower on your lapel Or on your car, to show Respect for veteran soldiers It's important that they know That their sacrifice was noted In the anals of our lives That risking theirs was worth it So our country could survive The threat of foreign despot. For the dignity we own Is because of fallen soldiers And the veterans that came home, Sacrificing limbs and vision As they faced a dreaded foe Noble sons and brothers fighting For the freedom that we know So the shores could lie in safety And our skies reflect the blue Of the heavens without bombers (And each mother's son as true) While the daughter of the Empire Gave their all, as much and more In their dedicated effort Truly heroines of war. So remember fallen heroes Praise old soldiers long and load Thank each brave Canadian warrior

Wear a poppy - And be proud

By Gloria Scribner



SPICED BABY CARROTS

340g/12oz Baby-cut carrots or fresh carrots peeled & cut in pieces
Cook for 5 minutes in boiling, salted water

Drain and mix with 3 tablespoons butter

Salt, pepper, nutmeg, cloves, or your favorite spices to taste

1/8 cup sugar

Add 1/8 cup of water

Cover and cook over low heat about 20-25 minutes until the water has evaporated and carrots are tender



The Five Points Baptist Church During this time of social distancing, our

## **Gospel Jam Session**

will be in a video format Join us on the 3rd Sunday each month at 6:30pm on our facebook page

www.facebook.com/FivePointsJam

Contact Ross 534-2461 for more information

### Comedy at Large

by Laurie Blanchard Salisbury, NB

A famous author once quoted -- Few things in life are more embarrassing than the need of having to inform an old friend that you have just gotten engaged to his fiancee.

Let's talk gambling. One thing for sure, you have to be careful of bar-room bets. They have claimed many suckers over the years! Such was the case of a guy that went into a bar with a parrot on his shoulder and told the bartender that his parrot could sing "The Little Drummer Boy and do all the parts from the drum riffs to the last soprano! " Anybody want to bet I'm wrong, he asked? The bartender said to him ... O K buddy, I'll take your money and he lays a 50 dollar bill on the counter. Other patrons who overheard the conversation soon moved in and placed their money on the counter. A lot of 10, 20, and 50 dollar bills piled up and the owner of the parrot can barely cover the bets! He turns to the bird and says....Pretty Poly, go ahead and sing Little Drummer Boy! Go ahead! Nothing! The bird remains silent without as much as a peep. Everyone waits for a few moments, but the parrot makes not one sound! The gambler gets cleaned out! Walking home, totally frustrated, he says to the bird .... What's the matter for you? You humiliated me and cost me all of my money. Why didn't you sing ?? The bird replies ....get serious man, think of how high the odds will be when we go back there tomorrow!!

Talking about birds, this groaner .... Why are birds sad in the morning? Well, their bills are over dew!

PEOPLE WHO LAUGH A LOT LIVE LONGER



ning? Well, their bills are over dew!

Thinking of
BUYING
or SELLING
I would LOVE
to help!

Katie Taylor
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KATIE.TAYLOR@CENTURY21.CA

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### Support your Local Communities - Shop Local

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#### **Auto Supplies**

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#### **Grocery Store**

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Hours

Monday- Friday: 8am - 8pm Sat.-8am - 6pm / Sun.-11am - 6pm

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55 Horsman St, Salisbury, NB Phone: 372-5222

**Hours:** 

Mon. - Wed: 7:30am - 6pm Thurs. - Fri: 7:30 - 7pm / Sat.: 8am - 5pm

#### **Consignment Store**



New Business Hours
Tues. - Sat. - 10am - 4pm
Closed Sunday and Monday

#### **Drug Store**



### **Funeral Homes**



Salisbury West, NB 🥞 Phone: 372-4800

Petitcodiac, NB Phone: 756-3361

**David Keirstead - Funeral Director** 

www.keirsteads.ca

#### **Grocery Store**

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Katie Taylor 506.229.1984



#### **Real Estate**



Chris Constantine 506-866-3291

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## CILASSIFIN

Let the classifieds help you list apt for rent, sell your items, or announce your special occasions.

Cost: \$5 for 20 words or less & \$15 for over 20 words.

Please drop off information at 5 Hooper Lane, Petitcodiac (the Maritime Motorsports Hall Of Fame building) during our business hours: Monday to Friday 10 a.m. to 5 p.m. For more information please call 756-2110

#### **UPCOMING EVENTS**

St. Andrew Anglican Church Women will hold their Annual Christmas Bake, Craft and New to you Sale November 21, 2020
9am - 11am
at the Hall, Church St, Petitcodiac.
The Soup Luncheon will not be available due to COVID. Masks and social distancing will be enforced.

#### **CANCELLED**

Hope to see you there!

Havelock Baptist Church has cancelled their annual Christmas Bazaar for this year due to COVID - 19, hope to see you next year.

The Maritime Motorsports Hall of Fame will not be holding their Christmas Bazaar this year due to COVID-19. See you next year.

#### **FOR SALE**

Avon: Rose Garden Pattern

- 3 canisters, teapot, salt & pepper, sugar & creamer, 1 mug and spoon holder all complete \$35.00
- Stainless Steel Cutlery, 12 pc settings with storage box \$25.00
- Stationary Bike \$75.00 Call 372-4531

#### All Hand-Made

2 High back stools - \$30.00 pr.
Dry sink stand - \$25.00
Baby Cradle - - \$100.00
Doll cradle with bedding plus doll, mini teddy & doll clothes - \$50.00 set
Call 372-4531

#### THANK YOU

The Havelock Women's Institute says a huge "THANK YOU" to all of our friends in Havelock and surrounding area for the tremendous support that we have received from you all, this year. We greatly appreciate your generosity!

On behalf of the Havelock Memorial Hall Committee's Harvest Supper. We want to thank each and everyone who contributed in any way to our supper. A special thank-you to all our helpers, we could not have done it without you. Very much appreciated.

It was a BIG Success. Thanks to all who supported us so generously.

#### THANK YOU

The family of Wanda Louise Steeves who went to be with her Lord on October 2, 2020.

We send a Great Big Thank you to the Nurses and Staff of the Jordan LifeCare Center.

Your kindness, help, support and patience was above and beyond. We know it is especially difficult and trying during this pandemic. Everything you assisted us with will always be remembered.

The professionalism was appreciated while she was in your care. Mom called you her extended family.

Mom was in palliative care for the last few days before her passing, our family was at her side and you were extra attentive.

We would also like to thank everyone for your prayers, those who sent condolences with cards, memorials, phone visits and food. Thanks to Pastor Dennis Smith for leading our family service and Mrs. Donna Smith for her solo, pallbearers grandsons Keith, Martin, Kirk, Jason, Blake and John as well as Salisbury Funeral Home for their assistance through this difficult time.

Mom will certainly be missed. Veronica, Greg, Judy, Wesley and Lori

#### **BIRTHDAY**

Happy 80th Birthday! November 25, 2020



Best wishes to Phillis Taylor on the occasion of her 80thBirthday. With love from all your family.

#### Post your classified with us!

\$5.00 for under 20 words or \$10.00 for over 20 words. Picture & 20 words \$15.00. Picture & over 20 words \$20.00. Obituaries \$35.00

#### **OBITUARIES**

**Gaven Lewis** 1947 - 2020

Gaven Ronald Lewis, 73, of Upper Coverdale, passed away at the Georges L. Dumont Hospital, Moncton, on Monday, October 12, 2020. Born in Moncton, he was a son of the late Ronald and Muriel (Horsman) Lewis.

After having many careers, including Canadian Armed Forces as Major, Moncton city police, truck driving, and most recently, correctional officer, Gaven enjoyed his retirement. He loved hunting, fishing, his horses, and most especially, his time with his family, his many grandchildren and great-grandchildren who affectionately referred to him as Gramps.

Survived and sadly missed by his beloved wife, June Lewis; children, Sheldon, Bradley (Wendy), Kirk, and Lindsay-Anne (Wilfred "Butch" Taylor) Lewis; many grandchildren and great-grandchildren; siblings, Brenda (Gary) Leaman, Peggy Lewis, Cynthia "Cindy" (Clayton) Saunders, and Roxanne (Stephen) Kyle; many nieces and nephews.

Due to Covid-19 restrictions, there will be no Funeral Service. A private family gathering took place at the Salisbury Funeral Home (372-4800). If desired, memorials to the Heart and Stroke Foundation, Diabetes Association, Kidney Foundation, or a charity of your choice would be appreciated.

www.keirsteads.ca

## OBITUARIES Shirley Hicks

1932 - 2020



Shirley Louise Hicks (Wall), 87, of Petitcodiac, N. B. passed away peacefully on Monday, Oct. 19, 2020 in the Palliative Care Unit of the Moncton Hospital.

Shirley was the daughter of the late Marvin and Leota Wall. Born in Cape Tormentine, N.B. on Dec. 2, 1932, Shirley is predeceased by husband Ralph Arnold Hicks; brothers Billy, Melvin, Darrell, Sherman Wall; sister Doreen Fisher (Wall); son-in-law Junior Chappell; grandchildren, Ross and Stuart Chappell (Dana and Junior Chappell).

Shirley graduated from Port Elgin High School, N.B., worked at Eaton's in Moncton and was a loving and devoted wife, mother, grandmother and great grandmother who took pride in being a homemaker and nurturing others. She fostered children, was a member of Highfield Street Baptist Church and then in later years First North River Baptist Church where she served as a Sunday School Teacher and cooked many pots of baked beans for the church suppers. She was also a literacy mentor, loved a great game of Scrabble and always kept up with current events, reading the newspaper daily from cover to cover until her eyesight failed her.

Shirley is survived by her children Kirk (Crystal) Hicks, Brenda (Mark) Smith, Debbie (John) Wesselius, Dana Chappell; foster son Stanley(Carrie) MacKay; grandchildren Kyle & Kent Hicks, Charissa & David Smith, Lee, Jeffrey, Clark & Adrian Wesselius, Kathryn (Jack) Bouchard, Emily Carson; great grandchild Tyson Bouchard. Arrangements are in the care of the Salisbury Funeral Home (506-372-4800). No visitation or funeral will be held. There was a private family graveside service at the First North River Baptist Cemetery.

The family wishes to thank the staff at Fawcett's Special Care Home for their excellent care over the past two years, as well as the staff of the Moncton Hospital Palliative Care Unit.

If desired, memorials to the Alzheimer's Society, Canadian Cancer Society, First North River Baptist Church, or the charity of your choice would be appreciated. Personal condolences may be made at www.keirsteads.ca



#### **OBITUARIES**

"ARRY"



Abbigail Grace Lilly Lee Henneberry "ABBY" crossed the rainbow bridge on October 19, 2020 after being diagnosed in early September 2020 with Lymphoma. Abby was born on January 8, 2010 in Dartmouth, Nova Scotia.

Basil and Patsy Henneberry of Cornhill, NB will forever miss their beloved dog-ter. Abby's fur sister, Ava will especially miss the weekend mornings when the entire family would all snuggle in bed. Mom and Dad would look on while Abby & Ava cuddled up hugging each other and Abby would always lovingly clean out Ava's ears. Abby's feline brother Anni will also miss curling up with Big Sis but he won't miss her mistakenly stepping on his tail on occasion.

Abby had a beautiful soul. She was kind and gentle and loved getting her neck rubbed. For ten plus years she had many medical obstacles, but she handled them all stoically. From the Masticatory Muscle Myositis, an immune system disorder in which Abby's immune system identified her own muscle tissue as foreign and began attacking it before she turned one year old. And then a couple of years ago within a twoweek period she went completely blind. The diagnoses - SARDS, Sudden Acquired Retinal Degeneration Syndrome. It was amazing how a totally blind dog could get around so well, but we did nickname her "Bumper" after that.

From day one, Abby had a complete and total fondness for food. She knew exactly what time breakfast and supper were served and would be sure to nudge your arm a time or two (or three of four) if you were a bit late. I recall when she was six months old, she got into a bag of dog food and ate half the 20lb bag. We had to rush her to the vet where she had emergency surgery since the food compounded in her stomach, it would not come up or out. Even after that experience, Abby's affection for food never wavered.

Abby loved going for drives in the truck. Sitting in the back seat with her head out the window with the breeze blowing on her face. It was always entertaining if an ambulance went by with its siren on. It was one of the few times we would hear her make a sound. The sound of a very loud and long howl.

When Abby could see and was agile, she loved to chase squirrels. When the squirrel ran up the tree, you could see Abby jumping six feet in the air trying to get to it. When she was younger, she enjoyed going for long walks on the beach or in the woods. Taking in the fresh air and just being with her cherished family.

Abby was easy to love, and she returned that love abundantly and unconditionally.

#### **OBITUARIES**

Right up to the end, Abby knew that her Mom & Dad loved her just as much and she loved them.

Special thanks to Full Circle Veterinary Alternatives in Dartmouth, NS and Silverfox Veterinary Medical Center in Salisbury, NB for the care they provided Abby over the years. I'm unsure if Abby minded going to the vet. It was just not Abby's nature to show much dislike for anything. Another big thank you to Marsha's Dog Grooming for Abby's regular spa days to make her smell pretty and get her nails trimmed.

Abbigail, we will miss you every day and hope you are running free with the squirrels and eating as much as your big heart desires. Thank you so much for being a source of so much love. We are honored to have been on this journey with you and that you picked us to be your human Mom & Dad. I know you are at peace and you will never be forgotten. Until we meet again our sweet fur girl.

We Love You!! Mom. Dad. Ava & Anni

Barry Arbeau 1957 - 2020



It is with great shock and sadness we announce the sudden passing of Barry Grant Arbeau on October 8, 2020 at the age of 63.

He is survived and sadly missed by his very tolerant (but spoiled) wife, Darlene (MacPherson); his amazing children, Jodi Burchill (Neil -known as "Norm" by Barry), Michelle, David (Hannah), and Chelsey (Cory Chown). His most favourite people in the world were his grandchildren, Kaitlyn, Owen, Colin, Delia, Katelynn, Aaron, MacPherson, Jonah, Elicen, Alexandra, and Sylver.

Barry is also survived and sadly missed by his mother, Jeanette Arbeau; siblings, Victor (Linda), Christine Curtis (David), John (Cindy), Stephen (Svitlana), and Joy Wellwood (Kevin); his mother in law Hilda MacPherson and many nieces, nephews, aunts, uncles, cousins, and friends.

Barry was predeceased by his two brothers-in-law, David and Douglas MacPherson and father-in-law Gerald MacPherson.

His home, for the majority of his life, was next to the family farm, but in later years he developed a great love for Caissie Cape, where he enjoyed his summer home from April to October. After many years of using his fists for hammers as a mechanic, he went all "Hollywood" and became one of the top car-salesmen at Lounsbury's Moncton.

#### **OBITUARIES**

Barry loved driving and restoring old cars and loved to ride his Harleys. He always said a bike is not a bike unless it's a Harley Davidson. And the best car, according to Barry, is a Chevrolet.

Barry was a social person and would help anyone in need. His request to become a tissue donor was fulfilled.

Due to Covid-19 restrictions, a Celebration of Barry's Life will be held at a later date. Arrangements are in care of Salisbury Funeral Home (372-4800). If desired, memorials to the Heart and Stroke Foundation, or a charity of your choice would be appreciated.

www.keirsteads.ca

**Grace Dunham** 1959 - 2020



Grace Belinda Dunham, 60, of Petitcodiac, passed away at the Georges L Dumont University Hospital, Moncton, on Sunday, October 11, 2020. Born in Moncton, she was a daughter of the late Curtis and Grace (Goddard) Dunham.

A graduate from Petitcodiac Regional School, Grace worked at Greco. She enjoyed spending time with her family, especially her cherished grandchildren, and her time at St. Martin's.

Survived and sadly missed by her children, Shawn (Tanya), Shannan Harris (Goldie); grandchildren, Finley, Natalie, and Kevin; siblings, June Goddard (Alan), Joan McLong (Carl), Nancy MacFarlane, Brenda Brown, Curtis (Judy), Harold, Steven (Anna), Robert (Diane), Ricky (Cathy), John (Dallas); mother-in-law, Thelma Harris (nee Trecartin); sisterin-law, Viola Dunham, many nieces and nephews; and her coffee crew.

Besides her parents, she was predeceased by her husband, Allan Harris; brothers, Ronald "Buddy", sisters, Doreen Embry and Ola Dunham.

Due to Covid-19 restrictions, a Celebration of Grace's Life will be held at a later date. Interment will be in Maplewood Cemetery. Arrangements in care of Salisbury Funeral Home (372-4800).

If desired, memorials to S.P.O.T or a local charity of your choice would be appreciated.

www.keirsteads.ca



#### **OBITUARIES**

<u>Carolyn Gladstone</u> 1946 - 2020



Carolyn (Ayles) Gladstone, cherished wife of Wayne (Geocacher 5beaver), passed away peacefully with family by her side on Wednesday, October 7th, 2020. She was the youngest of three born to the late Roy & Ione (MacWilliam) Ayles of Salisbury.

Carolyn was a homemaker, Freelance Market Researcher and a Secretary in her early working years. She was a member of the Salisbury Baptist Church and a graduate of Salisbury Regional High School. She enjoyed Scrapbooking and Cardmaking, and especially time spent with her Family. Carolyn was also a proud member of the "Scarlet Snapdragons" Red Hatters of Salisbury. In addition to her husband Wayne, she is survived by daughter Shelley Gladstone of Salisbury and son Chris (Kim) of Kentucky; her beautiful granddaughters Paige (Tom) Race and Madison Gladstone; sister Bonnie Nicolle (Jim); brother Allie (Judy); former son-in-law Philip O'Blenes and several nieces and nephews.

Due to Covid-19, a private graveside service took place at Pine Hill Cemetery.

Special thanks to Dr. Melanie Legere, Moncton Hospital Palliative Care Unit, Extra-Mural Care.

If desired, donations to Friends of the Moncton Hospital or Dr. Georges L. Dumont Hospital Palliative Care Units would be appreciated by the family. www.keirsteads.ca

Beverly "Bev" "Gramps" Evans 1944 - 2020



Beverly "Bev" "Gramps" Evans, 75, of Colpitts Settlement, born in Sussex on December 8, 1944 to Otto James and Essie Marie Evans passed away Friday, September 25, 2020 at the Moncton Hospital, surrounded by his family.

Bev worked as a supervisor at Fawcett's Mill before his retirement. He rarely missed Wednesday night poker at Bobby's. He enjoyed the outdoors, and often helped his friends to call in moose.

#### **OBITUARIES**

He was a great singer, always making his own little ditties, and was proficient in reciting the alphabet backwards when necessary. Most especially he loved his family. His nickname "Gramps" was well earned and extended far beyond his grandchildren.

He will be forever missed by his wife, Theresa Evans; children, Kelly Bruens (Paul), Randy Perry (Tracey), Bonnie Perry (Ivan), Darren Perry (Brenda), Keri (Jason) and Stacy; grandchildren, Bradley, Erika, Brooke, Olyvia, Beckett, Hillary, Catlin, Railey, Callie, Kayla and Mandy; many great-grandchildren; sisters, Norma, Pat (Raymond), Marjorie (Jesse), Charlene (Roy), and Gloria (Cecil); brother, Fraser (Irene); brotherin-law, Delbert; sister-in-law, Linda; many nieces and nephews.

Predeceased by his parents; his first wife, Mable; grandson, Lucas; sisters Joyce, and Bonnie Christine; brother, Fletcher, and brothers-in-law, Clair and Ernest.

Family and friends were invited to a gathering at Bev and Theresa's home, 662 Salisbury Back Road, Colpitts Settlement, on Friday, October 2, 2020 at 1 pm. Arrangements in care of The Salisbury Funeral Home (372-4800). If desired, memorials to the Heart and Stroke Foundation would be appreciated.

www.keirsteads.ca

#### Catherine Dawn Geldart 1953 - 2020



Catherine Dawn Geldart, known to many as "Normie", 66 years, of Petitcodiac, passed away at the Moncton Hospital on October 16, 2020. Normie grew up in Elgin, NB and was the daughter of the late Conrad and Vera (Mattinson) Geldart. She was predeceased by her loving partner, Tony Dwyer.

Normie graduated from the Saint John School of Nursing in 1973. During her career she worked as a nurse in Inuvik NWT, at the Foothills Hospital in Calgary, and at the Lethbridge Regional Hospital. The bulk of her career was at the Grace Maternity Hospital in Halifax. She was also a proud member of the EHS Lifeflight team in Halifax, NS.

After she retired, Normie and Tony moved to Petitcodiac, NB, where she was able to reconnect with old friends and make many new ones. Tony and Normie were avid supporters of local musicians and found their home within the local music scene.

Normie is survived by her son, Matthew

#### **OBITUARIES**

Conrad Rockwell of Halifax, NS; brother, Dwight Geldart (Angela Comish) of Elgin NB; nephew, Lucas Conrad Geldart of Sussex, NB; and many close cousins.

A special thank you to those who provided care and comfort to Normie throughout her illness, especially her family physician, Dr. Ravneet Comstock.

Due to Covid-19 restrictions, a private Graveside Service will be held at the Maplewood Cemetery, Petitcodiac, NB. A Celebration of Normie's life will be held at a later date. Arrangements in care of the Salisbury Funeral Home.

In lieu of flowers, donations made toward Mental Health & Addiction Services or a charity of your choice would be appreciated.

www.keirsteads.ca

#### Elizabeth (Betty) Hooper 1941 - 2020



Elizabeth (Betty) Lu Hooper, 79 of Petitcodiac passed away suddenly on Friday, October 16, 2020 at home in the presence of family.

Betty was the daughter of the late Albert and Gertrude (Ripley) Trifts. She graduated from Coles Island High School and NB Teachers College. In her early working years Betty taught Junior High School in Petitcodiac, then devoted herself to raising her family. Later on she worked as a supply teacher, was a former member of the District 16 School Board, she operated a daycare, had been a physician's receptionist, operated Blueberry Hill Gift Shop and Tourist Center in Petitcodiac and was a canvasser for many charities. Betty enjoyed gardening, travelling, camping at New River Beach, was an avid reader and most of all she loved time spent with her

She is survived and sadly missed by her beloved husband of 58 years Ronald; children Margo Hooper, Jan Hooper and Ron (Jr.) (Crystal); cherished grandchildren Jack, Peyton, Liam and Genevieve; brothers Dr. Robert Trifts (Celine), Dr. Jack Trifts (Jan); sister Patricia Margeson; brother-in-law Glenn Hooper and several nieces and nephews.

Due to Covid-19 restrictions, there was a private family service at Armstrong's Funeral Chapel, Petitcodiac

(756-3361).

If desired, donations to the Heart & Stroke Foundation, Harvest House or a charity of choice would be appreciated by the family.

www.keirsteads.ca

## OBITUARIES

<u>Wanda Steeves</u> 1925 - 2020



It is with great sorrow the family announces the passing of our dear Mother Wanda Louise Steeves, 95 of River Glade on Friday, October 2, 2020.

Born in Moncton, she was the daughter of the late James and Sarah (Mesheau) Thomas. She was the last surviving member of her immediate family. Wanda was a former employee of the Jordan LifeCare Centre and retired from the Kenneth E. Spencer Memorial Home as a Nursing Assistant. In her early working years she taught school in Albert, Westmorland and Kings Counties. Wanda was a member of the River Glade Baptist Church, having served as a Church Clerk and was a member of the church choir and WMS. She also belonged to the River Glade Friends and Neighbours Club.

She is survived and missed by her children Veronica Steeves, Riverview, Gregory Steeves, Cambridge Narrows, Judy Steeves (Roger), Elgin, Wesley Steeves (Marilyn), Wheaton Settlement and Lori MacLeod (Marty), Monteagle; grandchildren Angela, Bruce, Bliss, Melody, Jason, Julie, Kayla, April, Kirk, Keith, Amanda, Hillari-Rose, Martina, Martin, Abigail, Autumn, Becky and John; many great grandchildren and great-great grandchildren and several nieces, nephews and cousins. Wanda was predeceased by her husband Bliss T. Steeves (1969), step-granddaughter Lisa Steeves, eight sisters and a brother.

Due to covid restrictions, a graveside service will be held Tuesday, October 6, 2020, 11:30 a.m. at Fair Haven Memorial Gardens, Garden of Gethsemane, for family, close friends and caregivers. Arrangements are in the care of Salisbury Funeral Home, 3350 Route 106 (372-4800).

If desired, donations to the Jordan LifeCare Foundation (Palliative Care Unit) or charity of choice would be appreciated by the family. www.keirsteads.ca



#### **MEMORIAL**

Wayne A. Armstrong 1955 - 2015



Those special memories of you will always bring a smile

If only I could have you back for just a little while

Then we could sit and talk again just like we used to do.

The fact that you're no longer here will always cause me pain but you're forever in my heart until the end of day

Miss you Brends

#### **CHURCH SERVICES**

Anglican Parish of Salisbury & Havelock Worship services are back!

We will be gathering at the usual times: at St. Andrew's in Petitcodiac at 9:00 am and at St. John's in Salisbury at 11:00 am. Masks, of course, are highly recommended (we have some at the church if you need one).

Everyone's Welcome to attend.

Havelock Baptist Church 2046 Route 885 Morning Worship at 11am ALL WELCOME!

Petitcodiac Baptist - Morning Worship one at 9:30am and one at 11:00am. Nursery not available at this time. Information is available on our website:

www.petitcodiacbaptist.ca or our facebook page.

Steeves Settlement Baptist Church,
Independent
250 Steeves Settlement Rd.
Pastor Paul Fosmark
Services every Sunday
Sunday School for all ages - 9:45 am
Morning Worship Service - 11:00 am
Washroom facilities available
All welcome!
For more information call 534-2714

If you would like to have your Church Services posted please email: maritimemotorsports@gmail.com.or.phone: 756-2110.

# Salisbury Happenings



## Village of Salisbury News

#### WE WISH YOU WELL!

Mayor, Council, and Staff of the Village of Salisbury wish to express their sincere appreciation to outgoing Director of Parks & Leisure Holly McNeil as she moves on to a new job opportunity in the private sector. When it comes to recreation and leisure services in Salisbury, she truly raised the bar! The village will miss her enthusiasm and vision, and she will no doubt continue to surpass her own high standards in the community wellness field. Thanks for everything, and best of luck!

MUNICIPAL PLAN AND ZONING BY-LAW
Village of Salisbury
Notice of Intention
To Amend the Municipal Plan and Zoning By-Law

**PUBLIC NOTICE IS HEREBY GIVEN** that the Council of the Village of Salisbury intends to consider a proposed Bylaw to amend By-law No. 42, the "Village of Salisbury Municipal Development Plan" and a proposed By-law to amend By-law No. 43, the "Village of Salisbury Zoning By-law".

The proposed By-laws are intended to REPEAL By-law No. 42 and By-law No. 43, and ADOPT a revised Municipal Plan and Zoning By-law.

Any person wishing to inspect the proposed By-laws may do so at the Village of Salisbury Municipal Office, 56 Douglas Street, Salisbury, NB during regular office hours of 8:30 a.m. to 4:30 p.m. Monday to Friday or online via the Southeast Regional Service Commission website at <a href="https://www.nbse.ca/planning/area/salisbury">www.nbse.ca/planning/area/salisbury</a>. Council has set by resolution Thursday, November 12, 2020 at 7:00 pm a virtual

Council has set by resolution **Thursday, November 12, 2020** at 7:00 pm a virtual meeting as the date, time, and place for the PUBLIC HEARING of objections to the proposed By-laws. The meeting can be viewed and participated through the following link:

https://us02web.zoom.us/j/87110478086?pwd=MHJIQ0tRZkpHLzZFNTQyR2JxRGhqQT09

or by phone by dialing one of the following numbers 1-647-558-0588 or 1-778-907-2071 or 1-204-272-7920 or 1-438-809-7799 or 1-587-328-1099 or 1-647-374-4685 and entering webinar ID 871 1047 8086.

Written objections to the proposed amending By-laws may be made to Council by forwarding comments to:

Dianne Ayles, Administrator/Clerk 56 Douglas Street Salisbury, NB E4J 3E3 vilsalisbury@nb.aibn.com

Municipal Council of the Village of Salisbury Dianne Ayles, Administrator/Clerk

#### BY-LAW NO. 23 - A BY-LAW TO REGULATE TRAFFIC

For the purpose of snow removal, no person shall stand or park a vehicle on any highway within the Village of Salisbury between the hours of 1:00 am and 7:00 am from the first day of November in any year until the first day of April in the following year.

#### COVID-19/CORONAVIRUS - VILLAGE OFFICE OPEN

All Village of Salisbury departments continue to be open and operational during the COVID-19 pandemic; however, access is controlled by various means due to New Brunswick Public Health and WorksafeNB directives. To this end, due to limited space inside the Village Office and the requirement to have physical distancing, there can be only one person at the office counter at a time (or people, if they are in the same "bubble"), with others having to wait outside until they are called into the office. Because of this, the front door at the Village Office remains locked. Please ring the doorbell for entry and the door will be unlocked for you. Again, if there is a customer ahead of you, you may be asked to wait a few moments until that customer exits. It is not mandatory to make an appointment to come to the office; however, if you wish to make an appointment please phone 372-3230. Coronavirus-related updates to the public from the Village of Salisbury will continue to be made via the municipality's website (www.salisburynb.ca) and the Village of Salisbury

Facebook group page (<a href="https://www.facebook.com/groups/828648160647950">https://www.facebook.com/groups/828648160647950</a>/).

#### **NOTICE TO HUNTERS**

Please be advised that it is an offence under Village of Salisbury By-Law No. 22 to be involved in the act of hunting within the municipal boundaries of the Village of Salisbury. VIOLATORS WILL BE PROSECUTED.

#### LIGHTING OF OPEN FIRES

A reminder that the lighting of ANY open fire in the municipality is PROHIBITED. Any fire must be in an approved wood burning appliance as outlined in the Village of Salisbury's fire by-law (By-Law No. 48, which can be read in its entirety at www. salisburynb.ca). Salisbury Fire Rescue reserves the right to order any fires that are not in compliance to be extinguished. It should be noted that the fire by-law follows the direction of Provincial burning advisories/bans.



Director: Holly McNeil

Assistant Director: Donna Hunwicks-Hopper email: parks.leisure@salisburynb.ca

Phone: 372-3280



#### **SPL FITNESS CLASSES**

Monday/Wednesday/Friday at SBC gym 10-10:45 Membership fee-\$60 for 22 session pass (no drop ins due to covid regulations)

Class spaces need to be reserved (limit of 16 participants/

class)

For more info contact 372-3280



All sessions are at SBC Gym or bookings can be made for the outdoor courts on the facebook page(\$2 drop in fee) A google form is required for the first time, tracking sheet must be signed each time you attend as session. Social distancing is still required and masks are mandatory unless you are on the court playing your game. Call 372-3280 for more information.

#### Sessions are:

Monday/Wednesday/Friday --11-12:30 Tuesday/Thursday -3-4:30 Join Pickleball-Salisbury Parks & Leisure fb page for up to date information.





Pancake & Sausage Breakfast, Drive Thru (Take out) Saturday, November 21st - 7am TO 10am

Breakfast Includes
Pancakes, Sausages, Maple Syrup and a sweet

Cost \$8.00 per person

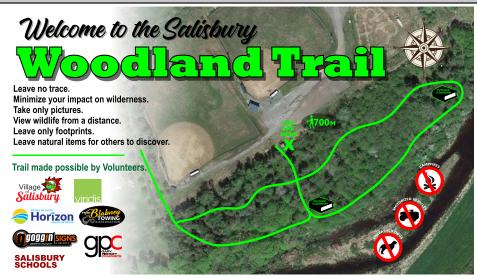


Approach via Peter St. exit via Smith St. In Support of Lions Community Projects SOCIAL DISTANCING MEASURES WILL BE PRACTISED



The Lions will be selling Christmas Trees again this year starting early in December. Stay tuned.

All Proceeds from Lions fundraising activities goes to supporting community initiatives.



Be sure to check our our new Woodland Trail made possible by volunteers and the sponsors pictured on the sign!! Funding was through the Horizon Health Network COIN-G grant and community fundraising from SPL fundraising dinners. Thanks to everyone who support our fundraisers!

This is a great trail for year round walking, biking, cross country skiing and snowshoeing. Pets are welcome on a leash. It was built for all to enjoy. The location of the trail is behind the Salisbury baseball fields.

#### Benefits of Cucumbers

Cucumbers... I didn't know this... and to European trappers, traders and explores think all these years I've only been making salads with the cucumbers...

- 1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
- 2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
- 3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
- 4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
- 5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
- 6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!! 7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by

for quick meals to thwart off starvation.

- 8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe. its chemicals will provide a quick and durable shine that not only looks great but also repels water.
- 9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
- 10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown the reduce stress in new mothers and college students during final exams.
- 11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.
- 12. Looking for a 'green' way to clean your taps, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but is won't leave streaks and won't harm you fingers or fingernails while you clean.
- 13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

Pass this along to everybody you know who is looking for better and safer ways to solve life's everyday problems. www.DayInSalem.com

## Canadian Mental Health Association of N.B. Albert & Westmorland Counties **Online Presentations**

#### Anxiety

October 6, 7:00 p.m.

Register here:

https://zoom.us/meeting/register/ tilicOqqqTkoH9L4cwl HOkemCmpVYJtBfM5

#### Depression

October 13, 7:00 p.m.

Register here:

https://zoom.us/meeting/register/tJcaf-CugzksE9WZ4Nsol7aXGbptwzvWmg1E

#### Mental Health in the Workplace

October 19, 7:00 p.m.

Register here:

https://zoom.us/meeting/register/tJ0sfmvrzktG9FRQ434ADmg0duXpolQYUQz

#### Positive Attitude

October 27, 7:00 p.m.

Register here:

https://zoom.us/meeting/register/tJAsc-CogT8oHdF75L06DavzSBqYOrmZp6Lt

#### Self-Care

November 3, 7:00 p.m.

#### Register here:

https://zoom.us/meeting/register/ tJEsdemgpjoiHdFuuVgSxmORxa3cgGnhwAx3

#### Self-Esteem

November 10, 7:00 p.m.

#### Register here:

https://zoom.us/meeting/register/tJYqc-itrTsqGdy2oACN6xsN9X5Cg5lPZf0u

#### Where Do I/We Go From Here November 17, 7:00 p.m.

#### Register here:

https://zoom.us/meeting/register/ tJwqduysqTMrG9BXgWnzWJxelMO2nji7U5yl

#### Work/Life Balance

November 24, 7:00 p.m.

#### Register here:

https://zoom.us/meeting/register/ tJckceuopjlpGNcONRV9x9-EKkquqkPJYCaY

Preregistration is required for each presentation. For more information, please contact Denise.Miller@gnb.ca



Association canadienne pour la santé mentale

## Salisbury Legion

"New Hours' Sunday and Monday - Closed Tuesday - Thursday: 5pm - 10pm Friday and Saturday: Noon - 10pm

Pandemic. Looking forward to when this is over and we can all get together again! Until then... Stay Safe

Friday Night Suppers are the 2nd and the 4th Friday of the month. TAKE OUT

Cost is - Adults \$12, children 6-12 \$6 and 5 and under is Free. All suppers come with a homemade roll, dessert and pop. To CALL IN YOUR ORDER, call the Legion during business hours at 372-4730 or call Ada at 372-5759. Pick up from 4pm -6pm. Free delivery within the village.

Friday November 13th Supper - because there is a supper on Wednesday November 11th, this Friday night Supper is cancelled.

Friday November 27th- Chicken leg quarters, baked potatoes, vegetables, homemade roll, dessert and pop.

We are selling tickets on a 55" TV, donated to us from Rob Fillmore of FHC. All proceeds are going to our Raise the Roof Fundraiser. We need work done on the roof. Tickets are 3/\$5. You can buy your tickets any time during business hours. The draw will be December 11th. A great gift for Christmas!

Come join us every Saturday from 8am- noon at our Farmers and Artisans Market. Come see hwat our local vendors have for you. From baked goods, crafts, fresh vegetables, and so much more! Find the gift you've been looking for. Thank you for your support.

#### Remembrance Day Wednesday November 11th, 2020

Crosses and Wreaths and Dinner Tickets will be on sale Friday November 6th from 6pm - 8pm and Saturday November 7th from 10am - 3pm! "ONLY THESE TWO DAYS!"

The Roast Beef Dinner will be By "Ticket Only" and will be "Take Out Only!" You can pick up between 4pm - 6 pm! Delivery is available with the village.

The cost is \$12 and Veterans are FREE

For more information call the Salisbury Legion at 372-4730 during business hours.

Due to Covid Rules

There will be no Church Service or Reception following the Outdoor Service.

Outside Service will be Mandatory Mask

Required! Service will start at 11am

For more information call the Legion at 372-4730.

The Salisbury Legion hopes that everyone is staying safe during the Covid Come join us on Saturday November 14th starting at 2pm and join us in some great toe tapping music by Corinne Carroll and Lionel Melanson. Have an afternoon of great fun, bring your friends, and lots of laughs. We follow Covid Rules so come early to get your seat. Mandatory Masks! See you all there!

> If we move ahead a phase this will be happening. Follow us on our Face Book Page for updates!

> Our **CHRISTMAS BAZAAR** will be held on Sunday, November 15th and Sunday, November 22nd. Hours will be 9am - 3pm each day. There will be 25 tables each week with different vendors each Sunday. Tables will be \$20 each. Come check out what our vendors have to offer. You may find that gift you are looking for. For more information call Brenda at 869-1798.

> Memberships can be renewed on the same day that you come and get your crosses, wreaths, and Dinner Tickets.

#### **HEADS UP... For December...**

#### TAKE OUT ONLY

Friday December 11th - Turkey Supper and all the fixins! Dessert will be Apple

This will be the last supper for 2020.

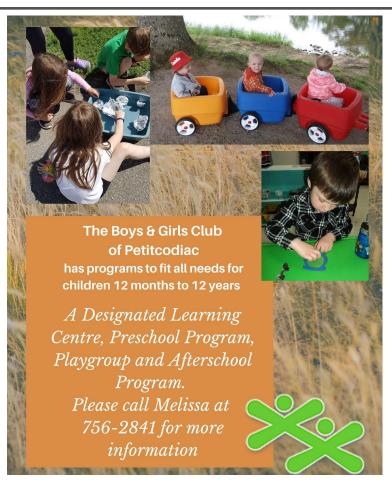
There will be door prizes and the draw for the 55" TV will take place . When you pick up your supper your name will be entered for a chance to win! The draw will take place at 6:30pm and you will be notified if your name is drawn. Thanks for your support!

#### Follow us on our Face Book Page for updates.

On Saturday, December 5th "OUTSIDE" from 2pm - 3pm we have a Special guest showing up. The man in the red suit will be making an appearance at the Salisbury Legion. <u>IT WILL BE A DRIVE THRU</u>. Mandatory Masks.

You will come in one driveway and out the other. Santa will have help this year in giving out the treat bags. He is bringing Elves with him. The children will have to stay in the car and receive their treat bag from one of the Elves. They will get a great bag full of candy, stickers, colour page, crayons and juice!

We will keep you posted as the time gets closer!



#### Sudoku (page7) Answers

3	9	8	2	7	4	1	5	6
2	7	1	5	6	3	8	4	
4	5	6	9	8	1	7		3
1	2	5	7	3	6	4	9	8
6	3	9	8	4	5	2	7	1
7	8	4	1	9	2	6	3	5
9	1	2	6	5	7	3	8	4
5	4	7	3	1	8	9	6	2
8	6	3	4	2	9	5	1	7